



The “Pass It On” is available online at: <http://carson.armymwr.com/us/carson/programs/community-ne>

19 OCTOBER 2017

Our mission at ACS is to prepare and empower our Total Military Family to meet the challenges of military life by providing essential programs, resources, and services that enhance knowledge, life skills, well-being, quality of life, and retention.

Army Community Service:
719-526-4590

On Facebook: Fort Carson Army Community Service

On Twitter: FortCarsonACS

On the web:
www.carson.army.mil/acs

IMPORTANT HIGHLIGHT:

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CIE WEB PAGE

The Community Information Exchange (CIE) held monthly, is a forum to inform command teams and spouses about Garrison and installation services, emerging topics and significant events. To see topics from the most recent CIE, visit <http://www.carson.army.mil/CIE%20September%202017%20Read%20Ahead.pdf>.

FORT CARSON CHILD SUPERVISION POLICY (FLYER)

Youth Supervision Matrix

Age of Child	Left unsupervised for less than 4 hours	Left unsupervised for up to 8 hours	Left unsupervised for more than 12 hours	Left Alone Overnight	Outside Unattended/ Curfew	Child Sit Siblings	Child Sit Others
Newborn through age 5	NO	NO	NO	NO	NO	NO	NO
Age 6 through Age 8	NO	NO	NO	NO	NO; may walk to/from school and a youth services program	NO	NO
Age 9 through Age 12	YES; if determined to be mature by parent	NO	NO	NO	YES; with immediate access to adult supervision; must be inside their home or yard between 2100 and 0600	NO	NO
Age 13 through Age 14	YES	YES; during the hours of 0600 to 2400 with ready access to adult supervision	YES; Only with arrangements for adult friend/relative to check on behavior IN PERSON within an 8-hour period	NO	YES; must be inside their home or yard between 2100 and 0600	YES; not more than 8 hours per day	YES; having completed Red Cross course as approved by Child Dev. Services
Age 15 through Age 17	YES	YES	YES; Only with arrangements for adult friend/relative to check on behavior IN PERSON within the 12-hour period	YES; Only with arrangements for adult to check IN PERSON every 12-hour period	YES; must be inside their home or yard between 2200 and 0530 (Sunday - Thursday) or between 2400 and 0530 (Friday, Saturday, Holidays)	YES; 15 year olds no more than 8 hours per day; 16+ may baby sit for more than 8 hours	YES; having completed Red Cross course as approved by Child Dev. Services

FORT CARSON WEBSITE CHANGES

The Fort Carson website, www.carson.army.mil, has some new features and sections to keep the community informed of upcoming activities, classes and facility and gate closures. See the "Carson Calendar and More" tab at the top of the homepage for a community calendar listing, Family readiness group updates and a Community Information Exchange summary. The "News You Need to Know Now" section lists announcements provided by organizations across the installation on upcoming Fort Carson events, classes and services.

GATE 4 LANE CLOSURES

Lane closures will be occurring at Gate 4 from the Fort Carson marquee sign to the installation boundary, for asphalt repairs the weekend of Oct. 21-22. Traffic control measures will be in place to safely pass two-way traffic.



NEW THIS ISSUE

COUPLES: STAY CONNECTED WHEN LIVING APART (FLYER)



Please Join Us for a Dynamic Group Discussion

Couples: Stay Connected When Living Apart

Wednesday, Nov. 15, 2017, 2-3 p.m. ET

Facilitated by: Kim Stimpfil, MS

Military OneSource is pleased to offer dynamic group discussions where you can see, text and chat with licensed counselors and a small group of other service members and their families online.

Do you and your partner sometimes live in different locations because of work or other circumstances? How do you stay close across the miles? Join our small group to talk online about ways to prepare for separations, the challenges of living apart and ideas to stay connected.

Register for the event online by November 14th

<https://militaryonesource.zoom.us/webinar/register/612de9e9756beea34ac87b605f06faf5>

About the facilitator

As a spouse of a naval officer, Kim Stimpfil is able to understand the unique challenges that may arise for military families. She received her undergraduate degree in psychology from the University of Arkansas at Fayetteville and obtained her master's degree in counseling/psychology from the University of Central Arkansas. Kim has worked in multiple behavioral health settings and with a diverse population including adults, adolescents, and children from many backgrounds. She joined the Military OneSource team in 2011 as a triage consultant. Kim now serves in multiple roles including triage consultant, peer consultant, and spouse relocation consultant.

Please note

This event requires a device that will allow you to install the Zoom application ahead of time as well as access to a commercial internet server rather than a government server. For best results, please register using a personal email account.

Information on upcoming dynamic group discussions

DISCOUNTED AVALANCHE TICKETS

You can now receive discounted tickets for Avalanche games at <http://avalanche.teamkse.com/military1718>. Customers will go to the link and calendars will pop up; from there, they choose the game of choice and selection of base (Fort Carson). After email address is given, tickets will be electronically sent to noted email address.

For more information, please call the ITR Office at 526-5366

FOUNTAIN FAMILY DAY (FLYER)



REACH PIKES PEAK
since 1964

1st Annual
Fountain
Family
Day

Saturday, October 21st at 2:00 PM
REACH Pikes Peak – Fountain Office
501 E. Iowa Street
Fountain, Colorado 80817

Face painting & music
Family & kid friendly games
Free pumpkins for families and more!

Admittance Fee:

- Any cash donation amount
- Or non-perishable canned goods

FREE SHOWING: SERVED LIKE A GIRL (FLYER)

rocky mountain women's film institute presents

FESTIVAL *in the community*

sponsored by C.S. WOMEN IN
REEL ESTATE



A FILM BY LYSA HESLOV

SERVED LIKE A ★ GIRL ★

Director Lysa Heslov's powerful documentary, **SERVED LIKE A GIRL**, follows several American women who were wounded in action and are now transitioning from soldier to civilian after serving their country in Iraq and Afghanistan. Struggling with PTSD, homelessness, broken families, divorce, serious illness, and military sexual abuse, these remarkable women harness humor to adapt to the emotional, social and economic challenges they face, through the Ms. Veteran America competition. (90 min)

Tuesday, November 7, at 2:00pm
Peterson AFB, Base Auditorium
Platte Avenue & Powers Blvd, Co Springs, 80916
MORE DETAIL AT RMWFILMINSTITUTE.ORG

 ROCKY MOUNTAIN WOMEN'S
Film Festival

November 10-12, 2017
RMWFILMINSTITUTE.ORG

MOTHER PARKER'S 2ND ANNUAL THANKSGIVING DINNER (FLYER)


Mother Parker's 2nd Annual Thanksgiving Dinner

**No where to go on Thanksgiving Day!
We have the place for you to come and Fellowship, watch the games and EAT a
Family-oriented dinner**



**When: Thanksgiving Day, 23 November beginning at 1:00 pm at the Chapel.
Please see Mother Parker so that you can let her know what you will be bringing and
for more information. Single Soldiers, all you need to bring is your appetite.**

PRUSSMAN CHAPEL FAMILY THANKSGIVING DINNER (FLYER)



Prussman Chapel Family Thanksgiving Dinner

Prussman Chapel invites you
and your Family to our Annual
Thanksgiving Dinner.

Please come out to our Service
and our Thanksgiving Dinner

For more information, please
email Sister Ursula Pittman@
prussmanchapel@gmail.com

When: Sunday, 19 November 17

Time: Immediately following morning service

PRUSSMAN CHAPEL OPERATION THANKSGIVING BASKETS (FLYER)

Prussman Chapel Operation

Thanksgiving Baskets



Prussman Chapel will be sponsoring 150 MILITARY Families during this time of giving. You will get a basket full of goodies to help make your Thanksgiving Dinner a BLESSED one.

PLEASE NOTE: This is for MILITARY Families ONLY!

Please go to the link below to register. You will receive a confirmation email with when to pick up the basket.

Reserve your Basket starting Sunday, 29 October at
<https://www.eventbrite.com/e/operation-thanksgiving-baskets-2017-registration-38896501483>
For more information, please email prussmanchapel@gmail.com

SCHOOL DISTRICT 8 EVENTS

Fountain Fort Carson School District 8 has the following events scheduled:

- Nicotine, Marijuana and the Developing Brain: Learn how to protect children from the harmful effects of tobacco and marijuana use on the developing brain. The event takes place Oct. 24 from 5-7 p.m. at the Mesa Ridge High School Cafeteria.
- Songs for Service Members takes place Nov. 9 at 7 p.m. at the Fountain-Fort Carson High School Cafeteria.
- A Veterans Day Assembly takes place Nov. 9 at 9 a.m. at Carson Middle School, with performances by the school band and choir and student soloists. Due to seating capacity restrictions, the event is limited to the service member parent.



SERVICES, PROGRAMS AND EVENTS

AIR FORCE VS. ARMY GAME TICKETS (FLYER)

The flyer features a central image of a trophy with three silver cups on top, a plaque that reads "UNITED STATES AIR FORCE ACADEMY", and a winged figure. Below the trophy are two football helmets, one blue with a lightning bolt and one gold. The background is a blurred crowd of people. The text is in blue and black, with some bolding and italics.

AIR FORCE VS. ARMY BASE COMPETITION

Air Force Football hosts Army West Point on Saturday, November 4th at Falcon Stadium. Air Force Athletics has set up a competition among the local Military bases centered around the rivalry football game. Members of each base can purchase discounted tickets to the game using a unique promo code. The base that brings the most fans out to the game will win the competition. The competition runs from October 2nd through October 27th. See details below.

YOU CAN PARTICIPATE IN THE COMPETITION AND HELP FORT CARSON BE THE WINNING MILITARY BASE!
Purchase discounted tickets to the game using the promo code: **FTCARSON** at GoAirForceFalcons.com/promo

THE WINNING BASE WILL RECEIVE:

- A catered tailgate spot with food and drinks at the Air Force vs. Army game on November 4th
- Recognition in-game on the video board along with a public address announcement
- A ticket voucher valid for free admission to any non-conference Air Force Men's Basketball game [Valid for football game ticket purchasers]







AMEDAY INFORMATION:
Air Force vs. Army
November 4, 2017
1:30 PM at Falcon Stadium

FOR QUESTIONS PLEASE EMAIL AFA.TICKETS@AIRFORCEATHLETICS.ORG OR CALL 719-472-1895

*THE WINNING BASE WILL BE DETERMINED BY THE NUMBER OF TICKETS SOLD UNDER EACH PROMOTIONAL CODE

CAREER SKILLS PROGRAM UPCOMING EVENTS (FLYERS)

The Fort Carson Career Skills Program (CSP) offers opportunities for eligible transitioning service members to gain the knowledge, skills and abilities needed for successful careers after they transition from active duty. To be eligible for any CSP, transitioning service members must be on active duty and within 180 days of transitioning from service as of the class start date, anticipate fully honorable or under honorable conditions discharge and have approval of the first field grade commander in their chain to participate. Each program also has additional eligibility criteria. Interested transitioning service members are encouraged to attend the appropriate information session as indicated below. They can also visit the Career Skills Program Office (building 6236, rooms 101-104) Monday-Friday, 7 a.m. to 4 p.m.

 Microsoft  EMBRY-RIDDLE Aeronautical University MSSA	CAREER SKILLS PROGRAM Basic Eligibility	 <p>With The Army Career Skills Program (CSP)</p>
 secure set ACADEMY Cybersecurity	 For more information about Fort Carson's Career Skills Programs: Visit the Career Skills Program Office Building 6236, Room 102 719-526-1195/8549/1197	

OPR: Sherry Jenkins-27 Feb17



U.S. Department
of Veterans Affairs

WARTAC

- ❖ WARTAC is a program sponsored by the Department of Veterans Affairs (VA), Veterans Benefits Administration (VBA) to train transitioning Service Members to process VA disability compensation claims. This 12-week program provides participants with an opportunity to learn the skillset of a Veteran Service Rep.
- ❖ Training takes place on post and is led by VBA training instructors using live compensation claims. Successful participants will receive interviews with VA Regional Offices at 56 desired locations throughout the U.S.



Service to Sales

- ❖ Sponsored by Phil Long Auto Group and Mt. Carmel Center of Excellence, this is a free 12 week training and internship program in Automotive Sales. This program is open to Veterans and Family Members on a Space-Available basis.
- ❖ Successful participants interview for open positions within the Phil Long Auto Group.



UA Veterans in Piping

- ❖ The United Association (UA) of Journeymen and Apprentices of the Plumbing and Pipe Fitting Industry sponsored training program is in the field of pipe welding. This is an 18-week accelerated full-time program.
- ❖ Training takes place at the UA Local 58 and is led by highly skilled instructors. Graduates are placed in a 5-year UA apprenticeship program.



CDL-A Training

- ❖ Teamsters and ABF Freight sponsored intensive commercial truck driving training. This 6-week training, to include on-the-road testing, pre-trip vehicle inspection, basic vehicle control, loading and unloading procedures, manifest and logbook procedures, will prepare you for a career in the trucking industry.
- ❖ Training takes place on post and is taught by ABF Freight instructors. Successful participants will be placed with ABF Freight at locations across the country.



**HIRING
OUR
HEROES.**
U.S. CHAMBER OF COMMERCE FOUNDATION

Corporate Fellowship

- ❖ The U.S. Chamber of Commerce Foundation Hiring Our Heroes sponsors this 12-week management-focused program.
- ❖ Participants will be placed with a corporate partner in a management or professional position Mon – Thurs of each week. Fridays are spent in a classroom gaining valuable corporate skills and management certification. Graduates engage in employment interviews.



Local Government Fellowship

- ❖ The Veterans Local Government Fellowship Program (VLGMF) is a 16-week program that will provide participants with management training and hands-on experience in the local government environment with the goal of preparing them for smooth transitions into local government careers.
- ❖ VLGMF sponsors will provide participants with professional development, networking, coaching and free professional memberships.

EFMP TRICK OR TREAT

October 31 • 3-5 p.m.
ACS Center, bldg. 1526

Join ACS EFMP for Trick-or-Treating, crafts and photos!
Costumes are encouraged, but not required.

Our decorations will be Zootopia themed. Parents must be present at the event to ensure that non-edible toys provided to participants are appropriate for their child. Event is for Exceptional Family Members. Please contact ACS EFMP for more information.



www.carson.army.mil/acs • (719) 526-4590

FORT CARSON YOUTH CENTER FALL PROGRAM GUIDE (FLYER)

Now serving FREE Dinner
3:30PM-4:30PM!
Late Snack at 6:30PM

Fort Carson Youth Center Fall Program Guide

August – December 2017



Art Club: M W F 4:30-5:30PM

Join Art Club and have an opportunity to be recognized for your creativity. Open Art, Cultural Art, Quilting, Acrylics, and more. There will be monthly competitions and art galleries to look out for too.

Art Room

Jammin' Out: M, W, F 5:30-6:30PM

This program is designed to mentor and empower youth with the universal language of music. We provide instruments and knowledge in a structured, collaborative environment. Youth can explore guitar, Piano, bass, drums, and vocals and have the opportunity to form bands with like-minded peers. Try it, you might like it!

Music Room

SMART Girls: Thursdays 4-5PM

The SMART Girls program gives Young women a chance to get to know one another and teaches ideals about respect, trust, confidence and effective communication. Girl Power!

Conference Room

Torch Club: 2nd and 4th Wednesday 4:30-5PM

Middle School ONLY

Torch club is Boys & Girls Club of America's small-group leadership and service club for youth ages 11-13.

Life Skills Room

In the Kitchen: Fridays 4:30-6PM

Cooking stars in the making! We will take on cooking projects, learn about table setting, reading and making recipes and other fun kitchen projects.

Life Skills Room

Keystone Club: Thursdays 6-7PM *High School ONLY*

Keystone is Boys and Girls Club of America's service learning program for teens. This unique leadership development experience provides opportunities for young people ages 14-18. Youth participate both in and out of the club, in activities in three focus areas: Academic Success, Career Preparation and Community Service

Conference Room

College Bound: Tuesdays 6-7PM

College Bound is offered to our High School Members that want to be prepared for going to college. Learn about applying for college, surviving college, and finding the right field for you.

Homework Lab

Power Hour! M-F 3:30-4:30PM

A comprehensive homework help/tutoring program designed to raise the academic proficiency of middle schoolers and high school teens. As youth complete homework assignments and bonus educational activities, they accumulate "Power Points" which may be used to obtain incentives and rewards. Power Hour is designed to help youth achieve maximum academic success! "Making Minutes Count!"

Homework Lab

Smart Bucks: T & Th 5-6PM

Members are invited to learn about financial literacy. Saving, investing, budgeting in the real world, shopping smart and more. Incentives include field trips, awards, and recognition for completion of the course.

Homework Lab

Indoor Gardening Club: T & Th 4-5PM

Do you enjoy growing your own food? Join the gardening club and learn all the steps for starting your own garden for beauty and for nutrition.

Life Skills Room

The Voice: M & W 4-5PM

High School Members are invited to a program that gives them a voice. Plan parties, field trips and more.

Conference Room

HOT – Hands On Technology: Thurs 5-6PM

Join the Tech Club and do some hands on STEM activity. Building Bridges, walking on water, making rockets and more.

Weight Room/Small Gym

Fort Carson Youth Center
6181 Ware St Bldg. 5950
Fort Carson, CO
Ph. (719) 526-2680



Strength & Conditioning: M & F 4-5PM, W 5-6PM

Want to get fit? Want to stay fit? Join our Strength & Conditioning Club and have an opportunity to work out.
Weight Room/Small Gym

Fun Zone: M - F 4-5PM

Come to the Fun Zone and enjoy different activities every day. Riddles, scavenger hunts, video game competitions, free play, Minute to Win it!, Board game tournaments, prizes, and more.
Game Room/Open Rec

Basketball Workshop: M - F 4:30-5PM

Want to improve some of your basketball skill? Then stop by the Youth Center for some pointers and drills to help you improve. Mr. Abdul and Mr. Derrick are here to provide guidance on how you can improve your game.
Gym

Hour of Code/ Computer Science Unplugged:

M, W, F 5-6PM

Improve your STEM Skills by joining Hour of Code and Computer Science Unplugged. Learn to engineer your own games and learn all about the 1's and 0's of the computer world. Parties and incentives for consistent participants.
Computer Lab

Passport to Manhood: Thursdays 4-5PM

This program consists of sessions that concentrate on specific character aspects of manhood through interactive activities and conversation. Passport to Manhood promotes positive ideals and concepts to help shape boys into responsible young men.
Conference Room

My.Future: T - TH 4:30-5PM

Ready to explore the vast world of technology? My.Future provides opportunities to develop strong, grounded digital literacy competency.
Tech Lab

Upcoming Special Events:

Back to School Party Aug. 18th 7:30-9:30PM – Join us for a great time. Free party with refreshments and drawings.

Glow Dance Sept. 8th 7:30-9:30PM- Members are invited a fun night of good music and glow lights. Wear clothing you are okay with getting messy.

Pumpkin Walk Oct. 19th – Join us for a pumpkin decoration contest. Event open to the community.

Strong Family Awareness Dinner Nov. 14th 6-8PM – Join the Youth Center for a nice family dinner. Also meet with guest speakers on ways to stay family strong.

Monthly Events

Midnight Basketball- First Friday of every month. Middle school 8-9:30PM, High school 10-12AM, pizza at 9PM for participants!

Skate Night- Third Friday of the month 6PM-9PM

Movie Nights \$5 –Aug. 25th, Sept. 22nd, Oct. 13th, Nov. 17th, and Dec. 18th Families are invited for a nice movie and diner for only \$5 per person. 6:30PM-9PM

Fort Carson Record Books – Saturdays - Come in and break a record. Different activities every Saturday.

Family Game Night- Last Saturday of the month 7-9PM. Bring your family, win prizes, and enjoy snacks!

Fall Camp – 20 – 24 November

Winter Camp – 18 – December to 4 January

Building Closures

Labor Day – Center Closed September 4th

Columbus Day – Center Closed 9 October

October 21st - Center Closed

Veterans Day – Center Closed 10 November

Thanksgiving Day – Center Closed 23 November

Christmas Day – Center Closed 25 December

-----Youth Led Clubs-----

Book Club:

For all book lovers, readers and literature connoisseurs! We engage in book discussions, fan fics, and film adaptations of some books we read or have read.

Middle School: Tuesdays 4pm-5pm

High School: Thursdays 5pm-6pm

Club Mentor: Ms. Hannah

Homework Lab

MAGE Academy: M, W, F, 6-7PM, Sa. 7-9PM

Join our anime club, which involves a lot of cooking, gaming, learning new anime characters, crafting, and pop culture.

Movies Anime Games Enthusiasts

Club Mentor: Mr. Todd

Life Skills

Dungeons and Dragons: Fridays 6-7PM

Enjoy fun times with friends while making D&D characters, stories, and playing fields.

Club Mentor: Mr. Brandon

Tech Lab

Fort Carson Youth Center

6181 Ware St Bldg. 5950

Fort Carson, CO

Ph. (719) 526-2680



HIRE OUR HEROES MILITARY SPOUSE CAREER FAIR (FLYER)



**MILITARY
SPOUSE
PROGRAM**

CAREER EVENT

Personal Branding • Hiring Fair • Career Planning

Date and Time

November 9, 2017

Location:

Peterson AFB

The Club at Peterson
260 Glasgow Bldg. 1013
Peterson AFB, CO 80914

November 9

9 a.m. – 9:45 a.m.

Personal Branding Workshop

10 a.m. – 10:10 a.m.

Welcome Remarks –
Betty Welsh, Spouse
of the former Chief of
Staff of the Air Force,
Gen. Mark A. Welsh III

10 a.m. – 1 p.m.

Hiring Fair

Please join us for a special career event for military spouses on November 9, 2017.

- Learn how to brand yourself at a one-of-a-kind Personal Branding Workshop. At this workshop you'll learn to craft an elevator pitch, create a stand-out resume, utilize online networking tools like LinkedIn, and perfect your interviewing skills.
- After the workshop, connect with military-friendly employers at the hiring fair, discovering flexible jobs from a wide array of industries and skill levels.
- Complimentary professional LinkedIn profile photos and resume review available.
- Email SWilliams@uschamber.com with any questions and register [here](#).

**Employers and Military Spouse Job
Seekers register at**

HiringOurHeroes.org

**HIRING OUR
HEROES**
U.S. CHAMBER OF COMMERCE
FOUNDATION

Our Sponsors



8.50 x 11.00 in

HOLIDAY BAZAAR CANCELLED (FLYER)

We regret to inform you that
THE MOUNTAIN POST SPOUSES CLUB

*Holiday
Bazaar*

HAS BEEN

CANCELED

Please contact vendorrelations@mpsc.us
for other vendor opportunities with the
Mountain Post Spouses Club.

JOES SURVEYS (FLYER)

Joint
Outpatient
Experience
Survey

 **JOES**

LET YOUR VOICE BE HEARD ABOUT YOUR MILITARY HEALTHCARE



You have the power to infuse Evans Army Community Hospital's leadership with valuable feedback. It is used to identify areas that needs improvements and to recognize outstanding personnel. We encourage all of patients to complete and submit these surveys.

MAKE A DIFFERENCE DAY (FLYER)



VOLUNTEER & MAKE A DIFFERENCE

JOIN IN ON SATURDAY, **OCT. 28TH**

Spend the day making Fort Carson a more beautiful space.
Continental breakfast served at 7:30am

PROJECTS:

IRON HORSE PARK / SPORTS COMPLEXES & DOG PARK

A makeover and overall beautification of Fort Carson's Iron Horse Park. This includes general cleaning, raking and maintenance of the grounds of Iron Horse Park, Sports Complex, and Dog Park.

FORT CARSON STORM WATER DRAINS

General cleaning and maintenance of storm water drains to include clearing of debris and stenciling water drainage.

FORT CARSON MILITARY HOUSING

General cleaning and maintenance of the Fort Carson Military Housing Community. This includes a makeover and beautification of picnic areas, playgrounds, and common areas--as well as painting/repairing fences and landscape maintenance.

ADDITIONAL DETAILS:

- Bring your own rake and wire cutters. Supplies & some tools will be provided.
- Work boots/sturdy shoes and work gloves are required.
- Children age with Parent/Guardian monitoring
- Volunteers will meet at the Fort Carson Iron Horse Park at 7:30 a.m.
- Continental Breakfast and Lunch will be provided to all volunteers.

REGISTRATION & MORE INFORMATION:

WWW.CARSON.ARMY.MIL/ACS (SEARCH: MADD 2017)



MOUNTAIN POST SANTA'S WORKSHOP (FLYER)



What We Are:

Non-profit run by volunteers

Help children of Service Members of Fort Carson by providing holiday toys

We help, on average, 1200 children each year

Need based, not rank based

Detailed application process will open in September and close in October

KEY DATES:

5 September - Applications Open

27 OCT : Applications for 2017 Due

17 NOV: Annual Ribbon Cutting

4-8 DEC: Shopping at MPSW

Contact MPSW
Bldg.1045

<http://www.mountainpostsantasworkshop.co.com/>

Follow us on Facebook

<https://www.facebook.com/mpsws/>



El Paso County Public Health presents:

NICOTINE, MARIJUANA & THE DEVELOPING BRAIN

How we can protect our kids from the harmful effects of
tobacco and marijuana use



**Tuesday, October 24
5 - 7 p.m.**

Mesa Ridge High School Cafeteria
6070 Mesa Ridge Pkwy,
Colorado Springs, CO 80911

**Presentation begins at 5:30 p.m.
Free dinner from Bird Dog BBQ will be provided!**

PRESENTATIONS BY:

Dr. Nathaniel Riggs, Associate Professor
Human Development & Family Studies, Colorado State University

Bob Doyle, Director
Lung Health Programs, American Lung Association Colorado



RSVP at
<https://goo.gl/P46uYx>



NO DUI RESPONSE TEAM (FLYERS)

NO DUI RESPONSE TEAM



WE NEED YOUR HELP!!!



ARE YOU INTERESTED IN HELPING OTHERS?
ARE YOU INTERESTED IN SAVING LIVES?
WOULD YOU LIKE TO EARN THE MILITARY OUTSTANDING VOLUNTEER SERVICE MEDAL?
ARE YOU A CIVILIAN THAT WOULD LIKE TO DO VOLUNTEER WORK?

If you answered yes to any of these questions, we have a program for you. We are looking for drivers and phone operators for the NO DUI RESPONSE TEAM program. Volunteers are needed every Friday and Saturday. If you are interested on volunteering or have any questions, call 524-2677 (BOSS), 526-9191 (during duty hours)
Email. james.w.butler158.mil@mail.mil. Edgardo.a.menjivar.civ@mail.mil.

!! YOU NEED A RIDE CALL (719) 526-5347!!!!



NO DUI RESPONSE TEAM

If you have a DoD ID Card we have

a **FREE** ride home for **YOU!**

(719) 524-2677 OR (719) 526-9191

Friday night 2200 hrs – 0300 hrs (Sat)
Saturday night 2200 hrs – 0300 hrs (Sun)

No Car
No
Ride

HAD ONE
TOO MANY
DRINKS?

BEEN OUT
DRINKING?

For questions about the program please call 524-2677 or 526-9191 during duty hours

PASSPORT TO THE ARTS (FLYER)



COLORADO SPRINGS
Fine Arts Center
at COLORADO COLLEGE

[COLORADOCOLLEGE.EDU/FAC](http://coloradocollege.edu/fac)

Contact: Amanda Weston, Media Relations
and Outreach Manager
(719) 389-6770; aweston@coloradocollege.edu

FOR IMMEDIATE RELEASE

Fine Arts Center develops “Passport to the Arts” program designed to enhance fourth grade Colorado history curriculum and spark a lifelong connection to the arts

Colorado Springs (Sept. 26, 2017) – In an effort to maximize learning opportunities and foster a lifelong love and appreciation for the arts with area youth, the Colorado Springs Fine Arts Center at Colorado College (FAC) is proud to announce the *Passport to the Arts* program for fourth grade students and their families. This is one of many new offerings to come out of the implementation of the FAC/CC Strategic Plan titled “Excellence, Access, and Collaboration.”

With many underfunded school districts scaling back arts education and national cultural programs like the National Endowment for the Arts (NEA) and the National Endowment for the Humanities (NEH) threatened for elimination, the FAC is dedicated to fostering experimentation, growth, and a sense of shared community by ensuring that the arts are a part of the life experience for children in our community.

Beginning October 1, 2017, parents will be able to register their fourth grade student for the *Passport to the Arts* program online at <https://www.coloradocollege.edu/fac/passport> to receive:

- A FREE one-year family membership to the Fine Arts Center (for the fourth grader, two adults, and all other children under 18 in the household)
- (1) FREE children’s ticket to the FAC’s fall family theatre production *Bunnicula* (Oct. 13 – Nov. 12, 2017)
- (1) FREE children’s ticket to the FAC’s spring family theatre production *Androcles and the Lion* (Mar. 2 – Apr. 1, 2018)
- 50 percent off select Bemis School of Art classes for the fourth grade student
- Access to activities in the museum specifically built for fourth graders and their families

A study by NEA Arts titled “Engaged and Empowered, The Importance of Arts Education” states that “... students with access to in-school arts instruction performed better academically, participated more actively in extracurricular activities, and were more likely to pursue higher education. In other words, arts education doesn’t just teach skills to future practitioners of the arts. It teaches children the creativity, collaboration, and critical thinking skills needed to succeed in the 21st century.” Read the full report here: www.arts.gov/research/Arts-At-Risk-Youth.pdf

“We are excited to offer this educational program that helps bridge the gap and build upon what fourth graders are learning about Colorado and the Southwest in the classroom, connecting it to the Fine Arts Center’s impressive permanent collection of Native American and Hispanic art and artifacts,” said FAC Director of Museum Education Kris Stanec. “Taking the experience from the classroom into the galleries will deepen their understanding and appreciation of our unique place. This program will allow students to connect with the history of Colorado in a new and exciting way.”

PRUSSMAN CHAPEL FALL FESTIVAL (FLYER)

FREE Carnival Games!

FREE Food!

Popcorn

Cotton Candy

Prussman

FALL

Fun! Fun! Fun!

FESTIVAL

FREE Candy

Food Fun Fellowship

FREE, FREE, FREE!

Bouncy Houses

Face Painting

Come Join the Fun!

When: Saturday, 28 October
Where: Prussman Chapel, Bldg 1850
Time: 11:00 AM – 3:00 PM

SKI/SNOWBOARD EXPO

Directorate of Family and Morale, Welfare and Recreation (DFMWR) Outdoor Recreation hosts its Annual Ski & Snowboard Expo Nov. 4 from 10 a.m. to 3 p.m. There will be discounts on winter clothes and gear, used equipment for sale, prizes and giveaways, gear swap, representatives from local ski resorts and activities for all ages. Don't miss this kickoff to the winter season. Outdoor Recreation is located at 7093 Specker Avenue, building 2429.

TRAVEL MEDICINE CLINIC (FLYER)

TRAVEL MEDICINE CLINIC

- The Travel Medicine clinic is available to all beneficiaries traveling outside of the United States for leisure travel and family members PCSing with their sponsor.
- The Travel Medicine clinic provides concise, updated summaries of health and safety concerns for the specified locations of travel. The visit will include:
 - preventive measures such as travel immunizations
 - medications for malaria prophylaxis and travelers diarrhea if indicated.
- Please schedule the appointment 2 to 3 months prior to leaving Colorado. Some immunizations require a 2nd or 3rd dose for maximum protection prior to travel.
- Please call 719-526-2939, to schedule an appointment with the clinic. You will be asked to provide the names of the countries that you are traveling to.
- **POC for this information is Shirley Tyler, PA-C and can be reached at 719-526-5174.**

<https://www.facebook.com/EvansArmyCommunityHospital>

YOUTH MENTAL HEALTH FIRST AID (FLYER)

Fountain-Fort Carson School District 8



YOUTH
MENTAL
HEALTH
FIRST AID®

- Gain **knowledge** of signs, symptoms, and risk factors for mental illness
- Better **understand** common mental health challenges youth experience
- Increase your **confidence** and likelihood to help an adolescent in distress
- Better **understand** mental wellness

Join us for this free training opportunity!

Saturday, October 21, 2017

9 a.m. - 4 p.m.

Welte Education Center

Professional Development Room, 330 Lyckman Drive
Fountain, CO 80817

**Training is FREE and open to the public and youth - 17 years and older.
Childcare is provided on a limited basis (registration required to access).**



To register follow the QR code or click on this link:

[YMHFA October Workshop Registration](#)

If you are unable to access those, please email
Wendy Stevenson at wstevenson@ffc8.org

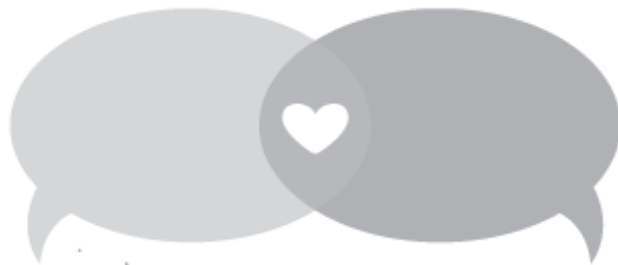


ARMY COMMUNITY SERVICE PROGRAMS

5 LOVE LANGUAGES CLASS (FLYER)



Family Advocacy Program presents



the **5** Love Languages

Learn how to better communicate with your partner at this fun workshop.

9 a.m. to Noon
ACS Center, bldg. 1526

Offered on:
May 11, July 13, Sept. 14 or Nov. 9

What if you could say or do just the right thing guaranteed to make that special someone feel loved? The secret is learning the right love language!

- Discover your own Love Language
- Learn about your partner's Love Language
- Receive free books & resources to aid in deepening your relationship
- Have a better understanding of how love, marriage & finances relate

Register: www.carson.army.mil/acs
(719) 526-4590



BABY SIGN LANGUAGE BASICS CLASS (FLYER)



Sign Language BASICS

NOV. 2ND • 9-11 A.M.
ACS CENTER, BLDG. 1526

LEARN HOW TO TEACH YOUR CHILD COMMUNICATIONS
SKILLS THAT WILL MAKE BOTH YOUR LIVES EASIER.

REGISTER TODAY: www.carson.army.mil/acs



CHILD-PARENT-RELATIONSHIP CLASS (FLYER)



Family Advocacy Program presents

C-P-R

Child Parent Relationship

Tuesdays • 10 a.m.-1 p.m.
Family Nurturing Center, Bldg. 1354

**Learn to use play to better
communicate with your child,
and through this better your
marital relationship.**

**Register: www.carson.army.mil/acs
(719) 526-4590**



FORT CARSON YARD SALES (FLYER)

FORT CARSON RESIDENTS & DOD ID HOLDERS

APRIL TO DEC. YARD SALE

1ST & 3RD SATURDAYS · 8 A.M. – 3 P.M.

HELD IN ALL ON-POST HOUSING AREAS &

NORTH COMMUNITY CENTER, 4355 FUNK AVE.

(FOR PARTICIPANTS THAT LIVE IN THE BARRACKS & OFF-POST)



FOR MORE INFORMATION:

WWW.CARSON.ARMYAHL.MCS · (719) 526-1082



NEW PARENT SUPPORT PROGRAMS (FLYER)



NEW PARENT SUPPORT PROGRAM

OFFERED THROUGH THE SOLDIER & FAMILY READINESS PROGRAM AT FORT CARSON

The Army Community Service New Parent Support Program (NPS) is a professional team of social workers and nurses that provide supportive and caring services to military families. Our trained and supervised home visitors have extensive knowledge of the issues confronting military parents and are sensitive to the unique challenges they face. The NPS will help you learn to cope with stress, isolation, post-deployment reunions and the everyday demands of parenthood. A variety of classes are offered to meet the schedule and needs of our Fort Carson Families.

Weekly	Infant Massage & Baby Nurturing	Tuesdays 10 a.m.-Noon	Pregnant moms and parents with babies are encouraged to attend. Systematic infant massage strokes alleviate colic, create strong bonds, increase the communication between baby and parent and provide a foundation of unconditional love and attachment. Topics pertaining to infant development and health are discussed. The first Tuesday of each month will feature a nurse and lactation specialist to discuss nutrition, growth and development of babies. No registration required, walk-ins welcomed.	Nurturing Center Bldg. 1354
Weekly	Playgroup	Fridays 10 a.m.-Noon	A fun-filled interactive get together for parents and children. Activities help children improve their social, cognitive and motor skills. No registration required, walk-ins welcomed.	Nurturing Center Bldg. 1354
Weekly	Toddler Time	Thursdays 9:30-11 a.m.	Participants interact on topics such as gross motor enhancement through songs and dance, sensory enrichment through arts and crafts, and nurturing the child as well as the parent. Open to parents with toddlers 18 months or above. No registration required, walk-ins welcomed.	Nurturing Center Bldg. 1354
Monthly	Basic Training for New Moms	3rd Tuesday of the month 9 a.m.-11 a.m.	Topics include becoming a new mom, caring for your baby and caring for yourself.	ACS Center Bldg. 1526
Monthly	Boot Camp for New Dads	1st Tuesday of the month 9 a.m.-Noon	Topics include becoming a new dad, caring for your baby and caring for mom.	ACS Center Bldg. 1526
Quarterly	Nurturing (Infant to 5 years)	Check our website for next session	This 12-week class teaches parents how to be nurturing to their children as well as themselves. Topics include communication with your child, how to build your child's self-esteem, behavior management techniques and much more.	Nurturing Center Bldg. 1354
Quarterly	Nurturing (5 to 12 years)	Check our website for next session	This 12-week class includes topics of communication with your child, how to build your child's self-esteem, behavior management techniques and much more.	Nurturing Center Bldg. 1354
By Appointment	Home Visits	Call (719) 526-0461	A voluntary home visitation program for families expecting a child or with children from birth up to 3 years of age. Services are provided free of charge by NPS staff. Appointments are available Monday thru Friday from 8 a.m. to 5 p.m., evenings are available on a limited basis.	



ACS Inclement Weather Policy: If the installation is on a 2 hour or less delay, ACS events will be adjusted to a 9:30 a.m. start time with the exception of the Family Enrichment events (i.e., AFTR, FRG, ITC, Rear D), those will start at their regular start time. If the installation is closed (2 or more hours), ACS classes will be canceled & rescheduled. For installation weather notifications, visit www.carson.army.mil or call (719) 526-0096.



Find us on Facebook:
"Fort Carson ACS Family Nurturing"

NEWCOMER'S ORIENTATION (FLYER)

New to Fort Carson? Been here a week, a month or a year...let's get acquainted! Army Community Service hosts a Newcomer Orientation the second Monday of every month.



Relocation Readiness Program presents

Newcomers Orientation

2nd Monday of every month • 9 a.m. to 1 p.m.
Community Connection, Bldg. 1524

**For those NEW to Fort Carson & for those
who want to know more.**

www.carson.army.mil/acs (719) 526-4590



PREP PROGRAM (FLYER)



Family Advocacy Program

Supporting Healthy Soldier & Family Relationships



PREP

Prevention & Relationship Education Program

Last Thursday of the month • 9-11:30 a.m.
ACS Center, bldg. 1526

Learn the 12 components that will set you up for a successful relationship. Achieve your goals as a couple by building on your current strengths and learning new skills.

All types of couples are welcome. It's preferable that all classes are attended, but each does stand on it's own. Register today!

www.carson.army.mil/acs • (719) 526-4590



SOLE PARENTING GROUP (FLYER)

SOle Parenting

a resource group for single parents

Connect with fellow Soldiers and community partners to help you on your journey to survive and thrive as a single parent.

Last Thursday of each Month
Noon-1 P.M. • ACS Center, bldg. 1526

www.carson.army.mil/acs • (719) 526-0461





COMMUNITY PARTNER PROGRAMS

"BE THERE" PEER SUPPORT (FLYER)

BeThere



Peer Support Call and Outreach Center


Active Duty, National Guard, Reserves and family members are eligible to use the BeThere Peer Support Call and Outreach Center's services.


Call and speak to a Veteran or military spouse when you need to:


- Talk to someone who shares your military experience
- Connect to resources
- Get support in any area of life



Peer specialists support you after your call with follow up for as long as you want it.

For unlimited access to confidential peer support, available 24/7/365 worldwide, connect with us today.

 **Chat:** <https://www.BeTherePeerSupport.org>

 **Text:** 480-360-6188

 **Call:** 844-357-PEER (7337)

Follow Us:  @BeTherePeerSupport
 @DoDPeerSupport



CIVVIES (FLYER)



In collaboration with Discover Goodwill,
Mt. Carmel presents
"CIVVIES", a men's and women's clothing
boutique to assist with professional and
business casual attire.
A monetary donation is suggested.

Open daily from 8 am – 5 pm
Donations can be dropped off and processed through
any Goodwill donation center.
Mt. Carmel can not accept clothing donations
719-309-4714
530 Communication Circle

FIRST VISITOR CAR SEAT PROGRAM (FLYER)



First Visitor has a limited number of car seat vouchers available!

FV has a limited number of car seat vouchers available. These seats are made possible by a mini grant and are no longer free. A donation of \$15- \$25 will be collected for each voucher given and car seat installation will be taught by a CPS technician. For further information, age and weight eligibility please contact the **First Visitor car seat line at: 344-6892**. This line is monitored daily and all complete messages (name, return phone number) will be returned by a member of the First Visitor team.

FIRST VISITOR FREE HOME SUPPORT PROGRAM (FLYER)



FIRST VISITOR

"To Provide Exceptional Health Care to People Facing Access Barriers."

peakvista.org
(719) 344-6639

(English)

(719) 344-7147

(Spanish)



Program A
Prenatal - 12 mos.

Discover your newborn's amazing abilities.



Program B
12 mos. - 24 mos.

Encourage language development.
Proper nutrition and portion size.




Program C
24 mos. - 36 mos.

Master positive discipline and guidance.
Teaching tips on toilet training.

Want to make a difference in your child's life? First Visitor is a FREE home support program designed to celebrate the birth and growth of every child. We provide new parents with emotional support, a network of community-based resources; as well as, basic information on child health, nutrition, safety and early development during the critical first three years!

FREE PRESCHOOL AT FORT CARSON CPCD (FLYER)

A young child with dark hair, wearing a red shirt and a green patterned cardigan, is looking upwards and to the right. Their right hand is pointing towards a computer keyboard. The background is a plain, light-colored wall.

Most of a
child's brain
growth occurs
before age 5.
**Is your child
school-ready?**

CPCD's Ft. Carson center provides **free preschool** and complete early childhood services to qualifying children (0 to 5) and families.

Call us today to learn more.



(719) 635-1536 | cpcdheadstart.org

FREE YOGA (FLYER)



**Free Classes to Learn:
Breathing Techniques and Stretching to
Reduce Stress**

Do you experience any of these symptoms on a consistent basis?

Lack of Focus
Fatigue
Chronic Pain
Depression
Addictive Behaviors
Feeling Isolated
Loss of Concentration
Loss of Interest in Hobbies
Loss of Affection
Flashbacks
Nightmares
Insomnia

Free classes open to all Veterans, Service Members and their Families. Learn to experience stress with less psychological cost, and gain some peace of mind.

Please call to register or stop by to visit and see what we are all about!

719-309-4714

MtCarmelVeterans.org

530 Communication Circle
Colorado Springs, CO 80905

HEALING HORSES FOR THE ARMED FORCES (FLYER)



Healing Horses for the Armed Forces

Active duty and veteran service members as well as their family members are invited to come to the ranch and spend time with a horse free of charge.

Experience a safe place to adjust, reconnect, and be reminded that there is always hope ... no matter what you have faced.

Contact us to schedule a session.

Suzy MacKenzie

Founder and Executive Director

www.eaglesnestranch.org

eaglesnestranch501@gmail.com

303.596.2784 → P.O. Box 1677, Parker, CO 80134



**HELP WANTED - DIRECTORATES, FAMILIES & GROUPS AT TRUNK OR TREAT
(FLYER)**

**Trunk
or
Treat**



FREE
Hot Dogs/Candy/and More!!!
**VOLUNTEER
TODAY!!!**

October 22, 2017

Soldiers' Memorial Chapel

2:00-3:30 (or until candy runs out.)

**WANTED : Directorates & Families to host Trunks.
Candy donations.**

Prizes for 1st, 2nd and 3rd place given to the best decorated trunk.

POC: Pat Treacy 719-524-2458 for more information.

Email: patricia.a.treacy2.civ@mail.mil



HOME-AWAY-FROM-HOME HOLIDAY (FLYER)

You can sign up
with a friend!
See our website
for details!!



YOU ARE INVITED TO ENJOY A

HOME-AWAY-FROM-HOME *Holiday!*



*This Thanksgiving, spend time
with your Friends in the Community*

The local community appreciates your service. To thank you and your families for the sacrifices you make, local citizens are opening their homes to you. The holidays can be a difficult time when you are stationed far from family and friends. The local community would like to make this holiday much easier.

Spend Thanksgiving with a local family
THURSDAY, NOVEMBER 24, 2016

For more information and to register please go to our website:

<http://CitizenSoldierConnection.org> OR
email Elizabeth@citizensoldierconnection.org

<http://CitizenSoldierConnection.org>

HORSEMANSHIP FOR VETERANS AND ACTIVE DUTY (FLYER)



Promise Ranch Therapeutic Riding
6230 East Highway 86
Franktown, CO 80116
(303) 817-6531
prtr.org



Horsemanship for Veterans and Active Duty Service Members

Our horsemanship class is open to both veterans and active duty service members of the U.S. armed forces. This class focuses on teaching horse behavior and psychology, safety around horses, as well as basic groundwork skills as a platform for further equine education, and as an exciting opportunity for experiential learning.

Through meaningful individual and group interactions with our horses, participants will learn how to create safe, fair, and effective horse-human relationships, and may develop or improve important life skills such as self-awareness, self-confidence, verbal and non-verbal communication skills, and emotional regulation.

Some benefits of this program include:

- Camaraderie with other veterans and active duty service members of all branches of the U.S. armed forces
- Volunteer opportunities
- Progressive work toward advanced horsemanship skills
- Horseback riding lesson opportunities

To sign up or to get more information, please email info@prtr.org

"Achieving Goals, Enhancing Lives, Healing through Horses"

Promise Ranch Therapeutic Riding is a 501(c)3 organization. Our tax ID # is: 26-2431767.

Mailing address: P.O. Box 545, Franktown, CO 80116



DOMESTIC VIOLENCE SUPPORT GROUP

**Are you a man or woman who
is a victim or survivor of
domestic violence?**

Let's talk...

- Personal Safety
- Healing from Anger
- Healthy Relationships
- Setting Boundaries
- Coping Skills
- And Other Topics



"You are
stronger
than you
know
braver
than you
believe,
and
smarter
than you
think
you are."

When: Fridays from 7:00 – 8:30pm

Where: 4198 Center Park Drive (on the southwest
corner of Murray Blvd. and Fountain Blvd.)

**If interested, please call *719-464-6676*
for more information.**



"Life has many chapters. One bad
chapter doesn't mean it's the end of the
book." ~ Anonymous

Kingdom Builder's Family Life Center



Project Right Direction

Fall session starts on August 18, 2017 at our new location 2520 Arlington Dr.

If you are a parent of a child 11-17 and you are looking for a program for your child to attend on a Friday night that is safe, fun and educational, then contact us today. Our program aims to enroll young men and women between the ages 11-17 year old who at risk and need extra support.

If you are 18-24 and need assistance to get back on the right track our Empowerment Program is designed for you. Assistance is offered to help achieve academic and employment success.

We are in the process of implementing a New Diversion program which will support youth who are 16-24 who are in the early stages of involvement in the juvenile justice system or corrections. This program is designed to address delinquent behavior informally in an effort to prevent subsequent offending.

We are currently recruiting for volunteer mentors, life coaches, youth advocates and more to assist us with our programs. We meet on Fridays from 5:30-8:30 pm starting on August 18, 2017 and will end on June 1, 2018 for the summer. We are looking for passionate and dedicated adults to provide mentorship, support and minister to at-risk youth.

Help us make a difference in the lives of our youth. It Takes A Village to Raise a child, so be a part of our Village. For more information, please contact us! 719-464-6676





Volunteer Opportunities

Kingdom Builder Family Life Center is a 501(c)(3) non-profit organization committed to helping those in need in El Paso and Teller counties by providing physical, spiritual, and emotional support through a variety of educational, counseling, and outreach services. Help strengthen our non-profit organization by volunteering!

KBFLC welcomes the assistance of volunteers, and is actively seeking assistance in in several key areas:

- **Data entry/General office help:** Create a participant and volunteer database and keep it up to date, enter survey data and more. Working knowledge of a database program (preferably Microsoft Access) needed. Assistance with document creations, mailings, filing, copying/collating of materials, and the like. Use your online and social media skills to share important messages on behalf of the organization. Some of this work can be done off-site. Time commitment is flexible.
- **Community Outreach/Special assignments:** Lend your particular expertise to a variety of specialized initiatives including adding enhanced features and functionality to the organizations website; assisting with in-depth database design and improvement; Engage in varying outreach activities and community education. Possibilities include: tabling at events, neighborhood awareness campaigns, school based programs, create promotional material, assist with special events including Annual Events and other task needed; helping us research and analyze new programs to provide benefits to our programs; and much more!
- **Communication/Marketing Specialist:** Creation and management of print materials to include newsletters, brochures, annual reports, Media relations with television, radio and print advertising. Communications management as it relates to public relations, events communications and marketing, manages community and corporate relationships.
- **Fundraising/Grant Writing Assistant:** Identifying and developing fundraising opportunities (including requests for donations, special events, etc.), Identifying and researching potential grant opportunities, Writing, editing, and reviewing current or recent grants.
- **Tutor/Mentors:** will be positive role-models in an after-school tutoring/mentoring program for urban youth 11-17. Tutor/Mentors: will take an active role in improving the academic progress of urban students by working directly with youth (in small groups) and assisting staff in the facilitation of standards-based activities focused on reading, writing, math, physical education.
- **Board members:** The Board will support the work of organization and provide mission-based leadership and strategic governance. While day-to-day operations are led by organization's executive director (ED), the Board-ED relationship is a partnership, and the appropriate involvement of the Board is both critical and expected.

Have an interest or expertise that you don't see here? Let us know what YOU can do! Volunteering is a great way to learn more about non-profits while helping a great cause! Volunteers must provide contact information and references.

For more information, contact Lisa Jenkins at the at 719-464-6676 or email lej@kingdombuildersfamilylifecenter.org.

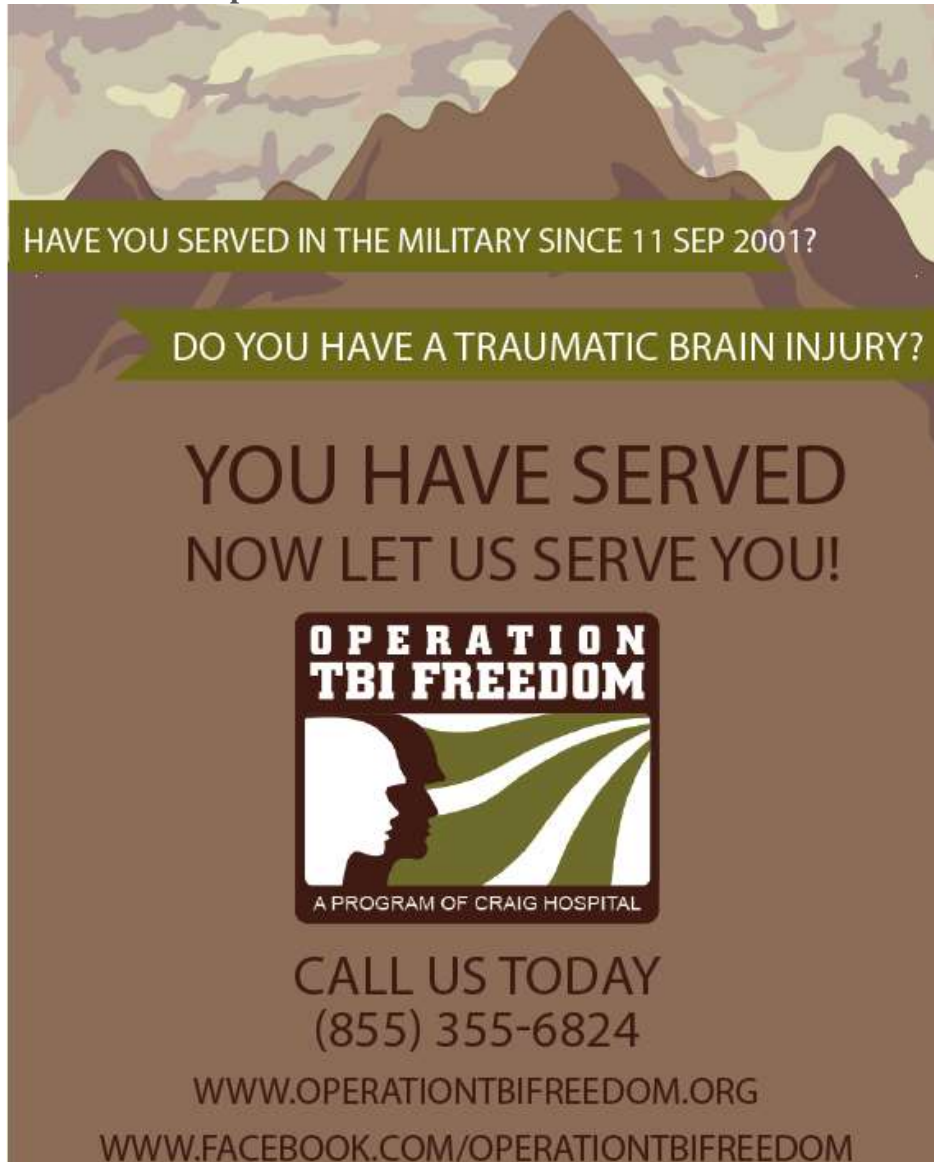
OPERATION TBI FREEDOM (FLYERS)

Operation TBI Freedom a Colorado non-profit that is located in Colorado Springs and offers case management services throughout Colorado. Services provided include (but are not limited to): crisis management, employment/education training, psychosocial educational programming, assistance navigating complex benefits system, etc. For more information or apply for our assistance please call or email us.

Toll Free: (855) 355-6824

Email: OTF@craighospital.org

Facebook: www.Facebook.com/operationtbifreedom




HAVE YOU SERVED IN THE MILITARY SINCE 11 SEP 2001?

DO YOU HAVE A TRAUMATIC BRAIN INJURY?

YOU HAVE SERVED
NOW LET US SERVE YOU!

**OPERATION
TBI FREEDOM**



A PROGRAM OF CRAIG HOSPITAL

CALL US TODAY
(855) 355-6824

WWW.OPERATIONTBIFREEDOM.ORG

WWW.FACEBOOK.COM/OPERATIONTBIFREEDOM

OPERATION TBI FREEDOM



A PROGRAM OF CRAIG HOSPITAL

Operation TBI Freedom (OTF) is a privately funded program of Craig Hospital, that assists Veterans and active duty military personnel living or stationed in Colorado with traumatic brain injuries (TBI) who have served since September 11, 2001. More than 7,200 military personnel with a TBI will return to Colorado in the next three years. Our program tailors a unique plan for each client that promotes optimum independence, productivity and successful reintegration into civilian life.

Each Veteran is assigned a Military Support Specialist (MSS) who is a Veteran and Certified Brain Injury Specialist. The MSS begins with a comprehensive analysis of the Veteran's needs and concerns. It is the responsibility of the MSS to use all resources—the Veterans Administration, local governmental and non-governmental entities—as efficiently as possible, ensuring no duplication of effort. OTF analyzes complex VA benefits, identifies potential benefit enhancements and assists the Veteran in maximizing his or her access to healthcare and other benefits. OTF has leveraged more than \$5.5 million in services and therapies through our partnerships with military and community organizations.

Services provided or coordinated by OTF include the following:

- Crisis management and counseling
- Employment training and support
- Peer and Family support groups
- Assistive technology devices
- Emergency financial assistance for food and housing needs
- Mentoring
- Medical care
- Parenting classes
- Mental health referrals
- Assistance navigating complicated benefit processes



Learn more at craighospital.org/OTF

TRY HOCKEY FOR FREE (FLYER)

Try Hockey for Free

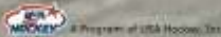
**HERE'S YOUR
CHANCE TO WITNESS THEIR
SECOND FIRST STEP.**

Come play youth hockey and experience more great moments in your child's life.



**Every
Saturday
9:15am
Monument Ice Rinks**

Presented by:



Join NHLer and Rampage
Coach Al Pedersen and many
first time hockey players!

719.439.3243

(Arrive 45 min early to get equipment
and get dressed)

**Try Hockey For Free
Every Saturday**

For more information go to
www.MonumentIceRinks.com



Loaner equipment will be
available. Coaches will be
on hand to help get players
dressed and on the ice.

Come join in on the fun!

VETERAN "X" GROUP (FLYER)

Introducing "Veteran X" a group for Vets by Vets to Empower Vets

Where: Mt. Carmel Center of Excellence

530 Communication Circle
Colorado Springs, CO 80905



*Presented by the
Floyd K. Lindstrom VA
Clinic*

in Partnership with

*Mt. Carmel Center of
Excellence*

When: **Starting July 11th, 2017** from 1630 to 1830 (with a fifteen minute break)

All Veterans are welcome.

Come Join the Veteran X group where Veterans empower Veterans through shared knowledge and experiences.

Group Members become the treatment team for "Veteran X", a fictitious Veteran, in helping Veteran X we will help each other and ourselves to navigate life's issues on life's terms.

For more information contact David Conley, CPSS at 719-227-4050

VOLUNTEER VETERAN MENTORS NEEDED (FLYER)



Calling All Volunteers We Want You!



We are looking for motivated Veterans (all eras/campaigns) who would like to volunteer with the Operation TBI Freedom **Volunteer Veteran Mentor Program** for the 4th Judicial District's Veteran Trauma Court (VTC), Colorado Springs.

What: Volunteer Veteran Mentor Orientation

Where: OTF Offices, 24 S. Weber Street, Suite 200, Colorado Springs

When: Dates listed below for the remainder of the year.

30 AUG, 0900-1000

13 SEP, 1100-1200

25 SEP, 1600-1700

11 OCT, 1200-1300

23 OCT, 1400-1500

6 NOV, 0900-1000

28 NOV, 1100-1200

11 DEC, 0900-1000

We tried to offer multiple options throughout the day to attend. If you have a Veteran that is very interested in being a Volunteer Veteran Mentor, but they can't attend any of these Orientations, please have them email me at: sholmes@craighospital.org.

*Note: To volunteer with this program, you **MUST** complete an Orientation prior to being able to begin volunteering. During the Orientation, you will receive detailed information about the new volunteer program. At the conclusion of the Orientation, you can complete an application to be a Volunteer Veteran Mentor. (Please note: If you have been a Volunteer with the program in the past, you must attend an Orientation to continue to volunteer with the program. We want to encourage all former Volunteers to come to one of the Orientation dates listed above, so we can continue the great work that has already been done over the last years!)*

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