



The “Pass It On” is available online at: <http://carson.armymwr.com/us/carson/programs/community-ne>

15 JUN 2017

Our mission at ACS is to prepare and empower our Total Military Family to meet the challenges of military life by providing essential programs, resources, and services that enhance knowledge, life skills, well-being, quality of life, and retention.

Army Community Service:
719-526-4590

On Facebook: Fort Carson Army Community Service

On Twitter: FortCarsonACS

On the web:
www.carson.army.mil/acs

IMPORTANT HIGHLIGHT:

[CHILD SUPERVISION POLICY](#)

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BARKELEY AND MAGRATH AVENUES LANE CLOSURES

Lane closures will be occurring on Barkeley and Magrath avenues between Barger and Bennett streets near Gate 4 for bridge repairs May 31 to June 30. Traffic control measures will be in place to safely pass traffic.

CHILES AVENUE LANE CLOSURES

Lane closures will be occurring on Chiles Avenue from Prussman Boulevard to O'Connell Boulevard for asphalt repairs during weekday nights and weekends June 6 to July 16. Traffic control measures will be in place to safely pass two way traffic.

FORT CARSON CHILD SUPERVISION POLICY (FLYER)

Youth Supervision Matrix

Age of Child	Left unsupervised for less than 4 hours	Left unsupervised for up to 8 hours	Left unsupervised for more than 12 hours	Left Alone Overnight	Outside Unattended/ Curfew	Child Sit Siblings	Child Sit Others
Newborn through age 5	NO	NO	NO	NO	NO	NO	NO
Age 6 through Age 8	NO	NO	NO	NO	NO; may walk to/from school and a youth services program	NO	NO
Age 9 through Age 12	YES; if determined to be mature by parent	NO	NO	NO	YES; with immediate access to adult supervision; must be inside their home or yard between 2100 and 0600	NO	NO
Age 13 through Age 14	YES	YES; during the hours of 0600 to 2400 with ready access to adult supervision	YES; Only with arrangements for adult friend/relative to check on behavior IN PERSON within an 8-hour period	NO	YES; must be inside their home or yard between 2100 and 0600	YES; not more than 8 hours per day	YES; having completed Red Cross course as approved by Child Dev. Services
Age 15 through Age 17	YES	YES	YES; Only with arrangements for adult friend/relative to check on behavior IN PERSON within the 12-hour period	YES; Only with arrangements for adult to check IN PERSON every 12-hour period	YES; must be inside their home or yard between 2200 and 0530 (Sunday – Thursday) or between 2400 and 0530 (Friday, Saturday, Holidays)	YES; 15 year olds no more than 8 hours per day; 16+ may baby sit for more than 8 hours	YES; having completed Red Cross course as approved by Child Dev. Services

GATE 19 CLOSURE

Beginning June 19, Gate 19 will be closed for a period of six weeks. This is to support the next phase in paving operations on Essayons Road leading from Gate 19 to Butts Road. For more information, call Directorate of Public Works traffic engineering at 526-9267.

REAL ID ACT UPDATE

Fort Carson enforces the Real ID Act of 2005, for anyone requesting unescorted access to the installation. Personnel from states whose identification cards or driver's licenses do not meet the Real ID Act will be required to present a second form of identification along with their state issued ID. The Department of Homeland Security granted several states extensions to the deadline for meeting the Real ID Act requirements. On July 10, the extension for the following states will expire.

Personnel presenting state issued IDs or drivers licenses from these states will be required to present a secondary form of ID for access to Fort Carson: Alaska, Kentucky, Oklahoma, Oregon, Pennsylvania, South Carolina, Virginia and Washington.

The following states do not meet the requirements of the Real ID Act and have not been granted an extension. Personnel from these states will be required to present a secondary form of ID for access to Fort Carson: Maine, Minnesota, Missouri and Montana Secondary forms of ID that are accepted are as follows:

- U.S. passport or U.S. passport card
- Permanent Resident Card/Alien Registration Receipt Card (Form I-551) --Foreign passport with a temporary (I-551) stamp or temporary (I-551) Printed notation on a machine readable immigrant visa --Employment authorization document that contains a photograph (Form I-766) --A foreign passport with Form I-94 or Form I-94A bearing the same name as the passport and containing an endorsement of the person's nonimmigrant status, as long as the endorsement has not yet expired -
- Current/valid driver's license from a REAL ID Act state or a state with a REAL ID Act extension for implementation --Driver's license or ID card issued by federal or local government agencies meeting REAL ID standards with photo, name, date of birth, gender, height, eye color and address -
- School ID with photograph --U.S military or draft record --U.S. Coast Guard Merchant Mariner Cards --Transportation worker ID card --Native American Tribal Document Personnel who do not have an accepted form of secondary ID will be required to have an escort to enter Fort Carson.

SUMMER MEAL PROGRAM AT MOUNTAINSIDE ELEMENTARY

- June 19-Jul 21
 - No meals week of July 3-7
- Free breakfast and lunch for ANY/ALL children under the age of 18
 - Adults pay \$1.65 for breakfast; \$3.40 for lunch
- Breakfast is 7:30 to 8:45 a.m.
- Lunch is 11:30 to 12:30 p.m.



NEW THIS ISSUE

2017 DAY OF ACTION (FLYER)



Thousands of people in more than 300 communities across the world will be volunteering through United Way to make their community a better place!

Take Action on June 21 and 24, 2017
Find a project time that meets YOUR schedule.
Make an impact at schools and nonprofits!

REGISTER TODAY AT:
PPUNITEDWAY.ORG/VOLUNTEER.HTML

#DayOfAction



EFMP SENSORY MOVIE NIGHT (FLYER)



Sensory Movie Night

Friday July 21st, 6-8pm

Freedom Performing Arts Center,
Bldg. 1129



Featuring "Moana"

For Families registered in the
Exceptional Family Member Program.

Lights remain on during the screening,
volume is kept low, and kids are welcome to move around as needed.

FOUNTAIN-FT CARSON DIST 8 TROJAN SUMMER SKILLS CAMP (FLYER)

This camp will focus on the fundamentals of basketball and include competitions for awards.

Camp is for students going into grades K-8 in the fall of 2017.

This is our summer skills camp for boys and girls that will be held June 26th through 28th at the high school from 9 a.m. to 12 p.m. each day. The cost will be \$35 per athlete. Each participant will receive a T shirt and other awards. We will have competitions each day with each participant having the opportunity to earn a ribbon, and we will hand out a variety of other prizes each day. We will have a break time each day half way through the camp. We will focus on the fundamentals of basketball and incorporate competition drills and games each day. Current FFCHS basketball players and coaches will run the camp. Each participant needs to bring a water bottle and wear athletic clothing with tennis shoes. Click to register at the link on the website by June 20th. A coach will contact you when you have registered and to give information on payments. Thank you for your support of Trojan Athletics!

Trojan Summer Skills camp
900 Jimmy Camp Rd
Fountain, CO 80817
C/O Coach Guiden

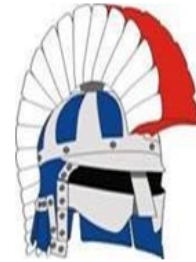
[Online entry form](#)
lguiden@ffc8.org

Tel 719-382-1640
Fax 719-382-3228



TROJAN SUMMER SKILLS

**June 26 – 28, 2017
9 a.m. – 12 p.m.
Grades K-8**





- Please fill out and return to the high school office or Coach Guiden by June 20 with \$35 payment.

Name _____
Grade _____
Parent Name _____
Parent Email _____
Parent Phone _____
Address _____
T shirt size:
YS YM YL AS AM AL AXL
Emergency contact _____
Emergency Phone _____

I will not hold Fountain-Fort Carson School District 8, the coaches, or players affiliated with this skills camp liable in case of any injury. I understand that there is always a possibility of injury when participating in a sports camp. I understand by signing below, I will accept all responsibilities for injury. I do understand that the coaches will administer general minor first aid if needed.

Signature: _____

Date _____

*****For office use only*****

Payment method:

Check _____ Cash _____

Collected by _____ Date _____

-
- Each participant needs athletic clothing, water bottle, and tennis shoes.
 - Drop off and pick up are in the lobby of the main gym at the high school
 - You can register online at <http://www.ffc8.org/Page/1250>
 - Contact Coach Guiden with any questions at lguiden@ffc8.org



Join us for a fun-filled week of basketball skills and drills. Our coaches have high school and college experience and we have some of the most talented players in the area. We would love for you to be a part of our success!

FREE FILM SHOWING (FLYER)

rocky mountain women's film institute presents

FILM IN THE COMMUNITY
JULY 15 | 3:00PM
FOUNTAIN LIBRARY



CRISIS HOTLINE: Veterans Press 1

Directed by: Ellen Gooseberg Kent

Winner of the 2015 Academy Award® for Documentary Short Subject, the HBO Documentary film CRISIS HOTLINE: VETERANS PRESS 1 spotlights the work of responders at the only National Veterans Crisis Line.

Date: Saturday, July 15, 2017

Venue: Fountain Library
230 S. Main St
Fountain, CO 80817

Time: 3:00 PM

Cost: Free

Life Skills

FOR THE MILITARY
COMMUNITY

JUNE 29 • 1:30-2:30 P.M.
ACS CENTER, BLDG. 1526

(719) 526-4590 • www.carson.army.mil/acs



OPERATION PURPLE HEALING ADVENTURES (FLYER)

There are several openings at the Operation Purple Healing Adventures Camp in Estes Park, CO the week of August 11th-14th. This is a free camp for the entire military family. The family must have a service member that has been wounded, injured, or is ill. The service member can be from any uniformed military branch, Active Duty, Guard, Reserve, Medically Discharged or Medically Retired.

More information and application form on the website at: <http://www.militaryfamily.org/kids-operation-purple/healing-adventures/>. For questions, call 703-931-6632 and ask for Alex or email him at Ainsel@MilitaryFamily.org.

OPERATION PURPLE HEALING ADVENTURES®

A PROGRAM OF THE NATIONAL MILITARY
FAMILY ASSOCIATION



Operation Purple Healing Adventures® combines family-focused activities and outdoor exploration to help families rediscover fun and togetherness after an injury. Open to active duty, medically retired, National Guard, and Reserve families from all ranks and Services.



YMCA OF THE ROCKIES

ESTES PARK, CO | AUGUST 11-14, 2017

Strengthen family ties, become part of a community of military families and make memories that last a lifetime at YMCA of the Rockies.

APPLY TODAY

www.MilitaryFamily.org

PPLD SUMMER ADVENTURE SOUTH PARTY (FLYER)

Join the Pikes Peak Library District at their summer reading South Party on Friday, July 21st from 10-Noon at Metcalfe Park in Fountain for crafts, games, activities and more!

The flyer features a light blue background with a stylized illustration of a park at the bottom. The illustration includes a yellow path, green trees of various shapes, a wooden bench, a fountain, and small flowers. At the top left, there is a logo for 'Summer Adventure' with a sun and the text 'PIKES PEAK LIBRARY DISTRICT'. The main title 'South Party' is written in large, bold, yellow letters with a black outline. Below the title, there is a yellow ribbon banner containing the address. The date and time are prominently displayed in the center. In the bottom right corner, there is a logo for 'ppld KIDS' with the tagline 'read • engage • transform'.

Summer ADVENTURE

South Party

*Join us for crafts, games, activities and more
as we celebrate Summer Adventure 2017!*

Metcalfe Park
704 E. Ohio St.
Fountain, CO 80817

Friday, July 21
10 a.m. – Noon

PIKES PEAK LIBRARY DISTRICT
ppld
KIDS
read • engage • transform

SCHOOL BASICS (FLYER)



Parent to Parent – Colorado Springs

Presents

School Basics



Make this your best school year ever! We will share tips on how to help improve your student's school performance. We will provide common sense tips and research based approaches explaining how children learn and ways to best prepare them to learn.

*All Parent to Parent workshops are **absolutely free** thanks to funding provided by The Wounded Warrior Project

Join us **Wednesday, July 26th**

Soldier and Family Assistance Center

1481 Titus Blvd, Ft Carson

10:00 AM-11:00 AM

Lunch provided after workshop

RSVP 719-526-5807



@Parent to Parent – Colorado Springs





Grand Opening

SATURDAY

JUNE 17TH

Join us for

FOOD, FUN, DISCOUNTS

AND GIVEAWAYS

10AM-2PM

5769 Wallace St. BLDG 1045

Fort Carson, CO



SERVICES, PROGRAMS AND EVENTS

CAREER SKILLS PROGRAM UPCOMING EVENTS (FLYERS)

The Fort Carson Career Skills Program (CSP) offers opportunities for eligible transitioning service members to gain the knowledge, skills and abilities needed for successful careers after they transition from active duty. To be eligible for any CSP, transitioning service members must be on active duty and within 180 days of transitioning from service as of the class start date, anticipate fully honorable or under honorable conditions discharge and have approval of the first field grade commander in their chain to participate. Each program also has additional eligibility criteria. Interested transitioning service members are encouraged to attend the appropriate information session as indicated below. They can also visit the Career Skills Program Office (building 6236, rooms 101-104) Monday-Friday, 7 a.m. to 4 p.m.



MSSA

- ❖ MSSA is an intense 18-week accelerated program designed to prepare transitioning Service Members to meet the IT industry's high demand for cloud developers, server & cloud administrators, and database intelligence administrators.
- ❖ Classes are held Mon-Fri, 0730-1630 with built in time for group projects and career transition assistance with MSSA mentors. MSSA graduates earn 18 credit hours, have the opportunity to earn Microsoft IT certifications and will interview for positions with Microsoft or other participating industry partners.



- ❖ 21-week program designed to educate, train, certify and mentor transitioning Service Members, leading them to rewarding mid-range civilian Cybersecurity careers. A balanced training program with 50% theory and 50% skills with significant hands-on lab work.
- ❖ Classes are held Mon-Fri, 0800 – 1600. Graduates will earn industry certifications and interview with multiple partners in the Cybersecurity Industry.

CAREER SKILLS PROGRAM

Basic Eligibility

- ❖ Active Duty and Within 180 days of Transitioning from Service
- ❖ Anticipate Fully Honorable or Under Honorable Conditions Discharge
- ❖ Battalion CDR Approval to Participate
- ❖ Additional Criteria Based on Specific Program
- ❖ Honorably discharged Veterans may apply for Service to Sales, MSSA and SecureSet Cybersecurity on a space-available basis.



For more information about
Fort Carson's
Career Skills Programs:
Visit the
Career Skills Program Office
Building 6236, Room 102
719-526-1195/8549/1197



With
The Army
Career Skills
Program (CSP)





U.S. Department
of Veterans Affairs

WARTAC

- ❖ WARTAC is a program sponsored by the Department of Veterans Affairs (VA), Veterans Benefits Administration (VBA) to train transitioning Service Members to process VA disability compensation claims. This 12-week program provides participants with an opportunity to learn the skillset of a Veteran Service Rep.
- ❖ Training takes place on post and is led by VBA training instructors using live compensation claims. Successful participants will receive interviews with VA Regional Offices at 56 desired locations throughout the U.S.



Service to Sales

- ❖ Sponsored by Phil Long Auto Group and Mt. Carmel Center of Excellence, this is a free 12 week training and internship program in Automotive Sales. This program is open to Veterans and Family Members on a Space Available basis.
- ❖ Successful participants interview for open positions within the Phil Long Auto Group.



UA Veterans in Piping

- ❖ The United Association (UA) of Journeymen and Apprentices of the Plumbing and Pipe Fitting Industry sponsored training program is in the field of pipe welding. This is an 18-week accelerated full-time program.
- ❖ Training takes place at the UA Local 58 and is led by highly skilled instructors. Graduates are placed in a 5-year UA apprenticeship program.



CDL-A Training

- ❖ Teamsters and ABF Freight sponsored intensive commercial truck driving training. This 6-week training, to include on-the-road testing, pre-trip vehicle inspection, basic vehicle control, loading and unloading procedures, manifest and logbook procedures, will prepare you for a career in the trucking industry.
- ❖ Training takes place on post and is taught by ABF Freight instructors. Successful participants will be placed with ABF Freight at locations across the country.



Corporate Fellowship

- ❖ The U.S. Chamber of Commerce Foundation Hiring Our Heroes sponsors this 12-week management-focused program.
- ❖ Participants will be placed with a corporate partner in a management or professional position Mon – Thurs of each week. Fridays are spent in a classroom gaining valuable corporate skills and management certification. Graduates engage in employment interviews



Local Government Fellowship

- ❖ The Veterans Local Government Fellowship Program (VLGMF) is a 16-week program that will provide participants with management training and hands-on experience in the local government environment with the goal of preparing them for smooth transitions into local government careers.
- ❖ VLGMF sponsors will provide participants with professional development, networking, coaching and free professional memberships.

EFMP SCREENINGS

Evans Army Community Hospital is holding weekly Exceptional Family Member Program (EFMP) briefings. EFMP staff will discuss the Family member travel screening process for overseas assignments and assist with any questions regarding the EFMP program. The briefings take place Monday mornings (excluding federal holidays) at 8:30 a.m. in the Woods Soldier Family Care Center, room 1004 (next to Starbucks).

FORT CARSON EDUCATION FAIR (FLYER)

Back to School!

Free to All

Spouse Deployed?

Kids in School?

Go Back to School!

Refreshments Served

July 20, 2017
0900 -1500

Universities
Financial Aid
Scholarships

INTERESTED?

Come to
the
Fort Carson
Education Fair
Bldg 1117
Corner of
Specker and Ellis



MILITARY SPOUSE SCHOLARSHIP FROM NMFA (FLYER)

Scholarships + Professional Funds



Do you need money for your education or career advancement? NMFA can help!

Application periods: Oct 1-January 15 | May 1-June 30

Award amounts typically range from \$500 to \$1,000

(Any spouse with a valid military ID is eligible)

Education Funding

- High School Equivalency
- English Language Classes
- Credits by Examination
- Certification Programs
- Certificates
- Trade School
- Degrees (All levels)

Professional Funding

- Continuing Education Credits
- Training Programs
- Certification Programs
- Certificates
- Licensure
- Professional Exams and Fees
- Clinical Supervision (Mental health licenses)

In addition to its own spouse scholarships and career advancement funding, NMFA partners with other organizations and schools to provide exclusive scholarships, education discounts and other opportunities throughout the year.

MOVING WITH CHILDREN (FLYER)



Military Community and Family Policy Fact Sheet

Easing school transitions

In collaboration with the Council of State Governments, national education and military family organizations, and state policy leaders, the Department of Defense created the Interstate Compact on Educational Opportunity for Military Children, which minimizes school disruption for military children when they move to a new school district.

Additional information

Military Youth on the Move

<http://www.militaryonesource.mil/family-and-relationships/military-youth-on-the-move>

Plan My Move

<http://planmymove.militaryonesource.mil>

Military OneSource

<http://www.militaryonesource.mil/family-and-relationships/child-care-and-youth-programs>

Moving with Children

Background

Moving every few years is a normal part of military life, whether in response to a new duty assignment or to accommodate a family's needs during a deployment. Most military children will move six to nine times from kindergarten to 12th grade. For children, moving means facing the challenges of making new friends, adjusting to new installations and cities, and changing schools.

Highlights

By staying organized and reaching out for support, parents can make moves smoother for the entire family:

- Parents play an important role in helping children adjust well to a move. An enthusiastic, organized approach to the move can help the family positively manage the transition together. Tools like customized moving calendars and to-do lists available through Plan My Move can help parents stay on top of all their moving-related tasks.
- The Military Youth on the Move web page on Military OneSource was created specifically for military children and features dynamic content to help children and teens adjust to a move. The web page includes information on making friends, getting to know their new community and many other topics.
- The Family Readiness System, a network of agencies, programs, services and individuals, and the collaboration among them, provides a wealth of information and resources for military families and children, including relocation assistance professionals to help through every phase of a move.



NO DUI RESPONSE TEAM (FLYERS)

NO DUI RESPONSE TEAM

Fort Carson
Designated
Program

WE NEED YOUR HELP!!!

Fort Carson
Designated
Program

ARE YOU INTERESTED IN HELPING OTHERS?
ARE YOU INTERESTED IN SAVING LIVES?
WOULD YOU LIKE TO EARN THE MILITARY OUTSTANDING VOLUNTEER SERVICE MEDAL?
ARE YOU A CIVILIAN THAT WOULD LIKE TO DO VOLUNTEER WORK?

If you answered yes to any of these questions, we have a program for you. We are looking for drivers and phone operators for the NO DUI RESPONSE TEAM program. Volunteers are needed every Friday and Saturday. If you are interested on volunteering or have any questions, call 524-2677 (BOSS), 526-9191 (during duty hours)
Email. james.w.butler158.mil@mail.mil. Edgardo.a.menjivar.civ@mail.mil.

!! YOU NEED A RIDE CALL (719) 526-5347!!!!

Fort Carson
Designated
Program

NO DUI RESPONSE TEAM

Fort Carson
Designated
Program

If you have a DoD ID Card we have

No Car
No
Ride

a **FREE** ride home for **YOU!**

(719) 524-2677 OR (719) 526-9191

HAD ONE
TOO MANY
DRINKS?

Friday night 2200 hrs – 0300 hrs (Sat)
Saturday night 2200 hrs – 0300 hrs (Sun)

BEEN OUT
DRINKING?

For questions about the program please call 524-2677 or 526-9191 during duty hours

PRO FOOTBALL CAMP (FLYER)



A 501c3 ORGANIZATION

Scholarships available to those may qualify. For more information contact Sadie@profootballcamp.com

WHAT: Youth Football Camp

Who: Athletes Ages 7-14

When: July 11-13, 2017

8:00-11:30 a.m.

Where: Vista Ridge High School
6888 Black Forest Road,
Colorado Springs, CO 80923

LEARN FROM THE PROS FOOTBALL SKILLS & CHARACTER

🏈 Coached by NFL Athletes

🏈 Professional, Certified Speed & Agility Trainers

🏈 15:1 ratio between Coaches & Participants

🏈 Daily "Off the Field" with a NFL Athlete teaching character qualities that relate to football and everyday life.

Daily Schedule:

8:00 a.m.

"Off the Field with the Pros" and Warm-up

8:30 a.m.

Football Skills Training

Speed & Agility Drills

10:30 a.m.

Scrimmages

11:30 a.m.

Autograph Session with NFL Athletes (TBD)

Right now \$99

50% off regular \$199 price
When using Military Discount
code: Military

For More Information and to Register:

www.profootballcamp.com or call: 719-266-9308

RELIGIOUS SUPPORT OFFICE CAMPS (FLYER)

Anyone who volunteers for vacation bible school can register now for either VBS or Eagle Lake camp! Contact Ms. Pat Treacy at 719-524-2458 for more information on volunteering and early registration.

Sponsored by Fort Carson
Religious Support Office



24-28 July, 2017
OR
31 July-4 August, 2017
0830-1600
Fort Carson, CO

Ages 7-12

heidi.a.mcallister.civ@mail.mil
719-526-5744

Registration Opens May 1, 2017 Space limited!



Worship & Fellowship



Bible Study



Games

USO SUMMER CONCERT SERIES (FLYER)



Colorado Springs

USO Colorado Springs
Annual Summer Concert Series



Old School
Something Like Yesterday
June 2, 2017 11-1 pm

Machine Alley Band
June 9, 2017
11-1 pm



The Trent Hughes Band
June 16, 2017
11-1 pm

4th ID Band
June 23, 2017
11-1 pm



Active Duty Lip Sync Battle
June 30, 2017
11-1 pm



ARMED SERVICES YMCA

FOR YOUTH DEVELOPMENT *
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

★ MILITARY ★ PARENT'S NIGHT OUT

Southeast & Armed Services YMCA

MILITARY PARENTS NEED SOME TIME ALONE WITH YOUR SPOUSE?

Drop off your kids at the Southeast & Armed Services Y for our monthly Parents Night Out Event.

Parents, this is your chance to go out to dinner, catch a movie, gather with friends or simply enjoy some quiet time at home. Bring your children and their friends to the Y for a super fun evening of healthy activities, great food, games and all-around good fun. Military Parent's Night Out is open to all military families and children.

DATES:

March 18	August 19
April 22	September 16
May 20	October 21
June 17	November 18
July 22	December 16

TIME:

5-10 p.m.

AGES:

3 (must be potty trained) — 12

COST:

Military Rate Exclusively at Southeast Armed Services YMCA only.

Y Member Military Rate:

(Family Program Package does not apply.)

E1-E5: \$20

(Active Duty, National Guard, Reserve, Independent Duty)

E6 & Above: \$25

(Veterans, Retirees, Contractors)

Non Y Member Military Rate:

E1-E5: \$30

(Active Duty, National Guard, Reserve, Independent Duty)

E6 & Above: \$35

(Veterans, Retirees, Contractors)



Must Register in person.

First time only. Must present valid DoD active duty ID card for validation. Online registration available after validation.

For more information please contact
Director of Community Programs Camisha Mobley
at cmobley@ppymca.org or 719.622.9622.

Southeast Family Center & Armed Services YMCA
2190 Jet Wing Drive
Colorado Springs, CO 80916
719,622,9622
ppymca.org

/SoutheastArmedServicesYMCA

★ ★ ★ MAKING MILITARY LIFE EASIER. ★ ★ ★



COMMUNITY PARTNER PROGRAMS

FAMILY CAMP AT TRAIL WEST (FLYER)

Military Family Camp at Young Life's Trail West



What: a week long **Military Family Camp** - offering horseback riding, ropes course, pool, water slide, hot tub, trout pond, tennis & basketball courts, sand volleyball, Frisbee golf course, playground, 4x4 jeep tours & white water rafting. Childcare is available on site during scheduled Family activities.

This is a perfect setting to relax and connect with as a Family. Young Life is a Christian organization but that is not a requirement to attend. There will be a nightly program with a short message and sing-a-long songs, as well as numerous recreational activities.

Who: Approx. 105 Active Duty Soldiers & their Families. Single parent Families and Families with a deployed spouse are invited to participate as well.

When: 28 May-3 June, 4-10 June and 6-12 August 2017 (**Online applications available beginning 1 March 2017**)

Where: Buena Vista, CO at Young Life's Trail West Camp. (Transportation to/ from the camp is a Family responsibility)

Why: To allow Soldiers and their Families to spend quality time together, laugh a lot, and be restored.

How Much: In order to thank our Service members and their Families, a discounted military fee (delineated below) is available. This fee covers all meals, activities and lodging for the Family for the week. The registration fee is based on rank: E1-E5 \$50.00, E6-E9 \$75.00, CW1-O3 \$100.00, O4 & above \$150.00.



To apply go to: www.militaryfamilycamp.younglife.org
For more information, e-mail dnancarrow@clubbeyond.org 719-381-1865

The information that appears in this flyer is intended to inform Soldiers of special offers provided to them and their families and is not intended to constitute an endorsement by Ft. Carson, the United States Army or the Department of Defense. It is strictly intended to be used for informational purposes only.



FOUNTAIN-FORT CARSON SCHOOL DIST 8 SUMMER SPORTS CAMPS (FLYER)

SUMMER Sports CAMPS



**CALLING ALL CURRENT 3RD
THROUGH 6TH GRADERS TO COME
SHARE THE SUMMER WITH US.**

JUNE 19 - JUNE 30 AND JULY 10 - 21

**\$50 PER WEEK FOR SUMMER SPORTS CAMP
(IN ADDITION TO SUMMER SCHOOL TUITION)**

Students do not have to attend summer school to participate in the Sports Camps.

If your student is attending Summer Learning Institute at Aragon, we will provide lunch and transportation for your student to FFCHS.

If your student is not attending Summer Learning Institute but would like to participate in a Summer Sports Camp, you can drop your student off at FFCHS or drop them off at Aragon for lunch and we will transport them to FFCHS after lunch.



There is a minimum and maximum number of slots. Please sign up ASAP to secure your place!



Run by FFCHS Coaches and the YMCA



**Summer School
8:00am to 12:00pm**

**Free Lunch at Aragon
12:00pm - 12:30pm**

**Busing to FFCHS
12:30pm**

**Sports Camp
1:00pm to 4:15pm**

Schedule

1:00 - 3:00 Sport

**3:00 - 3:30 Snack
(provided)**

3:30 - 4:15 Open Swim

4:30 Pick up Time


JUNE 19 -23
Football and Cheer

JUNE 26 - 30
Basketball Girls/Boys and
YMCA-Fun Club

JULY 10 - 14
Volleyball, Soccer and
YMCA Swim Camp

JULY 17 - 21
Baseball, Softball and
Tennis

FREE PRESCHOOL AT FORT CARSON CPCD (FLYER)

A young child with dark hair is looking upwards and to the right. In the foreground, a hand is typing on a computer keyboard. The child is wearing a red shirt and a green patterned cardigan.

Most of a
child's brain
growth occurs
before age 5.
**Is your child
school-ready?**

CPCD's Ft. Carson center provides **free preschool** and complete early childhood services to qualifying children (0 to 5) and families.

Call us today to learn more.



(719) 635-1536 | cpcdheadstart.org

FREE YOGA (FLYER)



**Free Classes to Learn:
Breathing Techniques and Stretching to
Reduce Stress**

Do you experience any of these symptoms on a consistent basis?

**Lack of Focus
Fatigue
Chronic Pain
Depression
Addictive Behaviors
Feeling Isolated
Loss of Concentration
Loss of Interest in Hobbies
Loss of Affection
Flashbacks
Nightmares
Insomnia**

Free classes open to all Veterans, Service Members and their Families. Learn to experience stress with less psychological cost, and gain some peace of mind.

Please call to register or stop by to visit and see what we are all about!

719-309-4714

MtCarmelVeterans.org

530 Communication Circle
Colorado Springs, CO 80905

HEALING HORSES FOR THE ARMED FORCES (FLYER)



EAGLE'S NEST
- RANCH -

Healing Horses for the Armed Forces

Active duty and veteran service members as well as their family members are invited to come to the ranch and spend time with a horse free of charge.

Experience a safe place to adjust, reconnect, and be reminded that there is always hope ... no matter what you have faced.

Contact us to schedule a session.

Suzy MacKenzie

Founder and Executive Director

www.eaglesnestranch.org

eaglesnestranch501@gmail.com

303.596.2784 + P.O. Box 1677, Parker, CO 80134



HEALTH AND WELLNESS FAIR (FLYER)



Mt. Carmel Center of Excellence
Presents

Free Health and Wellness Fair

For Veterans, Active Duty, and their Families

The first step to good health is to know what resources are available to you in your community. By attending a wellness fair, you are taking the first steps to a healthier life.

This will include alternative treatment options, healthy cooking demonstrations, interactive physical activity demonstrations, as well as door prizes and raffles!

July 29, 2017 10am-2pm

**Former Bronco Randy Gradishar to sign
autographs**

Please call for information or stop by to visit
and see what we are all about!

719-309-4714

MtCarmelVeterans.org

530 Communication Circle

MILITARY ARTISTIC HEALING (FLYER)

MILITARY ARTISTIC HEALING 2017 Summer Sessions

For adult active & retired military personnel

Discover the techniques to inspire creative skills and gain greater self-awareness. Learn to utilize artistic and creative exercise, through therapeutic processes, to develop self-expression and healing. Explore possibilities, develop your creativity and gain personal insight through working with a variety of controllable mediums. Increase personal management of life stressors by utilizing artistic exercises outside of class to help with trauma and stress reduction. We'll tour the Fine Arts Center galleries and engage in discussions as a source for inspiration.

Tuesday, June 20th – August 22nd 2017

No Class on July 4th & 11th

3:00 pm – 5:00 pm



MILITARY FAMILY ARTISTIC HEALING 2017 Summer Sessions

For parents and children of military personnel

Tuesday, June 20th – August 22nd 2017

No Class on July 4th & 11th

5:30 pm – 7:30 pm

Register at bemisartschool.org
Bemis school of Art – 818 Pelham Place
(719) 475-2444



Fine Arts Center
COLORADO SPRINGS



(NON-APPROPRIATED FUNDS)

NAF EMPLOYMENT

The Army offers **more civilian career opportunities** than any other federal agency. We employ people in a variety of occupations and have numerous positions.

All Army civilian jobs offer a degree of **challenge and excitement!**

Please stop by or call for information regarding the application process or additional information about spouse, veteran or former/current NAF employee preferences.

For more information and recent job postings, visit our Facebook page:

www.facebook.com/CARSONNAFHRO

Potential candidates can apply at: www.usajobs.gov

Questions? Call (719) 526-4445



More Events and Info at
www.carson.armymwr.com



CarsonDFMWR



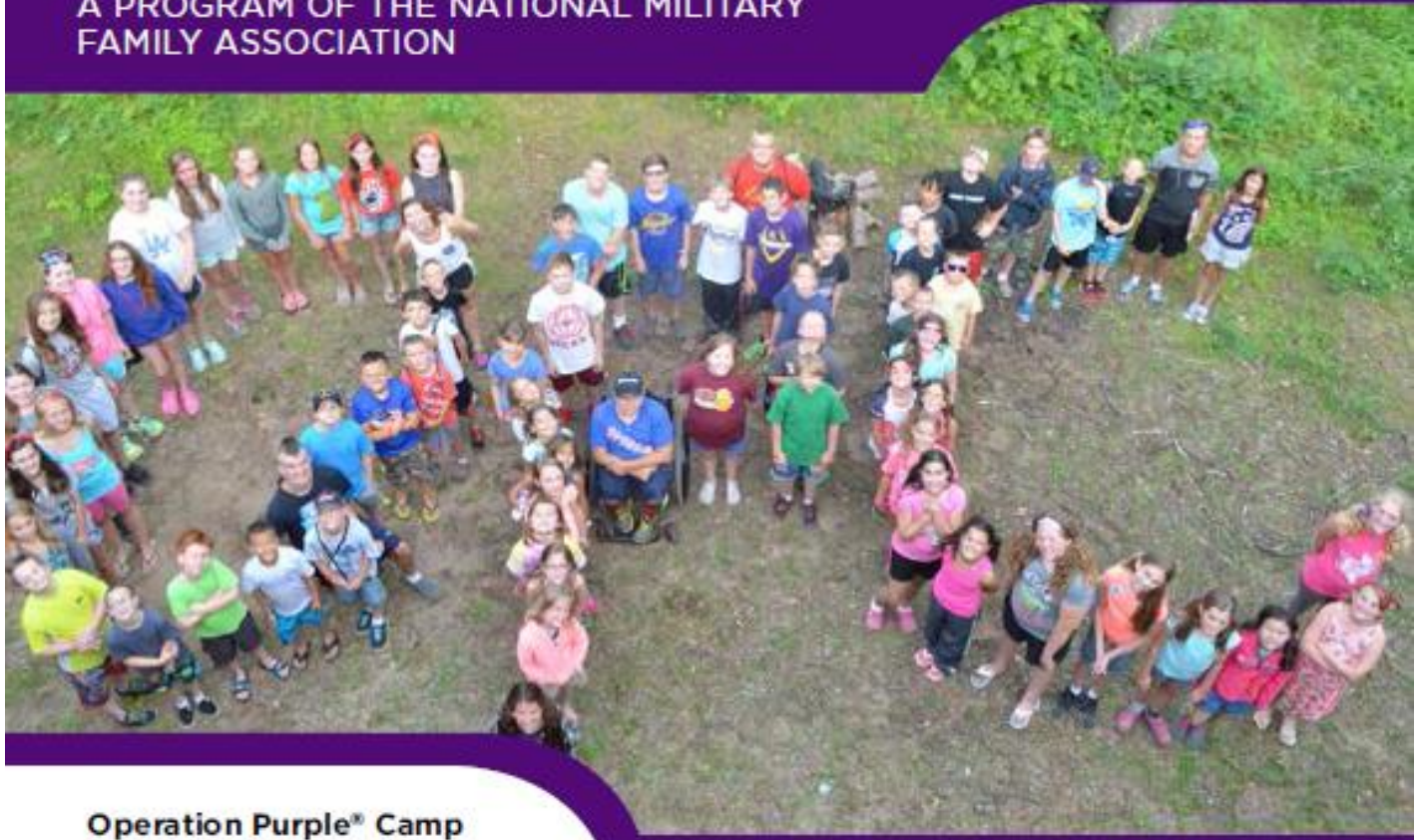
@carsonmwr
#CarsonMWR



NAF Human Resources
1626 Ellis St., Building 1118
Fort Carson, CO 80913

OPERATION PURPLE® CAMPS

A PROGRAM OF THE NATIONAL MILITARY
FAMILY ASSOCIATION



Operation Purple® Camp offers military kids a FREE WEEK of camp where they connect with other kids, just like them. And purple happens to be the perfect mix of Army green, Coast Guard blue, Air Force blue, Marine Corps red, and Navy blue. In the military world, purple symbolizes all who serve, because we know families serve, too!



Announcing our three-day,
two-night Mini-Camp!

YMCA Camp Shady Brook, CO

August 6-8 & August 9-11, 2017

APPLY TODAY
www.MilitaryFamily.org

OPERATION TBI FREEDOM (FLYERS)

Operation TBI Freedom a Colorado non-profit that is located in Colorado Springs and offers case management services throughout Colorado. Services provided include (but are not limited to): crisis management, employment/education training, psychosocial educational programming, assistance navigating complex benefits system, etc. For more information or apply for our assistance please call or email us.

Toll Free: (855) 355-6824

Email: OTF@craighospital.org

Facebook: www.Facebook.com/operationtbifreedom

HAVE YOU SERVED IN THE MILITARY SINCE 11 SEP 2001?

DO YOU HAVE A TRAUMATIC BRAIN INJURY?

YOU HAVE SERVED
NOW LET US SERVE YOU!



CALL US TODAY
(855) 355-6824

WWW.OPERATIONTBIFREEDOM.ORG

WWW.FACEBOOK.COM/OPERATIONTBIFREEDOM



A PROGRAM OF CRAIG HOSPITAL

Operation TBI Freedom (OTF) is a privately funded program of Craig Hospital, that assists Veterans and active duty military personnel living or stationed in Colorado with traumatic brain injuries (TBI) who have served since September 11, 2001. More than 7,200 military personnel with a TBI will return to Colorado in the next three years. Our program tailors a unique plan for each client that promotes optimum independence, productivity and successful reintegration into civilian life.

Each Veteran is assigned a Military Support Specialist (MSS) who is a Veteran and Certified Brain Injury Specialist. The MSS begins with a comprehensive analysis of the Veteran's needs and concerns. It is the responsibility of the MSS to use all resources—the Veterans Administration, local governmental and non-governmental entities—as efficiently as possible, ensuring no duplication of effort. OTF analyzes complex VA benefits, identifies potential benefit enhancements and assists the Veteran in maximizing his or her access to healthcare and other benefits. OTF has leveraged more than \$5.5 million in services and therapies through our partnerships with military and community organizations.

Services provided or coordinated by OTF include the following:

- Crisis management and counseling
- Employment training and support
- Peer and Family support groups
- Assistive technology devices
- Emergency financial assistance for food and housing needs
- Mentoring
- Medical care
- Parenting classes
- Mental health referrals
- Assistance navigating complicated benefit processes



Learn more at craighospital.org/OTF

Tierra Vista at Peterson AFB



COMMUNITY YARD SALE

Sort through your
closets and garages.
Turn your clutter
into cash!

**1st & 3rd Saturday
of the Month**
8AM - 2PM

Community Yard Sales will
take place on the 1st and
3rd Saturday of the month
through October.



ROCKY MNTN ADVENTURE CAMP FOR MILITARY YOUTH (FLYER)



2017 Rocky Mountain Adventure Camp for Military Youth

Week #1 June 19-22

Week #2 July 26-29

Week #3 July 10-13

Week #4 July 17-20



Are you a military teen who is 14 – 18 years old and ready for high adventure? Join us at Rocky Mountain Adventure Camp at Colorado State University's Mountain Campus – Pingree Park, nestled in the Rocky Mountains at 9,000 feet. We offer world class hiking to surrounding peaks including a B-17 Air Force crash site from 1946, ropes course and white water rafting. Combine this with our Strength-based Leadership Training and you will have the best camp ever for Military Teens! The counselors are fabulous, facilities incredible, and the food is great. Meet other military teens from across the nation.

The cost is only \$25 for registration and transportation is provided from Ft. Collins, Buckley AFB and USAFA! Registration is on a first come first served basis – each camp is limited to 50 youth. Request to join our closed Facebook page to see what others say about camp: https://extension.purdue.edu/adventure_camps/index.html You can also check the website at <https://ag.purdue.edu/extension/adventurecamps/Pages/default.aspx>

Registration opens April 8th at:

<https://campself.active.com/RockyMountainAdventureCampColoradoStateUniversityMilitaryYouth> Space is limited, so register now! rockymountainadventurecamp@gmail.com

Military Teen Adventure Camps are the result of a partnership funded by the Department of Defense between the Office of Military Community and Family Policy and the USDA's National Institute of Food and Agriculture through a grant/cooperative agreement with Purdue University.

STEM SUMMER CAMP (FLYER)

STEM SUMMER CAMP

Hosted by:



BOYS & GIRLS CLUBS
OF THE PIKES PEAK REGION

Pricing & Registration

Register for \$25 before May 15

Weekly Rates

\$185/week STEM Camp ONLY
\$210/week Extended hours

Military or Second Child Rates

\$170/week STEM Camp ONLY
\$190/week Extended hours

Schedule

June 12th-June 23rd Engineering
June 26th-July 7th Space (Closed July 4th)
July 10th-July 21st Technology and Music
July 24th- July 28th Forensic Science

Where

E.A. Tutt Boys and Girls Club
1455 S Chelton Rd.

Camp Hours

Monday- Friday: 9am-3:30pm

Extended Hours Available:
7:30am-9:00am
3:30pm-5:30pm

Visit our website at: www.bgcpr.org
Contact the Central Office at 719.570.7077 for more information

Strengthening Family Coping Resources

- Free!
- 10 weeks of fun, food, support, and learning
- Group meets for 2 hours every week
- Each group starts with a family dinner
- Get to know other families
- Learn how rituals and routines strengthen your family
- Focus on keeping your family safe

Where: Mt. Carmel Center of Excellence

When: Thursdays, June 22-August 24, 2017

Time: 5:30~7:30 p.m.

Please contact Joshua Kreimeyer by 5/22 at kreim368@regis.edu or 719-264-7027 if you would like to attend or, if you have any questions.

**STRENGTHENING FAMILY
COPING RESOURCES (SFCR)**

Intervention for Families Impacted by Trauma

Laurel Kiser

R

TEXT YOUR WAY TO A BETTER RELATIONSHIP: FREE "LOVE EVERY DAY" APP (FLYER)

**MILITARY
ONE SOURCE**



TEXT YOUR WAY TO A BETTER RELATIONSHIP.



Discover Love Every Day, and text your way to becoming a better couple.

Love Every Day is a free mobile solution that uses simple, fun text message reminders to improve your relationship in just three weeks.

Too good to be true? Love Every Day is a scientifically validated program proven to get results. With simple questions, it can improve your relationship and rekindle the feelings that brought you together.

You and your partner will work as a team, sharing daily answers to 21 entertaining and thought-provoking questions about yourself and each other. After you both answer, you'll get a bonus activity to help spur even more fun when you're together.

Thousands of couples have tried Love Every Day and come away as happier, stronger couples. Join them and text your way to a better relationship.



To sign up and get started, search "Love Every Day" at MilitaryOneSource.mil

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