

Nelson Pool Schedule	
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Effective During Iron Horse Closure May 1st - 12th

526-3107

Programs	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Early Bird Lap Swim (No Groups)	0530-0630	0530-0900	0530-0630	0530-0900	0530-0630		
Pregnancy PT	0630-0800		0630-0800		0630-0800		
Warrior Transition Batallion	0800-09000						
Strong Swimmer	0800-1200	0800-1200	0800-1200	0800-1200	0800-1200		
Water Aerobics							
Lap Swim	1200-1400	1200-1400	1200-1400	1200-1400	1200-1400	0600-1400	0600-1400
Recreational Swim							

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