



PASS IT ON

COMMUNITY NEWSLETTER



MAY 1 2026



6303 WETZEL AVE. BLDG. 1526, FORT CARSON, CO 80913

TABLE OF CONTENTS

FEATURED EVENTS

2026 RUN SERIES: MAY THE COURSE BE WITH YOU

COHEN CLINIC CARNIVAL

EVENTS

MILITARY SPOUSE VIRTUAL HIRING EVENT

MSCC: COFFEE WITH THE MAYOR

STARCOM NETWORKING EVENT

HOMESCHOOL PARK DAY

RESOURCES

FOOD DISTRIBUTION DATES & LOCATIONS

ROOTED IN RESILIENCE

CARSON CONNECTOR

VIRTUAL COFFEE CONVERSATIONS W/ UC HEALTH

VIRTUAL COFFEE CONVERSATIONS W/ I COMPASS GROUP

INFORMATION

HELP IMPROVE THE EFMP EXPERIENCE

BASIC KEYBOARDING & COMPUTER SKILLS

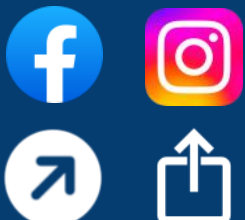
CHILD AND FAMILY MENTAL HEALTH SERVICES

VOLUNTEER OPPORTUNITIES

THRIVE W/ YOUR SFRG!



CONTENTS



**MAY THE COURSE
BE WITH YOU**



**MAY 9 / 1 P.M. - 4 P.M.
CHECK-IN BEGINS AT 12:30 P.M.**

**2026
RUN
SERIES**

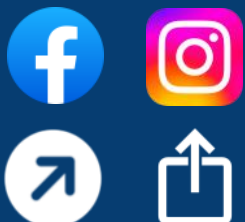


**Get ready to join us for the next run in our 2026 Run Series,
May the Course Be With You!
We hope you come and have an out of this world time!**

May 9

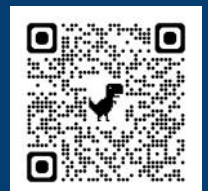
1-4 p.m.

Thunder Alley Bowling Center
Registration starts at 12:30 on May 9



FEATURED EVENTS

6303 WETZEL AVE. BLDG. 1526, FORT CARSON, CO 80913



COHEN CLINIC CARNIVAL
OPEN TO THE ENTIRE COMMUNITY!

Save the Date

• JUNE 27TH, 2026 •

11:00am - 3:00pm

Outdoor Event | Free Food Trucks | Bounce Houses | Snacks Refreshments | Games

1915 Aerotech Drive Ste 114,
Colorado Springs, CO 80916



The Steven A. Cohen
Military Family Clinic
at Red Rock



COLLINS AEROSPACE | PRATT & WHITNEY | RAYTHEON

FREE DAY OF FAMILY FUN!

Enjoy games, activities, music, and more!

1915 Aerotech Dr, Colorado Springs, CO

June 27

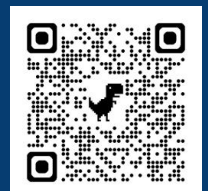
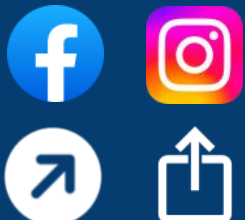
11:00 AM – 3:00 PM

Register Now: bit.ly/CohenClinicCarnival



FEATURED EVENTS

6303 WETZEL AVE. BLDG. 1526, FORT CARSON, CO 80913





RECRUIT  MILITARY®

CONNECT WITH EMPLOYERS HIRING MILITARY SPOUSES

A virtual hiring event with built-in career training to help you communicate your value and connect with employers.

What to expect from MSEP/SECO LIVE Professional Development sessions:

Confidence in Your Skills: Learn how to clearly communicate your experience and strengths

A Strong Career Story: Turn gaps and transitions into something employers understand and respect

Smarter Job Search Strategies: Know how to apply, connect, and follow up effectively

Direct Access to Employers: Engage with companies that are actively looking for military spouse talent

Practical Tools & Resources: Walk away with guidance you can use immediately

IN PARTNERSHIP WITH:



JOIN US VIRTUALLY!
TUESDAY, MAY 5



rmvets.com/MSVCF0526



VIRTUAL HIRING EVENT
11 AM-3 PM ET



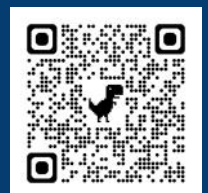
TRAININGS
10-11 AM & 12-1 PM ET

**BOTH EVENTS ARE ACCESSED THROUGH THE SAME
REGISTRATION LINK.**



EVENTS

6303 WETZEL AVE. BLDG. 1526, FORT CARSON, CO 80913



MSCC

Colorado Springs Military Spouse Community Coalition

Coffee with the Mayor

Honoring the People Who Inspire Us



Join the Military Spouse Community Coalition for Coffee with the Mayor to celebrate Military Spouse Appreciation Day!

May 8th | 9-11 am



Penrose House - 1661 Mesa Ave.

RSVP to MSCC [here](#).



EVENTS

6303 WETZEL AVE. BLDG. 1526, FORT CARSON, CO 80913





SPACE TRAINING AND
READINESS COMMAND

Join us for a networking event with STARCOT

- Connect with STARCOT representatives
- Discover job opportunities (over 400 positions)
- Prepare for STARCOT's upcoming hiring event



MAY 12 2:30 PM

FOLLOWING INTERVIEW SKILLS

Army Community Service
6303 Wetzel Ave, Bldg 1526
Fort Carson CO 80913

Register Now!



EVENTS



6303 WETZEL AVE. BLDG. 1526, FORT CARSON, CO 80913



Homeschool Park Day

MAY 29 | 9 A.M. - 12 P.M.

PALMER PARK

We welcome homeschool families from Schriever SFB, Peterson SFB, USAFA and Fort Carson to join your School Liaisons and the Christian Homeschool Educators of Colorado (CHEC) for a fun park day!

Enjoy yard games, crafts and more while connecting with other homeschool families. Come celebrate the end of the school year with us.



FOR MORE INFORMATION, CONTACT
50FSS.FSSL.SLO@US.AF.MIL OR 719-567-6176

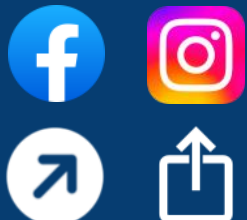
REGISTER ON
SIGN UP GENIUS:



This event is open to homeschooled, school-aged children of DoD I.D. cardholders and their dependent family members.



EVENTS



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FOOD DISTRIBUTION DATES & LOCATIONS



CARE AND SHARESM
FOOD BANK FOR SOUTHERN COLORADO

Fort Carson

600 Chiles Ave.

02 May 2026 | 1000-1130

16 May 2026 | 1000-1130



Norris Penrose Event Center Upper Lot

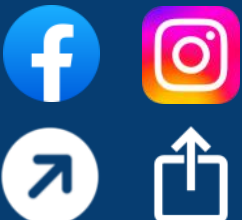
1125 W. Moreno St.

08 May 2026 | 1000-1100

22 May 2026 | 1000-1100



RESOURCES



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ROOTED IN RESILIENCE

MENTAL HEALTH SYMPOSIUM

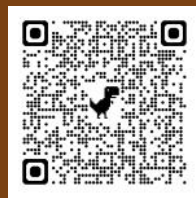
May 29 & 30, 2026

Hosted by:

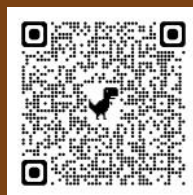


Join us in exploring how individuals and communities develop the inner strength to overcome adversity.

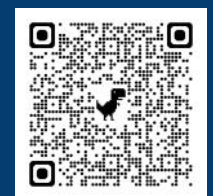
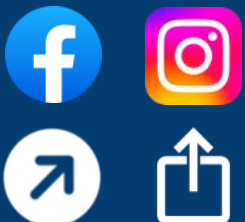
Register for In-Person Event



Register for Virtual Event



RESOURCES





FREE SERVICE COMING THIS SUMMER!

NEW on-demand microtransit service, making it easy to travel around Fort Carson and connect to two convenient off-post locations.

Request an on-demand ride in seconds

Schedule rides in advance

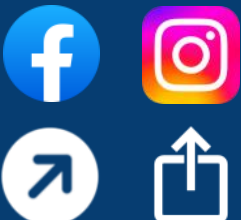
Track your vehicle and receive trip updates



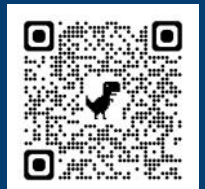
Microtransit service provided by City of Fountain



RESOURCES



6303 WETZEL AVE. BLDG. 1526, FORT CARSON, CO 80913



VIRTUAL



**Tuesday,
May 26th
0930-1030**

(719) 526-0452

TO REGISTER



COFFEE CONVERSATIONS *with Employers*

Where Networking Meets Opportunity

Open to all DoD ID Card holders

Military spouses especially encouraged!

Join us for informal networking with local employers in a relaxed, welcoming setting. Bring your resume (if you have one), ask questions, and explore career opportunities.

Location: Army Community Service

Bldg1526, 6303Wetzel Ave | Room206

In-person attendance highly encouraged (MS Teams option available).
Questions? Please call the Employment Readiness Program



FIND MORE INFORMATION ON OUR WEBSITE

Carson.ArmyMWR.com/ACS



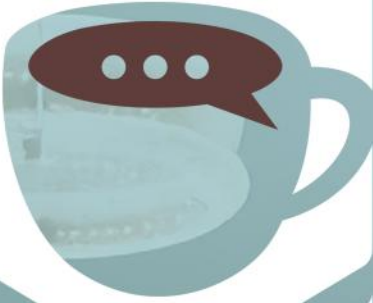
RESOURCES



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TO REGISTER



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RESOURCES



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Help improve the EFMP experience

Share your experience in a 1-hour virtual (Zoom) interview

Are you a service member or someone who helps coordinate care for an EFMP family member? We'd love to hear from you. Researchers at MIT Lincoln Laboratory are speaking to service members with family members enrolled in the EFMP to better understand real experiences and design tools that truly help families.



Why participate?

- Help improve EFMP support tools
- Share your real-world perspective
- Shape future solutions for families

Format: Virtual (Zoom) interview

Length: 1 hour

Scan the QR code to sign up

or go to <https://redcap.link/EFMP>

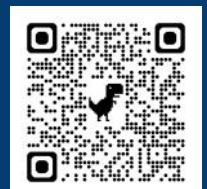
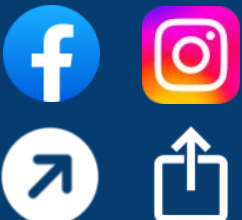
Who can participate:

Service members or family members who help manage care for an EFMP enrollee



INFORMATION

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BASIC KEYBOARDING & COMPUTER SKILLS

Learn how to...

- *sit comfortably at a computer
- *basic finger placement
- *identify specific keys & rows
- *practice simple typing drills
- *build essential keyboarding skills

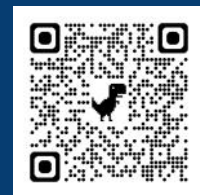
May 5, 2026 10-11am
Education Center, BLDG 1117
1675 Long Street, Fort Carson



FIND MORE INFORMATION ON OUR WEBSITE
Carson.ArmyMWR.com/ACS



INFORMATION





Evans Army Community Hospital
Child and Family Mental Health Services

Provider Spotlight:

Daniel "Todd" Gorrill, LMFT, LPC

Todd is a licensed marriage and family therapist specializing in the assessment and treatment of relational and family-based concerns. At Child and Family Mental Health Services, Todd offers a wide range of supportive services, including:

- Rebuilding stronger, healthier ways of communicating
- Conflict resolution
- Relationship distress and disconnection
- Blended family dynamics
- Life transitions (i.e. relocation, parenthood)
- Coping with grief, loss and family changes
- Rebuilding trust and emotional connections

School Mental Health:

School Mental Health services are available, on location, at the five on-post Fort Carson Schools; Abrams, Mountainside, Patriot, Weikel and Carson Middle School

Our Team:

Angela Bancroft, LMFT
Anne Brtek, PsyD
Anne Marsh, LCSW

Who we serve:

Our services are available to children, adolescents and adult family members of Active Duty service members enrolled in Tricare Prime.

Mental health includes our emotional, psychological and social well-being. At Child and Family Mental Health, we support the growth and development of wellness in our community.



Services offered:
Individual Therapy
Family Therapy
Marital Therapy
School Mental Health
Medication Management



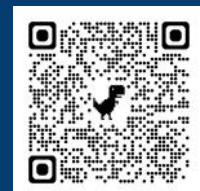
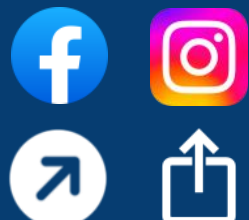
Child and Family Mental Health Services

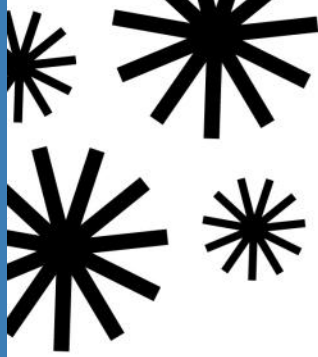
(Soldier Family Care Center)
1650 Cochrane Circle, BLDG 7503
Fort Carson, CO 80913
P: 719-503-7070

<https://evans.tricare.mil/Health-Services/Mental-Health/Child-Family-School-Mental-Health>



INFORMATION





volunteer opportunities

Care and Share Food Bank on Fort Carson

When: 0900 – 1200 on May 2, May 16, June 6, June 20

Where: Old Abrams Elementary (600 Chiles Ave, Fort Carson, CO 80902)

Volunteer Opportunities: Sort food, prepare boxes/bags, maintain a clean and welcome environment, perform intake activities, assist by answering questions load groceries in vehicles.

For more information or to volunteer contact Susanne Watts (Susanne.m.watts2.civ@army.mil)

Log hours on VMIS under Fort Carson Operation Good Samaritan (Off Post)

Site Lead for Care and Share Food Bank on Fort Carson

When: Varies by quarter, current schedule is 1st and 3rd Saturday of the month from 1000-1130 for food distribution. total time is 0900-1200 for packaging food products and site clean up. Where: Old Abrams Elementary (600 Chiles Ave, Fort Carson, CO 80902)

Volunteer Opportunities: Oversee scheduling and distributions, coordinate with installation programs to verify current paperwork, work with Veterinary Services to ensure food is inspected before distribution day, recruit volunteers, and serve as the primary Care and Share contact.

For more information or to volunteer contact Susanne Watts (susanne.m.watts2.civ@army.mil, TEAMS: 520-692-8622) or Brooks A. Joseph (brooks.a.joseph.mil@army.mil, TEAMS: 520-684-4701, cell: (330) 244-7859.

Log hours on VMIS under Fort Carson Operation Good Samaritan (Off Post)

Pet Show hosted by AAFES

Where: The Exchange on Fort Carson (6110 Martinez St, Colorado Springs, 80913)

Volunteer Opportunities: Saturday, May 16 1200 – 1400

- MC: Introduce pets and owners while keeping the show fun, engaging, and moving smoothly.
- Judges: Ensure fair, balanced evaluation across all categories to determine well-deserved winners.

To volunteer please contact:

- Mellon Bryant, Sales Area Manager, Business 719-576-4000 ext 144, bryantmd@MFES.com
- Allan Klingbeil, Store Manager, Business 719-576-4000 ext 101, KlingbeilA@aafes.com

Sign up for VMIS or log onto VMIS. Search for 'Good Samaritan' and log your hours in the 'Fort Carson Operation Good Samaritan (Off Post)' position.

Family Nurturing Center

Where: ACS Annex (1481 Titus Blvd. Bldg. 7492, Fort Carson, CO 80913)

Volunteer Opportunities: Assisting with children's programs

- Nurturing Families through Play: Tuesdays from 1030 – 1230
- Nurturing Parenting: Wednesdays from 930 – 1145 & 1730 – 1945

Sign up for VMIS or log onto VMIS. Search for 'Nurturing' or 'ACS Soldier and Family Readiness'



FIND MORE INFORMATION ON OUR WEBSITE
Carson.ArmyMWR.com/ACS

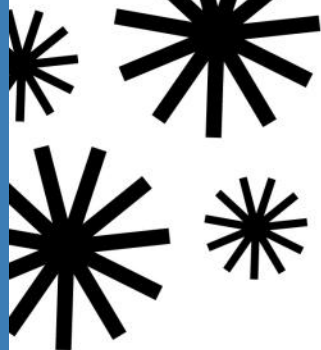


INFORMATION



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volunteer opportunities



Colorado Springs Sports Corp Events

When & Where: Depends on the Event.

Volunteer Opportunities: Colorado Senior Games, Pikes Peak Apex, Labor Day Lift Off, Pikes Peak Regional Airshow and MORE!

To volunteer scan the QR code or visit: <https://www.coloradospringssports.org/volunteer/>

Log hours on VMIS under Fort Carson Operation Good Samaritan (Off Post)



Boys State Volleyball Tournament

Where: Trojan Arena (10725 Trojan Point, Fountain, 80817)

When: May 7 and 8

Volunteer Opportunities: Clock workers will run the game scoreboard, ticket staff will sell tickets on GoFan iPads, bus parking attendants will direct buses, and ushers upstairs and downstairs will manage crowd flow and guide spectators.

To volunteer scan the QR code or visit

<https://docs.google.com/forms/d/e/1FAIpQLSdDYECEpLhW2b5Meyh9t6gd-tqmhwgaVR8hQ6ZlfnnvGZZauA/viewform?usp=publish-editor>

For questions please contact Melissa Smalley at mssmalley@ffc8.org or (719) 382-1652

Sign up for VMIS or log onto VMIS. Search for 'Good Samaritan' and log your hours in the 'Fort Carson Operation Good Samaritan (Off Post)' position.

250th Anniversary of Independence at Bruce McCandless Veterans Community Living Center

When: Saturday, July 4 at 1400

Where: 903 Moore Dr. Florence CO. 81226

Volunteer Opportunities: Visiting with veterans through conversation, storytelling and bonding over their experiences.

To volunteer or find out more contact: Kaylee Todd; (719) 774-2289, Kaylee.todd@state.co.us

Log hours on VMIS under Fort Carson Operation Good Samaritan (Off Post)

Tumbleweeds at the Mountain Post Store

When: Monday–Thursday 1100–1500, Friday 1300–1700, and Saturday 1100–1500

Where: 1510 Chiles Ave, Fort Carson, CO 80913

Volunteer Opportunities: Support daily store operations by opening and closing the store, maintaining coverage during business hours, greeting customers, processing transactions, handling cash accurately, assisting with event setup, and providing customer service to help sustain Military Community vendors.

For more information or to volunteer sign up join Tumbleweeds' volunteer Facebook group called 'Tumbleweeds of the Mountain Post'

Sign up for VMIS or log onto VMIS. Search for 'Tumbleweeds' and apply for the Store Volunteer position.



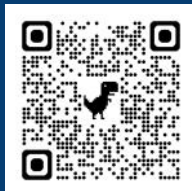
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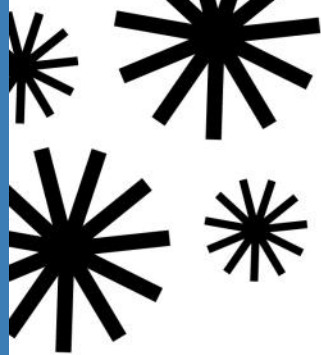


INFORMATION



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volunteer opportunities

CYS Youth Sports Coaches

When: Summer, Fall and Winter sports seasons

Volunteer Opportunities: Coaches/Assistant Coaches

- Football, soccer, cheerleading, volleyball, basketball, tennis, track and more!

Contact Youth Sports at (719) 526 – 4425 to get more information.

Army Community Services Special Events

When: Ongoing

Where: Locations will vary depending on the events. All events will take place on Fort Carson

Volunteer Opportunities: Spring Fest, Freedom Fest, EFMP Trick or Treat and MORE!

Sign up on VMIS to volunteer for our next special event! Search in Opportunities for ACS Special Events

Have a volunteer need? Contact Army Volunteer Corps and fill out our Needs Form.

usarmy.carson.id-readiness.list.dfmwr-acs-army-volunteer-corp@army.mil



Scan QR code or visit VMIS to volunteer today!

VMIS.ArmyFamilyWebportal.com



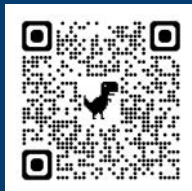
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INFORMATION



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THRIVE WITH YOUR SOLDIER & FAMILY READINESS GROUP!

Your Soldier and Family Readiness Group (SFRG) is here to help you navigate military life.

Classes Available:

SFRG Informal Fund Custodian

CARE Team

General Military Knowledge

Key Contact

SFRG Essentials

Portable Classes

Register Here



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