

# From the Director's Desk

# Table of Contents

MG Patrick J. Ellis 41D Commander

GC Erik C. Oksenvaag 4ID Commander

Ryan J. Noble

Randolph Mulder Deputy Director of DFMWR

Regina L Maloney Marketing Director

Robin Carter Administrative Officer

Brandy Foe Sponsorship & Advertising Manager

Cynthia Ernzen Lead Media Specialis

Faith Carino Social Media Caardinator

Sofia Adón

Yenelys A. Baxte Graphic Designer

Robin Koziol

Andrea Salomon Graphic Design Intern

Kyle Hanchett Videographer

Connor Hibbs





Welcome to Fort Carson, Colorado – The Mountain Post!

As the days grow shorter and the crisp mountain air settles in, fall and winter bring a special kind of warmth—one filled with tradition, celebration, and community. On behalf of the Directorate of Family and Morale, Welfare, and Recreation (DFMWR), I invite you to join us in embracing this festive season at Fort Carson.

From the thrills of the **Haunting at the Elkhorn** to the joy of our **annual Tree Lighting event**, this season is packed with opportunities to make lasting memories with Family and friends. We're also proud to continue traditions of giving through programs like **Trees for Troops**, ensuring our Military Families feel the spirit of the holidays no matter where duty calls.

This year, DFMWR is especially proud to celebrate our recognition as Gold Medal Grand Plaque Award winners at the **National Recreation and Park Association Congress (NRPA)**. This achievement highlights the dedication of our team and the strength of the Fort Carson community—a reminder that together, we create experiences that uplift and inspire.

Whether you're enjoying the excitement of seasonal events, exploring winter recreation in the Rockies, or simply gathering with loved ones, DFMWR is here to support your well-being and enrich your story at the Mountain Post.

Thank you for being an essential part of our community. Here's to a season filled with joy, connection, and unforgettable moments.

Sincerely, Ryan J. Noble Director of DFMWR



- -Fort Carson wins Gold pg. 3-4
- -Army Community Services pg. 5-6
- -Auto Skills pg. 7
- -BOSS pg. 8
- -Elkhorn pg. 9-10
- -Grant Library pg. 11-12
- -Special Events pg. 13

#### Youth:

- -Child & Youth Services (CYS) pg. 15-16
  - -Child Development Center (CDC)
  - -School Age Care (SAC)
  - -Youth Sports

Calendar pg. 21-22

#### Winter Preparations pg. 23-28

#### **Recreation:**

- -Thunder Alley Bowling Center pg. 17-18
- -Leisure Travel & Camp Hale pg. 29-30
- -Fitness Centers & Aquatics pg. 31-32
- -Cheyenne Shadows Golf Club pg. 33
- -Cheyenne Mountain Shooting Complex pg. 34
- -Outdoor Recreation pg. 35-36
- -Intramural Sports pg. 37-38

Directory pg.41-42



# Sponsor our Team!

Our events are a great opportunity to reach the Fort Carson and surrounding military community, as well as the general Colorado Springs community.

There are multiple sponsorship levels available:

- Title Sponsor (exclusive right, first come, first served)
- Event Sponsor
- · Booth Sponsor

For more information, you can request a Sponsorship Deck by scanning our QR Code!







# Fort Carson DFMWR Wins National Gold Medal Award

Recognizing Excellence in Serving Military Families through Recreation and Community Programs

Fort Carson has long been known as the "Mountain Post," a place where Soldiers and Families can find strength not only in their service but also in their community. This year, that community spirit has been recognized at the national level. Fort Carson Directorate of Family and Morale, Welfare and Recreation (DFMWR) has been awarded the National Gold Medal Award for Excellence in Park and Recreation Management by the National Recreation and Park Association (NRPA)—the highest honor in the field.

This award celebrates DFMWR's commitment to enriching the lives of Soldiers, Families, and Civilians through world-class programs, events, and facilities.



# A Community Built on Collaboration and Unity

Winning the Gold Medal is no small achievement. It reflects the hard work of a team dedicated to collaboration, innovation, and service. From large-scale festivals to small Family programs, DFMWR brings together Soldiers, Families, Retirees, and Civilians to build a stronger, more connected Mountain Post community.

Each year, Fort Carson DFMWR hosts events that have become staples of military life:

- Freedom Fest A summer tradition featuring concerts, fireworks, and Family activities.
- Spring Fest at Iron Horse Park Featuring Month of the Military Child, a spring celebration featuring fun activities for Military children.
- Trees for Troops A holiday event where Families receive free Christmas trees, bringing the spirit of the season to those far from home.
- Sweets with Santa A winter favorite, offering Families the chance to enjoy cocoa, crafts, and photos with Santa.
- The Murph Challenge & Fitness Competitions —
  Community fitness events that honor fallen heroes and
  promote resilience.

These programs highlight the unity of Soldiers and Families—reminding us that DFMWR is not just about recreation, morale, welfare, and building a community away from home.

#### Honoring the Mission

The National Gold Medal Award is not just a recognition of what DFMWR has achieved—it is a reminder of the mission to serve. Every event, every program, and every facility is designed to strengthen the readiness and well-being of Soldiers and their Families.

As Garrison leadership often emphasizes, when Soldiers and Families thrive, the mission thrives. Winning the Gold Medal is proof that Fort Carson DFMWR is leading the way in ensuring that quality of life remains a top priority.

#### More Than a Medal

This honor belongs to the entire Fort Carson community. From the DFMWR staff who dedicate their careers to service, to the Families who show up rain or shine to take part in events, and the leaders who prioritize morale and readiness—this award recognizes all of us.

Fort Carson is more than just a duty station. It is a home, a community, and now, a National Gold Medal Award winner for excellence in recreation and community support.



FORT CARSON DFMWR | CARSON.ARMYMWR.COM

# Army Community Service

#### Hours of Operation:

Mon, Tue, Thur, Fri: 8 A.M. - 4:30 P.M. Wed: 9 A.M. - 4:30 P.M. Sat-Sun: CLOSED

Phone: (719) 526 - 4590

**DSN:** (312) 526 - 4590 **Address:** 6303 Wetzel Ave, BLDG 1526, Fort Carson

Website:

www.carson.armymwr.com/ACS



# Feature Stories

#### **EFMP** IS ON THE MOVE!

Exciting news! The ACS Exceptional Family Member Program (EFMP) has relocated to Army Community Service (ACS) Main building! We're excited to see you at 6303 Wetzel Avenue, BLDG 1526. Same help, same heart - ready to serve our incredible Families with even more connection opportunities! Come visit us in our new home!







# **Programs**

Deployed or Unaccompanied Military Families! Your Soldier's Away – But You're Not Alone!

Reach out to ACS today to find out about the free programs and resources to help you stay strong, connected, and supported every step of the way!

#### Connecting Families Play Group

For Deployed or Unaccompanied Military Families. Give your child—and yourself—the gift of community. Join our FREE monthly playgroup for kids of all ages! Build friendships, reduce stress, and connect with others who understand the military lifestyle.

#### What We Offer:

- · Fun, supportive environment
- Social skill development through play
- A strong support network for parents & kids

3rd Friday of each month

2025: Oct 17, Nov 21, Dec 19, 1:00 - 2:30 pm, ACS Annex, Family Nurturing Center

#### Warm Up Your Future: ACS Mini Hiring and Resource Event

Join ACS Employment Readiness Program to ignite career opportunities and community growth. This event aims to connect job seekers with local employers and vital resources, setting you up for success as you prepare for the new year. Fall and Winter Seasonal Jobs will be highlighted.

Oct 23 2025, 10:00 am – 2:00 pm, Army Community Service Main

#### November is National Veterans and Military Families Month

Honoring those who serve – and those who support them
This November, Army Community Service invites you to join us! We can help you navigate the challenges of deployment, relocation and day-to-day life.

#### **Budgeting 101**

Learn how to create your budget, meet your financial goals and save for emergencies. Nov 4 2025, 9:30 am – 11:00 am, Army Community Service Main

#### Infant Massage & Baby Nurturing

Create strong bonds and communication between baby and parent. Nov 18 2025, 9:30 am – 11:00 am, ACS Annex

Army Volunteer Corps (AVC) offers volunteer opportunities on and off Fort Carson, and in our community. Reach out to discover fulfilling and enriching ways you and/or your family can give back to your community through volunteerism!

Military Family Life Counselors (MFLC) offer free confidential counseling to Soldiers and immediate Family members. They can see individuals, couples, and families. There is no cost and walk-in services are also available. Reach our to Army Community Service to get connected to an MFLC today.

Empower yourself and your family with ACS – Real-Life Solutions for Successful Army Living Visit us today to learn more!

# Auto Skills

Hours of Operation: Wed-Fri: 10 A.M. - 8 P.M. Sat: 8 A.M. - 6 P.M Sun-Tue: CLOSED

Phone: (719) 526 -2147

DSN: 526 - 2147

Address: 7001 Wetzel Ave. BLDG 2427, Fort Carson

Website:

https://carson.armymwr.com/auto

# Class Schedule & Details

#### Get Your Vehicle Winter-Ready at the Auto Skills Center

According to the Farmer's Almanac, the winter of 2025–2026 is predicted to bring cold temperatures and plenty of snow-summed up perfectly as "Chill, Snow, Repeat." Before the storms roll in, make sure your vehicle is ready to handle Colorado's unpredictable winter roads.

#### Winter Vehicle Preparation Class:

- October 31
- Auto Skills Center
- Ø 6 −8 p.m.
- Cost: Free

Join the Auto Skills team for a free, hands-on class covering antifreeze, batteries, tires, and wipers—everything you need to stay safe on icy roads. This event connects with our feature story, "Winter is Coming to the Mountain Post," giving you the tools and knowledge to be ready for the season.

#### Oil Change Class

November 13 Instructor: CSM (Ret.) Daly Sponsored by AUSA Insurance Time: 9 a.m. Open to: BOSS members Cost: Free

#### **Winter Vehicle Preparation Class**

November 23

Learn how to prepare your car for Colorado's cold, snowy months. The Auto Skills team will teach you practical steps to keep Old Man Winter's bite at bay. Location: Auto Skills Center

Time: 6 -8 p.m. Cost: Free

#### **Heating System Inspection**

December 16

Ensure your vehicle's heating system is ready to keep you comfortable as winter arrives. Location: Auto Skills Center Time: 6 -8 p.m.



# October Events

#### **BOSS Bowling Nights**

Dates: Oct. 1 & 15 Time: 6 - 9 p.m.

Location: Thunder Alley Bowling Center

Free Bowling and shoe rentals, Open to BOSS eligible soldiers

#### **Escape Room Event**

Date: Oct. 11

Time: 5 p.m.

Location: Escapology | Price: \$20

Join BOSS as we try to make it through an Antidote: Chemical

Warfare themed escape room.

#### Volunteer at the Cheyenne Mountain Zoo

Time: 1 - 3 p.m.

Volunteer with BOSS at the zoo and help put together supplies

#### **BOSS PT Kickball**

Date: Oct. 21 Time: 6:30 - 7:30 a.m. Location: Softball field at Iron Horse Park Join BOSS for alternate PT as we play kickball!

#### **Habitat for Humanity volunteer event**

Date: Oct. 25

Time: 12:45 - 4:30 p.m.

Location: 868 Bidwell Drive, Colorado Springs, CO 80915 Join BOSS as we volunteer with Habitat for Humanity at one of

# **About BOSS**

Being stationed at Fort Carson comes with a world of opportunities—and one of the best is the Better Opportunities for Single Soldiers (BOSS) Program. Designed specifically for single and unaccompanied Soldiers, BOSS helps create balance by providing quality-of-life programs, community service opportunities, and recreational activities.

- Quality of Life BOSS works to identify and improve the issues that matter most to single Soldiers, ensuring their voices are heard in the Fort Carson community.
- Community Service Whether volunteering at local events, supporting outreach programs, or lending a hand on post, BOSS gives Soldiers the chance to make a positive impact.
- Recreation & Leisure From trips and outdoor adventures to game nights and cultural events, BOSS makes it easy to stay active, make friends, and have fun.



# BOSS

Hours of Operation: Mon: CLOSED Tues-Fri: 10 A.M. - 6 P.M Sat: 1 - 8 P.M. Sun: CLOSED

Phone: (719) 524 - 5202

DSN: 524 - 5202

Address: 6391 Chiles Ave, BLDG 1511, Fort Carson

Website:

www.carson.armymwr.com/BOSS

\*DATES SUBJECT TO CHANGE







# Elkhorn Catering & Center

#### Hours of Operation: Mon-Fri: 8 A.M. - 4:30 P.M.

Sat-Sun: CLOSED

Phone: (719) 526 - 4071

DSN: 526 - 4071

Address: 1725 Woodfill Rd, BLDG 7300, Fort Carson

Website:

www.carson.armymwr.com/eccc

Ready to book with us? Scan Here to fill out our Client Booking Form!





CATERING & CONFERENCE CENTER

#### Celebrate the Season at The Elkhorn



The holidays are the perfect time to gather, celebrate, and make memories with your unit, coworkers, or family. At the Elkhorn Catering & Conference Center, we're ready to bring your winter celebrations to life with elegant spaces, customizable menus, and professional service that make planning simple and stress-free.

#### Holiday Party Packages

Our specially crafted holiday packages take the guesswork out of

- Christmas Classic (\$27.50 per person): Choose from Prime Rib of Beef or Roast Turkey with all the trimmings, paired with fresh rolls, chef's vegetables, and decadent mousse for dessert.
- Family Traditions (\$23.50 per person): A comforting spread of Roast Turkey with stuffing, garlic mashed potatoes, and pumpkin and pecan pie buffet display.
- Spectacular Hometown Holiday (\$30.50 per person): A festive feast featuring Roast Turkey Breast and Honey Glazed Ham, with sides like herbed stuffing, whipped sweet potatoes, and a holiday dessert

All packages include fresh baked rolls, butter, and coffee or tea service—perfect for warming up a winter gathering.

#### Customize Your Celebration

From buffets to plated dinners, hors d'oeuvres receptions to dessert spreads, our culinary team will help you design the menu that fits your celebration. Add a chocolate fountain, custom sheet cake with your unit or company logo, or specialty beverages like peppermint eggnog to create a memorable experience.

#### Space to Celebrate

With rooms that accommodate everything from small office parties to full-facility holiday banquets, the Elkhorn offers flexibility for events of all sizes. Each reservation includes elegant linens, china, audiovisual equipment, and attentive staff so you can focus on enjoying the moment.

#### How to Book

Booking is easy—just contact the Elkhorn Catering Office at (719) 524-1163 or scan the booking QR code available in our brochure. A deposit will secure your date, and our team will walk you through menu

#### The Hub

Looking for a more relaxed and versatile space to host your holiday party?

The Hub offers the perfect setting for casual celebrations, team gatherings, or Family events. With flexible room setups, a full bar area, and access to both indoor and outdoor spaces, The Hub can be transformed into the ideal spot for your seasonal get-together.

#### Why Choose The Hub?

- Flexible Spaces: Perfect for small-to-medium sized holiday parties, team socials, or Family celebrations.
- Pub Atmosphere: Add a cozy, laid-back vibe to your event with access to the Ivy Pub or patio seating.
- · Food & Beverage Options: Choose from buffets, plated meals, or a wide range of appetizers to match your party style. Add a private or open bar to keep spirits bright.

Whether you're planning an office mixer or a festive Family dinner, The Hub makes hosting simple and memorable.

## **Special Events Center**

When your celebration calls for big energy, the Special Events Center is your go-to venue. With expansive space, state-of-the-art AV, and room to host hundreds of guests, it's perfect for large unit parties, formal holiday banquets, or winter galas.

Why Choose the Special Events Center?

- Space for All: Accommodates everything from intimate gatherings to large-scale events of 200+.
- Tailored Holiday Packages: Take advantage of seasonal buffet menus featuring holiday classics like prime rib, roast turkey, honey glazed ham, and festive dessert displays
- Full-Service Support: Our professional staff handles setup, catering, and cleanup, so you can focus on celebrating.

Whether you're hosting a formal unit ball, a holiday recognition ceremony, or a family-friendly winter party, the Special Events Center delivers the space, service, and festive flair to make your celebration unforgettable.

# The Hub

Hours of Operation:

Mon-Fri: 8 A.M. - 4:30 P.M Sat-Sun: CLOSED

Phone: (719) 526 - 4071

DSN: 526 - 4071

Address: 6371 Specker Avenue BLDG 1532, Fort Carson

Website:

www.carson.armymwr.com/programs/hub



#### Hours of Operation:

Mon-Fri: 8 A.M. - 4:30 P.M

Sat-Sun: CLOSED Phone: (719) 524 - 1163

DSN: 524 - 1163

Address: 6550 Specker Avenue, BLDG 1829 Fort Carson

Website:

www.carson.armymwr.com/programs/will am-reed-special-events-center



# Grant Library

Hours of Operation:

Tues, Thur, Fri, Sat: 9 A.M. - 5 P.M. Wed: 9A.M. - 6 P.M. Sun-Mon: CLOSED

Phone: (719) 526 - 2350/2842

DSN: 526 - 2350/2842

Address: 1637 Flint St.

BLDG 1528, Fort Carson

Website:

GrantLibrary

# **Events**



#### Every other Tuesday Oct. 7 & 21 | Lapsit Reading 10:30 - 11 a.m.

Ages 0-24 month

Wednesdays

#### Fridays Thursdays

Resiliency through Art For Active duty and spouses only

#### SPECIAL EVENTS

Oct 3: Magnificent Monarchs | 9 – 11 a.m. Learn all about monarch butterflies and their journey.

Oct 4: Teen Zombie Escape Room | 10:30 a.m. – 3 p.m. Can you make it out before the zombies catch you?

Oct 9: Pumpkin Chunkin | 10:30 a.m. Watch pumpkins fly in this fun fall tradition!

Oct 18: Dungeons and Dragons | 10:30 a.m. - 1 p.m. Join an adventure full of imagination and strategy.

Oct 18: Teen Book to Film "Hunger Games" | 10:30 a.m. Read it, then watch it come alive on the big screen!

Oct 22: Spicy Reads Book Club | 4:30 – 5:30 p.m. Discuss books with bold themes and fiery conversations.

Oct 25: Harry Potter Interactive Movie | 10:30 a.m. Experience the magic with interactive fun and surprises while watching "Harry Potter and the Chamber of Secrets".

Oct 31: Halloween Candy Parade | 1:30 p.m. Dress up, parade around, and grab some candy!



#### **November Recurring Events:**

Tuesdays: Lapsit | 10:30 - 11 A.M. | 0-24 Months Wednesdays: Lego Club | 3:30 - 4:30 P.M. | All Ages **Thursdays:** Storytime | 10:30 - 11:30 A.M. | Ages 0 - 5 Friday: RTAP | 1:30 P.M. | For Active duty and spouses only

#### **November Special Events:**

**NOVEMBER 11: CLOSED** 

\*Reservation Required

#### **December Recurring Events:**

Tuesdays: Lapsit | 10:30 - 11 A.M. | 0-24 Months

Wednesdays: Lego Club | 3:30 - 4:30 P.M. | All Ages

Thursdays: Storytime | 10:30 - 11:30 A.M. | 24 Months - 5 years old









- · Trunk or Treat
- For purchase spooky food, ghoulish beverages, and deathly cocktails!





FOR MORE INFORMATION CHECK OUT OUR WEBPAGE!

Holiday

+est

Get in the holiday spirit at the Holiday Tree Lighting Ceremony on Dec. 5!

Join us at Iron Horse Park for a magical evening filled with festive fun. Watch the official lighting of the Christmas tree, explore the holiday market, and enjoy delicious treats from food vendors. Don't miss appearances by Santa Claus, The Grinch, and be sure toget professional Santa photos!

# TREES FOR TROOPS

Bring Home Holiday Cheer with Trees for Troops!

Head over to Iron Horse Park in
December for your chance to take home a free
Christmas tree, courtesy of Trees for Troops!
Perfect for DoD ID cardholders, this giveaway is
first-come, first-serve, so get there early to secure
your tree. Straps and loading assistance will not
be provided.

For more information on these events, be sure to follow us on social media and check out our website!

# Child & Youth Services

#### Website:

#### PARENT CENTRAL

#### WEST CDC (6w-5v)

#### MONARCH CDC (6w-5y)



# Child Development Center

Fall at Our Child Development Centers!

Monarch CDC:

October – Pumpkin Patch

**Cheyenne Mountain CDC:** 

October – Pumpkin Patch

November – Pie Day

#### West CDC:

- October 31 Character Day
- November 21 Fall Festival

#### East CDC:

- October Fall Festival
- November Thankful Pies
- December Winter Wonderland

#### Ivy CDC:

- October 31 Pumpkin Patch
- November 21 Pie Day
- December 19 Gingerbread House Decorating

# School Age Care

#### **Patriot SAC:**

- October 24 Fall Fest
- November 26 Friendsgiving
- December 24 Nightmare Before Christmas Bash

#### Mesa SAC:

- October 31 October Fest
- November 21 Pie's with Peers
- December 18- Winter Wonderland
- December 31 New Year Ball Drop

## Youth Center

- October 1 Youth of the Year interest meeting and start of Keystone and Torch Club Coat Drive
- October 3 First Friday night hoops open until 10 p.m.
- October 16 Field Trip Pumpkin Patch
- November 25 Field Trip Main Event
- · December 19 Field Trip Meow Wolf
- December 30 Field Trip Ice Skating
- December 31 Vision boards

# Youth Sports

\*A sports physical is required for all Youth Sports Activities.

Sport	Registration Date	Ages & Cost	First Practice	Final Game
Indoor Soccer	Sept. 22 - Oct. 24	5 - 12 yrs.   \$65	Nov. 3	Dec. 13
Fall Wrestling	Sept. 22 - Oct. 24	6 - 15 yrs.   \$75	Nov. 3	Dec. 13



# FCC & School Support Services

#### Launch Your Career from Home with Fort Carson Family Child Care

#### Why Join?

Support: Receive free training with complimentary childcare for your children during the

Steady Income: Start receiving payments for 11 months once certified and open for care.

#### Ready to get started?

Contact Catalina Cole for more information and to obtain the FCC package: (719) 524-2457 | catalina.m.cole.naf@army.mil

#### Key Highlights:

Remote Enrollment: Families can enroll electronically without appearing in person.

Residency Requirements: Orders cannot be used to establish residency, but enrollment may use the

Required Documentation: Enrollment forms, proof of residency, and disciplinary records (due within

Enrollment Opportunities: Access to specific schools, programs, courses, charter school enrollment,

Additional Benefits: Guaranteed matriculation within the school or district.

Priority enrollment for younger siblings in future school years.

For more details on how this legislation applies to school registration in Colorado, contact the School

IVY CDC (6w-5y)

#### Cheyenne Mountain CDC

Patriot SAC (K-5th grade)

#### Youth Center

Open Rec Out: Mon-Fri: 8 - 6 P.M.

15 Child & Youth: CHILD & YOUTH SERVICES

# Thunder Alley Bowling Center

Hours of Operation:

Wed-Thur: 11 A.M. - 9 P.M. Fri-Sat: 11 A.M. - 9:30 P.M. Sun-Tues: CLOSED

Phone: (719) 526 - 5542

DSN: 526 - 5542

Address: 6391 Chiles Ave BLDG 1511, Fort Carson

Website:

www.carson.armymwr.com/bowling

# About

# THUNDER ALLEY GETS A FRESH NEW LOOK: EXPERIENCE THE FUTURE OF BOWLING!

Get ready for a whole new level of fun at the Thunder Alley Bowling Center's!

An enhanced gaming experience with the Specto App integration. Whether you're a seasoned pro or a first-time bowler, these high-tech lanes are sure to bring a fresh spin to your game. Join us for the celebration and let the strikes begin!



# **Events**

# SPECTO CLUB YEARLY MEMBERSHIP

Use the latest ball tracking technology to take your grame to the next level!

Includes: 60 minute practice sessions

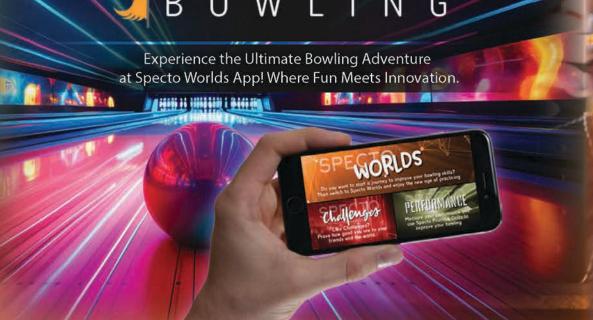
Wed. - Fri. | 11 a.m. - 3 p.m. | \$150 per person/per year

For more information, contact or email at: thunderalley 1511@gmail.com or (719) 526-5542

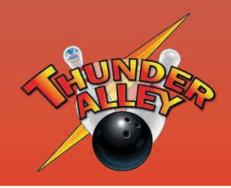














# PARTNER WITH PURPOSE

**Build Brand Awareness While Supporting the Fort Carson Community** 

Looking to grow your business and give back? Sponsorship through DFMWR is a powerful way to connect with the Soldiers, Families, and Civilians who call Fort Carson home.

From large-scale events like Freedom Fest and Oktoberfest to seasonal publications like Mountain Post Magazine, our programs offer high-impact exposure through print, digital, and in-person opportunities.

#### **Why Sponsor With Us?**

- Targeted Reach: Engage directly with a loyal, Military-connected audience.
- Flexible Packages: Booths, print ads, social media mentions, and more.
- Community Impact: Your support helps us provide free, morale-boosting events year-round to our Military community.

#### **Sponsorship Snapshot**

- \$150k+ raised through Freedom Fest sponsors in 2025
- 33.6k Followers on our Facebook page
- 4.4k Followers on Instagram
- 54k visits on our website monthly.

#### **Let's Work Together**

Become part of something meaningful.

- Learn more at https://carson.armymwr.com/sponsorship
- Contact: dfmwr-sponsorship@army.mil



### LOOKING FOR ALL EVENTS HAPPENING ON FORT CARSON? YOU'RE AT THE RIGHT SPOT!

- BOSS Bowling Night

- Magnificent Monarchs

- Pumpkin Patch event

- Teen Zombie Escape Room

- Climbing Wall Orientation

- Pumpkin Chunkin

Garden of the Gods Rock Climbing

Oct 11: – BOSS Escape Room Event

Oct 15:

**BOSS Bowling Night** 

- Dungeons & Dragons at the Library

- Teen Book to Film "Hunger Games"

BOSS Volunteer at Cheyenne Mountain Zoo

Nov 1:

- Superintendent's Revenge Tournament at Golf

Nov 23:

Winter Vehicle Preparation Class

- Cheyenne Shadows Holiday Sale begins

- Budgeting 101

- Climbing Wall Orientation

- Winter Expo at ODR

- Oil Change Class

- Military Family Appreciation Day

Get on the Bus to Breckenridge

- Turkey Bowl with Intramural Sports

- Infant Massage & Baby Nurturing

- Turkey Bowl with Intramural Sports

Nov 20:

Lead Climbing Clinic

Nov 20-21:

- Turkey Brawl with INtramural Sports

- Get on the Bus to Keystone

Oct 21: - BOSS PT Kickball

Oct 22:

- Spicy Reads Book Club

- Climbing Wall Orientation

Oct 24 - 25:

- Haunting at the Elkhorn

Oct 25:

- Harry Potter Interactive Movie

- BOSS Habitat for Humanity Volunteer Event

Oct 30:

- Seasonal Ski & Snowboard Rental Kickoff

- Halloween Candy Parade

- Winter Vehicle Preparation Class

- Holiday Tree Lighting Ceremony

- Climbing Wall Orientation

Dec 12-13:

- ODR Holiday Sale

Dec 13:

- Get on the Bus to Monarch

Dec 16:

- Heating System Inspection

Dec 20:

- Get on the Bus to Monarch

Dec 24:

Trees for Troops

- Get on the Bus to Monarch

Dec 27:

- Get on the Bus to Breckenridge



Your comfort is our mission.

Offering military guests and their families an excellent stay experience and the same amenities available off post



IHG ARMY Candlewood Suites

719-374-9158 Ext. 6

WANNA SPONSOR? SCAN HERE FOR MORE INFORMATION!



\*ALL EVENTS AND DATES ARE SUBJECT TO CHANGE\*



#### - Tips to keep your family, pets, and gear ready for the snowy season

Colorado winters carry a unique mix of beauty and challenge. At Fort Carson, the first snowflakes often mark the start of a season filled with frosty mornings, road closures, and powder-perfect weekends in the mountains. Whether you're new to the area or a seasoned Coloradan, preparation is key to navigating the months ahead with confidence. Here's how to make sure your family, pets, and gear are ready when winter sets in.

#### Winterize Your Vehicle

The cold takes a toll on even the most reliable cars. Before the first storm hits, give your vehicle a thorough seasonal checkup. Start with the basics: make sure your antifreeze levels are topped off, your battery has been tested for cold-crank strength, your tire tread meets winter safety standards, and your windshield wipers can handle icy buildup. If you haven't switched to winter or all-weather tires, now is the time—snow-packed roads and black ice are common hazards in Colorado.

Beyond the mechanics, think about what you carry inside your car. A scraper and brush are essential, but also consider keeping an emergency kit stocked with a blanket, flashlight, extra gloves, bottled water, and nonperishable snacks. A small shovel and a bag of sand or kitty litter can help if you find yourself stuck in snow.

For those with DoD cards, the Auto Skills Center is a resource worth using. They offer stalls with lifts, tools for do-it-yourself maintenance, and professional assistance if you'd rather leave it to the experts. Whether it's swapping out tires, testing your battery before those single-digit mornings, or replacing wipers, the center provides affordable options to keep your vehicle road-ready all winter long.

#### Quick Vehicle Checklist

- · Antifreeze filled
- Battery tested
- Tire tread checked
- New wiper blades installed



AUTO SKILLS CENTER

"Save time and money by winterizing your car right here on post." – Mike Hubbard Auto Skills Manager



#### Winterize Your Home

A drafty house can make winter miserable—and costly. Start by walking through your home to check for leaks around doors, windows, and vents. Weather stripping and caulking can go a long way in preventing cold air from sneaking in. Schedule a heater or furnace inspection to ensure your system is operating efficiently before the cold sets in. Replacing filters regularly will also keep your home warm and your energy bills manageable.

It's equally important to prepare for unexpected power outages. Stock your emergency kit with flashlights, extra batteries, bottled water, and nonperishable food. Keep extra blankets or sleeping bags accessible in case the heat goes out.

For Families living on-post, the Energy Office and Housing Office provide resources, inspections, and educational materials to make your home more energy-efficient and safe.

# For Families in off-post housing, the checklist looks a little different:

- Furnace & HVAC Check: Schedule a professional tune-up in the fall to ensure your system is running safely and efficiently.
- Chimney & Fireplace Maintenance: If you use a fireplace or wood stove, get the chimney cleaned annually to prevent dangerous buildup.
- Pipe Protection: Wrap exposed pipes in basements, attics, or garages with insulation to prevent freezing.
   Keep cabinet doors under sinks open on frigid nights to allow warm air to circulate.
- Gutter Cleaning: Clear leaves and debris from gutters to prevent ice dams, which can damage your roof.
- Roof & Attic Inspection: Check for loose shingles and make sure your attic insulation is sufficient to keep heat in and ice out.

These extra steps can help off-post Families avoid costly repairs, improve energy efficiency, and keep homes comfortable all season long.

#### Health & Family Readiness

Cold weather doesn't just bring snow—it ushers in flu season, too. Scheduling flu shots for the whole Family at Evans Army Community Hospital is a simple but effective step in staying healthy. Preventive care, such as regular check-ups and immunizations, ensures you're prepared for winter's health challenges.

Even in cold weather, dehydration is common. Cold air is dry, and higher elevations accelerate fluid loss without the obvious sweat cues. Make a habit of carrying water and sipping throughout the day. Dressing in layers is another key strategy—start with moisture-wicking base layers, add insulating mid-layers, and finish with a waterproof outer shell. Limit prolonged exposure to extreme cold, especially for children and older adults, and be alert for early signs of frostbite (numbness, white or grayish-yellow patches of skin) and hypothermia (shivering, confusion, exhaustion).

If frostbite occurs, act quickly but gently—move indoors, remove any wet clothing, and warm the affected area gradually using body heat or warm (not hot) water. Avoid rubbing or applying direct heat, which can worsen tissue damage. Seek medical care if the skin remains numb, hard, or blistered.

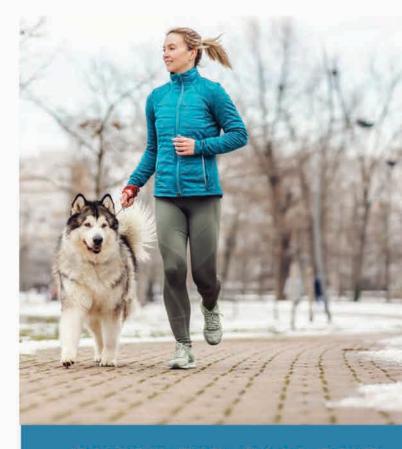
For hypothermia, move the person to a warm, dry place and replace wet clothing with dry layers. Wrap them in blankets, focusing on the chest and head first. Offer warm, non-alcoholic beverages if they're alert, but avoid direct heat sources or massaging their skin. Call emergency services immediately if symptoms include drowsiness, slurred speech, or slowed breathing—hypothermia can become life-threatening without prompt treatment.

With preparation, awareness, and quick action, you can enjoy Colorado's winter safely—whether you're hitting the slopes, hiking snow-covered trails, or simply savoring the season with Family and friends.

#### Pets in Winter

Our four-legged family members feel the cold just as much as we do. Ice melt salts can sting, dry, or even crack paw pads, so keep a towel by the door to wipe your pet's paws after walks. Pet-safe ice melt is available and is a safer option for driveways and sidewalks. If your dog tolerates them, protective booties can make walks more comfortable and reduce the risk of injury.

In Colorado's extreme cold, even short walks can be tough for pets. Keep outdoor time brief when temperatures dip below freezing, and always provide a warm, dry space for them indoors. Dogs with thinner coats may benefit from a winter jacket. Watch for shivering, lifting paws, or reluctance to go outside—clear signals it's time to head back in.



#### QUICK TIP CALLOUT

- Use pet-safe salt on driveways.
- Keep walks short in extreme temps.
  - · Watch for signs of shivering.



#### Winter Sports & Recreation

One of the biggest perks of living in Colorado is access to world-class skiing, snowboarding, and mountain adventures. For Soldiers, Families, and DoD cardholders, the Outdoor Recreation Program makes winter exploration affordable and accessible.

- Ski & Snowboard Trips: Outdoor Rec runs organized trips to popular resorts like Breckenridge, Loveland, and Keystone. These excursions often include transportation, lift tickets, and rentals, making it a stress-free way to enjoy the mountains whether you're a beginner or an experienced rider.
- Ice Climbing Adventures: For thrill-seekers, Outdoor Rec offers guided ice climbing trips—an unforgettable way to test your limits on Colorado's frozen waterfalls and cliffs with professional instruction and gear provided.
- Winter Expo: Before you hit the slopes, check out
  Outdoor Rec's annual Winter Expo. It's the perfect place
  to purchase or rent gear, score deals on equipment, and
  learn more about upcoming seasonal trips and programs.
  The Winter Expo will be taking place at The Outdoor
  Recreation building on November 1st.

Winter sports aren't just about the mountains—Fort Carson also makes it easy to stay active indoors. The Intramural Sports Center offers leagues and open play for sports like indoor soccer, basketball, and volleyball, keeping Soldiers and Families moving even when it's too cold to train outdoors.

Outdoor Rec also provides rentals for Winter-Friendly fitness, from cross-country skis and snowshoes to fat-tire bikes. Staying in shape doesn't have to mean staying indoors—you can explore trails, train endurance, or simply try something new.

With so many options, the Mountain Post community doesn't have to slow down when the snow falls. Whether you're chasing adrenaline on the slopes, building camaraderie on the indoor field, or exploring local trails with rented gear, Fort Carson's recreation programs keep the winter season active, adventurous, and Family-friendly.

#### Overview: Staying Ahead of Colorado's Weather

Colorado winters are as unpredictable as they are beautiful. A clear morning can turn into a whiteout by afternoon, making it vital to stay updated on conditions that affect both travel and daily life on Fort Carson. The best way to stay informed is by using official Army channels like the My Army Post App, which provides gate status, snow closure updates, and event changes at a glance.

#### In-Depth: How to Stay in the Know

My Army Post App – This all-in-one resource keeps Soldiers, Families, and Civilians connected to Fort Carson updates. During winter, the app is your go-to for:

- Gate Closures & Delays: Instantly see if gates are opening late due to snow or icy conditions.
- Snow Day Announcements: Check if there are post-wide late reporting times, closures, or changes to facility schedules.
- Event Updates: Weather often impacts MWR events, fitness classes, and Outdoor Rec trips. The app posts real-time adjustments so you don't miss out or show up to a canceled program.

Emergency Notifications: Severe storm alerts, road condition warnings, and other time-sensitive updates are pushed straight to your phone.

Other Tools to Use Alongside the App: Local Weather Alerts: Apps like WeatherBug or the National Weather Service can give you hyper-local snowfall totals and hourly forecasts.

Road Conditions: The Colorado Department of Transportation (CDOT) provides live cameras and road updates—a must before heading into the mountains.

Unit/FRG Notifications: Many units post additional guidance through social media or text chains, especially during major weather events.

#### Pro Tip:

Colorado weather is famous for sudden shifts. Even if the day starts sunny, always check the My Army Post App and CDOT before you head out. A quick look can save you from sitting in traffic at a closed gate or driving into unsafe mountain conditions.

# Camp Hale

Hours of Operation: Mon - Fri: 9 A.M. - 5:30 P.M. Sat & Sun: 9 A.M. - 5:30 P.M.

Phone: (719) 526 - 6590

DSN: 526 - 6590

Address: 9315 Wilderness Rd

Fort Carson

#### Website:

https://carson.armymwr.com/camphale

# Services



#### **Welcome to Camp Hale!**

Nestled in the heart of natural beauty, Camp Hale offers a serene retreat amidst the rugged landscapes of Fort Carson. Whether you arrive with a spacious RV or prefer the comfort of our deluxe cabins, each moment here is designed to evoke a sense of home away from home. With 50 expansive pull-through slots boasting full hookups and the capability to accommodate even the largest campers, alongside 8 deluxe cabins featuring modern amenities including heat, air conditioning and full kitchens, your comfort is assured.

#### **RV Sites:**

· 50 pull-through slots with full hookup (50 AMP and 30 AMP electric, water, sewage)

#### **Deluxe Cabins:**

- · 8 cabins including
- · Fully equipped with heat and air conditioning, full kitchen, and sleeping space for up to 5 people
- 1 ADA accessible

#### Amenities:

- · Two pavilions for social gatherings
- · Check-in Reservation Center with a small store offering sundry items
- · Laundry services and shower facilities available

#### Recreational Activities:

- · Corn Hole and Horse Shoe toss games
- · Retail store for snacks and camping

Check with staff for an upgraded cabin information.

New pricing for cabins beginning this holiday season:

November is a month to be Thankful Mon-Thurs \$80 per night Fri-Sun \$125 per night

December is Santa's Special

Mon-Thurs \$80 per night Fri-Sun \$125 per night Buy two nights and third night is Free!

# Services

#### Leisure Travel Services at Fort Carson

At Leisure Travel Services, we're dedicated to providing personalized travel experiences for Fort Carson's Military community. As your on-post travel agency, we offer discounted tickets to local attractions, entertainment events, sports games, ski resorts, and vacation planning to destinations like Disney, Universal, and beyond.

Our mission is to exceed expectations with exceptional service and unforgettable travel experiences, ensuring every trip is both seamless and affordable.

#### We Offer:

Local Colorado Attractions: Discounted tickets for Elitch Gardens, Water World, Pirates Cove, Denver Aquarium, Jeep Tours and Overdrive.

Check with our office for pricing.

#### **Entertainment & Sports:**

Tickets for Denver Broncos, Colorado Rockies, Denver Nuggets, and other exciting events.

#### **Ski Resorts:**

IKON Pass Base Military: \$569.00 IKON Pass Military: \$889.00 EPIC Pass: \$185 Available to Military ID cardholders only. Each individual must present a valid Military ID.

#### **Beyond Colorado:**

Disneyland, Walt Disney World, Universal Studios (California & Florida), Legoland, and more!

Out-of-state theme park tickets available for military families.

#### Walt Disney World Salute Tickets:

4-Day Hopper (Ages 3+): \$425.00 5-Day Hopper (Ages 3+): \$445.00 6-Day Hopper (Ages 3+): \$465.00

#### Why Choose Us?

Full-Service Travel Agency: We tailor trips based on your unique preferences.

Military Discounts: Enjoy special rates for military personnel and Families.

Expert Travel Advisors: Our team provides personalized recommendations and assistance for your trip.

Convenience & Savings: We do the research for you, securing the best travel deals available.

Contact Leisure Travel Services today and start planning your next adventure!

# Leisure Travel

Hours of Operation: Mon - Fri: 9 A.M. - 5:30 P.M. Sat & Sun: CLOSED

Phone: (719) 526 - 5366

DSN: 526 - 5366

Address: 9315 Wilderness Rd Fort Carson

Website: https://carson.armymwr.com/leisure -travel-ITR

Explore the fantastic tickets, experiences, and prices available through Leisure Travel!







# **Fitness** Centers

#### **GARCIA FITNESS CENTER**

Hours of Operation: Mon-Fri: 6 A.M. - 6 P.M. Sat & Sun: CLOSED

Phone: (719) 526 - 3944

Address: 6360 Porter St BLDG 1856, Fort Carson

Website:https://carson.armymwr.com/ **FitnessCenters** 

#### **IVY FITNESS CENTER**

Hours of Operation: Mon-Fri: 5 A.M. - 8 P.M. Sat-Sun: 8 A.M. - 4 P.M.

Phone: (719) 526 - 2706

Address: 6415 Specker Ave Bldg. 1925, Fort Carson

#### MCKIBBEN FITNESS CENTER

Hours of Operation: CLOSED FOR RENOVATIONS

#### WALLER FITNESS CENTER

Hours of Operation: Mon - Fri: 6 A.M. - 6 P.M Sat - Sun: CLOSED

Phone: (719) 526 - 2742

Address: 6946 Magrath Ave. Bldg. 2357, Fort Carson

#### SHEMIN FITNESS CENTER

Hours of Operation: Mon - Fri: 6 A.M. - 6 P.M Sat - Sun: CLOSED

Phone: (719) 524 - 0673 Address: 10119 Warfighter Rd BLDG 9429, Fort Carson

# About the Gyms on Post

#### **Garcia Fitness Amenities:**

- Free Weights Weight Machines
- Cardiovascular fitness area
- Day Lockers
- Multi-purpose room
- Free equipment orientation
- Power Racks, Platforms, Bumper Plates, and Turf Lane
- Converted racquetball court with functional fitness rig

#### Waller Fitness Amenities:

- Co-Ed Sauna
- Showers
- · 2 weight rooms
- Boxing room
- Spin room
- Group exercise PT classes
- Cardiovascular room
- Free equipment orientation
- Large functional fitness area with functional fitness rig, platforms with bumper plates, platforms with half racks, and turf lane

#### Ivy Fitness Amenities:

- Indoor Rock Climbing wall
- · Indoor Pool with dive tank
- · Outdoor basketball court
- · Men's and women's locker rooms
- Sauna
- Indoor Cycling room
- Strength Training
- Cardiovascular fitness area
- 3 full size indoor basketball courts
- 1/9 Mile indoor track
- Racquetball court
- Group Fitness Training
- Personal Training
- Lifting Platforms with full & half racks
- · Men's and Women's dry sauna

#### **Shemin Fitness Amenities:**

- Showers
- Functional Fitness Room
- · 1 weight room with platforms and turf lanes
- Cardiovascular area
- · 2 basketball courts with volleyball capabilities

# **About our Aquatics Centers**

#### Ivy indoor Pool features:

- · 25-yard lap pool
- · Lap swim equipment
- · Handicap lift
- Men's and women's locker rooms
- · Family changing room
- · Zero entry family pool
- · 1- and 3-meter diving boards
- · 2 slides in the main pool
- · 2 slides in the Family pool
- Mushroom Fountain for kids

Nelson indoor Pool:

Scheduled Military Training

#### Ellis Outdoor Pool features:

- 50-yard lap/open swim pool
- Deck area for lounging
- Handicap lift
- Men's and women's locker rooms
- Family changing room
- Men's and women's locker rooms
- 1 meter diving boards
- Water slide

# Aquatic Centers

#### IVY INDOOR POOL

Hours of Operation: Tue-Fri: 6 A.M. - 1 P.M. Sat: 8 A.M. - 3 P.M. Closed Sun & Mon

Phone: (719) 526 - 4093

Address: 6415 Specker Ave Bldg. 1925, Fort Carson

https://carson.armymwr.com/aquatics

#### **NELSON INDOOR POOL**

Phone: (719) 526 - 3122

Address: 1446 Nelson St BLDG 1446, Fort Carson

#### **ELLIS OUTDOOR POOL**

Hours of Operation: Closed for the season.

# **Prices**

- **Daily Pass** Free for Active Duty Military
- · Children under age of 3 years old are free per
- \$3 per person: Retired Military, DOD Dependents, DOD Civilians
- · \$6 per person: General public/Non-Military

#### Monthly Pass

- · \$25 Individual monthly pass
- \$40 (2 or more) monthly pass

#### Annual Individual Pass ·\$100 for an Individual Pass

Available for purchase by eligible DOD Patrons Annual passes are valid for one calendar year from

the date of transaction.

#### **Annual Family Pass**

\$250 per family of 3+

Available for purchase by eligible DOD Patrons Family pass holders must all live in the same

Annual passes are valid for one calendar year from

#### Swim Test policy

To receive your green band, you must successfully complete the following:

Ivy Fitness Indoor pool

- Enter the water from a standing
- Tread water for 1 minute
- Swim 25 yards continuously
- Exit the pool without using a ladder









the date of transaction

# Cheyenne **Shadows** Golf Club

Address: 1050 Titus E

# **About our Course & Events**

Cheyenne Shadows Golf is an 18 hole, championship golf course situated at the base of Cheyenne Mountain. The course offers dramatic scenery, a full service pro shop and the popular lunch destination, Mulligan's Grill. Golfers enjoy a superior recreational experience at a value price. We invite you to take part in tournaments, lessons and events. The facility is also a wonderful location to host your special event of function!

#### Improve your golf experience with the Cheyenne Shadows Golf Course App!

This app includes:

- Interactive Scorecard
- Golf Games: Skins, Stableford, Par, Stroke Scoring
- GPS
- Measure your shot!
- Golfer Profile with Automatic Stats Tracker
- Hole Descriptions and playing tips
- Live Tournaments & Leaderboards
- Message Center
- Rewards
- Food & Beverage Menu
- Facebook Sharing & much more!

#### DOWNLOAD OUR APP TODAY!

# Services & Events

#### Superintendent's Revenge Tournament Oct 19 | 9 A.M.

Four-person scramble Normal green fees + \$30 entrance fee A fun and challenging tournament where each hole has a unique game or obstacle.

#### Cheyenne Shadows Holiday Sale

Nov 28-Dec 21

Golf memberships & merchandise discounted Spend \$50 or more and pick a tag from the tree to receive an extra 5%-30% off!

#### Indoor Hitting Facility

Uneekor and Trackman 4 launch monitors paired with GS PRO software to provide access to over 600 golf courses worldwide. Great for driving range practice, group events, and to play golf courses from around the world. Table service with access to restaurant and bar. Surround sound, cable TV, Putting Room, high top tables, and booths.



#### Golf Club Fittings

Appointment only One on One golf clubs' fittings with industry leading specially trained fitters. Utilize Trackman 4 for wedges, irons, hybrid, fairway woods, and Driver. Utilize SAM Putt Lab for custom putter fittings.

# Services

We offer a safe environment where Families can come together and enjoy a day at our range.

Our ranges cater to various distances, from 7 yards up to a maximum of 300 yards on paper targets. Additionally, we provide two combination trap/skeet ranges and two archery ranges, featuring both a 3D range and a static archery range.

Gun transfer services: \$40 for the first firearm and \$20 for each additional gun per background check.

**Firearm rentals:** ammunition must be purchased on-site. Handguns are available for individuals aged 21 and older,

while rifles are accessible to those 18 years and above.

On-site firearm storage facilities: \$8 for the initial firearm and \$2 for

# **Prices**

aily Rate	es:
-----------	-----

For Individual & Family Member	
Children 6-12	\$8
Active Duty	\$10.50
Retired Military	\$12
DoD Civilian	\$12
Civilian	\$14
All Weekly Specials	\$10

#### 5 Visit Punch Pass

Active Duty	\$42.5
Retired Military	\$50
DoD Civilian	\$50
Civilian	\$60

#### 10 Visit Punch Pass:

Active Duty	\$80
Retired Military	\$95
DoD Civilian	\$95
Civilian	\$115

#### 25 Visit Punch Pass:

Active Duty	\$190
Retired Military	\$225
DoD Civilian	\$225
Civilian	\$255

# Cheyenne Mountain Shooting Complex

Hours of Operation: Wed-Fri: 9 A.M. - 4 P.M. Sat-Sun: 8 A.M. - 4 P.M. Mon-Tue: CLOSED

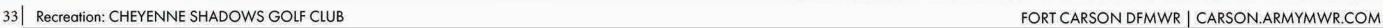
Phone: (719) 896 - 6196

Address: 7790 Route 1 Fort Carson

Website:

www.carson.armymwr.com/cheyenne mountain-shooting-complex





Cheyenne Shadows

# Outdoor Recreation

#### Hours of Operation:

Tues-Fri: 9 A.M. - 6 P.M. Sat: 8 A.M. - 12 P.M. Sun-Mon:CLOSED

Phone: (719)526-1993

DSN: 526-1993

Address: 7093 Specker Ave. BLDG 2429, Fort Carson

#### Website:

www.carson.armymwr.com/ODR

#### All Adventures subject to change!

Cancellation Policy for all of Outdoor Recreation: For a refund, must cancel 72 hours in advance of trip. Overnight trips will require 7 day notice of cancellation to receive a refund.

Outdoor Recreation offers much more!

#### Are you hosting a Holiday Party? Check out what we have for rent:

- Santa and Elf costumes
- Cotton Candy Machine
- Popcorn Machine
- Fire Tables

Outdoor Tower Heaters and much



# Featured Events



#### Nov 1

VIP Hour:

Large Inventory of Used Gear for Sale, Buy your tickets now!

9 a.m. - 11 a.m.

Ages 18+: \$10 tickets

17 & Younger free admission with parent Dare2B Apparel: BOGO 75% Off All other apparel: BOGO 50% Off

Smith Goggles & Helmets 15% Off

12 p.m. - 3 p.m. | Free Entrance Dare2B Apparel: BOGO 50% Off All other apparel: BOGO 25% Off

#### SEASONAL SKI & SNOWBOARD RENTAL KICKOFF

Date: Oct. 30

Seasonal rental kickoff day runs from 7am-7pm. 13 & Older Seasonal Rentals \$230, 12 and younger \$175. Sizes are limited. All winter apparel will be 10%, Dare 2B apparel will be BOGO 25% Off; cannot combine discounts and excludes SMITH items.

For more information, contact us at (719) 526-1993!

#### OUTDOOR RECREATION OCTOBER EVENTS

Garden of the Gods Rock Climbing | Date: Oct. 10 | Time: 8 a.m. - 1 p.m. | Price: \$75

Climbing Wall Orientation | Date: Oct. 9 & 23 | Time: 6 p.m. - 8 p.m. | Price: \$25 Location: ODR's Indoor Wall

Learn climbing basics, knot-tying, and belaying | Ages 14+ | Includes climbing card valid for one year at IVY and ODR climbing walls.

#### OUTDOOR RECREATION NOVEMBER EVENTS

Climbing Wall Orientation | Date: Nov. 6 | Time: 6 p.m. - 8 p.m. | Price: \$25

Location: ODR's Indoor Wall

Learn climbing basics, knot-tying, and belaying | Ages 14+ | Includes climbing card valid for one year at IVY and ODR climbing walls.

Get on the Bus to Breckenridge | Date: Nov 15 & 29 | Time: 6 a.m. - 6 p.m. | Price:\$65 (Transportation & Rental Gear) | Price:\$40 (Transportation Only) Let us do the driving for you! This trip does not include a lift ticket!

Lead Climbing Clinic | Date: Nov. 20 | Time: 6 p.m. - 8 p.m. | Price: \$35

Get on the Bus to Keystone | Date: Nov 22 | Time: 6 a.m. - 6 p.m. | Price: \$65 (Transportation & Rental Gear) | Price:\$40 (Transportation Only)

Let us do the driving for you! This trip does not include a lift ticket!

#### OUTDOOR RECREATION DECEMBER EVENTS

Climbing Wall Orientation | Date: Dec. 11 | Time: 6 p.m. - 8 p.m. | Price: \$25

Location: ODR's Indoor Wall

Learn climbing basics, knot-tying, and belaying | Ages 14+ | Includes climbing card valid for one year at IVY and ODR climbing walls.

#### Holiday Sale | Date: Dec. 12-13

Entire store BOGO 25% off and select items up to 50% OFF.

#### Get on the Bus to Monarch | Date: Dec. 13, 20, & 24 | Time: 6 a.m. - 6 p.m.

Price: \$115 (Lift Ticket, Rental Gear & Transportation) Price: \$85 (Lift Ticket & Transportation) Price: \$65 (Transportation & Rental Gear) Price: \$40 (Transportation Only) Lessons are 2 hours, \$60, must sign up at least 3 days in advance.

Get on the Bus to Breckenridge | Date: Dec. 27 | Time: 6 a.m. - 6 p.m. | | Price:\$65 (Transportation & Rental Gear) | Price:\$40 (Transportation Only)
Let us do the driving for you! This trip does not include a lift ticket!

# Safety Tips for the Colorado Winter

Colorado winters are beautiful but can be unforgiving if you're not prepared. Whether you're skiing, snowshoeing, or just enjoying the outdoors, keeping warm is essential for safety and comfort. Here are some tips to keep in mind before you head outside this

#### Dress in Lavers:

- Base Layer: Start with moisture-wicking fabrics (not cotton) to keep sweat off your skin.
- Mid Layer: Add insulating fleece or down to hold body heat.
- Outer Layer: A waterproof and windproof shell protects against snow and windchill.

#### Keep Extremities Covered

Most body heat is lost through your head, hands, and feet. Always wear a warm hat or beanie, insulated gloves, and wool socks. Consider hand and foot warmers for extra protection during long days outdoors.

#### Hydrate & Fuel Your Body

It's easy to forget in the cold, but dehydration is just as much a risk in winter as in summer. Carry water and sip regularly. High-energy snacks like trail mix or protein bars keep you fueled for snowshoeing, skiing, or hiking at altitude.

#### Stav Drv

Wet clothing quickly leads to hypothermia. If you sweat heavily, change out damp layers during breaks. Always pack an extra pair of socks and gloves.

#### Gear Up with Outdoor Recreation

Fort Carson Outdoor Recreation has everything you need to stay warm and safe this winter:

- Ski & Snowboard Rentals with insulated boots to keep your feet warm.
- Snowshoe & Cross-Country Ski Gear perfect for cardio without freezing.
- Cold-Weather Apparel & Accessories jackets, gloves, goggles, hats, and thermal
- Hand/Foot Warmers & Yak Trax small items that make a big difference in extreme

Outdoor Rec staff can also help you choose the right gear for your adventure—whether you're hitting the slopes, exploring trails, or preparing for your first winter climb.



# Intramural Sports

Hours of Operation: Mon-Fri: 6 A.M. - 4:30 P.M. Sat-Sun: CLOSED

Phone: (719) 526 - 7585 (719) 231 - 4939

DSN: 526 - 7585

Address: 6550 Specker Ave, BLDG 1829, Fort Carson

#### Website:

www.carson.armymwr.com/ intramuralsports

# **About Intramural Sports**

Intramural Sports at Fort Carson offers a variety of recreational activities designed to promote fitness, teamwork, and community engagement among military personnel and their families. Participants can enjoy sports like basketball, volleyball, soccer, and flag football, with options for different skill levels and age groups. The program emphasizes inclusive and encourages friendly competition, making it a great way to socialize, stay active, and enhance camaraderie within the Fort Carson community. Additionally, there are often special events and tournaments throughout the year to keep things exciting!

#### INTRAMURAL SPORTS EQUIPMENT CHECKOUT

All of these items are FREE and can be checked out at the Intramural Sports office for up to 24 hours

- Measuring Wheel
- Tug-O-War Rope
- Cones
- Sport Jerseys
- Basketballs
- Volleyballs
- Outdoor Volleyball System
- Soccer Balls
- Pop Up Soccer Goals
- Footballs
- Football Flags
- Kickball
- Bases
- Frisbees
- Dodgeballs
- Corn Holes
- Arm wrestling tables





Nov. 20-21 | 10 a.m. - 2 p.m.
For more information, follow us on social media!

# TURKEY BOWL

**Events** 

Nov. 17 & 19 | 6:30 - 10 p.m.
Come join us for our yearly tradition of Flag Football!





# Looking for a B ?

# Join our Team at Fort Carson!

Fort Carson in Colorado Springs, CO, is hiring!

Explore a variety of roles and make a difference in a dynamic and supportive environment.

#### Why Work at Fort Carson?

- Dynamic Environment: Join a vibrant community.
- Career Growth: Access training and development.
- Competitive Benefits: Comprehensive health benefits and retirement plans.
- Meaningful Impact: Support our soldiers and their families.

#### How to Apply

- 1. Visit [USAJOBS.gov]: Search for "Fort Carson."
- 2. Create an Account: Set up your profile.
- 3. Submit Your Application: Upload your resume and apply.

Scan Here to see all current positions and openings

#### Start Your Career Today!

Apply now and join a team that values dedication and excellence.









For our Hometown Heroes, we'll beat any published Oakwood Homes incentive by \$2,500\* to help make homeownership even more rewarding for you.

Let's find you a home that's as extraordinary as the work you do every day.



#### OakwoodHomesCo.com

\*Terms and conditions apply. See New Home Counselor for details. Paid Advertisement-No Army, Department of Defense, or Federal Government Endorsement of Advertiser Implied





# VETERAN OWNED AND OPERATED.

Good 2 Go is your mobile RV care expert, specializing in hot water repair, winterization, appliance fixes, and more — delivered right to you.

Call (928) 242-9975 to schedule fast, reliable service.



# **Directory**

#### ARMY COMMUNITY SERVICES

Hours of Operation:

Mon-Fri: 8 A.M. - 4:30 P.M. Wed:9 A.M. - 4:30 P.M. Sat-Sun: CLOSED

Phone: (719) 526 - 4590 | DSN: 526 - 4590

#### **AUTO SKILLS**

Hours of Operation:

Wed-Fri: 10 A.M. - 8 P.M. Sat: 8 A.M.-6 P.M. Sun-Tue: CLOSED

Phone: (719) 526 - 2147 | DSN: 526 - 2147

#### BOSS

Hours of Operation:

Tue-Fri: 10 A.M. - 6 P.M. Sat: 1 - 8 P.M. Sun-Mon: CLOSED

Phone: (719) 526 - 5347 | DSN: 526 - 5347

#### **ELKHORN CATERING**

Hours of Operation:

Mon-Fri: 8 A.M. - 4:30 P.M. Sat-Sun: CLOSED

Phone: (719) 526 - 4071 | DSN: 526 - 4071

#### **GRANT LIBRARY**

**Hours of Operation:** 

Monday-Saturday: 9 A.M. - 5 P.M. Wednesday: 9 A.M. - 6 P.M. Sunday: CLOSED

Phone: (719) 526 - 2350/2842 | DSN: 526 - 2350/2842

#### SPECIAL EVENTS CENTER

**Hours of Operation:** 

Mon-Fri: 8 A.M. - 4:30 P.M. Sat-Sun: CLOSED

Phone: (719) 524 - 1163 | DSN: 524 - 1163

#### THUNDER ALLEY BOWLING

Hours of Operation:

Wed-Thur: 11 A.M. - 9 P.M. Fri-Sat: 11 A.M. - 9:30 P.M. Sun-Tues: CLOSED

Phone: (719) 526 - 5542 | DSN: 526 - 5542

#### LEISURE TRAVEL

**Hours of Operation:** 

Mon-Fri: 9 A.M. - 5:30 P.M.

Sat & Sun: CLOSED

Phone: (719) 526 - 5366 | DSN: 526 - 5366

#### CAMP HALE

Hours of Operation:

Mon-Fri: 9 A.M. - 5:30 P.M. Sat & Sun: 9 A.M. - 5:30 P.M.

Phone: (719) 526 - 6590 | DSN: 526 - 6590

#### **GARCIA FITNESS CENTER**

**Hours of Operation:** 

Mon-Fri: 6 A.M. - 6 P.M. Sat-Sun: CLOSED

Phone: (719) 526 - 3944 | DSN: 526 - 3944

#### IVY FITNESS CENTER

Hours of Operation:

Mon-Fri: 5 A.M. - 8 P.M. Sat-Sun: 8 A.M. - 4 P.M.

Phone: (719) 526 - 2706 | DSN: 526 - 2706

#### MCKIBBEN FITNESS CENTER

Hours of Operation:

CLOSED\*

\*Closed for renovations

#### WALLER FITNESS CENTER

Hours of Operation:

Mon-Fri: 6 A.M. - 6 P.M. Sat-Sun:CLOSED

Phone: (719) 526 - 2742 | DSN: 526 - 2742

#### SHEMIN FITNESS CENTER

Hours of Operation:

Mon-Fri: 5 A.M. - 8 P.M. Sat - Sun: CLOSED

Phone: (719) 524 -0673 | DSN: 524 -0673

#### IVY INDOOR POOL

Hours of Operation:

Tue-Fri: 6 A.M. - 1 P.M. Sat: 8 A.M. - 3 P.M. Sun-Mon: CLOSED

Phone: (719) 526 - 4093 | DSN: 526 - 4093

#### **NELSON INDOOR POOL**

Hours of Operation:

CLOSED

**Phone:** (719) 526 - 3122 | **DSN:** 526 - 3122

#### **ELLIS OUTDOOR POOL**

Hours of Operation:

CLOSED for the season.

#### CHEYENNE SHADOWS GOLF

Hours of Operation:

Mon-Fri: 6:30 A.M. - 7 P.M. (First tee: 7 A.M.) Sat-Sun: 6 A.M. - 7P.M. (First tee: 6:30 A.M.)

Phone: (719) 526 - 4102 | DSN: 526 - 4102

#### **INTRAMURAL SPORTS**

Hours of Operation:

Mon-Fri: 6 A.M. - 4:30 P.M.

Sat-Sun: CLOSED

**Phone:** (719) 526 - 7585 (719) 231 - 4939

DSN: 526 - 7585

#### **OUTDOOR RECREATION**

Hours of Operation:

Tues-Fri: 9 A.M. - 6 P.M. Sat: 8 A.M. - 2 P.M. Sun-Mon: CLOSED

Phone: (719) 526 - 1993 | DSN: 526 - 1993

#### CHEYENNE MOUNTAIN SHOOTING COMPLEX

Hours of Operation:

Wed-Fri: 11:30 A.M. - 7 P.M. Sat-Sun: 8 A.M. - 7 P.M. Mon-Tue: CLOSED Phone: (719) 896 - 6196

#### PARENT CENTRAL

Hours of Operation:

Mon, Tue, Thur: 8 A.M. - 5 P.M. Wed: 8 A.M. - 6 P.M. Fri: 8 A.M. - 3 P.M. (By Appt. Only) Sat & Sun: CLOSED Phone: (719) 526 - 1101/8220

#### EAST CDC

Hours of Operation:

Mon-Fri: 5:45 A.M. - 6 P.M. Sat & Sun: CLOSED

Phone: (719) 526 - 5977/5978

#### WEST CDC

Hours of Operation:

Mon-Fri: 5:45 A.M. - 6 P.M. Sat & Sun: CLOSED Phone: (719) 524 - 0151 / 0152

#### MONARCH CDC

Hours of Operation:

Mon-Fri: 5:45 A.M. - 6 P.M. Sat & Sun: CLOSED

Phone: (719) 503 - 5020/2021

#### IVY CDC

Hours of Operation:

Mon-Fri: 5:45 A.M. - 6 P.M. Sat & Sun: CLOSED

Phone: (719) 503 - 8202/8203

#### CHEYENNE MOUNTAIN CDC

Hours of Operation:

Mon-Fri: 5:45 A.M. - 6 P.M. Sat & Sun: CLOSED Phone: (719) 526 - 5838

#### MESA SAC

Hours of Operation:

Mon-Fri: 5:45 A.M. - 6 P.M. Sat & Sun: CLOSED Phone: (719) 524 - 2985/2986

#### PATRIOT SAC

Hours of Operation:

Mon-Fri: 5:45 A.M. - 6 P.M. Sat & Sun: CLOSED Phone: (719) 526 - 5424

FCC

Phone: (719) 524 - 2457

#### **Youth Sports**

Hours of Operation:

Mon-Fri: 5:45 A.M. - 6 P.M. Sat & Sun: CLOSED Phone: (719) 526 - 4425

#### YOUTH CENTER

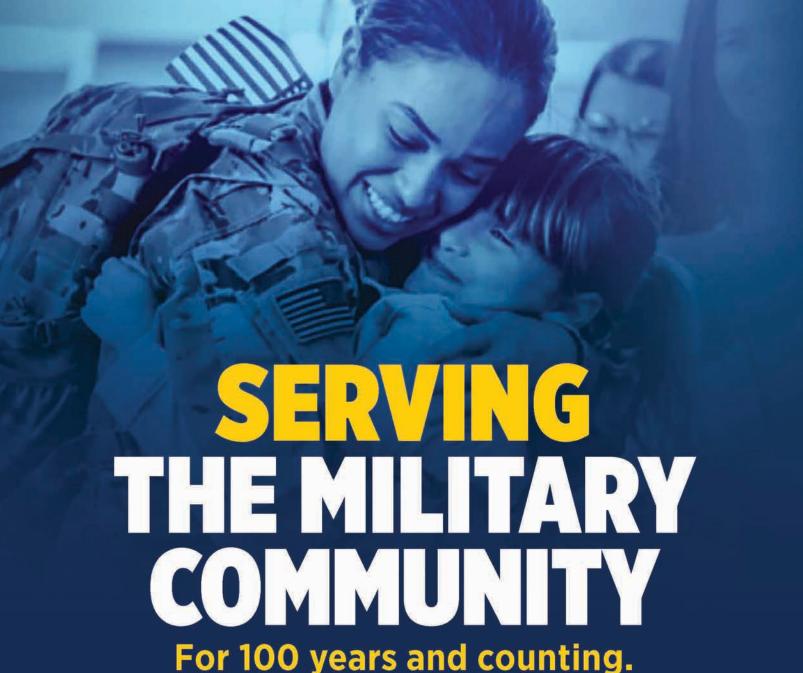
Hours of Operation:

Fall Hours

Open Rec: Mon-Thur 3 - 8 P.M. Open Rec: Fri: 3 - 10 P.M. Saturday CLOSED Phone: (719) 526 - 2680



41 42





800-531-8521