



The "Pass It On" is available online at: <https://carson.armymwr.com/programs/pass-it-on>

14 JUNE 2018

Our mission at ACS is to prepare and empower our Total Military Family to meet the challenges of military life by providing essential programs, resources, and services that enhance knowledge, life skills, well-being, quality of life, and retention.

Army Community Service:
719-526-4590

On Facebook: Fort Carson Army Community Service

On Twitter: FortCarsonACS

On the web:
www.carson.army.mil/acs

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ADVISORIES AND NOTICES

CHANGE OF COMMAND UPCOMING DATES

DATE	UNIT	TIME	LOCATION
18 JUN	4STB	1530	Founder's Field
20 JUN	242 EOD Bn	1300	Founder's Field
22 JUN	1 st Space Bde Change of Responsibility	1000	Founder's Field
22 JUN	AFSBn	1330	Founder's Field
26 JUN	588 BEB	1330	Founder's Field
06 JUL	USAG	1000	Founder's Field
06 JUL	1 ST SPACE Bn	1330	Founder's Field
13 JUL	759 th MP Bn	1000	Founder's Field
13 JUL	1 st Space Bde	1400	Founder's Field

BUTTS ROAD CONSTRUCTION ALTERNATE ROUTES

A Butts Road reconstruction project between the Crows Foot Bridge and Wilderness Road begins May 29 and is slated for completion by Sept. 30. The reconstruction project involves repaving the roadway and intersection improvements at Skyraider Lane, Route 5A and Frank Baldwin Road. During the reconstruction, there will be two-way traffic flow open on Butts Road during the duty day. Flaggers will reduce traffic to one-way through the work zones at night and on weekends. Despite two-way traffic flow open on Butts Road during the day, traffic speeds will be reduced and drivers should anticipate additional delays. It is recommended that drivers consider using alternate routes such as those through Gates 6 and 19 while the project is underway. For more information regarding this project, contact the Directorate of Public Works Traffic Engineering at 526-9267.

COMMUNITY INFORMATION EXCHANGE

The next Community Information Exchange will be held on Thursday, June 28th at the Elkhorn, 9:00a.m.

ED CENTER LOCATION UPDATES

--Education center computer lab moved: The Computer Lab has moved from the Education Center to building 1012, room 103. This 50-station, CAC-enabled facility is open to Soldiers Monday-Friday from 8 a.m. to 5 p.m. (closed on federal holidays) and has scanning and print capability (10-page limit per day).

--Army personnel testing (APT) relocated: The Army Personnel Testing Office has relocated. Exams given include DLPT, DLAB, SIFT, AFCT, OPI, TABE, Pre-GT and SAT/ACTs. For any inquiries, or to schedule an exam or to pick up exam results, visit the Education Center Reception/Admin Office, building 1117, room 150. Soldiers already scheduled for exams should call 526-2124 in advance to confirm the exam location.

--On-post college offices relocated: The following college offices have moved from the Education Center to building 1012, second floor: Embry-Riddle Aeronautical University (ERAU), University of Colorado-Colorado Springs (UCCS), Colorado State University-Pueblo (CSU-P), the TRiO office and Pikes Peak Community College (PPCC). Visit these colleges and explore the many opportunities available for Soldiers and Family members on Fort Carson and in the Colorado Springs community, especially with the fall term not far off. The TRiO office will assist with financial aid opportunities, completing the FAFSA, etc.

FILING A CLAIM FOR HAIL DAMAGE

In response to the recent hailstorm that occurred on 12 June 2018, claims for damage will be submitted and considered in accordance with AR 27-20 and DA PAM 27-162. Claims for damage occurring OFF of Fort Carson that are not "incident to service" are NOT payable. Be advised that as stated in DA PAM 27-162 ¶ 11-5 c (3) "Two different types of incidents may be considered unusual occurrences, those of an unusual nature, such as a lightning bolt striking and destroying a vehicle, and those of a common nature that occur in an unexpected degree of severity, such as a golf ball-sized hailstone striking and denting a vehicle." Golf ball-sized hail has been determined to be hail that is 2" or larger. If your vehicle received damage as a result of hail 2" or larger on Fort Carson, please follow the below instructions for filing your claim.

1. General Instructions for Filing a Claim with the Army Center for Personnel Claims Support.

a. You must file a claim with your insurance company before filing a claim with the Center for Personnel Claims Support (CPCS). If you only have liability insurance or your deductible is greater than your damages, you may skip this step, but you must provide a copy of your policy to CPCS. Claims filed by contractors are not payable under the relevant statute.

b. Gather documents in support of your claim. Required documentation/paperwork is discussed in section 2 below.

c. Log into the Personnel Claims Army Information Management System (PCLAIMS PLUS) at www.jagcnet5.army.mil/pclaims. You must log in with your CAC card on a computer on a .mil domain. Follow the instructions for filing a claim on PCLAIMS PLUS. You must upload documents in support of your claim onto PCLAIMS PLUS.

d. When filing on PCLAIMS you MUST upload the following documents to your claim.

2. Required Documentation

a. Proof of filing with insurance. You must provide a copy of your policy to CPCS if the damages are not covered or are less than the deductible.

b. Pictures of the damages.

c. A completed CEFT Form (available on PCLAIMS PLUS).

d. Power of Attorney or written authorization to file claim (if filed by other than claimant/owner).

e. Military Police Report or statement from your supervisor stating the time, date, place, and manner that the damage occurred. Statements provided by Civilian employees should also indicate your duty status at the time of the loss.

g. One estimate of repair (motor vehicle claims) or proof of value of loss.

h. Motor vehicle registration and insurance. For claims for damage to motor vehicles, you must show proof that your vehicle registration and insurance were valid at the time of the loss.

Failure to provide any of the documentation or follow the instructions above may result in a delay in the processing of your claim.

For further information please contact the Center for Personnel Claims Support (CPCS), at 502-626-3000 or by email at usarmy.knox.hqda-otjag.mbx.cpcs@mail.mil.

FORT CARSON ROAD & PARKING LOT CONSTRUCTION ADVISORIES

Visit <http://www.carson.army.mil/organizations/dpw.html> for details and maps

FORT CARSON ROAD & PARKING LOT CONSTRUCTION ADVISORIES



- Butts Road Paving
- Iron Horse Park Parking Lot Paving
- Parking Lot Repairs in 1 SBCT Area
- Bad Toelz Road and Devens Street Repairs in the 10 Special Forces Group Area
- Special Events Center Track and Field Parking Lot Construction
- Woodfill Road and Sheridan Avenue Intersection Improvements
- Gate 20 Tank Trail Crossing Safety Signal Installation
- St. Lo Circle Culvert Replacement
- Division Schools Parking Lot Drainage Repairs



As of: 29 May 2018



TRANSITION WEBSITES

Soldiers who need access to levy briefings, ETS, retirements and other associated information can access it at the following web links while updates are still being made to the Fort Carson website:

--<http://www.carson.army.mil/dhr/DHR/MPD/PPB/Briefings/Levy.html>

--<http://www.carson.army.mil/dhr/DHR/MPD/PPB/Briefings/Transition.html>

For more information, contact Keith Cashion, CAPS Chief, at 526-9732 or Arlene Nicholson, Transitions chief at 526-2660.

#MILCHAT ON TWITTER – STOP FRAUD COLORADO

#MilChat on Twitter

Hosted by [@StopFraudCo](#), the Colorado Attorney General's Office Consumer Protection Section



Moving & Relocating Tips for the Military Community
June 14, 2018 at 1 p.m. M.T. / 3 p.m. E.T.

Questions:

1. What consumer pitfalls should Military families watch for during a PCS (Permanent Change of Station)?
2. What's a rental scam? How does it work?
3. When trying to spot rental scams, what red flags should I watch for?
4. What should military families do when looking for a home or apartment to rent or buy?
5. How does relocating increase your risk of identity theft?
6. How can I protect my family's identities during a move?
7. What kind of employment scams should moving families be aware of?
8. How can you spot job scams and what should you do to avoid them?
9. What other great advice do you have for families going through a PCS (Permanent Change of Station)?
10. Where can Military consumers find resources to help them through relocating?

**Join our monthly #MilChat on Twitter during the
second Thursday of every month at 1 p.m M.T. / 3 p.m. E.T.**

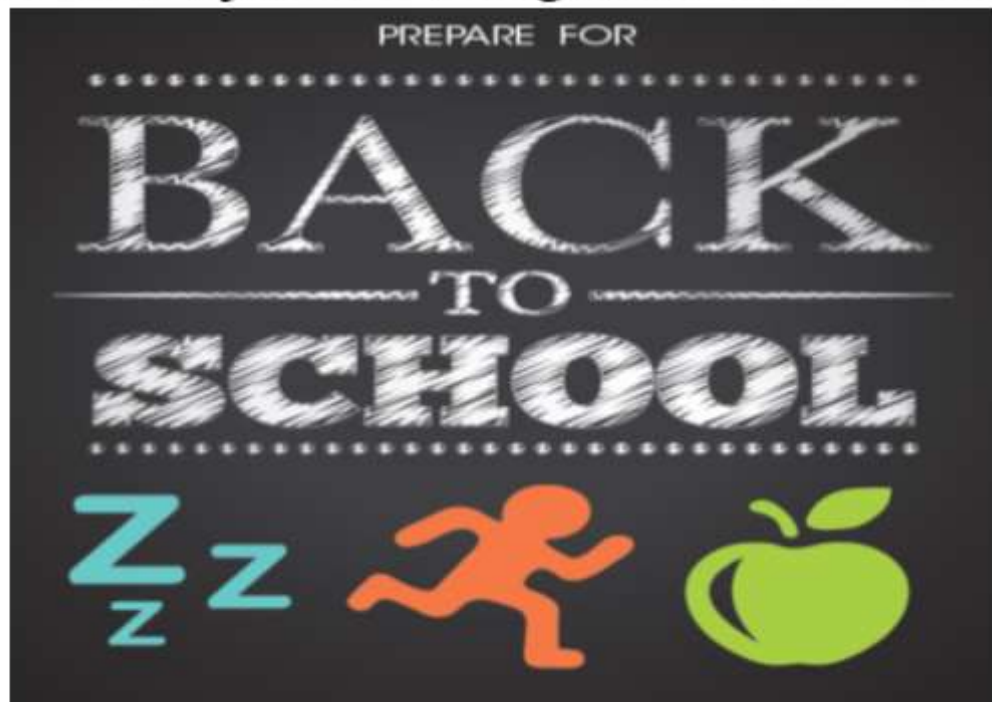
ANNUAL SPORTS-SCHOOL PHYSICALS

Annual Sports-School Physical Event

Held in Warrior Family Medicine Clinic,

Evans Army Comm. Hospital, Ft. Carson

SAT: 14 July and 04 Aug from 0730 -1600hrs



Call Access to Care Line:

(719) 524-2273 or (719) 526-2273

Ages: 4—21, School and Sports Physicals

ARMY BIRTHDAY MEALS

In observance of the Army's 243rd birthday, the following dining facilities (DFAC) will have special meals June 14 from 11:30 a.m. to 1 p.m. The cost for the meal is \$9.10 or \$6.80 for Family members of corporals and below.

--Robert C. Stack DFAC, 2330 Utah Beach Drive, menu includes shrimp cocktail, salmon, steamship, bone-in ham, chicken breast, kabobs, grilled turkey, pork chop, corn on the cob, Brussel sprouts, squash, sautéed green beans, macaroni and cheese, wild rice, garlic roasted herb red potatoes, roasted sweet potatoes with honey and cinnamon, a salad bar and Army Birthday cake.

--Warfighter DFAC, 9439 Warfighter Road, menu includes Warfighter gumbo; broccoli, cheese and potato soup; meatloaf, grilled steak wrapped in turkey bacon with sautéed mushrooms and onions; lemon chicken; glazed, smoked spareribs; seafood sausage with corn puree; saffron rice; twice-baked potatoes; asparagus; curry vegetables; jalapeno and sweet cornbread muffins; salads; Caribbean stir fry bar; Army Birthday cake; bread pudding; cherry crisp; banana split brownie; yogurt parfait; and fruit salad.

COLORADO SPRINGS CONSERVATORY FREE SHOWING

The Colorado Springs Conservatory is opening up their final Dress Rehearsal for Jack, A Moral Musical, to District 8 and Fort Carson families. The production is done by kids for kids, generally ages 6-14. Several Broadway stars (Conservatory Graduates) have returned to help put this together. The Director, Josh Franklin, is a Tony Award winner and Conservatory graduate.

Information about Final Dress Rehearsal:

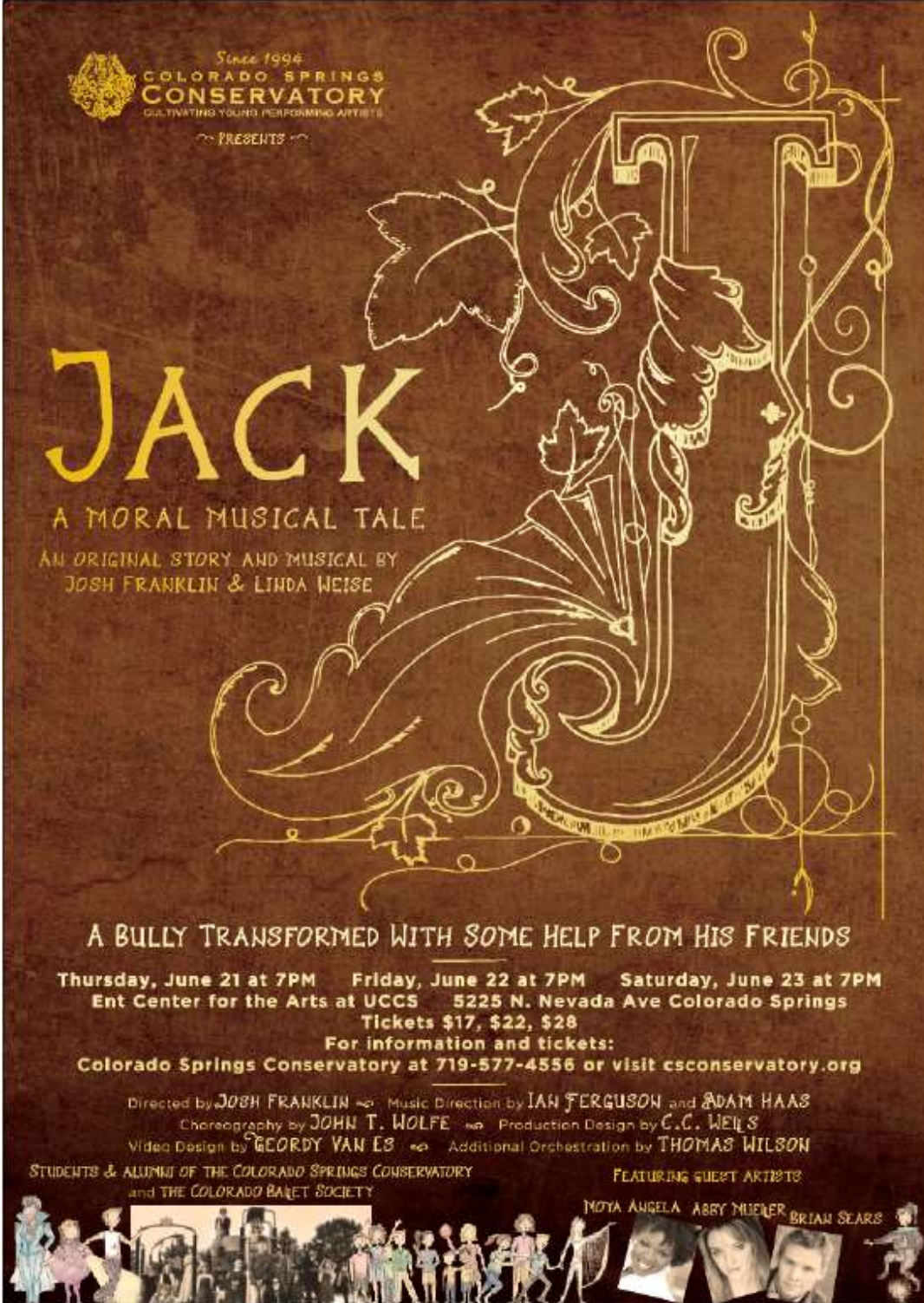
7PM Performance

645PM Doors Close for seating

Wednesday, June 20

Ent Center for the Arts

Main Theater



Since 1994
COLORADO SPRINGS CONSERVATORY
CULTIVATING YOUNG PERFORMING ARTISTS
PRESENTS

JACK

A MORAL MUSICAL TALE
AN ORIGINAL STORY AND MUSICAL BY
JOSH FRANKLIN & LINDA WEISE

A BULLY TRANSFORMED WITH SOME HELP FROM HIS FRIENDS

Thursday, June 21 at 7PM Friday, June 22 at 7PM Saturday, June 23 at 7PM
Ent Center for the Arts at UCCS 5225 N. Nevada Ave Colorado Springs
Tickets \$17, \$22, \$28
For information and tickets:
Colorado Springs Conservatory at 719-577-4556 or visit csconservatory.org

Directed by JOSH FRANKLIN Music Direction by IAN FERGUSON and ADAM HAAS
Choreography by JOHN T. WOLFE Production Design by C.C. WELLS
Video Design by GEORDY VAN ES Additional Orchestration by THOMAS WILSON

STUDENTS & ALUMNI OF THE COLORADO SPRINGS CONSERVATORY
and THE COLORADO BALLET SOCIETY

FEATURING GUEST ARTISTS
MOYA ANGELA ABBY MEINER BRIAN SEARS

Join Us for A Parent's Focus Group



We Want Your Opinions About How We can Better Assist Our Youth

**“IT TAKES A VILLAGE TO RAISE A CHILD”
LET’S WORK TOGETHER TO BE THAT VILLAGE**

We would like your input! Please help us answer these questions:

- ~ Is your youth failing in school and you are unsure what to do?
 - ~ What would help with getting them back on the right track?
 - ~ Who could be most helpful?
- What support would you need to help your child?

The Kingdom Builder's Family Life Center is revamping their current programs and want to learn more about issues that youth between the ages of 11-17 face. We want to hear from YOU!

Your opinions & experiences matter!

We are looking for 15-20 parents who have children between ages 11-17 to participate in a 2-hour focus group discussion. A focus group is a discussion with 15 to 20 people about their views and experiences of chosen topics. We will have 2 different focus groups and you are only allowed to sign-up for one of the sessions. This will be a facilitator lead discussion.

- **When:** Monday, July 9, 2018 and Wednesday July 25, 2018
6:00 - 8:00 pm (Snacks and a store gift card will be provided to participants)
- **Where:** 411 Lakewood Circle #C206A, Colorado Springs, CO (Satellite Hotel 2nd floor)
-

To Register for the Focus Group: Go to Eventbrite and cut and paste link below on the date you would like register for.

July 9th: <https://www.eventbrite.com/e/project-right-direction-parent-focus-group-tickets-46886801686>

July 25th: <https://www.eventbrite.com/e/project-right-direction-parent-focus-group-tickets-46886882929>

Questions? Please call the local focus group leader, Lisa Jenkins at 719-464-6676

ALL INFORMATION WILL BE CONFIDENTIAL. No one will be identified by name in any reports. No one's name will be shared with any other agency.

Join Us for A Young Adult Focus Group



We Want Your Opinions About How We can Better Assist Our Youth

**“IT TAKES A VILLAGE TO RAISE A CHILD”
LET’S WORK TOGETHER TO BE THAT VILLAGE**

We would like your input! Please help us answer these questions:

- ~ What obstacles have you gone through and you wish you had support to overcome them?
- ~ What would have helped you get back on the right track?
- ~ Who could be most helpful?

The Kingdom Builder’s Family Life Center is revamping their current programs and want to learn more about issues that young adults between the ages of 18-24 face. We want to hear from YOU!

Your opinions & experiences matter!

We are looking for 15-20 young adults between the ages of 18-24 to participate in a 2-hour *focus group* discussion. A focus group is a discussion about their views and experiences of chosen topics. We will have 2 different focus groups and you are only allowed to sign-up for one of the sessions. This will be a facilitator lead discussion.

- **When:** Monday, July 2, 2018 and Wednesday July 18, 2018
6:00 – 8:00 pm (Snacks and a store gift card will be provided to participants)
- **Where:** 411 Lakewood Circle #C206A, Colorado Springs, CO (Satellite Hotel 2nd floor)
-

To Register for the Focus Group: Go to eventbrite and cut and paste below link for the date you are interested in registering for:

July 2: <https://www.eventbrite.com/e/project-right-direction-young-adult-focus-group-tickets-46885589059>

July 18th: <https://www.eventbrite.com/e/project-right-direction-young-adult-focus-group-tickets-46885966187>

Questions? Please call the local focus group leader, Lisa Jenkins at 719-464-6676

ALL INFORMATION WILL BE CONFIDENTIAL. No one will be identified by name in any reports. No one’s name will be shared with any other agency.

SPONSORSHIP TRAINING

The Army Community Service (ACS) Relocation Readiness Program trains installation sponsors on the sponsorship process in accordance with Army Regulation 608-1 (Army Community Service) and AR 600-8-8 (The Total Army Sponsorship Program). Training covers all ACS programs and the Army Career Tracker (<https://actnow.army.mil>) website where sponsorship is concerned. Training allows designated brigade unit sponsorship coordinators (USC), NCOs and/or officers in the rank of sergeant or higher to train and certify installation sponsors (in their respective brigades) to minimize the stressors which arise during the permanent change of station (PCS) process. The next training will be held June 18-19 from 9:30 a.m. to 4 p.m. at building 1524. Sign up at Eventbrite.com <https://www.eventbrite.com/e/sponsorship-train-the-trainer-training-t3-tickets-38506514020?aff=eac2>.



Warriors Write!

A Creativity and Wellness Retreat
for Female Veterans

Experience the Beauty and History of
Sylvan Dale Guest Ranch ~ A True Colorado Treasure

Warriors Write! serves female veterans in Colorado with a blend of creativity, wellness, and recreational activities. The program offers the chance to learn and grow from your life experiences, including past traumatic events.

Summer Retreat -- July 15-19, 2018

Join us for writing instruction and creativity workshops with published authors from Northern Colorado exploring different writing styles including memoir, fiction, poetry, and journaling. The retreat includes a variety of activities including meditation, yoga, hiking, horseback riding, archery, and tai chi. Following the July retreat, we'll gather every few months for daylong workshops delving further into writing techniques, recreational adventures, and continued wellness activities.

Warriors Write! is provided **FREE** to female veterans!

This exclusive program is limited to 16 participants.

Applications are due June 11th.

This program is for you if:

- You are a woman who served in the military
- You have an affinity for writing or would like to learn how to tell your story
- You would like to experience new things, connect with fellow female veterans, and learn techniques to turn struggle to strength.

Warriors Write! Applications due June 3

About the Heart J Center and Sylvan Dale Ranch

Heart J Center for Experiential Learning was founded in 2014 to provide transformational learning opportunities for people of all ages, with all programs based at historic Sylvan Dale Guest Ranch.

Heart J Center's programs make the most of Sylvan Dale's scenic location in the foothills west of Loveland, Colorado, which offers remarkable biodiversity, rich human history, and authentic Western heritage. Just an hour from Denver, Sylvan Dale is a world away!

Warriors Write! is a gift to female veterans from the Rita A. Aranow Family Fund and other sponsors.

Join us in July to slow down, experience nature, and connect with yourself and a new group of friends -- your fellow female veterans. **Your story is waiting to be told.**

Apply today at
www.heartjcenter.org/warriors-write



 www.heartjcenter.org






SERVICES, PROGRAMS AND EVENTS

ASBP BLOOD DRIVE

An Armed Services Blood Program (ASBP) blood drive, including a Battle of the Battalions, takes place June 18-20 from 9 a.m. to 4 p.m. at the William “Bill” Reed Special Events Center. The battalion with the most donations will be awarded the ASBP Blood Drive trophy to be displayed in the battalion headquarters.

CAREER SKILLS PROGRAM UPCOMING EVENTS

The Fort Carson Career Skills Program (CSP) offers opportunities for eligible transitioning service members to gain the knowledge, skills and abilities needed for successful careers after they transition from active duty. To be eligible for any CSP, transitioning service members must be on active duty and within 180 days of transitioning from service as of the class start date, anticipate fully honorable or under honorable conditions discharge and have approval of the first field grade commander in their chain to participate. Each program also has additional eligibility criteria. Interested transitioning service members are encouraged to attend the appropriate information session as indicated below. They can also visit the Career Skills Program Office (building 6236, rooms 101-104) Monday-Friday, 7 a.m. to 4 p.m.

  <p>MSSA</p> <ul style="list-style-type: none"> ◆ MSSA is an intense 18-week accelerated program designed to prepare transitioning Service Members to meet the IT industry’s high demand for cloud developers, server & cloud administrators, and database intelligence administrators. ◆ Classes are held Mon-Fri, 0730-1630 with built in time for group projects and career transition assistance with MSSA mentors. MSSA graduates earn 18 credit hours, have the opportunity to earn Microsoft IT certifications and will interview for positions with Microsoft or other participating industry partners.  <ul style="list-style-type: none"> ◆ 21-week program designed to educate, train, certify and mentor transitioning Service Members, leading them to rewarding mid-range civilian Cybersecurity careers. A balanced training program with 50% theory and 50% skills with significant hands-on lab work. ◆ Classes are held Mon-Fri, 0800 – 1600. Graduates will earn industry certifications and interview with multiple partners in the Cybersecurity Industry. 	<p>CAREER SKILLS PROGRAM</p> <p>Basic Eligibility</p> <ul style="list-style-type: none"> ◆ Active Duty and Within 180 days of Transitioning from Service ◆ Anticipate Fully Honorable or Under Honorable Conditions Discharge ◆ Battalion CDR Approval to Participate ◆ Additional Criteria Based on Specific Program ◆ Honorably discharged Veterans may apply for Service to Sales, MSSA and SecureSet Cybersecurity on a space-available basis.  <p>For more information about Fort Carson's Career Skills Programs: Visit the Career Skills Program Office Building 6236, Room 102 719-526-1195/8549/1197</p>	 <p>With The Army Career Skills Program (CSP)</p> 
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U.S. Department
of Veterans Affairs

WARTAC

- ❖ WARTAC is a program sponsored by the Department of Veterans Affairs (VA), Veterans Benefits Administration (VBA) to train transitioning Service Members to process VA disability compensation claims. This 12-week program provides participants with an opportunity to learn the skillset of a Veteran Service Rep.
- ❖ Training takes place on post and is led by VBA training instructors using live compensation claims. Successful participants will receive interviews with VA Regional Offices at 56 desired locations throughout the U.S.



Service to Sales

- ❖ Sponsored by Phil Long Auto Group and Mt. Carmel Center of Excellence, this is a free 12 week training and internship program in Automotive Sales. This program is open to Veterans and Family Members on a Space-Available basis.
- ❖ Successful participants interview for open positions within the Phil Long Auto Group.



UA Veterans in Piping

- ❖ The United Association (UA) of Journeymen and Apprentices of the Plumbing and Pipe Fitting Industry sponsored training program is in the field of pipe welding. This is an 18-week accelerated full-time program.
- ❖ Training takes place at the UA Local 58 and is led by highly skilled instructors. Graduates are placed in a 5-year UA apprenticeship program.



CDL-A Training

- ❖ Teamsters and ABF Freight sponsored intensive commercial truck driving training. This 6-week training, to include on-the-road testing, pre-trip vehicle inspection, basic vehicle control, loading and unloading procedures, manifest and logbook procedures, will prepare you for a career in the trucking industry.
- ❖ Training takes place on post and is taught by ABF Freight instructors. Successful participants will be placed with ABF Freight at locations across the country.



**HIRING
OUR
HEROES.**
U.S. CHAMBER OF COMMERCE FOUNDATION

Corporate Fellowship

- ❖ The U.S. Chamber of Commerce Foundation Hiring Our Heroes sponsors this 12-week management-focused program.
- ❖ Participants will be placed with a corporate partner in a management or professional position Mon - Thurs of each week. Fridays are spent in a classroom gaining valuable corporate skills and management certification. Graduates engage in employment interviews.



Local Government Fellowship

- ❖ The Veterans Local Government Fellowship Program (VLGMF) is a 16-week program that will provide participants with management training and hands-on experience in the local government environment with the goal of preparing them for smooth transitions into local government careers.
- ❖ VLGMF sponsors will provide participants with professional development, networking, coaching and free professional memberships.

CARLOS MENCIA COMEDY TOUR

The poster features the 'ARMY COMEDY TOUR' logo at the top left, with 'Entertainment' written in a smaller font. Below the logo, the name 'CARLOS MENCIA' is prominently displayed in large white letters. Underneath, it says 'and special guests'. Two smaller photos show Jordan Rock on the left and Trish Suhr on the right. A large photo of Carlos Mencia is on the right side of the poster. A red box in the bottom right corner contains the text 'ADULTS ONLY!' and 'Performances may contain adult content & language. Must be eighteen or older!'.

Carlos Mencia Comedy Tour

Date: Jun 22 2018, 7 p.m. - 10 p.m.

William Reed Special Events Center - 6550 Specker Avenue Bldg. 1829 Fort Carson 80913

 [Google Map](#)

Open to DOD ID card holders and their guests.

Join us for an evening of laughs at the William "Bill" Reed Special Events Center featuring Carlos Mencia and his special guests Trish Suhr and Jordan Rock!

This event is ages 18+ only. Please plan accordingly for your childcare needs.

Ticketing Options:

We are offering **free admission** to the **first 100 people** that register here! Move quick - these seats won't last! **General Admission** after the free tickets are gone will be \$10.00 per person plus the service fee.

A **VIP Experience Presented by USAA** will also be available at \$20.00 per person plus the service fee. VIP access will include tabletop seating on the floor, one beverage ticket, and access to our VIP area. Table Beverage service will also be available.

VISIT <https://carson.armymwr.com/calendar/event/carlos-mencia-comedy-tour/2326077/28205> **FOR TICKETS**

CHALLENGE AMERICA EMPLOYMENT FAIR

A Challenge America and Mt. Carme Veterans Service Center employment fair for military spouses, active-duty service members and veterans takes place June 21 from 10 a.m. to 3 p.m. at Mt. Carmel Veterans Service Center, 530 Communication Circle, Colorado Springs CO 80905. The first 50 job seekers to attend will get free tickets to the June 25 "Nashville Comes to the Broadmoor" featuring Vince Gill and Amy Grant with special guest Robin Meade.

COLORADO SPRINGS WESTERN STREET BREAKFAST VOLUNTEERS NEEDED

It takes hundreds of people to put on the annual Colorado Springs Western Street Breakfast. This amazing group of volunteers works tirelessly, lending their time, talent, expertise and services to bring you this fun, family-friendly event each year. We'd love for you to join us!

For more information on the type of volunteer service needed and to register online:
<http://www.cswesternstreetbreakfast.com/volunteer/>





DHS IS HIRING



Learn how to launch your career with DHS

Please join us for a free webinar about DHS careers, current opportunities, and the federal hiring and application process.

Find out how our mission and values guide our work and priorities.

Visit www.dhs.gov/recruitment to register.

WEBINAR HIGHLIGHTS

Why DHS is the ideal place for you • Hiring authorities • Federal resume tips • USAJOBS - the federal government's official employment site



**Homeland
Security**

With honor and integrity, we will safeguard the American people, our homeland, and our values.

EAGLE LAKE CAMPS

Sponsored by Fort Carson
Religious Support Office



06-10 August, 2018
0830-1600
Fort Carson, CO

Ages 7-12

heidi.a.mcallister.civ@mail.mil

Registration Opens May 1, 2018 Space limited!



Crafts



Worship & Fellowship



Bible Study



Games

FLORISSANT FOSSIL BEDS NATIONAL MONUMENT ACTIVITIES IN JUNE

Florissant Fossil Beds National Monument is open year round. During June the Monument is open 8:00 AM – 6 PM.

Saturday, June 9, Night Sky Program, 8:30 PM – 10:30 PM. Join park staff and members of the Colorado Springs Astronomical Society to gaze at the dark skies above Florissant Fossil Beds in search of planets, galaxies, nebulas, and more. Meet at the visitor center.

Daily Interpretive Programs, June 13 – Labor Day

Interpretive Talk, 10:00 AM and 4:00 PM, 30 minute interpretive presentation in the amphitheater

Ranger Guided Walk, 11:00 AM, 1 mile guided hike on the Petrified Forest Trail

Fossil Learning Lab, 1:30 PM – 3:30 PM, learn how scientists discover and research fossils in the Yurt

Hornbek Homestead, 11:00 AM – 1:00 PM, take a tour of an 1878 homestead

Weekly Programs (June 13 – Labor Day):

Yoga Hikes, Mondays, 9:00 AM – 10:30 AM. Join a certified yoga instructor and a Park Ranger for a 1 hour and 30 minutes, 1 mile yoga hike. This will be a hike interspersed with standing yoga poses. This program is geared for beginner to intermediate yoga enthusiasts. Meet at the visitor center.

Fossil Demonstration Excavation Site, Wednesdays, 10:00 AM – 12:00 PM. Meet geologist, Dr. Bob Carnein at the demonstration excavation site and see the fossil beds in situ and learn about how excavations are conducted. This site is located off the Petrified Forest Loop approximately 1 mile round trip from the visitor center.

Art in the Parks, Thursdays, 10:00 AM – 12:00 PM. Drop in and join volunteer artists and other visitors to sketch and/or water color paint scenes of Florissant Fossil Beds. Stay as long or as short as you would like anytime between 10 AM – 12:00 PM. Start at the visitor center desk.

Wildflower Walks, Saturdays, 9:00 AM – 10:30 AM. Join Ranger Stacey for a weekly look at blooming flowers. This may be a 1 – 2 mile hike. Meet at the visitor center.

There are no additional fees for any park programs beyond the daily entrance fee of \$7.00 per adult (15 and younger are free). Florissant Fossil Beds National Monument offers 15 miles of beautiful, yet lesser known, hiking trails to explore, a free Junior Ranger Program, three short self-guided trails, a park video and museum exhibits, and bookstore. For additional information, please call (719) 748-3253 or visit our website: www.nps.gov/flfo or on Facebook or Twitter at /FlorissantNPS

FREEDOM FEST



Freedom Fest

Date: Jun 29 2018, 3 p.m. - Jul 1 2018, 11:30 p.m.
Iron Horse Park

www.CarsonFreedomFest.com

LGBT PRIDE MONTH

An LGBT Pride Month Observance takes place June 18 at noon at the Elkhorn Conference Center.

LUAU POOL PARTY



Date: Jun 16, 10 a.m. - 2 p.m.

Aquatics - 6415 Specker Ave Bldg. 1925 Fort Carson 80902 [Google Map](#)

All information is subject to change.

Get your flower lei's, sunscreen, and flip-flops ready for the Luau Pool Party!

- Open to all DoD ID holders and their guests.
 - Escape the summer heat! Join us for games, prizes, giveaways, and a cardboard boat race!
 - Tickets are free for **current** swim pass holders.
 - Tickets are \$3.00 per person for non-pass holders.
 - Tickets are required for everyone, including infants and Active Duty Soldiers, and must be purchased in advance at [Ellis Outdoor Pool](#) or [Nelson Indoor Pool](#) during normal hours of operation.
-

MILITARY APPRECIATION DAY AT FLORISSANT FOSSIL BEDS



National Park Service
U.S. Department of the Interior

Florissant Fossil Beds National Monument
15807 Teller County Road 1
Florissant, CO 80816

Release date: Immediate
Contact: Jeff Wolln
Phone number: (719) 748 – 3253 ext. 202
Date 6/05/2018

Florissant Fossil Beds National Monument News Release

Military Appreciation Day at Florissant Fossil Beds, Saturday June 30, 8:00 AM – 6:00 PM

On Saturday June 30, Florissant Fossil Beds National Monument will be hosting a Military Appreciation Day for the military community. All US Active Duty Military and their families will receive a free pass to all national parks and monuments in the United States. Throughout the day, the Monument will be offering ranger guided programs. In addition there will be live music and a Geology Boot Camp for Kids.

National parks and the military have strong ties going back to the establishment of Yellowstone as the world's first national park in 1872. The U.S. Cavalry watched over America's national parks and did double duty, serving as the first park rangers until the National Park Service was created 44 years later.

The National Park Service preserves and shares the stories of the American military over the last three centuries. Our National Park System provides opportunities for our military community to connect to the beautiful landscapes, to enjoy recreation, to heal, and to learn about the places and history they defend.

Activities for Military Appreciation Day:

Wildflower Hike, 9:00 AM – 10:30 PM, join a ranger for a guided hike to see what is blooming

Interpretive Talk, 10:00 AM and 4:00 PM, 30 minute interpretive presentation in the amphitheater

Ranger Guided Walk, 11:00 AM, 1 mile guided hike on the Petrified Forest Trail

Fossil Learning Lab, 1:30 PM – 3:30 PM, learn how scientists discover and research fossils in the Yurt

Hornbek Homestead, 11:00 AM – 1:00 PM, take a tour of an 1878 homestead

Geology Boot Camp for Kids, all day, Participate in a hands on geology activity and earn a Junior Ranger Badge.

Live Music, 11:00 AM and 1:00 PM, Join the Fourth Infantry Band for a live concert in the amphitheater

There are no additional fees for any park programs beyond the daily entrance fee of \$7.00 per adult (15 and younger are free). Florissant Fossil Beds National Monument offers 15 miles of beautiful, yet lesser known, hiking trails to explore, a free Junior Ranger Program, three short self-guided trails, a park video and museum exhibits, and bookstore. For additional information, please call (719) 748-3253 or visit our website: www.nps.gov/flfo or on Facebook or Twitter at /FlorissantNPS

About the National Park Service. More than 20,000 National Park Service employees care for America's 417 national parks and work with communities across the nation to help preserve local history and create close-to-home recreational opportunities. Learn more at www.nps.gov

THE 78TH CINCH PIKES PEAK OR BUST RODEO

JULY 11-14, 2018

SEE THE BEST IN THE SPORT OF RODEO,
HAVE TONS OF FAMILY FUN,
AND HONOR OUR LOCAL MILITARY —
ALL AT THE PIKES PEAK
OR BUST RODEO!

Get your tickets NOW at
[PikesPeakorBust.org!](http://PikesPeakorBust.org)

- ↳ Edge of your seat excitement with Championship Rodeo
- ↳ Bonus American Freestyle Bullfighting at the first four performances
- ↳ Fan Zone fun with rides, games, mutton bustin', & lots of western shopping
- ↳ After the Rodeo, enjoy live music & dancing in the Coors Roadhouse Saloon

Parking is FREE!
Group &
Military
Discounts!
Kids 12 & under,
half price
(Grandstand)

Evening performances
Wednesday, Thursday,
Friday, & Saturday
(Rodeo starts at 7 p.m.,
grounds open at 4 p.m.)

Saturday Matinee starts at
12:30 p.m., grounds open
at 10 a.m.

Pikes Peak or Bust Rodeo takes place
at the Norris-Penrose Event Center at
1045 Lower Gold Camp Road,
Colorado Springs, CO 80905.



#PPOBR @PikesPeakRodeo

★ BAREBACK ★ STEER WRESTLING ★ TEAM ROPING ★ SADDLE BRONC ★ TIE-DOWN ROPING ★ BARREL RACING ★ BULL RIDING ★

PIKES PEAK UNITED WAY DAY OF ACTION

JUNE 21 & 23, 2018

Day of Action is a volunteer event for the community to come together to make an impact where we live, work and play! Choose from a wide variety of projects at local non-profits. Register today at: ppunitedway.org/volunteer.html

#UWDayofAction    

Where can YOU make an impact?

Catholic Charities
Colorado Springs Food Rescue
Crossfire Ministries
Dream Centers
Early Connections Learning Centers
Friends of the Peak
Ithaka Land Trust
Junior Achievement
Mile High Youth Corps
Mitchell High School
Ronald McDonald House
Silver Key
TESSA
Urban Peak
80909 Clean-up





**PRESERVE AMERICA
YOUTH SUMMIT**

Preserve America Youth Summit

📅 March 29, 2018 👤 Denise Harris 📁 Community Event, Education

Next Generation Stewards:

The Preserve America Youth Summit, a program of Conservation Legacy, provides engaging on-site interactive learning experiences for students, teachers, and service leaders at historic places. The Summits engage in local history, historic preservation, cultural conservation, and heritage tourism issues to foster leadership and strengthen community efforts.

Apply Now! <https://preservationyouthsummit.org/apply-now>.

Next Generation Stewards is a four-day program for Colorado middle and high school students, teachers, and service leaders, in the Black Canyon of the Gunnison National Park, and Curecanti National Recreation Area, Ute Indian Museum, and Montrose Area. Participants selected through a competitive application process are offered both community service hours and full scholarships for all program costs, including meals, transportation, and lodging.

For more information contact Jessika Buell at youthsummits@conservationlegacy.org or visit <https://preservationyouthsummit.org>.



**LEARN FROM THE PROS
FOOTBALL SKILLS & CHARACTER**

MILITARY DISCOUNT CODE: "MILITARY" (All Caps) / \$100 OFF REGISTRATION

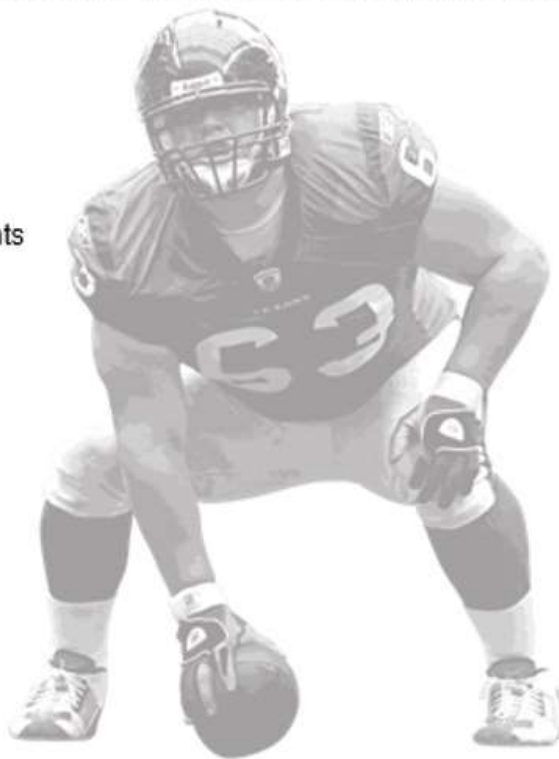
WHAT: Youth Football Camp

- ❖ Coached by NFL Athletes
- ❖ Professional, Certified Speed & Agility Trainers
- ❖ 12:1 ratio between Coaches & Participants
- ❖ Daily "Off the Field" with a NFL Athlete teaching character qualities that relate to football and everyday life.

Who: Athletes Ages 7-14

When: July 10-12, 2018
8:00-11:30 a.m.

Where: Vista Ridge High School
6888 Black Forest Road,
Colorado Springs, CO
80923



For More Information and to Register : www.profootballcamp.com or call: 719-266-9308 A 501c3 ORGANIZATION

PRUSSMAN CHAPEL: OPERATION BACKPACK



Prussman Chapel: Operation Backpack

We are doing our Annual Operation Backpack to help 350 Children Grades Kindergarten to High School this upcoming School Year. Children **MUST** be present to receive backpacks. **NO** backpacks will be held. First come, First serve.

Mark Your Calendar!

When: Saturday, 4 August 18
Where: Prussman Chapel, Building 1850
Time: 11:00 AM until all supplies are gone

BACK TO SCHOOL

RED CROSS DENTAL TRAINING

The American Red Cross Dental Assistant Training Program is coming up. Applications will be released beginning Aug. 1 at 8 a.m. in the Red Cross Office (room 1011) at Evans Army Community Hospital. Applications must be dropped off by 4 p.m. Aug. 30 at the Dental Activity headquarters, 1631 Wetzel Ave., building 815, room 113. The free program is open to military identification card holders (active duty, retired and Family members) who are American citizens and are at least 18 years old with a valid high school diploma or GED. The program will run full time, Monday-Friday from 6:45 a.m. to 4:15 p.m. from Jan. 2 to June 27. All classes must be attended; no partial credit will be given. For more information, call 526-7144.

US SENIOR OPEN FREE MILITARY DAY



We Salute You

The 39th U.S. Senior Open will serve as the capstone event of The Broadmoor's Centennial Celebration. In order to express our gratitude, **All members of the military AND their families will receive:**

- Free admission on Monday, June 25th for Military Day at The Open (**MDO**)
- **50% off** all gallery tickets, Tuesday – Sunday
- Free admission for all kids 17 and under when accompanied by a ticketed adult
- Access to **The Bunker** military hospitality area located at the 18th green including complimentary drinks and pub fare.

For more information, visit our website at 2018ussenioropen.com.

VETERANS ELIGIBLE FOR A FREE 1-YEAR PREMIUM LINKEDIN SUBSCRIPTION



Veterans Eligible for a Free 1-year Premium Career Subscription with LinkedIn

📅 March 30, 2018 👤 Denise Harris 📁 Employment

A Premium Account with LinkedIn ensures that you are a **featured applicant** when you apply through the LinkedIn portal. Also, it provides **competitive intelligence** about current applicants for positions. Another benefit is an **inside look** at the hiring company for a job posting. Yet another benefit of the Premium Career Subscription is the ability to **search by salary level** for a job in your career field.

To be eligible for this offer, you must meet all of the following requirements:

- Be a current or former U.S. military service member (non-US military are *not* eligible).
- Have not used the LinkedIn veteran promotion previously (1 promotion per service member).
- You must *not* be a current LinkedIn Premium subscriber (if you are paying for Premium now or are currently on a 30-day free trial, you must [cancel your subscription](#) and let it lapse before you apply for this offer).

View this link for more

information: <https://www.linkedin.com/help/linkedin/topics/6122/6154/14803>.

To register for your free Veteran Premium Account,

visit <https://linkedinforgood.linkedin.com/programs/veterans/premiumform>.

VOLUNTEER OPPORTUNITIES FOR AN EPIC SUMMER OF SPORTS



Volunteer Opportunities for an Epic Summer of Sports!

The Sports Corp is gearing up for another great season of events! As always, these events would not be possible without the help from our volunteers. We are looking for volunteers again this event season to help out with an *Epic Summer of Sports*.



Check out these **volunteer opportunities** listed below:

[Pikes Peak Airstrip Attack](#)

June 16-17 - Colorado Springs Airport

Pikes Peak Airstrip Attack is a **half-mile, side-by-side roll race and trap speed competition** featuring hundreds of the fastest, most powerful street cars in the nation - Lamborghini's, Ferrari's, GTR's, etc. The Pikes Peak Airstrip Attack is the only event in the country where participants have the opportunity to come together at a commercial airport the size and importance of the Colorado Springs Airport while competing for the title of the Mile High Victor.



Event Operations Volunteer Roles: set-up, admissions/ticket sales, beer garden, parking/staging, etc.

- Friday, June 15 - 12:00 pm - 5:00 pm (setup)
- Saturday, June 16 - 5:00 am - 11:30 am
- Saturday, June 16 - 11:00 am - 5:00 pm
- Sunday, June 17 - 5:00 am - 11:30 am
- Sunday, June 17 - 11:00 am - 5:00 pm
- Sunday, June 17 - 4:00 pm - 8:00 pm (tear down)

[CLICK HERE](#) to volunteer for the Pikes Peak Airstrip Attack.

**Volunteers receive free admission to watch the races before/after your shift*

[Mavic Haute Route Rockies - Stage 7](#)

June 29 - Pikes Peak Highway

The Mavic Haute Route Rockies - Stage 7 will finish in Colorado Springs on June 29. The event will feature **seven timed, ranked and fully-supported stages** covering 550 miles and in excess of 52,500 vertical feet of climbing on some of Colorado's best known mountain roads, many soaring above 10,000 feet in altitude. As many as 400 cyclists are expected.



Volunteer Roles: set-up, course marshals, beer garden, parking/staging, etc.

- Friday, June 29 - TBD

Email Rebekah@thesportscorp.org if you are interested in volunteering!

[Rocky Mountain State Games](#)

July 20-22 & 27-29 - Colorado Springs

The Rocky Mountain State Games (RMSG) is Colorado's largest multi-sport festival for athletes of all ages and athletic abilities including those with physical disabilities or visual impairment. More than 10,000 athletes are expected to participate in 40+ sports and more than 900 volunteers are needed to successfully run this event.



Volunteer Roles: Specialized volunteers called "Operations Assistants" are needed to support each sport and provide on-site assistance to Sport Commissioners in addition to serving as the communications link with staff and operations.

The need for general volunteers varies by sport but may be needed for a variety of tasks including: athlete check-in, information booths, set-up/tear-down, course marshals, scoring, timing, hospitality and many other activities. Below are a few examples of some family-friendly volunteer opportunities:

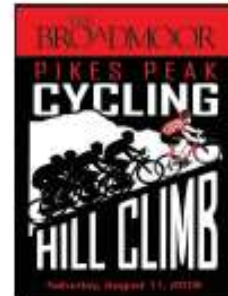
- **Field Hockey** (July 20-22): sideline marshals/recover errant balls
- **Great Inflatable Race 5K:** packet pickup (July 20); race support (July 21)
- **Track & Field** (July 21): athlete check-in, scoring, medals/results, event support
- **Color in Motion 5K:** packet pickup (July 27); race support (July 28)
- **Shooting** (July 28): resetting targets, scoring, event support
- **Operations Assistant** (Sport Specific): work in conjunction with the Sport Commissioner(s) and serve as that person's assistant
- **Operations Support Team** (All Dates): work with the Sports Corp staff, Operations Team, Sport Commissioners and volunteers to prepare, assist and execute all events associated with RMSG

[CLICK HERE](#) to volunteer for the Rocky Mountain State Games.

[The Broadmoor Pikes Peak Cycling Hill Climb](#)

August 11 - Pikes Peak Highway

The Broadmoor Pikes Peak Cycling Hill Climb will join the inaugural "Colorado Summit Series" which features some of the toughest hill climbs in the world including the Guanella Pass Hill Climb (June 3) and Bob Cook Memorial Mt. Evans Hill Climb (July 21). This new and unique cycling series will finish with the Pikes Peak Cycling Hill Climb on August 11.



Created in 2010, this event attracts the top competitive and recreational cyclists from across the nation and around the world as they challenge Pikes Peak - America's Mountain.



Volunteers Roles: aid station management, athlete check-in, information booths, set-up/tear-down, course marshals, scoring, timing, hospitality and many other activities.

- Saturday, August 11 - approx. 4:00 am - 2:00 pm

[CLICK HERE](#) to volunteer for the Pikes Peak Cycling Hill Climb.

[Colorado Springs Labor Day Lift Off](#)

September 1-3 - Memorial Park

Continuing a 41 year tradition in Colorado Springs, the 2018 Labor Day Lift Off will bring many new experiences while continuing to feature some of the best balloons and special shapes from across the United States.

Volunteer Roles & Shifts: assist with event operations including parking, VIP hospitality, beer garden, etc.



- Saturday, Sept. 1:
 - Morning shift: 4:30-10:00 am
 - Evening shift: 3:30-10:00 pm
- Sunday, Sept. 2:
 - Morning shift: 4:30-10:00 am
 - Evening shift: 3:30-10:00 pm
- Monday, Sept. 3:
 - Morning shift: 4:00-10:00 am

**Family-friendly balloon crew volunteer roles also available!*

[CLICK HERE](#) to volunteer for Labor Day Lift Off as a balloon crew volunteer.

[CLICK HERE](#) to volunteer for Labor Day Lift Off as an event volunteer.



Colorado Springs Sports Corporation
1631 Mesa Ave., Suite E
Colorado Springs, CO 80906
(719) 634-7333
info@thesportscorp.org

ColoradoSpringsSports.org

Calendar of Events

- [PyeongChang Olympic Downtown Celebration](#) - February 9
 - [Salute to the U.S. Olympic Family Luncheon](#) - April 12
 - [Sports Corp Golf Tournament](#) - May 16
 - [AMBC Youth Continental Championships](#) - May 26
 - [Pikes Peak Airstrip Attack](#) - June 16-17
 - [PPIHC Fan Fest](#) - June 22
 - [The Broadmoor Pikes Peak International Hill Climb](#) - June 24
 - [Mavic Haute Route Rockies - Stage 7](#) - June 29
 - [College Football Kick-Off Luncheon](#) - July TBD
 - [Rocky Mountain State Games](#) - July 20-22 & 27-29
 - [The Broadmoor Pikes Peak Cycling Hill Climb](#) - August 11
 - [Colorado Springs Labor Day Lift Off](#) - September 1-3
 - [RMSG/CSI Figure Skating](#) - September 14-16
 - [College Hockey Face-Off Luncheon](#) - September TBD
 - [Colorado Springs Sports Hall of Fame](#) - October 23
-

Join us on our Social Media!



WHITE HOUSE TRANSPORTATION AGENCY RECRUITING

The White House Transportation Agency hosts an informational and recruiting session to Transportation Corps Soldiers June 26-27 from 9 a.m. to 4 p.m. at the Freedom Performing Arts Center (FREEPAC), 1129 Specker Ave., building 1129. The session is designed to educate leaders about the agency and to conduct on-the-spot recruiting for available 88Ms and 88Hs in the ranks of staff sergeant-sergeant first class. All ranks are welcome to attend. For more information, call 202-757-0753/0754/0770 or visit <http://mdwhome.mdw.army.mil/subordinate-commands/usata>.

WHITEWATER RAFTING

Directorate of Family and Morale, Welfare and Recreation offers whitewater rafting trips through Big Horn Sheep Canyon on the mighty Arkansas River, each Saturday from 7 a.m. to 3 p.m. June 2 to Aug. 18. Each participant is a key element as the guide calls out commands and steers the crew through some of Colorado's most classic rapids. No experience is necessary (individuals must be able to swim, weigh a minimum of 60 pounds and be at least 8 years old). Spots fill up quickly, so reserve a trip early. Cost is \$60 per individual, \$55 per person for groups of five or more and \$40 a person for ages 8-15. Sign up at Outdoor Recreation building 2429 or by calling 526-1993.





ACS CLOSURE

Army Community Service (ACS) facilities will be closed June 28 for the staff to attend strategic planning. This includes: Army Community Service Center, Community Connection, Soldier and Family Assistance Center, Family Nurturing Center and the Survivor Outreach Service. Normal hours of operation will resume on June 29.

5 LOVE LANGUAGES CLASS

the **5** Love Languages

Learn how to better communicate with your partner at this **fun** workshop.

9 a.m. to Noon • Thursday, Jan. 11 • ACS Center, bldg. 1526
Register: www.carson.army.mil/acs (719) 526-4590



EFMP SENSORY MOVIE NIGHT

 Exceptional Family Member Program presents

Sensory Movie Night
Friday June 22nd, 6-8pm
AC&S Center, building 1526

For Families registered in the Exceptional Family Member Program.

Lights remain on during the screening, volume is kept low, and kids are welcome to move around as needed.



FORT CARSON YARD SALES

FORT CARSON RESIDENTS & DOD ID HOLDERS

APRIL TO DEC. YARD SALE

1ST & 3RD SATURDAYS · 8 A.M. – 3 P.M.

HELD IN ALL ON-POST HOUSING AREAS & NORTH COMMUNITY CENTER, 4355 FUNK AVE. (FOR PARTICIPANTS THAT LIVE IN THE BARRACKS & OFF-POST)



FOR MORE INFORMATION:
WWW.CARSONARMY.MIL/ACS · (719) 526-1082



MEDICAID WAIVER WORKSHOP



MEDICAID WAIVER WORKSHOP

Find out how you may qualify for Medicaid Supplemental Support for your Exceptional Family Member & conquer the paperwork with our help.

THUR. JULY 12TH 10-11 A.M.
ACS CENTER, BLDG. 1526



(719) 526-4590

www.carson.army.mil/acs



NEW PARENT SUPPORT PROGRAMS



NEW PARENT SUPPORT PROGRAM

OFFERED THROUGH THE SOLDIER & FAMILY READINESS PROGRAM AT FORT CARSON

The Army Community Service New Parent Support Program (NPSP) is a professional team of social workers and nurses that provide supportive and caring services to military Families. Our trained and supervised home visitors have extensive knowledge of the issues confronting military parents and are sensitive to the unique challenges they face. The NPSP will help you learn to cope with stress, isolation, post-deployment reunions and the everyday demands of parenthood. A variety of classes are offered to meet the schedule and needs of our Fort Carson Families.

Weekly	Infant Massage & Baby Nurturing	Tuesdays 10 a.m.-11:30 a.m.	Pregnant moms and parents with babies are encouraged to attend. Systematic infant massage strokes alleviate colic, create strong bonds, increase the communication between baby and parent and provide a foundation of unconditional love and attachment. Topics pertaining to infant development and health are discussed. The first Tuesday of each month will feature a nurse and lactation specialist to discuss nutrition, growth and development of babies. No registration required, walk-ins welcomed.	Nurturing Center Bldg. 1354
Weekly	Playgroup	Fridays 10 a.m.-11 a.m.	A fun-filled interactive get together for parents and children. Activities help children improve their social, cognitive and motor skills. No registration required, walk-ins welcomed.	Nurturing Center Bldg. 1354
Weekly	Toddler Time	Thursdays 9:30-11 a.m.	Participants interact on topics such as gross motor enhancement through songs and dance, sensory enrichment through arts and crafts, and nurturing the child as well as the parent. Open to parents with toddlers 18 months or above. No registration required, walk-ins welcomed.	Nurturing Center Bldg. 1354
Monthly	Basic Training for New Moms	3rd Tuesday of the month 9 a.m.-11:30 a.m.	Topics include becoming a new mom, caring for your baby and caring for yourself.	ACS Center Bldg. 1526
Monthly	Boot Camp for New Dads	1st Tuesday of the month 9 a.m.-Noon	Topics include becoming a new dad, caring for your baby and caring for mom.	ACS Center Bldg. 1526
Quarterly	Nurturing (Infant to 5 years)	Call (719) 534-3105 for next session	This 12-week class teaches parents how to be nurturing to their children as well as themselves. Topics include communication with your child, how to build your child's self-esteem, behavior management techniques and much more.	Nurturing Center Bldg. 1354
Quarterly	Nurturing (5 to 12 years)	Call (719) 534-3105 for next session	This 12-week class includes topics of communication with your child, how to build your child's self-esteem, behavior management techniques and much more.	Nurturing Center Bldg. 1354
By Appointment	Home Visits	Call (719) 526-0461	A voluntary home visitation program for families expecting a child or with children from birth up to 3 years of age. Services are provided free of charge by NPSP staff. Appointments are available Monday thru Friday from 8 a.m. to 5 p.m., evenings are available on a limited basis.	



ACS Inclement Weather Policy: If the installation is on a 2 hour or less delay, ACS events will be adjusted to a 9:30 a.m. start time with the exception of the Family Enrichment events (i.e., AFTB, FRG, ITC, Rear D), those will start at their regular start time. If the installation is closed (2 or more hours), ACS classes will be canceled & rescheduled. For installation weather notifications, visit www.carson.army.mil or call (719) 526-0096.



Find us on Facebook:
"Fort Carson ACS Family Nurturing"

NEWCOMER'S ORIENTATION

New to Fort Carson? Been here a week, a month or a year...let's get acquainted! Army Community Service hosts a Newcomer Orientation the second Monday of every month.



Relocation Readiness Program presents

Newcomers Orientation

2nd Monday of every month • 9 a.m. to 1 p.m.
Community Connection, Bldg. 1524

For those NEW to Fort Carson & for those who want to know more.

www.carson.army.mil/acs (719) 526-4590



SOLE PARENTING GROUP



Sole Parenting

a resource group for single parents

Connect with fellow Soldiers and community partners to help you on your journey to survive and thrive as a single parent.

Last Thursday of each Month
Noon-1 P.M. • ACS Center, bldg. 1526

www.carson.army.mil/acs • (719) 526-0461





COMMUNITY PARTNER PROGRAMS

"BE THERE" PEER SUPPORT

BeThere



Peer Support Call and Outreach Center

Active Duty, National Guard, Reserves and family members are eligible to use the BeThere Peer Support Call and Outreach Center's services.

Call and speak to a Veteran or military spouse when you need to:

- Talk to someone who shares your military experience
- Connect to resources
- Get support in any area of life

Peer specialists support you after your call with follow up for as long as you want it.

For unlimited access to confidential peer support, available 24/7/365 worldwide, connect with us today.





Chat: <https://www.BeTherePeerSupport.org>



Text: 480-360-6188



Call: 844-357-PEER (7337)

Follow Us:  @BeTherePeerSupport
 @DoDPeerSupport





CIVVIES
CIVILIAN WEAR FOR
MEN & WOMEN



In collaboration with Discover Goodwill,
Mt. Carmel presents
“CIVVIES”, a men’s and women’s clothing
boutique to assist with professional and
business casual attire.
A monetary donation is suggested.

Open daily from 8 am – 5 pm
Donations can be dropped off and processed through
any Goodwill donation center.

Mt. Carmel can not accept clothing donations

719-309-4714

530 Communication Circle

CTU PATRIOT SCHOLARSHIP OPPORTUNITY



CTU PATRIOT SCHOLARSHIP

ABOUT THE PROGRAM

For ten years, Colorado Technical University has awarded 50 scholarships annually to positively impact the lives of the extraordinary men and women whose lives have been altered due to injury while serving in the United States Armed Forces.

As of January 2018, CTU has awarded 500 scholarships valued at \$8.5 million.

YOUR EDUCATION, ACCESSIBLE

CTU makes it possible for those serving in the U.S. Armed Forces—along with their families and caregivers—to earn a university degree anywhere, anytime. Scholarship recipients have the option to complete an associates, bachelor's, master's, or doctoral degree program online or at one of CTU's campuses in Colorado Springs or Aurora.

WHO IS ELIGIBLE?

- Active-duty members or veterans of the U.S. Armed Forces (including Reserves and National Guard) with a service-connected disability
- Spouses and unmarried dependent children of U.S. service members with a service-connected disability
- Caregivers/non-medical assistants of a service member with a service-connected disability

RECIPIENTS RECEIVE

- Full tuition to any CTU degree program
- New laptop computer
- All course books, in hard-copy or electronic format
- Dedicated Student Success Coach and specially trained military education advisors
- 24/7 technical support and tutoring
- Option to study online or at one of CTU's campuses

IMPORTANT DATES

- | | |
|-----------------------|--------------------------|
| March 1, 2018 | Application Window Opens |
| June 30, 2018 | Application Deadline |
| November 11, 2018 | Recipients Announced |
| January/February 2019 | Recipients Start Class |



START YOUR APPLICATION

coloradotech.edu/CTUPatriot



Colorado Technical University is accredited by The Higher Learning Commission, www.hlcommission.org. CTU cannot guarantee employment or salary. Find employment rates, financial obligations and other disclosures at www.coloradotech.edu/disclosures. 852-1275824 1280594 1/18

EQUINE ASSISTED THERAPY GROUP FOR AD MILITARY, VETERANS AND THEIR SPOUSES

#



Equine Assisted Therapy Group for Active Duty Military, Veterans, and their Spouses

What is EAT?

As an experiential psychotherapy, EAT uses horses to help the client(s) increase their self-awareness and repattern any maladaptive behaviors, feelings and attitudes. In relationships and families, this allows for clearer communication, a strengthening of bonds, and overall resilience through life's ups and downs.

How do I sign up?

Contact Chester DeAngelis @
719-495-3908
deangelis@pptrc.org

Who can sign up?

Individuals and Couples who
have TRICARE health coverage



Spaces Still Available- Register Anytime!!!

**EAT OFFERED FOR
THOSE WITH
TRICARE COVERAGE**

**AVAILABLE FOR
INDIVIDUALS AND
COUPLES**

**WEEKLY GROUP
SESSIONS
MONDAYS
11 TO 12:30**

**STRENGTHEN
BONDS, ENHANCE
COMMUNICATION,
AND BUILD
RESILIENCE**

PIKES PEAK THERAPEUTIC RIDING CENTER

**DOM CIMINO CENTER AT
NORRIS PENROSE
EQUESTRIAN CENTER
1035 Lower Gold Camp Rd
Colorado Springs, CO 80905**

www.PPTRC.org

□



FIRST VISITOR

"To Provide Exceptional Health Care to People Facing Access Barriers."

peakvista.org

(719) 344-6639

(English)

(719) 344-7147

(Spanish)



Program A
Prenatal - 12 mos.

Discover your newborn's amazing abilities.



Program B
12 mos. - 24 mos.

Encourage language development.
Proper nutrition and portion size.




Program C
24 mos. - 36 mos.

Master positive discipline and guidance.
Teaching tips on toilet training.

Want to make a difference in your child's life? First Visitor is a FREE home support program designed to celebrate the birth and growth of every child. We provide new parents with emotional support, a network of community-based resources; as well as, basic information on child health, nutrition, safety and early development during the critical first three years!

FREE PRESCHOOL AT FORT CARSON CPCD

A young child with dark hair, wearing a red shirt and a green patterned cardigan, is looking upwards and to the right. Their right hand is reaching towards a computer keyboard. The background is a plain, light-colored wall.

Most of a
child's brain
growth occurs
before age 5.
**Is your child
school-ready?**

CPCD's Ft. Carson center provides **free preschool** and complete early childhood services to qualifying children (0 to 5) and families.

Call us today to learn more.



(719) 635-1536 | cpcdheadstart.org

FREE YOGA



Free Classes to Learn: Breathing Techniques and Stretching to Reduce Stress

Do you experience any of these symptoms on a consistent basis?

**Lack of Focus
Fatigue
Chronic Pain
Depression
Addictive Behaviors
Feeling Isolated
Loss of Concentration
Loss of Interest in Hobbies
Loss of Affection
Flashbacks
Nightmares
Insomnia**

Free classes open to all Veterans, Service Members and their Families. Learn to experience stress with less psychological cost, and gain some peace of mind.

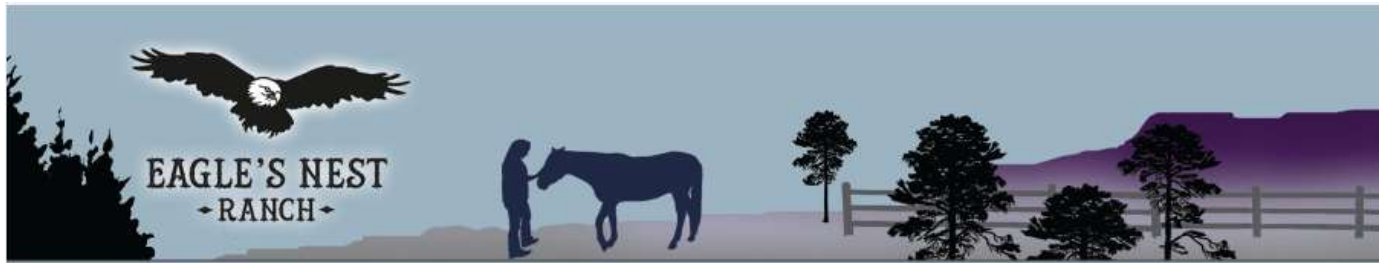
Please call to register or stop by to visit and see what we are all about!

719-309-4714

MtCarmelVeterans.org

**530 Communication Circle
Colorado Springs, CO 80905**

HEALING HORSES FOR THE ARMED FORCES



Healing Horses for the Armed Forces

Active duty and veteran service members as well as their family members are invited to come to the ranch and spend time with a horse free of charge.

Experience a safe place to adjust, reconnect, and be reminded that there is always hope ... no matter what you have faced.

Contact us to schedule a session.

Suzy MacKenzie

Founder and Executive Director

www.eaglesnestranch.org

eaglesnestranch501@gmail.com

303.596.2784 → P.O. Box 1677, Parker, CO 80134



HORSEMANSHIP FOR VETERANS AND ACTIVE DUTY



Promise Ranch Therapeutic Riding
6230 East Highway 86
Franktown, CO 80116
(303) 817-6531
prtr.org



Horsemanship for Veterans and Active Duty Service Members

Our horsemanship class is open to both veterans and active duty service members of the U.S. armed forces. This class focuses on teaching horse behavior and psychology, safety around horses, as well as basic groundwork skills as a platform for further equine education, and as an exciting opportunity for experiential learning.

Through meaningful individual and group interactions with our horses, participants will learn how to create safe, fair, and effective horse-human relationships, and may develop or improve important life skills such as self-awareness, self-confidence, verbal and non-verbal communication skills, and emotional regulation.

Some benefits of this program include:

- Camaraderie with other veterans and active duty service members of all branches of the U.S. armed forces
- Volunteer opportunities
- Progressive work toward advanced horsemanship skills
- Horseback riding lesson opportunities

To sign up or to get more information, please email info@prtr.org

"Achieving Goals, Enhancing Lives, Healing through Horses"

Promise Ranch Therapeutic Riding is a 501(c)3 organization. Our tax ID # is: 26-2431767.

Mailing address: P.O. Box 545, Franktown, CO 80116



Kingdom Builder's Family Life Center



Our Hours:
Mon-Sat
times vary

Satellite Hotel

411 Lakewood
Circle #C206B
Colorado
Springs, CO
80910

WE OFFER

Domestic Violence Support Groups

Mentoring/Life Coaching

Family Violence prevention workshops

Workshops, trainings and resources

For the entire family

and much more

ENROLL NOW!

TO REGISTER

Call: 719-464-6676

info@kingdombuildersfamilylifecenter.org

www.kingdombuildersfamilylifecenter.com



Lift for the 22 Offers Free Gym Memberships for Veterans

📅 March 28, 2018 👤 Denise Harris 📁 Health

Lift For The 22 is an organization designed to provide free one year gym memberships to the veteran community in order to reduce veteran suicide. By partnering with fitness facilities across the country who donate gym memberships to Lift For The 22, our program can redistribute thousands of gym memberships to the veteran community every year. More gyms = more memberships available. Lift For The 22 aims to provide fitness as a new transitional tool for the veteran community.

3 gyms in Colorado are currently participating in Lift for the 22:

CO Springs Fit Quest

Racks and Roses Kinetic Training Systems in Lakewood

Golden Fights MMA Gym in Grand Junction

For more information, visit <https://www.liftforthe22.org>.



SOUTHERN FRONT RANGE

APPLY NOW!

SUMMER OF SERVICE CORPSMEMBERS

May–August 2018

- Trail Work, Fire Mitigation, and more!
- Earn \$720 bi-weekly stipend (before taxes)
- Earn a \$1,583 AmeriCorps Education Award to pay for college, student loans, certifications
- Must be 18-24 years of age to apply
- Must have a G.E.D. or H.S. Diploma



To apply:

Visit milehighyouthcorps.org and click "Apply Now".

Mile High Youth Corps is committed to the inclusion of members with all levels of ability. Reasonable accommodations are available upon request. This program is available to all, without regard to race, color, national origin, disability, age, sex, political affiliation, or, in most instances, religion.

MILITARY PARENTS NIGHT OUT



ARMED SERVICES YMCA

FOR YOUTH DEVELOPMENT *
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



Southeast & Armed Services YMCA

MILITARY PARENTS NEED SOME TIME ALONE?

Parents, have a night out! Drop off your kids at the Southeast & Armed Services Y for our monthly Parents Night Out Event.

Parents, this is your chance to go out to dinner, catch a movie, gather with friends or simply enjoy some quiet time at home. Bring your children and their friends to the Y for a super fun evening of healthy activities, great food, games and all-around good fun. Military Parent's Night Out is open to all military families and children.

2018 DATES

April 21

May 19

June 16

July 15

August 18

September 15

October 20

November 17

December 16

TIME

5-10 p.m.

AGES

3 — 12 (Must be potty trained.)

COST

Y Member Military Rate:

E1-E5: \$15

(Active Duty, National Guard,
Reserve, Independent Duty)

E6 & Above: \$20

(Veterans, Retirees, Contractors)

Non Y Member Military Rate:

E1-E5: \$22.50

(Active Duty, National Guard,
Reserve, Independent Duty)

E6 & Above: \$30

(Veterans, Retirees, Contractors)

Must present E1-E5 military ID upon check-in.



Must register in person.

First time only. Must present valid DoD active duty ID card for validation. May register via phone after validation.

For more information or to sign up please contact
Child Watch Coordinator Camisha Mobley at
cmobley@ppymca.org or

Military Outreach Director Drew Aquino at
daquno@ppymca.org or call 719.622.9622.

Southeast Family Center & Armed Services YMCA
2190 Jet Wing Drive
Colorado Springs, CO 80916
719.622.9622
ppymca.org

/SoutheastArmedServicesYMCA

★ ★ ★ MAKING MILITARY LIFE EASIER. ★ ★ ★

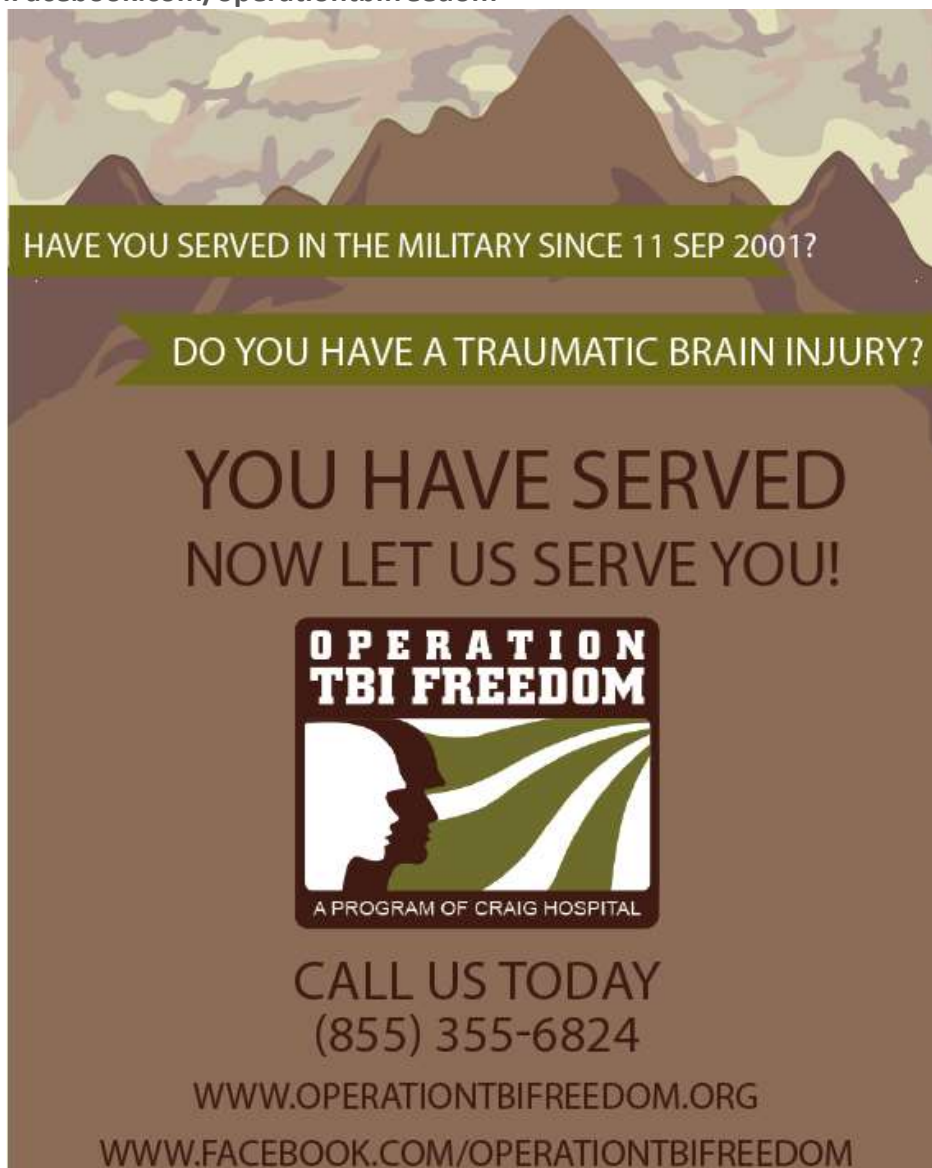
OPERATION TBI FREEDOM

Operation TBI Freedom a Colorado non-profit that is located in Colorado Springs and offers case management services throughout Colorado. Services provided include (but are not limited to): crisis management, employment/education training, psychosocial educational programming, assistance navigating complex benefits system, etc. For more information or apply for our assistance please call or email us.

Toll Free: (855) 355-6824

Email: OTF@craighospital.org

Facebook: www.Facebook.com/operationtbifreedom

The graphic features a background of stylized mountains in shades of brown and tan. A dark green banner across the top contains the text "HAVE YOU SERVED IN THE MILITARY SINCE 11 SEP 2001?". Below this, another dark green banner contains the text "DO YOU HAVE A TRAUMATIC BRAIN INJURY?". The main body of the graphic is a solid brown color with the text "YOU HAVE SERVED NOW LET US SERVE YOU!" in large, dark brown, sans-serif font. In the center is a square logo with a dark brown border. The top half of the logo contains the text "OPERATION TBI FREEDOM" in white, bold, sans-serif font. The bottom half of the logo features a white silhouette of a soldier's head in profile, facing right, with a green and white striped flag behind it. Below the logo, the text "A PROGRAM OF CRAIG HOSPITAL" is written in small, dark brown, sans-serif font. At the bottom of the graphic, the text "CALL US TODAY (855) 355-6824" is displayed in dark brown, sans-serif font, followed by the website addresses "WWW.OPERATIONTBIFREEDOM.ORG" and "WWW.FACEBOOK.COM/OPERATIONTBIFREEDOM" in the same font.

HAVE YOU SERVED IN THE MILITARY SINCE 11 SEP 2001?

DO YOU HAVE A TRAUMATIC BRAIN INJURY?

YOU HAVE SERVED
NOW LET US SERVE YOU!



CALL US TODAY
(855) 355-6824

WWW.OPERATIONTBIFREEDOM.ORG

WWW.FACEBOOK.COM/OPERATIONTBIFREEDOM

OPERATION TBI FREEDOM



A PROGRAM OF CRAIG HOSPITAL

Operation TBI Freedom (OTF) is a privately funded program of Craig Hospital, that assists Veterans and active duty military personnel living or stationed in Colorado with traumatic brain injuries (TBI) who have served since September 11, 2001. More than 7,200 military personnel with a TBI will return to Colorado in the next three years. Our program tailors a unique plan for each client that promotes optimum independence, productivity and successful reintegration into civilian life.

Each Veteran is assigned a Military Support Specialist (MSS) who is a Veteran and Certified Brain Injury Specialist. The MSS begins with a comprehensive analysis of the Veteran's needs and concerns. It is the responsibility of the MSS to use all resources—the Veterans Administration, local governmental and non-governmental entities—as efficiently as possible, ensuring no duplication of effort. OTF analyzes complex VA benefits, identifies potential benefit enhancements and assists the Veteran in maximizing his or her access to healthcare and other benefits. OTF has leveraged more than \$5.5 million in services and therapies through our partnerships with military and community organizations.

Services provided or coordinated by OTF include the following:

- Crisis management and counseling
- Employment training and support
- Peer and Family support groups
- Assistive technology devices
- Emergency financial assistance for food and housing needs
- Mentoring
- Medical care
- Parenting classes
- Mental health referrals
- Assistance navigating complicated benefit processes



Learn more at craighospital.org/OTF

PEAK MILITARY CARE NETWORK



Connecting military service members, veterans and their families to the highest quality resources provided by our trusted community partners



**One contact, multiple resources
making it easier for you and your family**

719-577-7417 | www.pmcn.org

1257 Lake Plaza Dr. Suite 220 Colorado Springs, CO 80906



Youth and Young Adults AGES 11-24

PROJECT RIGHT DIRECTION

WE PROVIDE:

- *TRANSPORTATION
- *HEALTHY MEALS
- *FIELD TRIPS
- *COMMUNITY SERVICE PROJECTS
- *AFTER SCHOOL PROGRAMS
- *ACADEMIC ENHANCEMENT
- AND MUCH MORE!

**Must be registered
contact 719-464-6676
TO ENROLL**

**Inside the Satellite Hotel
411 Lakewood Circle #C206B
Colorado Springs, CO 80910**

PLUS:

- * Youth Mentoring
- * Personal Development groups
- * Academic Assistance
- * Life skills workshops
- * A fun environment

Activities:

- VIDEO GAMES
- MOVIES
- BOARD GAMES
- FOOTBALL BASKETBALL SWIMMING
- DODGEBALL DANCE & MUSIC
- ARTS & CRAFTS
- FUN & GAMES
- AND SO MUCH MORE

**HOURS VARY
Monday-Saturday**

TAI CHI CLASSES



Free Classes to Learn: Tai Chi Boxing and Energetics

If you deal with any of the following symptoms or conditions:

**PTSD
Fatigue
Chronic Pain
Depression
Loss of Concentration
Anxiety
Heart Disease
Balance issues**

Come out and learn an alternative way to deal with these types of issues, and an ancient martial art while you're at it.

This Tai Chi Boxing class is free and open to all Veterans, Service Members and their Families.

We will focus on learning the Yang Family 108 long form along with the martial application and energetics for each movement.

**If you have any questions, please feel free to e-mail me at;
Louis.Weiss15@gmail.com**

Please go to our website for more information; mtcarmelveterans.org

**719-309-4714
MtCarmelVeterans.org
530 Communication Circle
Colorado Springs, CO 80905
8:00am – 5:00pm M-F**

WOMEN'S RESOURCE AGENCY OPENS FOUNTAIN LOCATION



TEACH • EMPOWER • ADVOCATE

We're opening a location in Fountain, CO!

Starting **January 18, 2018**, we will be available for assistance with...

- ☞ Resources
- ☞ Job Search
- ☞ Resumes
- ☞ Interviewing
- ☞ Support



There are also **six computers** available for anyone to use.

Call our main office at **(719) 471-3170** to make an appointment!

Women's Resource Agency – Fountain

Peak Vista Building, Pikes Peak Workforce Center Office

350 Lyckman Dr, Fountain, CO, 80817

Open Tuesdays and Thursdays from 10 AM to 4 PM

Helping women of all ages to attain and maintain self-sufficiency since 1972.

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