



Community Resource Guide – Government Shutdown

OCT 2025 a/o 22OCT25

For official Fort Carson updates please visit: <https://home.army.mil/carson/>

GENERAL RESOURCE ASSISTANCE

211	https://www.211colorado.org/ or dial 211 or (866)760-6489 toll free	Confidential and multilingual service connecting people to vital resources across the state. No matter where you live in Colorado, find information about resources in your local community.
Military OneSource	https://www.militaryonesource.mil or 1-800-342-9647	24/7 information, resources and confidential help for Active-Duty and their Families.
Mt. Carmel Veteran Service Center	https://www.veteranscenter.org or 719-772-7000	Support and services in a variety of areas for military, Veterans, and their Families.

ADVOCACY

Fort Carson 24/7 Victim Advocacy Hotline	Call or text: (719) 243-7907	Victims of domestic violence and sexual abuse have round-the-clock access to services, including emergency assistance, information, referrals, and ongoing support in accessing medical, behavioral health, legal, and law enforcement services.
Colorado Child Abuse and Neglect Hotline	1-844-CO-4-Kids (1-844-264-5437)	For individuals to use statewide to report suspected child abuse and neglect.
Safe Helpline	(877) 995-5247 https://www.safehelpline.org/	DoD Safe Helpline is the sole secure, confidential, and anonymous crisis support service specially designed for military affected by sexual assault.
TESSA 24/7 Domestic Violence Hotline	719-633-3819 https://www.tessacs.org/	TESSA offers confidential support and services for victims of domestic violence and sexual assault: Safe Line, Safehouse, Victim Advocacy, Youth & Children's Program, and Counseling

EMPLOYMENT/CAREER SERVICES

Pikes Peak Workforce Center	(719) 667-3700 https://ppwfc.org	Career transitions, guidance, development, education, training, hiring events and job fairs.
Spouse Education and Career Counseling (SECO)	https://myseco.militaryonesources.mil/portal/	Education and career opportunity guidance and resources for military spouses. Job search, career coach, education resources.

FINANCIAL

Your Financial and Banking Institutions	Your Banking, Loan, and Mortgage accounts	Many banking and financial institutions provide a great deal of assistance by providing no-interest loans, bridge loans, mortgage and other late fee forgiveness, etc. Check your institution for offerings.
Army Emergency Relief	(719) 526-4783 https://carson.armymwr.com/AER	Provide grants, interest-free loans and scholarships to promote readiness and help relieve financial distress of Soldiers and their Families. Online application.
Operation Homefront	1-877-264-3968 https://operationhomefront.org/cfa-eligibility/	Provides short-term financial help for military families who are experiencing financial hardship.

		To find out if you qualify, please review their eligibility criteria.
FOOD & NUTRITION		
Care and Share	https://careandshare.org/findfood/	Individuals and families looking for permanent locations that provide a traditional food pantry shopping experience. Some may also provide outdoor walk-up or drive-up options. This is the best option if you are looking to consistent access to food along with other services.
MENTAL HEALTH		
Military Family Life Counselors (MFLC)	719-323-0944 https://carson.armymwr.com/programs/military-and-family-life-counselors-mflc	Free confidential counseling to Service Members and immediate Family members. On-post/off-post, short-term, problem-solving support from Master's or Doctorate-level licensed counselors. Individual, couples, families and groups.
988 Suicide & Crisis Lifeline	Call or Text 988 https://988lifeline.org/	The 988 Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.
Colorado Crisis Services	1-844-493-8255	Free, confidential, professional, 24/7 support
Military OneSource	1-800-342-9647	Free, non-medical counseling, 24/7
FEDERAL CIVILIAN EMPLOYEES		
FEEA	https://feea.org	Federal Employee Education and Assistance Fund offers a \$150 Shutdown Grant for full-time civilian federal employees who are furloughed or working in excepted status whose current federal salary is \$59,999 or less, including any locality pay.
Unemployment Compensation for Federal Employees (UCFE) Program	https://cdle.colorado.gov/unemployment/resources-for-federal-workers/shutdown-resources online application submission	Offers temporary financial support. Furloughed Federal workers may be eligible for unemployment, responsible for repaying any collected benefits if they receive back pay for furlough time.

PLEASE VISIT THE RESOURCE GUIDES LISTED BELOW FOR MORE INFORMATION ABOUT SERVICES AVAILABLE IN THE COMMUNITY.

Family Success Center - <https://www.ppunitedway.org/family-success-center/>
Pikes Peak Library Community Resources - <https://research.ppld.org/HelpingHands>
Military OneSource - <https://www.militaryonesource.mil/>
Pikes Peak United Way - <https://www.ppunitedway.org/>
Silver Key Senior Services - <https://www.silverkey.org/>



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*No US Army/ Fort Carson endorsement implied. Information listed is subject to change.
This resource guide is not indicative of all resources available.*