

The "Pass It On" is available online at: http://carson.armymwr.com/us/carson/programs/community-ne

#### 18 MAY 2017

Our mission at ACS is to prepare and empower our Total Military Family to meet the challenges of military life by providing essential programs, resources, and services that enhance knowledge, life skills, well-being, quality of life, and retention.

Army Community Service: 719-526-4590

On Facebook: Fort Carson Army Community Service

On Twitter: FortCarsonACS

On the web:

www.carson.army.mil/acs

#### **IMPORTANT HIGHLIGHT:**

CHILD SUPERVISION POLICY
CYS HOURLY CARE RESERVATIONS

#### [Also In this issue]

AER CAMPAIGN EXTENDED CAREER SKILLS PROGRAM CELLPHONE USE WHILE DRIVING CYS HOURLY CARE RESERVATION FREE HEALING TOUCH APPOINTMENTS FREE PRESCHOOL HEALING HORSES FOR THE ARMED FORCES NAF EMPLOYMENT **NEW PARENT SUPPORT PROGRAMS** NO DUI RESPONSE TEAM OPERATION TBI FREEDOM PEER-TO-PEER COUNSELING SVC RELOCATION CONSULTATION SCHOOL DIST 8 SPORTS CAMPS TEXT YOUR WAY TO A BETTER **RELATIONSHIP** 

#### IN THIS ISSUE - BY DATE: (CLICK FOR DIRECT VIEW)

20 MAY; 03 JUN; 17 JUN; 01 JUL; 15 JUL FT CARSON YARD SALE

20 MAY; 17 JUN; 22 JUL; 19 AUG; 16 SEP; 21 OCT; 18 NOV; 16 DEC

MILITARY PARENTS NIGHT OUT

21 MAY SUNDAY FUNDAY BLOCK PARTY

20-21 MAY TWO-PERSON SHAMBLE CHAMPIONSHIP

22 MAY ASIAN/PACIFIC HERITAGE MONTH OBSERVANCE

24 MAY USO MEMORIAL DAY BBQ

24 MEDICAID WAIVER WORKSHOP FOR EFMP

25 MAY MEMORIAL DAY 5K TUNNEL RUN

25 MAY; 29 JUN; 27 JUL PREP MARRIAGE ENHANCEMENT CLASS

**27 MAY WHITEWATER RAFTING** 

27 MAY VENDOR DEMO DAY AT CHEYENNE SHADOWS GOLF COURSE

28 MAY - 03 JUN; 04-10 JUN; 06-12 AUG MILITARY FAMILY CAMP AT

**TRAILWEST** 

29-30 MAY TEDDY BEAR CLINIC

01 JUN END DATE FOR HOUSING SURVEY

02, 09, 16, 23 JUN USO SUMMER CONCERT SERIES

03 JUN LIVING HISTORY EVENT

03 JUN COMMUNITY KIDS DAY IN FOUNTAIN

5-9 JUN VACATION BIBLE SCHOOL

10 JUN ASYMCA MILITARY FATHER-DAUGHTER BALL

12 JUN; 10 JUL; 14 AUG NEWCOMER'S ORIENTATION

12-23 JUN; 26 JUN-07JUL; 10-21 JUL; 24-28 JUL STEM SUMMER CAMP

15 JUN 4ID SCHOLARSHIP APPLICATIONS DUE

17 JUN ASYMCA FATHER'S DAY FISHING TRIP

19-22 JUN; 26-29 JUL; 10-13 JUL; 17-20 JUL ROCKY MOUNTAIN

**ADVENTURE CAMP FOR MILITARY YOUTH** 

19 JUN -21 JUL SUMMER MEALS AT MOUNTAINSIDE ELEMENTARY

20 JUN - 22 AUG MILITARY ARTISTIC HEALING

28 JUN; 05 JUL; 09 AUG; 20 SEP DISCOVER A BETTER YOU CLASS

13 JUL 5 LOVE LANGUAGES CLASS

20 JUL FORT CARSON EDUCATION FAIR

24-28 JUL; 31 JUL - 04 AUG RELIGIOUS SUPPORT OFFICE CAMP

06-11 AUG OPERATION PURPLE CAMPS

#### CELLPHONE USE WHILE DRIVING

From the Fort Carson Police: Using a cell phone while driving greatly increases the risk of you being involved in a traffic collision. The use of a cellphone while driving, without a hands-free device, on Fort Carson is prohibited by Army Regulation 190-5 and 32 CFR 6345.25. During the month of June, the Fort Carson Police will be actively enforcing the use of cellphones without a hands-free device while driving. Violators found to be in violation of this policy could face fines and/or administrative action from their chain of command. Additionally, multiple violations of this nature will result in suspension of on-post driving privileges for one year. Remember to put the phone down and pay attention to the road, people's lives depend on it.

#### CYS HOURLY CARE RESERVATION LINE MOVE

Child and Youth Services (CYS) has moved the location of the hourly care reservation phone line. Although the phone number has not changed the manning of the phone will now be between the hours of 7:30 a.m. to 5:30 p.m. Hourly care reservations may be made by calling 526-2463. If you call after hours or the phone is not answered, you may leave a message and a staff member will return your call. Reservations may also be made through the WebTrac site for any patrons who are registered with CYS. The **URL** access WebTrac is: https://webtrac.mwr.army.mil/webtrac103/wbwsc/Carsoncyms.wsc/wbsplash.html?wbp=1#. Usernames and passwords for WebTrac are provided upon registering with CYS. For more information or questions, contact CYS Parent Central Services at 526-1101.

#### TEDDY BEAR CLINIC

The Fort Carson Veterinary Center invites community members to bring injured stuffed animals to the center May 29-30 for a short hospital stay during which the veterinary staff will suture and repair lacerations and tears. Stuffed animals will be ready for pick up June 2 and June 5. Located in building 6190, across the street from the Exchange on Sheridan Avenue, the center is open 7:30 a.m. to 4:30 p.m. weekdays.

#### FORT CARSON CHILD SUPERVISION POLICY (FLYER)

#### **Youth Supervision Matrix**

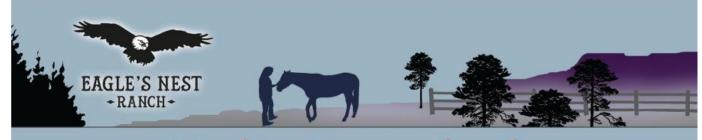
| Age of<br>Child             | Left<br>unsupervised<br>for less than<br>4 hours | Left<br>unsupervised<br>for up to 8<br>hours  | Left<br>unsupervised<br>for more than<br>12 hours  | Left<br>Alone<br>Overnight  | Outside<br>Unattended/<br>Curfew  | Child Sit<br>Siblings  | Child Sit<br>Others  |
|-----------------------------|--|---|--|---|---|--|--|
| Newborn<br>through<br>age 5 | NO   | NO  | NO   | NO  | NO  | NO   | NO   |
| Age 6<br>through<br>Age 8   | NO   | NO  | NO   | NO  | NO; may walk<br>to/from school and a<br>youth services<br>program   | NO   | NO   |
| Age 9<br>through<br>Age 12  | NO   | NO  | NO   | NO  | YES; with<br>immediate access to<br>adult supervision;<br>must be inside their<br>home or yard<br>between 2100 and<br>0600                                  | NO   | NO   |
| Age 13<br>through<br>Age 14 | YES  | YES; during<br>the hours of<br>0600 to 2400<br>with ready<br>access to adult<br>supervision | YES; Only with<br>arrangements for<br>adult friend/relative<br>to check on<br>behavior IN<br>PERSON within an<br>8-hour period   | NO  | YES; must be<br>inside their home or<br>yard between 2100<br>and 0600   | YES; not<br>more than 8<br>hours per day   | YES; having<br>completed Red<br>Cross course as<br>approved by<br>Child Dev.<br>Services |
| Age 15<br>through<br>Age 17 | YES  | YES   | YES; Only with<br>arrangements for<br>adult friend/relative<br>to check on<br>behavior IN<br>PERSON within the<br>12-hour period | YES; Only<br>with<br>arrangements<br>for adult to<br>check IN<br>PERSON<br>every 12-<br>hour period | YES; must be<br>inside their home or<br>yard between 2200<br>and 0530 (Sunday –<br>Thursday) or<br>between 2400 and<br>0530 (Friday,<br>Saturday, Holidays) | YES; 15 year<br>olds no more<br>than 8 hours<br>per day; 16+<br>may baby sit<br>for more than 8<br>hours | YES; having<br>completed Red<br>Cross course as<br>approved by<br>Child Dev.<br>Services |

#### SUMMER MEAL PROGRAM AT MOUNTAINSIDE ELEMENTARY

- June 19-Jul 21
  - No meals week of July 3-7
- Free breakfast and lunch for ANY/ALL children under the age of 18
  - o Adults pay \$1.65 for breakfast; \$3.40 for lunch
- Breakfast is 7:30 to 8:45 a.m.
- Lunch is 11:30 to 12:30 p.m.



#### HEALING HORSES FOR THE ARMED FORCES (FLYER)





# Healing Horses for the Armed Forces



Active duty and veteran service members as well as their family members are invited to come to the ranch and spend time with a horse free of charge.

Experience a safe place to adjust, reconnect, and be reminded that there is always hope ... no matter what you have faced.

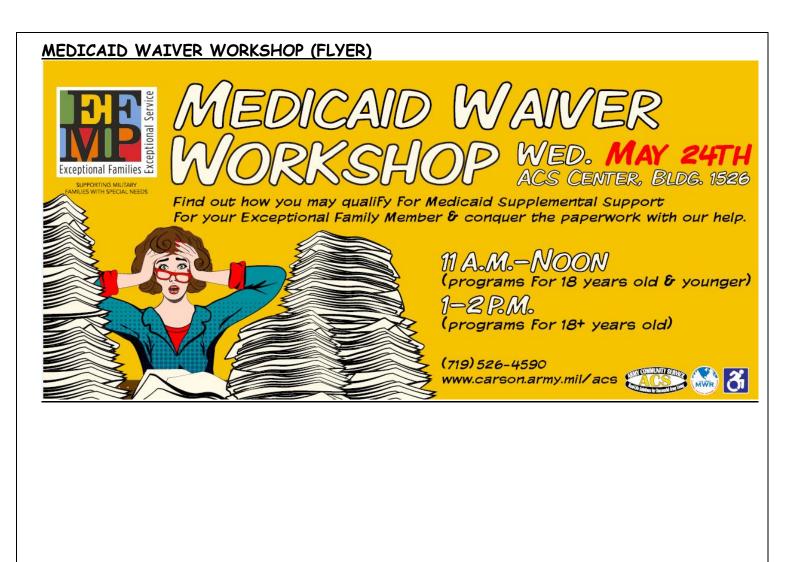
Contact us to schedule a session.

#### Suzy MacKenzie

Founder and Executive Director
www.eaglesnestranch.org
eaglesnestranch501@gmail.com
303.596.2784 + P.O. Box 1677, Parker, CO 80134

#### LIVING HISTORY EVENT

The 4th Infantry Division Museum holds its annual living history day June 3 from 9 a.m. to 5 p.m. at the museum located just south of Gate 1. The free event will feature authentic military equipment displays; weapons and vehicles from World War I, World War II and Vietnam; interaction with living historians in authentic Allied and Axis encampments; working radios in a World War I command post; and current 4th Inf. Div. vehicles and equipment, including an Apache helicopter.



TEXT YOUR WAY TO A BETTER RELATIONSHIP: FREE "LOVE EVERY DAY" APP (FLYER)



Love Every Day is a free mobile solution that uses simple, fun text message reminders to improve your relationship in just three weeks.

Too good to be true? Love Every Day is a scientifically validated program proven to get results. With simple questions, it can improve your relationship and rekindle the feelings that brought you together.

#### You and your partner will work as a team,

sharing daily answers to 21 entertaining and thought-provoking questions about yourself and each other. After you both answer, you'll get a bonus activity to help spur even more fun when you're together.

Thousands of couples have tried Love Every Day and come away as happier, stronger couples. Join them and text your way to a better





To sign up and get started, search "Love Every Day" at MilitaryOneSource.mil

relationship.



#### 4ID ASSOCIATION SCHOLARSHIPS (FLYER)



## 4ID Association Scholarships For School

Members of the 4ID Association, their children, and grandchildren are eligible for one of ten Annual Scholarships drawn at random during the 4<sup>th</sup> Infantry Division Association National Reunion (13-20 AUG 2017).

Applications are FREE to members and are due no later than 15 JUN 2017.

Join the 4ID Association for as little as \$10 a year! Details are on the website:

<a href="http://www.4thinfantry.org">http://www.4thinfantry.org</a>
or stop by the 4ID Association Gift Shop in the HUB Tues-Thurs 11:30-2:00

An additional scholarship, the E.R. Smith Memorial Scholarship is also available to any child of a 4ID Soldier lost during service in Iraq, Afghanistan, or the War Against Terror.

#### AER CAMPAIGN EXTENDED (FLYER)



#### ASIAN/PACIFIC HERITAGE MONTH

The Asian American Pacific Islander Heritage Month observance will be held at the Elkhorn Conference Center May 22 at 3 p.m. The observance is designed to recognize the achievements and contributions of Asian Americans and Pacific Islanders that enrich the nation. This year's theme is "Unite Our Voices by Speaking Together."

#### CAREER SKILLS PROGRAM UPCOMING EVENTS (FLYERS)

The Fort Carson Career Skills Program (CSP) offers opportunities for eligible transitioning service members to gain the knowledge, skills and abilities needed for successful careers after they transition from active duty. To be eligible for any CSP, transitioning service members must be on active duty and within 180 days of transitioning from service as of the class start date, anticipate fully honorable or under honorable conditions discharge and have approval of the first field grade commander in their chain to participate. Each program also has additional eligibility criteria. Interested transitioning service members are encouraged to attend the appropriate information session as indicated below. They can also visit the Career Skills Program Office (building 6236, rooms 101-104) Monday-Friday, 7 a.m. to 4 p.m.



#### **EMBRY-RIDDLE**

Aeronautical University

#### MSSA

- MSSA is an intense 18-week accelerated program designed to prepare transitioning Service Members to meet the IT industry's high demand for cloud developers, server & cloud administrators, and database intelligence administrators.
- Classes are held Mon-Fri, 0730-1630 with built in time for group projects and career transition assistance with MSSA mentors. MSSA graduates earn 18 credit hours, have the opportunity to earn Microsoft IT certifications and will interview for positions with Microsoft or other participating industry partners.



#### Cybersecurity

- 21-week program designed to educate, train, certify and mentor transitioning Service Members, leading them to rewarding mid-range civilian Cybersecurity careers. A balanced training program with 50% theory and 50% skills with significant hands-on lab work.
- Classes are held Mon-Fri, 0800 1600. Graduates will earn industry certifications and interview with multiple partners in the Cubersecurity Industry.

#### **CAREER SKILLS PROGRAM**

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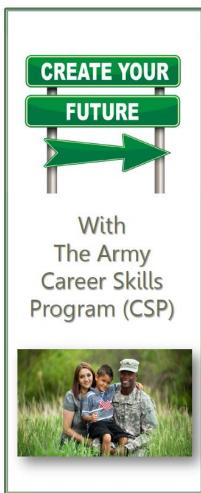
#### Basic Eligibility

- Active Duty and Within 180 days of Transitioning from Service
- Anticipate Fully Honorable or Under Honorable Conditions Discharge
- \* Battalion CDR Approval to Participate
- Additional Criteria Based on Specific Program
- Honorably discharged Veterans may apply for Service to Sales, MSSA and SecureSet Cybersecurity on a space-available basis.



For more information about Fort Carson's Career Skills Programs: Visit the Career Skills Program Office Building 6236 , Room 102 719-526-1195/8549/1197

OPR: Sherry Jenkins/27 Feb17





#### WARTAC

- WARTAC is a program sponsored by the Department of Veterans Affairs (VA), Veterans Benefits Administration (VBA) to train transitioning Service Members to process VA disability compensation claims. This 12-week program provides participants with an opportunity to learn the skillset of a Veteran Service Rep.
- Training takes place on post and is led by VBA training instructors using live compensation claims. Successful participants will receive interviews with VA Regional Offices at 56 desired locations throughout the U.S.



#### Service to Sales

- Sponsored by Phil Long Auto Group and Mt. Carmel Center of Excellence, this is a free 12 week training and internship program in Automotive Sales. This program is open to Veterans and Family Members on a Space-Available basis.
- Successful participants interview for open positions within the Phil Long Auto Group.



#### **UA Veterans in Piping**

- The United Association (UA) of Journeymen and Apprentices of the Plumbing and Pipe Fitting Industry sponsored training program is in the field of pipe welding. This is an 18week accelerated full-time program.
- Training takes place at the UA Local 58 and is led by highly skilled instructors. Graduates are placed in a 5-year UA apprenticeship program.





#### CDL-A Training

- Teamsters and ABF Freight sponsored intensive commercial truck driving training. This 6-week training, to include on-the-road testing, pre-trip vehicle inspection, basic vehicle control, loading and unloading procedures, manifest and logbook procedures, will prepare you for a career in the trucking industry.
- Training takes place on post and is taught by ABF Freight instructors. Successful participants will be placed with ABF Freight at locations across the country.



#### Corporate Fellowship

- The U.S. Chamber of Commerce Foundation Hiring Our Heroes sponsors this 12-week managementfocused program.
- Participants will be placed with a corporate partner in a management or professional position Mon – Thurs of each week. Fridays are spent in a classroom gaining valuable corporate skills and management certification. Graduates engage in employment interviews



#### Local Government Fellowship

- The Veterans Local Government Fellowship Program (VLGMF) is a 16-week program that will provide participants with management training and hands-on experience in the local government environment with the goal of preparing them for smooth transitions into local government careers.
- VLGMF sponsors will provide participants with professional development, networking, coaching and free professional memberships.

#### FREE HEALING TOUCH APPOINTMENTS

Feeling burnt out? Tired all the time? Warrior Family Medicine Clinic is offering free healing touch appointments for staff and patients! This alternative therapy is offered every Thursday from 11-1430 and every Friday from 0900-1200 hrs. Make your appointment for healing touch at the front desk of WFMC today!

#### What is Healing Touch?

Healing Touch is an energy therapy in which practitioners consciously use their hands in a heart-cantered and intentional way to support and facilitate physical, emotional, mental and spiritual health. Healing Touch uses the gift of touch to influence the human energy system, specifically the energy field that surrounds the body, and the energy centers that control the flow from the energy field to the physical body. The goal of Healing Touch is to restore balance and harmonies in the energy system, placing the client in a position to self-heal.



dream raimem

#### MEMORIAL DAY 5K TUNNEL RUN (FLYER)

## **MEMORIAL DAY 5K Tunnel Run**

Run the Tunnel & Conquer the Mountain
One of the most secure and unique runs ever!





- 5K Run begins/ends at Mountain Man Park on Cheyenne Mountain AFS - 25 May 17 @ 0800 hrs
- RSVP required by 10 May 17; Check-in begins at 0600 on the day of the race.
- Non DoD card holders must pre-register using the electronic RSVP
- Transit to/from CMAFS departing Peterson AFB Club on 0600 on 25 May 17
- Commemorative T-Shirt: \$20 if purchased by 10 May or \$25 thereafter
- Appropriate fitness attire required
- Other questions? Call Scott @ 719.474.2317
- •https://einvitations.afit.edu/inv/anim.cfm?i=340068&k=016542097D5F

#### Join the 721 MSG for our 2017 MEMORIAL DAY Tunnel Run

- Open to ALL local military personnel, their friends and families. Runner participation is limited to the first 1,000 registered runners.
- No children under the age of 10 or strollers allowed
- · Raffle and door prizes after the race.
- Medals will be awarded in six competitive categories.



MILITARY SPOUSE SCHOLARSHIP FROM NMFA (FLYER)



Application periods: Oct 1-January 15 | May 1-June 30 Award amounts typically range from \$500 to \$1,000

(Any spouse with a valid military ID is eligible)

#### **Education Funding**

- · High School Equivalency
- English Language Classes
- · Credits by Examination
- Certification Programs
- Certificates
- Trade School
- Degrees (All levels)

#### **Professional Funding**

- · Continuing Education Credits
- Training Programs
- · Certification Programs
- Certificates
- Licensure
- · Professional Exams and Fees
- · Clinical Supervision (Mental health licenses)

In addition to its own spouse scholarships and career advancement funding, NMFA partners with other organizations and schools to provide exclusive scholarships, education discounts and other opportunities throughout the year.

NO DUI RESPONSE TEAM (FLYERS)

# NO DUI RESPONSE TEAM



## **WE NEED YOUR HELP!!!**

ARE YOU INTERESTED IN HELPING OTHERS?
ARE YOU INTERESTED IN SAVING LIVES?

WOULD YOU LIKE TO EARN THE MILITARY OUTSTANDING VOLUNTEER SERVICE MEDAL?

ARE YOU A CIVILIAN THAT WOULD LIKE TO DO VOLUNTEER WORK?

If you answered yes to any of these questions, we have a program for you. We are looking for drivers and phone operators for the NO DUI RESPONSE TEAM program. Volunteers are needed every Friday and Saturday. If you are interested on volunteering or have any questions, call 524-2677 (BOSS), 526-9191 (during duty hours) Email. james.w.butler158.mil@mail.mil. Edgardo.a.menjivar.civ@mail.mil.

II YOU NEED A RIDE CALL (719) 526-5347!!!!





DRIN

# **NO DUI RESPONSE TEAM**

If you have a DoD ID Card we have

No Car No Ride a FREE ride home for YOU!

(719) 524-2677 OR (719) 526-9191

HAD ONE TOO MANY DRINKS?

Friday night 2200 hrs – 0300 hrs (Sat)
Saturday night 2200 hrs – 0300 hrs (Sun)

For questions about the program please call 524-2677 or 526-9191 during duty hours

#### **OUTDOOR REC EVENTS**

--Whitewater Rafting starts May 27. Enjoy a fun and wild ride through Big Horn Sheep Canyon on the mighty Arkansas River. Be a key element as a guide calls out commands and steers through some of Colorado's most classic rapids. No experience is necessary (individuals must be able to swim, weigh a minimum of 60 lbs., and be at least 8 years old). Spots fill up quickly, so reserve your trip today. The event takes place May 27-28 from 7 a.m. to 3 p.m. Cost is \$60 per individual, \$50 per person for groups of five or more, ages 8-15 are \$40 a person.

#### RELIGIOUS SUPPORT OFFICE CAMPS (FLYERS)

Anyone who volunteers for vacation bible school can register now for either VBS or Eagle Lake camp! Contact Ms. Pat Treacy at 719-524-2458 for more information on volunteering and early registration.





#### TWO-PERSON SHAMBLE (FLYER)



May 20 & 21, 2017

This is a two-person, two-day tournament. Teams tee off, choose the best drive and then both play their own ball out.

There will be multiple flights.

\$25 Entry Fee + Greens Fees

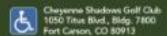
# 100% PRIZE PAYOUT

Questions? Call (719) 526-4102











#### USO SUMMER CONCERT SERIES (FLYER)



# USO Colorado Springs Annual Summer Concert Series

Colorado Springs



Old School Something Like Yesterday June 2, 2017 11-1 pm

> Machine Alley Band June 9, 2017 11-1 pm



Sugart.

The Trent Hughes Band June 16, 2017 11-1 pm

> 4<sup>th</sup> ID Band June 23, 2017 11-1 pm





Active Duty Lip Sync Battle June 30, 2017 11-1 pm





Stop by the driving range at CHEYENNE SHADOWS

and check out the latest equipment from Callaway, Cobra, Mizuno, Ping, Taylormade, Titleist, Tour Edge & Wilson.

- FREE goody bag for the first 100 to arrive
  - Hourly prize drawing

Questions? Call (719) 526-4102









#### YMCA EVENTS FOR MILITARY (FLYERS)



# A MAGICAL NIGHT FOR FATHERS & DAUGHTERS Saturday, June 10, 2017

All Service Branches Welcome

#### The Antlers Hotel

4 South Cascade Ave, Colorado Springs, CO 80903

5:30 p.m. — 9:30 p.m.

(Doors open at 4:00 p,m,)

#### Cost

\$60/Couple E-5 and below; \$70/Couple all others

- 530 for each additional daughter
- · Admission includes a light dinner and a dance
- Please RSVP online due to limited seating,

#### Pre-Event Activities:

4:00 p.m.

Carriage Rides Start

4:00 p.m. - 5:20 p.m.

Princess Make Up Session & Father Daughter Pictures

#### Dress:

Mess Dress or Class A for Active Military; business attire for retirees and civilians; party dresses for daughters

#### Register online at ppymca.org/register

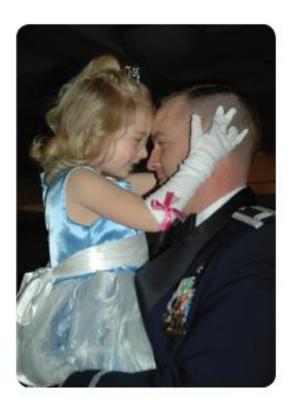
Search 2017 Military Father Daughter Ball January 23 through May 31

For more information please call contact Drew Aquino, Military Outreach Director at daquino@ppymca.org or 719.622.9622.

Financial assistance is available through the Y Assist Program,

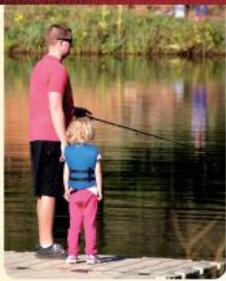








# FATHER'S DAY FISHING TRIP



# WANTED! FATHERS TO UNTANGLE FISHING LINE

Catch some quality time on the water with Dad and enjoy the lure of the outdoors with our Armed Services YMCA-sponsored Father's Day Fishing Trip at Camp Shady Brook! Military members and their families are invited to attend, Let us help make military life easier and provide quality time to bond,

Contact us today and make this Father's Day your dad's best day ever!

#### Date

Saturday, June 17, 2017 Registration Period:

Jan, 1 - June 10, 2017 (while space is available,)

#### Time:

0900 Arrival time

1700 Departure time

(Transportation not included, You are invited to depart after lunch but no later than 1700)

#### Cost

\$10,00 per person

Priority given to Wounded Warriors and their families, Subject to rules and eligibility,

Register online

at ppymca.org/register

This is a tentative schedule, Recreation times and activities may vary,

#### Saturday, June 17

SCHEDULE:

0800 - 0900: Arrive & Check in

0900 - 1145; Fishing

1200 - 1300; Lunch

1330 - 1700: Free Time & Fishing

#### MAKING MILITARY LIFE EASIER.

No federal eraporcement of approxima briended.

#### WHAT YOU'LL NEED:

Fishing poles are provided on a first-come, first-serve basis (limited supply), For best results, please bring your own fishing poles, balt and tackle,

#### LUNCH MENU:

BBQ hamburgers Hot dogs Chips Drink

ppymca,org | campshadybrook,org

facebook.com/SoutheastArmedServicesYMCA | facebook.com/CompShadyBrook



## MILITARY PARENTS

#### NEED SOME TIME ALONE WITH YOUR SPOUSE?

Drop off your kids at the Southeast & Armed Services Y for our monthly Parents Night Out Event,

Parents, this is your chance to go out to dinner, catch a movie, gather with friends or simply enjoy some quiet time at home, Bring your children and their friends to the Y for a super fun evening of healthy activities, great food, games and all-around good fun, Military Parent's Night Out is open to all military families and children.

#### DATES:

March 18 August 19 April 22 September 16 May 20 October 21 Juné 17 November 18 December 16 July 22

#### TIME:

5-10 p,m,

#### AGES:

3 (must be potty trained) — 12

#### COST:

Military Rate Exclusively at Southeast Armed Services YMCA only,

#### Y Member Military Rate:

(Family Program Package does not apply.)

E1-E5: \$20 (Active Duty, National Guard, Reserve, Independent Duty)

E6 & Above: \$25 (Veterans, Retirees, Contractors)

#### Non Y Member Military Rate;

E1-E5: \$30 (Active Duty, National Guard, Reserve, Independent Duty) E6 & Above; \$35

(Veterans, Retirees, Contractors)

#### Must Register in person.

First time only, Must present valid DoD active duty ID card for validation, Online registration available after validation

For more information please contact Director of Community Programs Camisha Mobley at cmobley@ppymca.org or 719.622.9622.

> Southeast Family Center & Armed Services YMCA 2190 Jet Wing Drive Colorado Springs, CO 80916 719,622,9622 ppymca,orq













MAKING MILITARY LIFE EASIER.



# **COMMUNITY PARTNER PROGRAMS**

COMMUNITY KID'S DAY (FLYER)



#### FAMILY CAMP AT TRAIL WEST (FLYER)

# Military Family Camp



# at Young Life's Trail West



What: a week long Military Family Camp - offering horseback riding, ropes course, pool, water slide, hot tub, trout pond, tennis & basketball courts, sand volleyball, Frisbee golf course, playground, 4x4 jeep tours & white water rafting. Childcare is available on site during scheduled Family activities.

This is a perfect setting to relax and connect with as a Family. Young Life is a Christian organization but that is not a requirement to attend. There will be a nightly program with a short message and sing-a-long songs, as well as numerous recreational activities.

Who: Approx. 105 Active Duty Soldiers & their Families. Single parent Families and Families with a deployed spouse are invited to participate as well.

When: 28 May-3 June, 4-10 June and 6-12 August 2017 (Online applications available beginning 1 March 2017)

Where: Buena Vista, CO at Young Life's Trail West Camp. (Transportation to/ from the camp is a Family responsibility)

Why: To allow Soldiers and their Families to spend quality time together, laugh a lot, and be restored.

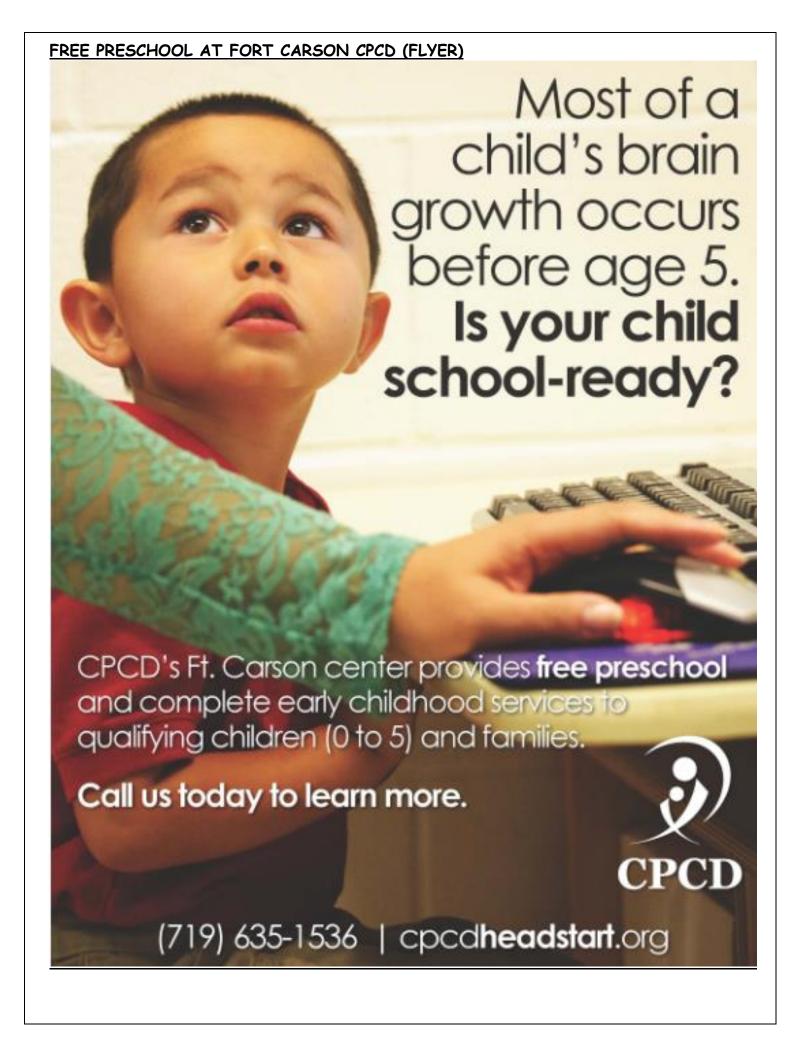
How Much: In order to thank our Service members and their Families, a discounted military fee (delineated below) is available. This fee covers all meals, activities and lodging for the Family for the week. The registration fee is based on rank: E1-E5 \$50.00, E6-E9 \$75.00, CW1-O3 \$100.00, O4 & above \$150.00



To apply go to: <a href="www.militaryfamilycamp.younglife.org">www.militaryfamilycamp.younglife.org</a>
For more information, e-mail <a href="mailto:dnancarrow@clubbeyond.org">dnancarrow@clubbeyond.org</a> 719-381-1865



The information that appears in this flyer is intended to inform Soldiers of special offers provided to them and their families and is not intended to constitute an endorsement by Ft. Carson, the United States Army or the Department of Defense. It is strictly intended to be used for informational purposed only.



#### FOUNTAIN-FORT CARSON SCHOOL DIST 8 SUMMER SPORTS CAMPS (FLYER)





# CALLING ALL CURRENT 3RD THROUGH 6TH GRADERS TO COME SHARE THE SUMMER WITH US.

JUNE 19 - JUNE 30 AND JULY 10 - 21

# \$50 PER WEEK FOR SUMMER SPORTS CAMP (IN ADDITION TO SUMMER SCHOOL TUITION)

Students do not have to attend summer school to participate in the Sports Camps.

If your student is attending Summer Learning Institute at Aragon, we will provide lunch and transportation for your student to FFCHS.

If your student is not attending Summer Learning Institute but would like to participate in a Summer Sports Camp, you can drop your student off at FFCHS or drop them off at Aragon for lunch and we will transport them to FFCHS after lunch.

There is a minimum and maximum number of slots. Please sign up ASAP to secure your place!





Summer School 8:00am to 12:00pm

Free Lunch at Aragon 12:00pm – 12:30pm

> Busing to FFCHS 12:30pm

Sports Camp 1:00pm to 4:15pm

#### Schedule

1:00 - 3:00 Sport 3:00 - 3:30 Snack (provided) 3:30 - 4:15 Open Swim

4:30 Pick up Time

#### **JUNE 19 -23**

Football and Cheer

#### **JUNE 26 - 30**

Basketball Girls/Boys and YMCA-Fun Club

#### **JULY 10 - 14**

Volleyball, Soccer and YMCA Swim Camp

#### JULY 17 - 21

Baseball, Softball and Tennis

#### MILITARY ARTISTIC HEALING (FLYER)

#### MILITARY ARTISTIC HEALING 2017 Summer Sessions

For adult active & retired military personnel

Discover the techniques to inspire creative skills and gain greater self-awareness. Learn to utilize artistic and creative exercise, through therapeutic processes, to develop self-expression and healing. Explore possibilities, develop your creativity and gain personal insight through working with a variety of controllable mediums. Increase personal management of life stressors by utilizing artistic exercises outside of class to help with trauma and stress reduction. We'll tour the Fine Arts Center galleries and engage in discussions as a source for inspiration.

Tuesday, June 20<sup>th</sup> – August 22<sup>nd</sup> 2017

No Class on July 4<sup>th</sup> & 11<sup>th</sup>

3:00 pm – 5:00 pm



#### MILITARY FAMILY ARTISTIC HEALING

2017 Summer Sessions

For parents and children of military personnel

Tuesday, June 20th – August 22<sup>nd</sup> 2017

No Class on July 4th & 11<sup>th</sup>

5:30 pm – 7:30 pm

Register at bemisartschool.org Bemis school of Art – 818 Pelham Place (719) 475-2444





# EMPLOYMENT

The Army offers more civilian career opportunities than any other federal agency. We employ people in a variety of occupations and have numerous positions.

All Army civilian jobs offer a degree of challenge and excitement!

Please stop by or call for information regarding the application process or additional information about spouse, veteran or former/current NAF employee preferences.

For more information and recent job postings, visit our Facebook page:

www.facebook.com/CARSONNAFHRO

Potential candidates can apply at: www.usajobs.gov

Questions? Call (719) 526-4445

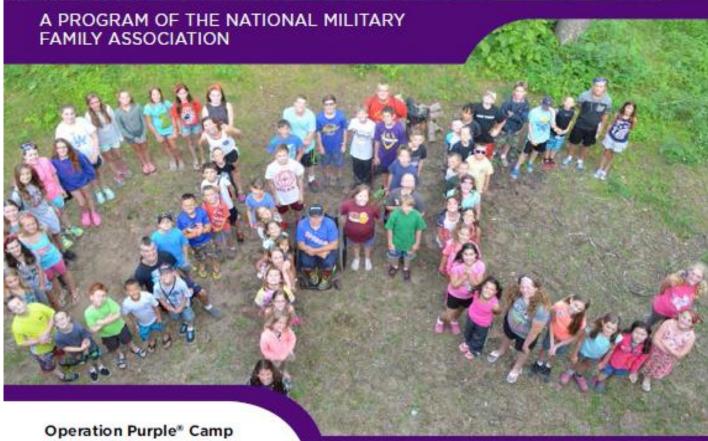








# **OPERATION PURPLE® CAMPS**



Operation Purple® Camp
offers military kids a FREE
WEEK of camp where they
connect with other kids,
just like them. And purple
happens to be the perfect
mix of Army green, Coast
Guard blue, Air Force blue,
Marine Corps red, and Navy
blue. In the military world,
purple symbolizes all who
serve, because we know
families serve, too!



Announcing our three-day, two-night Mini-Camp!

YMCA Camp Shady Brook, CO

August 6-8 & August 9-11, 2017

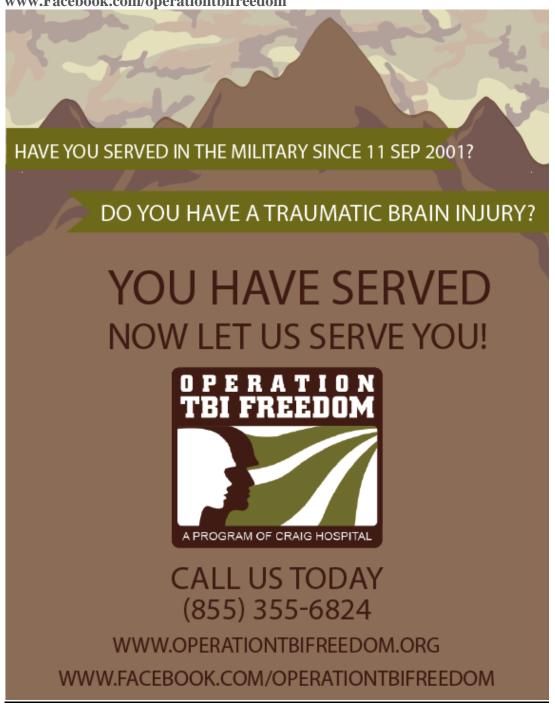
APPLY TODAY www.MilitaryFamily.org

#### OPERATION TBI FREEDOM (FLYERS)

Operation TBI Freedom a Colorado non-profit that is located in Colorado Springs and offers case management services throughout Colorado. Services provided include (but are not limited to): crisis management, employment/education training, psychosocial educational programming, assistance navigating complex benefits system, etc. For more information or apply for our assistance please call or email us.

Toll Free: (855) 355-6824 Email: **OTF@craighospital.org** 

Facebook: www.Facebook.com/operationtbifreedom





## A PROGRAM OF CRAIG HOSPITAL

Operation TBI Freedom (OTF) is a privately funded program of Craig Hospital, that assists Veterans and active duty military personnel living or stationed in Colorado with traumatic brain injuries (TBI) who have served since September 11, 2001. More than 7,200 military personnel with a TBI will return to Colorado in the next three years. Our program tailors a unique plan for each client that promotes optimum independence, productivity and successful reintegration into civilian life.

Each Veteran is assigned a Military Support Specialist (MSS) who is a Veteran and Certified Brain Injury Specialist. The MSS begins with a comprehensive analysis of the Veteran's needs and concerns. It is the responsibility of the MSS to use all resources—the Veterans Administration, local governmental and non-governmental entities—as efficiently as possible, ensuring no duplication of effort. OTF analyzes complex VA benefits, identifies potential benefit enhancements and assists the Veteran in maximizing his or her access to healthcare and other benefits. OTF has leveraged more than \$5.5 million in services and therapies through our partnerships with military and community organizations.

#### Services provided or coordinated by OTF include the following:

- Crisis management and counseling
- Employment training and support
- Peer and Family support groups
- Assistive technology devices
- Emergency financial assistance for food and housing needs

- Mentoring
- Medical care
- · Parenting classes
- Mental health referrals
- Assistance navigating complicated benefit processes



Learn more at craighospital.org/OTF

#### PEER-TO-PEER COUNSELING SERVICES FROM MILITARY ONE SOURCE (FLYER)







Military Community and Family Policy Fact Sheet

# Military OneSource can help

Military members have a place to go for support. Our priority is to make sure all current and former service members receive the care they need.

#### Additional information

Military OneSource

https://www.militaryonesource.mil 800-342-9647

## Military OneSource Offers Peer-to-Peer Support

#### Background

Talk to someone who gets it — Military OneSource has expanded confidential services for service members and their spouses by adding peer-to-peer specialty consultations. Peer consultants are veterans and spouses who have experienced military life and understand its unique challenges.

#### Highlights

Military life is full of exciting and challenging times, and Military OneSource is here to listen. Talk to someone who understands what you're going through. Get confidential support from people like you — veterans and military spouses — through Military OneSource peer-to-peer specialty consultations.

Here's what you need to know:

- All Military OneSource peer-to-peer consultants have experienced military life firsthand and have a master's degree in psychology or a social science field as well as specialized peer training.
- Service members, and their spouses, are eligible to receive confidential peer-to-peer specialty consultations up to 180 days after separation from the military.
- Schedule your free, confidential peer-to-peer specialty consultation by calling Military OneSource anytime at 800-342-9647.
- Using Military OneSource confidential services will not negatively affect your career or your spouse's career.













COMMITTED TO READINESS & RESILIENCE

#### ROCKY MNTN ADVENTURE CAMP FOR MILITARY YOUTH (FLYER)



2017 Rocky Mountain Adventure Camp for Military Youth

Week #1 June 19-22 Week #2 July 26-29 Week #3 July 10-13 Week #4 July 17-20



Are you a military teen who is 14 – 18 years old and ready for high adventure? Join us at Rocky Mountain Adventure Camp at Colorado State University's Mountain Campus – Pingree Park, nestled in the Rocky Mountains at 9,000 feet. We offer world class hiking to surrounding peaks including a B-17 Air Force crash site from 1946, ropes course and white water rafting. Combine this with our Strength-based Leadership Training and you will have the best camp ever for Military Teens! The counselors are fabulous, facilities incredible, and the food is great. Meet other military teens from across the nation.

The cost is only \$25 for registration and transportation is provided from Ft. Collins, Buckley AFB and USAFA! Registration is on a first come first served basis – each camp is limited to 50 youth. Request to join our closed Facebook page to see what others say about camp: <a href="https://extension.purdue.edu/adventure camps/index.html">https://extension.purdue.edu/adventure camps/index.html</a> You can also check the website at

https://ag.purdue.edu/extension/adventurecamps/Pages/default.aspx

#### Registration opens April 8th at:

https://campsself.active.com/RockyMountainAdventureCampColoradoStateUniversityMilitaryYouth Space is limited, so register now! rockymountainadventurecamp@gmail.com

Military Teen Adventure Camps are the result of a partnership funded by the Department of Defense between the Office of Military Community and Family Policy and the USDA's National Institute of Food and Agriculture through a grant/cooperative agreement with Purdue University.

#### SPOUSE RELOCATION AND TRANSITION SPECIALTY CONSULTATION (FLYER)



## Military OneSource:



## Spouse Relocation and Transition Specialty Consultation



# Do you find yourself facing another relocation? Could you use a personalized moving plan? Are you in the midst of a military transition and need help?

Military OneSource offers free spouse relocation and transition specialty consultations to help military spouses navigate moving and transition-related challenges. These consultants are familiar with the broad range of resources available through Military OneSource and in military and local communities. Eligible spouses can call Military OneSource 24 hours a day, seven days a week to schedule an appointment. Additionally, consultations can take place over the phone, via secure online chat or live video session.

#### Highlights

Whether you're PCSing or transitioning out of the military, you'll get personalized support when you team with a Military OneSource specialty consultant.

Let Military OneSource create a personalized moving plan for you.

Get information on topics such as:



Financial management



Housing options for both on and off the installation



Shipment and storage of household goods



Programs and services on installations



Career transition for military spouses



Call. 800-342-9647
Click. MilitaryOneSource.mil

Connect, 24/7



Discover more of what Military OneSource has to offer. Scan QR code or call 800-342-9647.





Call 800-342-9647 or visit <a href="http://www.MilitaryOneSource.mil">http://www.MilitaryOneSource.mil</a> to get your spouse relocation and transition specialty consultation started.

STEM SUMMER CAMP (FLYER)



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