

DFMWR INTRAMURAL & RECREATIONAL SPORTS CALENDAR 2019



ACTIVITY	DAYS	LEAGUE	DIVISION	COST	REGISTRATION OPENS	REGISTRATION DEADLINE	COACHES MEETING	START DATE	GAME LOCATIONS	POST CHAMPIONSHIP
Army Ten Miler	SUN						8 A.M.	OCT. 7	Washington DC	
Pumpkin Splash	TH			\$3	OCT. 1	OCT. 18	5 P.M.-7 P.M.	OCT. 18		
Strong Soldier Competition	SAT			\$20	OCT. 1	OCT. 20		OCT. 20	GARCIA	
Racquetball Tournament	W			\$5	JUL. 24	OCT. 23	11:30 P.M.-3 P.M.	OCT. 24	MCKIBBEN	
Fill the Fields	M-SUN			FREE			5:30 A.M.-9:30 P.M.	NOV. 1	IH POOL/PFC	
Sweaty Sweater Run	SAT			\$10				NOV. 3	IHPFC	
Preseason Basketball Tournament	M-TH	OPEN	(M)	DOD FREE	NOV. 1	NOV. 29	NOV. 29	DEC. 3	IHSFC	DEC. 3-7
English Channel Swim Challenge	M-SUN			FREE			JAN.-MAR.	JAN. 1	IH POOL	
Basketball League	M-TH	CO/BN	CO/BN	DOD FREE	NOV. 1	JAN. 3	JAN. 3	JAN. 7	IHSFC	MAR. 11-15
Spartan Skills Challenge	SAT			\$5	NOV. 19	JAN. 18	9 A.M.-11 A.M.	JAN. 19	MCKIBBEN	
Bowling League	TH	OPEN	TEAM	DOD FREE	NOV. 12	JAN. 4		JAN. 22	THUNDER ALLEY BOWLING CENTER	
Fight The Fluff Fat Loss Competition				\$90	NOV. 1	JAN. 15		JAN. 22	WALLER	
Indoor Triathlon	SAT			\$10	FEB. 4	FEB. 28	8 A.M.-2 P.M.	MAR. 2	IH POOL	
3-Point Shoot Out	SAT	OPEN	(M)(W)	DOD FREE	JAN. 2	MAR. 1		MAR. 8	IHSFC	
War Dog Memorial Run	SAT			\$15	FEB. 1	MAR. 8		MAR. 9	IH PARK	
Volleyball League	T/TH	OPEN	(M)(COED)	DOD FREE	JAN. 28	MAR. 14	MAR. 14	MAR. 18	IHSFC	MAY 20-24
Egg Splash	TH			\$3	MAR. 18	APR. 11	5:30 P.M.-7:30 P.M.	APR. 11	IH POOL	
Early Bird Softball Tournament	F/SAT	OPEN	(M)	\$200	MAR. 4	APR. 25	APR. 26	APR. 26	MPSC	APR. 26-28
Crossfit Team (2) Competition	SAT			\$15	FEB. 4	APR. 25	9 A.M.	APR. 27	WALLER	
FIT Strong Challenge	TBD			\$5	MAR. 1	APR. 30	TBD	MAY 1-31	MCKIBBEN	
Fort Carson Lift-a-Thon				\$30 (ALL)	MAY 1			MAY 1	GARCIA	MAY 1-AUG. 17
--Dead Lift	SAT			\$15	MAY 1	JUN. 15		JUN. 15	GARCIA	
--Clean Competition	SAT			\$15	MAY 1	JUL. 20		JUL. 20	GARCIA	
--Bench Press	SAT			\$15	MAY 1	AUG. 17		AUG. 17	GARCIA	
Outdoor Soccer League	M-TH	OPEN	(M)(COED)	DOD FREE	MAR. 4	MAY 2	MAY 2	MAY 6	MPSC	JUL. 1-5
ARMY 10 Miler Trial	SAT	OPEN					7 A.M.	MAY 11	WALLER	
Softball League	M-TH	CO/BN	CO/BN	DOD FREE	MAR. 4	MAY 9	MAY 9	MAY 13	MPSC	JUL. 15-26
Polar Plunge	SAT			\$3	APR. 29	MAY 17	9 A.M.-11 A.M.	MAY 18	OUTDOOR POOL	
Luau	SAT			\$3	MAY 28	JUN. 14	10 A.M.-2 P.M.	JUN. 15	OUTDOOR POOL	
Summer Slam Tournament	F/SAT	OPEN	(M)	DOD FREE	JUN. 1	JUL. 11		JUL. 12	IHSFC	JUL. 12-14
Homerun Derby	W/TH	OPEN	(M)	DOD FREE	JUL. 1	JUL. 26		JUL. 26	MPSC	
Sand Volleyball Tournament	SAT	OPEN	TEAM	DOD FREE	JUL. 1	AUG. 1	AUG. 1	AUG. 9	IH PARK	AUG. 9-11
Outdoor Triathlon	SAT			\$15	JUL. 8	AUG. 8	8 A.M.-12 P.M.	AUG. 10	OUTDOOR POOL	
Back to School Aerobathon	SAT			\$5	JUL. 22	AUG. 9	9 A.M.-11:30 A.M.	AUG. 10	IHSFC	
Flag Football League	M-TH	CO/BN	CO/BN	DOD FREE	JUN. 10	AUG. 1	AUG. 1	AUG. 12	MPSC	OCT. 14-25
Fall Softball League	T/TH	OPEN	(M)	DOD FREE	JUN. 17	AUG. 8	AUG. 8	AUG. 19	MPSC	SEP. 23-27
Coed Softball League	M/W	OPEN	(COED)	DOD FREE	JUN. 17	AUG. 8	AUG. 8	AUG. 19	MPSC	SEP. 23-27
Intramural Golf Championship	SAT	AD ONLY	(M)(W)	DOD FREE	JUN. 1	AUG. 1		AUG. 24	CHEYENNE SHADOWS	
Silver FIT Strong	TBD			\$5	JUL. 1	AUG. 31	TBD	SEP. 1-30	GARCIA	
Dog Splash	SAT			\$3			4 P.M.-6 P.M.	SEP. 7	OUTDOOR POOL	
Aquatics Aerobathon	SAT			FREE	SEP. 9	SEP. 28	9 A.M.-11 A.M.	SEP. 28	IH POOL	
Racquetball Tournament	W			\$5	JUL. 24	AUG. 31	11:30 A.M.-13 P.M.	OCT. 24	MCKIBBEN	

CODES- League: CO (Company), Open (Open to all DoD cardholders), AD (Active Duty), BN (Battalion) Division: M (Men's), W (Women's), I (Individual), Co-Ed (Men's and Women's)



More Events and Info at carson.armymwr.com



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Locations may vary.