



The “Pass It On” is available online at: <http://carson.armymwr.com/us/carson/programs/community-ne>

03 AUG 2017

Our mission at ACS is to prepare and empower our Total Military Family to meet the challenges of military life by providing essential programs, resources, and services that enhance knowledge, life skills, well-being, quality of life, and retention.

Army Community Service:
719-526-4590

On Facebook: Fort Carson Army Community Service

On Twitter: FortCarsonACS

On the web:
www.carson.army.mil/acs

IMPORTANT HIGHLIGHT:

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BARKELEY BRIDGE CLOSURE

Two pedestrian bridges that cross Barkeley Avenue between Hogan Street and Christie Street will be closed for repair work from July 29 until Oct. 28.

EXCHANGE RECYCLE POINT TEMPORARY RELOCATION

The recycle point at the Exchange is temporarily relocated to building 406, north of the intersection of Barger and Tevis Streets while paving work occurs. The hours of operation at the temporary recycle location are the same as at the Exchange: Monday-Friday from 7:30 a.m. to 3 p.m. and Saturday-Sunday from 8 a.m. to 4 p.m. Another community events notification will be sent out when recycle operations return to the Exchange location.

FORT CARSON CHILD SUPERVISION POLICY (FLYER)

Youth Supervision Matrix

Age of Child	Left unsupervised for less than 4 hours	Left unsupervised for up to 8 hours	Left unsupervised for more than 12 hours	Left Alone Overnight	Outside Unattended/ Curfew	Child Sit Siblings	Child Sit Others
Newborn through age 5	NO	NO	NO	NO	NO	NO	NO
Age 6 through Age 8	NO	NO	NO	NO	NO; may walk to/from school and a youth services program	NO	NO
Age 9 through Age 12	YES; if determined to be mature by parent	NO	NO	NO	YES; with immediate access to adult supervision; must be inside their home or yard between 2100 and 0600	NO	NO
Age 13 through Age 14	YES	YES; during the hours of 0600 to 2400 with ready access to adult supervision	YES; Only with arrangements for adult friend/relative to check on behavior IN PERSON within an 8-hour period	NO	YES; must be inside their home or yard between 2100 and 0600	YES; not more than 8 hours per day	YES; having completed Red Cross course as approved by Child Dev. Services
Age 15 through Age 17	YES	YES	YES; Only with arrangements for adult friend/relative to check on behavior IN PERSON within the 12-hour period	YES; Only with arrangements for adult to check IN PERSON every 12-hour period	YES; must be inside their home or yard between 2200 and 0530 (Sunday – Thursday) or between 2400 and 0530 (Friday, Saturday, Holidays)	YES; 15 year olds no more than 8 hours per day; 16+ may baby sit for more than 8 hours	YES; having completed Red Cross course as approved by Child Dev. Services

GATE 19 OPENING DELAYED

Due to ongoing paving and road work, the opening of Gate 19 is now anticipated to be Aug. 23. For questions, contact the project engineer at 526-4929.

GATE CLOSURES

The Directorate of Emergency Services will conduct routine maintenance on the vehicle barriers Aug. 5. The following gates will be closed to both inbound and outbound traffic during the following times:

--Gate 20 will be closed 7-10 a.m.

--Gate 5 roadway at the barrier will be closed 10 a.m. to noon. The housing areas will be accessible through Gate 5. Golf course and hospital access will be through Gate 1. Commercial vehicles going to the housing area just inside Gate 5 will be processed at Gate 5 during this time.

--Gate 4 will be closed 1-4 p.m.

These hours are approximate and may be adjusted slightly. Community members should plan to use the other gates for access to Fort Carson during these times.

MCKIBBEN PFC UPGRADES BEGIN JULY 24

The Fort Carson McKibben Physical Fitness Center (PFC) is upgrading its flooring July 24 to Sept. 17; the work will take approximately eight weeks to complete. During this time the facility will remain open with main weight room and visitor restrooms available for the duration of the project. The Directorate of Family and Morale, Welfare and Recreation staff have made accommodations to relocate fitness classes typically held at McKibben to Waller PFC and Garcia PFC. See schedules at <https://carson.armymwr.com/us/carson>. For more information or questions, call the McKibben (PFC) at 526-2597 or visit <https://carson.armymwr.com>.



NEW THIS ISSUE

CMA - ONLINE ENROLLMENT NOW AVAILABLE

Colorado Military Academy (CMA) enrollment is now available online for Fall 2017 classes.

CMA is a public charter school launching with grades K - 8 in August 2017 at 360 Command View, Colorado Springs near the north gate of Peterson Air Force Base. The school will expand by a grade level each year until it reaches grade 12.

Setting CMA apart are an interdisciplinary learning approach using STEM, a focus on science, technology, engineering, and math, an integrated Civil Air Patrol cadet program, and a redesigned school facility equipped with leading technology, including tablets for all students.

CMA is building strategic partnerships with the military community which complements the vision of the school and the values represented by military leadership locally.

The school's vision is to provide students the knowledge and skills they need for the challenges of the 21st Century, and beyond, so that each may reach their full potential.

Online enrollment and announcements can be found at www.coloradomilitaryacademy.org and also on Facebook www.facebook.com/coloradomilitaryacademy.



Super Sign Up

**AUG. 10 10AM TO 2PM
ELKHORN CONFERENCE & CATERING CENTER**

**VENDORS, FOOD, FUN,
GIVEAWAYS &
KID FRIENDLY ACTIVITIES**

Visit www.mpsc.us for more details

OLYMPIC TRAINING CENTER SEEKING VOLUNTEERS

National Team Events is hosting a 12-team international volleyball tournament at the Olympic Training Center September 26 - Oct 1. They are looking for many volunteers (age 12 & older) as they will have two competition courts running simultaneously for a total of 6 matches a day.

To complete a volunteer interest form: <http://www.teamusa.org/usa-volleyball/events/international/norceca-mens-continental-championship/volunteer-info>.

For more information, and to submit your volunteer interest forms; Angela Lattimer angela.lattimer@usav.org; Office: +1 (719) 228-6800

PARENT TO PARENT BACK TO SCHOOL BASICS WORKSHOP (FLYER)



Parent to Parent of Colorado Springs

Presents:

Back to School Basics

Let Parent to Parent give you tips and resources to help make this school year the best year ever!

Join us on Tuesday

August 22, 2017 @10:00 AM

Mt Carmel Veterans Service Center

530 Communication Cir

Colorado Springs, CO 80905



*All Parent to Parent workshops are **absolutely free** thanks to funding provided by the Wounded Warrior Project*



Power Breath Meditation Workshop for Veterans

August 10-14



- Improved Sleep Quality
- Enhanced Mental Clarity
- Stress Relief
- Deep Mental Relaxation
- Optimal Performance

Free for Active Duty, Veterans and Family

Dates: August 10-14
Times: Th, Fri & Mon 6:30 - 9:30 PM
Times: Sat & Sun 9:00 AM - 1:00 PM
Venue: Mt. Carmel Center of Excellence
530 Communication Circle, Col Spr

Contact: jim.warner@pwht.org
719-357-6108
www.pwht.org

Register early - Limited to 20 participants. Must attend all 5 days.
<https://goo.gl/forms/AzqvAxKAwMwxED2E2>

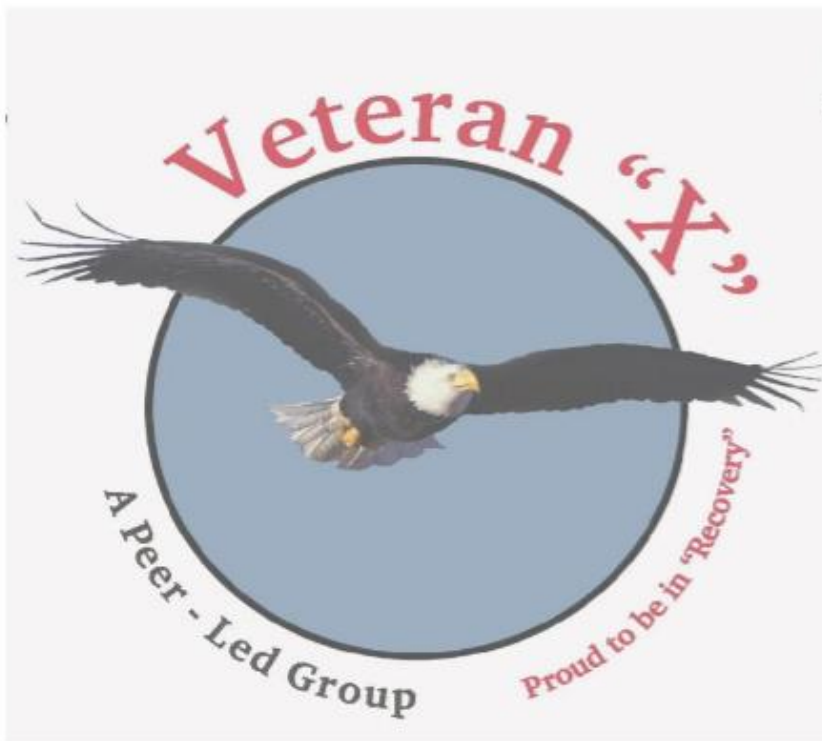


Please call for information about our youth program ages 8-13 offered the same dates & times

Introducing "Veteran X" a group for Vets by Vets to Empower Vets

Where: Mt. Carmel Center of Excellence

530 Communication Circle
Colorado Springs, CO 80905



Presented by the
Floyd K. Lindstrom VA
Clinic

in Partnership with

Mt. Carmel Center of
Excellence

When: **Starting July 11th, 2017** from 1630 to 1830 (with a fifteen minute break)

All Veterans are welcome.

Come Join the Veteran X group where Veterans empower Veterans through shared knowledge and experiences.

Group Members become the treatment team for "Veteran X", a fictitious Veteran, in helping Veteran X we will help each other and ourselves to navigate life's issues on life's terms.

For more information contact David Conley, CPSS at 719-227-4050



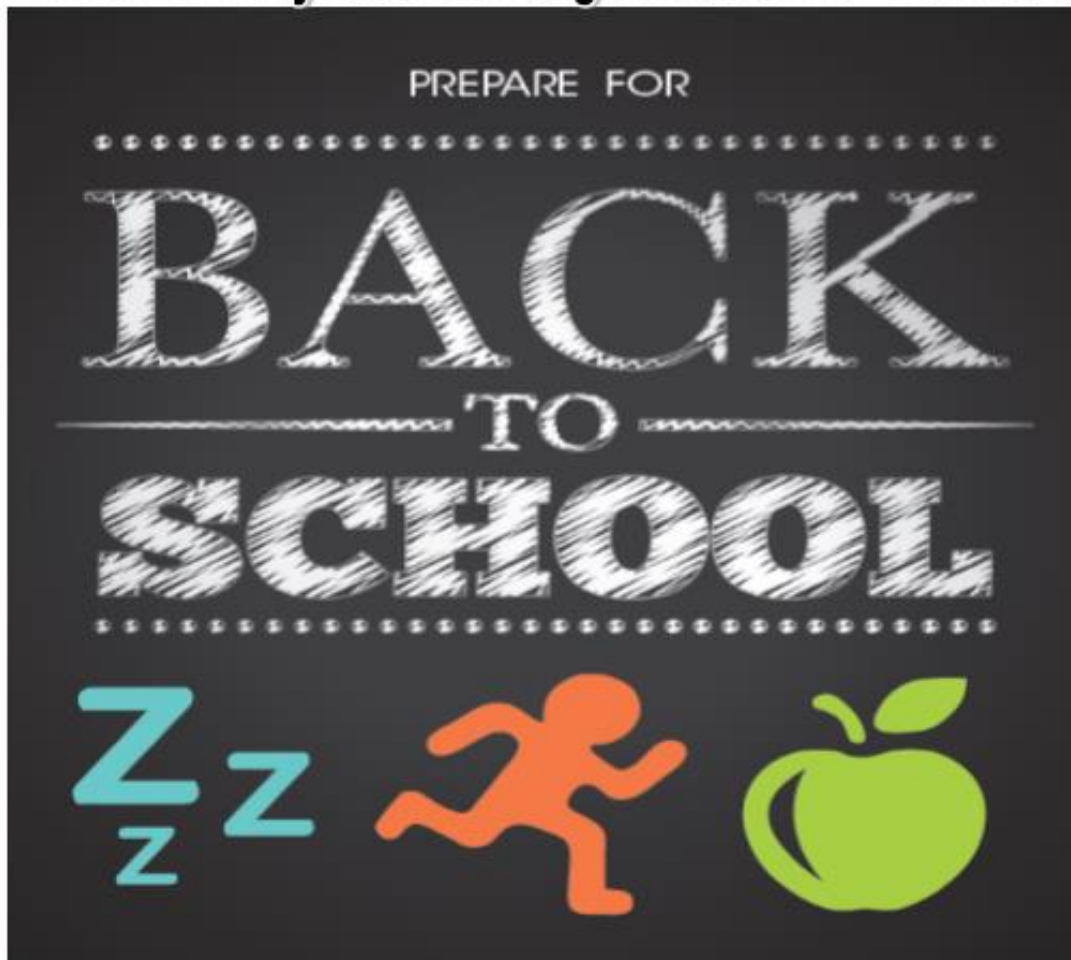
SERVICES, PROGRAMS AND EVENTS

ANNUAL SPORTS AND SCHOOL PHYSICALS (FLYER)

Annual Sports-School Physical Event

Held in Warrior Family Medicine Clinic

SAT: 22 July and 05 Aug from 0730 -1600hrs



Call the Access to Care Line (719) 524-2273 (CARE) or (719) 526-2273

Ages: 4—21, CYS, School and Sports Physicals. Bring filled out forms!

Bring ID cards for sponsor & children age 10 or older, any immunization records and come 20 minutes before appt. **We look forward to caring for your family!**

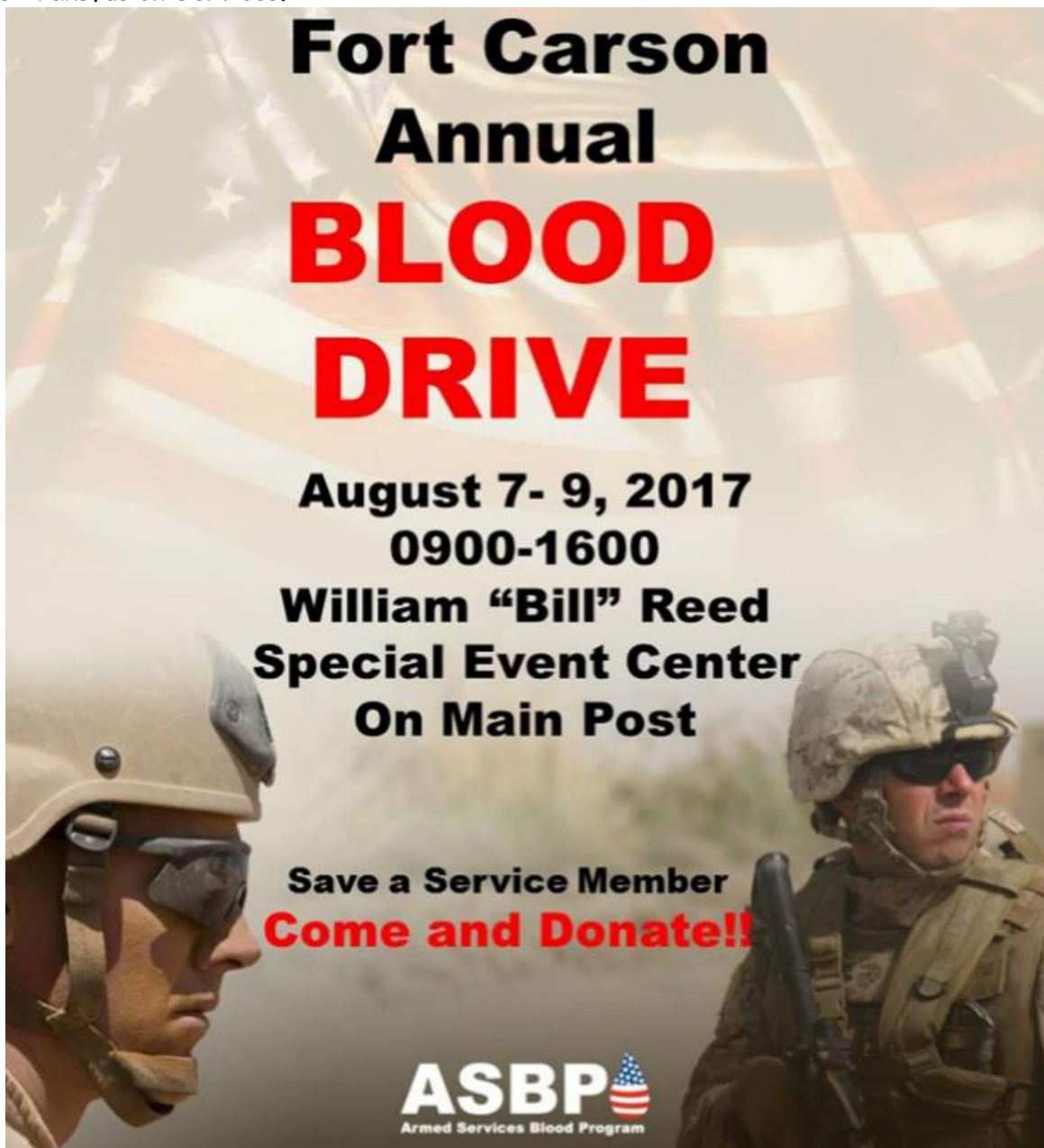
ASBP BLOOD DRIVE

Fort Carson and the Armed Services Blood Program (ASBP), out of Fort Bliss, Texas, will host a blood drive to support troops overseas and in the U.S. Aug. 7-9 from 9 a.m. to 4 p.m. each day at the William "Bill" Reed Special Events Center on post.

There is no pre-registration required for the event. If you want to give a blood donation, you can sign up upon arrival at the event center, and it will be a first-come, first-served basis.

Those wishing to donate or learn more about the program can go to http://www.militaryblood.dod.mil/Donors/donor_faq.aspx for more information.

The Armed Services Blood Program is the official military blood program and is a tri-service organization comprised of donor centers from the Army, Air Force and Navy. Donations directly support military service members and their Families worldwide to include military hospitals, ships, combat support hospitals and medics on the front line. While ASBP's first priority is providing for wounded warriors in overseas operations, they also provide blood to Soldiers, Family members and retirees at military treatment facilities as part of their support to William Beaumont Army Medical Center's Transfusion Services.



Fort Carson
Annual
BLOOD
DRIVE

August 7- 9, 2017
0900-1600
William "Bill" Reed
Special Event Center
On Main Post

Save a Service Member
Come and Donate!!

ASBP
Armed Services Blood Program

Back-to-School BRIGADE



Join Operation Homefront for a **school supply distribution event!**

August 8, 2017
10 am – 3 pm
Colorado Springs, CO

Register at events.OperationHomefront.org

Questions? Contact: Christine.White@OperationHomefront.org or

Kathleen.Coleman@OperationHomefront.org

BILLY CURRINGTON CONCERT (FLYER)



Colorado Springs



USO COLORADO SPRINGS
PROUDLY PRESENTS

BILLY CURRINGTON

COUNTRY MUSIC SUPERSTAR

FREE!

GOOD DIRECTIONS LET ME DOWN EASY MUST BE DOIN' SOMETHIN' RIGHT
PRETTY GOOD AT DRINKIN' BEER PEOPLE ARE CRAZY I GOT A FEELIN'

THURSDAY **17** | **IRONHORSE PARK** | TIME:
AUGUST | **FORT CARSON, CO** | **4PM**
2017

WWW.COLORADOSPRINGS.USO.ORG ★ FACEBOOK.COM/USOCOLORADOSPRINGS

CAREER SKILLS PROGRAM UPCOMING EVENTS (FLYERS)

The Fort Carson Career Skills Program (CSP) offers opportunities for eligible transitioning service members to gain the knowledge, skills and abilities needed for successful careers after they transition from active duty. To be eligible for any CSP, transitioning service members must be on active duty and within 180 days of transitioning from service as of the class start date, anticipate fully honorable or under honorable conditions discharge and have approval of the first field grade commander in their chain to participate. Each program also has additional eligibility criteria. Interested transitioning service members are encouraged to attend the appropriate information session as indicated below. They can also visit the Career Skills Program Office (building 6236, rooms 101-104) Monday-Friday, 7 a.m. to 4 p.m.



MSSA

- ❖ MSSA is an intense 18-week accelerated program designed to prepare transitioning Service Members to meet the IT industry's high demand for cloud developers, server & cloud administrators, and database intelligence administrators.
- ❖ Classes are held Mon-Fri, 0730-1630 with built in time for group projects and career transition assistance with MSSA mentors. MSSA graduates earn 18 credit hours, have the opportunity to earn Microsoft IT certifications and will interview for positions with Microsoft or other participating industry partners.



- ❖ 21-week program designed to educate, train, certify and mentor transitioning Service Members, leading them to rewarding mid-range civilian Cybersecurity careers. A balanced training program with 50% theory and 50% skills with significant hands-on lab work.
- ❖ Classes are held Mon-Fri, 0800 – 1600. Graduates will earn industry certifications and interview with multiple partners in the Cybersecurity Industry.

CAREER SKILLS PROGRAM

Basic Eligibility

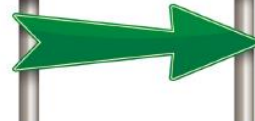
- ❖ Active Duty and Within 180 days of Transitioning from Service
- ❖ Anticipate Fully Honorable or Under Honorable Conditions Discharge
- ❖ Battalion CDR Approval to Participate
- ❖ Additional Criteria Based on Specific Program
- ❖ Honorably discharged Veterans may apply for Service to Sales, MSSA and SecureSet Cybersecurity on a space-available basis.



For more information about
Fort Carson's
Career Skills Programs:
Visit the
Career Skills Program Office
Building 6236, Room 102
719-526-1195/8549/1197

CREATE YOUR

FUTURE



With
The Army
Career Skills
Program (CSP)





U.S. Department
of Veterans Affairs

WARTAC

- ❖ WARTAC is a program sponsored by the Department of Veterans Affairs (VA), Veterans Benefits Administration (VBA) to train transitioning Service Members to process VA disability compensation claims. This 12-week program provides participants with an opportunity to learn the skillset of a Veteran Service Rep.
- ❖ Training takes place on post and is led by VBA training instructors using live compensation claims. Successful participants will receive interviews with VA Regional Offices at 56 desired locations throughout the U.S.



Service to Sales

- ❖ Sponsored by Phil Long Auto Group and Mt. Carmel Center of Excellence, this is a free 12 week training and internship program in Automotive Sales. This program is open to Veterans and Family Members on a Space Available basis.
- ❖ Successful participants interview for open positions within the Phil Long Auto Group.



UA Veterans in Piping

- ❖ The United Association (UA) of Journeymen and Apprentices of the Plumbing and Pipe Fitting Industry sponsored training program is in the field of pipe welding. This is an 18-week accelerated full-time program.
- ❖ Training takes place at the UA Local 58 and is led by highly skilled instructors. Graduates are placed in a 5-year UA apprenticeship program.



CDL-A Training

- ❖ Teamsters and ABF Freight sponsored intensive commercial truck driving training. This 6-week training, to include on-the-road testing, pre-trip vehicle inspection, basic vehicle control, loading and unloading procedures, manifest and logbook procedures, will prepare you for a career in the trucking industry.
- ❖ Training takes place on post and is taught by ABF Freight instructors. Successful participants will be placed with ABF Freight at locations across the country.



Corporate Fellowship

- ❖ The U.S. Chamber of Commerce Foundation Hiring Our Heroes sponsors this 12-week management-focused program.
- ❖ Participants will be placed with a corporate partner in a management or professional position Mon – Thurs of each week. Fridays are spent in a classroom gaining valuable corporate skills and management certification. Graduates engage in employment interviews



Local Government Fellowship

- ❖ The Veterans Local Government Fellowship Program (VLGMF) is a 16-week program that will provide participants with management training and hands-on experience in the local government environment with the goal of preparing them for smooth transitions into local government careers.
- ❖ VLGMF sponsors will provide participants with professional development, networking, coaching and free professional memberships.

EFMP SCREENINGS

Evans Army Community Hospital is holding weekly Exceptional Family Member Program (EFMP) briefings. EFMP staff will discuss the Family member travel screening process for overseas assignments and assist with any questions regarding the EFMP program. The briefings take place Monday mornings (excluding federal holidays) at 8:30 a.m. in the Woods Soldier Family Care Center, room 1004 (next to Starbucks).

KIDS FIRST SAFETY DAY (FLYER)

A flyer for 'Kids First Safety Day' at Chapel Hills Mall. The background is a bright blue sky. At the top, the text 'Chapel Hills Mall' is in dark blue, 'Kids First' is in large orange letters, and 'Safety Day' is in red cursive. Below the title, there's a logo for Children's Hospital Colorado (a stylized figure with arms raised) and the text 'Presented by Children's Hospital Colorado'. To the right is the 'SAFE KIDS COLORADO SPRINGS' logo. The date and time 'Saturday, August 5, 2017 10:00 AM - 3:00 PM' are in red. Below that, the question 'Are your kids ready to be safety super heroes?' is in orange. On the right side, there's a photo of a young girl with long blonde hair, wearing a red superhero mask and a blue shirt with a red cape, cheering with her right arm raised.

Chapel Hills Mall

Kids First Safety Day

Presented by
Children's Hospital Colorado

SAFE
KIDS
COLORADO
SPRINGS

Saturday,
August 5, 2017
10:00 AM - 3:00 PM

Are your kids ready to
be safety super heroes?



Special Performance by The Boo Hoo Crew 11 AM - 12 PM.

The BHC's going to take you and your family on a wild musical adventure. They're loud, energetic, sometimes ridiculously silly but always engaging and ready to rock your family. www.boohocrew.com

Featuring ...

Child Safety Seat Checks, Child Fingerprint Registry, Distracted Driving Simulator, Internet Safety, Pedestrian Safety, Water Safety, Home Safety and more!

Tour emergency vehicles, meet service dogs, snap a selfie with Smokey the Bear, visit the Super Hero photo booth, and enter to win a \$250 Back To School Shopping Spree!

Fun • Free • For Families

Schedule of events and featured guests are subject to change.

Visit ChapelHillsMall.com for details.



Come Shop the Difference.™



MOVING WITH CHILDREN (FLYER)



Military Community and Family Policy Fact Sheet

Easing school transitions

In collaboration with the Council of State Governments, national education and military family organizations, and state policy leaders, the Department of Defense created the Interstate Compact on Educational Opportunity for Military Children, which minimizes school disruption for military children when they move to a new school district.

Additional information

Military Youth on the Move

<http://www.militaryonesource.mil/family-and-relationships/military-youth-on-the-move>

Plan My Move

<http://planmymove.militaryonesource.mil>

Military OneSource

<http://www.militaryonesource.mil/family-and-relationships/child-care-and-youth-programs>

Moving with Children

Background

Moving every few years is a normal part of military life, whether in response to a new duty assignment or to accommodate a family's needs during a deployment. Most military children will move six to nine times from kindergarten to 12th grade. For children, moving means facing the challenges of making new friends, adjusting to new installations and cities, and changing schools.

Highlights

By staying organized and reaching out for support, parents can make moves smoother for the entire family:

- Parents play an important role in helping children adjust well to a move. An enthusiastic, organized approach to the move can help the family positively manage the transition together. Tools like customized moving calendars and to-do lists available through Plan My Move can help parents stay on top of all their moving-related tasks.
- The Military Youth on the Move web page on Military OneSource was created specifically for military children and features dynamic content to help children and teens adjust to a move. The web page includes information on making friends, getting to know their new community and many other topics.
- The Family Readiness System, a network of agencies, programs, services and individuals, and the collaboration among them, provides a wealth of information and resources for military families and children, including relocation assistance professionals to help through every phase of a move.



MPRA GOLF SCRAMBLE (FLYER)

**INAUGURAL
MPRA
EMERGENCY
SERVICES
GOLF
SCRAMBLE**

**AUGUST 7, 2017
CHEYENNE SHADOWS GOLF CLUB**

**PRIZES FOR:
LONGEST DRIVE
CLOSEST TO THE PIN
LONGEST PUTT**

MPRA PIKES PEAK CHAPTER



Registration Deadline: August 3, 2017

**\$50 PER PERSON
4 MAN SCRAMBLE**

*** Check-in begins at 7 AM**

POC: ANDREW SAENZ (719) 466-9813, andrewsaenz4@gmail.com
JASON CRADDOCK (910) 578-7150, 82airbornemp@gmail.com
THOMAS BUETTNER (719) 629-6072, steelb@999yahoo.com
To register contact Pikes Peak MPRA- mprappr@gmail.com

NO DUI RESPONSE TEAM (FLYERS)



NO DUI RESPONSE TEAM



Fort Carson
Designated
Program

WE NEED YOUR HELP!!!



Fort Carson
Designated
Program

ARE YOU INTERESTED IN HELPING OTHERS?

ARE YOU INTERESTED IN SAVING LIVES?

WOULD YOU LIKE TO EARN THE MILITARY OUTSTANDING VOLUNTEER SERVICE MEDAL?

ARE YOU A CIVILIAN THAT WOULD LIKE TO DO VOLUNTEER WORK?

If you answered yes to any of these questions, we have a program for you. We are looking for drivers and phone operators for the NO DUI RESPONSE TEAM program. Volunteers are needed every Friday and Saturday. If you are interested on volunteering or have any questions, call 524-2677 (BOSS), 526-9191 (during duty hours)
Email. james.w.butler158.mil@mail.mil. Edgardo.a.menjivar.civ@mail.mil.

IF YOU NEED A RIDE CALL (719) 526-5347!!!!



Fort Carson
Designated
Program



Fort Carson
Designated
Program



NO DUI RESPONSE TEAM

If you have a DoD ID Card we have


a **FREE** ride home for **YOU!**

(719) 524-2677 OR (719) 526-9191

Friday night 2200 hrs – 0300 hrs (Sat)
Saturday night 2200 hrs – 0300 hrs (Sun)



No Car
No
Ride



HAD ONE
TOO MANY
DRINKS?



BEEN OUT
DRINKING?

For questions about the program please call 524-2677 or 526-9191 during duty hours

PRUSSMAN CHAPEL OPERATION BACKPACK (FLYER)

Prussman Chapel: Operation Backpack

We are doing our Annual Operation Backpack to help 250 Children Grades Kindergarten to High School this upcoming School Year.

*Mark
Your
Calendar!*

Children **MUST** be present to receive backpacks.

NO backpacks will be held.

First come, First serve.

When: Saturday, 5 August

Where: Prussman Chapel, Bldg 1850

Time: 11:00 AM until all supplies are gone

RELIGIOUS SUPPORT OFFICE CAMPS (FLYER)

Anyone who volunteers for vacation bible school can register now for either VBS or Eagle Lake camp! Contact Ms. Pat Treacy at 719-524-2458 for more information on volunteering and early registration.

Sponsored by Fort Carson
Religious Support Office



24-28 July, 2017
OR
31 July-4 August, 2017
0830-1600
Fort Carson, CO

Ages 7-12

heidi.a.mcallister.civ@mail.mil
719-526-5744

Registration Opens May 1, 2017 Space limited!



Worship & Fellowship



Bible Study

Games



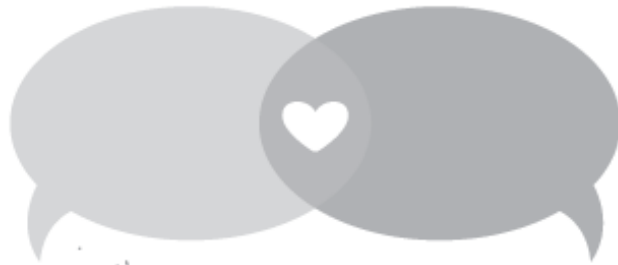


ARMY COMMUNITY SERVICE PROGRAMS

5 LOVE LANGUAGES CLASS (FLYER)



Family Advocacy Program presents



the **5** Love Languages

Learn how to better communicate with your partner at this fun workshop.

9 a.m. to Noon
ACS Center, bldg. 1526

Offered on:
May 11, July 13, Sept. 14 or Nov. 9

What if you could say or do just the right thing guaranteed to make that special someone feel loved? The secret is learning the right love language!

- Discover your own Love Language
- Learn about your partner's Love Language
- Receive free books & resources to aid in deepening your relationship
- Have a better understanding of how love, marriage & finances relate

Register: www.carson.army.mil/acs
(719) 526-4590



DISCOVER A BETTER YOU (FLYER)



Family Advocacy Program

Supporting Healthy Soldier & Family Relationships

DISCOVER A BETTER YOU

FROM THE
'GOT YOUR BACK'
SERIES



Learn skills for a successful future.

9:30-11:30 a.m. • ACS Center, bldg. 1526

There are 8 components that set up an individual for success. "Got Your Back" builds self-awareness, promotes mindful choices, emphasizes relationship skills, and encourages participants to value themselves.

The focus of this class is on single, young services members, but all DOD ID holders are welcome to attend. It's preferable that all classes are attended, but each does stand on it's own. Register today.

- June 28 • Keys to Success & Personality
- July 5 • Anger/Stress & Communicating Well
- Aug. 9 • Expectations & Frustrating Situations
- Sept. 20 • Relationships & Your Future

www.carson.army.mil/acs • (719) 526-4590



FORT CARSON YARD SALES (FLYER)

FORT CARSON RESIDENTS & DOD ID HOLDERS

APRIL TO DEC. YARD SALE

1ST & 3RD SATURDAYS · 8 A.M. – 3 P.M.

HELD IN ALL ON-POST HOUSING AREAS &

NORTH COMMUNITY CENTER, 4355 FUNK AVE.

(FOR PARTICIPANTS THAT LIVE IN THE BARRACKS & OFF-POST)



FOR MORE INFORMATION:
WWW.CARSON.ARMYMIL/ACS · (719) 526-1082



NEW PARENT SUPPORT PROGRAMS (FLYER)



NEW PARENT SUPPORT PROGRAM

OFFERED THROUGH THE SOLDIER & FAMILY READINESS PROGRAM AT FORT CARSON

The Army Community Service New Parent Support Program (NPSP) is a professional team of social workers and nurses that provide supportive and caring services to military Families. Our trained and supervised home visitors have extensive knowledge of the issues confronting military parents and are sensitive to the unique challenges they face. The NPSP will help you learn to cope with stress, isolation, post-deployment reunions and the everyday demands of parenthood. A variety of classes are offered to meet the schedule and needs of our Fort Carson Families.

Weekly	Infant Massage & Baby Nurturing	Tuesdays 10 a.m.-Noon	Pregnant moms and parents with babies are encouraged to attend. Systematic infant massage strokes alleviate colic, create strong bonds, increase the communication between baby and parent and provide a foundation of unconditional love and attachment. Topics pertaining to infant development and health are discussed. The first Tuesday of each month will feature a nurse and lactation specialist to discuss nutrition, growth and development of babies. No registration required, walk-ins welcomed.	Nurturing Center Bldg. 1354
Weekly	Playgroup	Fridays 10 a.m.-Noon	A fun-filled interactive get together for parents and children. Activities help children improve their social, cognitive and motor skills. No registration required, walk-ins welcomed.	Nurturing Center Bldg. 1354
Weekly	Toddler Time	Thursdays 9:30-11 a.m.	Participants interact on topics such as gross motor enhancement through songs and dance, sensory enrichment through arts and crafts, and nurturing the child as well as the parent. Open to parents with toddlers 18 months or above. No registration required, walk-ins welcomed.	Nurturing Center Bldg. 1354
Monthly	Basic Training for New Moms	3rd Tuesday of the month 9 a.m.-11 a.m.	Topics include becoming a new mom, caring for your baby and caring for yourself.	ACS Center Bldg. 1526
Monthly	Boot Camp for New Dads	1st Tuesday of the month 9 a.m.-Noon	Topics include becoming a new dad, caring for your baby and caring for mom.	ACS Center Bldg. 1526
Quarterly	Nurturing (Infant to 5 years)	Check our website for next session	This 12-week class teaches parents how to be nurturing to their children as well as themselves. Topics include communication with your child, how to build your child's self-esteem, behavior management techniques and much more.	Nurturing Center Bldg. 1354
Quarterly	Nurturing (5 to 12 years)	Check our website for next session	This 12-week class includes topics of communication with your child, how to build your child's self-esteem, behavior management techniques and much more.	Nurturing Center Bldg. 1354
By Appointment	Home Visits	Call (719) 526-0461	A voluntary home visitation program for families expecting a child or with children from birth up to 3 years of age. Services are provided free of charge by NPSP staff. Appointments are available Monday thru Friday from 8 a.m. to 5 p.m., evenings are available on a limited basis.	



ACS Inclement Weather Policy: If the installation is on a 2 hour or less delay, ACS events will be adjusted to a 9:30 a.m. start time with the exception of the Family Enrichment events (i.e., AFTB, FRG, ITC, Rear D), those will start at their regular start time. If the installation is closed (2 or more hours), ACS classes will be canceled & rescheduled. For installation weather notifications, visit www.carson.army.mil or call (719) 526-0096.



Find us on Facebook:
"Fort Carson ACS Family Nurturing"

NEWCOMER'S ORIENTATION (FLYER)

New to Fort Carson? Been here a week, a month or a year...let's get acquainted! Army Community Service hosts a Newcomer Orientation the second Monday of every month.



Relocation Readiness Program presents

Newcomers Orientation

2nd Monday of every month • 9 a.m. to 1 p.m.
Community Connection, Bldg. 1524

**For those *NEW* to Fort Carson & for those
who want to know more.**

www.carson.army.mil/acs (719) 526-4590



PREP PROGRAM (FLYER)



Family Advocacy Program

Supporting Healthy Soldier & Family Relationships



PREP

Prevention & Relationship Education Program

Last Thursday of the month • 9-11:30 a.m.
ACS Center, bldg. 1526

Learn the 12 components that will set you up for a successful relationship. Achieve your goals as a couple by building on your current strengths and learning new skills.

All types of couples are welcome. It's preferable that all classes are attended, but each does stand on it's own. Register today!

www.carson.army.mil/acs • (719) 526-4590





COMMUNITY PARTNER PROGRAMS

"BE THERE" PEER SUPPORT (FLYER)

BeThere



Peer Support Call and Outreach Center


Active Duty, National Guard, Reserves and family members are eligible to use the BeThere Peer Support Call and Outreach Center's services.


Call and speak to a Veteran or military spouse when you need to:


- Talk to someone who shares your military experience
- Connect to resources
- Get support in any area of life



Peer specialists support you after your call with follow up for as long as you want it.

For unlimited access to confidential peer support, available 24/7/365 worldwide, connect with us today.

 **Chat:** <https://www.BeTherePeerSupport.org>

 **Text:** 480-360-6188

 **Call:** 844-357-PEER (7337)

Follow Us:  @BeTherePeerSupport
 @DoDPeerSupport



FAMILY CAMP AT TRAIL WEST (FLYER)

Military Family Camp at Young Life's Trail West



What: a week long **Military Family Camp** - offering horseback riding, ropes course, pool, water slide, hot tub, trout pond, tennis & basketball courts, sand volleyball, Frisbee golf course, playground, 4x4 jeep tours & white water rafting. Childcare is available on site during scheduled Family activities.

This is a perfect setting to relax and connect with as a Family. Young Life is a Christian organization but that is not a requirement to attend. There will be a nightly program with a short message and sing-a-long songs, as well as numerous recreational activities.

Who: Approx. 105 Active Duty Soldiers & their Families. Single parent Families and Families with a deployed spouse are invited to participate as well.

When: 28 May-3 June, 4-10 June and 6-12 August 2017 (**Online applications available beginning 1 March 2017**)

Where: Buena Vista, CO at Young Life's Trail West Camp. (Transportation to/ from the camp is a Family responsibility)

Why: To allow Soldiers and their Families to spend quality time together, laugh a lot, and be restored.

How Much: In order to thank our Service members and their Families, a discounted military fee (delineated below) is available. This fee covers all meals, activities and lodging for the Family for the week. The registration fee is based on rank: E1-E5 \$50.00, E6-E9 \$75.00, CW1-O3 \$100.00, O4 & above \$150.00.




To apply go to: www.militaryfamilycamp.younglife.org
For more information, e-mail dnancarrow@clubbeyond.org 719-381-1865

The information that appears in this flyer is intended to inform Soldiers of special offers provided to them and their families and is not intended to constitute an endorsement by Ft. Carson, the United States Army or the Department of Defense. It is strictly intended to be used for informational purposes only.



FREE PRESCHOOL AT FORT CARSON CPCD (FLYER)

A young child with dark hair and a red shirt is looking up and to the right. A hand in a green patterned sleeve is pointing at a computer keyboard. The background is a plain wall.

Most of a
child's brain
growth occurs
before age 5.
**Is your child
school-ready?**

CPCD's Ft. Carson center provides **free preschool** and complete early childhood services to qualifying children (0 to 5) and families.

Call us today to learn more.



(719) 635-1536 | cpcdheadstart.org

FREE YOGA (FLYER)



**Free Classes to Learn:
Breathing Techniques and Stretching to
Reduce Stress**

Do you experience any of these symptoms on a consistent basis?

- Lack of Focus**
- Fatigue**
- Chronic Pain**
- Depression**
- Addictive Behaviors**
- Feeling Isolated**
- Loss of Concentration**
- Loss of Interest in Hobbies**
- Loss of Affection**
- Flashbacks**
- Nightmares**
- Insomnia**

Free classes open to all Veterans, Service Members and their Families. Learn to experience stress with less psychological cost, and gain some peace of mind.

Please call to register or stop by to visit and see what we are all about!

719-309-4714

MtCarmelVeterans.org

530 Communication Circle
Colorado Springs, CO 80905

HEALING HORSES FOR THE ARMED FORCES (FLYER)



Healing Horses for the Armed Forces

Active duty and veteran service members as well as their family members are invited to come to the ranch and spend time with a horse free of charge.

Experience a safe place to adjust, reconnect, and be reminded that there is always hope ... no matter what you have faced.

Contact us to schedule a session.

Suzy MacKenzie

Founder and Executive Director

www.eaglesnestranch.org

eaglesnestranch501@gmail.com

303.596.2784 + P.O. Box 1677, Parker, CO 80134



HELP WANTED - DIRECTORATES, FAMILIES & GROUPS AT TRUNK OR TREAT
(FLYER)

Trunk
or
Treat



FREE
Hot Dogs/Candy/and More!!!
VOLUNTEER
TODAY!!!

October 22, 2017

Soldiers' Memorial Chapel

2:00-3:30 (or until candy runs out.)

WANTED : Directorates & Families to host Trunks.
Candy donations.

Prizes for 1st, 2nd and 3rd place given to the best decorated trunk.

POC: Pat Treacy 719-524-2458 for more information.

Email: patricia.a.treacy2.civ@mail.mil





DOMESTIC VIOLENCE SUPPORT GROUP

**Are you a man or woman who
is a victim or survivor of
domestic violence?**

Let's talk...

- Personal Safety
- Healing from Anger
- Healthy Relationships
- Setting Boundaries
- Coping Skills
- And Other Topics



"You are
stronger
than you
know
braver
than you
believe,
and
smarter
than you
think
you are."

When: Fridays from 7:00 – 8:30pm

Where: 4198 Center Park Drive (on the southwest corner of Murray Blvd. and Fountain Blvd.)

**If interested, please call *719-464-6676*
for more information.**



"Life has many chapters. One bad chapter doesn't mean it's the end of the book." ~ Anonymous

Kingdom Builder's Family Life Center



Project Right Direction

Fall session starts on August 18, 2017 at our new location 2520 Arlington Dr.

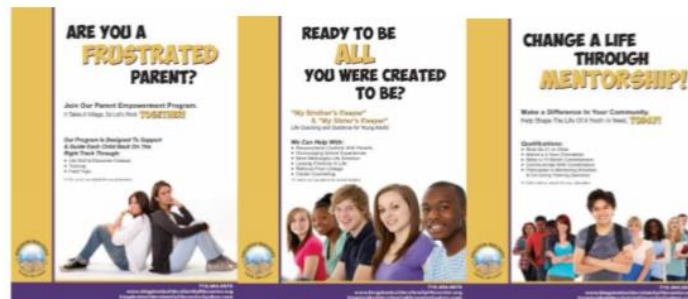
If you are a parent of a child 11-17 and you are looking for a program for your child to attend on a Friday night that is safe, fun and educational, then contact us today. Our program aims to enroll young men and women between the ages 11-17 year old who at risk and need extra support.

If you are 18-24 and need assistance to get back on the right track our Empowerment Program is designed for you. Assistance is offered to help achieve academic and employment success.

We are in the process of implementing a New Diversion program which will support youth who are 16-24 who are in the early stages of involvement in the juvenile justice system or corrections. This program is designed to address delinquent behavior informally in an effort to prevent subsequent offending.

We are currently recruiting for volunteer mentors, life coaches, youth advocates and more to assist us with our programs. We meet on Fridays from 5:30-8:30 pm starting on August 18, 2017 and will end on June 1, 2018 for the summer. We are looking for passionate and dedicated adults to provide mentorship, support and minister to at-risk youth.

Help us make a difference in the lives of our youth. It Takes A Village to Raise a child, so be a part of our Village. For more information, please contact us! 719-464-6676





Volunteer Opportunities

Kingdom Builder Family Life Center is a 501(c)(3) non-profit organization committed to helping those in need in El Paso and Teller counties by providing physical, spiritual, and emotional support through a variety of educational, counseling, and outreach services. Help strengthen our non-profit organization by volunteering!

KBFLC welcomes the assistance of volunteers, and is actively seeking assistance in in several key areas:

- **Data entry/General office help:** Create a participant and volunteer database and keep it up to date, enter survey data and more. Working knowledge of a database program (preferably Microsoft Access) needed. Assistance with document creations, mailings, filing, copying/collating of materials, and the like. Use your online and social media skills to share important messages on behalf of the organization. Some of this work can be done off-site. Time commitment is flexible.
- **Community Outreach/Special assignments:** Lend your particular expertise to a variety of specialized initiatives including adding enhanced features and functionality to the organizations website; assisting with in-depth database design and improvement; Engage in varying outreach activities and community education. Possibilities include: tabling at events, neighborhood awareness campaigns, school based programs, create promotional material, assist with special events including Annual Events and other task needed; helping us research and analyze new programs to provide benefits to our programs; and much more!
- **Communication/Marketing Specialist:** Creation and management of print materials to include newsletters, brochures, annual reports, Media relations with television, radio and print advertising. Communications management as it relates to public relations, events communications and marketing, manages community and corporate relationships.
- **Fundraising/Grant Writing Assistant:** Identifying and developing fundraising opportunities (including requests for donations, special events, etc.), Identifying and researching potential grant opportunities, Writing, editing, and reviewing current or recent grants.
- **Tutor/Mentors:** will be positive role-models in an after-school tutoring/mentoring program for urban youth 11-17. Tutor/Mentors: will take an active role in improving the academic progress of urban students by working directly with youth (in small groups) and assisting staff in the facilitation of standards-based activities focused on reading, writing, math, physical education.
- **Board members:** The Board will support the work of organization and provide mission-based leadership and strategic governance. While day-to-day operations are led by organization's executive director (ED), the Board-ED relationship is a partnership, and the appropriate involvement of the Board is both critical and expected.

Have an interest or expertise that you don't see here? Let us know what YOU can do! Volunteering is a great way to learn more about non-profits while helping a great cause! Volunteers must provide contact information and references.

For more information, contact Lisa Jenkins at the at 719-464-6676 or email lej@kingdombuildersfamilylifecenter.org.



(NON-APPROPRIATED FUNDS)

NAF EMPLOYMENT

The Army offers **more civilian career opportunities** than any other federal agency. We employ people in a variety of occupations and have numerous positions.

All Army civilian jobs offer a degree of **challenge and excitement!**

Please stop by or call for information regarding the application process or additional information about spouse, veteran or former/current NAF employee preferences.

For more information and recent job postings, visit our Facebook page:

www.facebook.com/CARSONNAFHRO

Potential candidates can apply at: www.usajobs.gov

Questions? Call (719) 526-4445



More Events and Info at
www.carson.armymwr.com



CarsonDFMWR



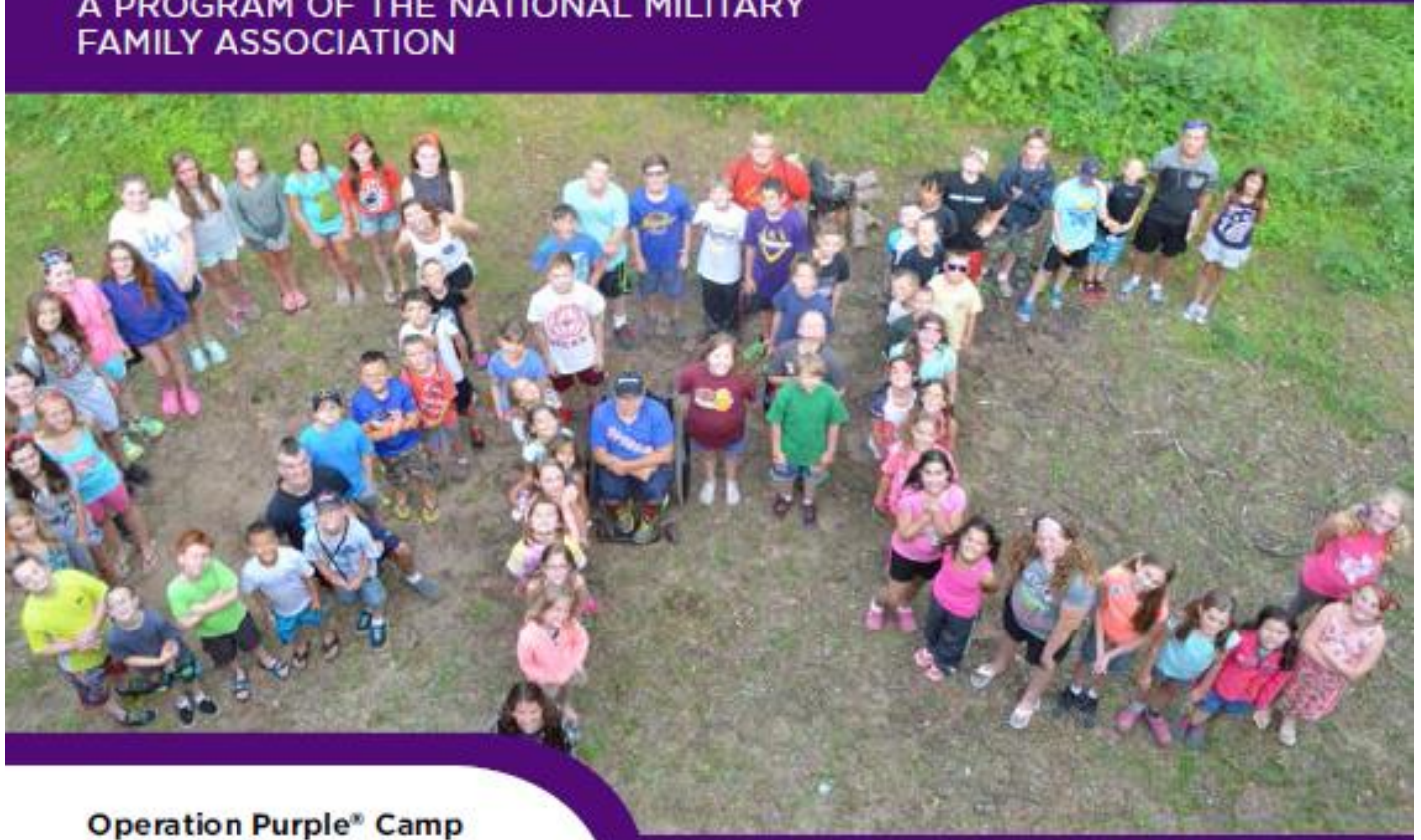
@carsonmwr
#CarsonMWR



NAF Human Resources
1626 Ellis St., Building 1118
Fort Carson, CO 80913

OPERATION PURPLE® CAMPS

A PROGRAM OF THE NATIONAL MILITARY
FAMILY ASSOCIATION



Operation Purple® Camp offers military kids a FREE WEEK of camp where they connect with other kids, just like them. And purple happens to be the perfect mix of Army green, Coast Guard blue, Air Force blue, Marine Corps red, and Navy blue. In the military world, purple symbolizes all who serve, because we know families serve, too!



Announcing our three-day,
two-night Mini-Camp!

YMCA Camp Shady Brook, CO

August 6-8 & August 9-11, 2017

APPLY TODAY
www.MilitaryFamily.org

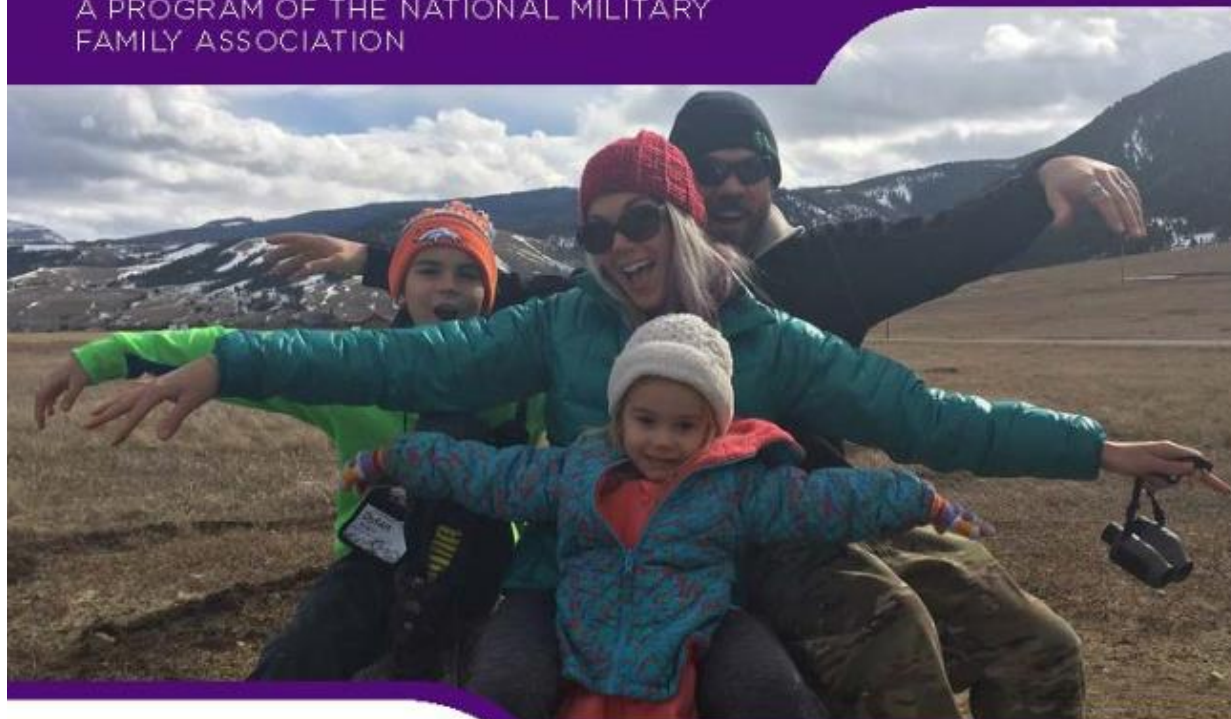
OPERATION PURPLE HEALING ADVENTURES (FLYER)

There are several openings at the Operation Purple Healing Adventures Camp in Estes Park, CO the week of August 11th-14th. This is a free camp for the entire military family. The family must have a service member that has been wounded, injured, or is ill. The service member can be from any uniformed military branch, Active Duty, Guard, Reserve, Medically Discharged or Medically Retired.

More information and application form on the website at: <http://www.militaryfamily.org/kids-operation-purple/healing-adventures/>. For questions, call 703-931-6632 and ask for Alex or email him at Ainsel@MilitaryFamily.org.

OPERATION PURPLE HEALING ADVENTURES®

A PROGRAM OF THE NATIONAL MILITARY
FAMILY ASSOCIATION



Operation Purple Healing Adventures® combines family-focused activities and outdoor exploration to help families rediscover fun and togetherness after an injury. Open to active duty, medically retired, National Guard, and Reserve families from all ranks and Services.



YMCA OF THE ROCKIES

ESTES PARK, CO | AUGUST 11-14, 2017

Strengthen family ties, become part of a community of military families and make memories that last a lifetime at YMCA of the Rockies.

APPLY TODAY

www.MilitaryFamily.org

OPERATION TBI FREEDOM (FLYERS)

Operation TBI Freedom a Colorado non-profit that is located in Colorado Springs and offers case management services throughout Colorado. Services provided include (but are not limited to): crisis management, employment/education training, psychosocial educational programming, assistance navigating complex benefits system, etc. For more information or apply for our assistance please call or email us.

Toll Free: (855) 355-6824

Email: OTF@craighospital.org

Facebook: www.Facebook.com/operationtbifreedom

HAVE YOU SERVED IN THE MILITARY SINCE 11 SEP 2001?

DO YOU HAVE A TRAUMATIC BRAIN INJURY?

YOU HAVE SERVED
NOW LET US SERVE YOU!



CALL US TODAY
(855) 355-6824

WWW.OPERATIONTBIFREEDOM.ORG

WWW.FACEBOOK.COM/OPERATIONTBIFREEDOM



A PROGRAM OF CRAIG HOSPITAL

Operation TBI Freedom (OTF) is a privately funded program of Craig Hospital, that assists Veterans and active duty military personnel living or stationed in Colorado with traumatic brain injuries (TBI) who have served since September 11, 2001. More than 7,200 military personnel with a TBI will return to Colorado in the next three years. Our program tailors a unique plan for each client that promotes optimum independence, productivity and successful reintegration into civilian life.

Each Veteran is assigned a Military Support Specialist (MSS) who is a Veteran and Certified Brain Injury Specialist. The MSS begins with a comprehensive analysis of the Veteran's needs and concerns. It is the responsibility of the MSS to use all resources—the Veterans Administration, local governmental and non-governmental entities—as efficiently as possible, ensuring no duplication of effort. OTF analyzes complex VA benefits, identifies potential benefit enhancements and assists the Veteran in maximizing his or her access to healthcare and other benefits. OTF has leveraged more than \$5.5 million in services and therapies through our partnerships with military and community organizations.

Services provided or coordinated by OTF include the following:

- Crisis management and counseling
- Employment training and support
- Peer and Family support groups
- Assistive technology devices
- Emergency financial assistance for food and housing needs
- Mentoring
- Medical care
- Parenting classes
- Mental health referrals
- Assistance navigating complicated benefit processes



Learn more at craighospital.org/OTF

Tierra Vista at Peterson AFB



COMMUNITY YARD SALE

Sort through your
closets and garages.
Turn your clutter
into cash!

**1st & 3rd Saturday
of the Month**
8AM - 2PM

Community Yard Sales will
take place on the 1st and
3rd Saturday of the month
through October.



TRY HOCKEY FOR FREE (FLYER)

Try Hockey for Free

**HERE'S YOUR
CHANCE TO WITNESS THEIR
SECOND FIRST STEP.**

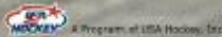
Come play youth hockey and experience more great moments in your child's life.



**Every
Saturday
9:15am**

Monument Ice Rinks

Presented by:



Join NHLer and Rampage
Coach Al Pedersen and many
first time hockey players!

719.439.3243

(Arrive 45 min early to get equipment
and get dressed)

**Try Hockey For Free
Every Saturday**

For more information go to
www.MonumentIceRinks.com



Loaner equipment will be
available. Coaches will be
on hand to help get players
dressed and on the ice.

Come join in on the fun!

****This e-mail is for informational purposes only. Distribution of this information does not express nor imply endorsement by Fort Carson or the US Army. Private Organizations are not affiliated with Fort Carson or the US Army.**