

MOUNTAIN POST

MAGAZINE

UNITING FAMILIES, ON AND OFF DUTY

JULY - SEPTEMBER | 2025



PUSH YOUR LIMITS. CONQUER THE COURSE.

Tough Mudder 2025 is back—bigger, bolder, and muddier than ever. Think you've got what it takes? —See page 13.

COOL CARS, WAGGING TAILS, AND POOLSIDE FUN!

Don't miss this tail-wagging good time. See pg. 14 for full details!





Welcome to Fort Carson, Colorado – The Mountain Post!
As the sun shines brighter and the days stretch longer, summer brings with it a vibrant energy—perfect for adventure, connection, and creating lasting memories. On behalf of the Directorate of Family and Morale, Welfare, and Recreation (DFMWR), I invite you to make the most of this exciting season here at Fort Carson.

Summer is a time to explore all that the Mountain Post has to offer. Whether you’re cooling off at our outdoor pool, heading into the Rockies with Outdoor Recreation, enjoying live music at Freedom Fest, or simply relaxing with family and friends, our team is here to support your well-being and enhance your experience every step of the way.

At DFMWR, we remain committed to providing programs and resources that inspire growth, build resilience, and strengthen our community. From youth camps and fitness challenges to entertainment and recreation, we aim to offer something for everyone—military families, service members, and civilians alike.

Thank you for being part of the Fort Carson community. Here's to a summer filled with fun, adventure, and unforgettable moments.
Welcome to Fort Carson – where your story continues to grow.

Sincerely,
Ryan J. Noble
Director of DFMWR

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Got Socials?

Stay connected with the latest updates, events, and community news by following Fort Carson MWR on Facebook and Instagram (@CarsonMWR). From family fun to fitness challenges, our social media platforms keep you informed and engaged. Join our online community and be part of the conversation with "Mountain Post Magazine" and Fort Carson MWR—your go-to source for everything happening at Fort Carson!



SCAN HERE
FOR MORE
INFO!

Sponsor our Team!

Our events are a great opportunity to reach the Fort Carson and surrounding military community, as well as the general Colorado Springs community.

There are multiple sponsorship levels available:

- Title Sponsor (exclusive right, first come, first served)
- Event Sponsor
- Booth Sponsor

For more information, you can request a Sponsorship Deck by scanning our QR Code below!



YOUTH OF THE YEAR
FEATURING
Precious Mae Llena



The National Youth of the Year program is a comprehensive youth leadership development program organized by the Boys and Girls Club of America, with which Fort Carson Youth Center is partnered. Youth of the Year recognizes young people for their outstanding leadership, service, academic excellence, and dedication to health and wellbeing. Thousands of teens participate in local, state and regional events, where winners are eligible for scholarships and other prizes. Five regional winners and one national military youth winner advance to the National Youth of the Year Celebration, where one outstanding teen is named Boys & Girls Clubs of America's national teen spokesperson.

Megan Martinez joined the Fort Carson CYS family in October and has since kickstarted the initiative to encourage participation in this prestigious event, which is open to all Youth Center program participants from grades 9-12. She has also initiated a "Youth of the Month" and "Staff of the Month" awards for the Youth Center, to encourage all participants to thrive even if they aren't yet eligible for Youth of the Year.

"We really want to get the younger youth involved, and since they can't participate in Youth of the Year, we have Youth of the Month to recognize them," Martinez stated, "to acknowledge the good things that they're doing and help set them up to be good community members."

The staff votes on the Youth of the Month, and the youth in turn vote for their Staff of the Month, as an opportunity to feel that their voices are also heard and empowered. Martinez believed having a youth recognition program is very important. "If you recognize the youth for the positive things they're doing, it makes them feel good; it boosts their self esteem, their self confidence."

Recruitment and the application process for Youth of the Year begins in the fall at the start of the school year, with a nomination around January to prepare for the state competition at the end of the school year. Martinez describes the process as "very intense. You have to be able to do public speaking, you'll write essays, you'll do a resume, volunteer hours. So there's a lot that goes into it." The Youth Center staff aids any interested teens in filling out their applications and guiding them through the necessary tasks and criteria, then conducts an interview process with volunteers from the community.

The last Youth of the Month, Precious Mae Llena, also happens to be Youth Center's nominee for Youth of the Year. Precious was surprised to realize she had been chosen. "I never thought of myself to be much of a speaker," she admitted. "I get nervous and trip over my words." But her actions speak much louder than words, demonstrating kindness and leadership through her role in the Youth Center's Keystone Club. She is lauded by the Youth Center staff as "outstanding, always willing to step up and help."

Precious also spends time volunteering for the Red Cross. As a first-generation American from a family of immigrants, Precious places great importance on supporting her family and her community, as well as those in need. "I would like to explore more about medical care, especially since I wanted to work within humanitarian aid," Precious explained. "My family has always given back to the family, the community, and the street children in the Philippines. I wish to contribute to something like that, but also potentially doing it for other parts of the world where they really need it."

When asked what made her decide to apply for Youth of the Year, Precious said she realized it was a good opportunity to step out of her comfort zone, speak out for what she believes in, and potentially inspire others to do the same. "Real change is a slow process and it starts within us and locally," she added. "Shout out to friends, family, and my best friend Koby Bolton for supporting me."

In the four essays she wrote for her Youth of the Year submission, Precious advocates learning to empathize, treating others with respect and care, and working together to overcome challenges. *"Everyone has their own struggles, and some don't have the confidence or opportunity to speak up. That's when I realized that I want to be an advocate for those who don't have a voice," she states. "I believe we all have a responsibility to support one another. If we don't lift each other up, who will?"*

COMMUNITY HIGHLIGHT
FEATURING

SSG CALEB SECHLER



A Tribute in Sweat and Strength: SSG Sechler Leads the Charge in the 20th Anniversary Murph Challenge

The Murph Challenge is an annual fundraiser of the LT. Michael P. Murphy Memorial Scholarship Foundation, held around Memorial Day in honor of LT. Michael P. Murphy, a United States Navy SEAL and Medal of Honor recipient who died in combat in 2005 while protecting his men.

LT. Murphy was the officer-in-charge of a four-man SEAL element in support of Operation Red Wings in Asadabad, Afghanistan. Despite suffering grave gunshot wounds during an intense firefight, Murphy risked his own life to save the lives of his teammates, moving through extreme open terrain and knowingly exposing himself to increased enemy gunfire to transmit a call to headquarters for assistance. He completed the call despite being shot in the back, returned to his cover position with his men, and continued firing back at the enemy while severely wounded. Due to Murphy's heroic efforts, one member of his team was able to escape to safety.

LT. Murphy's sacrifice and memory, as well as that of his men lost in Operation Red Wings, is honored through this annual challenge, which consists of a beginning 1 mile run, 100 pullups, 200 push-ups, 300 squats, and ends with a second 1 mile run, all completed while wearing body armor or a 20 lb weight vest. Participants are pushed to their limits and encouraged to keep pushing through the pain and exhaustion, a powerful reminder of the sacrifices made by our military and a testament to the strength and resilience of the human spirit.

The Murph Challenge 2025 marks the 20th year anniversary of Operation Red Wings. This year's winner here at Fort Carson is SSG Caleb Sechler. This was his second time participating in the Murph Challenge, first time winning. Sechler admitted he does not regularly participate in other workout competitions, explaining that he mainly trains for his own sake, "to keep my head straight." He was originally made aware of the The Murph Challenge through flyers and advertisements catching his eye while working out.

"I knew it was one of the bigger work outs people participated in, and all the movements were simple enough," he explained. "I figured it would be a good challenge."

When Sechler crossed the final finish line he was surprised how smoothly the challenge went, shocked to find he was the winner, and quite happy with the time he achieved. He had just returned from a training school out of state a week prior, and didn't feel as if he had reacclimated yet to the altitude and only had a few other workouts before attempting the challenge.

He felt the easiest part had been the initial run, treating it like a quick warm-up while he was not too tired. The most difficult part for Sechler was staying at a consistent pace throughout the challenge, reminding himself to not pause too long and maintaining the determination to finish, telling himself "I still have a lot on my plate to complete."

Sechler closed his remarks by encouraging participation in future challenges: "Anybody should give it a shot: half Murph, full Murph, give it a shot, push yourself to something better."



Army Community Service

Hours of Operation:

Mon, Tue, Thur, Fri: 8 A.M. - 4:30 P.M.

Wed: 9 A.M. - 4:30 P.M.

Sat-Sun: CLOSED

Phone: (719) 526 - 4590

DSN: (312) 526 - 4590

Address: 6303 Wetzel Ave,

BLDG 1526, Fort Carson

Website:

www.carson.armymwr.com/ACS



Classes

Army Community Service (ACS) has over 100 classes and events for you and your family this quarter! See all that they have to offer and more by scanning our QR code.

July 2025 Events:

- Boot Camp For New Dads – July 1 | 9 a.m. – 12 p.m.
- Boot Camp For New Moms – July 15 | 9 a.m. – 12 p.m.
- Financial Strength Budgeting 101 – July 1 | 9:30 – 11 a.m.
- Infant Massage & Baby Nurturing – July 1, 8, 15, 22 | 9:30 – 11 a.m.
(Includes Infant Massage 9:30–10:15 a.m., Baby Nurturing 10:15–11 a.m.)
- Child Support Walk-ins – July 1 | 1 – 4 p.m.
- IDES and SRU Soldiers Brief – July 2 | 10 a.m. – 12:30 p.m.
- Financial Touchpoint Training – July 2 & 10 | 11 a.m. – 12 p.m.
- PCS 101 – July 2 | 12 – 12:30 p.m.
- Mountain Post Welcome – July 2, 9, 16 | 1 – 2 p.m.
- Toddler Time – July 3, 10, 17, 24, 31 | 9:30 – 11 a.m.
- Thrift Savings Plan (TSP) Class – July 3 | 1 – 2 p.m.
- Navigating the USCIS Website – July 7, 21 | 12 – 12:30 p.m.
- WIC Walk-ins – July 7 | 1 – 3:30 p.m.
- Cooperative Parenting and Divorce Class – July 8 | 9 a.m. – 1 p.m.
- Understanding Your Credit Score – July 9 | 10 – 11 a.m.
- Blended Family Parenting – July 9, 23 | 12 – 1:30 p.m.
- Sole Parenting Info & Support Group – July 9 | 12 – 1:30 p.m.
- Federal Resume 101 – July 9 | 1:30 – 2:30 p.m.
- Play Group – July 11, 18, 25 | 10 a.m. – 12 p.m.
- SFRG Informal Funds Custodian Training – July 16 | 10 – 11:30 a.m.
- Destination Europe – July 17 | 12 – 12:30 p.m.
- Homebuyers Workshop – July 23 | 1 – 4 p.m.
- Relationship Preventative Maintenance – July 23 | 1 – 3 p.m.
- Digital Portfolios – July 24 | 10 a.m. – 11 a.m.
- New Volunteer Orientation, VMIS, and OPOC Training – July 30 | 1:30 – 3 p.m.



August 2025 Events:

- Play Group – Aug 1, 8, 15, 22 | 10 a.m. – 12 p.m.
- WIC Walk-ins – Aug 4 | 1 – 3:30 p.m.
- Boot Camp For New Dads – Aug 5 | 9 a.m. – 12 p.m.
- Command Family Readiness Representative (CFRR) Academy – Aug 5–6 | 9 a.m. – 4:30 p.m. (both days)
- Financial Strength Budgeting 101 – Aug 5 | 9:30 – 11 a.m.
- Infant Massage & Baby Nurturing – Aug 5 | 9:30 – 11 a.m.
(Includes Infant Massage 9:30–10:15 a.m. | Baby Nurturing 10:15–11 a.m.)

Continued

- Sponsorship Training – Aug 5 | 9:30 – 10:30 a.m.
- Blended Family Parenting – Aug 6 & 20 | 12 – 1:30 p.m.
- Thrift Savings Plan (TSP) Class – Aug 7 | 1 – 2 p.m.
- Cooperative Parenting and Divorce Class – Aug 12 | 9 a.m. – 1 p.m.
- Healthy Environments – Aug 12 | 10 – 11:30 a.m.
- Understanding Your Credit Score – Aug 13 | 10 – 11 a.m.
- Sole Parenting Info & Support Group – Aug 13 | 12 – 1:30 p.m.
- Mountain Post Welcome for Spouses and Families – Aug 13 | 1 – 2 p.m.
- Toddler Time – Aug 14 | 9:30 – 11 a.m.
- Boot Camp for New Moms – Aug 19 | 9 a.m. – 12 p.m.
- SFRG Informal Funds Custodian Training – Aug 20 | 10 – 11:30 a.m.
- SFRG Key Contact Training – Aug 21 | 10 – 11:30 a.m.
- Introduction to Entrepreneurship: Building Your Business from the Ground Up – Aug 26 | 8 a.m. – 4 p.m.
- Baby Sign Language – Aug 26 | 9 – 10:30 a.m.

September 2025 Events:

- Boot Camp For New Dads – Sep 2 | 9 a.m. – 12 p.m.
- Financial Strength Budgeting 101 – Sep 2 | 9:30 – 11 a.m.
- Infant Massage & Baby Nurturing – Sep 2, 9, 16 | 9:30 – 11 a.m.
(Includes Infant Massage 9:30–10:15 a.m. | Baby Nurturing 10:15–11 a.m.)
- Blended Family Parenting – Sep 3 | 12 – 1:30 p.m.
- Mountain Post Welcome for Spouses and Families – Sep 3 & 10 | 1 – 2 p.m.
- Toddler Time – Sep 4 | 9:30 – 11 a.m.
- Thrift Savings Plan (TSP) Class – Sep 4 | 1 – 2 p.m.
- Play Group – Sep 5, 12, 19 | 10 a.m. – 12 p.m.
- Navigating the USCIS Website – Sep 8 | 12 – 12:30 p.m.
- Cooperative Parenting and Divorce Class – Sep 9 | 9 a.m. – 1 p.m.
- IDES and SRU Soldiers Brief – Sep 10 | 10 a.m. – 12:30 p.m.
- Sole Parenting Info & Support Group – Sep 10 | 12 – 1:30 p.m.
- Federal Resume 101 – Sep 10 | 1:30 – 2:30 p.m.
- Boot Camp for New Moms – Sep 16 | 9 a.m. – 12 p.m.
- SFRG Informal Funds Custodian Training – Sep 17 | 10 – 11:30 a.m.
- Destination Europe – Sep 18 | 12 – 12:30 p.m.



Empower yourself and your family with ACS – Real-Life Solutions for Successful Army Living
Visit us today to learn more!



Auto Skills

Hours of Operation:
Wed-Fri: 10 A.M.- 8 P.M.
Sat: 8 A.M. - 6 P.M.
Sun-Tue: CLOSED

Phone: (719) 526 -2147

DSN: 526 - 2147

Address: 7001 Wetzel Ave,
BLDG 2427, Fort Carson

Website:
<https://carson.armymwr.com/auto>



Class Schedule & Details

Coolant/Heating System | July 17 6 p.m. - 8 p.m. | Free

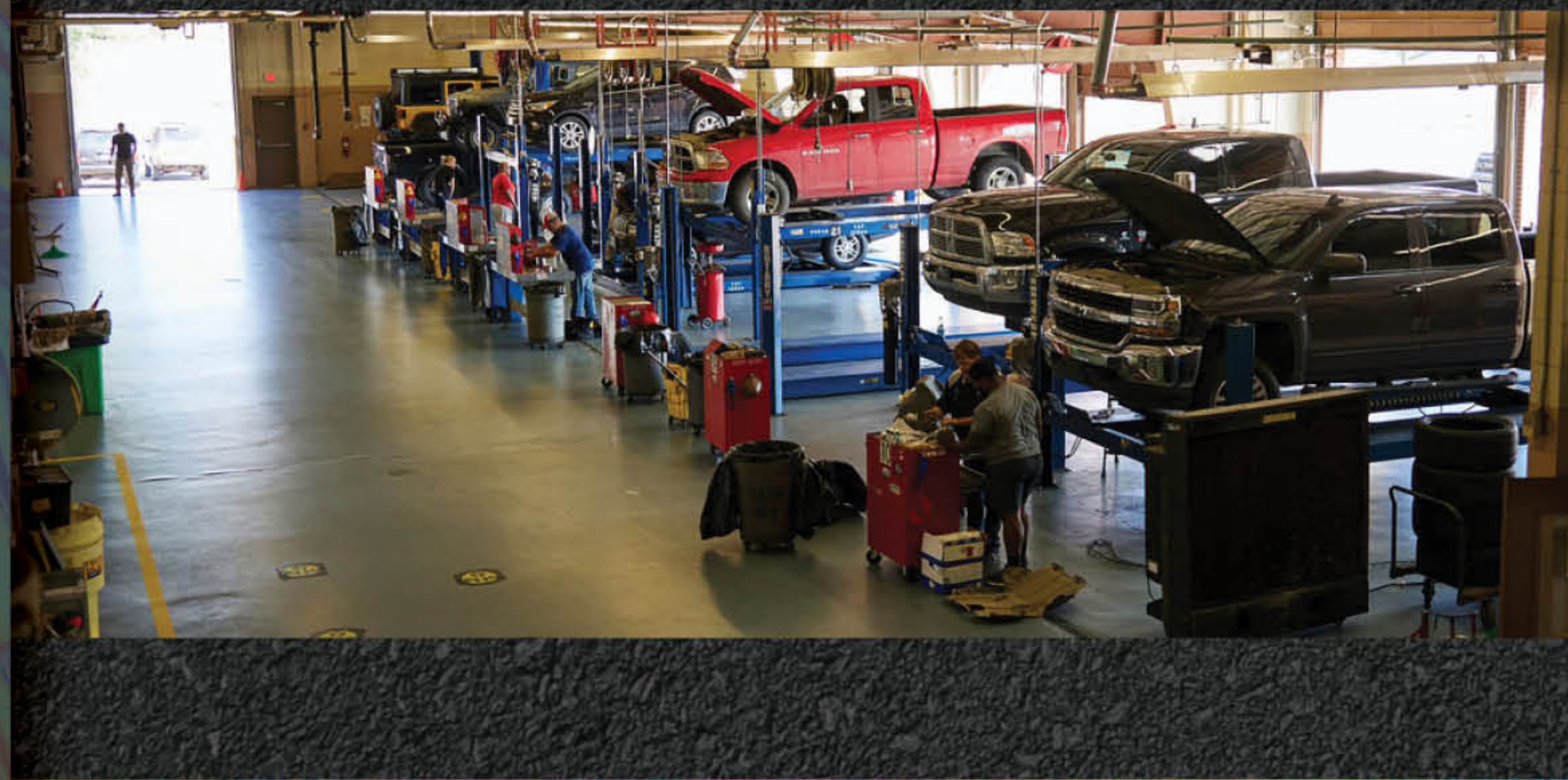
Overview of vehicle cooling/heating systems. Checking the proper operation of the heating system and ensuring correct boil-over/freeze protection of the coolant. Learn the only true method to determine if your antifreeze requires changing.

Steering & Suspension | Aug. 14 6 p.m. - 8 p.m. | Free

Overview of vehicle braking systems. Checking for proper adjustment and operation of the braking system. Instructor will demonstrate the proper technique for checking brake fluid to determine if it needs to be changed/flushed. Learn why brake fluid color is not a reliable indicator for fluid flushing, and the true method to determine if a flush is needed.

Welding | Sept. 18 | 6 p.m. - 8 p.m. Free

Overview of checking the oil, transmission, brake system, wipers, power steering system, and tire pressure. Learn how to determine the cause of abnormal tire wear and why your vehicle may pull to the left or right.



July Events

BOSS Bowling Nights
Dates: July 2 & 16
Time: 6 – 9 p.m.
Location: Thunder Alley Bowling Center
Free Bowling and shoe rentals, Open to BOSS eligible soldiers.

Magic: The Gathering
Date: July 3, 10, 17, 24 and 31
Time: 6 – 9 p.m.
Location: BOSS Lounge
Card game in which players take turns battling one another by casting spells, summoning creatures and using artifacts depicted on individual cards.

Dungeons & Dragons Adventure League
Dates: July 10 and 24
Time: 6 – 9:30 p.m.
Location: BOSS Lounge
Tabletop role playing game. A collective joint sharing experience exploring the depths of space and all its fantasy details specific for Adventure League.

Whitewater Rafting with ODR
Date: July 12
Time: 7 a.m. – 3 p.m.
Location: Bighorn Sheep Canyon, transportation will be provided.
Price: \$50

Habitat for Humanity volunteer event
Date: July 19
Time: 12:45 - 4:30 p.m.
Location: 868 Bidwell Drive, Colorado Springs, CO 80915
Join BOSS as we volunteer with Habitat for Humanity at one of their construction sites.



Services

Come join us at the BOSS Lounge:
Located on Fort Carson, the BOSS Lounge is a dedicated facility for single soldiers, offering a relaxing and welcoming environment. Enjoy a variety of amenities including comfortable seating, gaming consoles, pool tables, and free Wi-Fi. The lounge is a perfect spot to unwind, socialize, and take part in organized events and activities designed to enhance the quality of life for our single soldiers.



***DATES SUBJECT TO CHANGE**

BOSS

Hours of Operation:
Mon: CLOSED
Tues-Fri: 10 A.M. - 6 P.M.
Sat: 1 - 8 P.M.
Sun: CLOSED

Phone: (719) 524 - 5202

DSN: 524 - 5202

Address: 6391 Chiles Ave,
BLDG 1511, Fort Carson

Website:
www.carson.armymwr.com/BOSS

BOSS
BETTER OPPORTUNITIES
FOR SINGLE SOLDIERS

Elkhorn Catering & Conference Center

Hours of Operation:
Mon-Fri: 8 A.M. - 4:30 P.M.
Sat-Sun: CLOSED
Phone: (719) 526 - 4071
DSN: 526 - 4071
Address: 1725 Woodfill Rd,
BLDG 7300, Fort Carson
Website:
www.carson.armymwr.com/eccc

Ready to book with us?
Scan Here to fill out our
Client Booking Form!



Services & Events

The Elkhorn Catering and Conference Center (ECCC) is your go-to venue for any event, offering full-service catering and a versatile conference center. Our elegant ballroom can accommodate up to 250 guests for a seated meal or up to 350 for a conference setup. We also provide off-site catering to various locations, including the Hub and the William "Bill" Reed Special Events Center, both on and off the Fort Carson installation.

Our services cover a wide range of events, from formal catered banquets and casual interactive festivities to community-based programs and special events. You can also choose to rent our facility and take advantage of our bar services. The ECCC provides an upscale atmosphere perfect for your most elegant gatherings, with full AV support available upon request.



ELKHORN CATERING AND CONFERENCE CENTER ROOMS

Room Size	Room Name	Location
Small Room 30 PAX	Aspen	ECC
	Elkhorn	ECC
Medium Room 31 - 75 PAX	Cheyenne	ECC
	Columbine	ECC
	Conifer	ECC
	Ivy	ECC
	Dining Room	HUB
	Classroom	HUB
	Colorado	ECC
Large Room 76 - 200 PAX	Theatre or Bar Area	HUB
	Grand Ballroom	ECC
XL Room 201+ PAX	Full Bar with Classroom	HUB
	Bar / Theatre / Classroom	HUB
Full Facility Rental	Elkhorn Conference Center	ECC

BILL REED SPECIAL EVENT CENTER ROOM RENTAL

Full Facility Rental	Calendar Year
Holiday: 4 Hour Blocks <small>Thanksgiving - Christmas (Facility is decorated for the holidays)</small>	7 A.M. - 12 P.M. or 1 P.M. - 6 P.M.

The Hub

The Hub offers a variety of spaces perfect for meetings and conferences. Our Theater Room can seat up to 250 individuals in a classroom-style setup, while the Dining Room accommodates up to 75. The U-Room fits up to 150 people classroom-style and has 25 power outlets for computer use. For social gatherings, the Hub's main area can host up to 200 guests, with space for an additional 75 guests on the patio.



Special Events Center

The Special Events Center, centrally located on Fort Carson, can accommodate up to 700 people. This venue is ideal for Brigade or Battalion Org Days, large-scale annual or mandatory trainings, hiring fairs, expos, and deployment and re-deployment fairs. Full AV support is available upon request.



The Hub

Hours of Operation:
Mon-Fri: 8 A.M. - 4:30 P.M.
Sat-Sun: CLOSED
Phone: (719) 526 - 4071
DSN: 526 - 4071
Address: 6371 Specker Avenue
BLDG 1532, Fort Carson
Website:
www.carson.armymwr.com/programs/hub

Special Events Center

Hours of Operation:
Mon-Fri: 8 A.M. - 4:30 P.M.
Sat-Sun: CLOSED
Phone: (719) 524 - 1163
DSN: 524 - 1163
Address: 6550 Specker Avenue, BLDG
1829 Fort Carson
Website:
www.carson.armymwr.com/programs/william-reed-special-events-center

Grant Library

Hours of Operation:

Tues-Sat: 9 A.M.-5P.M.

Sun-Mon: CLOSED

Library Hours Update

(Effective August 11):

Monday–Saturday: 9 A.M. – 5 P.M.

Wednesday: 9 A.M. – 6 P.M.

Phone: (719)526-2350/2842

DSN: 526-2350/2842

Address: 1637 Flint St,

BLDG 1528, Fort Carson

Website:

[https://carson.armymwr.com/
GrantLibrary](https://carson.armymwr.com/GrantLibrary)

Events

SUMMER READING PROGRAM

July Weekly Events

Tuesdays | 10:30 a.m. - Art at the Library

Wednesdays | 10:30 a.m. - Lego Club

Thursdays | 10:30 a.m. - Storytime with guest readers

July Special Events

July 12 | 10:30 a.m. - Ivy Gym Pickleball or Rock Climbing

July 18 | 10:30 a.m. - Bowling in the Library

July 19 | 9:30 a.m. - Pool

July 25 | 10:30 a.m. - Olympics at the Library

July 26 | 11 a.m. - Finale

No Events July 1-5



Events

August Special Events

Aug 2 | 1 p.m. – 4:30 p.m. – Family Board Game Day

All ages welcome. Enjoy new board games spread throughout the library. No registration required.

Aug 9 | 11 a.m. – 1 p.m. – Back to School Event

In partnership with the Fort Carson Education Center and DFMWR.

Includes resources, crafts, and a scavenger hunt.

Please register by calling 719-526-2350/2842.

Aug 23 | 10 a.m. – 1 p.m. – Dungeons & Dragons Resumes – All ages welcome. Join us for the return of D&D sessions



September Weekly Events

Tuesdays | 10:30 a.m. – 11 a.m. – Lapsit – Ages 0–36 months.

Wednesdays | 3 p.m. – 4:30 p.m. – LEGO Club – All ages welcome.

Thursdays | 10:30 a.m. – 11:30 a.m. – Story Time – For ages 3–5.

September Special Events

September 6 | 11:00 AM – 1:00 PM – Kids Craft – All ages.

September 13 | 11:00 AM – 1:00 PM – Cooking with Kids – Two time slots available.

September 19 | 2:00 PM – Homeschool Hangout – All ages. Held at the Patriots Chest.

September 20 | 10:00 AM – 1:00 PM – Dungeons & Dragons – All ages welcome.

September 27 | 2:00 PM – Adult Book Club – Join us for great reads and discussion.



Special Events

Website for vendors:

<https://carson.armymwr.com/programs/special-events-team>

TOUGH MUDDER 2025



The Directorate of Family and Morale, Welfare and Recreation is excited to bring you Tough Mudder to Fort Carson, an adrenaline-pumping obstacle race that will push your limits in every way imaginable.

Complete between 2 different races:
15K - 20+ Obstacles or 5K - 12+ Obstacles

Date: September 27 & 28
Location: Training Areas 2 & 4,
North Side of Wilderness Rd,
Fort Carson, CO 80913

Don't miss out on this epic adventure!
For more information and to register,
visit Tough Mudder Colorado.



IN PARTNERSHIP WITH
DFMWR & U.S. OLYMPIC & PARALYMPIC MUSEUM

Date: July 11
Location: Iron Horse Park
Time: Event opens at 7:30 p.m.
Movie begins at 8:30 p.m.

Relive the legendary story of the 1980 U.S. Men's Olympic Hockey Team and their jaw-dropping upset against the Soviets. An inspiring film for the whole family about grit, teamwork, and belief. Grab dinner from one of several local food trucks, bring your chairs, cozy blankets and enjoy this family friendly film under the stars.

Date: Aug. 2
Location: Iron Horse Park
Time: 7 p.m. - 10 p.m.

Get ready to light up the night at Glo-chella, Fort Carson's vibrant glow-in-the-dark celebration! Join us for an electrifying evening featuring a pre-run Zumba class, an 8 p.m. glowrun, and nonstop entertainment with a live DJ and local food trucks.

Purchase an official Glo-chella shirt and receive a glow stick to shine bright on the course. Whether you're dancing, running, or just vibing —this is your moment to glow!

Date: Sept. 6
Location: Parking Lot west of Pershing Field
Time: 9:30 a.m. - 2 p.m.

Celebrate the dog days of summer with us at Wags and Wheels—a paw-some event packed with tail-wagging fun and horsepower! Bring your pups to splash around in our dog pool, test their skills on the agility course, and enjoy water toys, bounce houses, and more.

While the pups play, check out an impressive car show with pre-registration at \$30 or \$40 the day of. Entry for the dog splash zone is just \$3!

Enjoy food trucks, a live DJ, and fun for the whole family—four-legged friends included!



Child & Youth Services

Website:
www.carson.armymwr.com/CYS

PARENT CENTRAL
Hours of Operation:
Mon,Tue,Thur,Fri: 8 A.M. - 6 P.M.
Wed: 8 A.M. - 8 P.M.
Sat & Sun: CLOSED
Phone: (719) 526 - 1101/8220
Address: 1352 Ellis St.
BLDG 5939, Fort Carson

EAST CDC (6w-5y)
Hours of Operation:
Mon-Fri: 5:45 A.M. - 6 P.M.
Sat & Sun: CLOSED
Phone: (719) 526 - 5977/5978
Address: 6330 Coleman Ave.
BLDG 6058, Fort Carson

WEST CDC (6w-5y)
Hours of Operation:
Mon-Fri: 5:45 A.M. - 6 P.M.
Sat & Sun: CLOSED
Phone: (719) 524 - 0151/0152
Address: 1504 Coleman Ave
BLDG 6060, Fort Carson

MONARCH CDC (6w-5y)
Hours of Operation:
Mon-Fri: 5:45 A.M. - 6 P.M.
Sat & Sun: CLOSED
Phone: (719) 503 - 5020/2021
Address: 7334 Womack St.
BLDG 2764, Fort Carson



Child Development Center

Summer Fun at Our Child Development Centers!
Soak up the sunshine with exciting seasonal activities designed just for our little ones currently enrolled. Let’s make this summer full of laughter, learning, and unforgettable memories!

West CDC:

- July, – Summer Fun at West
- August 1 – Back to School Fun
- September 12 - Fall Festivities

East CDC:

- July – Hometown Heroes
- August – End of Summer Bash
- September – Fall Favorites
- July – Water Play Thursdays
- August 29 – End of Summer Bash
- September 26 – Ice Cream Social

Monarch CDC:

- July – Summer Safety
- August – Back to School Bash
- September – Fall Fun

Cheyenne Mountain CDC:

- July 25 - Color Run
- August 3 -Back to School Open House
- September - Fall Festival

School Age Care

Patriot SAC:
Summer Camps will begin May 27 through July.

- July – Water Play Fridays
- August – Back to School Bash
- September – Family Game Night

Youth Center

Jump into the excitement at the Youth Center this Summer!
From July through September, we’re hosting a variety of fun activities, including:

Water Wednesdays
Every Wednesday in July | 2 – 4 p.m.

Youth Leadership Forum
July 16 | 2 – 6 p.m.

Back to School Bash
August 8 | 4 – 8 p.m.

Friday Night Hoops Return
September 5 and every 1st Friday | 6 – 10 p.m.

Postcards to Grandparents
September 5

Youth Sports



To register, please visit Webtrac or Parent Central inbuilding 5939.
Appointments can be made by calling (719) 526-1101.
**A sports physical is required for all Youth Sports Activities.*

Sport	Registration Date	Ages & Cost	First Practice	Final Game
Volleyball	June 30 - Aug. 1	7 - 15 yrs. \$65	Aug. 25	Oct. 18
Fall Soccer Dev.	June 30 - Aug. 1	3 - 4 yrs. \$30	Aug. 25	Oct. 18
Fall Soccer	June 30 - Aug. 1	5 - 18 yrs. \$65	Aug. 25	Oct. 18
Fall Cheerleading Dev.	June 30 - Aug. 1	3 - 4 yrs. \$30	Aug. 25	Oct. 18
Fall Cheerleading	June 30 - Aug. 1	5 - 18 yrs. \$65	Aug. 25	Oct. 18
Fall Flag Football	June 30 - Aug. 1	5 - 18 yrs. \$65	Aug. 25	Oct. 18



FCC & School Support Services

Launch Your Career from Home with Fort Carson Family Child Care

Fort Carson's Certified Family Child Care (FCC) Provider program makes it easy to start your own business while supporting military families.

Why Join?
Bonuses: Earn a \$1,000 recruitment bonus and an additional \$1,000 when relocating to another garrison.
Support: Receive free training with complimentary childcare for your children during the training period.
Steady Income: Start receiving payments for 11 months once certified and open for care.

Ready to get started?
Contact Catalina Cole for more information and to obtain the FCC package:
(719) 524-2457 | catalina.m.cole.naf@army.mil

Advance School Enrollment for Military Dependents

Inbound active-duty military members with orders to a Department of Defense installation in Colorado can utilize specific legislation to enroll their dependents in school remotely.

Key Highlights:
Remote Enrollment: Families can enroll electronically without appearing in person.
Residency Requirements: Orders cannot be used to establish residency, but enrollment may use the School Liaison Office address.
Required Documentation: Enrollment forms, proof of residency, and disciplinary records (due within 10 days of attendance).
Enrollment Opportunities: Access to specific schools, programs, courses, charter school enrollment, and open enrollment.

Additional Benefits: Guaranteed matriculation within the school or district.
Priority enrollment for younger siblings in future school years.
For more details on how this legislation applies to school registration in Colorado, contact the School Liaison Officer: (719) 526-2463

IVY CDC (6w-5y)
Hours of Operation:
Mon-Fri: 5:45 A.M. - 6 P.M.
Sat & Sun: CLOSED
Phone: (719) 503 - 8202/8203
Address: 1840 Prusman Ave
BLDG 2764, Fort Carson

Cheyenne Mountain CDC (6w-5y)
Hours of Operation:
Mon-Fri: 5:45 A.M. - 6 P.M.
Sat & Sun: CLOSED
Phone: (719) 526 - 5838
Address: 1420 Grand Staff St
BLDG 4790, Fort Carson

MESA SAC (K-5th grade)
Hours of Operation:
Mon-Fri: 5:45 A.M. - 6 P.M.
Sat & Sun: CLOSED
Phone: (719) 524 - 2985/2986
Address: 1420 Grand Staff St
BLDG 4790, Fort Carson

Patriot SAC (K-5th grade)
Hours of Operation:
Mon-Fri: 5:45 A.M. - 6 P.M.
Sat & Sun: CLOSED
Phone: (719) 526 - 5424
Address: 7009 Harr Ave
BLDG 6203, Fort Carson

FCC (4w-12y)
Phone: (719) 524 - 2457
Address: 1352 Ellis St.
BLDG 5939, Fort Carson

Youth Sports (3y – 12y)
Hours of Operation:
Mon-Fri: 5:45 A.M. - 6 P.M.
Sat & Sun: CLOSED
Phone: (719) 526 - 4425
Address: 6181 Ware St.
BLDG 5950, Fort Carson

Youth Center (6th grade – 12th grade)
Hours of Operation:
Fall Hours
Open Rec: Mon-Thur 3 - 8 P.M.
Open Rec: F 3 -10 P.M.
Saturday CLOSED
Phone: (719) 526 - 2680
Address: 6181 Ware St.
BLDG 5950, Fort Carson

JOIN CYS AT FORT CARSON AND FALL INTO A REWARDING CAREER!

Fort Carson's Child and Youth Services (CYS) is hiring passionate professionals to support and care for the children of our military community in Colorado Springs, CO.

Why Work with CYS?

Impactful Work: Help foster the growth and well-being of military children.

Career Growth: Enjoy access to training and career development.

Comprehensive Benefits: Health benefits and retirement plans available.

Supportive Team: Join a dedicated group that values commitment and excellence.

Available Positions

We are currently seeking:

- Childcare Providers
- Youth Program Assistants
- Education Technicians

**Scan Here to view all
current positions and
openings** →



PARTNER WITH PURPOSE

Build Brand Awareness While Supporting the Fort Carson Community

Looking to grow your business and give back? Sponsorship through DFMWR is a powerful way to connect with the Soldiers, Families, and civilians who call Fort Carson home.

From large-scale events like Freedom Fest and Oktoberfest to seasonal publications like Mountain Post Magazine, our programs offer high-impact exposure through print, digital, and in-person opportunities.

Why Sponsor With Us?

- Targeted Reach: Engage directly with a loyal, military-connected audience.
- Flexible Packages: Booths, print ads, social media mentions, and more.
- Community Impact: Your support helps us provide free, morale-boosting events year-round.

Sponsorship Snapshot

- \$140k+ raised through Freedom Fest sponsors in 2024
- 33.6k Followers on our Facebook page
- 4.4k Followers on Instagram
- 54k visits on our website monthly.

Let's Work Together

Become part of something meaningful.

Learn more at <https://carson.armymwr.com/sponsorship>

Contact: dfmwr-sponsorship@army.mil





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Alec Miller | 303-583-1500

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ONLINE AUCTION SITE

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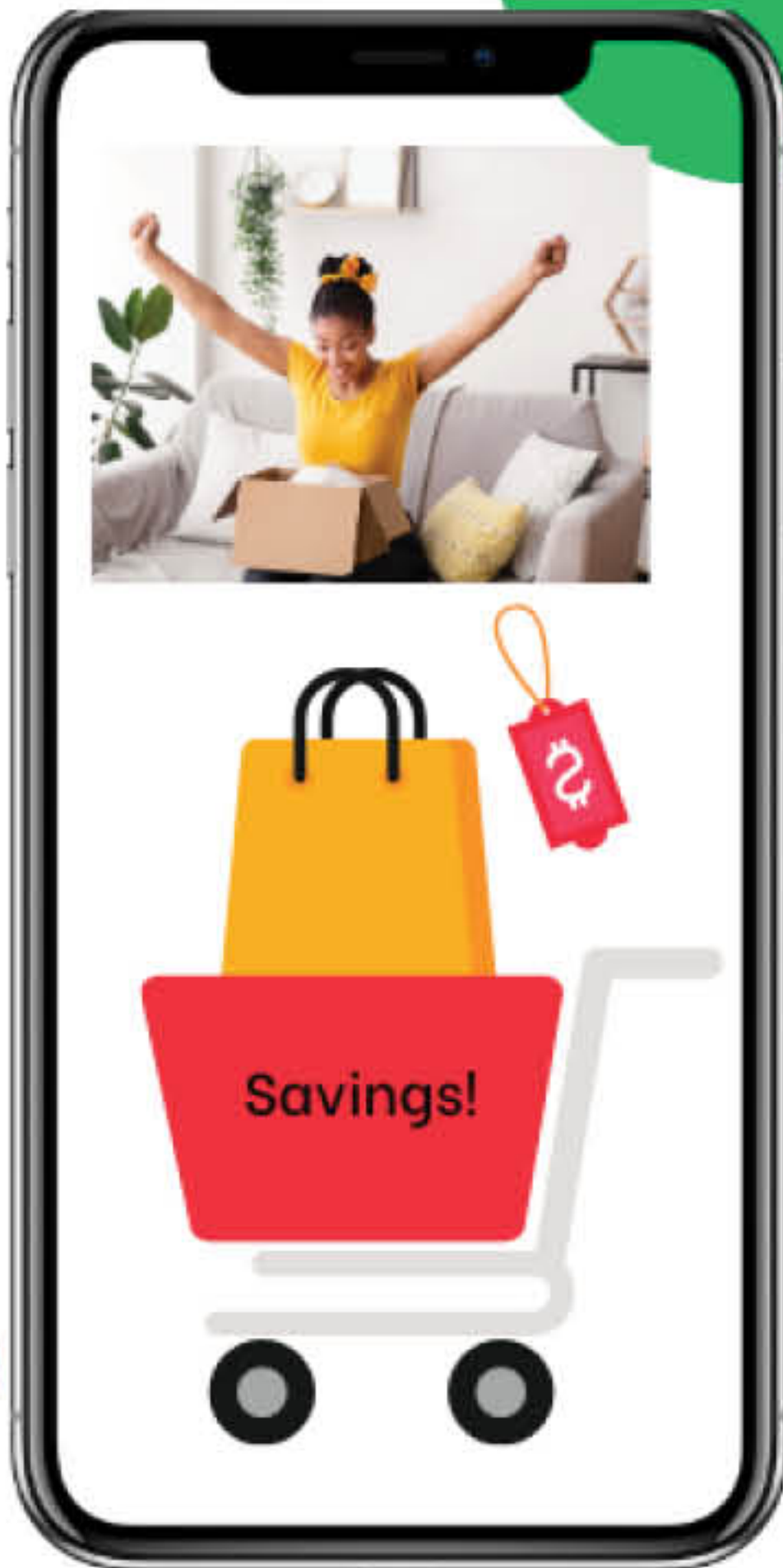
We're offering a wide range of overstock, seasonal items, and returns.

Whether you're looking for tools, general merchandise, toys, or festive Christmas items, our auction has something for everyone.

Don't miss out on these unbeatable prices—start bidding now and find your next great treasure!

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THE LEGENDARY 107.9 KBPI IS NOW IN
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1079KBPI.COM

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JULY

AUGUST

LOOKING FOR ALL EVENTS HAPPENING ON FORT CARSON? YOU'RE AT THE RIGHT SPOT!

- July 2**
– BOSS Bowling Nights | BOSS
- July 3**
– Magic: The Gathering | BOSS
- July 4**
– 4th of July Shoot | Shooting Complex
- July 5**
– Whitewater Rafting | Outdoor Recreation
- July 6**
– Dungeons & Dragons Adventure League | BOSS
- July 10**
– Climbing Wall Orientation | Outdoor Recreation
– Full Moon Rock Climbing | Outdoor Recreation
– Magic: The Gathering | BOSS
- July 11**
– Movie Night under the stars | Special Event
– Home Run Derby | Intramural Sports
- July 12**
– Whitewater Rafting | Outdoor Recreation
– Stroke Play Championship | Cheyenne Shadows Golf
- July 13**
– Stroke Play Championship | Cheyenne Shadows Golf
- July 14**
– Dungeons & Dragons Adventure League | BOSS

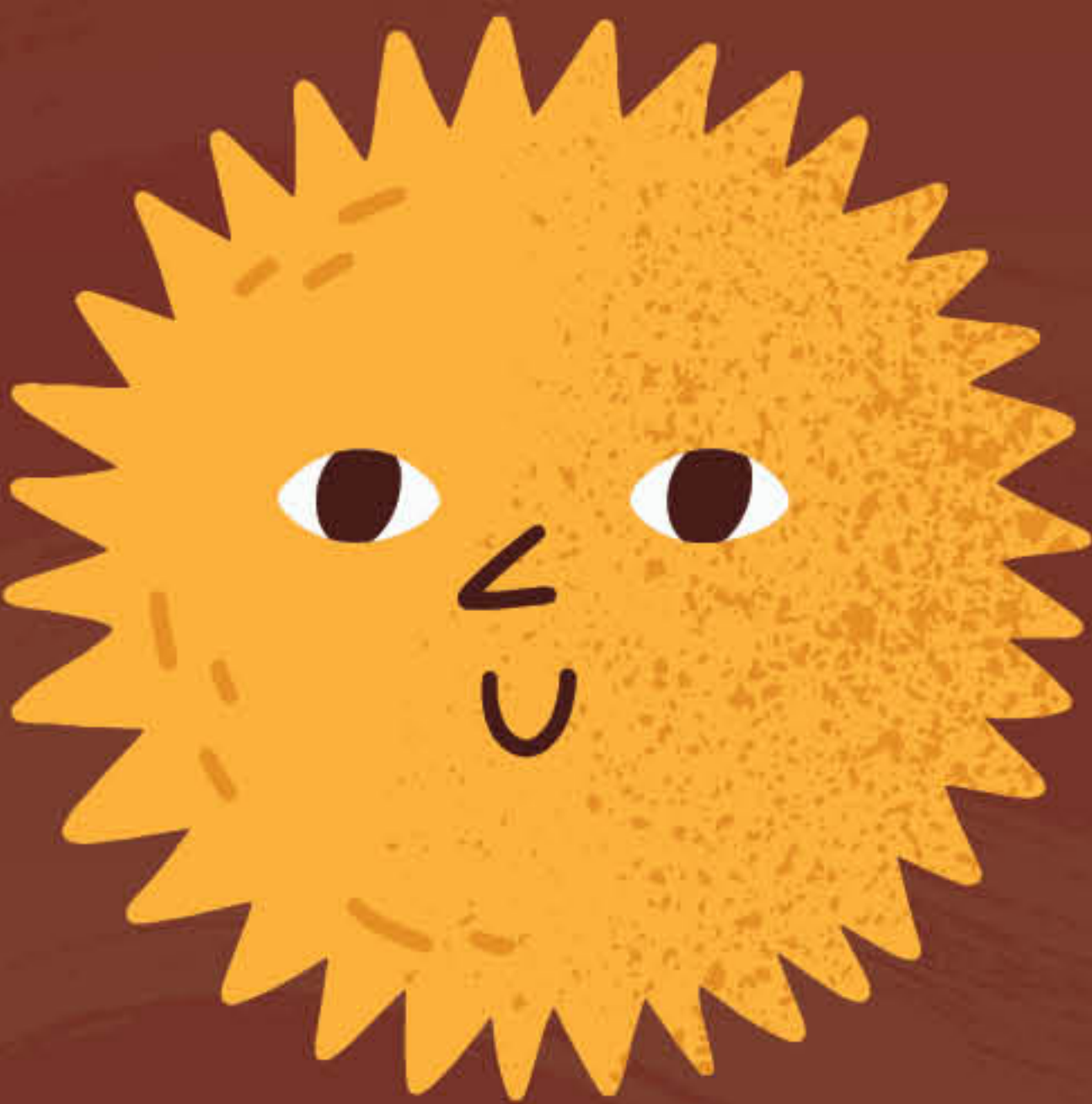
- Aug. 2**
– Whitewater Rafting | Outdoor Recreation
– Glochella | Special Event
- Aug. 5**
– Fall Softball Starts | Intramural Sports
– Flag Football Starts | Intramural Sports
- Aug. 7**
– Climbing Wall Orientation | Outdoor Recreation
- Aug. 9**
– Whitewater Rafting | Outdoor Recreation
- Aug. 9–10**
– SBA Championship | Cheyenne Shadows Golf
- Aug. 14**
– Steering & Suspension Class | Auto Skills
- Aug. 15**
– Back to School Bark in the Park | Outdoor Recreation
– Multipitch Climbing | Outdoor Recreation
- Aug. 16**
– Whitewater Rafting | Outdoor Recreation
- Aug. 21**
– Climbing Wall Orientation | Outdoor Recreation

- July 16**
– BOSS Bowling Nights | BOSS
- July 17**
– Coolant/Heating System Class | Auto Skills
– Magic: The Gathering | BOSS
- July 18**
– Yappy Hour | Outdoor Recreation
- July 19**
– Habitat for Humanity Volunteer Event | BOSS
– Scratch Classic Tournament | Thunder Alley Bowling
- July 19–20**
– Overnight Whitewater Rafting | Outdoor Recreation
- July 24**
– Crack Climbing Clinic | Outdoor Recreation
– Magic: The Gathering | BOSS
- July 25**
– Sunrise in the Garden Rock Climbing | Outdoor Recreation
- July 26**
– Whitewater Rafting | Outdoor Recreation
- July 31**
– Magic: The Gathering | BOSS

- Aug. 23**
– Float Trip | Outdoor Recreation
- Aug. 24**
– Demo Day | Cheyenne Shadows Golf
- Aug. 30**
– Retired Military Shoot – Free Day | Shooting Complex
- Aug. 30–31**
– Rocky Ducky | Outdoor Recreation

- Sept 1**
– Trail Club Begins | Outdoor Recreation
- Sept 4**
– Climbing Wall Orientation | Outdoor Recreation
- Sept. 6**
– Wags & Wheels | Special Event
- Sept 13**
– Club Championship | Cheyenne Shadows Golf
– Hike & SUP at Rampart Reservoir | Outdoor Recreation
- Sept 19**
– Yappy Hour | Outdoor Recreation
– Summer Blowout Sale | Outdoor Recreation
- Sept 20**
– Garden of the Gods Rock Climbing | Outdoor Recreation
– Pajama Jump | Outdoor Recreation
- Sept 21**
– Intro to Climbing Kid Edition | Outdoor Recreation
– Go See the Leaves Change Color | Outdoor Recreation
- Sept 25**
– Lead Climbing Clinic | Outdoor Recreation

- Sept 18**
– Welding Class | Auto Skills
- Sept. 27-28**
– Tough Mudder | Special Event



SEPTEMBER

Your comfort is our mission.

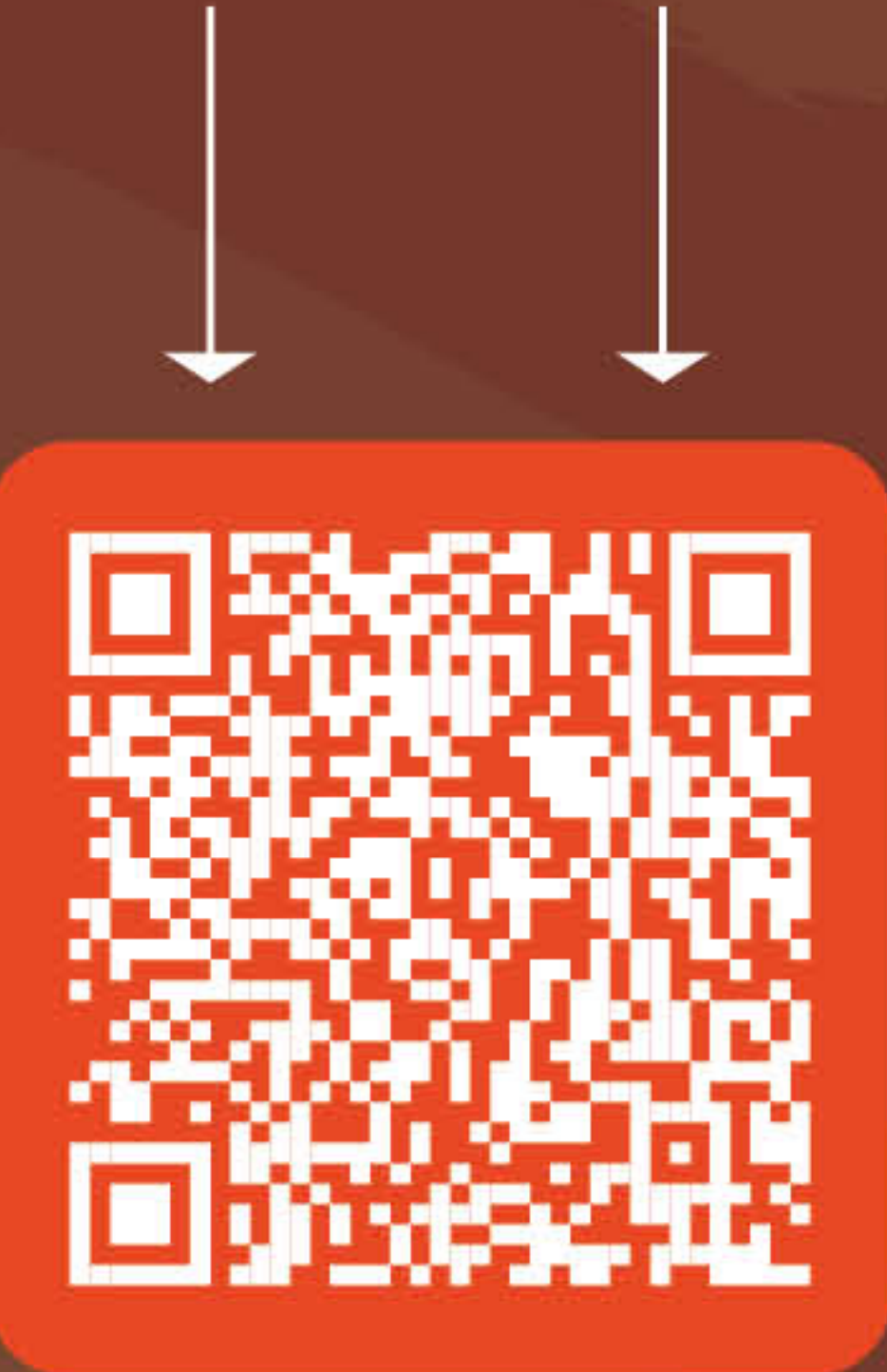
Offering military guests and their families an excellent stay experience and the same amenities available off post.



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WANNA
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FOR MORE
INFORMATION!



Thunder Alley Bowling Center

Hours of Operation:
Wed-Thur: 11 A.M. - 9 P.M.
Fri-Sat: 11 A.M. - 9:30 P.M.
Sun- Tues: CLOSED

Phone: (719) 526 - 5542

DSN: 526 - 5542

Address: 6391 Chiles Ave
BLDG 1511, Fort Carson

Website:
www.carson.armymwr.com/bowling

About

THUNDER ALLEY GETS A FRESH NEW LOOK: EXPERIENCE THE FUTURE OF BOWLING!

Get ready for a whole new level of fun at the Thunder Alley Bowling Center's Grand Re-Opening! We're excited to unveil our newly remodeled bowling lanes and bring you an enhanced gaming experience with the Specto App integration. Whether you're a seasoned pro or a first-time bowler, this high-tech upgrade is sure to bring a fresh spin to your game. Join us for the celebration and let the strikes begin!



Wanna know more about Specto App? Download it today to check out their cool features during the re-opening of Thunder Alley Bowling Center this upcoming February!



Events

KIDS BOWL FREE

AT THUNDER ALLEY BOWLING CENTER



Starting May 7, youth get 2 free games every Wed & Thur from 11 a.m.– 4 p.m. until August 6! Supervision is required I Ask us about our Family Package!

THUNDER ALLEY BOWLING CENTER SCRATCH CLASSIC

Saturday, July 19

Doors Open: 8 AM | Bowling Begins: 9 AM | \$200.00 per participant
For More Information, Call: (719)526-5542.

Payouts:

(Based on 60 entries)

1st: \$2,500
2nd: \$1,300
3rd-4th: \$750 each
5th-8th: \$425 each
9th-16th: \$250 each

Bonus: Final Four in the Bracket will receive a paid entry into The Las Vegas TAT Tournament or The New Mexico Open.

Format:

- 10 games across 10 pairs
- Cut to the top 16 bowlers
 - Single Elimination Bracket
 - Best 3 out of 5 game matches
 - Top 1/4 of the field cashes

SPECTO CLUB YEARLY MEMBERSHIP

Use the latest ball tracking technology to take your game to the next level!

Includes: 60 minute practice sessions
Wed. - Fri. | 11 a.m. - 3 p.m. | \$150 per person/per year

For more information, contact or email at:
thunderalley1511@gmail.com or (719) 526-5542



Camp Hale

Hours of Operation:
Mon - Fri: 9 A.M. - 5:30 P.M.
Sat & Sun: 9 A.M. - 5:30 P.M.

Phone: (719) 526 - 6590

DSN: 526 - 6590

Address: 9315 Wilderness Rd
Fort Carson

Website:
<https://carson.armymwr.com/camp-hale>

Services



Welcome to Camp Hale!

Nestled in the heart of natural beauty, Camp Hale offers a serene retreat amidst the rugged landscapes of Fort Carson. Whether you arrive with a spacious RV or prefer the comfort of our deluxe cabins, each moment here is designed to evoke a sense of home away from home. With 50 expansive pull-through slots boasting full hookups and the capability to accommodate even the largest campers, alongside 8 deluxe cabins featuring modern amenities including air conditioning and full kitchens, your comfort is assured.

RV Sites:

- 50 pull-through slots with full hookup (50 AMP and 30 AMP electric, water, sewage)

Deluxe Cabins:

- 8 cabins including
- Fully equipped with air conditioning, full kitchen, and sleeping space for up to 5 people
- 1 ADA accessible**

Amenities:

- Two pavilions for social gatherings
- Check-in Reservation Center with a small store offering sundry items
- Laundry services and shower facilities available

Recreational Activities:

- Corn Hole and Horse Shoe toss games
- Retail store for snacks and camping essentials



Services

Leisure Travel Services at Fort Carson

At Leisure Travel Services, we're dedicated to providing personalized travel experiences for Fort Carson's military community. As your on-post travel agency, we offer discounted tickets to local attractions, entertainment events, sports games, ski resorts, and vacation planning to destinations like Disney, Universal, and beyond.

Our mission is to exceed expectations with exceptional service and unforgettable travel experiences, ensuring every trip is both seamless and affordable.

We Offer:

Local Colorado Attractions: Discounted tickets for Elitch Gardens, Water World, Pirates Cove, Denver Aquarium, Jeep Tours and Overdrive. Check with our office for pricing.

Entertainment & Sports:

Tickets for Denver Broncos, Colorado Rockies, Denver Nuggets, and other exciting events.

Ski Resorts:

IKON Pass Base Military: \$569.00
IKON Pass Military: \$889.00
EPIC Pass (Coming Soon): \$185
Available to Military ID cardholders only.
Each individual must present a valid Military ID.

Beyond Colorado:

Disneyland, Walt Disney World, Universal Studios (California & Florida), Legoland, and more!
Out-of-state theme park tickets available for military families.

Walt Disney World Salute Tickets:

4-Day Hopper (Ages 3+): \$425.00
5-Day Hopper (Ages 3+): \$445.00
6-Day Hopper (Ages 3+): \$465.00

Why Choose Us?

- Full-Service Travel Agency: We tailor trips based on your unique preferences.
- Military Discounts: Enjoy special rates for military personnel and families.
- Expert Travel Advisors: Our team provides personalized recommendations and assistance for your trip.
- Convenience & Savings: We do the research for you, securing the best travel deals available.

Contact Leisure Travel Services today and start planning your next adventure!

Leisure Travel

Hours of Operation:
Mon - Fri: 9 A.M. - 5:30 P.M.
Sat & Sun: CLOSED

Phone: (719) 526 - 5366

DSN: 526 - 5366

Address: 9315 Wilderness Rd
Fort Carson

Website:
<https://carson.armymwr.com/leisure-travel-ITR>

Explore the fantastic tickets, experiences, and prices available through Leisure Travel!



Fitness Centers

GARCIA FITNESS CENTER

Hours of Operation:
Mon-Fri: 5 A.M. - 8 P.M.
Sat & Sun: CLOSED

Phone: (719) 526 - 3944
DSN: 526 - 3944

Address: 6360 Porter St
BLDG 1856, Fort Carson

Website:<https://carson.armymwr.com/FitnessCenters>

IVY FITNESS CENTER

Hours of Operation:
Mon-Fri: 5 A.M. - 8 P.M.
Sat-Sun: 6 A.M. - 8 P.M.

Phone: (719) 526 - 2706
DSN: 526 - 2706

Address: 6415 Specker Ave
Bldg. 1925, Fort Carson

MCKIBBEN FITNESS CENTER

Hours of Operation:
CLOSED*
*For renovations

WALLER FITNESS CENTER

Hours of Operation:
Open 24/7

Phone: (719) 526 - 2742
DSN: 526 - 2742

Address: 6946 Magrath Ave.
Bldg. 2357, Fort Carson

SHEMIN FITNESS CENTER

Hours of Operation:
Mon - Fri: 5 A.M. - 8 P.M.
Sat - Sun: CLOSED

Phone: (719) 524 - 0673
DSN: 524 - 0673

Address: 10119 Warfighter Rd
BLDG 9429, Fort Carson

About the Gyms on Post

Garcia Fitness Amenities:

- Free Weights
- Weight Machines
- Cardiovascular fitness area
- Sauna
- Day Lockers
- Multi-purpose room
- Free equipment orientation
- Power Racks, Platforms, Bumper Plates, and Turf Lane
- Converted racquetball court with functional fitness rig

Ivy Fitness Amenities:

- Indoor Rock Climbing wall
- Indoor Pool with dive tank
- Outdoor basketball court
- Men's and women's locker rooms
- Sauna
- Indoor Cycling room
- Strength Training
- Cardiovascular fitness area
- 3 full size indoor basketball courts
- 1/9 Mile indoor track
- Racquetball court
- Group Fitness Training
- Personal Training
- Lifting Platforms with full & half racks
- Men's and Women's dry sauna

Waller Fitness Amenities:

- Co-Ed Sauna
- Showers
- 2 weight rooms
- Boxing room
- Spin room
- Group exercise PT classes
- Cardiovascular room
- Free equipment orientation
- Large functional fitness area with functional fitness rig, platforms with bumper plates, platforms with half racks, and turf lane

Shemin Fitness Amenities:

- Showers
- Functional Fitness Room
- 1 weight room with platforms and turf lanes
- Cardiovascular area
- 2 basketball courts with volleyball capabilities

Class Schedule

Strength Training: Build muscle and improve your strength with our weightlifting and resistance training sessions.

Cardio Workouts: Get your heart pumping with high-energy classes like Zumba, Spin, and Aerobics.

Specialty Programs: Try unique offerings like Boxing and Boot Camp to challenge yourself in new ways.

Join us at one of our fitness centers and get moving today!
Scan Here to see our most up to date class Schedule!



About our Aquatics Centers

Ivy indoor Pool features:

- 25-yard lap pool
- Lap swim equipment
- Handicap lift
- Men's and women's locker rooms
- Family changing room
- Zero entry family pool
- 1- and 3-meter diving boards
- 2 slides in the main pool
- 2 slides in the family pool
- Mushroom Fountain for kids

Ellis Outdoor Pool features:

- 50-yard lap/open swim pool
- Deck area for lounging
- Handicap lift
- Men's and women's locker rooms
- Family changing room
- Men's and women's locker rooms
- 1 meter diving boards
- Water slide

Nelson indoor Pool :

Scheduled Military Training



Ivy Fitness Indoor pool

Prices

Daily Pass

- Free for Active Duty military
- Children under age of 3 years old are free per paying adult
- \$3 per person: Retired military, DOD dependents, DOD civilians
- \$6 per person: General public/non-military

Monthly Pass

- \$25 Individual monthly pass
- \$40 (2 or more) monthly pass

Annual Individual Pass

• **\$100 for an Individual Pass**
Available for purchase by eligible DOD patrons
Annual passes are valid for one calendar year from the date of transaction

Annual Family Pass

• \$250 per family of 3+
Available for purchase by eligible DOD patrons
Family pass holders must all live in the same household
Annual passes are valid for one calendar year from the date of transaction

Swim Test policy

To receive your green band, you must successfully complete the following:

- Enter the water from a standing position
- Tread water for 1 minute
- Swim 25 yards continuously
- Exit the pool without using a ladder

Aquatic Centers

IVY INDOOR POOL

Hours of Operation:
Mon-Fri: 5 A.M. - 8 P.M.
Sat & Sun: 9 A.M. - 4 P.M.

Phone: (719) 526 - 4093
DSN: 526 - 4093

Address: 6415 Specker Ave
Bldg. 1925, Fort Carson
Website:
<https://carson.armymwr.com/aquatics>

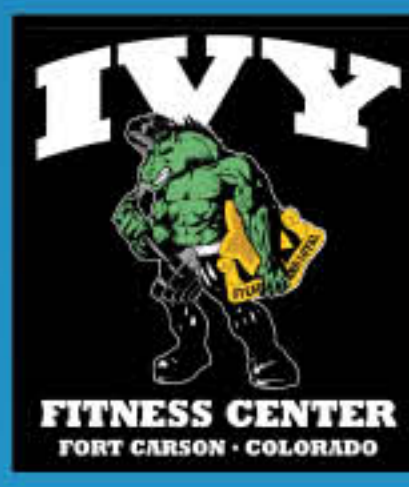
NELSON INDOOR POOL

Phone: (719) 526 - 3122
DSN: 526 - 3122

Address: 1446 Nelson St
BLDG 1446, Fort Carson

ELLIS OUTDOOR POOL

Hours of Operation:
Check out our Facebook Page for updates on the Outdoor Pool hours of operation.



Cheyenne Shadows Golf Club

Hours of Operation:
Mon-Fri: 6:30 A.M. - 7 P.M.
(First tee: 7 A.M.)
Sat-Sun: 6 A.M. - 7 P.M.
(First tee: 6:30 A.M.)

Phone: (719) 526 - 4102

DSN: 526 - 4102

Address: 1050 Titus Blvd,
BLDG 7800, Fort Carson

Website:
www.carson.armymwr.com/csgc

About our Course & Events

Cheyenne Shadows Golf is an 18 hole, championship golf course situated at the base of Cheyenne Mountain. The course offers dramatic scenery, a full service pro shop and the popular lunch destination, Mulligan's Grill. Golfers enjoy a superior recreational experience at a value price. We invite you to take part in tournaments, lessons and events. The facility is also a wonderful location to host your special event of function!

Improve your golf experience with the Cheyenne Shadows Golf Course App!

This app includes:

- Interactive Scorecard
- Golf Games: Skins, Stableford, Par, Stroke Scoring
- GPS
- Measure your shot!
- Golfer Profile with Automatic Stats Tracker
- Hole Descriptions and playing tips
- Live Tournaments & Leaderboards
- Book Tee Times
- Message Center
- Rewards
- Food & Beverage Menu
- Facebook Sharing & much more!

DOWNLOAD OUR APP TODAY! →



Stroke Play Championship

Dates: July 12-13 | Every Tuesday
Format: Two-day individual stroke play tournament
Schedule:
Saturday- Tee times
Sunday: 8 a.m. Shotgun Start
Bonus Event: Horse Race follows Sunday play

SBA Championship

Date: Aug. 9-10
Format: Two-person, two-day event

- 6 holes Shamble
- 6 holes Best Ball
- 6 holes Alternate Shot

Schedule:
Saturday - Tee times
Sunday: 8 a.m. Shotgun Start
Bonus Event: Horse Race follows Sunday play.

Club Championship

Date: September 13-14
Format: Two-day individual event to crown the Club Champion
Schedule:
Saturday - Tee times
Sunday: 8 a.m. Shotgun Start
Bonus Event: Horse Race follows Sunday play.

Services & Events

Demo Day

Date: Aug. 24 | 10 a.m. - 3 p.m.
Details: The Multivendor Demo Day will be set up on the driving range.
Try out the latest equipment from TaylorMade, Callaway, Cobra, Wilson, Ping, Srixon, and Cleveland. Don't miss the opportunity for free club fittings and 10% off purchases on clubs and bags.

Indoor Hitting Facility

Uneekor and Trackman 4 launch monitors paired with GS PRO software to provide access to over 600 golf courses worldwide. Great for driving range practice, group events, and to play golf courses from around the world. Table service with access to restaurant and bar. Surround sound, cable TV, Putting Room, high top tables, and booths.

Golf Club Fittings

Appointment only One on One golf clubs' fittings with industry leading specially trained fitters. Utilize Trackman 4 for wedges, irons, hybrid, fairway woods, and Driver. Utilize SAM Putt Lab for custom putter fittings.

CG Scramble Schedule:

Every month, Cheyenne Shadows Golf Club will host a two person scramble tournament that is open to military and civilian golfers. The low cost tournament is a great event to spend time with friends and experience our beautiful facility.

Price: Military - \$40 | Civilian - \$50

Package includes: • 18 holes of golf with cart

- Range Balls
- Lunch
- Contest and Prizes



Outdoor Recreation

Hours of Operation:

Tues-Fri: 9 A.M. - 6 P.M.

Sat: 8 A.M. - 2 P.M.

Sun-Mon:CLOSED

Phone: (719)526-1993

DSN: 526-1993

Address: 7093 Specker Ave,
BLDG 2429, Fort Carson

Website:

www.carson.armymwr.com/ODR

All Adventures subject to change!

Cancellation Policy for all of Outdoor Recreation:
For a refund, must cancel 72 hours in advance of trip. Overnight trips will require 7 day notice of cancellation to receive a refund.

Outdoor Recreation offers much more!
Travel Trailer Rentals begin May 15

Are you hosting an ORG Day?

Check out what we have for rent:

- Fishing Kayaks
- Standup Paddleboards
- Mountain Bikes
- Camping Equipment
- Coolers
- Bean Bag Toss, Tug of War, Flag football, Kickball and so much more!

Did you know that Outdoor Recreation also has...

- Summer Apparel
- Ice for Sale
- Worms for Sale



Events

OUTDOOR RECREATION JULY EVENTS

Outdoor Recreation Cycling Challenge | Price: \$50

Challenge runs May 1 - August 31

Individual and family riding goals available

Medals awarded for 500km and 1000km

All participants who pay will receive a bike jersey

Climbing Wall Orientation | Date: July 10 |

Time: 6 p.m. - 8 p.m. | Price: \$25

Location: ODR's Indoor Wall

Learn climbing basics, knot-tying, and belaying

Ages 14+

Includes climbing card valid for one year at IVY and

ODR climbing walls.

Full Moon Rock Climbing | Date: July 10 |

Time: 6:30 - 10:30 p.m. | Price: \$65

Climb under the Buck Moon in Red Rock Open Space.

Whitewater Rafting | Date: July 5, 12, & 26 |

Time: 7 a.m. - 2 p.m.

Join us on an Adventure through Big Horn Sheep Canyon; we will raft rapids level 1-3. Must be at

least 8 years old, weigh at least 60lbs, and be able to swim well!

Price: \$115 per person. Groups of 5 are \$100 per person; they must all sign up at once.

Yappy Hour | Date: July 18 | Time: 4 - 6 p.m. | Price: FREE

Social time for you and your furry friend. This summer, Yappy Hour will be held in Iron Horse Park

at the first softball field.

Overnight Whitewater Rafting | Date: July 19 - 20 |

Time: 7 a.m. (Sat.) - 3 p.m. (Sun.) | Price: \$300

Location: Garden of the Gods

Enjoy outdoor climbing as the weather warms up!

Crack Climbing Clinic | Date: July 24 | Time: 6 - 8 p.m. |

Price: \$35

Location: ODR's Indoor Wall

This is an intro class to crack climbing. Must at least have a valid Top Rope card.

Sunrise in the Garden Rock Climbing | Date: July 25 |

Time: 6 - 9 a.m. | Price: \$50

Join us in Garden of the Gods for some rock climbing to get your day started right!

OUTDOOR RECREATION AUGUST EVENTS

Trail Club Begins | Price: FREE

Weekly trail challenges (Easy, Medium & Difficult)

Must sign up for miles to count toward prizes

Club runs Aug. 1 - Oct. 31.

Whitewater Rafting | Date: Aug 2, 9, & 16 |

Time: 7 a.m. - 2 p.m.

Join us on an Adventure through Big Horn Sheep Canyon; we will raft rapids level 1-3.

Must be at least 8 years old, weigh at least 60lbs, and be able to swim well!

Price: \$115 per person. Groups of 5 are \$100 per person; they must all sign up at once.

Climbing Wall Orientation | Date: Aug 7 & 21 |

Time: 6 p.m. - 8 p.m. | Price: \$25

Location: ODR's Indoor Wall

Learn climbing basics, knot-tying, and belaying | Ages 14+ | Includes climbing card valid for one

year at IVY and ODR climbing walls.



Continued

Back to School Bark in the Park | Date: Aug 15 | Time: 4 - 7 p.m.

Combining Yappy Hour and Bounce Castles! Right before school starts!

Join us at the softball field in Iron Horse Park. \$5 wristbands purchased in advance,

\$10 day of event.

Multipitch Climbing | Date: Aug 15 | Time: 6 - 8 p.m. | Price: \$100

Climb to new heights with this new addition to our Rock-Climbing trips.

Float Trip | Date: Aug 23 | Time: 7 a.m. - 2 p.m. | Price: \$115

Whitewater rapids not your thing? Still want to get out on the river? Come float with us!

Must be at least 8 years old, weigh at least 60lbs, must be able to swim well!

Rocky Ducky | Date: Aug 29 - 30 | Time: 7 a.m. (Sat.) - 3 p.m. (Sun.) | Price: \$300

This adventure combines 3 great things about Colorado! Inflatable Kayaking,

rock climbing and camping!

Must be at least 16 years old, weigh at least 100lbs,

must be able to swim well!

OUTDOOR RECREATION SEPTEMBER EVENTS

Trail Club Begins | Price: FREE

Weekly trail challenges (Easy, Medium & Difficult)

Must sign up for miles to count toward prizes

Club runs Aug. 1 - Oct. 31.

Climbing Wall Orientation | Date: Sep 4 | Time: 6 p.m. - 8 p.m. | Price: \$25

Location: ODR's Indoor Wall

Learn climbing basics, knot-tying, and belaying | Ages 14+

Includes climbing card valid for one year at IVY and ODR climbing walls.

Intro to Climbing: Kid Edition | Date: Sep 13, 27 | Time: 9:30 - 11:30 a.m. | Price: \$25

Location: ODR's Indoor Wall

Indoor climbing for kids ages 5+. Pair with the outdoor climb on September 27 for \$90.

Hike & SUP at Rampart Reservoir | Date: Sep 13 | Time: 7 a.m. - 5 p.m. | Price: \$75

Enjoy a guided hike and paddleboarding adventure at Rampart Reservoir.

Yappy Hour | Date: Sep 19 | Time: 4 - 6 p.m. | Price: FREE

Social time for you and your furry friend. This summer, Yappy Hour will be held in Iron Horse Park at

the first softball field.

Summer Blowout Sale | Date: Sep 19-20

Buy one, get one 25% off storewide.

Garden of the Gods Rock Climbing | Date: Sep 20 | Time: 8 a.m. - 1 p.m. | Price: \$75

Experience rock climbing with our guides in this scenic location.

Pajama Jump | Date: Sep 20 | Time: 4 - 7 p.m.

Wear your best PJ's and jump in some bounce castles in the park. \$5 wristbands in advance,

\$10 on the day of the event.

Lead Climbing Clinic | Date: Sep 25 | Time: 6 - 8 p.m. | Price: \$35

Intro to lead climbing. Must have a valid Top Rope card.

Go See the Leaves Change Color | Date: Sep 27 | Time: 8 a.m. - 4 p.m. | Price: \$35

Ride through Cripple Creek to see Colorado's golden aspens.



Intramural Sports

Hours of Operation:
Mon-Fri: 6 A.M. - 4:30 P.M.
Sat-Sun: CLOSED

Phone: (719) 526 - 7585
(719) 231 - 4939

DSN: 526 - 7585

Address: 6550 Specker Ave,
BLDG 1829, Fort Carson

Website:
[www.carson.armymwr.com/
intramuralsports](http://www.carson.armymwr.com/intramuralsports)



About Intramural Sports

Intramural Sports at Fort Carson offers a variety of recreational activities designed to promote fitness, teamwork, and community engagement among military personnel and their families. Participants can enjoy sports like basketball, volleyball, soccer, and flag football, with options for different skill levels and age groups. The program emphasizes inclusive and encourages friendly competition, making it a great way to socialize, stay active, and enhance camaraderie within the Fort Carson community. Additionally, there are often special events and tournaments throughout the year to keep things exciting!

INTRAMURAL SPORTS EQUIPMENT CHECKOUT

All of these items are FREE and can be checked out at the Intramural Sports office for up to 24 hours

- Measuring Wheel
- Tug-O-War Rope
- Cones
- Sport Jerseys
- Basketballs
- Volleyballs
- Outdoor Volleyball System
- Soccer Balls
- Pop Up Soccer Goals
- Footballs
- Football Flags
- Kickball
- Bases
- Frisbees
- Dodgeballs
- Corn Holes
- Arm wrestling tables



Fall Softball League

Season runs: Aug. 5 - Sept. 18
Registration: July 1 - Aug. 5
To register contact: lorraine.thorson.naf@army.mil
For more information call the Intramural Office at (719) 526-7585



Events

Home Run Derby
Competition Day: July 11
Registration: May 1 - July 5

Intramural Sports - PT Program
Time: DAILY - 6:30 - 7:30 a.m. (Spring & Summer)
Location: Special Event Center | Soldiers can also reserve the following fields: Ivy football, Riverfront East and West, Red Cloud and Kit Carson, Royals softball field.
Call (719) 526-7585 for reservations (24-hour notice required). Reservations include equipment setup and teardown.

Flag Football
Registration: July 1 - Aug. 5
Tournament Dates: Aug. 5 - Sept. 18
Register for free by emailing lorraine.thorson.naf@army.mil.
Open to all eligible participants.
Contact: (719) 526-7585 | lorraine.thorson.naf@army.mil

Turkey Bowl
Registration: Aug. 1 - Nov. 16
Season runs: Nov. 17 - Nov. 21
Register for free by emailing lorraine.thorson.naf@army.mil.
Open to all eligible participants.
Contact: (719) 526-7585 | lorraine.thorson.naf@army.mil

Pick up Indoor Soccer
Season Runs: Nov. 5 - March 4
EVERY WEDNESDAY from 5 - 8:30 p.m.
No Registration needed!



Cheyenne Mountain Shooting Complex

Hours of Operation:
Wed-Fri: 9 A.M. - 4 P.M.
Sat-Sun: 8 A.M. - 4 P.M.
Mon-Tue: CLOSED

Phone: (719) 896 - 6196

Address: 7790 Route 1,
Fort Carson

Website:
www.carson.armymwr.com/cheyenne-mountain-shooting-complex



Events

4th of July Shoot

July 4 | 9 a.m. - 4 p.m. | Regular Fees Apply
For all participants that come to shoot on this day, we will put their name into a drawing that we will be doing at the end of the day. A combination of punch passes and ammunition will be given away as prizes.

KIDS MARKSMANSHIP

1st Saturday of the month (April - Sept.)
| 9 a.m. - 12 p.m. | \$15
Kids participate in our kids marksmanship to learn about firearm safety and safe handling of firearms. Each participant must have their own .22 firearm to participate, we do have loaner rifles that can be used if participants do not have a rifle for the event, the range supplies 50 rounds of ammunition for the shooting portion.

ANNIE GET YOUR GUN DAY

1st Saturday of the month (year round)
| 9 a.m. - 4 p.m. | FREE
Women of all ages 6 and up shoot for FREE



Events

RETIRED MILITARY SHOOT FREE DAY

Aug. 30 | 8 a.m. - 4 p.m. | FREE
Retired military shoot for Free with a valid retiree card.



Services

We offer a safe environment where families can come together and enjoy a day at our range. Our ranges cater to various distances, from 7 yards up to a maximum of 300 yards on paper targets. Additionally, we provide two combination trap/skeet ranges and two archery ranges, featuring both a 3D range and a static archery range.

Gun transfer services: \$40 for the first firearm and \$20 for each additional gun per background check.

Firearm rentals: ammunition must be purchased on-site. Handguns are available for individuals aged 21 and older, while rifles are accessible to those 18 years and above.

On-site firearm storage facilities: \$8 for the initial firearm and \$2 for each additional firearm.

Prices

Daily Rates:

For Individual & Family Member

Children 6-12	\$8
Active Duty	\$10.50
Retired Military	\$12
DoD Civilian	\$12
Civilian	\$14
All Weekly Specials	\$10

10 Visit Punch Pass:

Active Duty	\$80
Retired Military	\$95
DoD Civilian	\$95
Civilian	\$115

25 Visit Punch Pass:

Active Duty	\$190
Retired Military	\$225
DoD Civilian	\$225
Civilian	\$255

5 Visit Punch Pass

Active Duty	\$42.50
Retired Military	\$50
DoD Civilian	\$50
Civilian	\$60



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3. Submit Your Application: Upload your resume and apply.

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2024-2025

PREVIEW OF THE YEAR



Directory

ARMY COMMUNITY SERVICES

Hours of Operation:
Mon-Fri: 8 A.M. - 4:30 P.M.
Sat-Sun: CLOSED
Phone: (719) 526 - 4590 | **DSN:** 526 - 4590

AUTO SKILLS

Hours of Operation:
Wed-Fri: 10 A.M. - 8 P.M.
Sat: 8 A.M.-6 P.M.
Sun-Tue: CLOSED
Phone: (719) 526 - 2147 | **DSN:** 526 - 2147

BOSS

Hours of Operation:
Mon-Fri: 10 A.M. - 5 P.M.
Sat-Sun: CLOSED
Phone: (719) 526 - 5347 | **DSN:** 526 - 5347

ELKHORN CATERING

Hours of Operation:
Mon-Fri: 9 A.M. - 4:30 P.M.
Sat-Sun: CLOSED
Phone: (719) 526 - 4071 | **DSN:** 526 - 4071

GRANT LIBRARY

Hours of Operation:
Tues-Sat: 9 A.M. - 5 P.M.
Sun-Mon:CLOSED
(Effective August 11):
Monday–Saturday: 9 A.M. – 5 P.M.
Wednesday: 9 A.M. – 6 P.M.
Sunday: Closed
Phone: (719) 526 - 2350/2842 | **DSN:** 526 - 2350/2842

SPECIAL EVENTS CENTER

Hours of Operation:
Mon-Fri: 8 A.M. - 4:30 P.M.
Sat-Sun: CLOSED
Phone: (719) 524 - 1163 | **DSN:** 524 - 1163

THUNDER ALLEY BOWLING

Hours of Operation:
Wed-Thur: 11 A.M. - 9 P.M.
Fri-Sat:11 A.M. - 9:30 P.M.
Sun- Tues: CLOSED
Phone: (719) 526 - 5542 | **DSN:** 526 - 5542

LEISURE TRAVEL

Hours of Operation:
Mon-Fri: 9 A.M. - 5:30 P.M.
Sat & Sun: CLOSED
Phone: (719) 526 - 5366 | **DSN:** 526 - 5366

CAMP HALE

Hours of Operation:
Mon-Fri: 9 A.M. - 5:30 P.M.
Sat & Sun: 9 A.M. - 5:30 P.M.
Phone: (719) 526 - 6590 | **DSN:** 526 - 6590

GARCIA FITNESS CENTER

Hours of Operation:
Mon-Fri: 5 A.M. - 8 P.M.
Sat: 6 A.M. - 2 P.M.
Sun:CLOSED
Phone: (719) 526 - 3944 | **DSN:** 526 - 3944

IVY FITNESS CENTER

Hours of Operation:
Mon-Fri: 5 A.M. - 8 P.M.
Sat-Sun: 6 A.M. - 8 P.M.
Phone: (719) 526 - 2706 | **DSN:** 526 - 2706

MCKIBBEN FITNESS CENTER

Hours of Operation:
CLOSED*
**Closed for renovations*

WALLER FITNESS CENTER

Hours of Operation:
OPEN 42/7
Phone: (719) 526 - 2742 | **DSN:** 526 - 2742

SHEMIN FITNESS CENTER

Hours of Operation:
Mon-Fri: 5 A.M. - 8 P.M.
Sat - Sun: CLOSED
Phone: (719) 524 -0673 | **DSN:** 524 -0673

IVY INDOOR POOL

Hours of Operation:
Mon-Fri: 5 A.M. - 8 P.M.
Sat - Sun: 9 A.M. - 4 P.M.
Phone: (719) 526 - 4093 | **DSN:** 526 - 4093

NELSON INDOOR POOL

Hours of Operation:
CLOSED
Phone: (719) 526 - 3122 | **DSN:** 526 - 3122

ELLIS OUTDOOR POOL

Hours of Operation:
Check out our Facebook page for updates on
Hours of Operation.

CHEYENNE SHADOWS GOLF

Hours of Operation:
Mon-Fri: 6:30 A.M. - 7 P.M.
(First tee: 7 A.M.)
Sat-Sun: 6 A.M. - 7P.M.
(First tee: 6:30 A.M.)
Phone: (719) 526 - 4102 | **DSN:** 526 - 4102

INTRAMURAL SPORTS

Hours of Operation:
Mon-Fri: 6 A.M. - 4:30 P.M.
Sat-Sun: CLOSED
Phone: (719) 526 - 7585
(719) 231 - 4939
DSN: 526 - 7585

OUTDOOR RECREATION

Hours of Operation:
Tues-Fri: 9 A.M. - 6 P.M.
Sat: 8 A.M. - 2 P.M.
Sun-Mon: CLOSED
Phone: (719) 526 - 1993 | **DSN:** 526 - 1993

CHEYENNE MOUNTAIN SHOOTING COMPLEX

Hours of Operation:
Wed-Fri: 11:30 A.M. - 7 P.M.
Sat-Sun: 8 A.M. - 7 P.M.
Mon-Tue: CLOSED
Phone: (719) 896 - 6196

PARENT CENTRAL

Hours of Operation:
Mon-Fri: 8 A.M. - 6 P.M.
Sat & Sun: CLOSED
Phone: (719) 526 - 1101/8220

EAST CDC

Hours of Operation:
Mon-Fri: 5:45 A.M. - 6 P.M.
Sat & Sun: CLOSED
Phone: (719) 526 - 5977/5978

WEST CDC

Hours of Operation:
Mon-Fri: 5:45 A.M. - 6 P.M.
Sat & Sun: CLOSED
Phone: (719) 524 - 0151 /0152

MONARCH CDC

Hours of Operation:
Mon-Fri: 5:45 A.M. - 6 P.M.
Sat & Sun: CLOSED
Phone: (719) 503 - 5020/2021

IVY CDC

Hours of Operation:
Mon-Fri: 5:45 A.M. - 6 P.M.
Sat & Sun: CLOSED
Phone: (719) 503 - 8202/8203

CHEYENNE MOUNTAIN CDC

Hours of Operation:
Mon-Fri: 5:45 A.M. - 6 P.M.
Sat & Sun: CLOSED
Phone: (719) 526 - 5838

MESA SAC

Hours of Operation:
Mon-Fri: 5:45 A.M. - 6 P.M.
Sat & Sun: CLOSED
Phone: (719) 524 - 2985/2986

PATRIOT SAC

Hours of Operation:
Mon-Fri: 5:45 A.M. - 6 P.M.
Sat & Sun: CLOSED
Phone: (719) 526 - 5424

FCC

Phone: (719) 524 - 2457

Youth Sports

Hours of Operation:
Mon-Fri: 5:45 A.M. - 6 P.M.
Sat & Sun: CLOSED
Phone: (719) 526 - 4425

YOUTH CENTER

Hours of Operation:
Fall Hours
Open Rec: Mon-Thur 3 - 8 P.M.
Open Rec: Fri: 3 -10 P.M.
Saturday CLOSED
Phone: (719) 526 - 2680





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