



The “Pass It On” is available online at: <https://carson.armymwr.com/programs/pass-it-on>

12 APRIL 2018

Our mission at ACS is to prepare and empower our Total Military Family to meet the challenges of military life by providing essential programs, resources, and services that enhance knowledge, life skills, well-being, quality of life, and retention.

Army Community Service:
719-526-4590

On Facebook: Fort Carson Army Community Service

On Twitter: FortCarsonACS

On the web:
www.carson.army.mil/acs

[Also In this issue]

[1-YR FREE LINKEDIN PREMIUM FOR VETERANS](#)
[BE THERE PEER SUPPORT](#)
[BUILT TO LAST – PRUSSMAN MARRIAGE MINISTRY](#)
[CAREER SKILLS PROGRAM](#)
[CIVVIES](#)
[CTU PATRIOT SCHOLARSHIP](#)
[EDUCATION CENTER RENOVATIONS](#)
[EDUCATION CENTER SUMMER CLASSES](#)
[EQUINE ASSISTED THERAPY GROUP](#)
[FREE PRESCHOOL](#)
[HEALING HORSES 4 ARMED FORCES](#)
[HORSEMANSHIP FOR VETERANS/AD](#)
[LIFT FOR THE 22 – FREE GYM MEMBERSHIP](#)
[LOST AND FOUND](#)
[LOVED ONES PTSD SUPPORT GROUP](#)
[MILE HIGH YOUTH CORPS](#)
[MILITARY PARENTS NIGHT OUT](#)
[MILTAX FREE TAX SERVICES](#)
[NEW PARENT SUPPORT PROGRAMS](#)
[NEWCOMER ORIENTATION](#)
[OPERATION TBI FREEDOM](#)
[PREP MARRIAGE CLASS](#)
[TAI CHI CLASSES](#)
[TAX CENTER](#)
[TRAVEL MEDICINE CLINIC](#)
[VOLUNTEER OPPORTUNITES EPIC SUMMER](#)
[WHITE HOUSE VA HOTLINE](#)

IN THIS ISSUE - BY DATE: (CLICK FOR DIRECT VIEW)

[HELP FORT CARSON WIN A PROCAMPS SPORTS CAMP](#)
[2018 ARMY EMERGENCY RELIEF CAMPAIGN](#)
[12 MAR – 16 APR EACH SUMMER YOUTH PROGRAM APPLICATIONS AVAILABLE](#)
[01-30 APR MILITARY KIDS MOVE](#)
[05-26 APR PIKES PEAK WORKFORCE CENTER SPRING JOB FAIRS](#)
[10-14 APR NATIONAL LIBRARY WEEK](#)
[18 APR NATIONAL VOLUNTEER WEEK ICE CREAM SOCIAL](#)
[13-21 APR FLORISSANT FOSSIL BEDS NATIONAL MONUMENT APRIL EVENTS](#)
[14 APR IEP BASICS WORKSHOP](#)
[16 APR PAINTING & MORE CLASS](#)
[19 APR NATIONAL VOLUNTEER WEEK 5K RUN/WALK](#)
[20 APR APPLICATION SUSEPENSE MILITARY SPOUSE FELLOWSHIP](#)
[20-22 APR WELCOME HOME WARRIOR FAMILY RETREAT](#)
[21 APR MAD SCIENCE ASSEMBLY AT THE EXCHANGE](#)
[21 APR NERF BLASTERS AT THE EXCHANGE](#)
[21 APR SEXUAL ASSAULT AND AWARENESS MONTH 5K](#)
[21 APR SPARTAN SKILLS CHALLENGE](#)
[26 APR EARTH DAY HAZARDOUS WASTE COLLECTION](#)
[27 APR PIKES PEAK THERAPEUTIC RIDING CENTER OPEN HOUSE](#)
[28 APR CLUBS FOR KIDS](#)
[28 APR EVERY CHILD MATTERS FAMILY EVENT](#)
[28 APR BLACK PANTHER MEET AND GREET AT THE EXCHANGE](#)
[29 APR TELL ME A STORY EVENT](#)
[02 MAY – 27 JUN MILITARY FINANCIAL PEACE UNIVERSITY](#)
[04 MAY FAMILY LAW DAY](#)
[05 MAY FOUNTAIN CREEK FAMILY FUN DAY](#)
[09 MAY MILITARY SPOUSE EMPLOYMENT FORUM](#)
[16 MAY FORT CARSON 2018 BABY EXPO](#)
[17 MAY SPEED MENTORING NIGHT](#)
[18-20 MAY OPERATION OUTDOORS: MILITARY FAMILY WEEKEND CAMP](#)
[27 MAY-02 JUN; 03-09 JUN MILITARY FAMILY CAMP AT TRAIL WEST](#)
[08 JUN WOMEN'S VETERAN RETREAT](#)
[11-15 JUN VACATION BIBLE SCHOOL VOLUNTEERS NEEDED](#)
[26 JUN; 31 JUL PRESEVE AMERICA YOUTH SUMMIT](#)
[06-10 AUG EAGLE LAKE CAMPS](#)



ADVISORIES AND NOTICES

EDUCATION CENTER RENOVATIONS

Due to an upcoming major renovation, effective April 1 the Education Center (building 1117) cannot take classroom reservations until further notice. Reservations by units previously scheduled for a classroom past March 30 must unfortunately be cancelled, and units will need to make alternate arrangements. Classroom/training space will not be available in the Education Center until the renovation is completed, possibly into late 2019. For more information, contact Meredith Morse, College Programs manager at 526-8054.

ED CENTER SUMMER CLASSES

To sign up for summer term classes, stop by the Fort Carson Education Center located in building 1117 on the corner of Ellis Street and Specker Avenue.

The center's new hours are:

--Reception/Admin (room 150): Monday-Friday 7:30 a.m. to 4:30 p.m.

--Army Education counselors (Walk-In Only): Monday, Tuesday, Thursday and Friday 8 a.m. to 4 p.m.

Briefing schedule:

--ETS Briefing: Monday or Friday 8:30-9:30 a.m. or 2-3 p.m.; Tuesday 2-3 p.m. (Must arrive 15 minutes prior to briefing) --College 101 Briefing: Tuesday or Thursday 8:30-9:30 a.m.

--GI Bill Briefing: Thursday, 10-11 a.m.

For more information, contact the Fort Carson Education Center at 526-2124.

LOST AND FOUND

The Fort Carson Police/Provost Marshal Division manages a lost and found property program for the installation. Found property can be turned into the Military Police Desk at building 2700. Recently, the following items were found in the area of Sam Houston Loop:

--26-inch Hyper Havoc Full Suspension men's mountain bike --Fuji Traverse 1.8 LE Sport hybrid bike Found property can be claimed by contacting 526-4002. The owner will be required to provide some proof of ownership, such as a receipt, photograph or a detailed, specific description of the property. Personal property that is unclaimed after 45 days will be disposed of.



NEW THIS ISSUE

EARTH DAY HOUSEHOLD HAZARDOUS WASTE COLLECTION

As part of Fort Carson's annual Earth Day observance, the Directorate of Public Works is hosting a household hazardous waste collection event April 26 from 8 a.m. to 2 p.m. at the parking lot west of the William "Bill" Reed Special Events Center, building 1829. The Fort Carson community is encouraged to participate in reducing expensive landfill waste, preventing pollution and helping the installation get one step closer to its Net Zero waste goal. Bring old/used household cleaners, paints, lawn care products, electronics and automotive products and make a difference. For more information, call 526-4340 or 491-0218. Get event details by clicking on the attachment at

http://installation.carson.army.mil/pao/WEBUPDATES/_layouts/listform.aspx?PageType=4&ListId={BE4650E8-BF05-48C6-8B2C-E1545ED38C2D}&ID=80&ContentTypeID=0x01004FB78016C33D6B46B091D4C2CFFD4E73.



Earth Day Household Hazardous Waste Collection Event



Fort Carson is hosting a **free** household hazardous waste collection event April 26 from 8 a.m. to 2 p.m. at the parking lot west of the William "Bill" Reed Special Events Center, building 1829, as part of the national Earth Day observance. The Fort Carson community is encouraged to participate in reducing expensive landfill waste, preventing pollution and helping the installation get one step closer to its Net Zero waste goal. Drop off your old/used household cleaners, paints, lawn care products, electronics and data media and automotive products for proper disposal. Containers must be closed and labeled.*

What will be collected April 26?

- **Household products:** Aerosols, ammonia, batteries, bleach, cleaners (carpet, drain, oven and toilet), cooking and lamp oils, cosmetics, degreasers, deodorizers, fire extinguishers, floor cleaners/waxes, furniture polish/wax, laundry products, mercury, mothballs, photographic chemicals, propane and butane tanks (1 pound and 20 pounds), rust removers, silver cleaners, spot removers, etc.
- **Paint, stains, solvents, etc.:** Latex, oil-based, aerosol and hobby paints; and lacquers, solvents, stains, strippers, thinners, varnishes, etc.
- **Lawn and garden products:** Lawn and houseplant fertilizers, herbicides, insecticides, pesticides, rodent poisons, wood preservatives, etc.
- **Automotive products:** Antifreeze, batteries, brake and transmission fluids, cleaners (bug, tar, chrome, engine and vinyl), contaminated motor oil, self-service uncontaminated motor oil in 5-gallon containers or smaller only, fuels, wax, etc.
- **Electronics and data media:** Computers, printers, scanners, audio/video equipment, camcorders, cell phones, digital cameras, fax machines, microwave ovens, TVs, audio and video tapes, CDs, DVDs, Blue-Ray discs, game cartridges, etc. (**Only 1 TV and 1 computer monitor per family, please.**)

*Note: Military unit hazardous waste needs to be taken to the DPW Hazardous Waste Storage Facility off of Butts Road for proper disposal. For more information, call 526-0890.



Date: April 26 from 8 a.m. to 2 p.m.

Location: Parking lot west of the William "Bill" Reed Special Events Center, building 1829

Contact: For more information, call 526-4340 or 491-0218.

EVERY CHILD MATTERS – FREE FAMILY EVENT (FLYER)

every child matters



Saturday April 28th 10 AM to 2 PM

FREE FAMILY EVENT

St. Luke's Lutheran Church

5265 N. Union Blvd. 80918

Dungarvin



LUTHERAN
FAMILY SERVICES
Rocky Mountains



Fun Activities

Bounce House

Face Painting

Lunch

Prizes

Vendors



APRIL IS NATIONAL
**CHILD ABUSE
PREVENTION MONTH**



Family Law Day

2018

TOPICS INCLUDE | Filing for divorce,
how to present your case, parenting
plans and separation agreements,
ask-a-lawyer sessions,
and more

May 4, 2018

El Paso County Judicial Building

9:00 am - 2:00 pm | FREE to the public



OPERATION OUTDOORS

MILITARY FAMILY WEEKEND CAMP

All Services E1-E5 only.



PROVIDING U.S. SERVICE MEMBERS E1-E5 & THEIR FAMILIES MEMORIES TO LAST A LIFETIME

Are you and your family ready to get away for a weekend of adventure, excitement and fun? With spectacular views and lots of recreation activities – including a new high ropes course – Camp Shady Brook is the perfect place for your family to unwind together. Join us for an Armed Services YMCA-sponsored event for military members and their families. Let us help make military life easier by giving you and your family quality time to bond together while experiencing the great outdoors.

CAMP WEEKEND DATE

May 18—20, 2018

Registration Period:

April 1 - May 6, 2018 (Limited space available.)*

Pre-Event Meeting (Required)

May 11, 2018, 1730 - 1830

Southeast & Armed Services YMCA

Community Room A

2190 Jet Wing Drive

Colorado Springs, CO 80916

Please bring E1-E5 Military ID card

TIME

1300-1600 Arrival time Friday, May 18

1300-1600 Departure time Sunday, May 20
(Transportation not included.)

COST

\$40 per family, nonrefundable (covers 2 adults and 2 kids.)

\$10 per additional kid (Max 2 additional kids allowed.)

Exceptions on case by case basis.)

Children under 2 years of age are free

Camp activities may include:

Swimming, nature, arts & crafts, target sports, climbing wall, ropes course/zip wire, hiking, canoeing, star gazing, evening events and more!

(NOTE: Activities offered based on age requirements.)

Register online
at ppymca.org/register

Search "2018 Operation Outdoors
- Armed Forces Day Weekend"

Accommodation Notes

- Meals Provided; Friday dinner, Saturday all day dining and Sunday breakfast & Lunch
- *30 family spots available.
- Financial Assistance available, Subject to rules and eligibility.
- Priority goes to families of deployed service members and Wounded Warriors.

For more information please contact Military Outreach Director Drew Aquino at daquino@ppymca.org or 719.622.3567 or 719.622.9622.

LODGING

Each family will be assigned a cabin and may potentially share this cabin with another family. We will do our best to ensure you are paired with a family who have similar aged children. Families wishing to share a cabin with a specific family may indicate so during registration. Families are also welcome to bring personal tents. Please advise via online registration.

**MAKING MILITARY
LIFE EASIER.**

No federal endorsement of sponsors intended.

ppymca.org | campshadybrook.org

[facebook.com/SoutheastArmedServicesYMCA](https://www.facebook.com/SoutheastArmedServicesYMCA) | [facebook.com/CampShadyBrook](https://www.facebook.com/CampShadyBrook)



ARMED SERVICES YMCA • YMCA CAMP SHADY BROOK

OPERATION OUTDOORS

All Services E1-E5 only.

REGISTRATION FORM

I/we will prefer to spend the night in a:

Tent Platform Cabin Personal Tent

First Name: _____ Last Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Day Phone: _____ Cell Phone: _____

Best time to call: _____ Preferred #: _____

Email: _____

Dietary Restrictions: _____

Request to stay with another family: _____

Military Rank: _____ Unit: _____ Unit Phone Number: _____

Supervisor/Point of Contact: _____ Supervisor/Point of Contact Phone: _____

***Priority given to deployed service member families.**

Please bring copy of deployment orders to Pre-Event Meeting.

Total Family Participants*: _____

Number of Adults: _____ Number of Youth: _____ Number Children Under 7: _____

*Restrictions apply

Family Member Information

| Name (First, Last) | Relationship | Birth Date | Gender |
|--------------------|--------------|------------|---|
| 1. _____ | _____ | _____ | <input type="checkbox"/> M <input type="checkbox"/> F |
| 2. _____ | _____ | _____ | <input type="checkbox"/> M <input type="checkbox"/> F |
| 3. _____ | _____ | _____ | <input type="checkbox"/> M <input type="checkbox"/> F |
| 4. _____ | _____ | _____ | <input type="checkbox"/> M <input type="checkbox"/> F |
| 5. _____ | _____ | _____ | <input type="checkbox"/> M <input type="checkbox"/> F |
| 6. _____ | _____ | _____ | <input type="checkbox"/> M <input type="checkbox"/> F |

Participant Waiver of Liability

I, the parent/person having legal custody/guardianship of the minor(s) participating in Camp Shady Brook programs, give permission for the minor(n) and myself along with other registered participants by me to participate in YMCA Camp Shady Brook ("Camp") activities. We are physically able and mentally prepared to participate in all activities at the camp including activities such as archery, horseback riding, riflery, swimming, boating, climbing wall, zip line, ropes course and hiking. In consideration of said participants being permitted to attend and participate in the Camp, I hereby: (1) acknowledge that I have read and voluntarily sign this waiver, (2) release YMCA, American Red Cross, its directors, officers, employees, volunteers and agents (collectively "Releasees") from all liability for us for any loss, damage, injury, or death, whether caused by Releasees or otherwise, while we are at Camp, (3) I agree not to sue Releasees for any loss, damage, injury, or death, and I will indemnify and hold harmless Releasees from any loss, liability, damage, or cost they may incur due to said participants participation in Camp, even if caused by the negligence of Releasees, (4) I assume full responsibility for, and bear the risk of, any loss, damage, injury, or death, due to negligence of Releasees, (5) I do hereby authorize the YMCA, as agent for the undersigned, to consent with respect to said participants, to any x-ray examination, anesthetic, medical, dental, or surgical diagnosis or treatment, including hospital care, which is deemed advisable by the YMCA or any healthcare provider, whether such diagnosis or treatment is rendered at Camp, the office of a healthcare provider or at a hospital. I understand that the YMCA is not responsible for costs incurred for medical care, and I agree to reimburse the YMCA for any medical costs paid for the care of the participants. I intend this waiver to be as broad and inclusive as is permitted by the laws of Colorado; if any portion hereof is held invalid, I agree the balance shall continue in full force and effect.

For our participation in activities to be conducted by the YMCA of the Pikes Peak Region, I hereby give my permission and consent, now and for all time, to the YMCA of the Pikes Peak Region, the National Council of Young Men's Christian Associations of the United States of America (YMCA of the USA) and third parties collaborating with YMCA of the Pikes Peak Region) and/or YMCA of the USA to make, reproduce, edit, broadcast or rebroadcast any video film, footage, sound track recordings and photo reproductions of said participants and/or our narrative account of our experience at the YMCA of the Pikes Peak Region, for publication, display, sale or exhibition thereof in promotions, advertising and legitimate business uses without any compensation to, and/or claim, by us. We may, or may not be, identified in such reproductions; however, we shall not be stated by name to have endorsed any particular commercial products or commercial services.

Signature: _____ Date: _____

Please send completed registration form to:

Email: daquino@ppymca.org

Drew Aquino, military outreach director

SPEED MENTORING NIGHT (FLYER)

Citizen Soldier Connection is hosting a mentoring night with construction, finance, arts & media, healthcare, sales, automotive, and other business leaders in the community. You don't want to miss this event!

You'll have the opportunity to:

- ✓ *Make connections*
- ✓ *Establish a local network*
- ✓ *Ask questions*
- ✓ *Gain insight into employment in the civilian sector*

SPACE IS LIMITED! RESERVE YOUR SPOT:

Register online at
citizensoldierconnection.org

REGISTER
citizensoldierconnection.org



MAY 17TH FROM 5:30 – 8:30PM

MT. CARMEL CENTER OF EXCELLENCE

530 Communication Circle, Colorado Springs, CO 80905



SPEED MENTORING NIGHT

TELL ME A STORY (FLYER)



Tell Me a Story®

MAKING CONNECTIONS AND FINDING SUPPORT THROUGH LITERATURE

TMAS Event Guest Reader:

Mrs. Patty George

Spouse of the Division Commander
4th Infantry Division and Fort Carson



The Military Child Education Coalition's *Tell Me A Story: Making Connections and Finding Support through Literature (TMAS)* is an initiative created to empower our military children by using literature and their own stories. *Tell Me A Story* is geared toward children ages 4-12. Each family will receive a copy of the featured book. Hands-on activities, snacks, and a fun learning experience will be provided!

Questions about the MCEC Tell Me A Story Program? Contact Judy Glennon at 254.953.1923 or Judy.Glennon@MilitaryChild.org. To learn more about other MCEC programs and initiatives, visit

www.MilitaryChild.org



A celebration of creativity and perseverance....

Ada is an imaginative thinker who cannot be discouraged.

TMAS Event Book:

Ada Twist, Scientist

By Andrea Beaty

Sunday

April 29, 2018

2:00 PM

MSG(RET) William "Bill" Reed

Special Events Center

Building 1829, Ft. Carson

ADMISSION IS FREE

but space is limited!

Reserve your space today at:

<http://tmassignin.questionpro.com/>

Location Code: COS

Questions? Contact:

Louise Webb at 808-258-5961





SERVICES, PROGRAMS AND EVENTS

2018 ARMY EMERGENCY RELIEF CAMPAIGN (FLYER)

<https://www.aerhq.org/Donate>



Army Emergency Relief (AER) is a private nonprofit organization incorporated in 1942 by the Secretary of War and Army Chief of Staff to provide emergency financial assistance to Soldiers and their Families. AER is the Army's own emergency financial assistance organization and is dedicated to "Helping the Army Take Care of its Own." AER financial assistance is conducted within the Army structure by mission commanders and garrison commanders through AER Sections located at U.S. Army installations worldwide.

The annual AER campaign is an opportunity to tell every Soldier, active and retired, and Family Member about the great programs provided by AER. Donations from Soldiers, active and retired, are essential to ensure the legacy of Soldiers Helping Soldiers continues for another 76 years.

To be a part of the 2018 campaign please **DONATE TODAY** to help your fellow Soldiers, Retirees, and Family members.

If you are in need of assistance during an emergency situation please contact your Command Financial NCO, 1sg, CO or the [Army Emergency Relief Office](#) at Fort Carson Army Community Service (ACS).

Contact

Tel: +1(719)526-4783



Fort Carson 2018 Baby Expo

For Soldiers and their families within the Fort Carson community!



MAY 16, 2018

10am-3:30pm



Special Events Center 6550 Specker Ave., Fort Carson

Free event for those family
planning, expectant parents and
parents of newborns. On-site
registration for CDC and

WIC available.

©2018 Fort Carson, All Rights Reserved



BLACK PANTHER MEET AND GREET AT THE EXCHANGE (FLYER)

MARVEL
BLACK PANTHER

The FORT CARSON Exchange
Celebrates Month of the Military Child

MARVEL CHARACTER
APPEARANCE

50% Kids Meal Discount
in the Food Court
For Kids dressed as
their Favorite Super Hero



Marvel Character and the Black Panther Character are Trademarks of Marvel Characters, Inc. and are used with permission. Copyright © Marvel 2018

Black Panther Meet and Greet

WHERE: Ft. Carson Main Exchange


DATE: Saturday April 28th, 2018

TIME: 1130 - 1330



CAREER SKILLS PROGRAM UPCOMING EVENTS (FLYERS)


The Fort Carson Career Skills Program (CSP) offers opportunities for eligible transitioning service members to gain the knowledge, skills and abilities needed for successful careers after they transition from active duty. To be eligible for any CSP, transitioning service members must be on active duty and within 180 days of transitioning from service as of the class start date, anticipate fully honorable or under honorable conditions discharge and have approval of the first field grade commander in their chain to participate. Each program also has additional eligibility criteria. Interested transitioning service members are encouraged to attend the appropriate information session as indicated below. They can also visit the Career Skills Program Office (building 6236, rooms 101-104) Monday-Friday, 7 a.m. to 4 p.m.

 **EMBRY-RIDDLE**
Aeronautical University

MSSA

.....

- ◆ MSSA is an intense 18-week accelerated program designed to prepare transitioning Service Members to meet the IT industry's high demand for cloud developers, server & cloud administrators, and database intelligence administrators.
- ◆ Classes are held Mon-Fri, 0730-1630 with built in time for group projects and career transition assistance with MSSA mentors. MSSA graduates earn 18 credit hours, have the opportunity to earn Microsoft IT certifications and will interview for positions with Microsoft or other participating industry partners.

 **secure|set**
ACADEMY
Cybersecurity

.....

- ◆ 21-week program designed to educate, train, certify and mentor transitioning Service Members, leading them to rewarding mid-range civilian Cybersecurity careers. A balanced training program with 50% theory and 50% skills with significant hands-on lab work.
- ◆ Classes are held Mon-Fri, 0800 - 1600. Graduates will earn industry certifications and interview with multiple partners in the Cybersecurity Industry.

OPR: Sherry Jenkins 27 Feb17

CAREER SKILLS PROGRAM


Basic Eligibility

-
- ◆ Active Duty and Within 180 days of Transitioning from Service
 - ◆ Anticipate Fully Honorable or Under Honorable Conditions Discharge
 - ◆ Battalion CDR Approval to Participate
 - ◆ Additional Criteria Based on Specific Program
 - ◆ Honorably discharged Veterans may apply for Service to Sales, MSSA and SecureSet Cybersecurity on a space-available basis.




For more information about
Fort Carson's
Career Skills Programs:
Visit the
Career Skills Program Office
Building 6236, Room 102
719-526-1195/8549/1197

**CREATE YOUR
FUTURE**



With
The Army
Career Skills
Program (CSP)





U.S. Department
of Veterans Affairs

WARTAC

- ❖ WARTAC is a program sponsored by the Department of Veterans Affairs (VA), Veterans Benefits Administration (VBA) to train transitioning Service Members to process VA disability compensation claims. This 12-week program provides participants with an opportunity to learn the skillset of a Veteran Service Rep.
- ❖ Training takes place on post and is led by VBA training instructors using live compensation claims. Successful participants will receive interviews with VA Regional Offices at 56 desired locations throughout the U.S.



Service to Sales

- ❖ Sponsored by Phil Long Auto Group and Mt. Carmel Center of Excellence, this is a free 12 week training and internship program in Automotive Sales. This program is open to Veterans and Family Members on a Space-Available basis.
- ❖ Successful participants interview for open positions within the Phil Long Auto Group.



UA Veterans in Piping

- ❖ The United Association (UA) of Journeymen and Apprentices of the Plumbing and Pipe Fitting Industry sponsored training program is in the field of pipe welding. This is an 18-week accelerated full-time program.
- ❖ Training takes place at the UA Local 58 and is led by highly skilled instructors. Graduates are placed in a 5-year UA apprenticeship program.



CDL-A Training

- ❖ Teamsters and ABF Freight sponsored intensive commercial truck driving training. This 6-week training, to include on-the-road testing, pre-trip vehicle inspection, basic vehicle control, loading and unloading procedures, manifest and logbook procedures, will prepare you for a career in the trucking industry.
- ❖ Training takes place on post and is taught by ABF Freight instructors. Successful participants will be placed with ABF Freight at locations across the country.



**HIRING
OUR
HEROES.**
U.S. CHAMBER OF COMMERCE FOUNDATION

Corporate Fellowship

- ❖ The U.S. Chamber of Commerce Foundation Hiring Our Heroes sponsors this 12-week management-focused program.
- ❖ Participants will be placed with a corporate partner in a management or professional position Mon - Thurs of each week. Fridays are spent in a classroom gaining valuable corporate skills and management certification. Graduates engage in employment interviews.



Local Government Fellowship

- ❖ The Veterans Local Government Fellowship Program (VLGMF) is a 16-week program that will provide participants with management training and hands-on experience in the local government environment with the goal of preparing them for smooth transitions into local government careers.
- ❖ VLGMF sponsors will provide participants with professional development, networking, coaching and free professional memberships.

CLUBS FOR KIDS (FLYER)



**FREE
EVENT!**

CLUBS FOR KIDS

April 28, 2018

10 A.M.-1 P.M.



A FREE event for kids!

Come and experience a game they can play for a lifetime!

All kids receive a free golf club, a ten minute lesson, games and a goodie bag with a free round of footgolf, two games of bowling and three bags of range balls.

Questions? Call (719) 526-4102



More Events and Info at
Carson.ArmyMWR.com



Cheyenne Shadows
Golf Club
[CarsonDFMWR](https://www.facebook.com/CarsonDFMWR)



@CarsonMWR
#CarsonMWR



Cheyenne Shadows Golf Club
1050 Titus Blvd., Bldg. 7800
Fort Carson, CO 80913

DAV DENVER VETERANS JOB FAIR (FLYER)



DAV & Recruit Military Job Fair

📅 February 22, 2018 👤 Denise Harris 📁 Employment

Unemployed or Underemployed? DAV and Recruit Military are hosting a Job Fair for Veterans and Spouses seeking new employment.

WHEN: Thursday, April 19 from 11am-3pm

WHERE: Sports Authority Field at Mile High (1701 Bryant St, Denver, CO 80204)

REGISTER: <https://events.recruitmilitary.com/events/denver-veterans-job-fair-april-19-2018>

EACH SUMMER YOUTH PROGRAM

Applications for the Evans Army Community Hospital (EACH) Summer Youth Program will be available March 12 to April 16. The program is for youths who are military Family members between 14-17 years old and interested in a career in health care. Applicants must have a DOD identification card and be current with immunizations. Tentative interview date is April 14 and participants will be selected and notified no later than April 24. Mandatory orientation dates are May 29-30 from 8 a.m. to 4 p.m. For more information, contact the American Red Cross at EACH at 526-7144.

EAGLE LAKE CAMPS (FLYER)

Sponsored by Fort Carson
Religious Support Office



06-10 August, 2018
0830-1600
Fort Carson, CO

Ages 7-12

heidi.a.mcallister.civ@mail.mil

Registration Opens May 1, 2018 Space limited!



Crafts



Worship & Fellowship



Bible Study



Games

FLORISSANT FOSSIL BEDS NATIONAL MONUMENT APRIL ACTIVITIES (FLYER)



National Park Service
U.S. Department of the Interior

Florissant Fossil Beds National Monument
15807 Teller County Road 1
Florissant, CO 80816

Release date: immediate
Contact: Jeff Wolff
Phone number: (719) 748 – 3253 ext. 202
Date 3/27/2018

Florissant Fossil Beds National Monument News Release

Activities Planned at Florissant Fossil Beds National Monument in April

Florissant Fossil Beds National Monument is open year round. During April the Monument is open **9:00 AM – 5:00 PM**.

Friday, April 13, Night Sky Program, 8:00 PM – 10:00 PM Join park staff and members of the Colorado Springs Astronomical Society to gaze at the dark skies above Florissant Fossil Beds in search of planets, galaxies, nebulas, and more. Meet at the visitor center.

Saturday, April 21, FEE FREE DAY! Come celebrate the first day of National Park week by enjoying a fee free day in the Monument.

Saturday, April 21, Track Detectives, 11:00 AM – 12:30 PM Join an interpretive park ranger for a guided hike (up to 2 miles) to discover the clues left behind by the Monument's wildlife. As a track detective you might encounter tracks, scat, feathers, rubs, burrows, and much more left behind by birds, coyotes, elk, badgers or perhaps even see some of the wildlife in person. Dress in layers and be ready to walk on uneven ground and possibly snow. Meet at the visitor center. This program is free to the public.

There are no additional fees for any park programs beyond the daily entrance fee of \$7.00 per adult (15 and younger are free). Florissant Fossil Beds National Monument offers 15 miles of beautiful, yet lesser known, hiking trails to explore, a free Junior Ranger Program, three short self-guided trails, a park video and museum exhibits, and bookstore. For additional information, please call (719) 748-3253 or visit our website: www.nps.gov/flfo or on Facebook or Twitter at /FlorissantNPS

About the National Park Service. More than 20,000 National Park Service employees care for America's 417 national parks and work with communities across the nation to help preserve local history and create close-to-home recreational opportunities. Learn more at www.nps.gov

FORT CARSON TAX CENTER (FLYER)



**2018 Fort Carson Tax Center
BLDG 1358 Barkeley Ave**



The Fort Carson Office of the Staff Judge Advocate is pleased to announce the reopening of the Fort Carson Tax Center. We will offer FREE income tax preparation services for both federal and state tax returns to all Active Duty, mobilized Reservists (with orders), dependents and Retirees. All preparers are certified by the IRS. In 2017, the Tax Center prepared thousands of returns and saved our clients over \$628,481 in tax preparation fees.

The Fort Carson Tax Center will open for appointments on 1 February 2018. Appointments can be scheduled via telephone or in person. Appointments must be screened in order to match the Client's need with the appropriately skilled preparer.

Appointments will be scheduled starting 29 January 2018.

Telephone: (719) 524-1012, (719) 524-1013

Taxes will be done primarily by appointment. Appointments will be scheduled from 0900 until 1500. Walk-ins will be available on a limited basis (resources permitting) beginning 15 February 2018.

Hours: 0900-1600 Monday through Friday. The Tax Center will be open on all training holidays and closed on all federal holidays.

Documents to Bring:

| | |
|---|------------------------|
| A copy of last year's tax return | W-2s, 1099s, and 1098s |
| Social Sec. cards for filers and dependents | Form 8332 signed |
| Power of Attorney for Taxes if one filer is not present | |

Other documents:

| | | |
|--------------------------------|--------------------|--------------------------|
| Childcare Costs | IRA Contributions | Stock and Bond Sales |
| Alimony Paid/Rec'd | Education Expenses | Charitable Contributions |
| Mileage log /Business Expenses | Rental Expenses | |
| Carried over Losses | | |

Bank Information: Account Number and Routing Number for Direct Deposit

Our Address is BDLG 1358 Barkeley Avenue, Fort Carson. We are located between Barkeley and McGrath and north of Nelson.



2018 Fort Carson Tax Center
BLDG 1358 Barkeley Ave



The following types of services are out of scope:

More than 2 rental properties (Clients are limited to 2 rental properties)
Most personal businesses; specifically businesses with inventory, losses greater than income, Airbnbs, and Bitcoin. *Will do Schedule C-EZ for Uber and E-bay sales and other simple businesses on a case by case determination

Puerto Rican income, to include W2s that list "PR" as the state

Sale of Rental Property

Abandonment or Foreclosure (1099-A)

Casualty Losses

Schedule Ks

Per Capita Distributions

Stock/Bond Sales with more than 10 transactions or unknown basis

Cancellation of Debt of \$10,000 or more (1099-C)

We are happy to amend prior tax returns, but amendments may require a separate appointment subject to scheduling demands.

If you have any questions regarding the scope of our services, please contact us at 524-1012 or 1013.

Fountain Creek FAMILY FUN DAY Saturday, May 5, 10-2

Live Animals Bug Sweeps
Pond Studies Face Painting
Dinosaur Fossils
Kite Making Geo-Caching,
Fly Casting Demos
Wagon Rides Games Crafts
Free slice of pizza for all
participants!



Fountain Creek Nature Center
320 Pepper Grass Lane
Fountain, CO 80817
elpasocountynaturecenters.com
719-520-6745

\$5



HELP FORT CARSON WIN A PROCAMPS SPORT CAMP (FLYER)

**Text up to 5
times a day to
201-778-4415**

Fort Carson



ARE YOU READY FOR THE 2018 PROCAMPS SALES CONTEST?

ProCamps athletic camps take place on the military base for up to 150 military kids. There is no charge to the campers (a value of \$195). Campers will receive an autographed team photo, a limited edition T-shirt, backpack with prizes and coupons. Camps will be hosted by top NFL athletes such as Andre Roberts, LeGarrette Blount, Steve Smith, Jonathan Stewart and Graham Gano.





KEEPING A CAREER ON THE MOVE®

PETERSON AIR FORCE BASE | MAY 9, 2018



Hiring Our Heroes and the Military Officers Association of America are joining forces to provide this full-day military spouse employment symposium. Keeping a Career on the Move® is a personal and professional development conference for military spouses who are planning to enter or re-enter the workforce or taking the next step in their professional careers. This event is free and is open to all military, veteran, and Gold Star spouses, as well as employers and service organizations. Service members and veterans are also welcome.

MILITARY SPOUSE EMPLOYMENT FORUM

Peterson Air Force Base Club

260 Glasgow Avenue, Peterson Air Force Base, CO

NEED A
RESUME?

Visit MyCareerSpark.org to build your skills-based resume right from your smartphone. Powered by Toyota.

EMPLOYERS & MILITARY SPOUSE JOB SEEKER REGISTER AT
HIRINGOURHEROES.ORG/EVENTS





ASSEMBLY



Fire and Ice Show

Children will be dazzled and entertained as they interact with our Mad Scientists! Foggy dry ice storms, giant beach balls floating in the air and even a special Mad Science "burp" potion will amaze children as they learn about chemical reactions, air pressure and the states of matter.

About Us

Mad Science is a leading science enrichment provider.

We deliver unique, hands-on science experiences for children that are as entertaining as they are educational.

Mad Science has been bringing science education to millions of children throughout the world for over 25 years. Our innovative programs help kids learn about science through our fun after-school programs, preschool programs, in-class workshops, camps, birthday parties and special events.

Mad Science encourages scientific literacy in children in an age when science is as vital as reading, writing and arithmetic and we don't stop there. We have invested in research and development as we strive to be at the forefront of our industry and continue to create hands-on science programming for kids.

Mad Science of Colorado's approach to teaching science invites children to pursue STEM careers. However, our programs also encourage kids to read and study the world around them. Let us help your students or your child achieve their dream.



Mad Science Assembly

WHERE: Ft. Carson Main Exchange Food Court

DATE: Saturday April 21st, 2018

TIME: 1400 hrs



Your name, we give back.

MILITARY FAMILY CAMP AT YOUNG LIFE'S TRAIL WEST (FLYER)

Military Family Camp at Young Life's Trail West



What: **Military Family Camp.** Does your Family like adventure, laughter and fun – or just need a break from the daily stresses of life? **Then join us this summer at Military Family Camp at Young Life's Trail West**
Offering horseback riding, pony rides, ropes course, swimming pool, water slide, hot tub, trout pond, tennis courts (rackets and balls available), basketball, sand volleyball, Frisbee golf course, playground, 4x4 jeep tours & White Water Rafting, this is a perfect setting to relax and connect with your Family.

Childcare is available on site during scheduled Family activities.

Who: Approx. 70 Active Duty Service Members & their Families. Please note: Single parent Families and Families with a deployed spouse are invited to participate as well.

When: 27 May-2 June, and 3-9 June 2018 (Online applications available beginning 1 March 2018)

Where: Buena Vista, CO (Transportation to/ from the camp is a Family responsibility)

Why: To allow Service Members and their Families to spend quality time together, laugh a lot, and be restored.

How Much: In order to thank our Service members and their Families, the discounted fee below will be available to the Families selected to attend. This fee covers all meals, activities and lodging for the Family for the week. The registration fee is based on rank:
E1-E5 \$50.00, E6-E9 \$75.00, CW1-O3 \$100.00, O4 & above \$150.00.

Note: Young Life is a Christian organization, but that is not a requirement to attend. There will be a nightly program with a short message and sing-a-long songs, as well as all the numerous recreational activities.



To apply go to: www.militaryfamilycamp.younglife.org
For more information, e-mail dnancarrow@clubbeyond.org or call (719) 381-1865

The information that appears in this flyer is intended to inform Soldiers of special offers provided to them and their families and is not intended to constitute an endorsement by Ft. Carson, the United States Army or the Department of Defense. It is strictly intended to be used for informational purposes only.



MILITARY FINANCIAL PEACE UNIVERSITY (FLYER)

Military Financial Peace University

Sponsored by Veterans United

**NO COST for Military Families -
\$82 Registration Fee is waived!!**



**First Class on Wednesday, 02 May 2018 from 6:30-8:30 pm
Mt. Carmel Veterans Service Center
530 Communication Circle, Colorado Springs, CO 80905**

WHO: Open to all Active Duty, Reserve, Retired or Former Military and Family Members

WHEN: Wednesdays at 6:30-8:30 pm starting 02 May 2018 for 9 weeks through 27 Jun 2018

WHERE: Mt. Carmel Veterans Service Center

WHY: Build Financial Fitness and get your family on the same sheet of music

FACILITATORS: Proud Military Family & Mt. Carmel Volunteers - Mark & Mary Shuster

CLASS SCHEDULE

02 MAY: Class 1: Super Saving (about how to save)

09 MAY: Class 2: Relating with Money (about behavior)

16 MAY: Class 3: Cash Flow Planning (about budgeting)

23 MAY: Class 4: Dumping Debt (about how to kick debt)

30 MAY: Class 5: Buyer Beware (about marketing techniques)

06 JUNE: Class 6: The Role of Insurance (about all things insurance)

13 JUNE: Class 7: Retirement & College Planning (about savings)

20 JUNE: Class 8: Real Estate & Mortgages (about home buying)

27 JUNE: Class 9: The Great Misunderstanding (about giving)

**PLEASE RSVP by contacting Mark & Mary Shuster at
militaryfpucs@gmail.com**

Seating is limited at 10-12 couples per seminar

**If you cannot attend this seminar register now
for additional seminars:**

29 Aug - 24 Oct 2018

BUILD A LEGACY and CHANGE YOUR FAMILY TREE!

MILITARY KIDS MOVE (FLYER)



Military Kids Move

Relocation Readiness Program - 6303 Wetzel Ave. Bldg. 1526 Fort Carson 80913

 [Google Map](#)

During the month of April the [ACS Relocation Readiness Program](#) is celebrating the Month of the Military Child.

Stop by the Community Connection, Bldg 1524, and pick up a Relocation drawstring bag for your child.

Whether you are new to Fort Carson or are transitioning to a new location, moving with a child can be a challenge and we are here to help. It's important to involve them in the process and get them excited about a new adventure.

MILITARY SPOUSE FELLOWSHIP PROGRAM (FLYER)



Providing military spouses the opportunity to earn a career-enhancing credential—the Accredited Financial Counselor® (AFC®)—while providing financial counseling and education to the military community.

LEARN MORE OR APPLY:

www.SaveAndInvest.org/Spouse

CONNECT WITH US

- Subscribe to monthly e-newsletters: www.SaveAndInvest.org/Subscribe
- Like SaveAndInvest.org on Facebook
- Follow @FINRAFoundation on Twitter



FINRA Investor Education Foundation MILITARY SPOUSE FELLOWSHIP PROGRAM

HOW DOES THE FELLOWSHIP PROGRAM WORK?

The Fellowship is provided by the FINRA Investor Education Foundation through partnerships with the Association for Financial Counseling and Planning Education® (AFCPE®), which administers the certification—and the National Military Family Association (NMFA), which assists with the selection process.

The FINRA Foundation Fellowship provides military spouses with:

- portable job skills that can be transferred no matter where the next PCS takes them;
- the ability to give back to the military community by promoting financial readiness at installations around the world;
- a credential to help jumpstart a career in financial counseling; and
- access to a large support network of FINRA Foundation Military Spouse Fellows and other military financial educators.

FINRA Foundation Military Spouse Fellows Are Employed As:

- On-base Personal Financial Managers
- Financial Educators and Coaches
- Mortgage Counselors
- Credit & Debt Counselors
- They also volunteer with service-relief societies, family readiness groups and many others.

SINCE 2006

1,485 +
FELLOWSHIPS
AWARDED

195,000 +
SERVICE MEMBERS &
FAMILIES COUNSELLED

455,000 +
COUNSELING HOURS IN THE
MILITARY COMMUNITY



SaveAndInvest.org, a project of the FINRA Investor Education Foundation, is a free, unbiased resource dedicated to your financial health. FINRA, the Financial Industry Regulatory Authority, is the largest non-governmental regulator for all securities firms doing business with the U.S. public. FINRA and the FINRA Investor Education Foundation do not sell investment products, promote products or firms, or offer specific investment advice.

**MILITARY
ONE SOURCE**

MilTax

WE SERVE THOSE WHO SERVE.

Free tax services and support made for the MILLife.

MilTax is free, easy-to-use tax software and support designed exclusively for the military community.

This service offers so much—and at no cost!

We get you, so you get more

MilTax is the only tax software provided by the Department of Defense made for military life. It's built to address scenarios like deployments, combat pay, multiple moves, and more. So you get the credits and benefits you've earned, and save more money!

Free, expert support

Our tax consultants are experts in military taxes, so they know what you need to file and how to save you money. For support, contact Military OneSource tax consultants by phone, or meet with a trained volunteer at a Volunteer Income Tax Assistance office.

Work at home, or come to a convenient location

You can access MilTax software online anywhere and work at your own pace. You can also go to a Volunteer Income Tax Assistance location, and self-file at a kiosk or get free help from a volunteer.

Easy, secure, flexible, accurate

Filing with MilTax is easy to do and reliable. You can begin your taxes at any time, file at your own pace, and save your return to work on it whenever you want. Calculations are backed by a 100 percent accuracy guarantee.

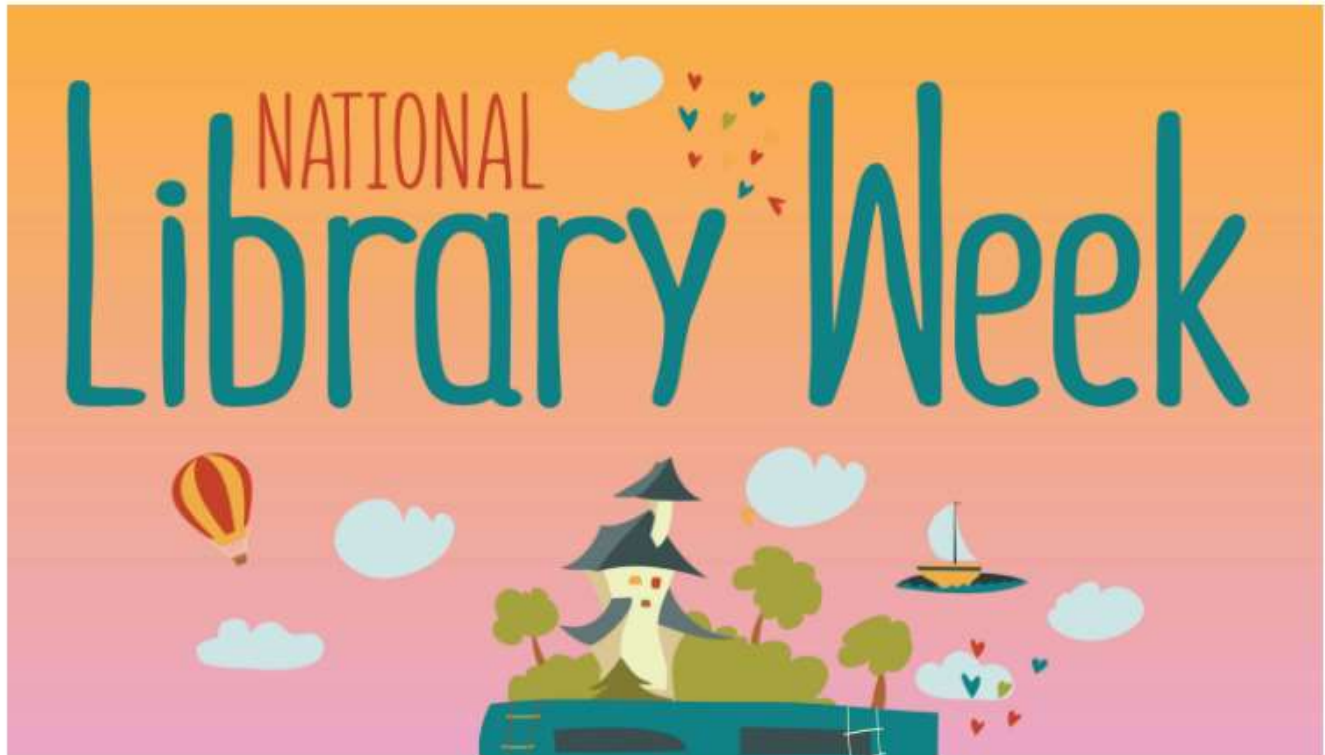
MilTax is a benefit for you provided by the Department of Defense. It's available exclusively for eligible service and family members through Military OneSource.



To get started or find your nearest VITA office, go to MilitaryOneSource.mil or call 800-342-9647.



NATIONAL LIBRARY WEEK (FLYER)



National Library Week

Date: Apr 10 - Apr 14

[Grant Library](#) - 1637 Flint St. Bldg. 1528 Fort Carson 80913 [Google Map](#)

All information is subject to change.

Celebrate the art of storytelling during National Library Week!

- Free event
 - Open to DoD only
 - All ages welcome
 - Daily refreshments provided
 - Raffle drawings with a chance to win prizes
 - Parents/guardians must supervise children at all times
 - Rain or shine event
-

NATIONAL VOLUNTEER WEEK 5K RUN/WALK (FLYER)



THURS. · APRIL 19
NATIONAL VOLUNTEER
WEEK · 5K RUN/WALK

3:30 P.M. · IRON HORSE PARK
LEASHED PETS & STROLLERS WELCOME

2 P.M. ON-SITE REGISTRATION
3:30 P.M. START OF 5K RUN/WALK

PRE-REGISTER WWW.CARSON.ARMY.MIL/ACS
SEARCH: "VOLUNTEER WEEK"

(719) 526-1082 FOR MORE INFORMATION



NERF EVENT AT THE EXCHANGE (FLYER)

NERF

at your
Ft. Carson Main Exchange



COME TEST OUT THE LATEST

NERF

BLASTERS!

4-21-18 • 11AM - 2PM

Check your local Exchange for more details.

Appropriate for ages 8+



Please join us for an

OPEN HOUSE

An interactive experience at PPTRC's
Dom Cimino Center at Norris Penrose

Learn how horses help people address
mental health needs.

Participate in a hands-on hour with
PPTRC's therapy horses.

Meet other community members and
agency representatives invested in
this work.

RSVP to anthony@pptrc.org by Friday, April 13th.
Space is limited so please RSVP early.

Friday, April 27th

PPTRC's Dom Cimino
Center at Norris Penrose
(map attached with directions)

9:00am-11:00am

Attire:
Colorado Casual w/ shoes
that can get a bit dirty and
appropriate layers for
being outdoors

Coffee and light
refreshments will
be provided





JOB FAIRS

PIKES PEAK WORKFORCE CENTER'S SPRING JOB FAIRS

April 5, Colorado Springs

Young Adult Job Seekers (18 - 24)

SE YMCA, 2190 Jet Wing Dr., 80916

11 a.m. Open to Veterans*

11:30 a.m. to 4 p.m. Open to General Public

April 11, Colorado Springs

Adult Job Seekers (18+)

Hotel Elegante, 2886 S. Circle Dr., 80906

9:30 a.m. Open to Veterans*

10:15 a.m. Job Fair workshop attendees

11 a.m. to 3:30 p.m. Open to General Public

April 25, Woodland Park

Adult & Young Adult Job Fair (18+)

Ute Pass Cultural Center

210 E. Midland Ave., 80863

1 p.m. Open to Veterans*

1:30 to 4 p.m. Open to General Public

April 26, Cripple Creek

Adult & Young Adult Job Fair (18+)

Aspen Mine Center, 166 E. Bennett Ave., 80813

11 a.m. Open to Veterans*

11:30 a.m. to 3 p.m. Open to General Public



| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|-----|-----|-----|-----|-----|-----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | | | | | |

For more information visit
ppwfc.org



* Veterans, transitioning military and eligible spouses enter early



★ Veterans are entitled to priority of service. ★

Paid from U. S. Department of Labor funds.

PRESERVE AMERICA YOUTH SUMMIT (FLYER)



**PRESERVE AMERICA
YOUTH SUMMIT**

Preserve America Youth Summit

📅 March 29, 2018 👤 Denise Harris 📁 Community Event, Education

Next Generation Stewards:

The Preserve America Youth Summit, a program of Conservation Legacy, provides engaging on-site interactive learning experiences for students, teachers, and service leaders at historic places. The Summits engage in local history, historic preservation, cultural conservation, and heritage tourism issues to foster leadership and strengthen community efforts.

Apply Now! <https://preservationyouthsummit.org/apply-now>.

Next Generation Stewards is a four-day program for Colorado middle and high school students, teachers, and service leaders, in the Black Canyon of the Gunnison National Park, and Curecanti National Recreation Area, Ute Indian Museum, and Montrose Area. Participants selected through a competitive application process are offered both community service hours and full scholarships for all program costs, including meals, transportation, and lodging.

For more information contact Jessika Buell at youthsummits@conservationlegacy.org or visit <https://preservationyouthsummit.org>.

BUILT *to* LAST



Building A Strong Marriage



Every 2nd Wednesday

For more information, please email prussmanchapel@gmail.com

Retreat begins at 6:30 PM

Dinner is served at 5:30 to 6:15 PM

SAAPM 5K RUN/WALK

A 5K run/walk for Sexual Assault Awareness and Prevention Month (SAAPM) takes place April 21 at Iron Horse Park. Opening remarks are at 9:45 a.m. and the event begins at 10 a.m. The event is open to Soldiers, Family members and civilians and leashed pets are allowed.

SPARTAN SKILLS CHALLENGE

A Spartan Skills Challenge takes place April 21 from 9-11 a.m. at McKibben Physical Fitness Center (PFC), building 1160, 5785 Barkeley Ave. The cost is \$5 for participants 18 and older and free for children 14-17. Children 14-15 must be signed in by a parent/guardian 18 or older and the parent/guardian must actively participate with the minor. The event is led by Spartan coaches. Participants can preregister by April 20 at 6 p.m. at McKibben PFC.

TRAVEL MEDICINE CLINIC (FLYER)

TRAVEL MEDICINE CLINIC

- The Travel Medicine clinic is available to all beneficiaries traveling outside of the United States for leisure travel and family members PCSing with their sponsor.
- The Travel Medicine clinic provides concise, updated summaries of health and safety concerns for the specified locations of travel. The visit will include:
 - preventive measures such as travel immunizations
 - medications for malaria prophylaxis and travelers diarrhea if indicated.
- Please schedule the appointment 2 to 3 months prior to leaving Colorado. Some immunizations require a 2nd or 3rd dose for maximum protection prior to travel.
- Please call 719-526-2939, to schedule an appointment with the clinic. You will be asked to provide the names of the countries that you are traveling to.
- **POC for this information is Shirley Tyler, PA-C and can be reached at 719-526-5174.**

<https://www.facebook.com/EvansArmyCommunityHospital>



ON THE PATH FORWARD,
WE'VE GOT YOUR BACK.



MILITARY SPOUSES

MANAGING A CHANGE?
THE USO PATHFINDER PROGRAM IS HERE TO HELP

Whether you and your service member are transitioning to a new location or on to life after the military, the USO Pathfinder program will help you create a plan and get connected to what you need to achieve your personal and professional goals. Connect with a Pathfinder Scout to develop a personalized Action Plan and discover the resources that will make your transition successful.

Pathfinder Scouts can connect you with the services and resources that are the best fit for you in the following focus areas:

Employment
Education
Veterans Benefits

Financial Readiness
Housing
Legal

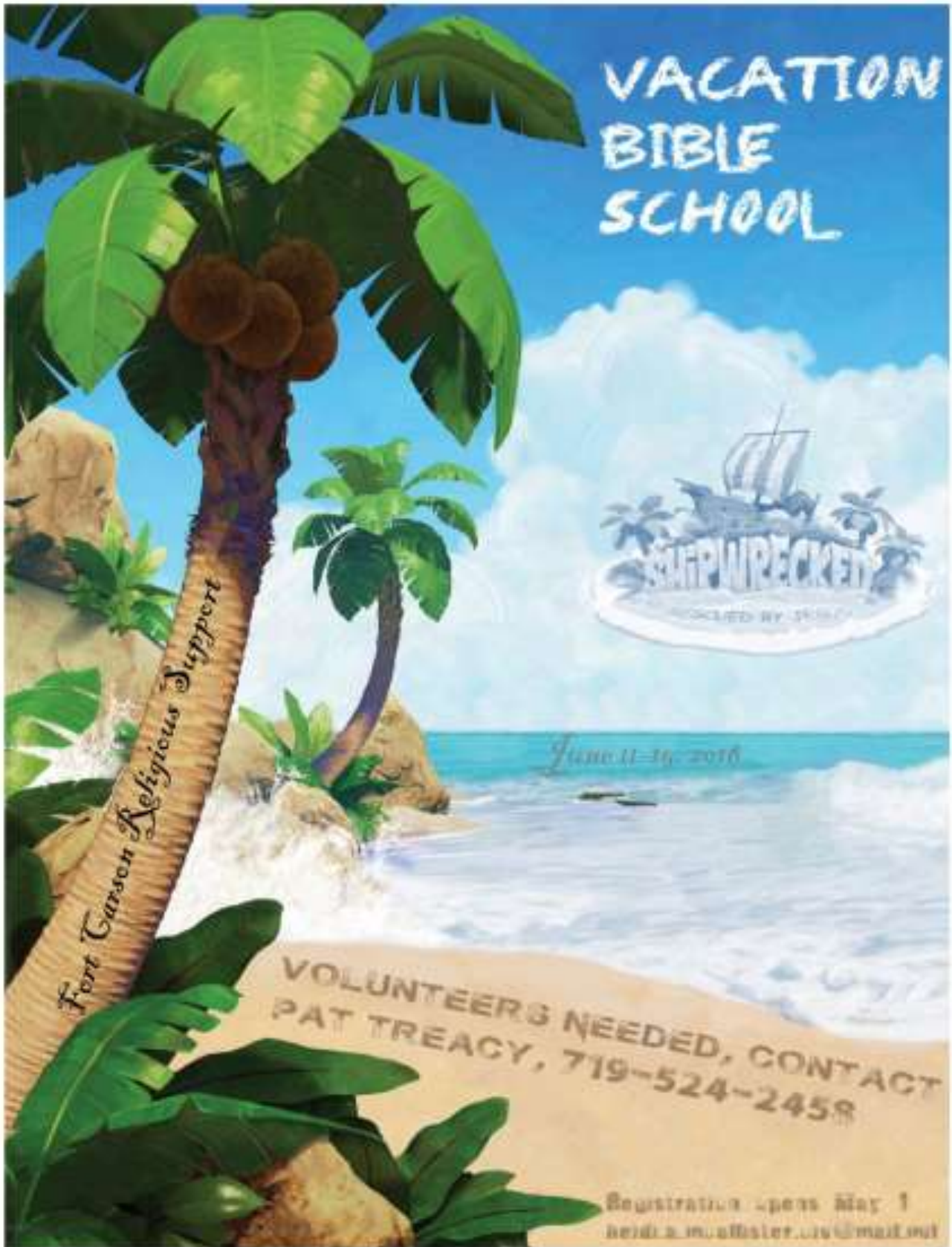
Family Strength &
Wellness
Volunteerism



PathfinderSM
USO TRANSITIONS

Learn more at USO.org/Pathfinder

VACATION BIBLE SCHOOL VOLUNTEERS NEEDED (FLYER)



VACATION BIBLE SCHOOL



June 11-16, 2016

Fort Carson Religious Support

**VOLUNTEERS NEEDED, CONTACT
PAT TREACY, 719-524-2458**

Registration opens May 1
herdi.a.maffister.us@mail.out

VETERANS ELIGIBLE FOR A FREE 1-YEAR PREMIUM LINKEDIN SUBSCRIPTION (FLYER)



Veterans Eligible for a Free 1-year Premium Career Subscription with LinkedIn

📅 March 30, 2018 👤 Denise Harris 📁 Employment

A Premium Account with LinkedIn ensures that you are a **featured applicant** when you apply through the LinkedIn portal. Also, it provides **competitive intelligence** about current applicants for positions. Another benefit is an **inside look** at the hiring company for a job posting. Yet another benefit of the Premium Career Subscription is the ability to **search by salary level** for a job in your career field.

To be eligible for this offer, you must meet all of the following requirements:

- Be a current or former U.S. military service member (non-US military are *not* eligible).
- Have not used the LinkedIn veteran promotion previously (1 promotion per service member).
- You must *not* be a current LinkedIn Premium subscriber (if you are paying for Premium now or are currently on a 30-day free trial, you must [cancel your subscription](#) and let it lapse before you apply for this offer).

View this link for more

information: <https://www.linkedin.com/help/linkedin/topics/6122/6154/14803>.

To register for your free Veteran Premium Account,

visit <https://linkedinforgood.linkedin.com/programs/veterans/premiumform>.

VOLUNTEER OPPORTUNITIES FOR AN EPIC SUMMER OF SPORTS (FLYERS)



Volunteer Opportunities for an Epic Summer of Sports!

The Sports Corp is gearing up for another great season of events! As always, these events would not be possible without the help from our volunteers. We are looking for volunteers again this event season to help out with an *Epic Summer of Sports*.



Check out these **volunteer opportunities** listed below:

[Pikes Peak Airstrip Attack](#)

June 16-17 - Colorado Springs Airport

Pikes Peak Airstrip Attack is a **half-mile, side-by-side roll race and trap speed competition**

featuring hundreds of the fastest, most powerful street cars in the nation - Lamborghini's, Ferrari's, GTR's, etc. The Pikes Peak Airstrip Attack is the only event in the country where participants have the opportunity to come together at a commercial airport the size and importance of the Colorado Springs Airport while competing for the title of the Mile High Victor.



Event Operations Volunteer Roles: set-up, admissions/ticket sales, beer garden, parking/staging, etc.

- Friday, June 15 - 12:00 pm - 5:00 pm (setup)
- Saturday, June 16 - 5:00 am - 11:30 am
- Saturday, June 16 - 11:00 am - 5:00 pm
- Sunday, June 17 - 5:00 am - 11:30 am
- Sunday, June 17 - 11:00 am - 5:00 pm
- Sunday, June 17 - 4:00 pm - 8:00 pm (tear down)

[CLICK HERE](#) to volunteer for the Pikes Peak Airstrip Attack.

**Volunteers receive free admission to watch the races before/after your shift*

[Mavic Haute Route Rockies - Stage 7](#)

June 29 - Pikes Peak Highway

The Mavic Haute Route Rockies - Stage 7 will finish in Colorado Springs on June 29. The event will feature **seven timed, ranked and fully-supported stages** covering 550 miles and in excess of 52,500 vertical feet of climbing on some of Colorado's best known mountain roads, many soaring above 10,000 feet in altitude. As many as 400 cyclists are expected.



Volunteer Roles: set-up, course marshals, beer garden, parking/staging, etc.

- Friday, June 29 - TBD

Email Rebekah@thesportscorp.org if you are interested in volunteering!

[Rocky Mountain State Games](#)

July 20-22 & 27-29 - Colorado Springs

The Rocky Mountain State Games (RMSG) is Colorado's largest multi-sport festival for athletes of all ages and athletic abilities including those with physical disabilities or visual impairment. More than 10,000 athletes are expected to participate in 40+ sports and more than 900 volunteers are needed to successfully run this event.



Volunteer Roles: Specialized volunteers called "Operations Assistants" are needed to support each sport and provide on-site assistance to Sport Commissioners in addition to serving as the communications link with staff and operations.

The need for general volunteers varies by sport but may be needed for a variety of tasks including: athlete check-in, information booths, set-up/tear-down, course marshals, scoring, timing, hospitality and many other activities. Below are a few examples of some family-friendly volunteer opportunities:

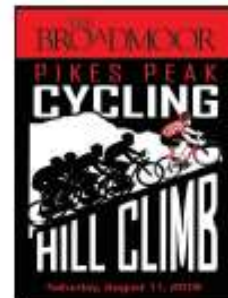
- **Field Hockey** (July 20-22): sideline marshals/recover errant balls
- **Great Inflatable Race 5K:** packet pickup (July 20); race support (July 21)
- **Track & Field** (July 21): athlete check-in, scoring, medals/results, event support
- **Color in Motion 5K:** packet pickup (July 27); race support (July 28)
- **Shooting** (July 28): resetting targets, scoring, event support
- **Operations Assistant** (Sport Specific): work in conjunction with the Sport Commissioner(s) and serve as that person's assistant
- **Operations Support Team** (All Dates): work with the Sports Corp staff, Operations Team, Sport Commissioners and volunteers to prepare, assist and execute all events associated with RMSG

[CLICK HERE](#) to volunteer for the Rocky Mountain State Games.

[The Broadmoor Pikes Peak Cycling Hill Climb](#)

August 11 - Pikes Peak Highway

The Broadmoor Pikes Peak Cycling Hill Climb will join the inaugural "Colorado Summit Series" which features some of the toughest hill climbs in the world including the Guanella Pass Hill Climb (June 3) and Bob Cook Memorial Mt. Evans Hill Climb (July 21). This new and unique cycling series will finish with the Pikes Peak Cycling Hill Climb on August 11.



Created in 2010, this event attracts the top competitive and recreational cyclists from across the nation and around the world as they challenge Pikes Peak - America's Mountain.



Volunteers Roles: aid station management, athlete check-in, information booths, set-up/tear-down, course marshals, scoring, timing, hospitality and many other activities.

- Saturday, August 11 - approx. 4:00 am - 2:00 pm

[CLICK HERE](#) to volunteer for the Pikes Peak Cycling Hill Climb.

[Colorado Springs Labor Day Lift Off](#)

September 1-3 - Memorial Park

Continuing a 41 year tradition in Colorado Springs, the 2018 Labor Day Lift Off will bring many new experiences while continuing to feature some of the best balloons and special shapes from across the United States.

Volunteer Roles & Shifts: assist with event operations including parking, VIP hospitality, beer garden, etc.



- Saturday, Sept 1:
 - Morning shift: 4:30-10:00 am
 - Evening shift: 3:30-10:00 pm
- Sunday, Sept. 2:
 - Morning shift: 4:30-10:00 am
 - Evening shift: 3:30-10:00 pm
- Monday, Sept. 3:
 - Morning shift: 4:00-10:00 am

**Family-friendly balloon crew volunteer roles also available!*

[CLICK HERE](#) to volunteer for Labor Day Lift Off as a balloon crew volunteer.

[CLICK HERE](#) to volunteer for Labor Day Lift Off as an event volunteer.



Colorado Springs Sports Corporation
1631 Mesa Ave., Suite E
Colorado Springs, CO 80906
(719) 634-7333
info@thesportscorp.org

ColoradoSpringsSports.org

Calendar of Events

- [PyeongChang Olympic Downtown Celebration](#) - February 9
 - [Salute to the U.S. Olympic Family Luncheon](#) - April 12
 - [Sports Corp Golf Tournament](#) - May 16
 - [AMBC Youth Continental Championships](#) - May 26
 - [Pikes Peak Airstrip Attack](#) - June 16-17
 - [PPIHC Fan Fest](#) - June 22
 - [The Broadmoor Pikes Peak International Hill Climb](#) - June 24
 - [Mavic Haute Route Rockies - Stage 7](#) - June 29
 - [College Football Kick-Off Luncheon](#) - July TBD
 - [Rocky Mountain State Games](#) - July 20-22 & 27-29
 - [The Broadmoor Pikes Peak Cycling Hill Climb](#) - August 11
 - [Colorado Springs Labor Day Lift Off](#) - September 1-3
 - [RMSG/CSI Figure Skating](#) - September 14-16
 - [College Hockey Face-Off Luncheon](#) - September TBD
 - [Colorado Springs Sports Hall of Fame](#) - October 23
-

Join us on our Social Media!



Family Retreat

Welcome Home Warrior, Inc.

will be hosting a **free** retreat for combat veterans and their families on April 20nd-22rd, 2018

at

Golden Bell Camp in Divide, CO.
380 County Rd. 512 Divide, Co 80814



The view of Pikes Peak from Golden Bell

Fun for the whole family

Quality time together and help to reconnect.

Daily optional activities including: sports, arts and crafts, swimming, tubing, climbing wall, campfire with S'mores,

Spa afternoon and an outing to the Wolf Sanctuary.

Child care provided with supervised activities.

Classes for couples, and special groups for children and teens

Meals, snacks, and large rooms included.

For information and reservations call 719-439- 3621 or email

welcomhomewarrior@comcast.net. Website: whwarrior.org

WHITE HOUSE VA HOTLINE OPERATIONAL (FLYER)

White House VA Hotline Now Fully Staffed and Operational Around the Clock to Serve Nation's Veterans

WASHINGTON — Today the U.S. Department of Veterans Affairs (VA) announced that the White House VA Hotline, first launched in June as part of President Donald J. Trump's commitment to reforming VA, is now fully staffed with live agents working to serve Veterans 24-hours a day, 365 days a year.

The hotline, which became 24-hour operational in mid-October, is now staffed by a team consisting of 90 percent Veterans or employees who have a Veteran family member, and is in [response to Veterans' requests](#) to talk to agents who could relate to their experiences.

"The White House VA Hotline provides our nation's Veterans with a direct, dedicated contact line that allows them to interact with highly trained, live agents to answer their needs and concerns," said VA Secretary David J. Shulkin.

"Since the initial launch of the hotline in June, we listened to our Veterans, who indicated that they prefer speaking with other Veterans and Veteran family members, and we adjusted our hiring based on that feedback," added Shulkin.

"We're proud that the hotline is now staffed 24/7 by a team of mostly Veterans or Veteran family members who have direct knowledge of their particular concerns and can use their experience to address them in the best way possible with the resources of the VA. This represents a true win-win for Veterans and their loved ones."

Since 24/7 coverage began in October, the hotline has served more than 10,000 callers.

Hotline agents answer inquiries, provide directory assistance, document concerns about VA care, benefits and services, and expedite the referral and resolution of those concerns. Agents undergo regular updates and training on VA services based on hotline trends and are assisted by newly implemented tracking software to help VA capture and improve its response, referral and resolution processes to best support Veterans.

The hotline can be accessed at 855-948-2311 and is VA's first non-clinical, non-emergency around-the-clock call center. It provides Veterans a supplemental option to report issues if they are not being addressed through VA's normal customer service channels.

The hotline's agents are located at a VA facility in Shepherdstown, West Virginia. Agents have access to a multitude of resources and contact information to help Veterans. The hotline also generates real-time reports to VA experts who can help address the specific issues of Veterans as well as make better-informed decisions on where program improvements are needed.

WOMEN'S VETERAN RETREAT (FLYER)



8 - 10 JUN 2018

4TH ANNUAL WOMEN'S VETERAN RETREAT

Empowerment Conference

The Women's Annual Retreat is an ambitious project that boasts a full support system to benefit each female Veteran with everyday life challenges. There are various outreach programs customized to benefit the entire group; along with team building exercises to unite as one,



Comradery

**Interactive
Engaging &
Connecting**

**Restore Revitalize
& Inspirational**

Team Activities

**Fun Filled
Weekend**

Register Now – Limited Space

Free / Donations Accepted

Location: Lake George

Time: 1400 8 Jun –

1200 10 Jun 18

Contact: Ms. Tami Donaldson

Email:
veteransves@gmail.com

719-330-8895



Zero Percent Student Loan Interest Relief

A Benefit for Military Service

Overview

Service members are exempt from paying interest for up to 60 months on certain student loans while serving in an area that qualifies them for special pay. Service members and veterans may receive a refund if they overpaid interest during previous periods of qualifying service.

The Department of Defense, Department of Education and Department of Veterans Affairs are working to inform eligible military borrowers of this benefit and how to take advantage.

Check out the facts and learn how to apply for zero percent student loan interest relief or receive a refund.

Determine Eligibility

The zero percent provision applies to Direct Loans or a portion of a Direct Consolidation Loan made on or after Oct. 1, 2008. Service members are eligible during any time they received hostile fire or imminent danger pay.

Review Earning Details for Special Pay

Service members need to identify if they are eligible by reviewing past leave and earning statements to determine if they received hostile fire or imminent danger pay.

Take Advantage

Eligible active duty, Reserve, and National Guard members and veterans can take advantage of this benefit to stop interest from accruing, or receive a refund for prior overpayments of interest:

- Check your loan type and loan servicer by logging in to [My Federal Student Aid](#).
- Provide loan servicers with any of the following forms of proof:
 - A leave and earnings statement showing receipt of hostile fire or imminent danger pay
 - A certifying official's statement and signature
 - Military orders showing service in a hostile area

Many loan servicer websites have a dedicated information page for Service members that provides details and assistance.

Learn More

- Visit the [Federal Student Aid website](#).
- Review the brochure, ["For Members of the U.S. Armed Forces: What you need to know about your federal student loan benefits."](#)
- Find your loan servicer's military page.
- Follow the DoD Office of Financial Readiness on:
 - Facebook: <https://www.facebook.com/DoDFINRED>
 - Twitter: <https://www.twitter.com/DoDFINRED>
 - Instagram: <https://www.instagram.com/DoDFINRED>





ARMY COMMUNITY SERVICE PROGRAMS

5 LOVE LANGUAGES CLASS (FLYER)



the **5** Love Languages

Learn how to better communicate with your partner at this **fun** workshop.

9 a.m. to Noon • Thursday, Jan. 11 • ACS Center, bldg. 1526
Register: www.carson.army.mil/acs (719) 526-4590



CHILD-PARENT-RELATIONSHIP CLASS (FLYER)



Family Advocacy Program presents

C-P-R

Child Parent Relationship

Tuesdays • 10 a.m.-1 p.m.
Family Nurturing Center, Bldg. 1354

Learn to use play to better communicate with your child, and through this better your marital relationship.

Register: www.carson.army.mil/acs
(719) 526-4590



FORT CARSON RESIDENTS & DOD ID HOLDERS

APRIL TO DEC. YARD SALE

1ST & 3RD SATURDAYS · 8 A.M. – 3 P.M.

**HELD IN ALL ON-POST HOUSING AREAS &
NORTH COMMUNITY CENTER, 4355 FUNK AVE.
(FOR PARTICIPANTS THAT LIVE IN THE BARRACKS & OFF-POST)**



FOR MORE INFORMATION:
WWW.CARSONARMYAMLACS-17197526-1082



INDIVIDUALIZED EDUCATION PROGRAM (IEP) BASICS WORKSHOP (FLYER)



The flyer features a dark green background with white and yellow text. On the left is the EFM logo with the text 'Exceptional Families' and 'Supporting Military Families with Special Needs'. The main title 'Individualized Education Program IEP Basics' is in a large, stylized font. Below it, the date and time 'April 14 • 10 a.m.-Noon' and location 'ACS Center, bldg. 1526' are listed. A large yellow pencil graphic is on the right, with '2018 MONTH OF THE MILITARY CHILD' written on it. At the bottom right are logos for ACS, MWR, and a disability icon. The website 'www.carson.army.mil/acs' and phone number '(719)526-4590' are at the bottom left.

EFM
Exceptional Families
Supporting Military Families with Special Needs

Individualized Education Program
IEP Basics

April 14 • 10 a.m.-Noon
ACS Center, bldg. 1526

Learn the ins-and-outs
of your child's IEP.

www.carson.army.mil/acs • (719)526-4590

2018 MONTH OF THE MILITARY CHILD

ARMY COMMUNITY SERVICE
ACS
MWR



IEP Basics Workshop

Date: Apr 14, 10 a.m. - 12 p.m.

ACS Center, Bldg. 1526 - 6303 Wetzel Avenue, Building 1526 Fort Carson, Colorado 80913
United States [Google Map](#)

The IEP, Individualized Education Program, is a written document that's developed for each public school child who is eligible for special education. The IEP is created through a team effort and reviewed at least once a year.

This workshop will help you understand what you need to know for your EFM's (Exceptional Family Member) Individualized Education Program with the help of experts.

Contact the ACS (Army Community Service) EFMP with any questions particular to your situation.

WEDS · APRIL 18
NATIONAL VOLUNTEER
WEEK · ICE CREAM SOCIAL
NOON-1:30 P.M. · MAIN EXCHANGE

FOR MORE INFORMATION:
WWW.CARSON.ARMY.MIL/ACS · SEARCH: "ICE CREAM" · (719) 526-1082



NEW PARENT SUPPORT PROGRAMS (FLYER)



NEW PARENT SUPPORT PROGRAM

OFFERED THROUGH THE SOLDIER & FAMILY READINESS PROGRAM AT FORT CARSON

The Army Community Service New Parent Support Program (NPSP) is a professional team of social workers and nurses that provide supportive and caring services to military Families. Our trained and supervised home visitors have extensive knowledge of the issues confronting military parents and are sensitive to the unique challenges they face. The NPSP will help you learn to cope with stress, isolation, post-deployment reunions and the everyday demands of parenthood. A variety of classes are offered to meet the schedule and needs of our Fort Carson Families.

| | | | | |
|----------------|---------------------------------|--|--|--------------------------------|
| Weekly | Infant Massage & Baby Nurturing | Tuesdays 10 a.m.-Noon | Pregnant moms and parents with babies are encouraged to attend. Systematic infant massage strokes alleviate colic, create strong bonds, increase the communication between baby and parent and provide a foundation of unconditional love and attachment. Topics pertaining to infant development and health are discussed. The first Tuesday of each month will feature a nurse and lactation specialist to discuss nutrition, growth and development of babies. No registration required, walk-ins welcomed. | Nurturing Center Bldg. 1354 |
| Weekly | Playgroup | Fridays 10 a.m.-Noon | A fun-filled interactive get together for parents and children. Activities help children improve their social, cognitive and motor skills. No registration required, walk-ins welcomed. | Nurturing Center Bldg. 1354 |
| Weekly | Toddler Time | Thursdays 9:30-11 a.m. | Participants interact on topics such as gross motor enhancement through songs and dance, sensory enrichment through arts and crafts, and nurturing the child as well as the parent. Open to parents with toddlers 18 months or above. No registration required, walk-ins welcomed. | Nurturing Center Bldg. 1354 |
| Monthly | Basic Training for New Moms | 3rd Tuesday of the month 9 a.m.-11 a.m. | Topics include becoming a new mom, caring for your baby and caring for yourself. | ACS Center Bldg. 1526 |
| Monthly | Boot Camp for New Dads | 1st Tuesday of the month 9 a.m.-Noon | Topics include becoming a new dad, caring for your baby and caring for mom. | ACS Center Bldg. 1526 |
| Quarterly | Nurturing (Infant to 5 years) | Check our website for next session | This 12-week class teaches parents how to be nurturing to their children as well as themselves. Topics include communication with your child, how to build your child's self-esteem, behavior management techniques and much more. | Nurturing Center Bldg. 1354 |
| Quarterly | Nurturing (5 to 12 years) | Check our website for next session | This 12-week class includes topics of communication with your child, how to build your child's self-esteem, behavior management techniques and much more. | Nurturing Center Bldg. 1354 |
| By Appointment | Home Visits | Call (719) 526-0461 | A voluntary home visitation program for families expecting a child or with children from birth up to 3 years of age. Services are provided free of charge by NPSP staff. Appointments are available Monday thru Friday from 8 a.m. to 5 p.m., evenings are available on a limited basis. | |



ACS Inclement Weather Policy: If the installation is on a 2 hour or less delay, ACS events will be adjusted to a 9:30 a.m. start time with the exception of the Family Enrichment events (i.e., AFTB, FRG, ITC, Rear D), those will start at their regular start time. If the installation is closed (2 or more hours), ACS classes will be canceled & rescheduled. For installation weather notifications, visit www.fortcarson.army.mil or call (719) 526-0096.



Find us on Facebook:
"Fort Carson ACS Family Nurturing"

NEWCOMER'S ORIENTATION (FLYER)

New to Fort Carson? Been here a week, a month or a year...let's get acquainted! Army Community Service hosts a Newcomer Orientation the second Monday of every month.



Relocation Readiness Program presents

Newcomers Orientation

2nd Monday of every month • 9 a.m. to 1 p.m.
Community Connection, Bldg. 1524

**For those NEW to Fort Carson & for those
who want to know more.**

www.carson.army.mil/acs (719) 526-4590



PREP PROGRAM (FLYER)



Family Advocacy Program
Supporting Healthy Soldier & Family Relationships



PREP

Prevention & Relationship
Education Program

Last Thursday of the month • 9-11:30 am.
ACS Center, bldg. 1526

Learn the 12 components that will set you up for a successful relationship. Achieve your goals as a couple by building on your current strengths and learning new skills.

All types of couples are welcome. It's preferable that all classes are attended, but each does stand on it's own. Register today!

www.carson.army.mil/acs • (719) 526-4590



SOLE PARENTING GROUP (FLYER)

SOle Parenting

a resource group for single parents

Connect with fellow Soldiers and community partners to help you on your journey to survive and thrive as a single parent.

Last Thursday of each Month
Noon-1 P.M. • ACS Center, bldg. 1526

www.carson.army.mil/acs • (719) 526-0461





COMMUNITY PARTNER PROGRAMS

"BE THERE" PEER SUPPORT (FLYER)

BeThere



Peer Support Call and Outreach Center

Active Duty, National Guard, Reserves and family members are eligible to use the BeThere Peer Support Call and Outreach Center's services.

Call and speak to a Veteran or military spouse when you need to:

- Talk to someone who shares your military experience
- Connect to resources
- Get support in any area of life

Peer specialists support you after your call with follow up for as long as you want it.

For unlimited access to confidential peer support, available 24/7/365 worldwide, connect with us today.





Chat: <https://www.BeTherePeerSupport.org>



Text: 480-360-6188



Call: 844-357-PEER (7337)

Follow Us:  @BeTherePeerSupport
 @DoDPeerSupport





★ ★ ★ ★ ★
CIVVIES

**CIVILIAN WEAR FOR
MEN & WOMEN**



In collaboration with Discover Goodwill,
Mt. Carmel presents
“CIVVIES”, a men’s and women’s clothing
boutique to assist with professional and
business casual attire.
A monetary donation is suggested.

*Open daily from 8 am – 5 pm
Donations can be dropped off and processed through
any Goodwill donation center.*

Mt. Carmel can not accept clothing donations

719-309-4714

530 Communication Circle

CTU PATRIOT SCHOLARSHIP OPPORTUNITY (FLYER)



CTU PATRIOT SCHOLARSHIP

ABOUT THE PROGRAM

For ten years, Colorado Technical University has awarded 50 scholarships annually to positively impact the lives of the extraordinary men and women whose lives have been altered due to injury while serving in the United States Armed Forces.

As of January 2018, CTU has awarded 500 scholarships valued at \$8.5 million.

YOUR EDUCATION, ACCESSIBLE

CTU makes it possible for those serving in the U.S. Armed Forces—along with their families and caregivers—to earn a university degree anywhere, anytime. Scholarship recipients have the option to complete an associates, bachelor's, master's, or doctoral degree program online or at one of CTU's campuses in Colorado Springs or Aurora.

WHO IS ELIGIBLE?

- Active-duty members or veterans of the U.S. Armed Forces (including Reserves and National Guard) with a service-connected disability
- Spouses and unmarried dependent children of U.S. service members with a service-connected disability
- Caregivers/non-medical assistants of a service member with a service-connected disability

RECIPIENTS RECEIVE

- Full tuition to any CTU degree program
- New laptop computer
- All course books, in hard-copy or electronic format
- Dedicated Student Success Coach and specially trained military education advisors
- 24/7 technical support and tutoring
- Option to study online or at one of CTU's campuses

IMPORTANT DATES

| | |
|-----------------------|--------------------------|
| March 1, 2018 | Application Window Opens |
| June 30, 2018 | Application Deadline |
| November 11, 2018 | Recipients Announced |
| January/February 2019 | Recipients Start Class |



START YOUR APPLICATION

coloradotech.edu/CTUPatriot



EQUINE ASSISTED THERAPY GROUP FOR AD MILITARY, VETERANS AND THEIR SPOUSES (FLYER)

#



Equine Assisted Therapy Group for Active Duty Military, Veterans, and their Spouses

What is EAT?

As an experiential psychotherapy, EAT uses horses to help the client(s) increase their self-awareness and repattern any maladaptive behaviors, feelings and attitudes. In relationships and families, this allows for clearer communication, a strengthening of bonds, and overall resilience through life's ups and downs.

How do I sign up?

Contact Chester DeAngelis @
719-495-3908
deangelis@pptrc.org

Who can sign up?

Individuals and Couples who
have TRICARE health coverage



Spaces Still Available- Register Anytime!!!

**EAT OFFERED FOR
THOSE WITH
TRICARE COVERAGE**

**AVAILABLE FOR
INDIVIDUALS AND
COUPLES**

**WEEKLY GROUP
SESSIONS
MONDAYS
11 TO 12:30**

**STRENGTHEN
BONDS, ENHANCE
COMMUNICATION,
AND BUILD
RESILIENCE**

PIKES PEAK THERAPEUTIC RIDING CENTER

**DOM CIMINO CENTER AT
NORRIS PENROSE
EQUESTRIAN CENTER
1035 Lower Gold Camp Rd
Colorado Springs, CO 80905**

www.PPTRC.org

□



FIRST VISITOR

"To Provide Exceptional Health Care to People Facing Access Barriers."

peakvista.org

(719) 344-6639

(English)

(719) 344-7147

(Spanish)



Program A
Prenatal - 12 mos.

Discover your newborn's amazing abilities.



Program B
12 mos. - 24 mos.

Encourage language development.
Proper nutrition and portion size.




Program C
24 mos. - 36 mos.

Master positive discipline and guidance.
Teaching tips on toilet training.

Want to make a difference in your child's life? First Visitor is a FREE home support program designed to celebrate the birth and growth of every child. We provide new parents with emotional support, a network of community-based resources; as well as, basic information on child health, nutrition, safety and early development during the critical first three years!

FREE PRESCHOOL AT FORT CARSON CPCD (FLYER)

A young child with dark hair, wearing a red shirt and a green patterned cardigan, is looking upwards and to the right. Their right hand is reaching towards a computer keyboard. The background is a plain, light-colored wall.

Most of a
child's brain
growth occurs
before age 5.
**Is your child
school-ready?**

CPCD's Ft. Carson center provides **free preschool** and complete early childhood services to qualifying children (0 to 5) and families.

Call us today to learn more.



(719) 635-1536 | cpcdheadstart.org

FREE YOGA (FLYER)



Free Classes to Learn: Breathing Techniques and Stretching to Reduce Stress

Do you experience any of these symptoms on a consistent basis?

**Lack of Focus
Fatigue
Chronic Pain
Depression
Addictive Behaviors
Feeling Isolated
Loss of Concentration
Loss of Interest in Hobbies
Loss of Affection
Flashbacks
Nightmares
Insomnia**

Free classes open to all Veterans, Service Members and their Families. Learn to experience stress with less psychological cost, and gain some peace of mind.

Please call to register or stop by to visit and see what we are all about!

719-309-4714

MtCarmelVeterans.org

**530 Communication Circle
Colorado Springs, CO 80905**

HEALING HORSES FOR THE ARMED FORCES (FLYER)



Healing Horses for the Armed Forces



Active duty and veteran service members as well as their family members are invited to come to the ranch and spend time with a horse free of charge.

Experience a safe place to adjust, reconnect, and be reminded that there is always hope ... no matter what you have faced.

Contact us to schedule a session.

Suzy MacKenzie

Founder and Executive Director

www.eaglesnestranch.org

eaglesnestranch501@gmail.com

303.596.2784 → P.O. Box 1677, Parker, CO 80134



HORSEMANSHIP FOR VETERANS AND ACTIVE DUTY (FLYER)



Promise Ranch Therapeutic Riding
6230 East Highway 86
Franktown, CO 80116
(303) 817-6531
prtr.org



Horsemanship for Veterans and Active Duty Service Members

Our horsemanship class is open to both veterans and active duty service members of the U.S. armed forces. This class focuses on teaching horse behavior and psychology, safety around horses, as well as basic groundwork skills as a platform for further equine education, and as an exciting opportunity for experiential learning.

Through meaningful individual and group interactions with our horses, participants will learn how to create safe, fair, and effective horse-human relationships, and may develop or improve important life skills such as self-awareness, self-confidence, verbal and non-verbal communication skills, and emotional regulation.

Some benefits of this program include:

- Camaraderie with other veterans and active duty service members of all branches of the U.S. armed forces
- Volunteer opportunities
- Progressive work toward advanced horsemanship skills
- Horseback riding lesson opportunities

To sign up or to get more information, please email info@prtr.org

"Achieving Goals, Enhancing Lives, Healing through Horses"

Promise Ranch Therapeutic Riding is a 501(c)3 organization. Our tax ID # is: 26-2431767.

Mailing address: P.O. Box 545, Franktown, CO 80116



Lift for the 22 Offers Free Gym Memberships for Veterans

📅 March 28, 2018 👤 Denise Harris 📁 Health

Lift For The 22 is an organization designed to provide free one year gym memberships to the veteran community in order to reduce veteran suicide. By partnering with fitness facilities across the country who donate gym memberships to Lift For The 22, our program can redistribute thousands of gym memberships to the veteran community every year. More gyms = more memberships available. Lift For The 22 aims to provide fitness as a new transitional tool for the veteran community.

3 gyms in Colorado are currently participating in Lift for the 22:

CO Springs Fit Quest

Racks and Roses Kinetic Training Systems in Lakewood

Golden Fights MMA Gym in Grand Junction

For more information, visit <https://www.liftforthe22.org>.



SOUTHERN FRONT RANGE

APPLY NOW!

SUMMER OF SERVICE CORPSMEMBERS

May–August 2018

- Trail Work, Fire Mitigation, and more!
- Earn \$720 bi-weekly stipend (before taxes)
- Earn a \$1,583 AmeriCorps Education Award to pay for college, student loans, certifications
- Must be 18-24 years of age to apply
- Must have a G.E.D. or H.S. Diploma



To apply:

Visit milehighyouthcorps.org and click "Apply Now".

Mile High Youth Corps is committed to the inclusion of members with all levels of ability. Reasonable accommodations are available upon request. This program is available to all, without regard to race, color, national origin, disability, age, sex, political affiliation, or, in most instances, religion.

MILITARY PARENTS NIGHT OUT (FLYER)



ARMED SERVICES YMCA

FOR YOUTH DEVELOPMENT *
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



Southeast & Armed Services YMCA

MILITARY PARENTS NEED SOME TIME ALONE?

Parents, have a night out! Drop off your kids at the Southeast & Armed Services Y for our monthly Parents Night Out Event.

Parents, this is your chance to go out to dinner, catch a movie, gather with friends or simply enjoy some quiet time at home. Bring your children and their friends to the Y for a super fun evening of healthy activities, great food, games and all-around good fun. Military Parent's Night Out is open to all military families and children.

2018 DATES

April 21
May 19
June 16
July 15
August 18

September 15
October 20
November 17
December 16

TIME

5-10 p.m.

AGES

3 — 12 (Must be potty trained.)

COST

Y Member Military Rate:

E1-E5: \$15

(Active Duty, National Guard,
Reserve, Independent Duty)

E6 & Above: \$20

(Veterans, Retirees, Contractors)

Non Y Member Military Rate:

E1-E5: \$22.50

(Active Duty, National Guard,
Reserve, Independent Duty)

E6 & Above: \$30

(Veterans, Retirees, Contractors)

Must present E1-E5 military ID upon check-in.



Must register in person.

First time only. Must present valid DoD active duty ID card for validation. May register via phone after validation.

For more information or to sign up please contact
Child Watch Coordinator Camisha Mobley at
cmobley@ppymca.org or

Military Outreach Director Drew Aquino at
daqino@ppymca.org or call 719.622.9622.

Southeast Family Center & Armed Services YMCA
2190 Jet Wing Drive
Colorado Springs, CO 80916
719.622.9622
ppymca.org

/SoutheastArmedServicesYMCA

★ ★ ★ MAKING MILITARY LIFE EASIER. ★ ★ ★

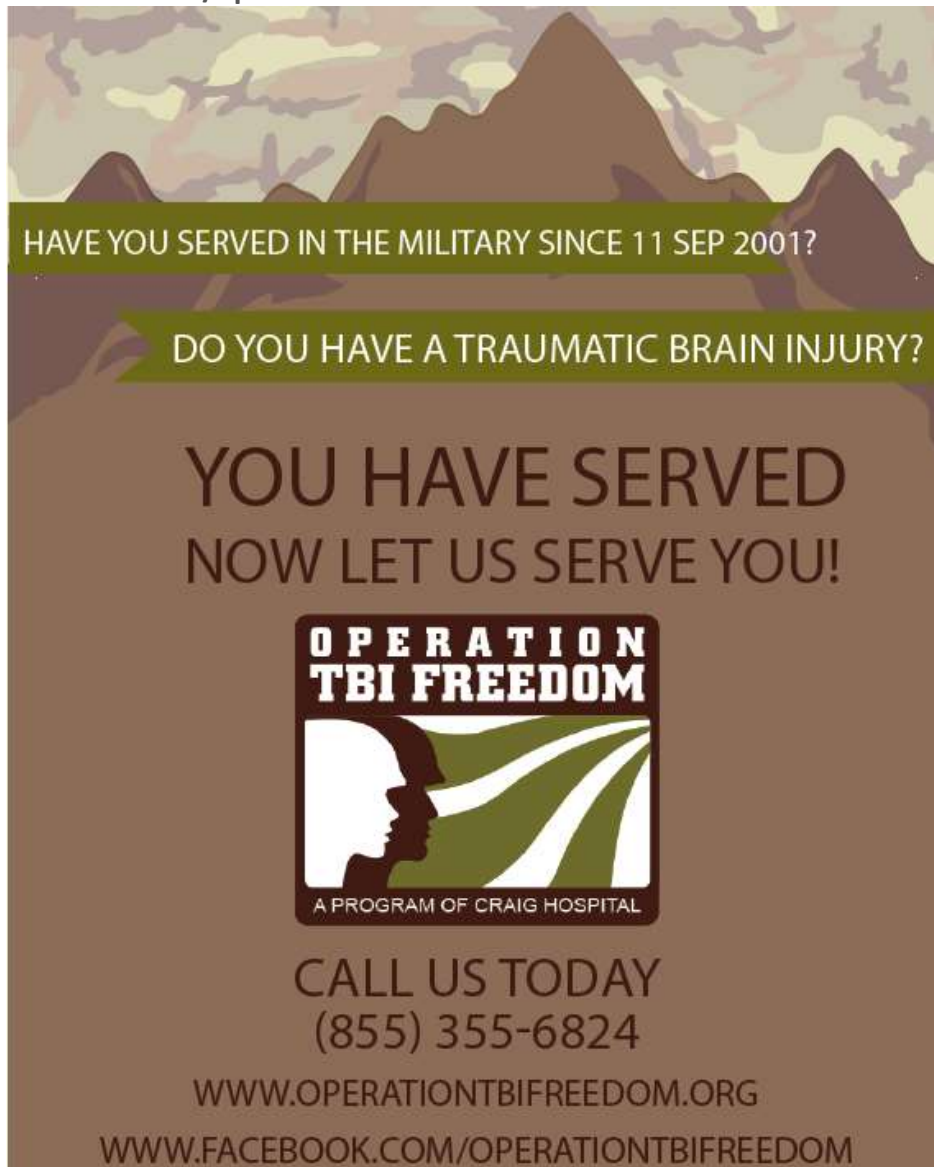
OPERATION TBI FREEDOM (FLYERS)

Operation TBI Freedom a Colorado non-profit that is located in Colorado Springs and offers case management services throughout Colorado. Services provided include (but are not limited to): crisis management, employment/education training, psychosocial educational programming, assistance navigating complex benefits system, etc. For more information or apply for our assistance please call or email us.

Toll Free: (855) 355-6824

Email: OTF@craighospital.org

Facebook: www.Facebook.com/operationtbifreedom




HAVE YOU SERVED IN THE MILITARY SINCE 11 SEP 2001?

DO YOU HAVE A TRAUMATIC BRAIN INJURY?

YOU HAVE SERVED
NOW LET US SERVE YOU!

**OPERATION
TBI FREEDOM**



A PROGRAM OF CRAIG HOSPITAL

CALL US TODAY
(855) 355-6824

WWW.OPERATIONTBIFREEDOM.ORG

WWW.FACEBOOK.COM/OPERATIONTBIFREEDOM

OPERATION TBI FREEDOM



A PROGRAM OF CRAIG HOSPITAL

Operation TBI Freedom (OTF) is a privately funded program of Craig Hospital, that assists Veterans and active duty military personnel living or stationed in Colorado with traumatic brain injuries (TBI) who have served since September 11, 2001. More than 7,200 military personnel with a TBI will return to Colorado in the next three years. Our program tailors a unique plan for each client that promotes optimum independence, productivity and successful reintegration into civilian life.

Each Veteran is assigned a Military Support Specialist (MSS) who is a Veteran and Certified Brain Injury Specialist. The MSS begins with a comprehensive analysis of the Veteran's needs and concerns. It is the responsibility of the MSS to use all resources—the Veterans Administration, local governmental and non-governmental entities—as efficiently as possible, ensuring no duplication of effort. OTF analyzes complex VA benefits, identifies potential benefit enhancements and assists the Veteran in maximizing his or her access to healthcare and other benefits. OTF has leveraged more than \$5.5 million in services and therapies through our partnerships with military and community organizations.

Services provided or coordinated by OTF include the following:

- Crisis management and counseling
- Employment training and support
- Peer and Family support groups
- Assistive technology devices
- Emergency financial assistance for food and housing needs
- Mentoring
- Medical care
- Parenting classes
- Mental health referrals
- Assistance navigating complicated benefit processes



Learn more at craighospital.org/OTF

Painting (and more) Class at Mt. Carmel

530 Communication Circle, Colorado Springs, CO 80905

The **Bemis School of Art** and **Mt. Carmel Veterans Service Center** Invite You:



Join us for this 3-part session to learn art making techniques that help with stress reduction and enhance self-healing. Each activity is designed to create a relaxed and safe environment for self-discovery using a variety of art materials and methods. No experience is necessary.

Free for all veterans, active duty military, and family members 18 years of age and up. Meets once a month for 3 months.

Painting by TJ Darbe.

3rd Mondays in April, May, and June: 6pm-8pm
(4/16, 5/21, and 6/18)

Instructor: Kimberlie Griffis- MS, MA, Registered Psychotherapist/Art Therapist

To Register: Call Mt. Carmel (719) 309-4714





Free Classes to Learn: Tai Chi Boxing and Energetics

If you deal with any of the following symptoms or conditions:

PTSD
Fatigue
Chronic Pain
Depression
Loss of Concentration
Anxiety
Heart Disease
Balance issues

Come out and learn an alternative way to deal with these types of issues, and an ancient martial art while you're at it.

This Tai Chi Boxing class is free and open to all Veterans, Service Members and their Families.

We will focus on learning the Yang Family 108 long form along with the martial application and energetics for each movement.

If you have any questions, please feel free to e-mail me at;
Louis.Weiss15@gmail.com

Please go to our website for more information; mtcarmelveterans.org

719-309-4714

MtCarmelVeterans.org

530 Communication Circle

Colorado Springs, CO 80905

8:00am – 5:00pm M-F

Women's Resource Agency

TEACH • EMPOWER • ADVOCATE

We're opening a location in Fountain, CO!

Starting **January 18, 2018**, we will be available for assistance with...

- 📎 Resources
- 📎 Job Search
- 📎 Resumes
- 📎 Interviewing
- 📎 Support



There are also **six computers** available for anyone to use.

Call our main office at **(719) 471-3170** to make an appointment!

Women's Resource Agency – Fountain

Peak Vista Building, Pikes Peak Workforce Center Office

350 Lyckman Dr, Fountain, CO, 80817

Open Tuesdays and Thursdays from 10 AM to 4 PM

Helping women of all ages to attain and maintain self-sufficiency since 1972.

****This e-mail is for informational purposes only. Distribution of this information does not express nor imply endorsement by Fort Carson or the US Army. Private Organizations are not affiliated with Fort Carson or the US Army.**