

# Nelson Pool Schedule

**Effective July 9, 2018- September 4, 2017**

**526-3107**

Programs	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Early Bird Lap Swim</b> (No Groups)	0530-0630	0530-0700	0530-0630	0530-0700	0530-0630		
<b>Pregnancy PT</b>	0630-0800		0630-0800		0630-0800		
<b>Physical Therapy</b> EACH		0700-0900		0700-0900			
		1330-1530		1330-1530			
<b>Warrior Transition Unit</b>	0800-1000						
<b>Senior Lap Swim</b> (55+ and active duty)			0800-0900		0800-0900		
<b>Morning Water Aerobics</b>		0900-1000	0900-1000	0900-1000	0900-1000		
<b>Lap Swim</b>	1000-1330	1000-1330	1000-1330	1000-1330	1000-1330		
<b>Swim Lessons</b>	1330-1730	1530-1730	1430-1730	1530-1730	1330-1730		

**In-Service Training for Lifeguards is Every Other Wednesday beginning 30 May 2017. All Pools on Post will be CLOSED from 0830-1000**

In-Service Dates: 6 June, 20 June, 18 July, 1 August, 15 August, 29 August

*\*\*\* The Nelson Pool is closed on all Federal Holidays and open 0530-1400 on Training Holidays\*\*\**

Address: 1774 Nelson Blvd, Bldg 1446

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