



The “Pass It On” is available online at: <https://carson.armymwr.com/programs/pass-it-on>

## 12 JULY 2018

*Our mission at ACS is to prepare and empower our Total Military Family to meet the challenges of military life by providing essential programs, resources, and services that enhance knowledge, life skills, well-being, quality of life, and retention.*

**Army Community Service:**  
**719-526-4590**

**On Facebook:** Fort Carson Army Community Service

**On Twitter:** FortCarsonACS

**On the web:**  
[www.carson.army.mil/acs](http://www.carson.army.mil/acs)

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## ADVISORIES AND NOTICES

### CHANGE OF COMMAND UPCOMING DATES

DATE	UNIT	TIME	LOCATION
13 JUL	759 <sup>th</sup> MP Bn	1000	Founder's Field
13 JUL	1 <sup>st</sup> Space Bde	1400	Founder's Field

### **COMMUNITY INFORMATION EXCHANGE**

There will be no July Community Information Exchange (CIE). Beginning in August, the Community Information Exchange will shift to the third Wednesday of every month. The next CIE will be held on Wednesday, August 15th at the Elkhorn, 9:00a.m.

### **ED CENTER LOCATION UPDATES**

--Education center computer lab moved: The Computer Lab has moved from the Education Center to building 1012, room 103. This 50-station, CAC-enabled facility is open to Soldiers Monday-Friday from 8 a.m. to 5 p.m. (closed on federal holidays) and has scanning and print capability (10-page limit per day).

--Army personnel testing (APT) relocated: The Army Personnel Testing Office has relocated. Exams given include DLPT, DLAB, SIFT, AFCT, OPI, TABE, Pre-GT and SAT/ACTs. For any inquiries, or to schedule an exam or to pick up exam results, visit the Education Center Reception/Admin Office, building 1117, room 150. Soldiers already scheduled for exams should call 526-2124 in advance to confirm the exam location.

--On-post college offices relocated: The following college offices have moved from the Education Center to building 1012, second floor: Embry-Riddle Aeronautical University (ERAU), University of Colorado-Colorado Springs (UCCS), Colorado State University-Pueblo (CSU-P), the TRiO office and Pikes Peak Community College (PPCC). Visit these colleges and explore the many opportunities available for Soldiers and Family members on Fort Carson and in the Colorado Springs community, especially with the fall term not far off. The TRiO office will assist with financial aid opportunities, completing the FAFSA, etc.

### **FORT CARSON ROAD & PARKING LOT CONSTRUCTION ADVISORIES**

Visit <http://www.carson.army.mil/organizations/dpw.html> for details and maps

### **TRANSITION WEBSITES**

Soldiers who need access to levy briefings, ETS, retirements and other associated information can access it at the following web links while updates are still being made to the Fort Carson website:

--<http://www.carson.army.mil/dhr/DHR/MPD/PPB/Briefings/Levy.html>

--<http://www.carson.army.mil/dhr/DHR/MPD/PPB/Briefings/Transition.html>

For more information, contact Keith Cashion, CAPS Chief, at 526-9732 or Arlene Nicholson, Transitions chief at 526-2660.



## NEW THIS ISSUE

### GET EDUCATED: YOUTH MENTAL HEALTH & WELLNESS

#### Get Educated: Youth Mental Health and Wellness

Sponsored by:



When: Tuesday, September 18, 2018 5:30-8:30 pm

Where: Sand Creek High School

7005 Carefree Cir N  
Colorado Springs, CO 80922



Free registration at:

[www.healingouryouth.org/calendar/](http://www.healingouryouth.org/calendar/)

#### SCHEDULE:

- 5:30: Visit our resource fair & talk one-on-one with professionals from the field of mental health
- 6:30: Listen to the Healing Our Youth presentation (see presenters/topics below)
- 8:00: Visit our resource fair & talk one-on-one with our panel speakers and professionals from the field of mental health
- 8:30: Close

- **Listen** to a parent's perspective on raising a child with a mental disorder
- **Learn** important facts/statistics about mental disorders and the basic biology of mental disorders
- **Learn** about the adolescent brain and teen substance use
- **Learn** to identify unhealthy adolescent behavior
- **Learn** what treatments are available for mental disorders and the steps to take to access treatment
- **Connect** with experts and resources in mental health
- **Talk** one-on-one with mental health professionals
- **2 CE credits** offered
- **Light refreshments** included

#### AN INSPIRING PRESENTATION, PLUS A MENTAL HEALTH RESOURCE FAIR



**A Parent's Personal Story** by Gina Moore, JD – Past Community Outreach Coordinator and Past President of the National Alliance on Mental Illness Arapahoe/Douglas Counties.



**Mental Disorders: Facts, Statistics & Biology** by Amy Gensler, MD – Board certified pediatrician with Parker Pediatrics & Adolescents; Associate Clinical Professor at the University of Colorado, Dept. of Pediatrics, Children's Hospital Colorado.



**Youth Substance Use** by Halcy Driskell, LPC, CAC III-Director of Outpatient Services at Peak View Behavioral Health.



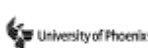
**Identifying Unhealthy Adolescent Behavior** by Amanda Woodard, MA, NCC, LPC – Executive Director and Counselor with Original Path Counseling & Fitness in Centennial where she specializes in adolescents struggling with depression, anxiety, and suicidal ideation.



**A Youth/Young Adult's Personal Story** by Julie Slivka: a local young adult shares her journey with a mental disorder and inspires hope.



**Moderated** by Jean Miller, PhD, LPC-Administrator and faculty member in the College of Social Sciences at the University of Phoenix, Lone Tree.





**\*OPERATION SHOWER\***  
**WE ARE HOSTING A BABY SHOWER in**  
***Colorado***  
**September 25, 2018**

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**WHAT:** Operation Shower will be hosting a baby shower honoring military moms-to-be whose spouses/partners are deployed during their pregnancies.

**FOR WHOM:** Colorado Springs and surrounding area moms-to-be with due dates on/after **June 25, 2018** and who meet one of the following criteria are encouraged to apply:

- Have a spouse or partner who is deployed or deploying (or other official duty separation) at some point during their pregnancies;
- Are active duty or National Guard with a group that is deploying (E-6 or below)
- Were injured during deployment or have a spouse or partner who was injured during deployment (to include PTSD/invisible wounds)

**WHERE:** Association of Graduates – USAFA, Colorado

**WHEN:** Tuesday, September 25th

**ABOUT US:** Operation Shower is a 501(c)(3) non-profit organization dedicated to celebrating and honoring military families by hosting joyful baby showers to ease the stress of deployment. You can find out more about Operation Shower at [www.operationshower.org](http://www.operationshower.org).

**HOW TO APPLY:** Contact **Ginger Shockley** at [ginger@operationshower.org](mailto:ginger@operationshower.org) by **August 10th**

***SPACE IS LIMITED***

This event is by invitation only and nominations are not considered official until a mom receives an invitation from Operation Shower.



## **SPOUSE EDUCATION AND CAREER OPPORTUNITIES (SECO) PROGRAM JULY 2018 EVENTS**

A list of upcoming SECO/MSEP events is also available via the MySECO Portal using the following link:  
<https://myseco.militaryonesource.mil/Portal/Home/EventDetails>

### **1. Webinar- Translating Your Skills to Increase Your Marketability**

Join us on Wednesday, July 18th at 2 p.m. EDT for the webinar entitled 'Translating Your Skills to Increase Your Marketability'. Determining your skills is paramount to your success in marketing yourself on your resume, in a job interview and while networking. Tune in to learn different techniques that will help you identify your skills, develop language to communicate your skills, and grow your confidence in marketing yourself to an employer highlighting why you are a great choice for their company.

To RSVP to attend this event, kindly visit: <https://einvitations.afit.edu/inv/index.cfm?i=405559&k=0661470C7E5E>

### **2. MSEP Partner Connect!**

Military spouses, come and join us on Thursday, July 19th at 3 p.m. ET for a Facebook Live! event with featured MSEP employer, Manpower Inc., a staffing services provider to more than 400,000 clients worldwide. This will be a great opportunity for you to ask questions, discover new employment resources and services and communicate with human resource professionals and hiring managers from this organization that is committed to hiring military spouses.

If you or military spouses in your community are interested, but are not able to attend, feel free to find more information by clicking on <https://www.facebook.com/DoDMilSpouse/events/>

### **3. Career Coach Live Event**

Come and participate in our Career Coach Live Facebook Event on Thursday, July 26th, 2018 at 3 p.m. ET to learn how to craft the perfect resume. A career coach will provide tips on how to highlight your transferable skills and work experience to potential employers. More information about this event and registration details will be available soon! <https://myseco.militaryonesource.mil/Portal/Home/EventDetails>

### **4. Pay for College with Scholarships Tailored Just for You!**

Military spouses can make college more affordable by using the "MySECO Scholarship Finder" to search through more than 90 scholarships carefully chosen just for them. Interested spouses are encouraged to browse through the database of financial resources offered specifically to military spouses and family members to make paying for college fast and easy. Start your search now at:  
<https://myseco.militaryonesource.mil/Portal/SpouseProfile/SpouseFundingSources/Search> < Caution-



## SERVICES, PROGRAMS AND EVENTS

### ANNUAL EDUCATION FAIR

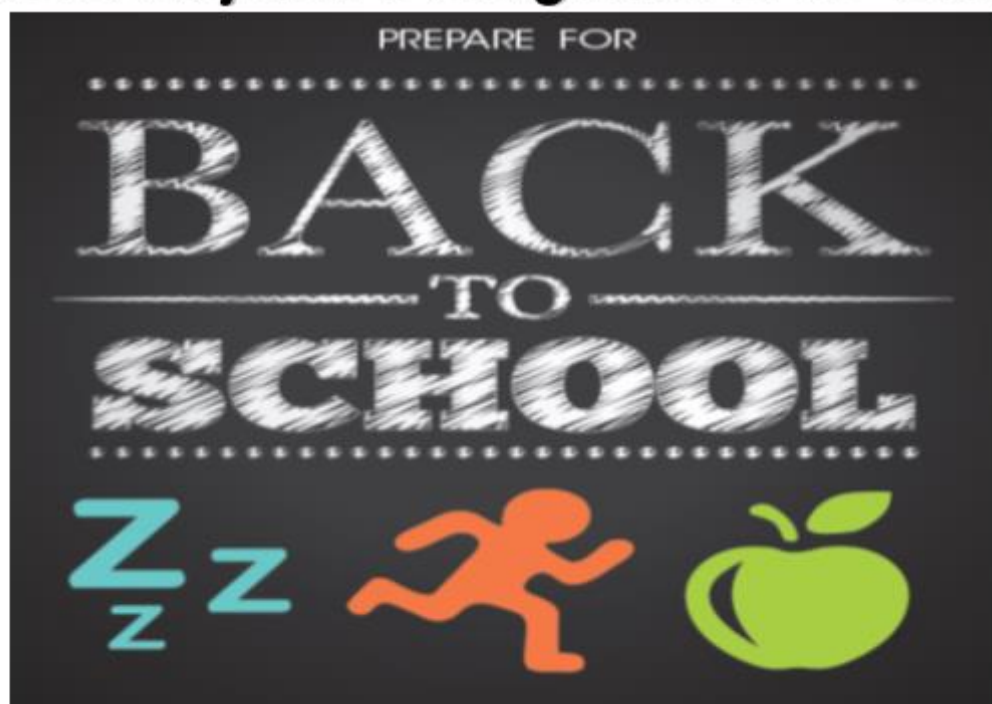


# **Annual Sports-School Physical Event**

**Held in Warrior Family Medicine Clinic,**

**Evans Army Comm. Hospital, Ft. Carson**

**SAT: 14 July and 04 Aug from 0730 -1600hrs**



Call Access to Care Line:

**(719) 524-2273 or (719) 526-2273**

**Ages: 4—21, School and Sports Physicals**

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## CAREER SKILLS PROGRAM

The Fort Carson Career Skills Program (CSP) offers opportunities for eligible transitioning service members to gain the knowledge, skills and abilities needed for successful careers after they transition from active duty. To be eligible for any CSP, transitioning service members must be on active duty and within 180 days of transitioning from service as of the class start date, anticipate fully honorable or under honorable conditions discharge and have approval of the first field grade commander in their chain to participate. Each program also has additional eligibility criteria. Interested transitioning service members are encouraged to attend the appropriate information session as indicated below. They can also visit the Career Skills Program Office (building 6236, rooms 101-104) Monday-Friday, 7 a.m. to 4 p.m.



### Basic Eligibility:

- Active Duty and Within 180 days of transitioning from active service
  - Some programs open to Veterans and Military Family Members
- Anticipate fully honorable or under honorable conditions discharge
- No legal or flag actions pending (e.g. ART-15)
- Completed mandatory Transition Assistance Program requirements prior to class start date
- Meet program specific criteria
- Attend CSP Info Session held 1<sup>st</sup> & 3<sup>rd</sup> Wed of each month, 1200 – 1500 at the SFL-TAP Center (Bldg 6237)
- For additional information, email [usarmy.carson.imcom-central.mbx.dhr-mpd-csp@mail.mil](mailto:usarmy.carson.imcom-central.mbx.dhr-mpd-csp@mail.mil)

	<b>18-Week</b> IT Server & Cloud Administration training & guaranteed interviews with Microsoft and/or Industry Partners.		<b>21-week</b> Cybersecurity Training Program & interviews with Industry Partners.
	<b>10 to 12-Week</b> Training in VA Comp Claims with placement at VA Regional Benefits Offices.		<b>8-Week</b> Training and Internship in Automotive Sales with placement in Colorado Springs or Denver.
	<b>18 -Week</b> Accelerated Training in Pipe Welding and placement in Apprenticeship & employment – over 300 locations.		<b>6-Week</b> Intensive CDL training and job placement across the country.
	<b>10-Week</b> no-cost training and certification in over 30 top-paying career fields and direct connections to over 500 military-friendly employers.		<b>16-Week</b> Fellowship that provides management training & local government experience.
	<b>12-Week</b> Fellowship that provides civilian work experience & professional development.		<b>12-Week</b> Diesel Technician Training Program with placement at locations across the country.
	<b>12-Week</b> Pre-Apprenticeship Certificate Training in building methods/trades with job placement across the country.		<b>20-Week</b> MIG Welding Certification and Internship with placement across the country.
	<b>18-Week</b> intensive training program to teach skills required to become an Auto Body Collision Technician with placement across the country.		<b>12-Week</b> individual internship to teach skill sets needed to effectively repair/maintain RVs with placement.



# DHS IS HIRING



## Learn how to launch your career with DHS

Please join us for a free webinar about DHS careers, current opportunities, and the federal hiring and application process.

Find out how our mission and values guide our work and priorities.

Visit [www.dhs.gov/recruitment](http://www.dhs.gov/recruitment) to register.

### WEBINAR HIGHLIGHTS

Why DHS is the ideal place for you • Hiring authorities • Federal resume tips •  
USAJOBS – the federal government’s official employment site



**Homeland  
Security**

With honor and integrity, we will safeguard the  
American people, our homeland, and our values.

## **DOG SPLASH**



## **Dog Splash**

**Date:** Sep 8 2018, 4 p.m. - 6 p.m.

[Outdoor Pool](#) - Bldg. 1231 Ellis St. Fort Carson, Colorado 80913 United States [Google Map](#)

Save the date! Paddle with your pup at the Dog Splash, held at the Outdoor Pool. What better way to end the summer?

## **Contact**

Tel: +1(719)526-4456; +1(719)526-4093

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## EAGLE LAKE CAMPS

Sponsored by Fort Carson  
Religious Support Office



06-10 August, 2018  
0830-1600  
Fort Carson, CO

Ages 7-12

[heidi.a.mcallister.civ@mail.mil](mailto:heidi.a.mcallister.civ@mail.mil)

Registration Opens May 1, 2018    Space limited!



Crafts



Worship & Fellowship



Bible Study



Games

## **EL PASO COUNTY COMMUNITY SERVICES/SPECIAL EVENTS**

### **BEAR CREEK ARCHERY DAY CAMPS**

Join one of the fastest growing outdoor sports! Bear Creek Regional Park has a series of archery camps for youth and adults. USA certified archery coaches will lead a fun interactive camp to learn the basic archery skills. Coaches teach the system that the Olympic team uses with a step-by-step approach to develop the individual's skills at their own pace. Be sure to bring lunch and water!

Dates: July 30 – August 1 OR August 13-15

Location: Bear Creek Regional Park

Ages: 6 to adult

Fee: \$80 per week

Times: 10 a.m. – 1 p.m.

### **KANE RANCH OPEN SPACE HIKE**

Saturday, July 28, 9 a.m. to 12 p.m.

Preview New Open Space! Join El Paso County Parks and the Trails and Open Space Coalition for a guided preview hike through the Kane Ranch Open Space. Although this park is not open to the public, you can join us for this special hike to learn the history and preview one of El Paso County's upcoming parks. Limited parking: carpooling is highly recommended. This hike is Free for Trails & Open Space Coalition members, and El Paso County Parks Nature Center Members. \$3 for non-members. Pre-registration required; call 719-520-6977 to register.

### **TOTLYMPICS**

Saturday, August 4, 10:30 a.m. to 12:30 p.m.

Calling all SUPERSTARS, ages 2-6 years old! Join the festivities and compete in a series of activities to test your abilities. Games include soccer, gymnastics, biking, Taekwondo, equestrian skills, archery, track and field, golf and more! Opening ceremonies will begin at 11:00 am with a group warm-up, stretch, and then a torch run. Every child is a winner, and each participant in the event will receive a ribbon for their effort. Guests are encouraged to bring their cameras to capture photos of their young champions, and a picnic lunch to enjoy the park after the event.

Pre-registration recommended: \$5 per child. More information can be found online at <https://communityservices.elpasoco.com/totlympics/>, or call 719-520-6977.

# **2018 El Paso County Fair Military Appreciation Day**

**Saturday, July 14, 2018**

**FREE Admission!**

**For Active Duty Military, Veterans and Dependents  
with valid Military ID**

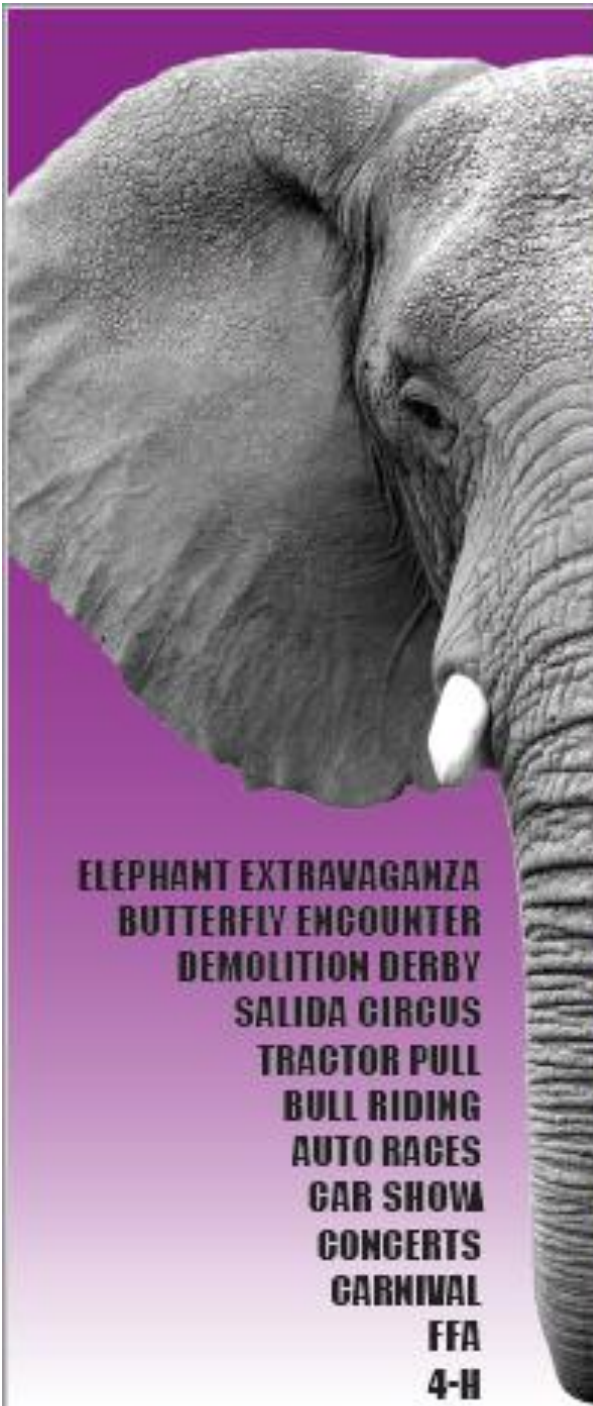
**Daily Shows and Events include:**

**Elephant Extravaganza, Butterfly Encounter, Salida Circus,  
Carnival, Petting Zoo, 4-H Shows and so much more!**

**Evening Entertainment of Auto Races  
(additional admission ticket required) and concert featuring**

**Ashlee and the Longshot Revival**

**[elpasocountyfair.com](http://elpasocountyfair.com)**



KAISER PERMANENTE. **thrive**  
PRESENTS

# EL PASO COUNTY FAIR JULY 2018

ELEPHANT EXTRAVAGANZA  
BUTTERFLY ENCOUNTER  
DEMOLITION DERBY  
SALIDA CIRCUS  
TRACTOR PULL  
BULL RIDING  
AUTO RACES  
CAR SHOW  
CONCERTS  
CARNIVAL  
FFA  
4-H



[www.ElPasoCountyFair.com](http://www.ElPasoCountyFair.com)



EL PASO COUNTY FAIRGROUNDS — CALHAN, COLORADO  
SATURDAY, JULY 14 TO SATURDAY, JULY 21

## **FLORISSANT FOSSIL BEDS NATIONAL MONUMENT ACTIVITIES IN JULY**

Florissant Fossil Beds National Monument is open year round. During June the Monument is open 8:00 AM – 6:00 PM. Daily Interpretive Program Schedule

Interpretive Talk, Every Day 10:00 AM and 4:00 PM, 30 minute interpretive presentation in the amphitheater

Ranger Guided Walk, Every Day 11:00 AM, 1 mile guided hike on the Petrified Forest Trail

Fossil Learning Lab, Every Day 1:30 PM – 3:30 PM, learn how scientists discover and research fossils in the Yurt

Hornbek Homestead, Every Day 11:00 AM – 1:00 PM, take a tour of an 1878 homestead

### **Weekly Programs:**

**Yoga Hikes**, Mondays, 9:00 AM – 10:30 PM. Join a certified yoga instructor and a Park Ranger for a 1 hour and 15 minutes, 1 mile yoga hike. This will be a hike interspersed with standing yoga poses. This program is geared for beginner to intermediate yoga enthusiasts. Meet at the visitor center.

**Site Fossil Demonstration Excavation**, Wednesdays, 10:00 AM – 12:00 PM. Meet geologist, Dr. Bob Carnein at the demonstration excavation site and see the fossil beds in situ and learn about how excavations are conducted. This site is located off the Petrified Forest Loop approximately 1 mile round trip from the visitor center.

**Art in the Parks**, Thursdays, 10:00 AM – 12:00 PM. Everyone is an artist! Drop in and join volunteer artists and other visitors to sketch and/or water color paint scenes of Florissant Fossil Beds. Stay as long or as short as you would like anytime between 10 AM – 12:00 PM. Ask at the visitor center desk for location. Limited art supplies and seating available. Interested artists may also bring their own supplies and portable chairs.

**Wildflower Walks**, Saturdays, 9:00 AM – 10:30 AM. Join Ranger Stacey for a weekly look at blooming flowers. This may be a 1 – 2 mile hike. Meet at the visitor center.

**Bear and Mountain Lion Talk**, Saturdays, 12:00 PM – 12:30 PM. Join Ranger Allan to learn more about big and often misunderstood predators.

### **Special Events:**

#### **Night Sky Program**

Friday, July 13, Night Sky Program, 8:30 PM – 10:30 PM. Join park staff and members of the Colorado Springs Astronomical Society to gaze at the dark skies above Florissant Fossil Beds in search of planets, galaxies, nebulae, and more. Meet at the visitor center. A Walk with the Paleontology Interns: Current Research on Rocks and Fossils Saturday, July 21, 10:00 AM – 12:00 PM.

**Meet our Geoscientists-in-the-Park** Paleontology interns, and join them for a guided hike on our Geologic Trail! Learn about active research projects in geology and paleontology, as well as the geologic history of the park. Bring water, hats, sunscreen, enthusiasm, questions, and a burning desire to learn about our geologic past! Plan for approximately a one and a half mile hike (subject to change based on plan) on a moderate trail. Up to 2 hours.

#### **Junior Ranger Day and Open House at the Hornbek Homestead**

Saturday, July 28, 10:00 AM – 3:00 PM, Participate in engaging hands-on science activities and complete a Junior Ranger Book to earn a badge. Play some games from the 1800s and take a tour of the 1878 Hornbek House to learn about life in the Florissant valley in 1878. There will also be a family friendly Junior Ranger music concert. Bring your dancing shoes.

There are no additional fees for any park programs beyond the daily entrance fee of \$7.00 per adult (15 and younger are free). Florissant Fossil Beds National Monument offers 15 miles of beautiful, yet lesser known, hiking trails to explore, a free Junior Ranger Program, three short self-guided trails, a park video and museum exhibits, and bookstore. For additional information, please call (719) 748-3253 or visit our website: [www.nps.gov/flfo](http://www.nps.gov/flfo) or on Facebook or Twitter at /FlorissantNPS

**Free!**

# Concerts in the Park!

Bring your lawn chair or blanket and enjoy the summer nights.

All Concerts are on Wednesdays from 6-8pm at

Bear Creek Regional Park unless otherwise noted.

For More Information, [www.ppjass.org](http://www.ppjass.org) or call 719-520-6977.

**June 27:** New Horizons Kicks Band

**July 18:** The Swing Connection

**August 1:** Academy Jazz Ensemble

**August 8:** New Horizons All In Jazz

**August 22:** Triple Play Quartet

**Special Concert**

**Fountain Creek Regional Park**

**August 15, 6-8pm**

101st Army National Guard —

Dixieland Band

**Final Concert**

**Bear Creek Regional Park**

**August 29, 5-8pm**

USAF Academy Band Falconaires

and Alumni Band





The poster features a sunburst background with green and yellow rays. At the top, a banner reads "Save the Date". Below it, the event title "Rhythm & BREWS" is written in a large, stylized font, with "REACH" in a small circle to the right. The date and time "Saturday, August 18<sup>th</sup>, 2018 5PM to 10PM" are in a script font. The location "PIKES PEAK STREET" is in bold, with "CLOSED OFF FROM KENNEDY TO PIKES PEAK" below it. A paragraph describes the event as a family-friendly fundraising event for Reach. Ticket prices are listed: Individuals \$5, Families \$10 (any size), and Military Free (with ID). A "Tickets" tag is at the bottom left.

*Save the Date*

**Rhythm & BREWS** REACH

*Saturday, August 18<sup>th</sup>, 2018*  
**5PM to 10PM**

**PIKES PEAK STREET**  
CLOSED OFF FROM KENNEDY TO PIKES PEAK

**REACH PIKES PEAK'S 1<sup>ST</sup> ANNUAL  
RHYTHM & BREWS BLOCK PARTY IS A  
FAMILY FRIENDLY FUNDRAISING EVENT.**

Rhythm & Brews is free to our military individuals and families in appreciation for their service. Join us for live entertainment, beer garden, food, family and children activities, onsite tiny house, a local Colorado Springs Fire Truck from 5-7PM and more!

**Tickets**

**INDIVIDUALS \$5**

**FAMILIES \$10**  
*of any size*

**MILITARY FREE**  
*Individuals & families with I.D.*

# THE 78<sup>TH</sup> CINCH PIKES PEAK OR BUST RODEO

JULY 11-14, 2018

SEE THE BEST IN THE SPORT OF RODEO,  
HAVE TONS OF FAMILY FUN,  
AND HONOR OUR LOCAL MILITARY —  
ALL AT THE PIKES PEAK  
OR BUST RODEO!

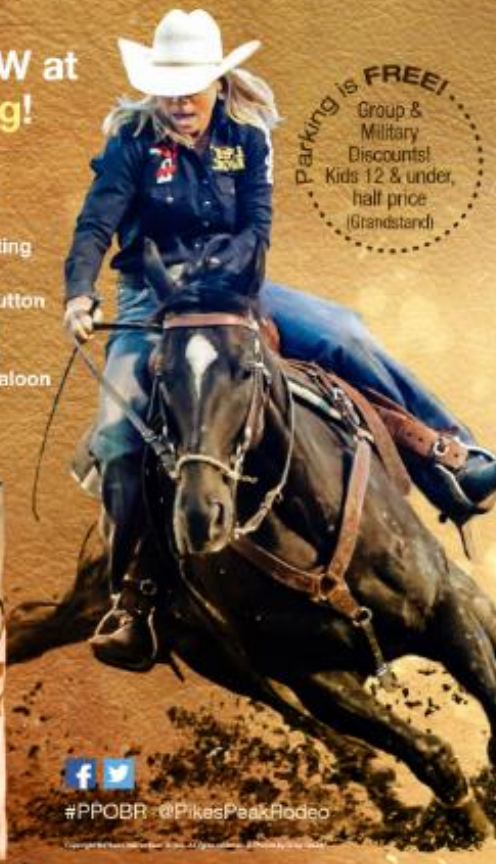
Get your tickets NOW at  
[PikesPeakorBust.org](http://PikesPeakorBust.org)!

- ◀ Edge of your seat excitement with Championship Rodeo
- ◀ Bonus American Freestyle Bullfighting at the first four performances
- ◀ Fan Zone fun with rides, games, mutton bustin', & lots of western shopping
- ◀ After the Rodeo, enjoy live music & dancing in the Coors Roadhouse Saloon

Evening performances  
Wednesday, Thursday,  
Friday, & Saturday  
(Rodeo starts at 7 p.m.,  
grounds open at 4 p.m.)

Saturday Matinee starts at  
12:30 p.m., grounds open  
at 10 a.m.

Pikes Peak or Bust Rodeo takes place  
at the Norris-Penrose Event Center at  
1045 Lower Gold Camp Road,  
Colorado Springs, CO 80905.



Parking is FREE!  
Group &  
Military  
Discounts!  
Kids 12 & under,  
half price  
(Grandstand)



#PPOBR @PikesPeakRodeo

★ BAREBACK ★ STEER WRESTLING ★ TEAM ROPING ★ SADDLE BRONC ★ TIE-DOWN ROPING ★ BARREL RACING ★ BULL RIDING ★

## PRUSSMAN CHAPEL: OPERATION BACKPACK



**Prussman Chapel: Operation Backpack**

We are doing our Annual Operation Backpack to help 350 Children Grades Kindergarten to High School this upcoming School Year.

Children **MUST** be present to receive backpacks. **NO backpacks will be held.**

**First come, First serve.**

**When:** Saturday, 4 August 18  
**Where:** Prussman Chapel, Building 1850  
**Time:** 11:00 AM until all supplies are gone

Mark Your Calendar!

WELCOME  
**BACK to SCHOOL**

## RED CROSS DENTAL TRAINING

The American Red Cross Dental Assistant Training Program is coming up. Applications will be released beginning Aug. 1 at 8 a.m. in the Red Cross Office (room 1011) at Evans Army Community Hospital. Applications must be dropped off by 4 p.m. Aug. 30 at the Dental Activity headquarters, 1631 Wetzel Ave., building 815, room 113. The free program is open to military identification card holders (active duty, retired and Family members) who are American citizens and are at least 18 years old with a valid high school diploma or GED. The program will run full time, Monday-Friday from 6:45 a.m. to 4:15 p.m. from Jan. 2 to June 27. All classes must be attended; no partial credit will be given. For more information, call 526-7144.

## TRAGEDY ASSISTANCE PROGRAM - GOOD GRIEF CAMP MENTORS NEEDED

Mark Your Calendars! September 8-9, 2018; Denver, Colorado

At TAPS Seminars, Youth Programs host Good Grief Camp where children of Fallen Soldiers are able to share and learn coping skills through games, crafts and other activities in a fun and supportive environment. Each child is paired with a military mentor who serves as a "big brother/big sister" and reminds the child that he or she is still a part of the military community. GGC Mentors need to be available as follows:

Saturday, 08 September 2018 @ 7am through 2000

Sunday, 09 September, 0800 to 1600.

Lodging accommodations are available for those who reside 45 or more miles from the event.

Meals: all meals are provided Saturday, and breakfast and lunch will be provided on Sunday.

If you have any questions about how you can volunteer, please contact [youthprograms@taps.org](mailto:youthprograms@taps.org)

Registration is now open for the Colorado Regional -Please use this link to register as a Mentor:

<https://www.tapsconnected.org/events/mmentor.aspx>

You can also find us on Facebook: TAPS Good Grief Camp Legacy and Military Mentors



## Veterans Eligible for a Free 1-year Premium Career Subscription with LinkedIn

📅 March 30, 2018   👤 Denise Harris   📁 Employment

A Premium Account with LinkedIn ensures that you are a **featured applicant** when you apply through the LinkedIn portal. Also, it provides **competitive intelligence** about current applicants for positions. Another benefit is an **inside look** at the hiring company for a job posting. Yet another benefit of the Premium Career Subscription is the ability to **search by salary level** for a job in your career field.

To be eligible for this offer, you must meet all of the following requirements:

- Be a current or former U.S. military service member (non-US military are *not* eligible).
- Have not used the LinkedIn veteran promotion previously (1 promotion per service member).
- You must *not* be a current LinkedIn Premium subscriber (if you are paying for Premium now or are currently on a 30-day free trial, you must [cancel your subscription](#) and let it lapse before you apply for this offer).

View this link for more

information: <https://www.linkedin.com/help/linkedin/topics/6122/6154/14803>.

To register for your free Veteran Premium Account,

visit <https://linkedinforgood.linkedin.com/programs/veterans/premiumform>.

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## **WHITEWATER RAFTING**

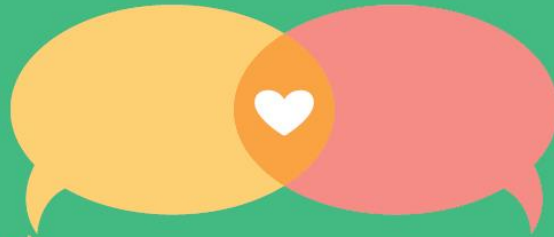
Directorate of Family and Morale, Welfare and Recreation offers whitewater rafting trips through Big Horn Sheep Canyon on the mighty Arkansas River, each Saturday from 7 a.m. to 3 p.m. June 2 to Aug. 18. Each participant is a key element as the guide calls out commands and steers the crew through some of Colorado's most classic rapids. No experience is necessary (individuals must be able to swim, weigh a minimum of 60 pounds and be at least 8 years old). Spots fill up quickly, so reserve a trip early. Cost is \$60 per individual, \$55 per person for groups of five or more and \$40 a person for ages 8-15. Sign up at Outdoor Recreation building 2429 or by calling 526-1993.





## ARMY COMMUNITY SERVICE PROGRAMS

### 5 LOVE LANGUAGES CLASS



## the **5** Love Languages

Learn how to better communicate with your partner at this **fun** workshop.

**9 a.m. to Noon • Thursday, Jan. 11 • ACS Center, bldg. 1526**

Register: [www.carson.army.mil/acs](http://www.carson.army.mil/acs) (719) 526-4590





# **Animal Adventures**

**Friday, July 20  
1 - 2 p.m.**

**Pikes Peak Library District - Fountain Library  
230 S. Main Street  
Fountain, CO 80817**

**The EFMP presents an exciting opportunity for  
ALL animal lovers! Interact with exotic pets  
offering a variety of sensory experiences!**

Open to all DoD ID card holders. Service animals are welcome.

## **What is EFMP?**

An Exceptional Family Member (EFM) is a Family member, child or adult, with any physical, emotional, developmental or intellectual disorder that requires special treatment, therapy, education, training or counseling. The Exceptional Family Member Program is designed to assist military personnel agencies in making assignments for the Soldier, taking into consideration the documented medical and/or educational needs of the Soldier's enrolled Family member. The program provides a multi-agency approach for community support, housing, medical, educational and personnel services to Families with special health and/or educational needs/concerns.

## **For More Information:**

**[www.carson.army.mil/acs](http://www.carson.army.mil/acs)**

**Search: Animal Adventures**

**(719) 526-4590**



## FORT CARSON YARD SALES

**FORT CARSON RESIDENTS & DOD ID HOLDERS**

**APRIL TO DEC. YARD SALE**

**1ST & 3RD SATURDAYS • 8 A.M.–3 P.M.**

**HELD IN ALL ON-POST HOUSING AREAS &  
NORTH COMMUNITY CENTER, 4355 FUNK AVE.  
(FOR PARTICIPANTS THAT LIVE IN THE BARRACKS & OFF-POST)**



**FOR MORE INFORMATION:**  
[WWW.CARSON.ARMYMIL/ACS](http://WWW.CARSON.ARMYMIL/ACS) • (719) 526-1082



## MILITARY FAMILY LIFE COUNSELORS



**Military  
& Family  
Life  
Counseling**

Available to Soldiers &  
their Family members.  
No records are kept.

- Brief “solution-focused” problem solving sessions
- No records made or kept
- Confidential
- Resources are for all active duty service members
- Individual, marital, Family and child sessions available
- Focusing on stress, anger, grief, loss and deployment-reunion-reintegration issues
- Flexible meeting places
- Walk-ins welcome

[www.carson.army.mil/acs](http://www.carson.army.mil/acs)



## NEW PARENT SUPPORT PROGRAMS



# NEW PARENT SUPPORT PROGRAM

OFFERED THROUGH THE SOLDIER & FAMILY READINESS PROGRAM AT FORT CARSON

The Army Community Service New Parent Support Program (NPSP) is a professional team of social workers and nurses that provide supportive and caring services to military Families. Our trained and supervised home visitors have extensive knowledge of the issues confronting military parents and are sensitive to the unique challenges they face. The NPSP will help you learn to cope with stress, isolation, post-deployment reunions and the everyday demands of parenthood. A variety of classes are offered to meet the schedule and needs of our Fort Carson Families.

Weekly	Infant Massage & Baby Nurturing	Tuesdays 10 a.m.-11:30 a.m.	Pregnant moms and parents with babies are encouraged to attend. Systematic infant massage strokes alleviate colic, create strong bonds, increase the communication between baby and parent and provide a foundation of unconditional love and attachment. Topics pertaining to infant development and health are discussed. The first Tuesday of each month will feature a nurse and lactation specialist to discuss nutrition, growth and development of babies. No registration required, walk-ins welcomed.	Nurturing Center Bldg. 1354
Weekly	Playgroup	Fridays 10 a.m.-11 a.m.	A fun-filled interactive get together for parents and children. Activities help children improve their social, cognitive and motor skills. No registration required, walk-ins welcomed.	Nurturing Center Bldg. 1354
Weekly	Toddler Time	Thursdays 9:30-11 a.m.	Participants interact on topics such as gross motor enhancement through songs and dance, sensory enrichment through arts and crafts, and nurturing the child as well as the parent. Open to parents with toddlers 18 months or above. No registration required, walk-ins welcomed.	Nurturing Center Bldg. 1354
Monthly	Basic Training for New Moms	3rd Tuesday of the month 9 a.m.-11:30 a.m.	Topics include becoming a new mom, caring for your baby and caring for yourself.	ACS Center Bldg. 1526
Monthly	Boot Camp for New Dads	1st Tuesday of the month 9 a.m.-Noon	Topics include becoming a new dad, caring for your baby and caring for mom.	ACS Center Bldg. 1526
Quarterly	Nurturing (Infant to 5 years)	Call (719) 534-3105 for next session	This 12-week class teaches parents how to be nurturing to their children as well as themselves. Topics include communication with your child, how to build your child's self-esteem, behavior management techniques and much more.	Nurturing Center Bldg. 1354
Quarterly	Nurturing (5 to 12 years)	Call (719) 534-3105 for next session	This 12-week class includes topics of communication with your child, how to build your child's self-esteem, behavior management techniques and much more.	Nurturing Center Bldg. 1354
By Appointment	Home Visits	Call (719) 526-0461	A voluntary home visitation program for families expecting a child or with children from birth up to 3 years of age. Services are provided free of charge by NPSP staff. Appointments are available Monday thru Friday from 8 a.m. to 5 p.m., evenings are available on a limited basis.	



**ACS Inclement Weather Policy:** If the installation is on a 2 hour or less delay, ACS events will be adjusted to a 9:30 a.m. start time with the exception of the Family Enrichment events (i.e., AFTB, FRG, ITC, Rear D), those will start at their regular start time. If the installation is closed (2 or more hours), ACS classes will be canceled & rescheduled. For installation weather notifications, visit [www.carson.army.mil](http://www.carson.army.mil) or call (719) 526-0096.



Find us on Facebook:  
"Fort Carson ACS Family Nurturing"

## **NEWCOMER'S ORIENTATION**

New to Fort Carson? Been here a week, a month or a year...let's get acquainted! Army Community Service hosts a Newcomer Orientation the second Monday of every month.



Relocation Readiness Program presents

# Newcomers Orientation

**2nd Monday of every month • 9 a.m. to 1 p.m.**  
Community Connection, Bldg. 1524

**For those NEW to Fort Carson & for those who want to know more.**

**[www.carson.army.mil/acs](http://www.carson.army.mil/acs) (719) 526-4590**

## **NURTURING FAMILIES THROUGH PLAY**

This 10-week class teaches parents of children 3-10 years of age how to use child play therapy skills to reduce behavioral problems and nurture parent-child relationships. Registrations is require to participate. For more information and current dates please contact (719) 534-3105.



### New Parent Support Program

Supporting Military Parents & Young Children



This 10-week class teaches parents of children ages 3 to 10 how to use child play therapy skills to reduce behavioral problems and nurture parent-child relationships.

Registration is required to participate. For more information and sign-up dates call (719) 534-3105.

**10 Week Class -  
Call for the Next Session**

**Family Nurturing Center,  
bldg. 1354**

[www.carson.army.mil/acs](http://www.carson.army.mil/acs) • (719) 526-4590

SOLE PARENTING GROUP



# Sole Parenting

*a resource group for single parents*

Connect with fellow Soldiers and community partners to help you on your journey to survive and thrive as a single parent.

Last Thursday of each Month  
Noon-1 P.M. • ACS Center, bldg. 1526  
[www.carson.army.mil/acs](http://www.carson.army.mil/acs) • (719) 526-0461





## COMMUNITY PARTNER PROGRAMS

### "BE THERE" PEER SUPPORT

# BeThere



## Peer Support Call and Outreach Center

Active Duty, National Guard, Reserves and family members are eligible to use the BeThere Peer Support Call and Outreach Center's services.

Call and speak to a Veteran or military spouse when you need to:

- Talk to someone who shares your military experience
- Connect to resources
- Get support in any area of life

Peer specialists support you after your call with follow up for as long as you want it.

**For unlimited access to confidential peer support, available 24/7/365 worldwide, connect with us today.**





Chat: <https://www.BeTherePeerSupport.org>



Text: 480-360-6188



Call: 844-357-PEER (7337)

Follow Us:  @BeTherePeerSupport  
 @DoDPeerSupport





# CIVVIES

CIVILIAN WEAR FOR  
MEN & WOMEN



In collaboration with Discover Goodwill,  
Mt. Carmel presents  
"CIVVIES", a men's and women's clothing  
boutique to assist with professional and  
business casual attire.  
A monetary donation is suggested.

*Open daily from 8 am – 5 pm*  
*Donations can be dropped off and processed through*  
*any Goodwill donation center.*  
*Mt. Carmel can not accept clothing donations*  
**719-309-4714**  
*530 Communication Circle*

## EQUINE ASSISTED THERAPY GROUP FOR AD MILITARY, VETERANS AND THEIR SPOUSES



### **Equine Assisted Therapy Group for Active Duty Military, Veterans, and their Spouses**

#### **What is EAT?**

As an experiential psychotherapy, EAT uses horses to help the client(s) increase their self-awareness and repattern any maladaptive behaviors, feelings and attitudes. In relationships and families, this allows for clearer communication, a strengthening of bonds, and overall resilience through life's ups and downs.

#### **How do I sign up?**

Contact Chester DeAngelis @  
719-495-3908  
[deangelis@pptrc.org](mailto:deangelis@pptrc.org)

#### **Who can sign up?**

Individuals and Couples who  
have TRICARE health coverage



*Spaces Still Available- Register Anytime!!!*

**EAT OFFERED FOR  
THOSE WITH  
TRICARE COVERAGE**

**AVAILABLE FOR  
INDIVIDUALS AND  
COUPLES**

**WEEKLY GROUP  
SESSIONS  
MONDAYS  
11 TO 12:30**

**STRENGTHEN  
BONDS, ENHANCE  
COMMUNICATION,  
AND BUILD  
RESILIENCE**

### **PIKES PEAK THERAPEUTIC RIDING CENTER**

DOM CIMINO CENTER AT  
NORRIS PENROSE  
EQUESTRIAN CENTER  
1035 Lower Gold Camp Rd  
Colorado Springs, CO 80905

[www.PPTRC.org](http://www.PPTRC.org)





FIRST VISITOR

*"To Provide Exceptional  
Health Care to People  
Facing Access Barriers."*

**peakvista.org**

**(719) 344-6639**

(English)

**(719) 344-7147**

(Spanish)



**Program A**  
**Prenatal - 12 mos.**

Discover your newborn's  
amazing abilities.



**Program B**  
**12 mos. - 24 mos.**

Encourage language  
development.  
Proper nutrition and  
portion size.




**Program C**  
**24 mos. - 36 mos.**

Master positive  
discipline and guidance.  
Teaching tips on  
toilet training.

*Want to make  
a difference in your  
child's life? First Visitor is a FREE  
home support program designed to  
celebrate the birth and growth of every child. We  
provide new parents with emotional support, a network of  
community-based resources; as well as, basic information on child  
health, nutrition, safety and early development during the critical first three years!*

FREE PRESCHOOL AT FORT CARSON CPCD

A young child with dark hair and a red shirt is looking up and to the right, reaching out with their right hand towards a computer mouse. The child is wearing a green patterned sleeve. The background is a plain, light-colored wall.

Most of a  
child's brain  
growth occurs  
before age 5.  
**Is your child  
school-ready?**

CPCD's Ft. Carson center provides **free preschool** and complete early childhood services to qualifying children (0 to 5) and families.

**Call us today to learn more.**



(719) 635-1536 | [cpcdheadstart.org](http://cpcdheadstart.org)

**FREE YOGA**



## **Free Classes to Learn: Breathing Techniques and Stretching to Reduce Stress**

**Do you experience any of these symptoms on a consistent basis?**

**Lack of Focus  
Fatigue  
Chronic Pain  
Depression  
Addictive Behaviors  
Feeling Isolated  
Loss of Concentration  
Loss of Interest in Hobbies  
Loss of Affection  
Flashbacks  
Nightmares  
Insomnia**

**Free classes open to all Veterans, Service Members and their Families. Learn to experience stress with less psychological cost, and gain some peace of mind.**

**Please call to register or stop by to visit and  
see what we are all about!**

**719-309-4714**

**MtCarmelVeterans.org**

**530 Communication Circle  
Colorado Springs, CO 80905**

## HEALING HORSES FOR THE ARMED FORCES



# *Healing Horses for the Armed Forces*

Active duty and veteran service members as well as their family members are invited to come to the ranch and spend time with a horse free of charge.

Experience a safe place to adjust, reconnect, and be reminded that there is always hope ... no matter what you have faced.

*Contact us to schedule a session.*

**Suzy MacKenzie**

Founder and Executive Director

[www.eaglesnestranch.org](http://www.eaglesnestranch.org)

[eaglesnestranch501@gmail.com](mailto:eaglesnestranch501@gmail.com)

303.596.2784 • P.O. Box 1677, Parker, CO 80134



## HORSEMANSHIP FOR VETERANS AND ACTIVE DUTY



Promise Ranch Therapeutic Riding  
6230 East Highway 86  
Franktown, CO 80116  
(303) 817-6531  
prtr.org



### **Horsemanship for Veterans and Active Duty Service Members**

Our horsemanship class is open to both veterans and active duty service members of the U.S. armed forces. This class focuses on teaching horse behavior and psychology, safety around horses, as well as basic groundwork skills as a platform for further equine education, and as an exciting opportunity for experiential learning.

Through meaningful individual and group interactions with our horses, participants will learn how to create safe, fair, and effective horse-human relationships, and may develop or improve important life skills such as self-awareness, self-confidence, verbal and non-verbal communication skills, and emotional regulation.

Some benefits of this program include:

- Camaraderie with other veterans and active duty service members of all branches of the U.S. armed forces
- Volunteer opportunities
- Progressive work toward advanced horsemanship skills
- Horseback riding lesson opportunities

To sign up or to get more information, please email [info@prtr.org](mailto:info@prtr.org)

#### **"Achieving Goals, Enhancing Lives, Healing through Horses"**

Promise Ranch Therapeutic Riding is a 501(c)3 organization. Our tax ID # is: 26-2431767.

Mailing address: P.O. Box 545, Franktown, CO 80116



# Kingdom Builder's Family Life Center



Our Hours:  
Mon-Sat  
times vary

Satellite Hotel

411 Lakewood  
Circle #C206B  
Colorado  
Springs, CO  
80910

## WE OFFER

**Domestic Violence Support Groups**

**Mentoring/Life Coaching**

**Family Violence prevention workshops**

**Workshops, trainings and resources**

**For the entire family**

**and much more**

## ENROLL NOW!

**TO REGISTER**

**Call: 719-464-6676**

**[info@kingdombuildersfamilylifecenter.org](mailto:info@kingdombuildersfamilylifecenter.org)**

**[www.kingdombuildersfamilylifecenter.com](http://www.kingdombuildersfamilylifecenter.com)**

## MILITARY PARENTS NIGHT OUT



ARMED SERVICES YMCA

FOR YOUTH DEVELOPMENT •  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



# Southeast & Armed Services YMCA

## MILITARY PARENTS NEED SOME TIME ALONE?

Parents, have a night out! Drop off your kids at the Southeast & Armed Services Y for our monthly Parents Night Out Event.

Parents, this is your chance to go out to dinner, catch a movie, gather with friends or simply enjoy some quiet time at home. Bring your children and their friends to the Y for a super fun evening of healthy activities, great food, games and all-around good fun. Military Parent's Night Out is open to all military families and children.

### 2018 DATES

April 21

May 19

June 16

July 15

August 18

September 15

October 20

November 17

December 16

### TIME

5–10 p.m.

### AGES

3 — 12 (Must be potty trained.)

### COST

#### Y Member Military Rate:

**E1–E5: \$15**

(Active Duty, National Guard,  
Reserve, Independent Duty)

**E6 & Above: \$20**

(Veterans, Retirees, Contractors)

#### Non Y Member Military Rate:

**E1–E5: \$22.50**

(Active Duty, National Guard,  
Reserve, Independent Duty)

**E6 & Above: \$30**

(Veterans, Retirees, Contractors)

Must present E1–E5 military ID upon check-in.



### Must register in person.

First time only. Must present valid DoD active duty ID card for validation. May register via phone after validation.

For more information or to sign up please contact  
Child Watch Coordinator Camisha Mobley at  
[cmobley@ppymca.org](mailto:cmobley@ppymca.org) or

Military Outreach Director Drew Aquino at  
[daquino@ppymca.org](mailto:daquino@ppymca.org) or call 719.622.9622.

Southeast Family Center & Armed Services YMCA  
2190 Jet Wing Drive  
Colorado Springs, CO 80916  
719.622.9622  
[ppymca.org](http://ppymca.org)



/SoutheastArmedServicesYMCA



MAKING MILITARY LIFE EASIER.



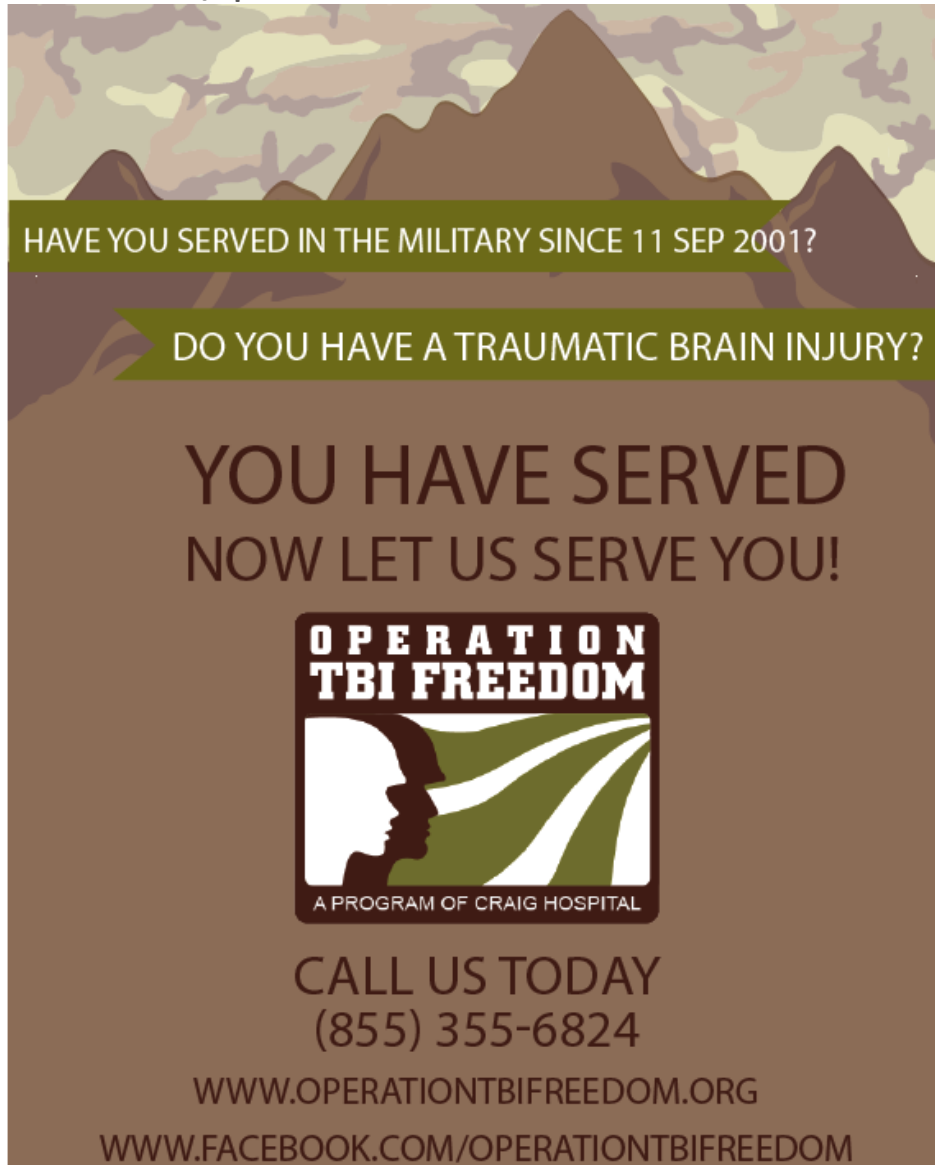
## **OPERATION TBI FREEDOM**

Operation TBI Freedom a Colorado non-profit that is located in Colorado Springs and offers case management services throughout Colorado. Services provided include (but are not limited to): crisis management, employment/education training, psychosocial educational programming, assistance navigating complex benefits system, etc. For more information or apply for our assistance please call or email us.

Toll Free: (855) 355-6824

Email: [OTF@craighospital.org](mailto:OTF@craighospital.org)


Facebook: [www.Facebook.com/operationtbifreedom](http://www.Facebook.com/operationtbifreedom)



HAVE YOU SERVED IN THE MILITARY SINCE 11 SEP 2001?

DO YOU HAVE A TRAUMATIC BRAIN INJURY?

**YOU HAVE SERVED  
NOW LET US SERVE YOU!**



**OPERATION  
TBI FREEDOM**

A PROGRAM OF CRAIG HOSPITAL

**CALL US TODAY  
(855) 355-6824**

[WWW.OPERATIONTBIFREEDOM.ORG](http://WWW.OPERATIONTBIFREEDOM.ORG)

[WWW.FACEBOOK.COM/OPERATIONTBIFREEDOM](http://WWW.FACEBOOK.COM/OPERATIONTBIFREEDOM)



## A PROGRAM OF CRAIG HOSPITAL

Operation TBI Freedom (OTF) is a privately funded program of Craig Hospital, that assists Veterans and active duty military personnel living or stationed in Colorado with traumatic brain injuries (TBI) who have served since September 11, 2001. More than 7,200 military personnel with a TBI will return to Colorado in the next three years. Our program tailors a unique plan for each client that promotes optimum independence, productivity and successful reintegration into civilian life.

Each Veteran is assigned a Military Support Specialist (MSS) who is a Veteran and Certified Brain Injury Specialist. The MSS begins with a comprehensive analysis of the Veteran's needs and concerns. It is the responsibility of the MSS to use all resources—the Veterans Administration, local governmental and non-governmental entities—as efficiently as possible, ensuring no duplication of effort. OTF analyzes complex VA benefits, identifies potential benefit enhancements and assists the Veteran in maximizing his or her access to healthcare and other benefits. OTF has leveraged more than \$5.5 million in services and therapies through our partnerships with military and community organizations.

### Services provided or coordinated by OTF include the following:

- Crisis management and counseling
- Employment training and support
- Peer and Family support groups
- Assistive technology devices
- Emergency financial assistance for food and housing needs
- Mentoring
- Medical care
- Parenting classes
- Mental health referrals
- Assistance navigating complicated benefit processes



Learn more at [craighospital.org/OTF](http://craighospital.org/OTF)



Connecting military service members, veterans  
and their families to the highest quality resources  
provided by our trusted community partners



**One contact, multiple resources  
making it easier for you and your family**

**719-577-7417 | [www.pmcn.org](http://www.pmcn.org)**

1257 Lake Plaza Dr. Suite 220 Colorado Springs, CO 80906

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## **Youth and Young Adults AGES 11-24**

### **PROJECT RIGHT DIRECTION**

**WE PROVIDE;**

- \*TRANSPORTATION**
- \*HEALTHY MEALS**
- \*FIELD TRIPS**
- \*COMMUNITY SERVICE PROJECTS**
- \*AFTER SCHOOL PROGRAMS**
- \*ACADEMIC ENHANCEMENT**
- AND MUCH MORE!**

**Must be registered  
contact 719-464-6676  
TO ENROLL**

**Inside the Satellite Hotel  
411 Lakewood Circle #C206B  
Colorado Springs, CO 80910**



### **Activities:**

**VIDEO GAMES  
MOVIES  
BOARD GAMES  
FOOTBALL BASKETBALL SWIMMING  
DODGEBALL DANCE&MUSIC  
ARTS& CRAFTS  
FUN & GAMES  
AND SO MUCH MORE**

**HOURS VARY  
Monday-Saturday**



## **Free Classes to Learn: Tai Chi Boxing and Energetics**

**If you deal with any of the following symptoms or conditions:**

**PTSD  
Fatigue  
Chronic Pain  
Depression  
Loss of Concentration  
Anxiety  
Heart Disease  
Balance issues**

**Come out and learn an alternative way to deal with these types of issues, and an ancient martial art while you're at it.**

**This Tai Chi Boxing class is free and open to all Veterans, Service Members and their Families.**

**We will focus on learning the Yang Family 108 long form along with the martial application and energetics for each movement.**

**If you have any questions, please feel free to e-mail me at;  
[Louis.Weiss15@gmail.com](mailto:Louis.Weiss15@gmail.com)**

**Please go to our website for more information; [mtcarmelveterans.org](http://mtcarmelveterans.org)**

**719-309-4714  
[MtCarmelVeterans.org](http://MtCarmelVeterans.org)  
530 Communication Circle  
Colorado Springs, CO 80905  
8:00am – 5:00pm M-F**



## **We're opening a location in Fountain, CO!**

Starting **January 18, 2018**, we will be available for assistance with...

- 🔗 Resources
- 🔗 Job Search
- 🔗 Resumes
- 🔗 Interviewing
- 🔗 Support



There are also **six computers** available for anyone to use.

Call our main office at **(719) 471-3170** to make an appointment!

### **Women's Resource Agency — Fountain**

Peak Vista Building, Pikes Peak Workforce Center Office

350 Lyckman Dr, Fountain, CO, 80817

Open Tuesdays and Thursdays from 10 AM to 4 PM

*Helping women of all ages to attain and maintain self-sufficiency since 1972.*

**\*\*This e-mail is for informational purposes only. Distribution of this information does not express nor imply endorsement by Fort Carson or the US Army. Private Organizations are not affiliated with Fort Carson or the US Army.**