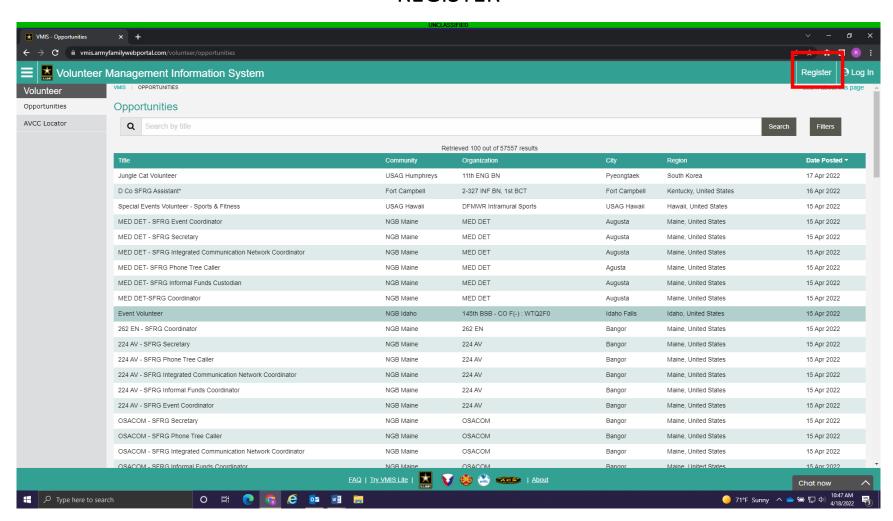
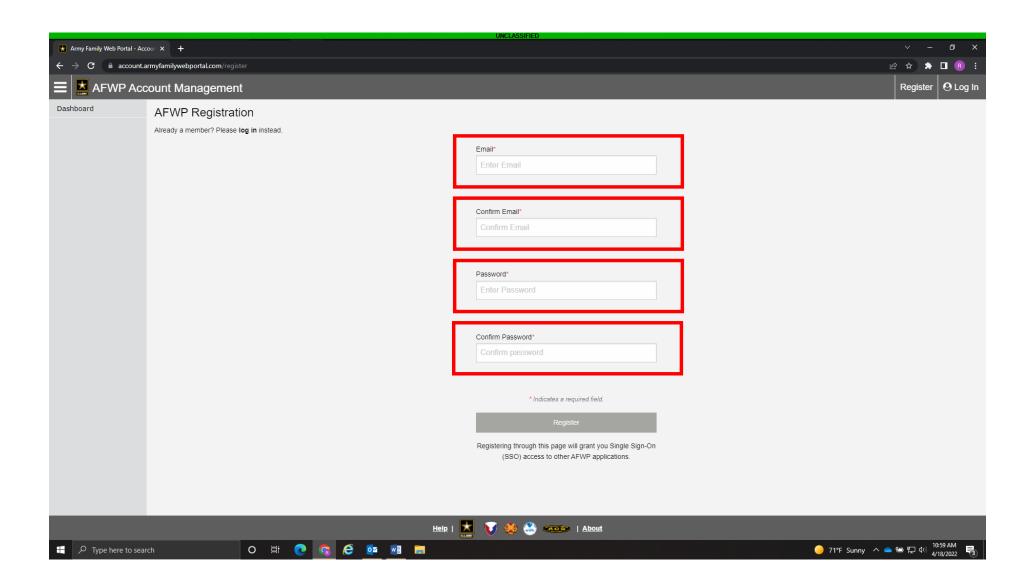
TO BEGIN GO TO

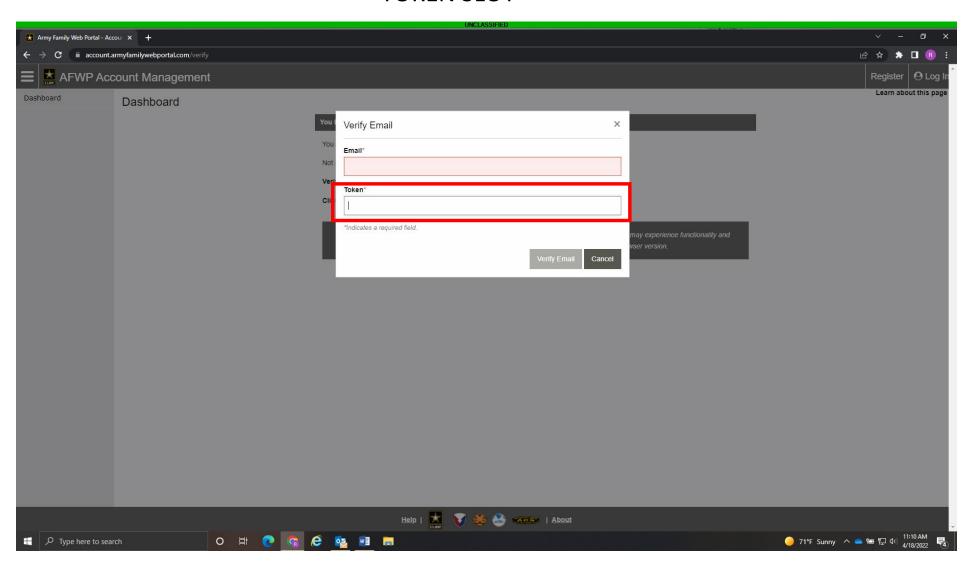
https://vmis.armyfamilywebportal.com/volunteer/opportunities AND CLICK REGISTER



ENTER INFORMATION IN THE FOLLOWING AREAS

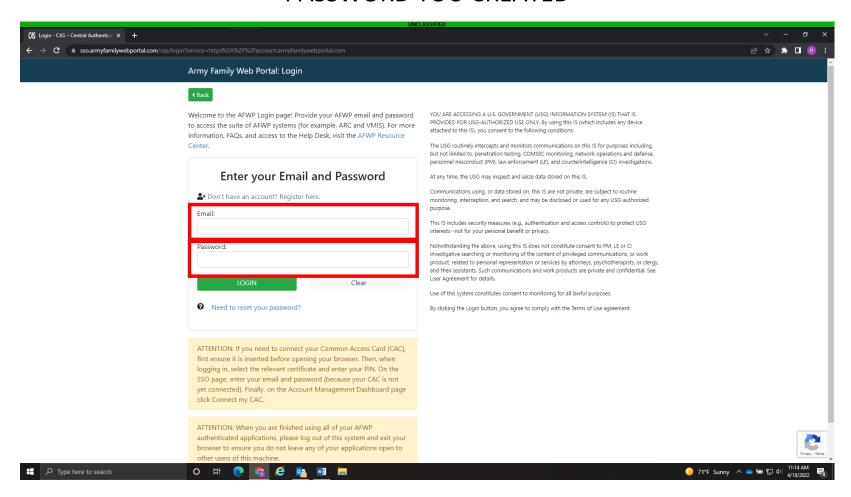


ONCE YOU HAVE GOTTEN THE TOKEN FROM YOUR EMAIL PLACE IT IN THE TOKEN SLOT

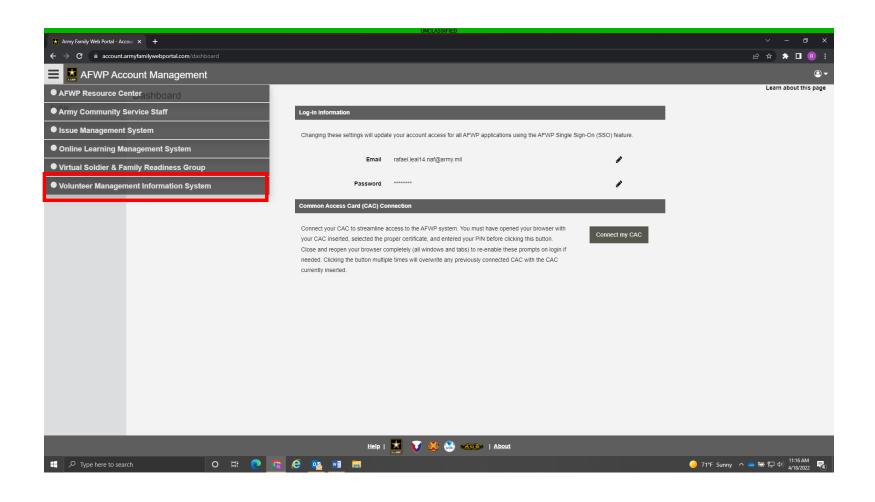


YOU WILL BE REDIRECTED TO

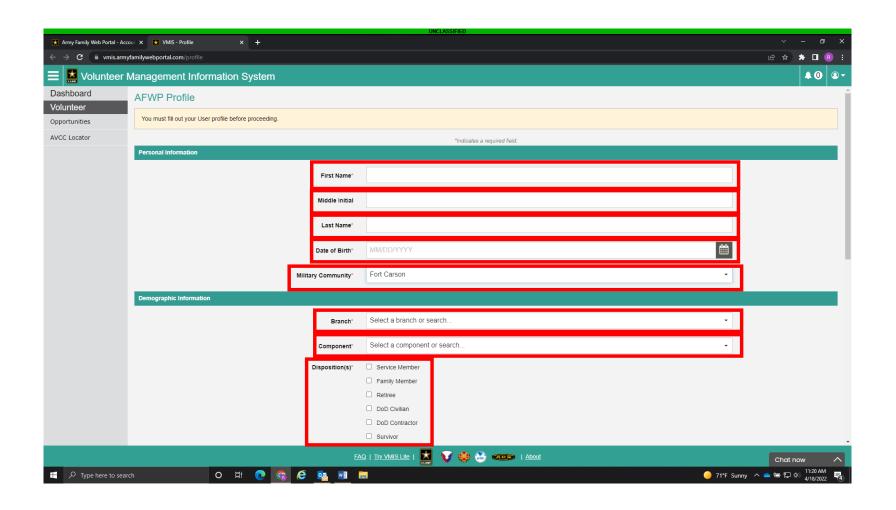
https://sso.armyfamilywebportal.com/cas/login?service=https%3A%2F%2Faccount.armyfamilywebportal.com AND WILL HAVE TO ENTER YOUR EMAIL AND PASSWORD YOU CREATED

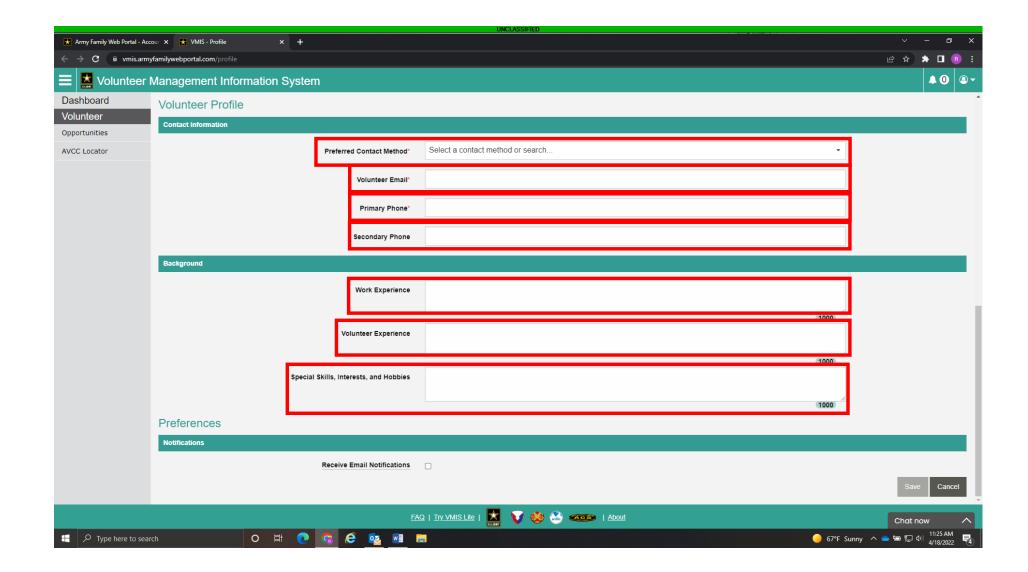


ONCE YOU ARE LOGGED ON SUCESFULLY CLICK THE THREE WHITE LINES ON THE TOP LEFT CORNER AND CLICK VOLUNTEER MANAGEMENT INFORMATION SYSTEM

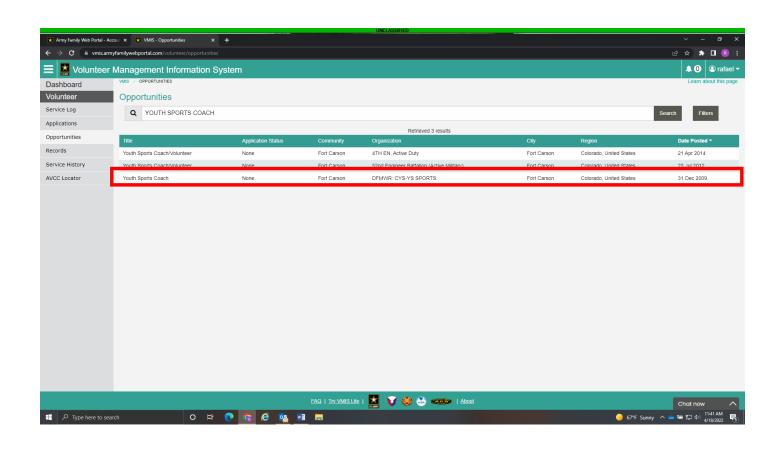


PROCEED TO THE FOLLOWING PAGE AND FILL IN THE INFORMATION

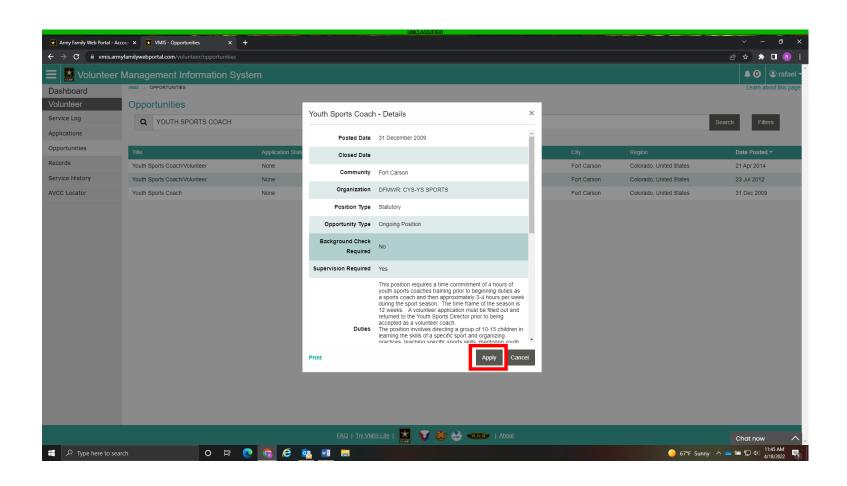




ONCE DONE ENTERING INFO CLICK ON **OPPORTUNITIES** ON THE LEFT HAND SIDE OF THE PAGE AND SEARCH FOR "**YOUTH SPORTS COACH**" AND SELECT THE OPTION THAT SAYS "**DFMWR-CYS-YS-SPORTS**"



CLICK "APPLY" YOU WILL THEN BE DIRECTED TO A PAGE THAT WILL PUT ALL YOUR INFORMATION IN FROM BEFORE AND YOU ARE ALL DONE AND READY TO TRACK YOUR HOURS.



TO TRACK HOURS ONCE YOU ARE APPROVED NAVIGATE TO "**SERVICE LOG**" ON THE LEFT HAND SIDE. CLICK YOUR POSITION AND ENTER HOURS ON RESPECTED DATES.

