



The "Pass It On" is available online at: <http://carson.armymwr.com/us/carson/programs/community-ne>

**31 AUG 2017**

*Our mission at ACS is to prepare and empower our Total Military Family to meet the challenges of military life by providing essential programs, resources, and services that enhance knowledge, life skills, well-being, quality of life, and retention.*

**Army Community Service:**  
**719-526-4590**

**On Facebook: Fort Carson Army Community Service**

**On Twitter: FortCarsonACS**

**On the web:**  
[www.carson.army.mil/acs](http://www.carson.army.mil/acs)

### **IMPORTANT HIGHLIGHT:**

[CHILD SUPERVISION POLICY](#)

### **[Also In this issue]**

[BE THERE PEER SUPPORT](#)  
[CAREER SKILLS PROGRAM](#)  
[EFMP SCREENINGS](#)  
[EXCHANGE RECYCLE REOPENS](#)  
[FIRST VISITOR CAR SEAT PROGRAM](#)  
[FIVE LOVE LANGUAGES](#)  
[FREE PRESCHOOL](#)  
[HEALING HORSES FOR THE ARMED FORCES](#)  
[KINGDOM BUILDERS FAMILY LIFE CTR](#)  
[NAF EMPLOYMENT](#)  
[NEW PARENT SUPPORT PROGRAMS](#)  
[NEWCOMER ORIENTATION](#)  
[NO DUI RESPONSE TEAM](#)  
[OPERATION TBI FREEDOM](#)  
[PETERSON AFB YARD SALES](#)  
[PREP MARRIAGE CLASS](#)  
[RONALD MCDONALD HOUSE](#)  
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[TRY HOCKEY FREE](#)  
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## END OF FISCAL YEAR TA GUIDANCE

Friday, Sept. 15 (until 11:59 P.M. EST) is the last day for Soldiers to request tuition assistance (TA) funding for classes that begin on/before Sept. 30 due to the Army's fiscal year close-out. There will be no exceptions.

Soldiers will be able to enroll in fiscal 2017 classes after Sept. 15 using the self-pay functionality to pay for enrollments out-of-pocket. Army Continuing Education System headquarters will not flip any self-funded classes to TA funded classes that are registered for after Sept. 15 with a start date between Sept. 16-30.

This does not impact requests for courses starting on or after Oct. 1 (fiscal 2018 enrollments). Contact your local Army Education Counselor or your school for additional information.

## EXERCISE VOLUNTEERS SOUGHT

US Army Garrison-Fort Carson is conducting a full-scale emergency response exercise Sept 6 and 7 and needs volunteers to help with set up and serve as role players for different pandemic scenarios. Those interested in volunteering contact Joey Bautista at Joey Bautista, Fort Carson Volunteer Services Manager at 719-526-1082/526-4590.

## FORT CARSON CHILD SUPERVISION POLICY (FLYER)

### Youth Supervision Matrix

| Age of Child          | Left unsupervised for less than 4 hours   | Left unsupervised for up to 8 hours  | Left unsupervised for more than 12 hours   | Left Alone Overnight  | Outside Unattended/ Curfew   | Child Sit Siblings   | Child Sit Others  |
|-----------------------|---|--|--|---|--|--|---|
| Newborn through age 5 | NO  | NO   | NO   | NO  | NO   | NO   | NO  |
| Age 6 through Age 8   | NO  | NO   | NO   | NO  | NO; may walk to/from school and a youth services program   | NO   | NO  |
| Age 9 through Age 12  | YES; if determined to be mature by parent | NO   | NO   | NO  | YES; with immediate access to adult supervision; must be inside their home or yard between 2100 and 0600                               | NO   | NO  |
| Age 13 through Age 14 | YES                                       | YES; during the hours of 0600 to 2400 with ready access to adult supervision | YES; Only with arrangements for adult friend/relative to check on behavior IN PERSON within an 8-hour period   | NO  | YES; must be inside their home or yard between 2100 and 0600   | YES; not more than 8 hours per day   | YES; having completed Red Cross course as approved by Child Dev. Services |
| Age 15 through Age 17 | YES                                       | YES  | YES; Only with arrangements for adult friend/relative to check on behavior IN PERSON within the 12-hour period | YES; Only with arrangements for adult to check IN PERSON every 12-hour period | YES; must be inside their home or yard between 2200 and 0530 (Sunday – Thursday) or between 2400 and 0530 (Friday, Saturday, Holidays) | YES; 15 year olds no more than 8 hours per day; 16+ may baby sit for more than 8 hours | YES; having completed Red Cross course as approved by Child Dev. Services |



NEW THIS ISSUE

## COMMUNITY FLU VACCINES (FLYER)

MEDDAC Commander

# Community FLU Drive 10, 13-14, and 17-20 October



19

- Evans ACH will be conducting their annual Flu Drive aimed at vaccinating all of our Active Duty Soldiers, beneficiaries, MEDDAC personnel, and students.
- Location:
  - 10-20 October: Tuesday- Friday from 0900-1700 ( Army Wellness Center)- All beneficiaries
  - 14 October - Retiree Appreciation Day : 0800-1200 (Mountain Post Soldier Center)
  - 21 October: 0900-1500 (SFCC)-All beneficiaries
  - 23-27 October: Monday- Friday 0600-1600 (SFCC)- For MEDDAC personnel and students only
- For more information/questions, please contact MAJ Sharon Douglas, Army Public Health Nurse, (719)526-3206

<https://www.facebook.com/EvansArmyCommunityHospital>



## HOME-AWAY-FROM-HOME HOLIDAY (FLYER)

You can sign up  
with a friend!  
See our website  
for details!!



YOU ARE INVITED TO ENJOY A

# HOME-AWAY-FROM-HOME *Holiday!*



*This Thanksgiving, spend time  
with your Friends in the Community*

The local community appreciates your service. To thank you and your families for the sacrifices you make, local citizens are opening their homes to you. The holidays can be a difficult time when you are stationed far from family and friends. The local community would like to make this holiday much easier.

**Spend Thanksgiving with a local family  
THURSDAY, NOVEMBER 24, 2016**

For more information and to register please go to our website:

<http://CitizenSoldierConnection.org> OR  
email [Elizabeth@citizensoldierconnection.org](mailto:Elizabeth@citizensoldierconnection.org)

<http://CitizenSoldierConnection.org>

## MOUNTAIN POST SANTA'S WORKSHOP (FLYER)



### **What We Are:**

**Non-profit run by volunteers**

**Help children of Service Members of Fort Carson by providing holiday toys**

**We help, on average, 1200 children each year**

**Need based, not rank based**

**Detailed application process will open in September and close in October**

### **KEY DATES:**

**5 September - Applications Open**

**27 OCT : Applications for 2017 Due**

**17 NOV: Annual Ribbon Cutting**

**4-8 DEC: Shopping at MPSW**

**Contact MPSW  
Bldg.1045**

<http://www.mountainpostsantasworkshop.co.com/>

**Follow us on Facebook**

<https://www.facebook.com/mpsws/>



## NAMI BASICS EDUCATION PROGRAM (FLYER)



### What is the NAMI Basics Education Program?

NAMI Basics is a **free, six-session program** designed for parents and other family caregivers of children and adolescents with emotional and behavioral difficulties. NAMI Basics helps parents and other family caregivers of children to understand the illnesses that are causing those behavioral difficulties, and the critical role families play in the treatment of those illnesses. The program is taught by trained teachers who are also the parents or family caregivers of individuals who experienced emotional or behavioral difficulties prior to age 13.

NAMI Colorado Springs, the local organization of the National Alliance on Mental Illness, offers two classes of its **NAMI Basics Education Program** this fall. **Class #1** begins on **Mon., Sept. 11, 2017, 11:30 am – 2pm**. **Class #2** begins on **Wed., Oct. 11, 6-8:30 pm**.



### Participant Perspectives

"This is such a great step by step program that walks parents every step of the way. It is as if you are holding their hand through it all."

"The course is inclusive of almost all aspects of family and child resources. I could have spent a lifetime getting all this information on my own. I feel supported, strong and ready to go forward."

"NAMI Basics bridges the gap. It provides help that can't be found in a doctor's office."

**Contact us to register for this NAMI Basics class!**



To register, contact:  
**Lynn Shull**  
**NAMI Colorado Springs**  
**510 E Willamette**  
**Colorado Springs, CO 80903**  
**719-743-8477**  
[info@namicos.org](mailto:info@namicos.org)  
[www.namicoloradosprings.org](http://www.namicoloradosprings.org)

### About NAMI

NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI Colorado Springs is an affiliate of NAMI CO. NAMI Colorado Springs and dedicated volunteer members and leaders work tirelessly to raise awareness and provide essential education, advocacy and support group programs for people in our community living with mental illness and their loved ones.

september 9<sup>th</sup>, 2017

10 am - 2 pm



Have you accomplished the 100 things you should do before you're 12? Come out and play games of skill, adventure and exploration. No age limit.



open the door and reconnect with nature

a State Park pass is required on all vehicles



CHEYENNE MOUNTAIN STATE PARK

410 JL ranch heights colorado springs, co 80926  
(719) 576-2016 cheyenne.park@state.co.us





# **PATRIOT DAY**

## **A THANK YOU EVENT FOR OUR MILITARY COMMUNITY**

**Friday, September 8, 2017**

**9:00 AM to 1:00 PM**

**NORRIS PENROSE EVENT CENTER**

**Parking Lot**

**At the Intersection of West Moreno Avenue  
and**

**530 Communication Circle, Colorado Springs, CO 80905**

Mt. Carmel Veterans Service Center is partnering with the Coalition to Salute American Heroes, Feed the Children and Care and Share Food Bank as we thank 400 Veterans, service members, military families for their service to our country by providing non-perishable food, fresh produce and necessities.



**Call Mt. Carmel Veterans Service Center  
(719) 309-4714, email**

**[frontdesk@mtcarmelcenter.org](mailto:frontdesk@mtcarmelcenter.org) or go to  
<https://www.facebook.com/mtcarmelcoe/>**

**for information about the event and how to  
qualify for a voucher.**



**Fort Carson ■ Peterson ■ USAFA ■ Schriever**

**2017 ALL SERVICES  
MILITARY RETIREE/SPOUSE  
INFORMATION DAY**

**SATURDAY  
OCT 14  
8 A.M.-NOON**

**Mountain Post Soldier Center**  
Building 1525  
6351 Wetzel Ave.  
Fort Carson, Co 80913

**Medical/Military Services:  
Flu Vaccines/Dental Screening  
ID Cards/DEERS**

**Information Booths:**  
Army Community Service (ACS), Exchange, Soldier For  
Life-Transition Assistance Program (SFL-TAP), DFMWR,  
Casualty Assistance Center, Evans Army Community  
Hospital, Retirement Services (SBP),  
Adult Care Services, Veteran Services

**Light Refreshments  
Door Prizes**

## VOLUNTEER VETERAN MENTORS NEEDED (FLYER)



# Calling All Volunteers We Want You!



We are looking for motivated Veterans (all eras/campaigns) who would like to volunteer with the Operation TBI Freedom **Volunteer Veteran Mentor Program** for the 4<sup>th</sup> Judicial District's Veteran Trauma Court (VTC), Colorado Springs.

What: Volunteer Veteran Mentor Orientation

Where: OTF Offices, 24 S. Weber Street, Suite 200, Colorado Springs

When: Dates listed below for the remainder of the year.

30 AUG, 0900-1000

13 SEP, 1100-1200

25 SEP, 1600-1700

11 OCT, 1200-1300

23 OCT, 1400-1500

6 NOV, 0900-1000

28 NOV, 1100-1200

11 DEC, 0900-1000

We tried to offer multiple options throughout the day to attend. If you have a Veteran that is very interested in being a Volunteer Veteran Mentor, but they can't attend any of these Orientations, please have them email me at: [sholmes@craighospital.org](mailto:sholmes@craighospital.org).

*Note: To volunteer with this program, you **MUST** complete an Orientation prior to being able to begin volunteering. During the Orientation, you will receive detailed information about the new volunteer program. At the conclusion of the Orientation, you can complete an application to be a Volunteer Veteran Mentor. (Please note: If you have been a Volunteer with the program in the past, you must attend an Orientation to continue to volunteer with the program. We want to encourage all former Volunteers to come to one of the Orientation dates listed above, so we can continue the great work that has already been done over the last years!)*

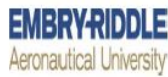
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# SERVICES, PROGRAMS AND EVENTS

## CAREER SKILLS PROGRAM UPCOMING EVENTS (FLYERS)

The Fort Carson Career Skills Program (CSP) offers opportunities for eligible transitioning service members to gain the knowledge, skills and abilities needed for successful careers after they transition from active duty. To be eligible for any CSP, transitioning service members must be on active duty and within 180 days of transitioning from service as of the class start date, anticipate fully honorable or under honorable conditions discharge and have approval of the first field grade commander in their chain to participate. Each program also has additional eligibility criteria. Interested transitioning service members are encouraged to attend the appropriate information session as indicated below. They can also visit the Career Skills Program Office (building 6236, rooms 101-104) Monday-Friday, 7 a.m. to 4 p.m.



### MSSA

- ❖ MSSA is an intense 18-week accelerated program designed to prepare transitioning Service Members to meet the IT industry's high demand for cloud developers, server & cloud administrators, and database intelligence administrators.
- ❖ Classes are held Mon-Fri, 0730-1630 with built in time for group projects and career transition assistance with MSSA mentors. MSSA graduates earn 18 credit hours, have the opportunity to earn Microsoft IT certifications and will interview for positions with Microsoft or other participating industry partners.



- ❖ 21-week program designed to educate, train, certify and mentor transitioning Service Members, leading them to rewarding mid-range civilian Cybersecurity careers. A balanced training program with 50% theory and 50% skills with significant hands-on lab work.
- ❖ Classes are held Mon-Fri, 0800 – 1600. Graduates will earn industry certifications and interview with multiple partners in the Cybersecurity Industry.


## CAREER SKILLS PROGRAM

### Basic Eligibility


- ❖ Active Duty and Within 180 days of Transitioning from Service
- ❖ Anticipate Fully Honorable or Under Honorable Conditions Discharge
- ❖ Battalion CDR Approval to Participate
- ❖ Additional Criteria Based on Specific Program
- ❖ Honorably discharged Veterans may apply for Service to Sales, MSSA and SecureSet Cybersecurity on a space-available basis.



For more information about  
Fort Carson's  
Career Skills Programs:  
Visit the  
Career Skills Program Office  
Building 6236 , Room 102  
719-526-1195/8549/1197



With  
The Army  
Career Skills  
Program (CSP)





U.S. Department  
of Veterans Affairs

## WARTAC

- ❖ WARTAC is a program sponsored by the Department of Veterans Affairs (VA), Veterans Benefits Administration (VBA) to train transitioning Service Members to process VA disability compensation claims. This 12-week program provides participants with an opportunity to learn the skillset of a Veteran Service Rep.
- ❖ Training takes place on post and is led by VBA training instructors using live compensation claims. Successful participants will receive interviews with VA Regional Offices at 56 desired locations throughout the U.S.



## Service to Sales

- ❖ Sponsored by Phil Long Auto Group and Mt. Carmel Center of Excellence, this is a free 12 week training and internship program in Automotive Sales. This program is open to Veterans and Family Members on a Space Available basis.
- ❖ Successful participants interview for open positions within the Phil Long Auto Group.



## UA Veterans in Piping

- ❖ The United Association (UA) of Journeymen and Apprentices of the Plumbing and Pipe Fitting Industry sponsored training program is in the field of pipe welding. This is an 18-week accelerated full-time program.
- ❖ Training takes place at the UA Local 58 and is led by highly skilled instructors. Graduates are placed in a 5-year UA apprenticeship program.



## CDL-A Training

- ❖ Teamsters and ABF Freight sponsored intensive commercial truck driving training. This 6-week training, to include on-the-road testing, pre-trip vehicle inspection, basic vehicle control, loading and unloading procedures, manifest and logbook procedures, will prepare you for a career in the trucking industry.
- ❖ Training takes place on post and is taught by ABF Freight instructors. Successful participants will be placed with ABF Freight at locations across the country.



## Corporate Fellowship

- ❖ The U.S. Chamber of Commerce Foundation Hiring Our Heroes sponsors this 12-week management-focused program.
- ❖ Participants will be placed with a corporate partner in a management or professional position Mon – Thurs of each week. Fridays are spent in a classroom gaining valuable corporate skills and management certification. Graduates engage in employment interviews



## Local Government Fellowship

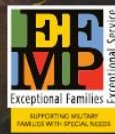
- ❖ The Veterans Local Government Fellowship Program (VLGMF) is a 16-week program that will provide participants with management training and hands-on experience in the local government environment with the goal of preparing them for smooth transitions into local government careers.
- ❖ VLGMF sponsors will provide participants with professional development, networking, coaching and free professional memberships.



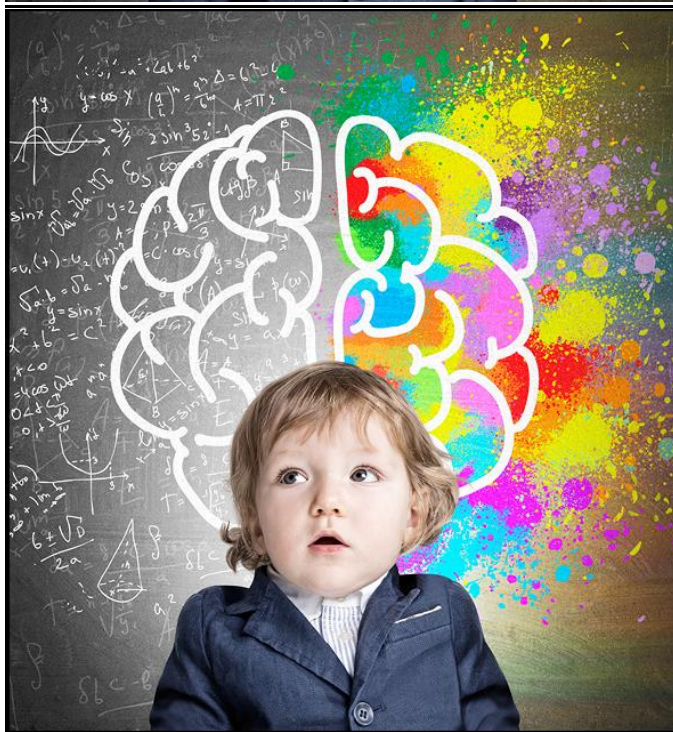
# DEVELOPMENTAL SCREENINGS

SEPT. 29, 3:30-5:30P.M.

WEST CHILD DEVELOPMENT CENTER, BLDG. 6060  
FOR MILITARY CHILDREN NEWBORN TO 3 YRS. OLD



[WWW.CARSON.ARMY.MIL/ACS](http://WWW.CARSON.ARMY.MIL/ACS) (719)526-4590



# DEVELOPMENTAL SCREENINGS

OCT. 6, 3:30-5:30P.M.

MONARCH CHILD DEVELOPMENT CENTER, BLDG. 2764  
FOR MILITARY CHILDREN NEWBORN TO 3 YRS. OLD



[WWW.CARSON.ARMY.MIL/ACS](http://WWW.CARSON.ARMY.MIL/ACS) (719)526-4590



## FIRST VISITOR CAR SEAT PROGRAM (FLYER)



First Visitor has a limited number of car seat vouchers available!

FV has a limited number of car seat vouchers available. These seats are made possible by a mini grant and are no longer free. A donation of \$15- \$25 will be collected for each voucher given and car seat installation will be taught by a CPS technician. For further information, age and weight eligibility please contact the **First Visitor car seat line at: 344-6892**. This line is monitored daily and all complete messages (name, return phone number) will be returned by a member of the First Visitor team.

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**FIRST VISITOR FREE HOME SUPPORT PROGRAM (FLYER)**



**FIRST VISITOR**

*"To Provide Exceptional Health Care to People Facing Access Barriers."*

**peakvista.org**  
**(719) 344-6639**  
(English)  
**(719) 344-7147**  
(Spanish)



**Program A**  
**Prenatal - 12 mos.**

Discover your newborn's amazing abilities.



**Program B**  
**12 mos. - 24 mos.**

Encourage language development.  
Proper nutrition and portion size.



**Program C**  
**24 mos. - 36 mos.**

Master positive discipline and guidance.  
Teaching tips on toilet training.

*Want to make a difference in your child's life? First Visitor is a FREE home support program designed to celebrate the birth and growth of every child. We provide new parents with emotional support, a network of community-based resources; as well as, basic information on child health, nutrition, safety and early development during the critical first three years!*

# FORT CARSON YOUTH CENTER FALL PROGRAM GUIDE (FLYER)

Now serving FREE Dinner  
3:30PM-4:30PM!  
Late Snack at 6:30PM

## Fort Carson Youth Center Fall Program Guide

August – December 2017



### Art Club: M W F 4:30-5:30PM

Join Art Club and have an opportunity to be recognized for your creativity. Open Art, Cultural Art, Quilting, Acrylics, and more. There will be monthly competitions and art galleries to look out for too.

Art Room

### Jammin' Out: M, W, F 5:30-6:30PM

This program is designed to mentor and empower youth with the universal language of music. We provide instruments and knowledge in a structured, collaborative environment. Youth can explore guitar, Piano, bass, drums, and vocals and have the opportunity to form bands with like-minded peers. Try it, you might like it!

Music Room

### SMART Girls: Thursdays 4-5PM

The SMART Girls program gives Young women a chance to get to know one another and teaches ideals about respect, trust, confidence and effective communication. Girl Power!

Conference Room

### Torch Club: 2<sup>nd</sup> and 4<sup>th</sup> Wednesday 4:30-5PM

\*Middle School ONLY\*

Torch club is Boys & Girls Club of America's small-group leadership and service club for youth ages 11-13.

Life Skills Room

### In the Kitchen: Fridays 4:30-6PM

Cooking stars in the making! We will take on cooking projects, learn about table setting, reading and making recipes and other fun kitchen projects.

Life Skills Room

### Keystone Club: Thursdays 6-7PM \*High School ONLY\*

Keystone is Boys and Girls Club of America's service learning program for teens. This unique leadership development experience provides opportunities for young people ages 14-18. Youth participate both in and out of the club, in activities in three focus areas: Academic Success, Career Preparation and Community Service

Conference Room

### College Bound: Tuesdays 6-7PM

College Bound is offered to our High School Members that want to be prepared for going to college. Learn about applying for college, surviving college, and finding the right field for you.

Homework Lab

### Power Hour! M-F 3:30-4:30PM

A comprehensive homework help/tutoring program designed to raise the academic proficiency of middle schoolers and high school teens. As youth complete homework assignments and bonus educational activities, they accumulate "Power Points" which may be used to obtain incentives and rewards. Power Hour is designed to help youth achieve maximum academic success! "Making Minutes Count!"

Homework Lab

### Smart Bucks: T & Th 5-6PM

Members are invited to learn about financial literacy. Saving, investing, budgeting in the real world, shopping smart and more. Incentives include field trips, awards, and recognition for completion of the course.

Homework Lab

### Indoor Gardening Club: T & Th 4-5PM

Do you enjoy growing your own food? Join the gardening club and learn all the steps for starting your own garden for beauty and for nutrition.

Life Skills Room

### The Voice: M & W 4-5PM

High School Members are invited to a program that gives them a voice. Plan parties, field trips and more.

Conference Room

### HOT – Hands On Technology: Thurs 5-6PM

Join the Tech Club and do some hands on STEM activity. Building Bridges, walking on water, making rockets and more.

Weight Room/Small Gym

Fort Carson Youth Center  
6181 Ware St Bldg. 5950  
Fort Carson, CO  
Ph. (719) 526-2680





**Strength & Conditioning:** M & F 4-5PM, W 5-6PM

Want to get fit? Want to stay fit? Join our Strength & Conditioning Club and have an opportunity to work out.  
Weight Room/Small Gym

**Fun Zone:** M - F 4-5PM

Come to the Fun Zone and enjoy different activities every day. Riddles, scavenger hunts, video game competitions, free play, Minute to Win it!, Board game tournaments, prizes, and more.  
Game Room/Open Rec

**Basketball Workshop:** M - F 4:30-5PM

Want to improve some of your basketball skill? Then stop by the Youth Center for some pointers and drills to help you improve. Mr. Abdul and Mr. Derrick are here to provide guidance on how you can improve your game.  
Gym

**Hour of Code/ Computer Science Unplugged:**

M, W, F 5-6PM

Improve your STEM Skills by joining Hour of Code and Computer Science Unplugged. Learn to engineer your own games and learn all about the 1's and 0's of the computer world. Parties and incentives for consistent participants.  
Computer Lab

**Passport to Manhood:** Thursdays 4-5PM

This program consists of sessions that concentrate on specific character aspects of manhood through interactive activities and conversation. Passport to Manhood promotes positive ideals and concepts to help shape boys into responsible young men.  
Conference Room

**My.Future:** T - TH 4:30-5PM

Ready to explore the vast world of technology? My.Future provides opportunities to develop strong, grounded digital literacy competency.  
Tech Lab

**Upcoming Special Events:**

**Back to School Party Aug. 18<sup>th</sup> 7:30-9:30PM** – Join us for a great time. Free party with refreshments and drawings.

**Glow Dance Sept. 8<sup>th</sup> 7:30-9:30PM**- Members are invited a fun night of good music and glow lights. Wear clothing you are okay with getting messy.

**Pumpkin Walk Oct. 19<sup>th</sup>** – Join us for a pumpkin decoration contest. Event open to the community.

**Strong Family Awareness Dinner Nov. 14<sup>th</sup> 6-8PM** – Join the Youth Center for a nice family dinner. Also meet with guest speakers on ways to stay family strong.

**Monthly Events**

**Midnight Basketball**- First Friday of every month. Middle school 8-9:30PM, High school 10-12AM, pizza at 9PM for participants!

**Skate Night**- Third Friday of the month 6PM-9PM

**Movie Nights \$5** –Aug, 25<sup>th</sup>, Sept. 22<sup>nd</sup>, Oct. 13<sup>th</sup>, Nov. 17<sup>th</sup>, and Dec. 18<sup>th</sup> Families are invited for a nice movie and diner for only \$5 per person. 6:30PM-9PM

**Fort Carson Record Books** – Saturdays - Come in and break a record. Different activities every Saturday.

**Family Game Night**- Last Saturday of the month 7-9PM. Bring your family, win prizes, and enjoy snacks!

**Fall Camp** – 20 – 24 November

**Winter Camp** – 18 – December to 4 January

**Building Closures**

**Labor Day** – Center Closed September 4<sup>th</sup>

**Columbus Day** – Center Closed 9 October

**October 21<sup>st</sup>** - Center Closed

**Veterans Day** – Center Closed 10 November

**Thanksgiving Day** – Center Closed 23 November

**Christmas Day** – Center Closed 25 December

-----Youth Led Clubs-----

**Book Club:**

For all book lovers, readers and literature connoisseurs! We engage in book discussions, fan fics, and film adaptations of some books we read or have read.

Middle School: Tuesdays 4pm-5pm

High School: Thursdays 5pm-6pm

Club Mentor: Ms. Hannah

Homework Lab

**MAGE Academy:** M, W, F, 6-7PM, Sa. 7-9PM

Join our anime club, which involves a lot of cooking, gaming, learning new anime characters, crafting, and pop culture.

Movies Anime Games Enthusiasts

Club Mentor: Mr. Todd

Life Skills

**Dungeons and Dragons:** Fridays 6-7PM

Enjoy fun times with friends while making D&D characters, stories, and playing fields.

Club Mentor: Mr. Brandon

Tech Lab

Fort Carson Youth Center

6181 Ware St Bldg. 5950

Fort Carson, CO

Ph. (719) 526-2680



# GET EDUCATED: YOUTH MENTAL HEALTH AND WELLNESS (FLYER)

## Get Educated: Youth Mental Health and Wellness



Sponsored by:



Harrison School District Two

Character Through Diversity, Challenge & Accomplishment



When: Tuesday, September 26, 2017 5:30-9 pm

Where: Harrison D2, Harrison High School

Zalman Center

2755 Janitell Road

Colorado Springs, CO 80906

Free registration at:

[www.healingouryouth.org/calendar/](http://www.healingouryouth.org/calendar/)



### SCHEDULE:

5:30: Visit our resource fair & talk one-on-one with professionals from the field of mental health

6:30: Listen to the Healing Our Youth presentation (see presenters/topics below)

8:00: Visit our resource fair & talk one-on-one with our panel speakers and professionals from the field of mental health

9:00: Close

- Listen to a parent's perspective on raising a child with a mental disorder
- Learn important facts/statistics about mental disorders and the basic biology of mental disorders
- Learn about the adolescent brain and teen substance use
- Learn to identify unhealthy adolescent behavior
- Learn what treatments are available for mental disorders and the steps to take to access treatment
- Connect with experts and resources in mental health
- Talk one-on-one with mental health professionals
- 2.0 CEUs offered
- Light refreshments included

## AN INSPIRING PRESENTATION, PLUS A MENTAL HEALTH RESOURCE FAIR



A Parent's Personal Story by Gina Moore, JD – Community Outreach Coordinator and Past President of the National Alliance on Mental Illness Arapahoe/Douglas Counties.



Mental Disorders: Facts, Statistics & Biology by Amy Gensler, MD – Board certified pediatrician with Parker Pediatrics & Adolescents; Associate Clinical Professor at the University of Colorado, Dept. of Pediatrics, Children's Hospital Colorado.



Youth Substance Use by Kevin Petersen, MA, MFT-C – Executive Director and Counselor at Petersen Family Counseling in Denver where he specializes in substance abuse, co-dependency, anger, behavioral issues, and severe mental health issues.



Identifying Unhealthy Adolescent Behavior by Sharon Hastings, EdD, LPC, LSC, NCC, ACS Clinical Director and Supervisor of Clinical Counseling at the University of Phoenix, Lone Tree.



A Youth's Personal Story by Edward Mastronardi: a local youth shares his journey with a mental disorder and inspires hope.



Moderated by Jean Miller, PhD, LPC-Administrator and faculty member in the College of Social Sciences at the University of Phoenix, Lone Tree.

NO DUI RESPONSE TEAM (FLYERS)



# NO DUI RESPONSE TEAM



## WE NEED YOUR HELP!!!



ARE YOU INTERESTED IN HELPING OTHERS?

ARE YOU INTERESTED IN SAVING LIVES?

WOULD YOU LIKE TO EARN THE MILITARY OUTSTANDING VOLUNTEER SERVICE MEDAL?

ARE YOU A CIVILIAN THAT WOULD LIKE TO DO VOLUNTEER WORK?

If you answered yes to any of these questions, we have a program for you. We are looking for drivers and phone operators for the NO DUI RESPONSE TEAM program. Volunteers are needed every Friday and Saturday. If you are interested on volunteering or have any questions, call 524-2677 (BOSS), 526-9191 (during duty hours) Email. [james.w.butler158.mil@mail.mil](mailto:james.w.butler158.mil@mail.mil). [Edgardo.a.menjivar.civ@mail.mil](mailto:Edgardo.a.menjivar.civ@mail.mil).

**IF YOU NEED A RIDE CALL (719) 526-5347!!!!**



# NO DUI RESPONSE TEAM

If you have a DoD ID Card we have


a FREE ride home for YOU!

(719) 524-2677 OR (719) 526-9191

Friday night 2200 hrs – 0300 hrs (Sat)  
Saturday night 2200 hrs – 0300 hrs (Sun)



No Car  
No  
Ride



HAD ONE  
TOO MANY  
DRINKS?



BEEN OUT  
DRINKING?

For questions about the program please call 524-2677 or 526-9191 during duty hours

**PATRIOTFEST (FLYER)**



FREE SHOW ★ OPEN TO DoD ID CARDHOLDERS

FESTIVAL VILLAGE WITH LOCAL FOOD TRUCKS & BREWERIES

FAMILY FRIENDLY ACTIVITIES ★ BRING LAWN CHAIRS/BLANKETS

NO PETS, CANOPIES OR OUTSIDE ALCOHOL

AIR FORCE SERVICES  
ACTIVITY PRESENTS

**LIVE STAGE**

AN AIR FORCE  
ENTERTAINMENT PRODUCTION

ENTERTAINMENT  
INCLUDES



**SATURDAY, SEPTEMBER 9 ★ PATRIOT PARK**  
**FESTIVAL VILLAGE OPENS AT 3 PM ★ MUSIC STARTS AT 5 PM**

THANK YOU TO OUR SPONSORS AND PARTNERS:

AYID4ADVENTURE, CAREFREE CHIROPRACTIC, CHICK-FIL-A, COLORADO SPRINGS MILITARY NEWSPAPER GROUP,  
COLORADO SPRINGS SWITCHBACKS FC, COLORADO SPRINGS UTILITIES, CONSTITUTION DENTAL GROUP, ENT CREDIT UNION,  
FAIRWAY INDEPENDENT MORTGAGE, FIRST COMMAND FINANCIAL SERVICES, GEICO, ORANGETHEORY FITNESS,  
PEOPLES MORTGAGE, PEPSI, SKY SOX BASEBALL, STRUCTURE REAL ESTATE GROUP, USAA, USO, VETERANS UNITED AND XFINITY.  
NO FEDERAL ENDORSEMENT OF SPONSORS OR PARTNERS INTENDED.



## RONALD MCDONALD HOUSE OF SOUTHERN COLORADO VOLUNTEER OPPORTUNITIES

When families with seriously ill children in area hospitals have no place to rest... they are welcome at the Ronald McDonald House. It's a home away from home. Our volunteers do so much more than cook and clean. They make this house a home.

Opportunities to help 7 days a week/ 365 days a year! We only require a friendly smile and helpful attitude!

### House Volunteers

Assist the staff in keeping a warm & friendly environment for the families staying at the House. This includes, but is not limited to cleaning, organizing, baking working in the yard and any special projects. Flexible 2-4 hour shifts between the hours of 9am-8pm. Groups and pairs are welcome!

### Office Volunteers

Manage the front office of the Ronald McDonald House. This includes, but is not limited to answering phones/doors, filing, accepting donations, checking in families/visitors, and working on special office projects.

After RMHC volunteer application and background check, House and Office volunteers can usually begin immediately depending on availability. Children under 18 must volunteer with an adult.

### Ronald McDonald Family Rooms

#### Memorial Family Room

Located in the NICU of Memorial Hospital

#### St. Francis Family Room

Locate in the NICU of St. Francis Medical Center

Families can step away momentarily to grab a snack or just a nap... our Family rooms provide a place for self-care while staying close to their children. Our volunteers give them everything they need to do just that. Volunteers staff 100% of our Family Rooms - 7 days per week/365 days per year. People like you are essential to keeping these places accessible to families whenever they are in need! Act as host/hostess to all families in ensuring all guests are met with a warm, smiling face Provide tours to new guests Monitor the guest sign-in process Make coffee as needed Put snacks out as needed Ensure that all rules are followed Answer phone as needed Contact hospital staff regarding restocking as needed Family Room volunteer minimum is one shift per month. Six-month minimum. Volunteer shift times are 9am-1pm, 1pm-5pm, 5pm-7/9pm. Must be at least 14 years of age to volunteer at our Family rooms. Individuals and pairs are welcome!

### How to apply:

Visit: [www.rmhcs.org/volunteer](http://www.rmhcs.org/volunteer); Contact: Nicole Noll, Volunteer Manager at [nicole@rmhcsoutherncolorado.org](mailto:nicole@rmhcsoutherncolorado.org) or 719-471-1814; or stop by our House:

Ronald McDonald House

311 N Logan Ave.

Colorado Springs, CO 80909

\*Additional applications and processes required to volunteer at Family Rooms

## **RSO EDUCATION**

Religious Support Office (RSO) Catholic Religious Education begins Sept. 10. RSO provides Religious Education for Preschool (age 4) through adulthood. These classes include preparation for First Communion and Confirmation. RSO also offers adults who are interested an opportunity for adult formation sessions. To register for these classes, contact Pat Treacy at 524-2458.

## **SUICIDE PREVENTION MOTORCYCLE POKER RIDE (FLYER)**

# Saturday, 16 September 2017

# FREE!

**4th Annual  
Suicide  
Prevention  
Motorcycle  
Poker Ride**



**Inaugural  
Ready and  
Resilient  
5K Run/Walk**



**All participants will receive a plush animal toy FREE!**

**Registration begins at 0800  
Opening Ceremony starts at 0900**

**Motorcyclists:  
park OUTSIDE  
gate 1 In the  
Visitor Control  
Center lot**



**Runners/walkers:  
park INSIDE gate  
1 behind the 4ID  
museum**



For more information, Call (719) 526-0401

# TRANSITION SUMMIT HIRING FAIR (FLYER)



# TRANSITION SUMMIT

## FORT CARSON

Personal Branding • Hiring Fair • Transition Education • Industry Workshop

Date and Time

**September 13-14, 2017**

Location:

**Fort Carson, CO**

Various Venues

### **September 13**

HUB - 9a.m. – 4p.m.: Industry Sector Briefings for Job Seekers

HUB - 5:00 p.m.: Networking Reception for Job Seekers, Employers, and Uniformed Leaders

### **September 14**

9:30 a.m.: Workshops for Job Seekers – McMahon Auditorium

1 p.m.: Hiring Fair – Special Events Center

Join us for a free hiring fair and transition summit for service members, veterans, and military spouses. This event features key federal & state agencies, influential military leaders, innovators in the business and employer community, and local community leaders.

The two-day Transition Summit will feature informative and interactive panel events, and facilitated discussions focused on improving competitive employment for service members, veterans, and spouses in addition to a networking reception for employers, military leaders, and job seekers.



**Employers and Military Job Seekers  
register at**

**[HiringOurHeroes.org/Events](http://HiringOurHeroes.org/Events)**



Our Sponsors



Our Partners



WOMEN'S FELLOWSHIP COMMUNITY TEA (FLYER)

# Women's Fellowship Community Tea

**Women's  
Fellowship Annual  
Community Tea  
will be held on  
Saturday,  
9 September  
beginning at 11:00  
AM at Cheyenne  
Mountain Resort**



*Mark  
Your  
Calendar!*

For more information or to RSVP, please email Sister Gwen Wescott at [gjw978@yahoo.com](mailto:gjw978@yahoo.com)



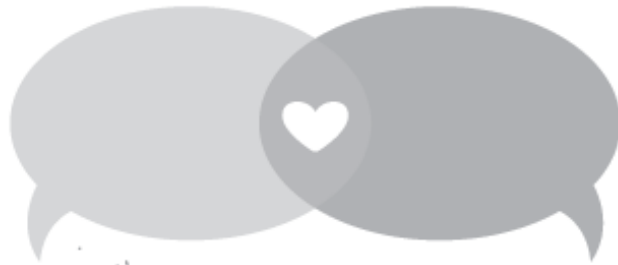


# ARMY COMMUNITY SERVICE PROGRAMS

## 5 LOVE LANGUAGES CLASS (FLYER)



Family Advocacy Program presents



### the **5** Love Languages

Learn how to better communicate with your partner at this fun workshop.

9 a.m. to Noon  
ACS Center, bldg. 1526

Offered on:  
May 11, July 13, Sept. 14 or Nov. 9

What if you could say or do just the right thing guaranteed to make that special someone feel loved? The secret is learning the right love language!

- Discover your own Love Language
- Learn about your partner's Love Language
- Receive free books & resources to aid in deepening your relationship
- Have a better understanding of how love, marriage & finances relate

Register: [www.carson.army.mil/acs](http://www.carson.army.mil/acs)  
(719) 526-4590



## DISCOVER A BETTER YOU (FLYER)



### Family Advocacy Program

Supporting Healthy Soldier & Family Relationships

# DISCOVER A BETTER YOU

FROM THE  
'GOT YOUR BACK'  
SERIES



### Learn skills for a successful future.

9:30-11:30 a.m. • ACS Center, bldg. 1526

There are 8 components that set up an individual for success. "Got Your Back" builds self-awareness, promotes mindful choices, emphasizes relationship skills, and encourages participants to value themselves.

The focus of this class is on single, young services members, but all DOD ID holders are welcome to attend. It's preferable that all classes are attended, but each does stand on it's own. Register today.

- June 28 • Keys to Success & Personality
- July 5 • Anger/Stress & Communicating Well
- Aug. 9 • Expectations & Frustrating Situations
- Sept. 20 • Relationships & Your Future

[www.carson.army.mil/acs](http://www.carson.army.mil/acs) • (719) 526-4590



**FORT CARSON YARD SALES (FLYER)**

**FORT CARSON RESIDENTS & DOD ID HOLDERS**

**APRIL TO DEC. YARD SALE**

**1ST & 3RD SATURDAYS • 8 A.M.–3 P.M.**

**HELD IN ALL ON-POST HOUSING AREAS &**

**NORTH COMMUNITY CENTER, 4355 FUNK AVE.**

**(FOR PARTICIPANTS THAT LIVE IN THE BARRACKS & OFF-POST)**



**FOR MORE INFORMATION:**  
[WWW.CARSON.ARMYMIL/ACS](http://WWW.CARSON.ARMYMIL/ACS) • (719) 526-1082



## NEW PARENT SUPPORT PROGRAMS (FLYER)



# NEW PARENT SUPPORT PROGRAM

OFFERED THROUGH THE SOLDIER & FAMILY READINESS PROGRAM AT FORT CARSON

The Army Community Service New Parent Support Program (NPSP) is a professional team of social workers and nurses that provide supportive and caring services to military Families. Our trained and supervised home visitors have extensive knowledge of the issues confronting military parents and are sensitive to the unique challenges they face. The NPSP will help you learn to cope with stress, isolation, post-deployment reunions and the everyday demands of parenthood. A variety of classes are offered to meet the schedule and needs of our Fort Carson Families.

|                |                                 |  |  |                                |
|----------------|---------------------------------|--|--|--------------------------------|
| Weekly         | Infant Massage & Baby Nurturing | Tuesdays<br>10 a.m.-Noon                   | Pregnant moms and parents with babies are encouraged to attend. Systematic infant massage strokes alleviate colic, create strong bonds, increase the communication between baby and parent and provide a foundation of unconditional love and attachment. Topics pertaining to infant development and health are discussed. The first Tuesday of each month will feature a nurse and lactation specialist to discuss nutrition, growth and development of babies. No registration required, walk-ins welcomed. | Nurturing Center<br>Bldg. 1354 |
| Weekly         | Playgroup                       | Fridays<br>10 a.m.-Noon                    | A fun-filled interactive get together for parents and children. Activities help children improve their social, cognitive and motor skills. No registration required, walk-ins welcomed.  | Nurturing Center<br>Bldg. 1354 |
| Weekly         | Toddler Time                    | Thursdays<br>9:30-11 a.m.                  | Participants interact on topics such as gross motor enhancement through songs and dance, sensory enrichment through arts and crafts, and nurturing the child as well as the parent. Open to parents with toddlers 18 months or above. No registration required, walk-ins welcomed.   | Nurturing Center<br>Bldg. 1354 |
| Monthly        | Basic Training for New Moms     | 3rd Tuesday of the month<br>9 a.m.-11 a.m. | Topics include becoming a new mom, caring for your baby and caring for yourself.   | ACS Center<br>Bldg. 1526       |
| Monthly        | Boot Camp for New Dads          | 1st Tuesday of the month<br>9 a.m.-Noon    | Topics include becoming a new dad, caring for your baby and caring for mom.  | ACS Center<br>Bldg. 1526       |
| Quarterly      | Nurturing (Infant to 5 years)   | Check our website for next session         | This 12-week class teaches parents how to be nurturing to their children as well as themselves. Topics include communication with your child, how to build your child's self-esteem, behavior management techniques and much more.   | Nurturing Center<br>Bldg. 1354 |
| Quarterly      | Nurturing (5 to 12 years)       | Check our website for next session         | This 12-week class includes topics of communication with your child, how to build your child's self-esteem, behavior management techniques and much more.  | Nurturing Center<br>Bldg. 1354 |
| By Appointment | Home Visits                     | Call (719) 526-0461                        | A voluntary home visitation program for families expecting a child or with children from birth up to 3 years of age. Services are provided free of charge by NPSP staff. Appointments are available Monday thru Friday from 8 a.m. to 5 p.m., evenings are available on a limited basis.   |                                |



**ACS Inclement Weather Policy:** If the installation is on a 2 hour or less delay, ACS events will be adjusted to a 9:30 a.m. start time with the exception of the Family Enrichment events (i.e., AFTB, FRG, ITC, Rear D), those will start at their regular start time. If the installation is closed (2 or more hours), ACS classes will be canceled & rescheduled. For installation weather notifications, visit [www.carson.army.mil](http://www.carson.army.mil) or call (719) 526-0096.



Find us on Facebook:  
"Fort Carson ACS Family Nurturing"

## **NEWCOMER'S ORIENTATION (FLYER)**

New to Fort Carson? Been here a week, a month or a year...let's get acquainted! Army Community Service hosts a Newcomer Orientation the second Monday of every month.



Relocation Readiness Program presents

# **Newcomers Orientation**

**2nd Monday of every month • 9 a.m. to 1 p.m.**  
Community Connection, Bldg. 1524

**For those *NEW* to Fort Carson & for those  
who want to know more.**

**[www.carson.army.mil/acs](http://www.carson.army.mil/acs) (719) 526-4590**



PREP PROGRAM (FLYER)



**Family Advocacy Program**

Supporting Healthy Soldier & Family Relationships



# PREP

## Prevention & Relationship Education Program

Last Thursday of the month • 9-11:30 a.m.  
ACS Center, bldg. 1526

Learn the 12 components that will set you up for a successful relationship. Achieve your goals as a couple by building on your current strengths and learning new skills.

All types of couples are welcome. It's preferable that all classes are attended, but each does stand on it's own. Register today!

[www.carson.army.mil/acs](http://www.carson.army.mil/acs) • (719) 526-4590



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