

PASS IT ON

COMMUNITY NEWSLETTER
MARCH 31 2026



MARCH 31 2026



6303 WETZEL AVE. BLDG. 1526, FORT CARSON, CO 80913

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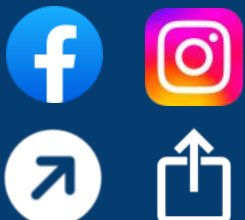
PORTABLE UNIT CLASSES

BASIC KEYBOARDING & COMPUTER SKILLS

BUILDING YOUR BUSINESS FROM THE GROUND UP



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CHILD ABUSE PREVENTION MONTH

Safari Adventure

2 April 2026 from 0930-1100

ACS Annex (1481 Titus Blvd., Bldg. 7492)

Free event for Fort Carson families focused on

- Strengthening parent-child bonds
- Connecting families with local resources.

Designed to reduce stress, build resiliency, and create a welcoming space for families to connect, support one another, and strengthen parenting protective factors.

Presented by Army Community Service, New Parent Support Program and Community Partners



FIND MORE INFORMATION ON OUR WEBSITE
Carson.ArmyMWR.com/ACS



FEATURED EVENTS

6303 WETZEL AVE. BLDG. 1526, FORT CARSON, CO 80913





Month of the Military Child

ROOTBEER FLOATS

with New Parent Support Program & Relocation Readiness Program

A free Fort Carson family event celebrating Month of the Military Child; honoring military kids and creating space for families to connect and build community.



◆ **April 3 from 1630 - 1830**

CYS Youth Center
1352 Ellis St, BLDG 5939

◆ **April 24 from 1330 - 1500**

Patriot School Age Center
7008 Harr Ave, BLDG 6204

◆ **April 27 from 1330 - 1500**

Mesa School Age Center
1420 Grandstaff Ave, BLDG 4790



FIND MORE INFORMATION ON OUR WEBSITE

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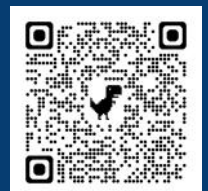


U.S. ARMY



FEATURED EVENTS

6303 WETZEL AVE. BLDG. 1526, FORT CARSON, CO 80913



Chatter and Scatter



Open to all MILITARY families who have health needs.

with Exceptional Friends



Enjoy **FREE** arts and crafts activities, sensory toys and photos.

10:00 am - 11:30 am
April 6

ACS Annex
1481 Titus Blvd. Bldg. 7492

For more information (719) 526-0400



FIND MORE INFORMATION ON OUR WEBSITE
Carson.ArmyMWR.com/ACS

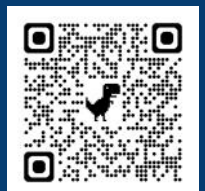


EFMP Exceptional Family Member Program



EVENTS

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wildernessinquiry.org

Military Families Outdoors Community Day

Hosted by Blue Star Families & Wilderness Inquiry

Paddle, explore, and learn together with Canoemobile and BSF Colorado Springs with hands-on education stations and canoeing with the whole family!

Military Families Outdoors supports the health and wellness of military service members and their families through positive, accessible engagement with nature. This program brings together two premier organizations—Blue Star Families and Wilderness Inquiry—who are working together to provide military families consistent, no-cost access to nature-based experiences that foster belonging and build community no matter where families are stationed.



Wilderness Inquiry's Canoemobile gave our Blue Star family a chance to slow down, laugh together, and rediscover the joy of the outdoors."

— JULIANNA M., WASHINGTON D.C.



Paddling fun for all ages & abilities!



May 9, 2026
10 am - 2 pm



Memorial Park



619 Prospect Lake Dr,
Colorado Springs, CO
80910



Scan to Register!



612-676-9400

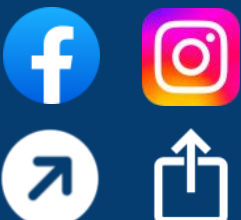


info@wildernessinquiry.org



EVENTS

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CHILDREN'S WAITING ROOM

Child Care for Medical Appointments at
Evans Army Community Hospital

The Children's Waiting Room provides free on-site child watch services, allowing active duty service members and their families to attend medical appointments without the stress of finding outside childcare.

LOCATION

Evans Army Community Hospital
1650 Cochrane Circle, Fort Carson, 80913
Building #7503, Room 1400

OPERATION HOURS

Monday–Friday
8:00 a.m.–4:30 p.m.

Closed weekends, federal holidays,
and training days

AGES ACCEPTED

6 weeks - 12 years

PROGRAM HIGHLIGHTS

- Available to active duty service members and their dependents E-6 and below.
- Up to two hours of supervision during medical appointments
- Reservations required; walk-ins based on availability
- Safe, trusted care on-site at Evans Army Community Hospital

Registration instructions and online scheduling will be available in February 2026.

GET YOUR Y ON...

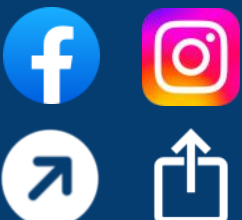
at the YMCA of the Pikes Peak Region
ppymca.org

Scan the QR
code to learn
more today



RESOURCES

6303 WETZEL AVE. BLDG. 1526, FORT CARSON, CO 80913





OPERATION KID COMFORT

The Fabric That Keeps Military Families Together



Our dedicated staff and volunteers embrace your family's challenges and needs as your children cope with a parent's deployment.

Operation Kid Comfort helps children find love and encouragement through the creativity of our quilters.

Each hand-crafted quilt or pillow embodies your family's story illustrating your personal history and heritage. Family photos are printed onto fabric and sewn into a quilt or pillow for your child(ren) for **FREE**.* Local quilters donate their personal time and materials for each family to express their gratitude for your family's commitment and service.

Open to all Military Branches!

Request a quilt or pillow today!
Apply online at
ppymca.org/military/operation-kid-comfort/



Certain restrictions apply

*Children ages seven+ receive pillows.
Children ages 6- receive quilts.



For more information please contact comfortquilts@ppymca.org

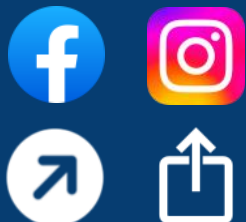
 /SoutheastArmedServicesYMCA

 
No Federal Endorsement of Sponsors Intended.

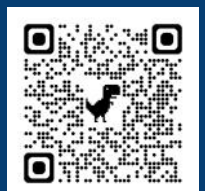
MAKING MILITARY LIFE EASIER.

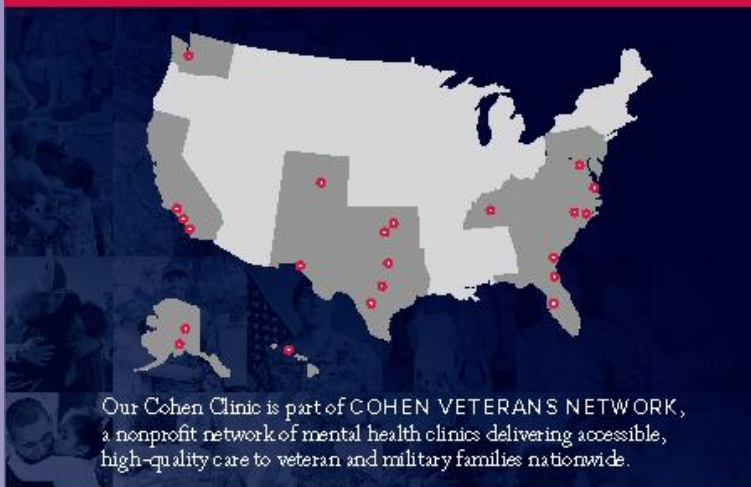


RESOURCES



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Our Cohen Clinic is part of COHEN VETERANS NETWORK, a nonprofit network of mental health clinics delivering accessible, high-quality care to veteran and military families nationwide.

MENTAL HEALTH CARE

for Veterans, Service Members, and their Families



HOW TO GET CONNECTED

The Steven A. Cohen
Military Family Clinic
at Red Rock


VISIT

1915 Aerotech Drive
Suite 114
Colorado Springs, CO 80916


CALL

719-370-5141


EMAIL


CVNCS@red-rock.com



Contact us to learn more about evening appointments, telehealth options, or child watch services



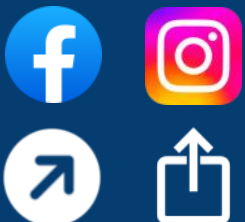
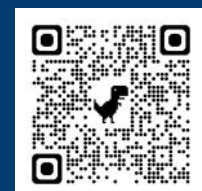
 @CohenClinicRRColoradoSprings

 @CohenClinicCO



RESOURCES

6303 WETZEL AVE. BLDG. 1526, FORT CARSON, CO 80913





DEVELOPMENTAL SCREENING

FREE For Children Newborn–5 Years Old

Thursday, April 2 from 3:30–5:30 p.m.

Ivy Child Development Center (CDC)

Hosted by Army Community Service (ACS), Exceptional Family Member Program (EFMP) in collaboration with The Resource Exchange and The New Parent Support Program

- Screening helps determine if a child is meeting developmental milestones
- Early identification can address potential concerns and support skill-building, strengths, and overall quality of life

Service animals are welcome.

Parents/guardians must remain with their children throughout the event.

Registration is encouraged; walk-ins are welcome.

For more information or to register **(719) 526-0400**



FIND MORE INFORMATION ON OUR WEBSITE
Carson.ArmyMWR.com/ACS



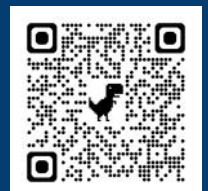
Exceptional Family Member Program



RESOURCES



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Exceptional Family Member Program



RESOURCES



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RELATIONSHIP SUMMIT

READY, SET, CONNECT

Building Bonds for Readiness



Tuesday, April 7 - Wednesday April 8, 2026

Join us for a free two-day virtual summit packed with expert insights, interactive sessions and real-time connections to help you build stronger bonds with your partner, your family and even yourself.

Experts will lead a variety of sessions on topics including:

- Building trust in relationships
- Military couple connections
- Staying connected with your family while away
- Stronger parent-child relationships
- Healthy dating
- Prioritizing self-care



By attending Ready, Set, Connect, you'll gain actionable tools to strengthen your relationships, boost your well-being and enhance your mission readiness.

Reserve your spot today and explore the full session lineup.

MILITARY
ONE SOURCE

www.militaryonesource.mil/ready-set-connect



RESOURCES



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- REMOUNT FOUNDATION -

Equestrian Wellness Experience

FOR AD MILITARY, VETERANS & THEIR FAMILIES

A guided, small-group experience using horses to support reflection, connection, and resilience.

About The Experience

This free program offers personnel an opportunity to step away from daily stressors and participate in a structured wellness experience facilitated in partnership with the **Remount Foundation**.

WHAT THE DAY LOOKS LIKE

0845- Arrival & Check in

0900- Program Introduction & Overview

- Meet the facilitators
- Learn about horse behavior and the science behind equine assisted therapy

Morning Session:

Guided group conversations
Ground-based interaction with horses
(grooming & observation)

Midday Session:

Optional trail ride (not required to participate)
Continued discussion and personal reflection

1400 (approx.) - Program Concludes



LOCATION

Equestrian Center
7067 Cottonwood Dr.
USAF Academy, CO 80840

SBD 41/HC - Chaplain Corps Team
719-567-3705

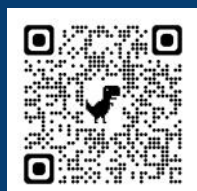
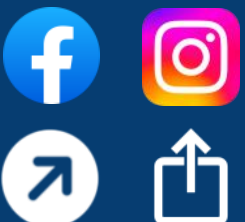
Scan QR Code
to reserve your spot!
(New events offered monthly)

Trail riding is limited to 12 participants per session and restricted to ages 8 and older. All activities are guided by trained facilitators, and participation is always optional and based on individual comfort.



INFORMATION

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MOBILE MARKET DISTRIBUTION

**GET FOOD -AT NO COST-
FOR YOU OR YOUR FAMILY**

WHAT YOU NEED TO KNOW

WHERE: Formerly Abrams Elementary School
(not the new school)
600 Chiles Avenue,
Corner of Chiles and Burris Street
Fort Carson, CO 80902

WHEN: 10:00 AM – 11:30 AM
March 21, April 4, April 18

DETAILS: Open to all ranks. Soldiers and Families,
Single Soldiers and Veterans.
NO COMMAND REFERRAL NEEDED



Puzzle Pieces.

These bits of information may seem insignificant. However, to a trained adversary, they are small pieces of a puzzle that highlight what U.S. forces are doing and planning. Remember, the elements of security and surprise are vital to the accomplishment of U.S. goals and collective DoD personnel protection.

Where and how you discuss this information is just as important as with whom you discuss it. Adversaries' agents tasked with collecting information frequently visit some of the same stores, clubs, recreational areas, or places of worship as you do. If anyone, especially a foreign national, persistently seeks information, notify the authorities immediately.



Terrorists have said they are hunting people and their families at home. An Al Qaeda handbook tells its terrorists to seek out "information about government personnel, officers, important personalities, and all matters related to those (resident, work place, times of leaving and returning, wives and children, places visited)."

¹ US Central Command website
<https://www.centcom.mil/VISITORS-AND-PERSONNEL/SOCIAL-MEDIA-SECURITY/>

HQDA Antiterrorism Division

Email: usarmy.pentagon.hqda.list.aoc-at-division@army.mil



Always Ready, Always Alert
Because someone is depending on you



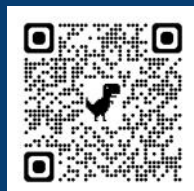
AT-PRDS-080524-16



★ **Army Operations Security (OPSEC)**
**Operations Security Guidance
for Family Members**

INFORMATION

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THRIVE WITH YOUR SOLDIER & FAMILY READINESS GROUP!

Your Soldier and Family Readiness Group (SFRG) is here to help you navigate military life.

Classes Available:

SFRG Informal Fund Custodian

CARE Team

General Military Knowledge

Key Contact

SFRG Essentials

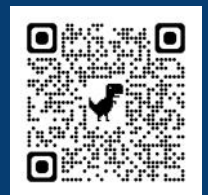
Portable Classes

Register Here



INFORMATION

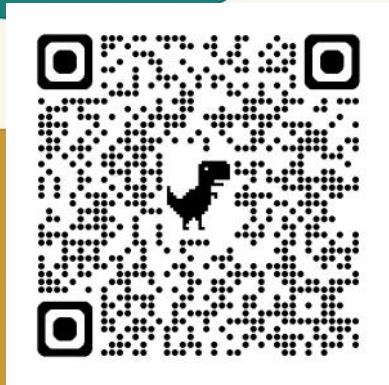
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ACS PORTABLE CLASS DELIVERY

Classes that move
with you.

Tailored to your time,
location, and mission.

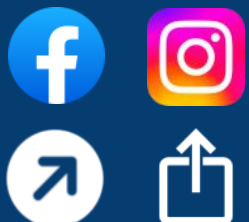


- ✓ When you need it
- 📍 Where you need it
- 🔧 Exactly what you need.

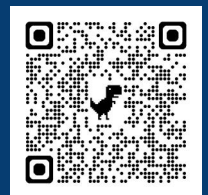
Delivered by Army Community Service.



INFORMATION



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BASIC KEYBOARDING & COMPUTER SKILLS

Learn how to...

- *sit comfortably at a computer
- *basic finger placement
- *identify specific keys & rows
- *practice simple typing drills
- *build essential keyboarding skills

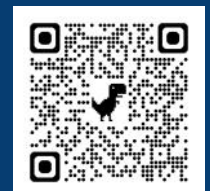
May 5, 2026 10-11am
Grant Library, BLDG 1528
1637 Flint Street, Fort Carson



FIND MORE INFORMATION ON OUR WEBSITE
Carson.ArmyMWR.com/ACS



INFORMATION





U.S. Small Business Administration

THE U.S. SMALL BUSINESS ADMINISTRATION PRESENTS



8:00am - 4:00pm
FEB 26 APR 30
JUNE 25

Introduction to Entrepreneurship: Building Your Business from the Ground Up



U.S. ARMY



Register Now! Scan the QR code or give us a call at 719-526-0452



INFORMATION

