



The “Pass It On” is available online at: <http://carson.armymwr.com/us/carson/programs/community-ne>

24 AUG 2017

Our mission at ACS is to prepare and empower our Total Military Family to meet the challenges of military life by providing essential programs, resources, and services that enhance knowledge, life skills, well-being, quality of life, and retention.

Army Community Service:
719-526-4590

On Facebook: Fort Carson Army
Community Service

On Twitter: FortCarsonACS

On the web:
www.carson.army.mil/acs

IMPORTANT HIGHLIGHT:

[CHILD SUPERVISION POLICY](#)

IN THIS ISSUE - BY DATE: ([CLICK FOR DIRECT VIEW](#))

[AUGUST-DECEMBER FORT CARSON YOUTH CENTER FALL PROGRAMS](#)

[28 AUG EL PASO COUNTY PUBLIC HEALTH FOCUS GROUP](#)

[28 AUG WOMENS EQUALITY DAY](#)

[30-31 AUG REAR DETACHMENT LEADERS COURSE](#)

[02 SEP FT CARSON YARD SALE](#)

[06-07 SEP VOLUNTEERS SOUGHT FOR EMERGENCY EXERCISE](#)

[09 SEP WOMENS FELLOWSHIP TEA](#)

[09 SEP PATRIOTFEST](#)

[10 SEP CATHOLIC RELIGIOUS EDUCATION PROGRAM BEGINS](#)

[13-14 SEP TRANSITION SUMMIT HIRING FAIR](#)

[16 SEP SUICIDE PREVENTION POKER RIDE](#)

[20 SEP DISCOVER A BETTER YOU CLASS](#)

[26 SEP GET EDUCATED: YOUTH MENTAL HEALTH AND WELLNESS](#)

[26 SEP – 01 OCT OLYMPIC TRAINING CENTER VOLUNTEERS](#)

[06 OCT EFMP DEVELOPMENTAL SCREENINGS](#)

[22 OCT HELP WANTED AT TRUNK OR TREAT](#)

[Also In this issue]

[BE THERE PEER SUPPORT](#)

[CAREER SKILLS PROGRAM](#)

[CHEYENNE MOUNTAIN STATE PARK](#)

[EFMP SCREENINGS](#)

[EXCHANGE RECYCLE REOPENS](#)

[FIRST VISITOR CAR SEAT PROGRAM](#)

[FIVE LOVE LANGUAGES](#)

[FREE PRESCHOOL](#)

[GATE 19 OPENING DELAYED](#)

[HEALING HORSES FOR THE ARMED](#)

[FORCES](#)

[KINGDOM BUILDERS FAMILY LIFE CTR](#)

[NAF EMPLOYMENT](#)

[NEW PARENT SUPPORT PROGRAMS](#)

[NEWCOMER ORIENTATION](#)

[NO DUI RESPONSE TEAM](#)

[OPERATION TBI FREEDOM](#)

[PETERSON AFB YARD SALES](#)

[PREP MARRIAGE CLASS](#)

[RONALD MCDONALD HOUSE](#)

[VOLUNTEERS](#)

[TRY HOCKEY FREE](#)

[VETERAN “X” GROUP](#)



EXERCISE VOLUNTEERS SOUGHT

US Army Garrison-Fort Carson is conducting a full-scale emergency response exercise Sept 6 and 7 and needs volunteers to help with set up and serve as role players for different pandemic scenarios. Those interested in volunteering contact Joey Bautista at Joey Bautista, Fort Carson Volunteer Services Manager at 719-526-1082/526-4590.

FORT CARSON CHILD SUPERVISION POLICY (FLYER)

Youth Supervision Matrix

Age of Child	Left unsupervised for less than 4 hours	Left unsupervised for up to 8 hours	Left unsupervised for more than 12 hours	Left Alone Overnight	Outside Unattended/ Curfew	Child Sit Siblings	Child Sit Others
Newborn through age 5	NO	NO	NO	NO	NO	NO	NO
Age 6 through Age 8	NO	NO	NO	NO	NO; may walk to/from school and a youth services program	NO	NO
Age 9 through Age 12	YES; if determined to be mature by parent	NO	NO	NO	YES; with immediate access to adult supervision; must be inside their home or yard between 2100 and 0600	NO	NO
Age 13 through Age 14	YES	YES; during the hours of 0600 to 2400 with ready access to adult supervision	YES; Only with arrangements for adult friend/relative to check on behavior IN PERSON within an 8-hour period	NO	YES; must be inside their home or yard between 2100 and 0600	YES; not more than 8 hours per day	YES; having completed Red Cross course as approved by Child Dev. Services
Age 15 through Age 17	YES	YES	YES; Only with arrangements for adult friend/relative to check on behavior IN PERSON within the 12-hour period	YES; Only with arrangements for adult to check IN PERSON every 12-hour period	YES; must be inside their home or yard between 2200 and 0530 (Sunday – Thursday) or between 2400 and 0530 (Friday, Saturday, Holidays)	YES; 15 year olds no more than 8 hours per day; 16+ may baby sit for more than 8 hours	YES; having completed Red Cross course as approved by Child Dev. Services

GATE 19 OPENING DELAYED

Due to ongoing paving and road work caused by adverse weather conditions, the opening of Gate 19 is now anticipated for Sept. 18. For more information, contact the project engineer at 526-4929.

WOMEN'S EQUALITY DAY

A Women's Equality Day observance takes place Aug. 28 at 3 p.m. at the Elkhorn Conference Center. The observance is presented by 4th Infantry Division and 4th Combat Aviation Brigade Equal Opportunity offices.



NEW THIS ISSUE

EFMP DEVELOPMENTAL SCREENINGS (FLYER)

DEVELOPMENTAL SCREENINGS
OCT. 6, 3:30-5:30 P.M.
MONARCH CHILD DEVELOPMENT CENTER, BLDG. 2764
FOR MILITARY CHILDREN NEWBORN TO 3 YRS. OLD

WWW.CARSON.ARMY.MIL/ACS (719) 526-4590

FIRST VISITOR FREE HOME SUPPORT PROGRAM (FLYER)



Knowledge • Resources • Support
First Visitor
Unleash the power of parenting!

"To Provide Exceptional Health Care to People Facing Access Barriers."

peakvista.org
(719) 344-6639
(English)
(719) 344-7147
(Spanish)



Program A
Prenatal - 12 mos.

Discover your newborn's amazing abilities.



Program B
12 mos. - 24 mos.

Encourage language development.
Proper nutrition and portion size.



Program C
24 mos. - 36 mos.

Master positive discipline and guidance.
Teaching tips on toilet training.

Want to make a difference in your child's life? First Visitor is a FREE home support program designed to celebrate the birth and growth of every child. We provide new parents with emotional support, a network of community-based resources; as well as, basic information on child health, nutrition, safety and early development during the critical first three years!

RSO EDUCATION

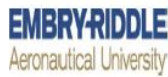
Religious Support Office (RSO) Catholic Religious Education begins Sept. 10. RSO provides Religious Education for Preschool (age 4) through adulthood. These classes include preparation for First Communion and Confirmation. RSO also offers adults who are interested an opportunity for adult formation sessions. To register for these classes, contact Pat Treacy at 524-2458.



SERVICES, PROGRAMS AND EVENTS

CAREER SKILLS PROGRAM UPCOMING EVENTS (FLYERS)

The Fort Carson Career Skills Program (CSP) offers opportunities for eligible transitioning service members to gain the knowledge, skills and abilities needed for successful careers after they transition from active duty. To be eligible for any CSP, transitioning service members must be on active duty and within 180 days of transitioning from service as of the class start date, anticipate fully honorable or under honorable conditions discharge and have approval of the first field grade commander in their chain to participate. Each program also has additional eligibility criteria. Interested transitioning service members are encouraged to attend the appropriate information session as indicated below. They can also visit the Career Skills Program Office (building 6236, rooms 101-104) Monday-Friday, 7 a.m. to 4 p.m.



MSSA

- ❖ MSSA is an intense 18-week accelerated program designed to prepare transitioning Service Members to meet the IT industry's high demand for cloud developers, server & cloud administrators, and database intelligence administrators.
- ❖ Classes are held Mon-Fri, 0730-1630 with built in time for group projects and career transition assistance with MSSA mentors. MSSA graduates earn 18 credit hours, have the opportunity to earn Microsoft IT certifications and will interview for positions with Microsoft or other participating industry partners.



- ❖ 21-week program designed to educate, train, certify and mentor transitioning Service Members, leading them to rewarding mid-range civilian Cybersecurity careers. A balanced training program with 50% theory and 50% skills with significant hands-on lab work.
- ❖ Classes are held Mon-Fri, 0800 – 1600. Graduates will earn industry certifications and interview with multiple partners in the Cybersecurity Industry.


CAREER SKILLS PROGRAM

Basic Eligibility


- ❖ Active Duty and Within 180 days of Transitioning from Service
- ❖ Anticipate Fully Honorable or Under Honorable Conditions Discharge
- ❖ Battalion CDR Approval to Participate
- ❖ Additional Criteria Based on Specific Program
- ❖ Honorably discharged Veterans may apply for Service to Sales, MSSA and SecureSet Cybersecurity on a space-available basis.



For more information about
Fort Carson's
Career Skills Programs:
Visit the
Career Skills Program Office
Building 6236 , Room 102
719-526-1195/8549/1197



With
The Army
Career Skills
Program (CSP)





U.S. Department
of Veterans Affairs

WARTAC

- ❖ WARTAC is a program sponsored by the Department of Veterans Affairs (VA), Veterans Benefits Administration (VBA) to train transitioning Service Members to process VA disability compensation claims. This 12-week program provides participants with an opportunity to learn the skillset of a Veteran Service Rep.
- ❖ Training takes place on post and is led by VBA training instructors using live compensation claims. Successful participants will receive interviews with VA Regional Offices at 56 desired locations throughout the U.S.



Service to Sales

- ❖ Sponsored by Phil Long Auto Group and Mt. Carmel Center of Excellence, this is a free 12 week training and internship program in Automotive Sales. This program is open to Veterans and Family Members on a Space Available basis.
- ❖ Successful participants interview for open positions within the Phil Long Auto Group.



UA Veterans in Piping

- ❖ The United Association (UA) of Journeymen and Apprentices of the Plumbing and Pipe Fitting Industry sponsored training program is in the field of pipe welding. This is an 18-week accelerated full-time program.
- ❖ Training takes place at the UA Local 58 and is led by highly skilled instructors. Graduates are placed in a 5-year UA apprenticeship program.



CDL-A Training

- ❖ Teamsters and ABF Freight sponsored intensive commercial truck driving training. This 6-week training, to include on-the-road testing, pre-trip vehicle inspection, basic vehicle control, loading and unloading procedures, manifest and logbook procedures, will prepare you for a career in the trucking industry.
- ❖ Training takes place on post and is taught by ABF Freight instructors. Successful participants will be placed with ABF Freight at locations across the country.



Corporate Fellowship

- ❖ The U.S. Chamber of Commerce Foundation Hiring Our Heroes sponsors this 12-week management-focused program.
- ❖ Participants will be placed with a corporate partner in a management or professional position Mon – Thurs of each week. Fridays are spent in a classroom gaining valuable corporate skills and management certification. Graduates engage in employment interviews



Local Government Fellowship

- ❖ The Veterans Local Government Fellowship Program (VLGMF) is a 16-week program that will provide participants with management training and hands-on experience in the local government environment with the goal of preparing them for smooth transitions into local government careers.
- ❖ VLGMF sponsors will provide participants with professional development, networking, coaching and free professional memberships.

CHEYENNE MOUNTAIN STATE PARK AUGUST ACTIVITIES (FLYERS)



COLORADO SPRINGS, Colo. –Cheyenne Mountain State Park is located south of Colorado Springs at 410 JL Ranch Heights Road. Take Nevada Avenue south, which becomes Colorado State Highway 115 to JL Ranch Heights Road opposite the Main Gate One entrance to Fort Carson. Turn to the west to the park entrance. Programs are free unless otherwise noted, but vehicles entering the park must have a \$7 daily or \$70 annual State Park pass. For more information, call 719-576-2016.

Saturday, August 26

Program: Archery

Time: 9:00 a.m. – 11:00 a.m.

Location: Cheyenne Mountain State Park Archery Range

Details: One on one instruction will help students learn how to shoot or polish up on skills you already have. All equipment is provided. Ages 8 and up. *Reservations required with a limited number of spaces available* State Park pass is required (Daily \$7, Annual \$70). You may purchase a park pass at the Archery Range with cash or check, or with a different form of payment at the Visitor Center or Entrance Station.

Information: 719-576-2016

Program: Archery Practice

Time: 11:00 a.m. – 12:00 p.m.

Location: Cheyenne Mountain State Park Archery Range

Details: For those who have completed our beginning archery class, we are offering a practice session to hone your skills. Equipment and instruction provided. Ages 8 and up. *Reservations required with a limited number of spaces available* State Park pass is required (Daily \$7, Annual \$70). You may purchase a park pass at the Archery Range with cash or check, or with a different form of payment at the Visitor Center or Entrance Station.

Information: 719-576-2016

Program: Discovery Hike

Time: 1:00 p.m. – 2:30 p.m.

Location: Cheyenne Mountain State Park Camper Services

Details: Discover the park with the park naturalist on a two mile or less trail hike. **Recommended for ages 7 years and up. Closed-toe shoes required. Hiking shoes recommended.** Reservations requested. State Park pass is required on all vehicles entering the park (Daily \$7, Annual \$70).

Information: 719-576-2016

Sunday, August 27

Program: Discovery Table – Raccoons and Skunks! Oh My!

Time: 10:00 a.m. – 12:00 p.m.

Location: Cheyenne Mountain State Park Limekiln Trailhead

Details: The park naturalist will have a table at the trailhead with raccoon and skunk items that you can view and/or touch to learn about these nocturnal mammals that call Cheyenne Mountain State Park home. (No live animals will be utilized during this learning experience). State Park pass is required on all vehicles entering the park (Daily \$7, Annual \$70).

Information: 719-576-2016

Ongoing 2017 Programs

Programs: CMSP Trail Challenge and 100 Mile Trail Challenge

Time: Ongoing! Begins Jan. 1st, 2017 – Ends Dec. 31st, 2017

Location: Cheyenne Mountain State Park Trail System

Details: Join the 200+ participants who have already decided to take our challenge! The goal of the Cheyenne Mountain State Park Trail Challenge is to complete ALL 18 of the existing trails for a total of 21.87 miles. Not enough of a challenge for you? The 100 Mile Trail Challenge goal is to log 100 miles of trail within the park. This challenge is a go-at-your-own-pace kind of challenge. A quick sign up is necessary and sign-up sheets will be available at the visitor center anytime after Jan 1st. All miles must be logged and checked off by staff. Completion of the Trail Challenge will earn a special patch and the 100 Mile completers will earn a CMSP Challenge Coin.

The challenge is free but a valid parks pass is required on all vehicles entering the park (Daily \$7, Annual \$70).

Information: 719-576-2016, www.cpw.state.co.us

Every Monday, Wednesday, and Saturday

Program: Yoga in the Park **Time:** 9:00 a.m. – 10:15 a.m.

Location: Visitor Center Meeting Room

Details: What better setting for a morning workout than Cheyenne Mountain State Park! Join certified instructor Sudhanshu Semwal for Sankalp Yoga every Monday, Wednesday, and Saturday. Beginners are welcome. Dates, times, and locations are subject to change. Call 719-576-2016 to confirm classes or sign up for the weekly email reminder.

Donations are appreciated and a valid parks pass is required on all vehicles entering the park.

Information: 719-576-2016, www.cpw.state.co.us

***** August is military appreciation month, and entrance fees are waived for U.S. service members. Pick up the free hang-tag from any CPW park or office by showing your active duty, veteran ID, or DD214 today.*****

EFMP SCREENINGS

Evans Army Community Hospital is holding weekly Exceptional Family Member Program (EFMP) briefings. EFMP staff will discuss the Family member travel screening process for overseas assignments and assist with any questions regarding the EFMP program. The briefings take place Monday mornings (excluding federal holidays) at 8:30 a.m. in the Woods Soldier Family Care Center, room 1004 (next to Starbucks).

FIRST VISITOR CAR SEAT PROGRAM (FLYER)



First Visitor has a limited number of car seat vouchers available!

FV has a limited number of car seat vouchers available. These seats are made possible by a mini grant and are no longer free. A donation of \$15- \$25 will be collected for each voucher given and car seat installation will be taught by a CPS technician. For further information, age and weight eligibility please contact the **First Visitor car seat line** at: **344-6892**. This line is monitored daily and all complete messages (name, return phone number) will be returned by a member of the First Visitor team.

FORT CARSON YOUTH CENTER FALL PROGRAM GUIDE (FLYER)

Now serving FREE Dinner
3:30PM-4:30PM!
Late Snack at 6:30PM

Fort Carson Youth Center Fall Program Guide

August – December 2017



Art Club: M W F 4:30-5:30PM

Join Art Club and have an opportunity to be recognized for your creativity. Open Art, Cultural Art, Quilting, Acrylics, and more. There will be monthly competitions and art galleries to look out for too.

Art Room

Jammin' Out: M, W, F 5:30-6:30PM

This program is designed to mentor and empower youth with the universal language of music. We provide instruments and knowledge in a structured, collaborative environment. Youth can explore guitar, Piano, bass, drums, and vocals and have the opportunity to form bands with like-minded peers. Try it, you might like it!

Music Room

SMART Girls: Thursdays 4-5PM

The SMART Girls program gives Young women a chance to get to know one another and teaches ideals about respect, trust, confidence and effective communication. Girl Power!

Conference Room

Torch Club: 2nd and 4th Wednesday 4:30-5PM

Middle School ONLY

Torch club is Boys & Girls Club of America's small-group leadership and service club for youth ages 11-13.

Life Skills Room

In the Kitchen: Fridays 4:30-6PM

Cooking stars in the making! We will take on cooking projects, learn about table setting, reading and making recipes and other fun kitchen projects.

Life Skills Room

Keystone Club: Thursdays 6-7PM *High School ONLY*

Keystone is Boys and Girls Club of America's service learning program for teens. This unique leadership development experience provides opportunities for young people ages 14-18. Youth participate both in and out of the club, in activities in three focus areas: Academic Success, Career Preparation and Community Service

Conference Room

College Bound: Tuesdays 6-7PM

College Bound is offered to our High School Members that want to be prepared for going to college. Learn about applying for college, surviving college, and finding the right field for you.

Homework Lab

Power Hour! M-F 3:30-4:30PM

A comprehensive homework help/tutoring program designed to raise the academic proficiency of middle schoolers and high school teens. As youth complete homework assignments and bonus educational activities, they accumulate "Power Points" which may be used to obtain incentives and rewards. Power Hour is designed to help youth achieve maximum academic success! "Making Minutes Count!"

Homework Lab

Smart Bucks: T & Th 5-6PM

Members are invited to learn about financial literacy. Saving, investing, budgeting in the real world, shopping smart and more. Incentives include field trips, awards, and recognition for completion of the course.

Homework Lab

Indoor Gardening Club: T & Th 4-5PM

Do you enjoy growing your own food? Join the gardening club and learn all the steps for starting your own garden for beauty and for nutrition.

Life Skills Room

The Voice: M & W 4-5PM

High School Members are invited to a program that gives them a voice. Plan parties, field trips and more.

Conference Room

HOT – Hands On Technology: Thurs 5-6PM

Join the Tech Club and do some hands on STEM activity. Building Bridges, walking on water, making rockets and more.

Weight Room/Small Gym

Fort Carson Youth Center
6181 Ware St Bldg. 5950
Fort Carson, CO
Ph. (719) 526-2680



Strength & Conditioning: M & F 4-5PM, W 5-6PM

Want to get fit? Want to stay fit? Join our Strength & Conditioning Club and have an opportunity to work out.
Weight Room/Small Gym

Fun Zone: M - F 4-5PM

Come to the Fun Zone and enjoy different activities every day. Riddles, scavenger hunts, video game competitions, free play, Minute to Win it!, Board game tournaments, prizes, and more.
Game Room/Open Rec

Basketball Workshop: M - F 4:30-5PM

Want to improve some of your basketball skill? Then stop by the Youth Center for some pointers and drills to help you improve. Mr. Abdul and Mr. Derrick are here to provide guidance on how you can improve your game.
Gym

Hour of Code/ Computer Science Unplugged:

M, W, F 5-6PM

Improve your STEM Skills by joining Hour of Code and Computer Science Unplugged. Learn to engineer your own games and learn all about the 1's and 0's of the computer world. Parties and incentives for consistent participants.
Computer Lab

Passport to Manhood: Thursdays 4-5PM

This program consists of sessions that concentrate on specific character aspects of manhood through interactive activities and conversation. Passport to Manhood promotes positive ideals and concepts to help shape boys into responsible young men.
Conference Room

My.Future: T - TH 4:30-5PM

Ready to explore the vast world of technology? My.Future provides opportunities to develop strong, grounded digital literacy competency.
Tech Lab

Upcoming Special Events:

Back to School Party Aug. 18th 7:30-9:30PM – Join us for a great time. Free party with refreshments and drawings.

Glow Dance Sept. 8th 7:30-9:30PM- Members are invited a fun night of good music and glow lights. Wear clothing you are okay with getting messy.

Pumpkin Walk Oct. 19th – Join us for a pumpkin decoration contest. Event open to the community.

Strong Family Awareness Dinner Nov. 14th 6-8PM – Join the Youth Center for a nice family dinner. Also meet with guest speakers on ways to stay family strong.

Monthly Events

Midnight Basketball- First Friday of every month. Middle school 8-9:30PM, High school 10-12AM, pizza at 9PM for participants!

Skate Night- Third Friday of the month 6PM-9PM

Movie Nights \$5 –Aug, 25th, Sept. 22nd, Oct. 13th, Nov. 17th, and Dec. 18th Families are invited for a nice movie and diner for only \$5 per person. 6:30PM-9PM

Fort Carson Record Books – Saturdays - Come in and break a record. Different activities every Saturday.

Family Game Night- Last Saturday of the month 7-9PM. Bring your family, win prizes, and enjoy snacks!

Fall Camp – 20 – 24 November

Winter Camp – 18 – December to 4 January

Building Closures

Labor Day – Center Closed September 4th

Columbus Day – Center Closed 9 October

October 21st - Center Closed

Veterans Day – Center Closed 10 November

Thanksgiving Day – Center Closed 23 November

Christmas Day – Center Closed 25 December

-----Youth Led Clubs-----

Book Club:

For all book lovers, readers and literature connoisseurs! We engage in book discussions, fan fics, and film adaptations of some books we read or have read.

Middle School: Tuesdays 4pm-5pm

High School: Thursdays 5pm-6pm

Club Mentor: Ms. Hannah

Homework Lab

MAGE Academy: M, W, F, 6-7PM, Sa. 7-9PM

Join our anime club, which involves a lot of cooking, gaming, learning new anime characters, crafting, and pop culture.

Movies Anime Games Enthusiasts

Club Mentor: Mr. Todd

Life Skills

Dungeons and Dragons: Fridays 6-7PM

Enjoy fun times with friends while making D&D characters, stories, and playing fields.

Club Mentor: Mr. Brandon

Tech Lab

Fort Carson Youth Center

6181 Ware St Bldg. 5950

Fort Carson, CO

Ph. (719) 526-2680



GET EDUCATED: YOUTH MENTAL HEALTH AND WELLNESS (FLYER)

Get Educated: Youth Mental Health and Wellness



Sponsored by:



Harrison School District Two

Character Through Diversity, Challenge & Accomplishment



When: Tuesday, September 26, 2017 5:30-9 pm

Where: Harrison D2, Harrison High School

Zalman Center

2755 Janitell Road

Colorado Springs, CO 80906

Free registration at:

www.healingouryouth.org/calendar/



SCHEDULE:

5:30: Visit our resource fair & talk one-on-one with professionals from the field of mental health

6:30: Listen to the Healing Our Youth presentation (see presenters/topics below)

8:00: Visit our resource fair & talk one-on-one with our panel speakers and professionals from the field of mental health

9:00: Close

- Listen to a parent's perspective on raising a child with a mental disorder
- Learn important facts/statistics about mental disorders and the basic biology of mental disorders
- Learn about the adolescent brain and teen substance use
- Learn to identify unhealthy adolescent behavior
- Learn what treatments are available for mental disorders and the steps to take to access treatment
- Connect with experts and resources in mental health
- Talk one-on-one with mental health professionals
- 2.0 CEUs offered
- Light refreshments included

AN INSPIRING PRESENTATION, PLUS A MENTAL HEALTH RESOURCE FAIR



A Parent's Personal Story by Gina Moore, JD – Community Outreach Coordinator and Past President of the National Alliance on Mental Illness Arapahoe/Douglas Counties.



Mental Disorders: Facts, Statistics & Biology by Amy Gensler, MD – Board certified pediatrician with Parker Pediatrics & Adolescents; Associate Clinical Professor at the University of Colorado, Dept. of Pediatrics, Children's Hospital Colorado.



Youth Substance Use by Kevin Petersen, MA, MFT-C – Executive Director and Counselor at Petersen Family Counseling in Denver where he specializes in substance abuse, co-dependency, anger, behavioral issues, and severe mental health issues.



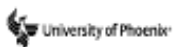
Identifying Unhealthy Adolescent Behavior by Sharon Hastings, EdD, LPC, LSC, NCC, ACS Clinical Director and Supervisor of Clinical Counseling at the University of Phoenix, Lone Tree.



A Youth's Personal Story by Edward Mastronardi: a local youth shares his journey with a mental disorder and inspires hope.



Moderated by Jean Miller, PhD, LPC-Administrator and faculty member in the College of Social Sciences at the University of Phoenix, Lone Tree.



NO DUI RESPONSE TEAM (FLYERS)



NO DUI RESPONSE TEAM



Fort Carson
Designated
Program

WE NEED YOUR HELP!!!



Fort Carson
Designated
Program

ARE YOU INTERESTED IN HELPING OTHERS?

ARE YOU INTERESTED IN SAVING LIVES?

WOULD YOU LIKE TO EARN THE MILITARY OUTSTANDING VOLUNTEER SERVICE MEDAL?

ARE YOU A CIVILIAN THAT WOULD LIKE TO DO VOLUNTEER WORK?

If you answered yes to any of these questions, we have a program for you. We are looking for drivers and phone operators for the NO DUI RESPONSE TEAM program. Volunteers are needed every Friday and Saturday. If you are interested on volunteering or have any questions, call 524-2677 (BOSS), 526-9191 (during duty hours)
Email. james.w.butler158.mil@mail.mil. Edgardo.a.menjivar.civ@mail.mil.

IF YOU NEED A RIDE CALL (719) 526-5347!!!!



Fort Carson
Designated
Program



Fort Carson
Designated
Program



NO DUI RESPONSE TEAM

If you have a DoD ID Card we have


a FREE ride home for YOU!

(719) 524-2677 OR (719) 526-9191

Friday night 2200 hrs – 0300 hrs (Sat)
Saturday night 2200 hrs – 0300 hrs (Sun)



No Car
No
Ride



HAD ONE
TOO MANY
DRINKS?



BEEN OUT
DRINKING?

For questions about the program please call 524-2677 or 526-9191 during duty hours

PATRIOTFEST (FLYER)



FREE SHOW ★ OPEN TO DoD ID CARDHOLDERS

FESTIVAL VILLAGE WITH LOCAL FOOD TRUCKS & BREWERIES

FAMILY FRIENDLY ACTIVITIES ★ BRING LAWN CHAIRS/BLANKETS

NO PETS, CANOPIES OR OUTSIDE ALCOHOL

AIR FORCE SERVICES
ACTIVITY PRESENTS

LIVE STAGE

AN AIR FORCE
ENTERTAINMENT PRODUCTION

ENTERTAINMENT
INCLUDES



SATURDAY, SEPTEMBER 9 ★ PATRIOT PARK
FESTIVAL VILLAGE OPENS AT 3 PM ★ MUSIC STARTS AT 5 PM

THANK YOU TO OUR SPONSORS AND PARTNERS:

AYID4ADVENTURE, CAREFREE CHIROPRACTIC, CHICK-FIL-A, COLORADO SPRINGS MILITARY NEWSPAPER GROUP,
COLORADO SPRINGS SWITCHBACKS FC, COLORADO SPRINGS UTILITIES, CONSTITUTION DENTAL GROUP, ENT CREDIT UNION,
FAIRWAY INDEPENDENT MORTGAGE, FIRST COMMAND FINANCIAL SERVICES, GEICO, ORANGETHEORY FITNESS,
PEOPLES MORTGAGE, PEPSI, SKY SOX BASEBALL, STRUCTURE REAL ESTATE GROUP, USAA, USO, VETERANS UNITED AND XFINITY.
NO FEDERAL ENDORSEMENT OF SPONSORS OR PARTNERS INTENDED.



RONALD MCDONALD HOUSE OF SOUTHERN COLORADO VOLUNTEER OPPORTUNITIES

When families with seriously ill children in area hospitals have no place to rest... they are welcome at the Ronald McDonald House. It's a home away from home. Our volunteers do so much more than cook and clean. They make this house a home.

Opportunities to help 7 days a week/ 365 days a year! We only require a friendly smile and helpful attitude!

House Volunteers

Assist the staff in keeping a warm & friendly environment for the families staying at the House. This includes, but is not limited to cleaning, organizing, baking working in the yard and any special projects. Flexible 2-4 hour shifts between the hours of 9am-8pm. Groups and pairs are welcome!

Office Volunteers

Manage the front office of the Ronald McDonald House. This includes, but is not limited to answering phones/doors, filing, accepting donations, checking in families/visitors, and working on special office projects.

After RMHC volunteer application and background check, House and Office volunteers can usually begin immediately depending on availability. Children under 18 must volunteer with an adult.

Ronald McDonald Family Rooms

Memorial Family Room

Located in the NICU of Memorial Hospital

St. Francis Family Room

Locate in the NICU of St. Francis Medical Center

Families can step away momentarily to grab a snack or just a nap... our Family rooms provide a place for self-care while staying close to their children. Our volunteers give them everything they need to do just that. Volunteers staff 100% of our Family Rooms - 7 days per week/365 days per year. People like you are essential to keeping these places accessible to families whenever they are in need! Act as host/hostess to all families in ensuring all guests are met with a warm, smiling face Provide tours to new guests Monitor the guest sign-in process Make coffee as needed Put snacks out as needed Ensure that all rules are followed Answer phone as needed Contact hospital staff regarding restocking as needed Family Room volunteer minimum is one shift per month. Six-month minimum. Volunteer shift times are 9am-1pm, 1pm-5pm, 5pm-7/9pm. Must be at least 14 years of age to volunteer at our Family rooms. Individuals and pairs are welcome!

How to apply:

Visit: www.rmhcs.org/volunteer; Contact: Nicole Noll, Volunteer Manager at nicole@rmhcsoutherncolorado.org or 719-471-1814; or stop by our House:

Ronald McDonald House

311 N Logan Ave.

Colorado Springs, CO 80909

*Additional applications and processes required to volunteer at Family Rooms

Saturday, 16 September 2017

FREE!

**4th Annual
Suicide
Prevention
Motorcycle
Poker Ride**



**Inaugural
Ready and
Resilient
5K Run/Walk**



All participants will receive a plush animal toy FREE!

**Registration begins at 0800
Opening Ceremony starts at 0900**

**Motorcyclists:
park OUTSIDE
gate 1 In the
Visitor Control
Center lot**



**Runners/walkers:
park INSIDE gate
1 behind the 4ID
museum**



For more information, Call (719) 526-0401

TRANSITION SUMMIT HIRING FAIR (FLYER)



TRANSITION SUMMIT

FORT CARSON

Personal Branding • Hiring Fair • Transition Education • Industry Workshop

Date and Time

September 13-14, 2017

Location:

Fort Carson, CO

Various Venues

September 13

HUB - 9a.m. – 4p.m.: Industry Sector Briefings for Job Seekers

HUB - 5:00 p.m.: Networking Reception for Job Seekers, Employers, and Uniformed Leaders

September 14

9:30 a.m.: Workshops for Job Seekers – McMahon Auditorium

1 p.m.: Hiring Fair – Special Events Center

Join us for a free hiring fair and transition summit for service members, veterans, and military spouses. This event features key federal & state agencies, influential military leaders, innovators in the business and employer community, and local community leaders.

The two-day Transition Summit will feature informative and interactive panel events, and facilitated discussions focused on improving competitive employment for service members, veterans, and spouses in addition to a networking reception for employers, military leaders, and job seekers.



**Employers and Military Job Seekers
register at**

HiringOurHeroes.org/Events



Our Sponsors



Our Partners



WOMEN'S FELLOWSHIP COMMUNITY TEA (FLYER)

Women's Fellowship Community Tea

**Women's
Fellowship Annual
Community Tea
will be held on
Saturday,
9 September
beginning at 11:00
AM at Cheyenne
Mountain Resort**



*Mark
Your
Calendar!*

For more information or to RSVP, please email Sister Gwen Wescott at gjw978@yahoo.com

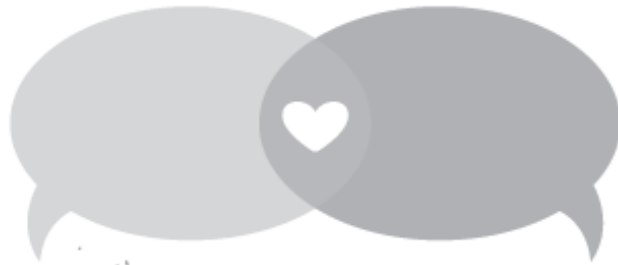


ARMY COMMUNITY SERVICE PROGRAMS

5 LOVE LANGUAGES CLASS (FLYER)



Family Advocacy Program presents



the **5** Love Languages

Learn how to better communicate with your partner at this fun workshop.

9 a.m. to Noon
ACS Center, bldg. 1526

Offered on:
May 11, July 13, Sept. 14 or Nov. 9

What if you could say or do just the right thing guaranteed to make that special someone feel loved? The secret is learning the right love language!

- Discover your own Love Language
- Learn about your partner's Love Language
- Receive free books & resources to aid in deepening your relationship
- Have a better understanding of how love, marriage & finances relate

Register: www.carson.army.mil/acs
(719) 526-4590



DISCOVER A BETTER YOU (FLYER)



Family Advocacy Program

Supporting Healthy Soldier & Family Relationships

DISCOVER A BETTER YOU

FROM THE
'GOT YOUR BACK'
SERIES



Learn skills for a successful future.

9:30-11:30 a.m. • ACS Center, bldg. 1526

There are 8 components that set up an individual for success. "Got Your Back" builds self-awareness, promotes mindful choices, emphasizes relationship skills, and encourages participants to value themselves.

The focus of this class is on single, young services members, but all DOD ID holders are welcome to attend. It's preferable that all classes are attended, but each does stand on it's own. Register today.

- June 28 • Keys to Success & Personality
- July 5 • Anger/Stress & Communicating Well
- Aug. 9 • Expectations & Frustrating Situations
- Sept. 20 • Relationships & Your Future

www.carson.army.mil/acs • (719) 526-4590



FORT CARSON YARD SALES (FLYER)

FORT CARSON RESIDENTS & DOD ID HOLDERS

APRIL TO DEC. YARD SALE

1ST & 3RD SATURDAYS • 8 A.M.–3 P.M.

HELD IN ALL ON-POST HOUSING AREAS &

NORTH COMMUNITY CENTER, 4355 FUNK AVE.

(FOR PARTICIPANTS THAT LIVE IN THE BARRACKS & OFF-POST)



FOR MORE INFORMATION:
WWW.CARSON.ARMYMIL/ACS • (719) 526-1082



NEW PARENT SUPPORT PROGRAMS (FLYER)



NEW PARENT SUPPORT PROGRAM

OFFERED THROUGH THE SOLDIER & FAMILY READINESS PROGRAM AT FORT CARSON

The Army Community Service New Parent Support Program (NPSP) is a professional team of social workers and nurses that provide supportive and caring services to military Families. Our trained and supervised home visitors have extensive knowledge of the issues confronting military parents and are sensitive to the unique challenges they face. The NPSP will help you learn to cope with stress, isolation, post-deployment reunions and the everyday demands of parenthood. A variety of classes are offered to meet the schedule and needs of our Fort Carson Families.

Weekly	Infant Massage & Baby Nurturing	Tuesdays 10 a.m.-Noon	Pregnant moms and parents with babies are encouraged to attend. Systematic infant massage strokes alleviate colic, create strong bonds, increase the communication between baby and parent and provide a foundation of unconditional love and attachment. Topics pertaining to infant development and health are discussed. The first Tuesday of each month will feature a nurse and lactation specialist to discuss nutrition, growth and development of babies. No registration required, walk-ins welcomed.	Nurturing Center Bldg. 1354
Weekly	Playgroup	Fridays 10 a.m.-Noon	A fun-filled interactive get together for parents and children. Activities help children improve their social, cognitive and motor skills. No registration required, walk-ins welcomed.	Nurturing Center Bldg. 1354
Weekly	Toddler Time	Thursdays 9:30-11 a.m.	Participants interact on topics such as gross motor enhancement through songs and dance, sensory enrichment through arts and crafts, and nurturing the child as well as the parent. Open to parents with toddlers 18 months or above. No registration required, walk-ins welcomed.	Nurturing Center Bldg. 1354
Monthly	Basic Training for New Moms	3rd Tuesday of the month 9 a.m.-11 a.m.	Topics include becoming a new mom, caring for your baby and caring for yourself.	ACS Center Bldg. 1526
Monthly	Boot Camp for New Dads	1st Tuesday of the month 9 a.m.-Noon	Topics include becoming a new dad, caring for your baby and caring for mom.	ACS Center Bldg. 1526
Quarterly	Nurturing (Infant to 5 years)	Check our website for next session	This 12-week class teaches parents how to be nurturing to their children as well as themselves. Topics include communication with your child, how to build your child's self-esteem, behavior management techniques and much more.	Nurturing Center Bldg. 1354
Quarterly	Nurturing (5 to 12 years)	Check our website for next session	This 12-week class includes topics of communication with your child, how to build your child's self-esteem, behavior management techniques and much more.	Nurturing Center Bldg. 1354
By Appointment	Home Visits	Call (719) 526-0461	A voluntary home visitation program for families expecting a child or with children from birth up to 3 years of age. Services are provided free of charge by NPSP staff. Appointments are available Monday thru Friday from 8 a.m. to 5 p.m., evenings are available on a limited basis.	



ACS Inclement Weather Policy: If the installation is on a 2 hour or less delay, ACS events will be adjusted to a 9:30 a.m. start time with the exception of the Family Enrichment events (i.e., AFTB, FRG, ITC, Rear D), those will start at their regular start time. If the installation is closed (2 or more hours), ACS classes will be canceled & rescheduled. For installation weather notifications, visit www.carson.army.mil or call (719) 526-0096.



Find us on Facebook:
"Fort Carson ACS Family Nurturing"

NEWCOMER'S ORIENTATION (FLYER)

New to Fort Carson? Been here a week, a month or a year...let's get acquainted! Army Community Service hosts a Newcomer Orientation the second Monday of every month.



Relocation Readiness Program presents

Newcomers Orientation

2nd Monday of every month • 9 a.m. to 1 p.m.
Community Connection, Bldg. 1524

**For those NEW to Fort Carson & for those
who want to know more.**

www.carson.army.mil/acs (719) 526-4590



PREP PROGRAM (FLYER)



Family Advocacy Program

Supporting Healthy Soldier & Family Relationships



PREP

Prevention & Relationship Education Program

Last Thursday of the month • 9-11:30 a.m.
ACS Center, bldg. 1526

Learn the 12 components that will set you up for a successful relationship. Achieve your goals as a couple by building on your current strengths and learning new skills.

All types of couples are welcome. It's preferable that all classes are attended, but each does stand on it's own. Register today!

www.carson.army.mil/acs • (719) 526-4590



REAR DETACHMENT LEADERS COURSE (FLYER)

Army Community Service - Fort Carson
Mobilization, Deployment & Stability Support Operations Presents:

REAR DETACHMENT LEADERS COURSE

2 -DAY COURSE

**9:30 A.M. TO
4:00 P.M.**

CLASS SCHEDULE

**30-31 AUGUST
ACS, BLDG 1526**

This class is intended for Rear Detachment Leaders (Cmders, 1SGs, PLT Ldrs, PLT SGTs, Family Readiness Liasons (FRLs), Family Readiness Group Leaders (FRGs) and Family Readiness Support Assistants (FRSAs). This training provides an overview of the RDC role, Family readiness systems, and reviews military and civilian community resources. Attendees will gain a better understanding of the Family issues in each deployment phase and strategies for crisis intervention.

**For more information call (719) 526-4590/0465
Register online at www.carson.army.mil/acs**



ACS Incident Weather Policy: If the installation is on a 2 hour or less delay, ACS events will be adjusted to a 9:30 a.m. start time with the exception of the Family Enrichment events (i.e., AFTB, FRG, ITC, Rear D), those will start at their regular start time. If the installation is closed (2 or more hours), ACS classes will be canceled and rescheduled. For installation weather notifications, visit www.carson.army.mil or call (719) 526-0096.

Army Community Service (ACS), ACS Center, Building 1526, 6303 Wetzel Avenue, Fort Carson, Colorado 80913-4104 / TEL: (719) 526-4590 / TOLL FREE 1-866-804-8763 / TTY: (719) 526-1949 DSN: 691 / FAX: (719) 526-2637 / WEB SITE: www.carson.army.mil/acs/, Facebook Username: Fort Carson Army Community Service / Twitter Username: Fort Carson ACS





COMMUNITY PARTNER PROGRAMS

"BE THERE" PEER SUPPORT (FLYER)

BeThere



Peer Support Call and Outreach Center


Active Duty, National Guard, Reserves and family members are eligible to use the BeThere Peer Support Call and Outreach Center's services.


Call and speak to a Veteran or military spouse when you need to:


- Talk to someone who shares your military experience
- Connect to resources
- Get support in any area of life



Peer specialists support you after your call with follow up for as long as you want it.

For unlimited access to confidential peer support, available 24/7/365 worldwide, connect with us today.

 **Chat:** <https://www.BeTherePeerSupport.org>


 **Text:** 480-360-6188

 **Call:** 844-357-PEER (7337)

Follow Us:  @BeTherePeerSupport
 @DoDPeerSupport



FREE PRESCHOOL AT FORT CARSON CPCD (FLYER)

A young child with dark hair, wearing a red shirt and a green patterned cardigan, is looking upwards and reaching out towards a computer keyboard. The background is a plain, light-colored wall.

Most of a
child's brain
growth occurs
before age 5.
**Is your child
school-ready?**

CPCD's Ft. Carson center provides **free preschool** and complete early childhood services to qualifying children (0 to 5) and families.

Call us today to learn more.



(719) 635-1536 | cpcdheadstart.org

FREE YOGA (FLYER)



**Free Classes to Learn:
Breathing Techniques and Stretching to
Reduce Stress**

Do you experience any of these symptoms on a consistent basis?

**Lack of Focus
Fatigue
Chronic Pain
Depression
Addictive Behaviors
Feeling Isolated
Loss of Concentration
Loss of Interest in Hobbies
Loss of Affection
Flashbacks
Nightmares
Insomnia**

Free classes open to all Veterans, Service Members and their Families. Learn to experience stress with less psychological cost, and gain some peace of mind.

Please call to register or stop by to visit and see what we are all about!

719-309-4714

MtCarmelVeterans.org

530 Communication Circle
Colorado Springs, CO 80905

HEALING HORSES FOR THE ARMED FORCES (FLYER)



Healing Horses for the Armed Forces

Active duty and veteran service members as well as their family members are invited to come to the ranch and spend time with a horse free of charge.

Experience a safe place to adjust, reconnect, and be reminded that there is always hope ... no matter what you have faced.

Contact us to schedule a session.

Suzy MacKenzie

Founder and Executive Director

www.eaglesnestranch.org

eaglesnestranch501@gmail.com

303.596.2784 + P.O. Box 1677, Parker, CO 80134



HELP WANTED - DIRECTORATES, FAMILIES & GROUPS AT TRUNK OR TREAT
(FLYER)

Trunk
or
Treat



FREE
Hot Dogs/Candy/and More!!!
VOLUNTEER
TODAY!!!

October 22, 2017

Soldiers' Memorial Chapel

2:00-3:30 (or until candy runs out.)

WANTED : Directorates & Families to host Trunks.
Candy donations.

Prizes for 1st, 2nd and 3rd place given to the best decorated trunk.

POC: Pat Treacy 719-524-2458 for more information.

Email: patricia.a.treacy2.civ@mail.mil





DOMESTIC VIOLENCE SUPPORT GROUP

**Are you a man or woman who
is a victim or survivor of
domestic violence?**

Let's talk...

- Personal Safety
- Healing from Anger
- Healthy Relationships
- Setting Boundaries
- Coping Skills
- And Other Topics



"You are
stronger
than you
know
braver
than you
believe,
and
smarter
than you
think
you are."

When: Fridays from 7:00 – 8:30pm

Where: 4198 Center Park Drive (on the southwest corner of Murray Blvd. and Fountain Blvd.)

**If interested, please call *719-464-6676*
for more information.**



"Life has many chapters. One bad chapter doesn't mean it's the end of the book." ~ Anonymous

Kingdom Builder's Family Life Center



Project Right Direction

Fall session starts on August 18, 2017 at our new location 2520 Arlington Dr.

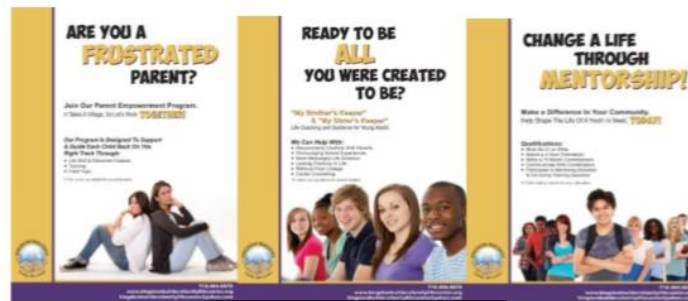
If you are a parent of a child 11-17 and you are looking for a program for your child to attend on a Friday night that is safe, fun and educational, then contact us today. Our program aims to enroll young men and women between the ages 11-17 year old who at risk and need extra support.

If you are 18-24 and need assistance to get back on the right track our Empowerment Program is designed for you. Assistance is offered to help achieve academic and employment success.

We are in the process of implementing a New Diversion program which will support youth who are 16-24 who are in the early stages of involvement in the juvenile justice system or corrections. This program is designed to address delinquent behavior informally in an effort to prevent subsequent offending.

We are currently recruiting for volunteer mentors, life coaches, youth advocates and more to assist us with our programs. We meet on Fridays from 5:30-8:30 pm starting on August 18, 2017 and will end on June 1, 2018 for the summer. We are looking for passionate and dedicated adults to provide mentorship, support and minister to at-risk youth.

Help us make a difference in the lives of our youth. It Takes A Village to Raise a child, so be a part of our Village. For more information, please contact us! 719-464-6676





Volunteer Opportunities

Kingdom Builder Family Life Center is a 501(c)(3) non-profit organization committed to helping those in need in El Paso and Teller counties by providing physical, spiritual, and emotional support through a variety of educational, counseling, and outreach services. Help strengthen our non-profit organization by volunteering!

KBFLC welcomes the assistance of volunteers, and is actively seeking assistance in in several key areas:

- **Data entry/General office help:** Create a participant and volunteer database and keep it up to date, enter survey data and more. Working knowledge of a database program (preferably Microsoft Access) needed. Assistance with document creations, mailings, filing, copying/collating of materials, and the like. Use your online and social media skills to share important messages on behalf of the organization. Some of this work can be done off-site. Time commitment is flexible.
- **Community Outreach/Special assignments:** Lend your particular expertise to a variety of specialized initiatives including adding enhanced features and functionality to the organizations website; assisting with in-depth database design and improvement; Engage in varying outreach activities and community education. Possibilities include: tabling at events, neighborhood awareness campaigns, school based programs, create promotional material, assist with special events including Annual Events and other task needed; helping us research and analyze new programs to provide benefits to our programs; and much more!
- **Communication/Marketing Specialist:** Creation and management of print materials to include newsletters, brochures, annual reports, Media relations with television, radio and print advertising. Communications management as it relates to public relations, events communications and marketing, manages community and corporate relationships.
- **Fundraising/Grant Writing Assistant:** Identifying and developing fundraising opportunities (including requests for donations, special events, etc.), Identifying and researching potential grant opportunities, Writing, editing, and reviewing current or recent grants.
- **Tutor/Mentors:** will be positive role-models in an after-school tutoring/mentoring program for urban youth 11-17. Tutor/Mentors: will take an active role in improving the academic progress of urban students by working directly with youth (in small groups) and assisting staff in the facilitation of standards-based activities focused on reading, writing, math, physical education.
- **Board members:** The Board will support the work of organization and provide mission-based leadership and strategic governance. While day-to-day operations are led by organization's executive director (ED), the Board-ED relationship is a partnership, and the appropriate involvement of the Board is both critical and expected.

Have an interest or expertise that you don't see here? Let us know what YOU can do! Volunteering is a great way to learn more about non-profits while helping a great cause! Volunteers must provide contact information and references.

For more information, contact Lisa Jenkins at the at 719-464-6676 or email lej@kingdombuildersfamilylifecenter.org.



(NON-APPROPRIATED FUNDS)

NAF EMPLOYMENT

The Army offers **more civilian career opportunities** than any other federal agency. We employ people in a variety of occupations and have numerous positions.

All Army civilian jobs offer a degree of **challenge and excitement!**

Please stop by or call for information regarding the application process or additional information about spouse, veteran or former/current NAF employee preferences.

For more information and recent job postings, visit our Facebook page:

www.facebook.com/CARSONNAFHRO

Potential candidates can apply at: www.usajobs.gov

Questions? Call (719) 526-4445



More Events and Info at
www.carson.armymwr.com



CarsonDFMWR



@carsonmwr
#CarsonMWR



NAF Human Resources
1626 Ellis St., Building 1118
Fort Carson, CO 80913

OLYMPIC TRAINING CENTER SEEKING VOLUNTEERS

National Team Events is hosting a 12-team international volleyball tournament at the Olympic Training Center September 26 - Oct 1. They are looking for many volunteers (age 12 & older) as they will have two competition courts running simultaneously for a total of 6 matches a day.

To complete a volunteer interest form: <http://www.teamusa.org/usa-volleyball/events/international/norceca-mens-continental-championship/volunteer-info>.

For more information, and to submit your volunteer interest forms; Angela Lattimer angela.lattimer@usav.org; Office: +1 (719) 228-6800

OPERATION TBI FREEDOM (FLYERS)

Operation TBI Freedom a Colorado non-profit that is located in Colorado Springs and offers case management services throughout Colorado. Services provided include (but are not limited to): crisis management, employment/education training, psychosocial educational programming, assistance navigating complex benefits system, etc. For more information or apply for our assistance please call or email us.

Toll Free: (855) 355-6824

Email: OTF@craighospital.org

Facebook: www.Facebook.com/operationtbifreedom

HAVE YOU SERVED IN THE MILITARY SINCE 11 SEP 2001?

DO YOU HAVE A TRAUMATIC BRAIN INJURY?

YOU HAVE SERVED
NOW LET US SERVE YOU!



CALL US TODAY
(855) 355-6824

WWW.OPERATIONTBIFREEDOM.ORG

WWW.FACEBOOK.COM/OPERATIONTBIFREEDOM

OPERATION TBI FREEDOM



A PROGRAM OF CRAIG HOSPITAL

Operation TBI Freedom (OTF) is a privately funded program of Craig Hospital, that assists Veterans and active duty military personnel living or stationed in Colorado with traumatic brain injuries (TBI) who have served since September 11, 2001. More than 7,200 military personnel with a TBI will return to Colorado in the next three years. Our program tailors a unique plan for each client that promotes optimum independence, productivity and successful reintegration into civilian life.

Each Veteran is assigned a Military Support Specialist (MSS) who is a Veteran and Certified Brain Injury Specialist. The MSS begins with a comprehensive analysis of the Veteran's needs and concerns. It is the responsibility of the MSS to use all resources—the Veterans Administration, local governmental and non-governmental entities—as efficiently as possible, ensuring no duplication of effort. OTF analyzes complex VA benefits, identifies potential benefit enhancements and assists the Veteran in maximizing his or her access to healthcare and other benefits. OTF has leveraged more than \$5.5 million in services and therapies through our partnerships with military and community organizations.

Services provided or coordinated by OTF include the following:

- Crisis management and counseling
- Employment training and support
- Peer and Family support groups
- Assistive technology devices
- Emergency financial assistance for food and housing needs
- Mentoring
- Medical care
- Parenting classes
- Mental health referrals
- Assistance navigating complicated benefit processes



Learn more at craighospital.org/OTF

Tierra Vista at Peterson AFB



COMMUNITY YARD SALE

Sort through your
closets and garages.
Turn your clutter
into cash!

**1st & 3rd Saturday
of the Month**
8AM - 2PM

Community Yard Sales will
take place on the 1st and
3rd Saturday of the month
through October.



TRY HOCKEY FOR FREE (FLYER)

Try Hockey for Free

**HERE'S YOUR
CHANCE TO WITNESS THEIR
SECOND FIRST STEP.**

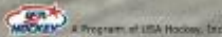
Come play youth hockey and experience more great moments in your child's life.



**Every
Saturday
9:15am**

Monument Ice Rinks

Presented by:



Join NHLer and Rampage
Coach Al Pedersen and many
first time hockey players!

719.439.3243

(Arrive 45 min early to get equipment
and get dressed)

**Try Hockey For Free
Every Saturday**

For more information go to
www.MonumentIceRinks.com



Loaner equipment will be
available. Coaches will be
on hand to help get players
dressed and on the ice.

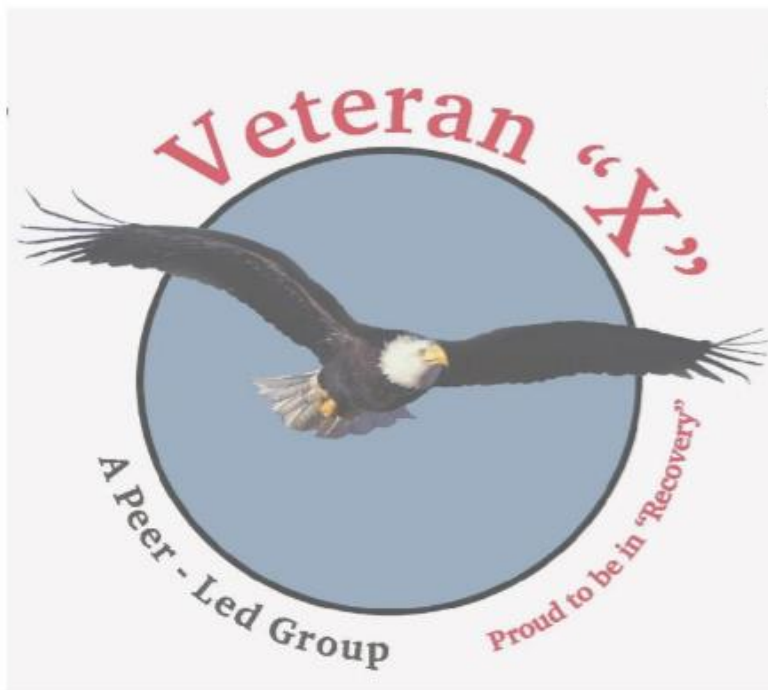
Come join in on the fun!

VETERAN "X" GROUP (FLYER)

Introducing "Veteran X" a group for Vets by Vets to Empower Vets

Where: Mt. Carmel Center of Excellence

530 Communication Circle
Colorado Springs, CO 80905



Presented by the
Floyd K. Lindstrom VA
Clinic

in Partnership with

Mt. Carmel Center of
Excellence

When: **Starting July 11th, 2017** from 1630 to 1830 (with a fifteen minute break)

All Veterans are welcome.

Come Join the Veteran X group where Veterans empower Veterans through shared knowledge and experiences.

Group Members become the treatment team for "Veteran X", a fictitious Veteran, in helping Veteran X we will help each other and ourselves to navigate life's issues on life's terms.

For more information contact David Conley, CPSS at 719-227-4050

****This e-mail is for informational purposes only. Distribution of this information does not express nor imply endorsement by Fort Carson or the US Army. Private Organizations are not affiliated with Fort Carson or the US Army.**