

Keep up to date with local events and deals with the



PASS IT ON COMMUNITY
NEWSLETTER

Our mission at ACS is to prepare and empower our Total Military Family to meet the challenges of military life by providing essential programs, resources, and services that enhance knowledge, life skills, well-being, quality of life, and retention.

Everyone deserves a safe relationship.



DOMESTIC VIOLENCE AWARENESS MONTH

**ACS Victim Advocacy Program
(719)526-4590**

**24/7 Fort Carson
Domestic Violence Hotline
(719)243-7907**

Give us a call at (719) 526-4590

Visit our webpage at: carson.army.mil/ACS

The "Pass It On" is available online at:

<https://carson.armymwr.com/programs/community-information-newsletter-pass-it>

6 October 2021

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Army Emergency Relief Applications

**AS OF AUGUST 15, 2021,
ALL AER APPLICATIONS
WILL BE DONE THROUGH
THE WEB PORTAL.**



To view the application step-by-step instructions, scan the QR code or visit the following link:
carson.armymwr.com/AER



If you are requiring AER assistance for **EMERGENCY TRAVEL OR FUNERAL COSTS**, please view the online AER application instructions and then call the AER office at (719) 526-4783 for further guidance.

If ACS/AER is closed, then please call the American Red Cross at 1-877-272-7337.

To learn more about how AER can help you, visit our Army Community Service Army Emergency Relief webpage

[HERE!](#)



VOLUNTEERS NEEDED

Pikes Peak Group of Colorado Mountain Club

Organization: Pikes Peak Group of the Colorado Mountain Club (PPG). The PPG has been in CSprgs since 1919 offering hiking along with many other year-round activities and classes for members to safely enjoy the outdoors. The PPG has been maintaining the A-Frame (AF) for the Forest Service since 1999. It was built in 1964. In its tree line location on the east side of Pikes Peak the weather can be brutal.

Who: Looking for any Volunteers to assist in this very beneficial endeavor as we repair this little building by replacing the roof, some 2 x 6 x12' & 14' structural supports and a new paint job inside and out.

What: Volunteers to carry shingles, lumber and tools from the top of Pikes Peak, 14,115 ft down approx. 3 miles on Barr Trail to the AF at 11,600. Each shingle bundle weighs approx. 80 lbs so they will need to be separated into smaller partials. There are about 13 bundles. Also have 8 - 2 in X 6 in X 12 ft or 14 ft length boards. Whatever amount of these supplies we can get transported will be a tremendous help. We'd like to get all supplies located at the AF before beginning construction. After construction there will be a need to bring shingle debris back to the top of Pikes Peak for disposal.

Where: We will arrange for vehicular passage and parking at the top of Pikes Peak. We will be carpooling from Colorado Springs. Contact the POC.

When: On Going project

Point of Contact: Dean Waits, dwaits24@gmail.com < Caution-mailto:dwaits24@gmail.com >

To learn more about the Army Volunteer Corps and volunteer opportunities, visit our webpage [**HERE!**](#)

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VOLUNTEERS NEEDED

Care and Share Food Bank for Southern Colorado Mobile Food Pantry

Organization: At Care and Share Food Bank for Southern Colorado, our core purpose is to bridge the gap between hunger and abundance. Our mission is to provide food, partnering opportunities, and education to fight hunger and food insecurity in Southern Colorado. Our vision is a hunger free Southern Colorado. We reach 97% of people struggling with hunger by engaging our partners and communities with our mission.

Our Mobile Food Pantry trucks are sent to low-income neighborhoods in rural communities to distribute food directly to people in need where human service agencies are too small to accommodate large quantities of food or where no agencies exist. We need your help to set up the mobile food pantry and distribute food.

Who: 25 volunteers are needed. Age: 9 and older.

What: Volunteers help set up tables, bag produce, stage food on tables prior to the start of distribution. Distribute food equitably so that all the food is gone at the end of distribution. Handle and distribute the food safely. Tear down tables, clean up trash, and ensure area is clean before leaving. These distributions occur outdoors, please dress accordingly. Closed-toed shoes are required.

Where: 350 Lyckman Drive. Fountain, Colorado 80817 (Peak Vista parking lot)

When: Second Friday of each month. 8:30am-10:30am.

Why: Care and Share Food Bank serves over 220,775 neighbors across 21 counties. We distribute over 25 million pounds of food annually. We rely on the help from 17,000 volunteers to help serve their neighbors in need. Our Mobile Food Pantries are a wonderful way to directly serve the individuals that we help nourish.

Point of Contact: Brittany Smith, Volunteer Engagement Manager. Phone: (719) 418-4295. Email: Brittany@careandshare.org

Several other volunteer activities are available in Colorado Springs, Fountain, and Pueblo. Please contact Brittany to inquire about and sign up for other opportunities.

To learn more about the Army Volunteer Corps and volunteer opportunities, visit our webpage [HERE!](#)

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VOLUNTEER NEED



ORGANIZATION: Warriors Warehouse is a redistribution Center for household items donated by businesses to giveaway Free to our E5 and below in all branches of the service in Colorado Springs.

WHO: Any person with free time that have access to Ft Carson. Age can be a teen that needs volunteer hours. Any spouse/retiree that would like to volunteer and meet some new friends.

WHAT: Volunteers will help sort thru merchandise that is received from businesses and help unpack it. Organize, fold and sort linens then bound with tape. Once folded you will help fill the shelves in the shopping area or storage area. Help organize and make food banks for referrals.

WHERE: 5769 Wallace Street, Fort Carson Co bldg 1045, Warriors Warehouse

WHEN: Recurring on Tuesday, Wednesday and/or Thursday 9:00 till 1:00. Hours can be less but at least 2 hours required.

WHY: To help prepare merchandise for our soldiers to chose from for their homes or barracks rooms for Free.

POINT OF CONTACT: Donna Swanson, Warriors Warehouse Director 402-659-8755 or come by 5769 Wallace Street, Fort Carson, Co bldg 1045 Monday 9:00-1100, Tuesday, Wednesday and Thursday 9:00 till 1:00. Or email ww.ftcarson.1045@gmail.com, or visit our Facebook page at Warriors Warehouse and the Redistribution Center, Inc.

To learn more about the Army Volunteer Corps and volunteer opportunities, visit our webpage [HERE!](#)



VOLUNTEERS NEEDED!

AT TURKEY CREEK RANCH

15300 Turkey Creek Lane
Fort Carson, CO 80913

Turkey Creek Ranch is owned by Fort Carson and used by the Fort Carson Mounted Color Guard to host events and keep our 23 military working equine.

FLEXIBLE DAYS AND
TIMES

SINGLE OR GROUP
VOLUNTEER
OPPORTUNITIES
AVAILABLE

SCHEDULE A UNIT
VOLUNTEER DAY WITH
US

ENJOY TIME
OUTSIDE

BUILD COHESIVE
TEAMS AND
FAMILIES

CONTACT:

1LT Anne Maffey at
anne.a.maffey.mil@mail.mil
or
717-829-9193

To learn more about the Army Volunteer Corps and volunteer opportunities, visit our webpage [HERE!](#)

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Holiday Gate Closures

Gates 2, 6, and 19 will be closed Oct 8 and 11 for the training holiday and Columbus Day federal holiday. Normal hours of operation for gates 2, 6 and 19 are 5 a.m. to 6 p.m. Monday-Friday.

DFMWR Update

Intramural Sports hosts a free Trick or 3 Point Shootout Oct. 29 at Ivy Fitness Center. Registration is under way by email to: Lorraine.thorson.naf@mail.mil. The first 100 participants to register receive a limited edition T-shirt. There will be prize opportunities and pumpkin giveaways.

Trail Run Club, Session 5: Run or walk different trails throughout the Colorado Springs area. The free program begins Oct. 30. There is a private Facebook group for support and motivation. This program is conducted virtually for all ages. Families are welcome. T-shirts will be awarded after four of the six trails have been completed. Contact Rebecca Baden for more information at Catherine.r.baden.naf@mail.mil. Registration is open at <https://www.eventbrite.com/e/fort-carson-trail-run-or-hike-club-session-5-tickets-181816968447>.

Directorate of Family and Morale, Welfare and Recreation (DFMWR) presents the Timeless Turkey Trot Prediction Run, a 5k run with a twist. During registration, participants predict their 5k time. The top 10 closest times will receive turkeys. The event takes place Nov. 20 at Iron Horse Park. Gates open at 9 a.m., and the 5k starts at 10 a.m. Cost is \$20, register at <https://www.eventbrite.com/e/timeless-turkey-trot-prediction-run-tickets-170023377499>.

COVID-19 Information

To see the latest information on Fort Carson's measures to prevent the spread of COVID-19 and for frequently asked questions and other information on the pandemic, visit <https://www.carson.army.mil>. To ensure the most current page is viewed, refresh the internet browser by pressing the "Control" and "F5" keys.

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Fire Prevention Week

It's Fire Prevention Week Oct. 3-9. This year's campaign theme is "Learn the Sounds of Fire Safety." When an alarm makes a noise, a beeping or chirping it is important to know the difference and take action. Everyone in the home should understand the sounds of the alarms and know how to respond. Fire Prevention events will begin Oct. 4. From 10-11:30 a.m., a fire truck and Sparky will be at Ivy Child Development Center. From noon to 1 p.m., firefighter Glen will be at the Main Exchange. Contact Fire Prevention at 719-503-3473 for more information. The Extinguisher Shop will be closed Oct. 5 due to Fire Prevention Week events.

IWR weekend schedule

James R. Wolf Ivy Warrior Restaurant (IWR), building 1444 near Specker Avenue and Nelson Street, will be open Oct 8-11 for brunch and supper and will resume normal operations Oct 12.

Robert C. Stack IWR, building 2330 on Utah Beach Drive near Titus Boulevard and Specker Avenue, will close after lunch Oct 7, be closed Oct 8-11 and resume operations Oct 12.

Warfighter IWR, building 9439 near Wilderness and Warfighter roads, will be closed Oct 8-11 and resume normal operations Oct 12.

The Outpost Kiosk, building 2061, weekday hours are from 9 a.m. to 3 p.m.

Hours: Weekend hours are brunch from 9:30 a.m. to 1 p.m. and supper from 5-6:30 p.m.; and weekday hours are breakfast from 7-9 a.m. (Warfighter 7:30-9 a.m.), lunch from 11:30 a.m. to 1 p.m. and dinner from 5:30-7 p.m. (Warfighter 5-6:30 p.m.)

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Learn to relate with your partner in a calm, cool and connected way. This full day seminar includes topics such as:

- Calming Down, Growing Up, and Getting Closer
- The Fires of Lifelong Commitment
- Getting Closer with Intimacy and Love

This seminar will be located at the Elkhorn Catering & Conference Center.

Oct 21, 2021
9 am - 4 pm



Learn about the responsibilities of the Fund Custodian and the Army regulations for managing Soldier & Family Readiness Group (SFRG) Informal Fund accounts and fundraising.

This class is being provided as a blended learning opportunity. At registration, attendees will have the choice to identify whether they will be participating either "in-person" or "virtually".

In case of inclement weather: If the installation is on a delay, class will start as scheduled, at 0930. In case of post closure you will receive notification of make-up date.

Oct 20, 2021
10 am - 11:30 am

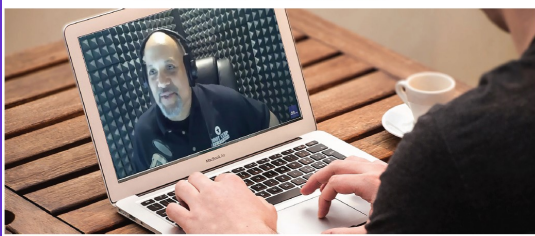
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FORT CARSON NEW PARENT SUPPORT

DADDY BOOT CAMP



Boot Camp for New Dads© (aka Daddy Boot Camp©) is a one-session workshop, led by men, for men. In this session, you'll be oriented to new fatherhood by the experts - new fathers and their babies. Topics include: gatekeeper phenomenon, troubleshooter's guide to crying babies, caring for new moms, birth and bonding, what to expect postpartum, work/family balance, and your role as a protector.

Oct 19, 2021
8:30 am - 11:30

Military Spouse Preference & Federal Employment



Did You Know? As a Military Spouse you may be eligible for the Priority Placement Program (PPP). Learn about the requirements and documentation needed for these and other spouse employment and educational opportunities.

Oct 20, 2021
9:30 am - 10:30

Army Community Service Upcoming Classes

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DATE	CLASS	TIME
October 8th	Take Control of Your Credit - Foundational Readiness Classes for Your Personal Finances	9:30 am - 10:30 am
	Play Group	10 am - 12 pm
	Financial Aspects of Divorce - Foundational Readiness Classes for Your Personal Finances	11 am - 12 pm
October 12th	Cooperative Parenting and Divorce Class	9 am - 1 pm
	Infant Massage & Baby Nurturing	9:30 am - 11 am
	SFRG Management Course	9:30 am - 2:30 pm
	Baby Orientation	10 am - 11:30 am
	Nurturing Families Through Play	10:30 am - 12:30 pm
	Center on Fathering	1 pm - 3 pm
	Domestic Violence Support Group	1 pm - 2 pm
	Heartbeat	6:15 pm - 8 pm
	Nurturing Ages 0-5	9:30 am - 11:45 am
October 13th	Write a Winning Resume	9:30 am - 10:30 am
	Financial Strength Budgeting 101	10 am - 11 am
	Nurturing Ages 3-12	5:30 pm - 7:45 pm
	Toddler Time	9:30 am - 11 am
October 15th	Preparing Financially for a New Child - Foundational Readiness Classes for Your Personal Finances	9:30 am - 10:30 am
	Domestic Violence Prevention Training	10 am - 11 am
	Play Group	10 am - 12 pm
	Mountain Post Living Welcome for Spouses and Families	10:30 am - 11:30 am
	Marriage: Happily Ever After - Foundational Readiness Classes for Your Personal Finances	11 am - 12 pm
	How to Help a Friend	1 pm - 2 pm
October 18th	Prevention & Relationship Education Program (PREP)	9 am - 11 am
	Parents and Tots Walking Group	10 am - 12 pm

Click [HERE](#) to check out the Fort Carson MWR calendar!

Army Community Service Upcoming Classes

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DATE	CLASS	TIME
October 19th	Daddy Boot Camp	8:30 am - 11:30 am
	Boot Camp for New Moms	9 am - 12 pm
	Everyday English for Foreign Born Spouses	9:30 am - 11:30 am
	Infant Massage & Baby Nurturing	9:30 am - 11 am
	Nurturing Families Through Play	10:30 am - 12:30 pm
	Center on Fathering	1 pm - 3 pm
October 20th	Military Spouse Preference & Federal Employment	9:30 am - 10:30 am
	Nurturing Ages 0-5	9:30 am - 11:45 am
	SFRG Fund Custodian Training	10 am - 11:30 am
	Soldier & Family Readiness Group (SFRG) Key Contact Training	1 pm - 2:30 pm
	Nurturing Ages 3-12	5:30 pm - 7:45 pm
October 21st	ScreamFree Marriage Seminar	9 am - 4 pm
	Career Exploration & Assessments —Professional Development Series	9:30 am - 10:30 am
	Toddler Time	9:30 am - 11 am
	Latino Meet-Up	2 pm - 4 pm
October 22nd	Take Control of Your Credit - Foundational Readiness Classes for Your Personal Finances	9:30 am - 10:30 am
	Play Group	10 am - 12 pm
	Financial Aspects of Divorce - Foundational Readiness Classes for Your Personal Finances	11 am - 12 pm
October 23rd	2021 Make a Difference Day	8 am - 12 pm
October 25th	Art and Movement	10:30 am - 11:30 am
October 26th	Baby Sign Language Basics	9 am - 11 am
	Federal Resume and USAJOBS.gov	9 am - 12 pm
	Infant Massage & Baby Nurturing	9:30 am - 11 am
	Nurturing Families Through Play	10:30 am - 12:30 pm
	Center on Fathering	1 pm - 3 pm

Click [HERE](#) to check out the Fort Carson MWR calendar!

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**WE KNOW THE SYSTEM.
WE CAN HELP.**

The Exceptional Family Member Program (EFMP) provides comprehensive support to family members with special needs. EFMP takes an all-inclusive approach to coordinate military and civilian community, educational, medical, housing, and personnel services to help Soldiers and their Families with special needs.

Where can I find EFMP Services?

EFMP - For Enrollment/ Updates/ Disenrollment/FMTS

Evans Army Community Hospital (EACH)
1650 Cochrane Circle, Bldg. 7500
(719) 526-7805

EFMP – For Family Support Services

Army Community Service – ACS Annex
1481 Titus Blvd., Bldg. 7492
(719) 526-0400

An Exceptional Family Member is a Family member with any physical, emotional, developmental, or intellectual disorder that requires special treatment, therapy, education, training, or counseling.

Visit our webpage [HERE!](#)

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Army Community Service delivers classes and programs designed to help Commanders maintain readiness. Soldiers that have created healthy financial habits, strong relationship skills, and have Family members that are knowledgeable about where to go for resources and community information will be more equipped to face the stresses of deployment and general life in the Army. Army Community Service brings classes, briefs and programs to your unit's footprint to meet the needs of Soldiers and their Family members.

Army Community Service

Portable Class Delivery



**Classes on *your time*, in a location of *your choice*,
customized to *your needs*.**

Do you need:

- 1.) examples of ways you can schedule an ACS class or presentation?
- 2.) to learn how to request a class, briefing, or presentation?
- 3.) helpful tips to make your training a success?
- 4.) to view the full portable class schedule and listings?
- 5.) other training ideas for your unit or group, and registration information?

Visit the Portable Class Delivery webpage [HERE](#)

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FORT CARSON EMPLOYMENT READINESS

October 2021 - March 2022 Workshop Schedule

Professional Development Series

Oct 7th	LinkedIn Fundamentals--9:30 to 10:30 am	In Person Workshop
Oct 21st	Career Exploration & Assessments--9:30 to 10:30 am	
Nov 4th	LinkedIn Fundamentals--1:30 to 2:30 pm	In Person Workshop
Nov 18th	Make Your Mark, Grow Professionally--1:30 to 2:30 pm	
Dec 2nd	LinkedIn Fundamentals--9:30 to 10:30 am	In Person Workshop
Jan 13th	LinkedIn Fundamentals--1:30 to 2:30 pm	In Person Workshop
Jan 20th	Career Exploration & Assessments--1:30 to 2:30 pm	
Feb 3rd	LinkedIn Fundamentals--9:30 to 10:30 am	In Person Workshop
Feb 17th	Make Your Mark, Grow Professionally--9:30 to 10:30 am	
Mar 3rd	LinkedIn Fundamentals--1:30 to 2:30 pm	In Person Workshop
Mar 17th	Interview Skills & Techniques--1:30 to 2:30 pm	

LinkedIn Fundamentals: Learn how to build your professional identity & brand on this platform by understanding its functions and capabilities. Understand how to make connections and develop professional relationships to help your job search. Class participants receive a referral to a local community partner for a FREE head shot.

Career Exploration & Assessments: Discover your interests, likes & dislikes before setting out on your job search. ERP experts can help you to determine which career may be a good fit for you.

Make Your Mark, Grow Professionally: Learn how to keep up and stand out in today's fast-paced, ever-changing workplace. Grow professionally and experience success by learning how to navigate today's competitive workforce.

Interview Skills & Techniques: Join this interactive workshop to learn what common interview mistakes to avoid. Discuss frequently asked questions. Covers tips & trends and learn how to effectively interview for the job.

ERP offers blended classes with the exception of LinkedIn Fundamentals. Select whether you prefer to attend in person or virtually when you register. All class information subject to change.

Register@www.carson.armymwr.com/calendar or call: 719.526.0452

'Like us' on FB and 'Join Us' on LinkedIn@Ft Carson ACS ERP



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FORT CARSON **EMPLOYMENT READINESS**

October 2021 - March 2022 Resume Class Schedule

Military Spouse Preference (MSP) & Federal Employment

Oct 20th--9:30 to 10:30 am
Nov 17th--1:30 to 2:30 pm
Dec 15th--9:30-10:30am
Jan 19th--1:30 to 2:30 pm
Feb 16th--9:30 to 10:30 am
Mar 16th--1:30 to 2:30 pm

***Write a Winning Resume**

Oct 13th--9:30 to 10:30 am
Nov 10th--1:30 to 2:30 pm
Dec 8th--9:30 to 10:30 am
Jan 12th--1:30 to 2:30 pm
Feb 9th--9:30 to 10:30 am
Mar 9th--1:30 to 2:30 pm

***Federal Resume & USAJobs**

Oct 26th--9:00am to 12noon
Nov 30th--1:30 to 4:30 pm
Dec Class Canceled
Jan 25th--1:30 to 4:30 pm
Feb 22nd--9:00am to 12 noon
Mar 22nd--1:30 to 4:30 pm

ERP resume writing classes are designed to help participants develop a competitive private sector and/or federal resume. For in-person resume reviews, interview prep session or career counseling & assessment, contact an ERP Specialist.

ERP Program Specialists are Certified Federal Career Coaches (CFCC) and Certified Federal Job Search Trainers (CFJST).

***Federal Resume & USAJobs** and **Write a Winning Resume** will be conducted in class/in person. All class information subject to change.

Register@www.carson.armymwr.com/calendar or call: 719.526.0452

'Like us' on FB and 'Join Us' on LinkedIn@Ft Carson ACS ERP



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ACS Financial Readiness Program Presents: Foundational Readiness Classes for Your Personal Finances



PREPARING FINANCIALLY FOR A NEW CHILD

1st and 3rd Friday 9:30 a.m. - 10:30 a.m.

Whether you are having a baby, adopting, or becoming a stepparent due to a marriage, this class is designed to help prepare you for the changes that come with your growing family.

MARRIAGE - HAPPILY EVER AFTER

1st and 3rd Friday 11:00am a.m. - 12:00 p.m.

As a couple, this class will help you make decisions, avoid financial difficulties, and assist you and your loved ones to start off on the right foot no matter what major life event comes your way.

TAKE CONTROL OF YOUR CREDIT

2nd and 4th Friday 9:30 a.m. - 10:30 a.m.

Come learn how to establish credit, to check your credit reports and resolve errors, the debt-to-income ratio, manage existing debt, recognize the warning signs of debt problems, and what to do if your debt is out of control.

FINANCIAL ASPECTS OF DIVORCE

2nd and 4th Friday 11:00 a.m. - 12:00 p.m.

The goal of this class is to help reduce the stress and uncertainty associated with the financial aspects of divorce. Come learn how to make smart, informed financial moves so that you can emerge from your divorce with greater financial confidence.

These classes are currently offered virtually. In-person classes are available by request.

Register at www.carson.army.mil/acs

For more information: (719) 526-4590



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**MILITARY & FAMILY
LIFE COUNSELING**

If you wish to speak to an MFLC other than your identified MFLC, please call 719-526-4590 for assistance.

To speak to a Child and Youth Behavioral MFLC, please call Parent Central Services at 719-526-1101.

**Military
& Family
Life
Counseling**

**Need to talk?
Military & Family Life
Counselors are here to
provide help with the
stress of military life at
no cost.
Call an MFLC at
(719) 526-4590**

www.carson.army.mil/acs

Visit our webpage [HERE!](#)

Mountain Post Spouses' Club

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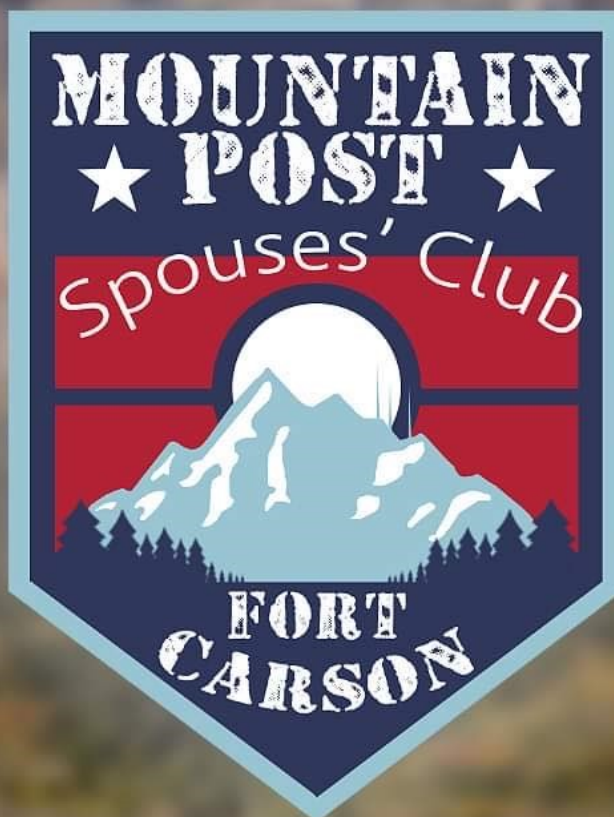


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The Mountain Post Spouses' Club is an all ranks spouses group on Fort Carson dedicated to giving back to Soldiers and their families.

Membership is open to all spouses of the Armed Forces, both active and retired.

To learn more, visit: <http://www.mpsc.us/> or call (719) 526-5966



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[Auto Skills Center](#)

[Army Community Service](#)

[Better Opportunities for Single Soldiers](#)

[Child and Youth Services](#)

[Community Events](#)

[Elkhorn Catering and Conference Center](#)

[Financial](#)

[Fort Carson Mountaineer](#)

[Fort Carson MWR Events](#)

[Fountain Fort Carson School District 8](#)

[Libraries](#)

[Outdoor Recreation](#)

[Peterson AFB MWR](#)

[Pikes Peak Cultural Events](#)

[Schriever AFB MWR](#)

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[Sports & Fitness](#)

[Tickets \(Leisure Travel Services\)](#)

[U.S. Air Force Academy MWR](#)

[United Service Organizations \(USO\)](#)



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Weekly Food Pantry Pick-ups
Every Tuesday from 2pm - 6pm
3219 S. Academy Blvd. Colorado Springs, CO 80916



Monthly Drive-Thru/Walk-Up
Food Distribution on the 2nd Friday of
every month behind the building.
Line starts at 3:00pm for 4pm
distribution. Ends at 6pm.

Any questions please give us a call at (719) 985-8935

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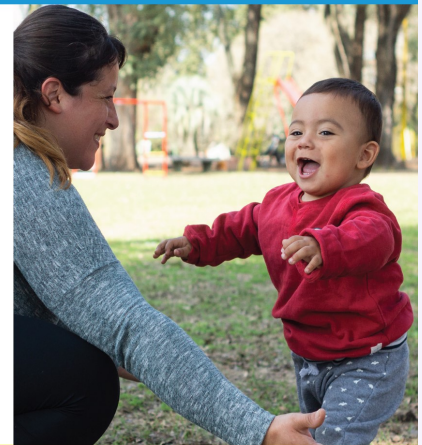
GET HELP BUYING FOOD FOR YOUR FAMILY

Did you know benefits could be available to you? The Supplemental Nutrition Assistance Program (SNAP) is an on-going monthly food benefit that helps Colorado families to afford healthy food when budgets are tight. SNAP gives you options--you can choose where to shop and what to buy. These benefits are for you!

SNAP is For You

SNAP is available for all eligible families. You can receive SNAP benefits if you have limited income or high living expenses. If you are an immigrant, receiving SNAP for eligible children (such as US Citizen kids) does not impact public charge. Visit KeepYourBenefits.org for more information about immigration and benefits.

Many Coloradoans use SNAP. There is enough for all who are eligible--it's just waiting for you to use it!



Fill out a SNAP application

You can apply online for SNAP benefits using the Colorado PEAK website colorado.gov/PEAK or on your smartphone using the MyCOBenefits app. You can download the app from the Apple or Android app store.

If your family qualifies for SNAP, you might also qualify for Pandemic EBT (additional funds for groceries to support children) this year! Learn more at cdhs.colorado.gov/p-ebt

Additional Pandemic Resources

Food pantries and other programs (like WIC) offer free food, meals, nutrition support, and more. Visit Hunger Free Colorado's COFoodFinder.org to learn more!

Right now, a family of 3 can be eligible to receive up to \$616 per month!

This institution is an equal opportunity provider. This project has been funded at least in part with Federal funds from the U.S. Department of Agriculture. The contents of this publication do not necessarily reflect the view or policies of the U.S. Department of Agriculture, nor does mention of trade names, commercial products, or organizations imply endorsement by the U.S. Government.



COLORADO
Department of Human Services

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FREE FOOD DISTRIBUTION

LOCATION:

Centennial Elementary, 1860 S. Chelton Road

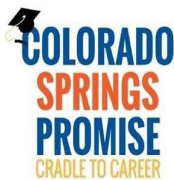
DATE:

Every 1st & 3rd Thursday of the month

June 17	Aug 19	Oct 7	Nov 18
July 1	Sept 2	Oct 21	Dec 2
July 15	Sept 16	Nov 4	Dec 16
Aug 5			

TIME:

11:30am until food runs out



Dates and times are subject to change.
Visit ppunitedway.org for updated information.

Food Resources

Keep up to date with local events and deals with the



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Marian House
Marketplace

FOOD INSECURITY?

**We are
here to
help**

Our pantry offers fresh,
frozen and shelf-stable
healthy foods for families and
individuals in crisis

Catholic Charities of Central Colorado has expanded its services to offer monthly shopping in their Marketplace Pantry for a variety of healthy foods to cook at home.

To register or schedule an appointment call 719.866.6288 or email pantry@ccharitiescc.org

Check out their Facebook page at:
Catholic Charities of Central Colorado

Keep up to date with local events and deals with the



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NURTURE THE LIVING CARE FOR THE WOUNDED AND HONOR THE FALLEN

Fort Carson & 4th Infantry Division

**Chaplain Hotline
(719) 387-1574**

**A Chaplain is available to you
24 hours a day 7 days a week**

**Chaplains have complete confidentiality
and are here to assist you**



U.S. ARMY CHAPLAIN CORPS
CARING FOR THE SOUL OF THE ARMY



Facebook.com/4IDCarsonRSO

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Wednesday Family Night, Fort Carson

@wednesdayfamilynight · Religious Organization

Wednesday Family Night is a Christian-based ministry provided by the chapels of Fort Carson and hosted at Soldiers' Memorial Chapel.

Make sure to check out their new Facebook page as well at Wednesday Family Night, Fort Carson!

Awana Club, Adult Bible Studies, and Fort Carson Youth Group are beginning August 25th to December 1st!

Awana Clubs are a fun, engaging way for children to grow in their knowledge of the Bible and their relationship with God.

The Fort Carson Youth Group is led by military chaplains and is open to any students 7-12th grade!

SIGN UPS ARE OPEN!

Take a few minutes now if you haven't already by clicking

[HERE!](#)



Dinner • Nursery • Kids Program • Adult Classes

Keep up to date with local events and deals with the



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CLUB BEYOND AT FORT CARSON

“Where Military Teens Belong”

Club Beyond is an authorized program for middle school students at Fort Carson to experience community and grow in faith. Club combines **FUN, FRIENDS, GAMES, COMPETITIONS, PRIZES, VIDEOS, MUSIC, FOOD** AND DID WE MENTION **FUN?!!**



Club Beyond meets every other Thursday afternoon from 3:25 to 4:20PM at Carson Middle School Room A205.

For information and schedules of Club Beyond events, contact Will Sanborn at wsanborn@clubbeyond.org or 402-910-1826

CLUB BEYOND IS A RECOGNIZED NON-FEDERAL ENTITY AND IT IS NOT PART OF THE DEPARTMENT OF DEFENSE AND HAS NO GOVERNMENT STATUS.

Keep up to date with local events and deals with the



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Heroes' Legacy Scholarship

College scholarships for children of service members who've died or become seriously injured in the line of duty since 9/11.

Click [HERE](#) For More Information



Military Spouses

Scholarship funds can be used towards degrees, certifications, licensure, clinical supervision for mental health licensure, CEUs, business expenses and more!

Click [HERE](#) For More Information



Search for Scholarships

Find even more scholarships available for children and spouses of military (active, reserve, retired) and veterans.

Click [HERE](#) For More Information

Keep up to date with local events and deals with the



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MILITARY *families* MAGAZINE

Click [HERE](#) for 35+ Scholarships
for Military Spouses and Military Kids

Military Family Member Scholarship Opportunities

Click below to learn more!

Nationwide Surviving Spouse and
Dependent Children Scholarship Program

Marine Gunnery Sergeant
John D. Fry Scholarship

Fisher House Foundation
Scholarship Program

No Angel Left Behind

Freedom Alliance

Keep up to date with local events and deals with the



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TRICK OR 3 POINT SHOOT OUT TOURNAMENT

INTRAMURAL SPORTS

OCTOBER 29th, 2021
6-9 p.m.

Ivy Fitness Center

Registration

September 17th-October 22nd
lorraine.thorson.naf@mail.mil

FREE

First 100 participants receive limited edition t-shirts
Prizes for 1st place
Free candy and pumpkins while supplies last



For more information call Intramural Sports @ (719) 526-7585



More Events and Info at
MWRFortCarson.com



[carson.sports](https://www.facebook.com/carson.sports)
[CarsonDFMWR](https://www.facebook.com/CarsonDFMWR)



[@carsonmwr](https://twitter.com/carsonmwr)
[#CarsonMWR](https://twitter.com/CarsonMWR)



Intramural Sports Office
Building 2031
Fort Carson, CO 80913

Keep up to date with local events and deals with the



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Lapsit Story Time

Tuesdays | 1030-1130

Stories, music, play; maybe make a friend to-day! Babies 0-24 months and their caregivers can enjoy stories, rhymes, and movement.

LEGO CLUB

Wednesdays | 1530-1630

Strengthen creativity and engineering skills while having fun! Build whatever you can imagine! The library will provide the Lego blocks.

All ages welcome!

Preschool Story Time

Thursdays | 1030-1130

Story time for children and their parents, featuring stories and crafts.

Saturday Story Party-Monsters!

Saturday, October 2 | 1030-1200

Calling all monsters! Growl, roar, and stomp over to the library for not-so-scary monster stories, games, and crafts.

All ages welcome!

Crafternoons for Adults

Thursday, October 7 | 1300

Let's get crafty! Join fellow crafters and learn the craft of the month.

Open to all adults.

Spanish | English

Coffee & Conversation

Friday, October 8 | 1000-1200

For English speakers learning Spanish, and Spanish speakers learning English, join us at Grant Library. Practice speaking a language that you know or are learning, converse in a friendly atmosphere, meet new people, and enjoy coffee, refreshments, and conversation!

Anime Club

Friday, October 8 | 1530-1700

Calling all otaku! Hang out, watch anime, read & draw manga, talk about your favorites, and have snacks. Cosplay is always welcome.

Homeschool Hangout

Tuesday, October 19 | 1300-1500

Geared for homeschooling families, connect with other families, play games, and enjoy activities!

Book Club for Adults

Thursday, October 21 | 1300-1400

Grant Library Book Club is meeting up to snack, pick out our first book, and chat! Come meet some new friends!

The book club is open to all adults.

Maker Space Meetup

Saturday, October 30 | 1300-1500

Calling all tinkers, makers, designers, and engineers! Explore our 3D printer and STEM educational kits, like Snap Circuits, Kibo Robotics, K'Nex, LEGO, Keva Structures, and more.

Saturday Story Party-Dinosaurs!

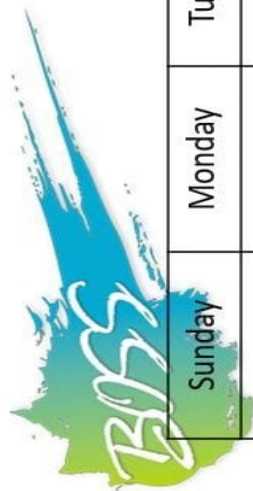
Saturday, November 6 | 1030-1200

Chomp, stomp, roar; Story Party like a Dinosaur! Join us for dino-stories, crafts, & activities. Dress up as your favorite!

All ages welcome.



Better Opportunities For Single Soldiers



OCTOBER 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4	5	6 BOSS General Rep Meeting @ HUB 1300	7 Study Board @ 1730-1900 HUB	8	9
10	11	12	13 BOSS Executive Council Meeting @ HUB 1300	14 Study Board @ 1730-1900 HUB	15 Top Golf 1730 – 1930 No DUI for 4 th EN Antlers Hotel 1900 - UTC	16 Skydiving @ Colorado Mtn Skydive from 0800 – UTC
17	18	19	20 BOSS General Rep Meeting @ HUB 1300	21 Study Board @ 1730-1900 HUB	22 Haunted House/Hellscream 1900 – UTC	23 Make a Difference Day @ Dog Park 0800 – 1300
24/31	25	26	27 Vehicle Winterization Class @ Auto Skills Center 1700	28 Study Board @ 1730-1900 HUB	29	30 Halloween party @ The HUB 1800 – 2200



Major BOSS Event

Quality of Life

Community Service

Life Skills

Recreation & Leisure

BOSS Office – The HUB

6371 Specker Ave

Bldg. 1532

Fort Carson, CO 80913

(719) 524-0126

M-F 1000 – 1600

CPL Devon Douglas –

BOSS President

(719) 338-0493

Keep up to date with local events and deals with the



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Fort Carson Education Services MINI FAIR EVENTS

1130 – 1330

Wednesday, 13 October 2021: Fort Carson PX

Wednesday, 27 October 2021: Fort Carson PX

- Learn about Active Duty education benefits
- Spouse educational funding opportunities
- Find out about degree programs and classes taught on-post



CSU PUEBLO



Military & Veterans Programs
PIKES PEAK COMMUNITY COLLEGE



UCCS University of Colorado
Colorado Springs



UNIVERSITY OF MARYLAND
GLOBAL CAMPUS

EMBRY-RIDDLE
Aeronautical University

Call the Fort Carson Education Center for more details at 719-526-2124

Keep up to date with local events and deals with the



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**On Fort Carson, you can
reach out to the Substance
Use Disorder Clinical Care
(SUDCC) team for help.
719 – 526 – 7663 / 4585**

**Contact ASAP at 719 – 526 – 2727
for Education and Prevention
support**



The Army Substance Abuse Program's Mission is to sustain readiness and promote a healthy lifestyle in the Fort Carson community by providing education, quality assistance in order to reduce the impact of alcohol and other drug abuse that affects Soldiers, Families, Civilian Employees and Retirees. Their Vision is to reduce the negative impact of substance abuse at Fort Carson by providing quality Services.

[Employee Assistance Program](#)

[Prevention](#)

[Risk Reduction](#)

[Suicide Prevention](#)

[Drug Testing / Collecting](#)

Military Personnel, DOD Civilians and Retirees:

Contact ASAP at (719) 526-2727 or by email at

usarmy.carson.imcom-central.mbx.dhr-asap@mail.mil

Keep up to date with local events and deals with the



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ASAPASAURUS

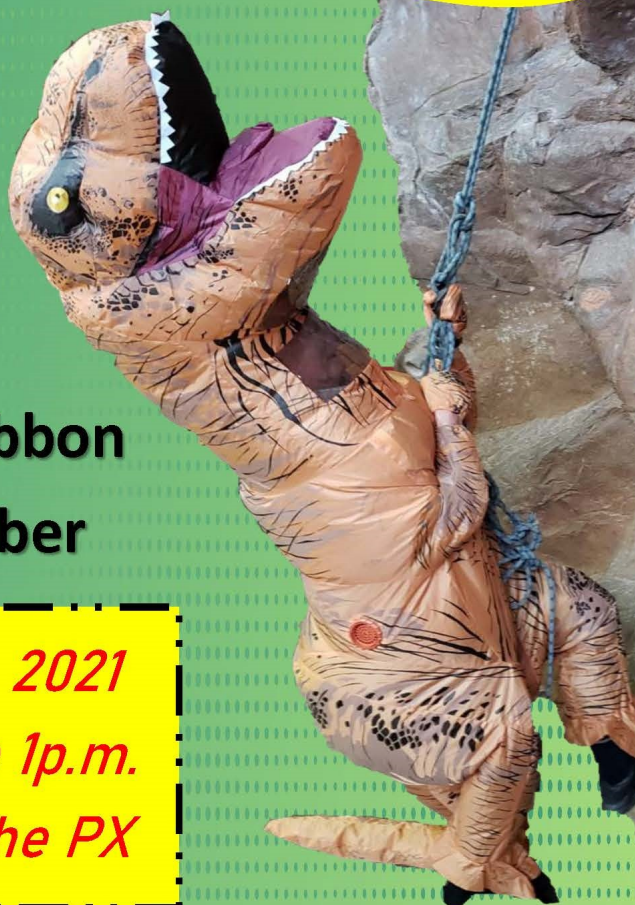
AND HIS DRUG-FREE ADVENTURES

FREE BOOK
to the first 200 kids!
Get your book signed by
ASAPasaurus himself!

Celebrating Red Ribbon
Week 23-31 October



Oct. 23, 2021
11a.m. to 1p.m.
Inside the PX



*An original, Drug-Free Children's Book,
created by the Fort Carson
Army Substance Abuse Program.*



armymwrlibrary

Grant Library & ACS



Keep up to date with local events and deals with the



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Dear Cal,

Most of my coworkers have very different political beliefs than I do. They constantly talk about it in the office even though I have ask them to leave politics at home. How can I get them to not talk about it at the office?

“ASK CAL”

Answering the Fort Carson community's questions about balancing life, work and family.



(719) 526-2196

Calvin.N.Lidmark.civ@mail.mil

Political beliefs are our right. Still, like other sensitive conversations, it can make working difficult. A starting point is to respect others views and at the same time ask that these views be discussed at lunch or break time between themselves, or after work. Try to distract away from these often volatile topics and redirect the conversations to work related issues everyone has an interest or investment in. Asking your Supervisor for assistance in promoting workplace etiquette and defining workplace rules may be necessary. If such topics lead to a hostile work environment, you may want to pursue other action. The important thing to avoid is giving the perception that other's beliefs are not valued. After all, we want our beliefs to be respected. Eliciting other's support in creating a positive work environment is critical.

[Submit Your Question By Clicking HERE](#)

Keep up to date with local events and deals with the



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TOP RISK FACTORS FOR SUICIDES

65%

Access to Lethal Means

More than 65% of military suicide deaths involve the use of a firearm



Relationship Challenges

Approximately 40% of active duty Service members experienced a failed or failing relationship 90 days prior to suicide death



Fall from Glory

Approximately 30% of active duty Service members experienced administrative or legal problems in the 90 days prior to suicide death



Perceived Stigma

Hesitancy to access mental health or other support services due to perceived stigma associated with help-seeking

RISK FACTORS



Lack of belonging and sense of being a burden



Emotional and psychological pain



Inability to deal with stress



Access to lethal means



Mental health problems

PROTECTIVE FACTORS



Feeling a sense of belongingness and connectedness (e.g., family, friends, trusted peer/adult, community support, or spiritual) and having a purpose



Being able to express feelings and having access to care/support



Having effective coping, problem-solving and communication skills, and positive thinking



Willingness to use a variety of support and care



Means reduction and safety planning

HOW TO HELP SOMEONE IN SUICIDAL CRISIS

- ✓ Be direct. Talk openly and matter-of-factly about suicide.
- ✓ Be willing to listen. Allow expression of feelings. Accept the feelings.
- ✓ Be non-judgmental. Don't debate whether suicide is right or wrong, or whether feelings are good or bad. Don't lecture about the value of life.
- ✓ Get involved. Become available. Show interest and support.
- ✓ Offer hope that alternatives are available, but do not offer general reassurance such as "It will get better," or "It could be worse."
- ✓ Get help from persons or agencies specializing in crisis intervention and suicide prevention.
- ⊗ Don't dare him/her to do it.
- ⊗ Don't act shocked. This will put distance between the two of you.
- ⊗ Don't be sworn to secrecy. Seek help.

Call the Veterans/Military Crisis Line at 1-800-273-8255 (press 1).

RESOURCES

FOR EVERYDAY LIFE CHALLENGES

MILITARY ONE SOURCE

800-342-9647
www.MilitaryOneSource.mil



Veterans Crisis Line
1-800-273-8255 PRESS 9



Dial 911

Make it Your Mission to...
#BeThere

DEFENSE SUICIDE PREVENTION OFFICE

facebook.com/DSPOMil | twitter.com/DSPOMil
instagram.com/DSPOMil

Version 208_v1

September is Suicide Prevention Month
#BeThere: Connect to Protect

Suicide Prevention Lifeline

Call 1-800-273-8255 or Text 838255
TO GET HELP NOW!

Keep up to date with local events and deals with the



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Safe Exchange Location



Child Custody Exchange
Online Purchase Exchange

The Fort Carson Police/Provost Marshal Division offers an Exchange Zone. The Exchange Zone is for The Fort Carson community to conduct child custody exchanges or exchange items which have been bought or sold online.

The parking areas in front of the building (main entrance) are under 24 hour camera surveillance. If you would like to use an indoor location due to weather or other factors, please speak with the Desk Sergeant inside the main doors.

Fort Carson Police
7227 Christie Street (BLDG 2700)
Fort Carson, Co 80913
Desk Sergeant: (719) 526-6199



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THE CITY OF FOUNTAIN PRESENTS

TRUNK OR TREAT

ON MAIN STREET



FRIDAY | OCTOBER 29 | 5-7 P.M.

PLEASE JOIN US FOR MOVIE NIGHT, BEGINNING IMMEDIATELY AFTER.
WE WILL BE SHOWING COCO!

Keep up to date with local events and deals with the



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Are you an El Paso County resident
affected by COVID-19?

¿Eres un residente de El Paso County
afectado por COVID-19?

ASSISTANCE AVAILABLE FOR RENT, MORTGAGE & UTILITIES
ASISTENCIA DISPONIBLE PARA RENTA, HIPOTECA Y UTILIDADES

\$21 MILLION AVAILABLE NOW
\$21 MILLONES DISPONIBLES AHORA

CALL 2-1-1
MARCA 2-1-1



Or apply online:

O aplique en nuestra pagina de internet:

cdola.colorado.gov/rental-mortgage-assistance



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DV Awareness Month Rally

Location: City Hall
107 N Nevada Ave # 300,
Colorado Springs, CO
80903

Date & Time
Oct 8th 3-5pm

education and awareness,
speakers, and a
remembrance
ceremony

Community Luncheon

Location : Story Church
2520 Airport Road,
Colorado Springs, CO
80910

Date & Time
Oct 1st
11:30-1:00pm

Mark your calendar

OCTOBER EVENTS

1

8

19

Join us as we continue to change the
narrative surrounding Domestic
violence

For more info or to sign up
contact us at 719-247-8190



Painting with a cause
Story Church 2520 Airport Road, Colorado
Springs, CO 80910
Date & Time : Oct 19th @ 6pm

Keep up to date with local events and deals with the



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2021 ANNUAL ADOPTION WORKSHOP & INFORMATION FAIR

TUESDAY, NOV 2, 9 AM-NOON

SOUTH EAST ARMED SERVICES YMCA,
2190 JET WING DR, COLORADO SPRINGS, CO 80916

WORKSHOP – 9-10:30 am. Learn about different types of adoption, military reimbursement, application processes and more.
INFO FAIR – 10 am-noon. Connect with the various adoption agencies and community partners who support adoption/foster care families.

FOR MORE INFO & REGISTRATION, please contact the USAF Academy Airman & Family Readiness Center at 719-333-3444 or 10FSS.FSH.AFRC@us.af.mil



This event is co-hosted by USAF Academy and the Armed Services YMCA
Supported by the PAFB, Schriever A&FRC & FT Carson ACS



USAFAsupport.com

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MISSION: HEALTHY BABY®

Mission: Healthy Baby® is designed specifically to address the unique needs of military families. Military families sacrifice a great deal and many are relocated to bases away from family and friends. The goal of this program is to provide free pregnancy and newborn health education, support services and baby supplies to help military moms and families have healthy, full-term babies.

This year's event will be virtual and will shower over 1,000 moms with education, baby items and more. Moms will have the chance to network with other moms-to-be and learn about support networks we've set up to address their specific needs, including online community resources.

TIMELINE:

- **July 12:** Registration opens—moms will need to register using this link: <https://marchofdimes.forcebook.com/forms/military-baby-shower-2021>
- **September 4:** Registration closes
- **Late September/October:** Becoming a Mom sessions—these are free online education classes for moms where additional gifts will be given away.
- **November 13:** National virtual military shower—moms must attend this event to receive the free baby items, which will be shipped directly to their home within 4-6 weeks of the shower. (Time of shower TBD.)

ELIGIBILITY TO ATTEND:

- All military families that are E5 rank or below.
- Must be pregnant at the time of the shower.



For more information, please contact Meredith Repik at mrepik@marchofdimes.org or 843-614-3355.

SIGN UP TODAY

PHILIPS

Keep up to date with local events and deals with the



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Responding to Relationships

FREE

Military & Responder MARRIAGE SERIES & RETREAT

Oct. 8 & Nov. 5-7 2021

myrelationshipcenter.org/rtr

REGISTRATION OPENS AUG. 30th

SAVE THE DATE

The Center for Relationship Education has a new federally funded project called **Responding to Relationships**. Under the grant, we are able to serve military and emergency responder couples (seriously dating, engaged, long-term partnership, married) for **FREE**. Attached you will find the Save the Date for the next series. Registration is on a first-come/first-serve basis.

[REGISTER HERE](#)

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CYS Recruitment Fair



Oct 20 2021, 1 pm - 6 pm

How to Apply:

Interested candidates may their application package consisting of:

- Resume
- Proof of education (e.g, high school diploma, transcripts, etc.), and
- Other supporting documentation (e.g., PCS orders and DD 214 (if applicable for military Spouses claiming SEP and for Veterans claiming OAV), etc.)

Use one of the two methods identified below to apply:

(1) Electronically (preferred):

Apply online at [USAJOBS.com](https://www.usajobs.com); or

(2) Manually:

If unable to apply online, applicants may submit their application package using a manual application method. Please contact the NAF Human Resources Office or representative [Michelle Cunningham](#) to request a copy of the manual application form. All completed manual application forms (along with resume and other supporting documentation) must be received no later than 10:30 AM local time on October 20, 2021 in order to process your application in a timely manner.

Note: Applications received after 10:30 AM local time will receive a message from the local NAF HR stating that they will not be considered for the hiring fair but they may apply via USAJOBS and be considered on future lists.

Applicants will receive communications from the HR Office to inform them of the status of their application (e.g., application received, rating completed, referral status, etc.)

Applicants should be on the look out for custom notifications that may contain reminders and/or specific details regarding the local recruitment fair.

Interviews will be conducted between 1–6 p.m. on October 20, 2021. Eligible applicants are expected to be available during this time. If selected, the local HR Office will contact the applicant to notify them of their selection and how they will proceed during the pre-employment process.

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Big Brothers Big Sisters.
OF COLORADO

IGNITE POTENTIAL

Big Brothers Big Sisters of Colorado's professional staff recruit, screen, and train volunteer mentors (Big Brothers and Big Sisters), and match them in one-to-one relationships with young people. We support and oversee the success of each match by communicating regularly with the volunteers, the children, and their families, and by providing activities designed to strengthen the match relationship. We know from research that successful mentoring relationships have a lasting impact on young people and their families, offer positive experiences for volunteers and create stronger, safer, and more successful communities.

In 2020, Big Brothers Big Sisters of Colorado supported 1,397 one-to-one mentoring relationships between children facing adversity and adult volunteer mentors. These mentoring relationships impacted youth by helping them improve their sense of self and sense of future, form positive relationships with peers and family, avoid risky or delinquent behavior, and achieve educational success. We are looking for dedicated adults to join us as mentors, advocates, and donors!

YOU CAN MAKE A DIFFERENCE THROUGH THE PROVEN POWER OF ONE-TO-ONE MENTORING

Community Based

- Activities take place in the community
- 1 year commitment
- In-person meetings 2-4x a month
- Matched based on shared interests
- Flexible scheduling
- Volunteer provides transportation

Sports Buddies

- Site-based mentoring
- 6 month commitment
- In-person meetings 1-2x a month (typically Saturdays)
- Participatory and spectator recreational activities
- Volunteer not responsible for transportation

mentor2.0

- School-based mentoring
- 2, 3, or 4 year commitment depending on school/mentee
- Online communication 1x a week, flexible scheduling
- In-person meetings 1x a month (evenings at school)
- College and career readiness focus

Learn more at BigLittleColorado.org or email Natalie at NatalieS@biglittlcolorado.org



Keep up to date with local events and deals with the



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MILITARY & VETERAN WOMEN'S GROUP

SUPPORT IN SHARING AND
INTEGRATING EXPERIENCES,
SELF-GROWTH, & COMMUNITY

Fridays
1230-1330

**FEMALE-IDENTIFYING
ANY BRANCH, ANY ERA, ANY STATUS**

Contact Tegan (303) 525-7660
to join or get more information



Keep up to date with local events and deals with the



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FREE TUITION PRESCHOOL

FOR
AGES 0-5



VARIETY
OF CLASS
TIMES



SAFE
QUALITY
PROGRAMS



65
LOCATIONS



Colorado Preschool Program | Head Start | Early Head Start

SUCCESS STARTS EARLY
CALL TODAY
ENROLLING YEAR-ROUND

719-635-1536 | cpcdheadstart.org



If you'd like to
learn more about
Colorado Pre-
school Program |
Head Start | Early
Head Start

[Click HERE!](#)



DID YOU KNOW?

**WE ARE ON
INSTAGRAM**

Follow us @cpcdhs

Keep up to date with local events and deals with the



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THE JUSTICE CENTER

**WEDNESDAY NIGHTS
7 PM - 9 PM**

FREE

LEGAL

ADVICE

CALL (719) 473-6212

Keep up to date with local events and deals with the



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YARD SALE

EVERY 1ST & 3RD SATURDAY
MAY THROUGH DECEMBER

~~May 1 & 15~~

~~Sep 4 & 18~~

~~Jun 5 & 19~~

Oct ~~2~~ & 16

~~Jul 3 & 17~~

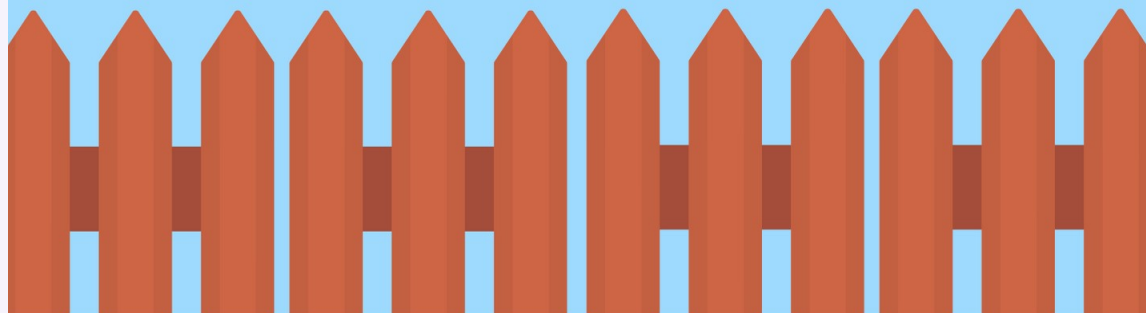
Nov 6 & 20

~~Aug 7 & 21~~

Dec 4 & 18

You may not post signs to any fixed structure. If you place yard signs in the community they must be removed next day.

-Must follow current Covid-19 guidelines-



Keep up to date with local events and deals with the



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12:00 PM (noon)

1st Tuesday of each month
(Zoom call)

for Teller, Fremont & Park County Veterans

The Veteran Support Group is designed to allow veterans the opportunity to share ideas and thoughts in common goal barriers in collaboration and support of each other. Topics can range from PTSD to everyday living in a civilian community. Our peer support group will focus on helping veterans and their families manage the stresses they share. Group interaction encourages vets of all ages and eras to learn to access policies they may find useful in easing transitions.

Please contact Brock Ernst for more information, to RSVP for Zoom and/or to request accessibility accommodations at 719-660-0528 or bernst@the-ic.org.

Main Office: 729 South Tejon St. Colorado Springs, CO 80903 | theindependencecenter.org
719-471-8181 | Video Phone for the Deaf 719-358-2513

Keep up to date with local events and deals with the



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2021 SCHEDULE

FREE LEGAL SELF-HELP CLINIC

FOR PARTIES WITHOUT AN ATTORNEY
Generously hosted by your FOUNTAIN LIBRARY and
your PIKES PEAK LIBRARY DISTRICT

FIRST MONDAY OF EVERY MONTH

3:30 PM – 5:00 PM

Fountain Library, Pikes Peak library District
230 S Main St, Fountain, CO 80817

FREE CLINIC IS OPEN
TO ALL AREA RESIDENTS!!

~~January 4, 2021~~

~~February 1, 2021~~

~~March 1, 2021~~

~~April 5, 2021~~

~~May 3, 2021~~

~~June 7, 2021~~

~~No July Clinic (July 4th Holiday)~~

~~August 2, 2021~~

~~No September Clinic (Labor Day)~~

~~October 4, 2021~~

November 1, 2021

December 6, 2021

Volunteer attorneys will assist each clinic patron individually

To be added to the sign-up sheet,
please call (719) 531- 6333 ext 6058

A **FREE** legal clinic for parties who have no attorney. As a COVID work-around, instead of clinic patrons coming in-person to your local public library (*which has limited access*), the volunteer attorney will call the clinic patron's telephone directly, using the phone number provided to your library staff. Volunteer attorneys will answer questions, help fill out forms, and explain the process and procedure for civil legal issues, including family law, civil litigation, property law, probate law, collections, appeals, landlord-tenant law, veteran's benefits, and civil protection orders.

The volunteer attorneys do not represent you just because they help you at this clinic. This clinic is information only, and is no substitute for legal representation. You have the right to retain an attorney of your choice at any time, and are advised to do so.

If possible, patrons are encouraged to have their desktop, laptop, or tablet available during the call.

www.checkerboard.co for one-click access to all forms, statutes, videos, instructions & flowcharts