

11 June 2025

No Fort Carson/ Army Endorsement Implied

Our mission at ACS is to prepare and empower our Total Military Family to meet the challenges of military life by providing essential programs, resources, and services that enhance knowledge, life skills, well-being, quality of life, and retention.

Army Community Services 6303 Wetzel Avenue, Building 1526 Fort Carson CO 80913 719-526-4590 719-243-7907 224/7 DV Hotline

COMMUNITY PASS IT ON COMMUNITY NEWSLETTER

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Community Events Bulletin

Fort Carson on My Army Post App

Download the free app today on the Apple Store and Google Play for facility hours, phone numbers, locations with driving directions, emergency alerts and more.

Once downloaded, select Fort Carson as your installation and you are ready to start taking advantage of the new app. **NOTE:** Fort Carson is no longer updating the Digital Garrison App.

FREEDOM FEST SAVE THE DATE! *

The Fort Carson Freedom Fest 2025 will take place on June 28, 2025, from 4:00 PM to 10:00 PM at Iron Horse Park, and it is free and open to the public.

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TE CLASS

16 June 23 June	Navigating the USIS Website; 12pm—12:30 pm
16 June 23 June	WIC Walk Ins, 1pm—3:30 pm
17 June	Introduction to Entrepreneurship: Building Your Business from the Ground Up, 8am to 4pm
17 June	Boot Camp for New Moms, 9am—1200
17 June	Federal Resume 101, 9:30 am—10:30 am
17 June 24 June	Infant Massage & Baby Nurturing, 9:30 to 11am
17 June 24 June	Sponsorship Training, 9:30—10:30 am
17 June 24 June	Child Support Walk Ins, 1pm—4pm
18 June	Navigating USAJOBS, 9:30 am-10:30 am
18 June 25 June	IDES and SRU Soldiers: SFAC Transition and Medical Retirement Brief, 10am—12:30 pm
18 June	SFRG Informal Funds Custodian Training, 10am-11:30am
18 June 25 June	Disabling Sickness or Condition: Financial Touchpoint/Milestone Training, 11am—12pm
18 June 25 June	Mountain Post Welcome for Spouses and Families, 1pm—2pm
20 June 27 June	Play Group, 10am—12pm
24 June	Baby Sign Language, 9am—10:30am
24-25 June	Command Family Readiness Representative Academy (CFFR) 9am— 4:30 pm

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DATE CLASS

25 June	Blended Family Parenting, 12pm—1:30pm
25 June	Homebuyers Workshop Online (Virtual), 1pm—4pm
25 June	Relationship Preventative Maintenance for Couples & Singles, 1pm— <u>3pm</u>
25 June	New Volunteer Orientation, VMIS and OPOC Training, 1:30pm—3pm
26 June	Toddler Time, 9:30am—11am



Learn to utilize online tools to assist with immigration & naturalization

16 & 23 June

12pm—12:30pm

Provide Service Members and their Families with the knowledge and skills to effectively navigate the USCIS website, access accurate immigration information and utilize online tools to assist with their immigration/naturalization process.

Cost

Free service provided by your ACS Relocation Readiness Program.

Registration Information Click here to register



Empowering Families with Food, Nutrition, Education and More WIC is the nation's most successful public health nutrition program. We provide healthy food, nutrition education, breastfeeding guidance, and community support to income-eligible pregnant women, moms of infants, and children up to 5 years old.

Did you know? Colorado WIC offers:

- HEALTHY FOOD + NUTRITION TIPS
- A COMMUNITY OF SUPPORT
- REFERRALS

Cost Free service provided by your ACS Community Information, Referral and Follow-up Program and the El Paso County Public Health.

Registration Information Walk-in basis; first come first serve. Check in on the lobby iPad, ACS Center, Bldg. 1526. <u>If you would like to request a WIC appointment, click here.</u>



Building Your Business from the Ground Up

Jun 17 2025, 8 am - 4 pm

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Join us as we host The U.S. Small Business Administration's Boots to Business **Introduction to Entrepreneurship: Building Your Business from the Ground Up** at Army Community Service. Register now to save your seat, receive your official printed workbook, and learn how to join the B2B Community.

Cost FREE Registration Information <u>HERE</u>



Jun 17 2025, 9 am - 12 pm Class is offered every 3rd Tuesday of the month.

Are you expecting mom that has questions about parenting infants and local resources?

This class is an opportunity to interact with other expecting moms and develop confidence as a parent. We will discuss parentinfant relationships, common questions about parenting, postpartum issues, and much more.

Cost Free

Registration Information <u>CLICK HERE TO REGISTER!</u>

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FORT CARSON EMPLOYMENT READINESS

Registration Information <u>CLICK HERE TO</u> <u>REGISTER!</u>

MILITARY SPOUSE PREFERENCE (MSP) + NAVIGATING USAJOBS + FEDERAL RESUME 101

FEDERAL EMPLOYMENT TOOLS

Jun 17 2025, 9:30 am - 10:30 am

Did you know that there are differences between the private sector resume and federal resume? This class will cover the required elements of the federal resume and teach you how to write and tailor your resume to federal job announcements.

This class will be taught in a blended format. You will have the choice of attending in-person or virtually using the Microsoft TEAMS platform.

Once you register for this class, you will receive an email from us that includes instructions.

Cost FREE

Keep up to date with local events and deals with the PASSIT ON COMMUNITY NEWSLETTER



This class is located at the ACS Annes| Family Nurturing Center located at

> 1481 Titus Blvd Bldg. 7492 Fort Carson 719-526-0461

17 June 24 June

Infant Massage 9:30-10:15 a.m.

Baby Nurturing 10:15-11:00 a.m.

Pregnant moms and parents with babies are encouraged to attend.

Systematic infant massage strokes alleviate colic, create strong bonds, increase the communication between baby and parent and provide a foundation of unconditional love and attachment. Topics pertaining to infant development and health are discussed.

For more information about our lactation specialist, please contact (719) 960-6435.

Cost FREE!

Registration Information <u>CLICK HERE TO REGISTER!</u>



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17 June 24 June 9:30 am—10:30 am

Connecting Soldiers & Families with Resources This is the installation specific Army Community Service (ACS) Relocation Readiness Program Sponsorship Training. Participants learn about Fort Carson and local community resources.

Cost Free class provided by ACS Relocation Readiness Program.

Registration Information <u>Click here to register</u>

Child Support Walk-in's

Keep up to date with local events and deals with the

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> 17 Jun 14 Jun 1 pm—4 pm

Helping Parents and Caretakers Provide for their Families Child support services include:

- Locating parents
- Initiating legal paperwork
- Establishing parentage
- Establishing child support order
- Enforcing child support order
- Modifying a child support order

Helping parents overcome barriers that prevent order compliance Cost

Free service provided by your ACS Community Information, Referral and Follow-up Program and El Paso County Child Support Services.

Registration Information Walk-in basis, first come first serve. Check in on the lobby iPad, ACS Center, Bldg. 1526.



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ACS Soldier & Family Assistance Center Presents

Transition and Medical Retirement Brief

18 June 25 June 10 am—12:30 pm

This briefing is for Soldiers in the IDES process who are transitioning out of the military due to medical separation or medical retirement. The brief covers the transition timeline, military benefits and available services which transitioning Soldiers can utilize.

Location: ACS Center, Bldg. 1526

Cost FREE!

Registration Information <u>CLICK HERE TO REGISTER!</u>



18 Jun 10 am—11:30 am

Learn about the responsibilities of the Fund Custodian and the Army regulations for managing Soldier & Family Readiness Group (SFRG) Informal Fund accounts and fundraising.

This class is being provided as a blended learning opportunity. At registration, attendees will have the choice to identify whether they will be participating either "in-person" or "virtually".

Registration Information <u>CLICK HERE TO REGISTER!</u>

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Financial Milestone

Disabling Sickness or Condition

This course will focus on the financial implications of dealing with a disabling sickness or condition – and help you manage your finances more efficiently as you work through it. Being informed improves your understanding of the challenges your family might face. It will help you make more knowledgeable health and financial decisions.



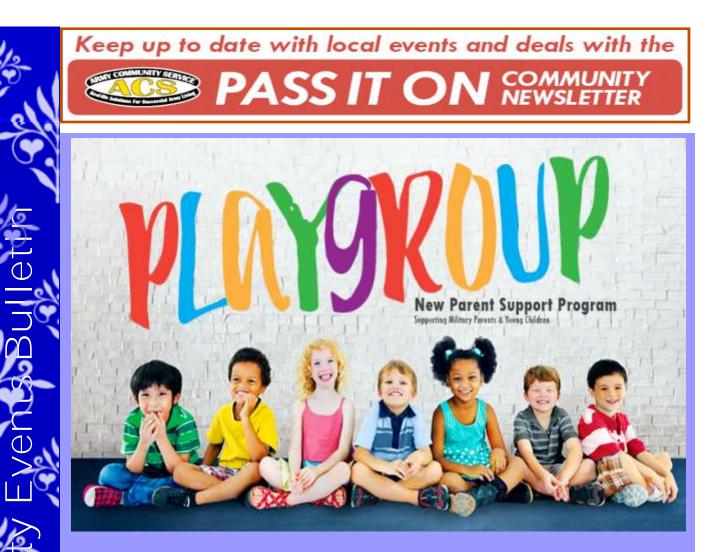
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18 June 25 June 1 pm—2 pm

Join us at the ACS Center, Bldg. 1526. Our orientation offers you an opportunity to meet other new arrivals, get "insider tips" to become familiar with the area and get any questions you may have answered. It's also a great way to learn about resources on and off Fort Carson.

Registration Information <u>Click here to register</u>



20 June 27 June 10 am—12 pm

A fun-filled interactive get together for parents and children. Activities help children improve their social, cognitive and motor skills.

Registration Information <u>CLICK HERE TO REGISTER!</u> Walk-Ins Welcome!

Located at the ACS Annex | Family Nurturing Center 1481 Titus Blvd., Bldg. 7492 Questions? Call us at: (719) 526-0461



24 Jun 9 am—10:30 am

Babies are happiest when they can communicate with the people who love them the most, their families. Signing is a tool that can be the key into your baby's thoughts and the springboard for future language development.

Registration Information <u>CLICK HERE TO REGISTER!</u>

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COMMAND FAMILY READINESS REPRESENTATIVE

CFRR Academy

ENGAGING + CONNECTING + EMPOWERING

24—25 Jun 9 am—4:30 pm

The two day Command Family Readiness Representative (CFRR) course is designed to prepare Soldiers who are appointed as CFRRs to assist with the operational, logistical, and administrative aspects of the SFRG. As a liaison between the command and the SFRG volunteer the CFRR needs to know the ins and outs of the SFRG and how their role can assist both the command and the volunteers. The course contains all of the required CFRR Certification courses in one: CFRR, Rear Detachment, VMIS, CARE Team, Informal Fund Custodian and Social Media OPSEC. Upon completion of the course the CFRR will have an understanding of their role in the SFRG and how to assist with execution of the SFRG mission.

Class is held at the ACS Main, 6303 Wetzel Avenue, BLDG 1526. Please check in at the front desk when you arrive for class.

Registration Information CLICK HERE TO REGISTER!



BLENDED FAMILY PARENTING COURSE

Come learn more about what you bring as a parent, meet other parents, and build a support system. You can complete one or all six modules.

25 June

This class meets every other Wednesday 2024, from 1200-1330.

Come learn more about what you bring as a parent, meet other parents, and build a support system. You can complete one or all six modules. Come join us at any time!

Location: ACS ANNEX 1481 Titus Blvd. Building 7492

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Relocation Readiness Program presents HOMEBUYERS WORKSHOP

Jun 25 2025, 1 pm - 4 pm

Are you purchasing a home and not sure where to start or what has changed? If so, this workshop is for you. Prospective home buyers will learn the in's and out's of the home-buying process.

Topics include:

- The local housing market
- Preparing for home ownership
- Choosing a realtor
- Selecting the right house
- Obtaining the right mortgage
- Veterans Affairs (VA)
- understanding the process from start to closing.

Cost Free service provided by your ACS Relocation Readiness Program and Pikes Peak Association of Realtors (PPAR).

Registration Information <u>CLICK HERE TO REGISTER!</u>

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RELATIONSHIP INSPECTION AND MAINTENANCE WORKSHEET

For use of this form, see carson.armymwr.com/acs, search Family Advocacy Program

1. ORGANIZATION			2. PROGRAM				
Army Community Service 3. PHONE # 4a. BLDG. # b. STREET ADDRESS			Family Advocacy Program c. CITY d. STATE 5. ZIP CODE 6. BRANCE				
(719) 524-0912 1201 1		1481 Titus Blvd.	Fort Carson	Colorado	80913	Army	
		APPL	ICABLE REFEREN	CE		11 10 10	
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Note:				Rela	ationshi	ip	

've been trying to reach you about ur relationships extended warranty!

Preventative Maintenance

for Couples & Singles

L RELATIONSHIP INSPECTIONS AND EQUIPMENT CONDITIONS RECORDED ON THIS FORM HAVE BEEN DETERMINED IN ACCORDANCE WITH THE ARMY COMMUNITY SERVICE PREVENTION AND RELATIONSHIP EDUCATION PROGRAM.

Jun 25 1 pm - 3 pm

s the Check Engine light of your relationship on? Is Your alignment off? Is the engine of your relationship just not cranking the way it se to? Every Relationship from old Fords to New Teslas need a ittle maintenance from time to time. Join us at the ACS Annex the second Wednesday of every month and let's do some Preventative Maintenance for Couples & Singles and get your Alignment back on rack.

Registration Information CLICK HERE TO REGISTER!

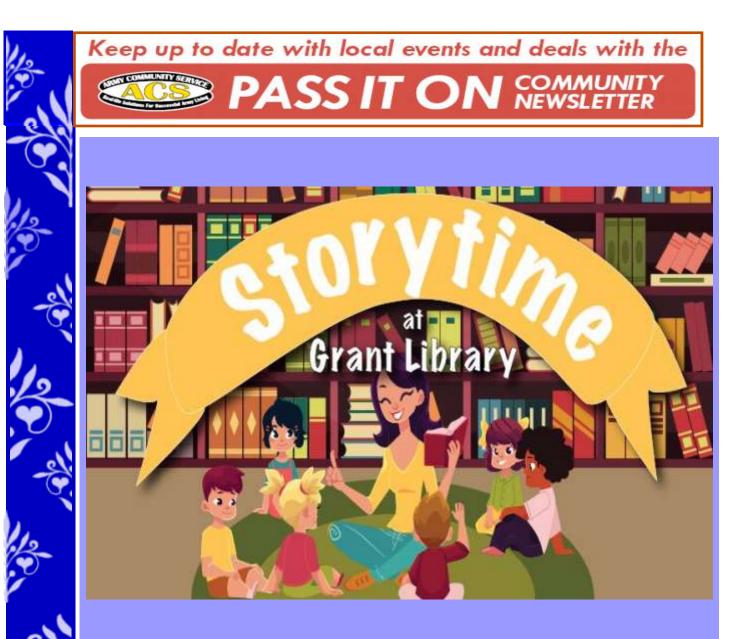


Jun 26 2025, 9:30 am - 11 am

Participants interact on topics such as gross motor enhancement through songs and dance, sensory enrichment through arts and crafts, and nurturing the child as well as the parent. Open to parents with toddlers 18 months or above. No registration required, Walk-ins welcome.

Registration Information Walk-Ins Welcome!

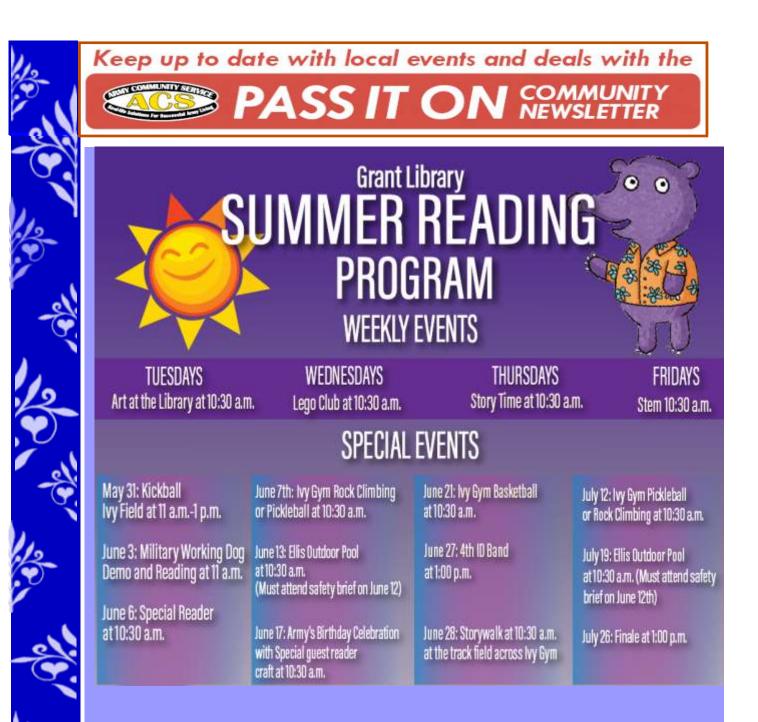
Located at the ACS Annex | Family Nurturing Center 1481 Titus Blvd., Bldg. 7492 Questions? Call us at: (719) 526-0461



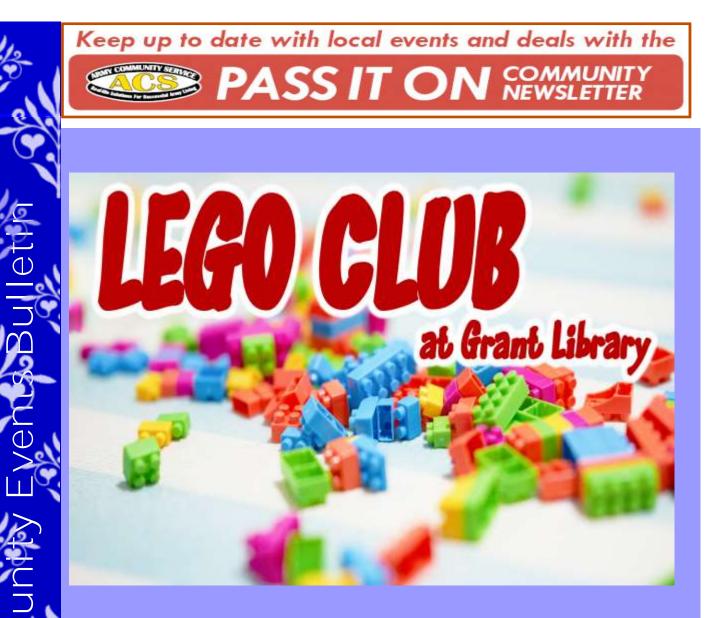
Featuring special guest readers for every week of the Summer Reading Program! Every Thursday includes stories, crafts, songs and learning time. Open to ages 0-5 years old.

For more information on Grant Library please visit their website at Grant Library

All information is subject to change.



Registration required for all events except Lego Club.



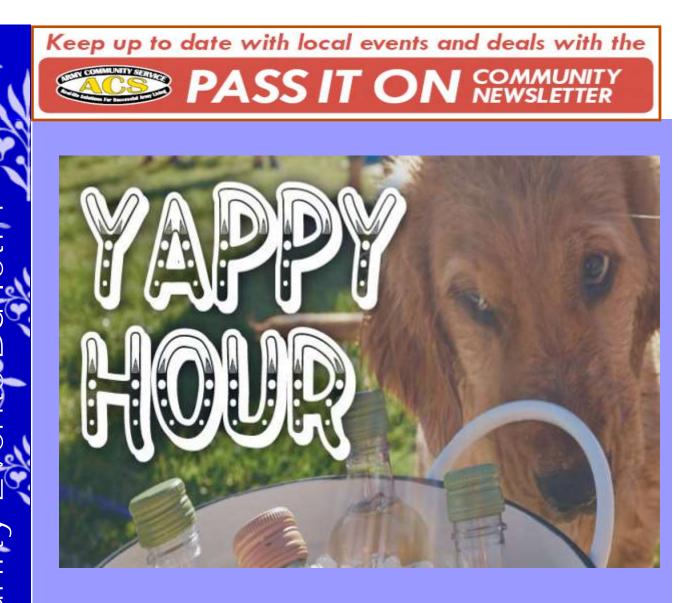
Jun 18 2025, 10:30 am - 11:30 am <u>Grant Library</u> You bring the creativity and we'll supply the Legos! Join us every



Thunder Alley

KIDS BOWL FREE

Kids can play TWO free games every **Wednesdays & Thursdays** from 11 a.m.-4 p.m. This deal is available from May 7-August 6.



Jun 20 2025, 4 pm - 6 pm

Outdoor Recreation

Happy Hour for you & your furry friend! Bring your pup to the softball field in <u>Iron Horse Park</u>. This event is **FREE** to attend and held every 3rd Friday from May-October.



Lead in Modernizing and Innovating to be the Army's premier installation to work, live, train, and the

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Peer Support for Survivors of Suicide Loss

6:15pm the 2nd Tuesday of each month

Heartbeat Care and Share, a time for Heartbeat families and friends affected by suicide to connect.

Virtual ZOOM Meeting or In-person

6990 Mekong Bldg. 6215 Fort Carson

Contact for more information:

Angelika McShan 719-338-1796 gsdfriend2@gmail.com Paul McShan 202-441-8580

paulmcshan@gmail.com

HEARTBEAT Survivors After Suicide, Inc.

www.heartbeatsurvivorsaftersuicide.org is a international non-profit organization affiliated with

Suicide Prevention Partnership / Pikes Peak Region American Association of Suicidology American Foundation for Suicide Prevention Suicide Prevention Coalition of Colorado www.pikespeaksuicideprevention.org www.suicidology.org www.afsp.org

www.suicidepreventioncolorado.org





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FFC8 FOOD PANTRY

Through a combined effort with Care and Share, the district is able to provide families in need with fresh produce, canned goods, and other items. All FFC8 students, staff and families are welcome!

WHERE AND WHEN

Fountain YMCA 326 West Alabama, Fountain (Across the street from FMS, use east entrance) Wednesdays, 4 - 6 p.m.



School pantry days of operation follow the school calendar.

<section-header>

For information and to register please visit **Operation Homefront**

The Back-to-School Brigade® is an annual nationwide campaign by Operation Homefront that collects and distributes school supplies to eligible dependents of service members. Through this assistance program, military children receive free back-to-school supplies, including backpacks, to help them start the new school year on the right foot. The Back-to-School Brigade program has been a tremendous success since its inception, with Operation Homefront distributing over 550,000 backpacks to military children.

This program is a crucial resource for military families who may face financial hardship or other challenges as they navigate the back-to-school season. The backpacks provided through the program are of high quality, ensuring that children have a durable and reliable backpack to carry their supplies. The program also includes a range of other school supplies, such as pencils, paper, and other essential items, to help children succeed in the classroom.

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Military Mind/Body Workshops

presented by the American Red Cross

Stress Solutions Adult Workshop

May 10 at Southeast Y June 7 at Briargate Y 10:00am-11:00am Stress Solutions is an interactive workshop run by a Red Cross Facilitator during which the differences between normative stress and unhealthy stress will be clarified, the effects of chronic stress on health will be discussed, education will be provided on how stress can be an asset, and skills & strategies for managing stress will be provided and practiced through a variety of exercises.

Intro to Mind/Body Workshop

Intro to Mind/Body offers an introductory look into mind-body techniques and is recommended for participants who are unsure about which module might be best for them, are hesitant about trying mind-body skills or would like to practice foundational mind-body skills.

Aug 9 at Southeast Y Sept 13 at Briargate Y 10:00am-11:00am



YMCA OF THE PIKES PEAK REGION • ppymca.org





Our dedicated staff and volunteers embrace your family's challenges and needs as your children cope with a parent's deployment.

Operation Kid Comfort helps children find love and encouragement through the creativity of our quilters.

Each hand-crafted quilt or pillow embodies your family's story

illustrating your personal history and heritage. Family photos are printed onto fabric and sewn into a quilt or pillow for your child(ren) for FREE.* Local quilters donate their personal time and materials for each family to express their gratitude for your family's commitment and service.

Open to all Military Branches!

Request a quilt or pillow today! Apply online at ppymca.org/military/operation-kid-comfort/ Certain restrictions apply



*Children ages seven+ receive pillows. Children ages 6- receive quilts.

For more information please contact comfortquilts@ppymca.org

SoutheastArmedServicesYMCA

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MAKING MILITARY LIFE EASIER.

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For more information, please contact Kendra Mullins: kmullins@bluestarfam.org



Camping 101

Saturday, June 14th at 9 am

The Survival University | Cripple Creek, Colorado

Join us for a hands-on course designed to teach essential camping and wilderness survival skills for all ages. Whether you're preparing for your first overnight hike or looking to improve your camping skills, this course will build up your confidence and competence to enjoy nature safely and sustainably.

SKILLS TAUGHT WILL INCLUDE

Navigation Packing Fire basics Cooking & Sleeping Camping Hygiene Water Purification & Procurement

WHAT TO EXPECT

7-Hour Outdoor Experience Hands-On Learning Compasses Provided Participants 8 years & up



Tuition and gear provided by Blue Star Families Active Duty, Veterans, and Family Members



