



COVID-19 COMMUNITY RESOURCES

3 April 2020

For official Fort Carson updates (closures, special shopping hours, town halls, Child Development Centers, etc.) please visit: <https://www.carson.army.mil/>

ADVOCACY

[Fort Carson Legal Assistance Office](#)

Fort Carson 24/7 Victim Advocacy Hotline (Call or text): 719-243-7907

TESSA 24/7 Domestic Violence Hotline: 719-633-3819

Colorado Child Abuse and Neglect Hotline: 1-844-CO-4-Kids (1-844-264-5437)

CHILDCARE

[Colorado Emergency Child Care Collaborative](#)

[YMCA Critical Child Care](#)

COUNTY/STATE/NATIONAL RESOURCE AND REFERRAL SOURCES

[Colorado Official State Web Portal](#)

[El Paso County Volunteer and Donation Sites](#)

[El Paso County Public Health Community Resource List](#)

[El Paso County Dept. of Human Services Critical Programs](#)

[Home Front Military Network](#)

[El Paso County Helping Hands Resource List](#)

[U.S. Department of Defense Response](#)

[Colorado Department of Public Health and Environment](#) – State updates, Executive Orders, Facts and Assistance

[U.S. Citizenship and Immigration Services](#)

[IRS](#) – Filing and Payment Deadlines FAQ

Colorado Department of Public Health and Environment: Call 1-877-462-2911 for assistance in English, Spanish and many other languages

[COVID-19 Military Support Initiative](#)

EDUCATION -FUN

[Using the library remotely](#) – Pikes Peak Library District

[Free online resources for kids, teens, adults](#) – Pikes Peak Library District

[Scholastic Learn at Home Resources](#)

[Military Child Education Coalition Parent to Parent Webinars](#)

[Army National Guard Child & Youth Programs At-Home Activities and Resources for Youth and Families](#)

[The Parents' Guide to Google Classroom](#)

[Adult Free Online Ivy League Courses](#)

[Thrive Parenting Education Program](#)

[Virtual Museum Tours](#)

[Free online tutoring](#)

[Daily 30 minute P.E. Class for kids](#)

[MLB Summer Slugger Math & Literacy Skills Program](#)

[Professional Photographers of America FREE online photography courses](#)

[Rosetta Stone Free for 3 months](#)

[Audible Stories for kids](#)

[Time Magazine – Free Time for Kids](#)

[Denver Broncos Bookworms](#)

[Kennedy Space Center Science Lessons](#)

[Khan Academy: Imagineering in a Box](#)

EFMP FAMILIES

[TRICARE Extends Temporary Telehealth Support for Applied Behavior Analysis Services](#)

[National Association of State Directors of Developmental Disabilities Resource List](#)

[Department of Education FAQ on Providing Services to Children with Disabilities During the COVID-19 Outbreak](#)

EMPLOYMENT/CAREER SERVICES

[Onward2Opportunity](#)

[CVS Health Hiring NOW](#)

[G4S Secure Solutions](#)

[Amazon Warehouse & Delivery Drivers](#)

[Amazon Flex](#)

[Fort Carson Commissary](#)

[To file an unemployment claim](#)

[Denver Virtual Career Fair, April 16, 2020. 11 a.m. – 3 p.m. MST](#)

[Spouse Education & Career Opportunities 2020 Virtual Military Spouse Symposium, April 29-30, 2020](#)

[Pikes Peak Workforce Center](#)

ENTERTAINMENT

[Amazon Prime Free video selections](#)

[Sling TV – Stay in & Sling](#)

[AT&T and Charter offer free Showtime](#)

[Free NFL Game Pass](#)

[Netflix Party – virtual watch parties with friends](#)

[Wizards World – Harry Potter at Home](#)

FINANCIAL

[IRS - Coronavirus Tax Relief](#)

[Families First Coronavirus Response Act](#)

[Financial Relief Links and Updates](#)

[Stimulus and Tax Relief](#)

[Fort Carson Army Emergency Relief](#)

[Financial Industry Regulatory Authority \(FINRA\)](#)

[National Foundation for Credit Counseling](#)

[Mission 22 Financial Resources for Veterans](#)

[Military Saves Resources for Military Families](#)

[Wounded Warrior Project Emergency Financial Assistance](#)

[Pikes Peak United Way Emergency Relief Fund](#)

[Info about missing rent/mortgage payments](#)

[Colorado PEAK - Public assistance programs](#)

[Government Emergency Financial Assistance After a Disaster](#)

[Federal Student Aid - Forbearance Info for Students, Borrowers, and Parents](#)

[American Red Cross](#)

[The Pentagon Federal Credit Union Foundation](#)

[Federal Communications Commission's list of companies and associations who have pledged not to terminate services, waive late fees and open Wifi hotspots](#)

[Comcast](#) will provide 60 days of free internet to new families

[CenturyLink](#) will waive late fees and will not terminate residential or small business customer's service for the next 60 days due to financial circumstances associated with COVID-19

[Colorado Springs Utilities](#) will not disconnect water, sewer, or natural gas services over the inability to pay bills during the COVID-19 pandemic. Contact Colorado Springs Utilities customer service to be placed on payment plan (719-448-4800) or visit www.csu.org to make payments or request support)

[Military Hardship Pay for Troops in Quarantine](#)

FOOD/NUTRITION

[Colorado Peak \(WIC, SNAP and cash assistance\)](#)

[Hunger Free Colorado Food Resources \(English and Spanish\)](#)

[Department of Education Free Feeding Sites Map](#)

[Colorado Food Banks](#)

[Colorado COVID Hunger Relief Fund](#)

WIC enrollment: 719-578-3199, Option 6

You can text FOOD or COMIDA to 877-877 to receive food distribution locations for kids 18 and under.

Food Resource Hotline: 855-855-4626 (Mon – Fri. 8 a.m. – 4:30 p.m.) The Food Resource Hotline keeps all information confidential and has bilingual staff ready to help Coloradans find food and nutrition resources in their community, as well as provide assistance for applying to federal nutrition programs such as SNAP.

MEDICAL & PHYSICAL HEALTH

[Centers for Disease Control and Prevention \(CDC\)](#)

[Evans Army Community Hospital](#)

EACH COVID-19 Nurse Hotline: 719-524-2684

[Tricare COVID-19 Guidance](#)

[Tricare Express Scripts Home Delivery](#)

[YMCA ON-Demand Health Classes](#)

[Cosmic Kids! Yoga](#)

MENTAL HEALTH

[Helping Homebound Children During the COVID-19 Outbreak](#)

[Wellness Apps](#)

[Give an Hour: Staying Mentally Healthy](#)

[Department of Veteran Affairs](#)

[Mt. Carmel Veterans Service Center](#) (donation-based counseling services)

Colorado Crisis Services (Free, confidential, professional, 24/7 support): 1-844-493-8255

National Suicide Prevention Lifeline (24/7 free and confidential support): 1-800-273-8255

Military OneSource (free, non-medical counseling, 24/7): 1-800-342-9647

No US Army/ Fort Carson endorsement implied.

Information listed is subject to change.

See links provided for updated details and dates for events listed.

The "Pass It On" is available online at: <https://carson.armymwr.com/programs/pass-it-on>