

Keep up to date with local events and deals with the



# PASS IT ON COMMUNITY NEWSLETTER

*Our mission at ACS is to prepare and empower our Total Military Family to meet the challenges of military life by providing essential programs, resources, and services that enhance knowledge, life skills, well-being, quality of life, and retention.*



Give us a call at (719) 526-4590

Visit our webpage at: [carson.army.mil/ACS](https://carson.army.mil/ACS)

The "Pass It On" is available online at:

<https://carson.armymwr.com/programs/community-information-newsletter-pass-it>

**No US Army/ Fort Carson endorsement implied.**

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## PASS IT ON

### COMMUNITY NEWSLETTER

## Army Emergency Relief

AER

AER offers Assistance for **Spouse Relicensing** and **Recertification** fees after a PCS



As part of the PCS assistance category, AER helps Soldiers and Army Families with expenses before, during and after a move – which includes relicensing and recertification each time Spouses relocate with their service member.

**VISIT THE FORT CARSON AER WEBPAGE TO LEARN MORE!**

**[HTTPS://CARSON.ARMYMWR.COM/AER](https://carson.armymwr.com/AER)**

## Army Emergency Relief

AER allocates

**\$1+ MILLION  
IN GRANTS**

To Soldiers and Families affected by **natural disasters and emergencies**

AER



**VISIT THE FORT CARSON AER WEBPAGE TO LEARN MORE!**

**[HTTPS://CARSON.ARMYMWR.COM/AER](https://carson.armymwr.com/AER)**

To learn more about how AER can help you, visit our Army Community Service Army Emergency Relief webpage

**[HERE!](https://carson.armymwr.com/AER)**



# VOLUNTEERS NEEDED!

## AT TURKEY CREEK RANCH

15300 Turkey Creek Lane

Fort Carson, CO 80913

Turkey Creek Ranch is owned by Fort Carson and used by the Fort Carson Mounted Color Guard to host events and keep our 23 military working equine.

FLEXIBLE DAYS AND  
TIMES

SINGLE OR GROUP  
VOLUNTEER  
OPPORTUNITIES  
AVAILABLE

SCHEDULE A UNIT  
VOLUNTEER DAY WITH  
US

ENJOY TIME  
OUTSIDE

BUILD COHESIVE  
TEAMS AND  
FAMILIES

### CONTACT:

1LT Anne Maffey at  
anne.a.maffey.mil@mail.mil  
or  
717-829-9193

To learn more about the Army Volunteer Corps and volunteer opportunities, visit our webpage [HERE!](#)



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## DFMWR Trips

Directorate of Family and Morale, Welfare and Recreation's Outdoor Recreation offers the following upcoming trips.

- Dec. 9 Climbing Wall Orientation, \$25, 6-8 p.m.
- Dec. 11 Get on the Bus to Breckenridge, \$45, 6 a.m. to 6 p.m.
- Dec. 15 Ski & Snowboard Turning Basics, \$10, 6-8 p.m.
- Dec. 16 Crack Climbing Clinic, \$35, 6-8 p.m.
- Dec. 18 Ice Climbing at Helen Hunt Falls, \$55, 8 a.m. to 1 p.m.
- Dec. 24 Get on the Bus to Monarch, \$100 for gear, lift ticket and transportation, 6 a.m. to 6 p.m.
- Jan. 6 Climbing Wall Orientation, \$25, 6-8 p.m.
- Jan. 8 Get on the Bus to Monarch, \$100 for gear, lift ticket and transportation, 6 a.m. to 6 p.m.

## IWR Holidays

--James R. Wolf Ivy Warrior Restaurant (IWR) will serve a holiday/Christmas meal Dec 16 from 11:30 a.m. to 1 p.m. The holiday meal rate is \$9.55 and the discounted rate for Family members of corporals and below is \$7.10. Menu includes steamship round, roasted pork, honey glazed ham, roasted turkey, macaroni and cheese, cornbread dressing, candied yams, green bean casserole, corn on the cob, cornbread, brown and turkey gravy, macaroni salad, fruit medley salad, deviled potato salad, extended salad bar, double chocolate cake, strawberry cheesecake, pecan pie, sugar cookies and banana pudding parfait. (Menu subject to change due to availability of items.)

-- Warfighter IWR will serve a holiday/Christmas meal Dec 16 from 11 a.m. to 2 p.m. The holiday meal rate is \$9.55 and the discounted rate for Family members of corporals and below is \$7.10. Menu includes roast turkey, roast pork loin, prime rib, steamship of beef, macaroni and cheese, mashed potatoes, roasted sweet potatoes, corn on the cob, grilled asparagus, savory bread dressing, hot rolls, cranberry sauce, loaded potato soup, macaroni salad, potato salad, roasted tomato soup, shrimp cocktail, turkey gravy, and assorted desserts. (Menu subject to change due to availability of items.)

--James R. Wolf Ivy Warrior Restaurant (IWR), building 1444 near Specker Avenue and Nelson Street: Dec. 20-22 and 27-29, breakfast from 7-9 a.m.; lunch from 11:30 a.m. to 1 p.m.; and dinner from 5:30-7 p.m.; Dec. 23-26 and Dec. 30 to Jan. 2, brunch from 9:30 a.m. to 1 p.m. and supper from 4-5:30 p.m.

--Fort Carson Culinary Academy (Raiders IWR), building 2461 on Magrath Avenue and near Christy Street: Dec. 20-22 and Dec 27-29, breakfast from 7-9 a.m. and lunch from 11:30 a.m. to 1 p.m. The facility is closed Dec. 23-26 and Dec. 30 to Jan. 2.

--Warfighter IWR, building 9439 near Wilderness and Warfighter roads: Dec. 20-22 and 27-29, breakfast from 7-9 a.m. and lunch from 11:30 a.m. to 1 p.m. The facility is closed Dec. 23-26 and Dec. 30 to Jan. 2.

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## Parking Lot Repairs

The Directorate of Public Works (DPW) will mill and overlay the Mini Mall and north Thunder Alley Bowling Center parking lots and repair sidewalks and curbs Nov. 19 to Jan. 7 (dates are subject to change). Before each parking lot work phase begins, vehicles will need to be moved. Only one phase will be under construction at a time. The contractor will set up barriers for the project. For more information, email the DPW Engineering Division, [ryan.j.hershberger.civ@mail.mil](mailto:ryan.j.hershberger.civ@mail.mil).

## TAP Closure

The Fort Carson Transition Assistance Program (TAP) will close at noon Dec. 22 for a holiday function. Normal hours will resume Dec. 23. Customers should plan accordingly. For more information, call 719-526-0410.

## Pipe Freeze Warning

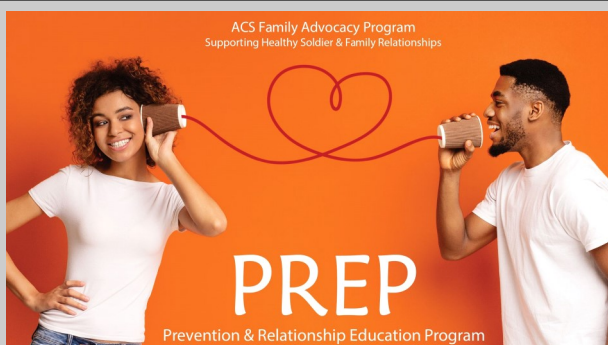
With winter weather here, temperatures can drop below freezing suddenly. Significant facility damage is possible if appropriate actions are not taken. Prior to holiday block leave, facility managers, building occupants and unit leadership are asked to ensure the following:

- Ensure all windows and exterior doors are closed.
- Keep all heating systems on even in unoccupied buildings (do not turn off any units). Set any self-adjustable thermostats to at least 55 degrees (barracks set to 60 degrees).
- Building occupants can call (719) 526-5345, the Directorate of public Works (DPW) operations and maintenance contractor 24/7 service order desk, if their buildings are not heating properly.
- If there are any busted or leaking pipes, call in a service order immediately to the DPW operations and maintenance contractor at (719) 526-5345.

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Dec 20, 2021  
9:00 am - 11:00 am

[CLICK HERE  
TO REGISTER!](#)

### Prevention & Relationship Education Program

Ideal for anyone  
wanting to improve  
their communication  
skills.



Dec 21, 2021  
9:00 am - 12:00 pm

[CLICK HERE  
TO REGISTER!](#)

### Boot Camp for New Moms

This class is an  
opportunity to interact  
with other expecting  
moms and develop  
confidence as a parent.

We will discuss  
parent-  
infant relationships,  
common questions about  
parenting, postpartum  
issues, and much more.

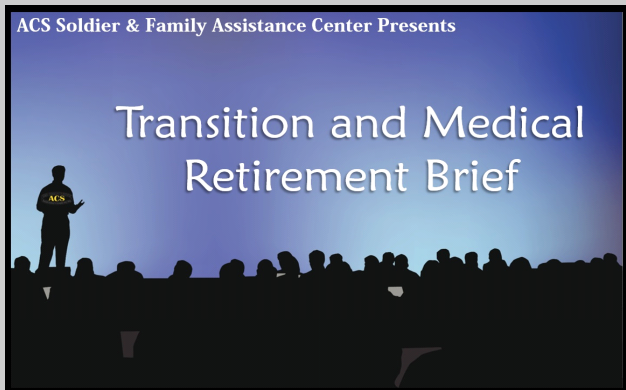


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ACS Soldier & Family Assistance Center Presents



## Transition and Medical Retirement Brief

Dec 22, 2021  
10:00 am - 11:00 am

[CLICK HERE  
TO REGISTER!](#)

## Transition & Medical Retirement Brief

This briefing is for Soldiers in the IDES process that are transitioning out of the military due to medical separation or medical retirement. This brief covers the transition timeline and military benefits and services transitioning Soldiers can utilize.



Dec 22, 2021  
1:00 pm - 4:00 pm

[CLICK HERE  
TO REGISTER!](#)

## Homebuying Workshop

Purchasing a home? Not sure where to start or what has changed? If so, this workshop is for you. It offers prospective home buyers the in's and out's of the home-buying process.

# Army Community Service Upcoming Classes

Keep up to date with local events and deals with the



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DATE	CLASS	TIME
December 20th	<a href="#">Prevention &amp; Relationship Education Program (PREP)</a>	9 am - 11 am
December 21st	<a href="#">Boot Camp for New Moms</a>	9 am - 12 pm
	<a href="#">Everyday English for Foreign Born Spouses</a>	9:30 am - 11:30 am
	<a href="#">Infant Massage &amp; Baby Nurturing</a>	9:30 am - 11 am
	<a href="#">Center on Fathering</a>	1 pm - 3 pm
December 22nd	<a href="#">SFAC Transition and Medical Retirement Brief</a>	10 am - 11 am
	<a href="#">Homebuyers Workshop</a>	1 pm - 4 pm
December 23rd	<a href="#">Toddler Time</a>	9:30 am - 11 am
December 27th	<a href="#">Art and Movement</a>	10:30 am - 11:30 am
December 28th	<a href="#">Baby Sign Language Basics</a>	9 am - 11 am
	<a href="#">Infant Massage &amp; Baby Nurturing</a>	9:30 am - 11 am
	<a href="#">Center on Fathering</a>	1 pm - 3 pm
	<a href="#">Domestic Violence Support Group</a>	1 pm - 2 pm
	<a href="#">Heartbeat</a>	6:15 pm - 8 pm
December 29th	<a href="#">Volunteer, VMIS and OPOC Training</a>	1:30 pm - 3 pm
December 30th	<a href="#">Toddler Time</a>	9:30 am - 11 am
January 4th	<a href="#">Boot Camp For New Dads</a>	9 am - 12 pm
	<a href="#">Banking Management</a>	9:30 am - 11 am
	<a href="#">Everyday English for Foreign Born Spouses</a>	9:30 am - 11:30 am
	<a href="#">Infant Massage &amp; Baby Nurturing</a>	9:30 am - 11 am
	<a href="#">Center on Fathering</a>	1 pm - 3 pm
January 5th	<a href="#">ScreamFree Parenting</a>	1 pm - 3 pm
January 6th	<a href="#">Auditing SFRG Informal Funds</a>	9:30 am - 11:30 am
	<a href="#">Toddler Time</a>	9:30 am - 11 am

Click [HERE](#) to check out the Fort Carson MWR calendar!

# Army Community Service Upcoming Classes

Keep up to date with local events and deals with the



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DATE	CLASS	TIME
January 7th	<a href="#">Domestic Violence Prevention Training</a>	10 am - 11 am
	<a href="#">Play Group</a>	10 am - 12 pm
	<a href="#">Latino Meet-Up</a>	2 pm - 4 pm
January 11th	<a href="#">Cooperative Parenting and Divorce Class</a>	9 am - 1 pm
	<a href="#">Infant Massage &amp; Baby Nurturing</a>	9:30 am - 11 am
	<a href="#">Baby Orientation</a>	10 am - 11:30 am
	<a href="#">SFRG Informal Funds Custodian Training</a>	10 am - 11:30 am
	<a href="#">Center on Fathering</a>	1 pm - 3 pm
	<a href="#">SFRG Key Contact Training</a>	1 pm - 2:30 pm
	<a href="#">Heartbeat</a>	6:15 pm - 8 pm
January 12th	<a href="#">Financial Strength Budgeting 101</a>	10 am - 11 am
	<a href="#">Write a Winning Resume</a>	1:30 pm - 2:30 pm
January 13th	<a href="#">Toddler Time</a>	9:30 am - 11 am
	<a href="#">LinkedIn Fundamentals</a>	1:30 pm - 2:30 pm
January 14th	<a href="#">Play Group</a>	10 am - 12 pm
January 17th	<a href="#">Prevention &amp; Relationship Education Program</a>	9 am - 11 am
January 18th	<a href="#">Boot Camp for New Moms</a>	9 am - 12 pm
	<a href="#">Command Family Readiness Representative (CFRR) Academy</a>	9:30 am - 4:30 pm
	<a href="#">Everyday English for Foreign Born Spouses</a>	9:30 am - 11:30 am
	<a href="#">Infant Massage &amp; Baby Nurturing</a>	9:30 am - 11 am
	<a href="#">Center on Fathering</a>	1 pm - 3 pm
January 19th	<a href="#">Command Family Readiness Representative (CFRR) Academy</a>	9:30 am - 4:30 pm
	<a href="#">Military Spouse Preference &amp; Federal Employment</a>	1:30 pm - 2:30 pm
January 20th	<a href="#">Auditing SFRG Informal Funds</a>	9:30 am - 11:30 am

Click [HERE](#) to check out the Fort Carson MWR calendar!



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**WE KNOW THE SYSTEM.  
WE CAN HELP.**

The Exceptional Family Member Program (EFMP) provides comprehensive support to family members with special needs. EFMP takes an all-inclusive approach to coordinate military and civilian community, educational, medical, housing, and personnel services to help Soldiers and their Families with special needs.

## Where can I find EFMP Services?

### EFMP - For Enrollment/ Updates/ Disenrollment/FMTS

Evans Army Community Hospital (EACH)  
1650 Cochrane Circle, Bldg. 7500  
(719) 526-7805

### EFMP – For Family Support Services

Army Community Service – ACS Annex  
1481 Titus Blvd., Bldg. 7492  
(719) 526-0400

An Exceptional Family Member is a Family member with any physical, emotional, developmental, or intellectual disorder that requires special treatment, therapy, education, training, or counseling.

Visit our webpage [HERE!](#)

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Army Community Service delivers classes and programs designed to help Commanders maintain readiness. Soldiers that have created healthy financial habits, strong relationship skills, and have Family members that are knowledgeable about where to go for resources and community information will be more equipped to face the stresses of deployment and general life in the Army. Army Community Service brings classes, briefs and programs to your unit's footprint to meet the needs of Soldiers and their Family members.

### Army Community Service

# Portable Class Delivery



**Classes on *your time*, in a location of *your choice*, customized to *your needs*.**

Do you need:

- 1.) examples of ways you can schedule an ACS class or presentation?
- 2.) to learn how to request a class, briefing, or presentation?
- 3.) helpful tips to make your training a success?
- 4.) to view the full portable class schedule and listings?
- 5.) other training ideas for your unit or group, and registration information?

Visit the Portable Class Delivery webpage [HERE](#)



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Paid by U.S. Department of Labor funds



**Let us pay for your training!**

**Want to change careers--or prepare for your next job?**

**Gain a short-term certification for a quality job**



**Learn more at  
[ppwfc.org/short-term-certifications](http://ppwfc.org/short-term-certifications)**

**Over 250  
Training Areas Available**



**Questions?**

**Contact an Employment Readiness Program Specialist  
719.526.0452 or visit: [www.carson.armymwr.com](http://www.carson.armymwr.com)  
Search: Employment**

Visit our webpage [HERE!](#)



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## FORT CARSON EMPLOYMENT READINESS



### SEASONAL JOB OPPORTUNITIES

- **Lowe's**: Retail Associates, Stocking & Receiving, Cashiers
- **The Home Depot**: Warehouse Support/Warehouse Associate, Cashier, Store Support, Department Supervisor, Freight/Receiving, Customer Service/Sales, Designer (Kitchen), Lot Associate
- **Kohl's**: Stockroom, Operations Associate , Retail Sales Associate
- **Target (Colorado Springs)**: Guest Advocate, General Merchandise Fulfillment, Front of Store Attendant, Food & Beverage
- **Burlington Stores**: Seasonal Receiving Associate, Cashier, Retail Sales Associate
- **AAFES**: Food Service Worker, Customer Experience Associate, Store Associate
- **UPS**: Package Handler (Warehouse), Delivery Driver, Driver Helper, Seasonal Personal Vehicle Package Driver
- **USPS (Colorado)**: Mail Handler Assistant, Mail Processing Clerk
- **Party City**: Seasonal Sales Associate
- **Duluth Trading Company**: Retail Sales Associate
- **Michaels**: Seasonal Replenishment Team Member
- **Bass Pro Shops**: Seasonal Cashier & Events Associate
- **Starbuck's**: Baristas--Various Locations

Visit us@<https://carson.armymwr.com/employment>  
Follow Us on Facebook for More Seasonal Opportunities



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### FORT CARSON **EMPLOYMENT READINESS**

*October 2021 - March 2022 Resume Class Schedule*

#### **Military Spouse Preference (MSP) & Federal Employment**

Oct 20th--9:30 to 10:30 am  
Nov 17th--1:30 to 2:30 pm  
Dec 15th--9:30-10:30am  
Jan 19th--1:30 to 2:30 pm  
Feb 16th--9:30 to 10:30 am  
Mar 16th--1:30 to 2:30 pm

#### **\*Write a Winning Resume**

Oct 13th--9:30 to 10:30 am  
Nov 10th--1:30 to 2:30 pm  
Dec 8th--9:30 to 10:30 am  
Jan 12th--1:30 to 2:30 pm  
Feb 9th--9:30 to 10:30 am  
Mar 9th--1:30 to 2:30 pm

#### **\*Federal Resume & USAJobs**

Oct 26th--9:00am to 12noon  
Nov 30th--1:30 to 4:30 pm  
Dec Class Canceled  
Jan 25th--1:30 to 4:30 pm  
Feb 22nd--9:00am to 12 noon  
Mar 22nd--1:30 to 4:30 pm

ERP resume writing classes are designed to help participants develop a competitive private sector and/or federal resume. For in-person resume reviews, interview prep session or career counseling & assessment, contact an ERP Specialist.

ERP Program Specialists are Certified Federal Career Coaches (CFCC) and Certified Federal Job Search Trainers (CFJST).

\***Federal Resume & USAJobs** and **Write a Winning Resume** will be conducted in class/in person. All class information subject to change.

Register@[www.carson.armymwr.com/calendar](http://www.carson.armymwr.com/calendar) or call: 719.526.0452

'Like us' on FB and 'Join Us' on LinkedIn@Ft Carson ACS ERP



Visit our webpage [HERE!](#)



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**Did you know our Financial Readiness Program Page has a ton of financial and helpful links like:**

[Thrift Savings Plan](#)

[U.S. Savings Bonds](#)

[Office of Financial Readiness](#)

[Military OneSource](#)

[Office of Servicemember Affairs](#)

[Save and Invest](#)

[On Your Own:  
Money, Future, Life](#)

[Mortgage Qualification Example](#)



Visit our webpage [HERE!](#)



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**MILITARY  
ONE SOURCE**



**MILITARY & FAMILY  
LIFE COUNSELING**

# NEED TO TALK?

Military & Family Life Counselors (MFLCs) can assist you!

Video and Telephone Counseling Available

If you wish to speak to an MFLC other than your identified MFLC, please call 719-526-4590 for assistance.

To speak to a Child and Youth Behavioral MFLC, please call Parent Central Services at 719-526-1101.

# Military & Family Life Counseling

**Need to talk?  
Military & Family Life  
Counselors are here to  
provide help with the  
stress of military life at  
no cost.  
Call an MFLC at  
(719) 526-4590**

[www.carson.army.mil/acs](http://www.carson.army.mil/acs)

Visit our webpage [HERE!](#)

## Mountain Post Spouses' Club

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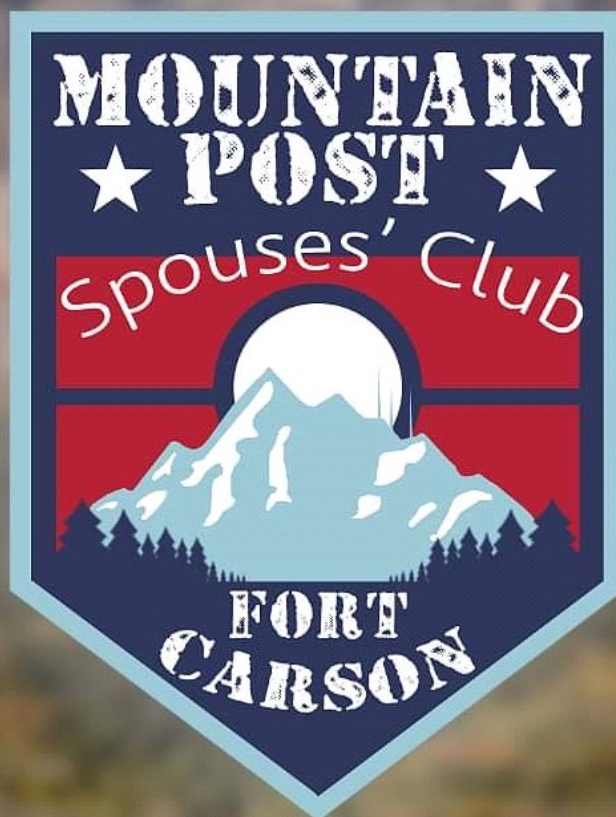


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The Mountain Post Spouses' Club is an all ranks spouses group on Fort Carson dedicated to giving back to Soldiers and their families.

Membership is open to all spouses of the Armed Forces, both active and retired.

To learn more, visit: <http://www.mpsc.us/> or call (719) 526-5966





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[Auto Skills Center](#)

[Army Community Service](#)

[Better Opportunities for Single Soldiers](#)

[Child and Youth Services](#)

[Community Events](#)

[Elkhorn Catering and Conference Center](#)

[Financial](#)

[Fort Carson Mountaineer](#)

[Fort Carson MWR Events](#)

[Fountain Fort Carson School District 8](#)

[Libraries](#)

[Outdoor Recreation](#)

[Peterson AFB MWR](#)

[Pikes Peak Cultural Events](#)

[Schriever AFB MWR](#)

[Social & Dining](#)

[Specialty Services](#)

[Sports & Fitness](#)

[Tickets \(Leisure Travel Services\)](#)

[U.S. Air Force Academy MWR](#)

[United Service Organizations \(USO\)](#)



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**Weekly Food Pantry Pick-ups**  
**Every Tuesday from 2pm - 6pm**  
**3219 S. Academy Blvd. Colorado Springs, CO 80916**



**Monthly Drive-Thru/Walk-Up**  
**Food Distribution on the 2nd Friday of**  
**every month behind the building.**  
**Line starts at 3:00pm for 4pm**  
**distribution. Ends at 6pm.**

Any questions please give us a call at (719) 985-8935



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## FOOD DISTRO

DRIVE-THRU DISTRIBUTION

Friday, November 12, 2021  
Tuesday, November 23, 2021  
Thursday, December 9, 2021  
Thursday, December 23, 2021

**OPEN TO ALL - WHILE SUPPLIES LAST**  
**Norris Penrose Event Center Upper Lot**

1125 W Moreno St  
Across From Mt. Carmel Veterans Center



**719.772.7000**

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Monday, Wednesday, Friday 1 - 5 pm

MARIAN HOUSE MARKETPLACE

**NEW HOURS**

PROVIDING HELP AND CREATING HOPE

 **Catholic Charities**  
of Central Colorado  
MARIAN HOUSE MARKETPLACE

Catholic Charities of Central Colorado has expanded its services to offer monthly shopping in their Marketplace Pantry for a variety of healthy foods to cook at home.

To register or schedule an appointment call 719.866.6288 or email [pantry@ccharitiescc.org](mailto:pantry@ccharitiescc.org)

Check out their Facebook page at:  
Catholic Charities of Central Colorado



# Religious News and Services

## Holiday Activities

2021

### NOVEMBER

1	1145 & 1800	All Saints Mass	SMC RC
2	1145 & 1800	All Souls Mass	SMC RC
19	1800	Reconciliation Service	SMC RC
20	0830	Advent Workshop	SMC RC
24	1800	Mass of Thanksgiving/Pie Social	SMC RC
30	1700	Hanukkah	SMC J

PRUS = Prussian Chapel  
SMC = Soldiers' Memorial Chapel  
VET = Veteran's Chapel

#### FAITH GROUP

C All Christian faiths  
E All persons  
J Jewish  
P Protestant  
A ~ Agape  
G ~ Gospel  
GP ~ General Protestant  
S ~ Samoan  
RC Roman Catholic

### DECEMBER

8	1145 & 1800	Mass: Feast of the Immaculate Conception	SMC RC
11	0830	Hanging of the Greens	SMC E
24	1600	Christmas Pageant	SMC RC
24	1630/2400	Christmas Eve Mass	SMC RC
24	1830	Community Christmas Eve Service	SMC C
24	1830	Christmas Eve Worship (In native Samoan language)	VET S
25		Regularly scheduled Mass and Worship services	VET S
31		New Year's Eve Worship (in native Samoan language)	

**Fort Carson Religious Support Office**  
"41D and Fort Carson Religious Support Office"



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# NURTURE THE LIVING CARE FOR THE WOUNDED AND HONOR THE FALLEN

**Fort Carson & 4th Infantry Division**

**Chaplain Hotline  
(719) 387-1574**

**A Chaplain is available to you  
24 hours a day 7 days a week**

**Chaplains have complete confidentiality  
and are here to assist you**



**U.S. ARMY CHAPLAIN CORPS**  
**CARING FOR THE SOUL OF THE ARMY**



**Facebook.com/4IDCarsonRSO**

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COMMUNITY  
NEWSLETTER



## Wednesday Family Night, Fort Carson

@wednesdayfamilynight · Religious Organization

Wednesday Family Night is a Christian-based ministry provided by the chapels of Fort Carson and hosted at Soldiers' Memorial Chapel.

Make sure to check out their new Facebook page as well at Wednesday Family Night, Fort Carson!

Awana Club, Adult Bible Studies, and Fort Carson Youth Group are beginning August 25th to December 1st!

Awana Clubs are a fun, engaging way for children to grow in their knowledge of the Bible and their relationship with God.

The Fort Carson Youth Group is led by military chaplains and is open to any students 7-12th grade!

**SIGN UPS ARE OPEN!**

Take a few minutes now if you haven't already by clicking

**[HERE!](#)**



Dinner



Nursery



Kids Program



Adult Classes



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## CLUB BEYOND AT FORT CARSON

### “Where Military Teens Belong”

Club Beyond is an authorized program for middle school students at Fort Carson to experience community and grow in faith. Club combines **FUN, FRIENDS, GAMES, COMPETITIONS, PRIZES, VIDEOS, MUSIC, FOOD** .... AND DID WE MENTION **FUN?!!**



**Club Beyond meets every other Thursday afternoon from 3:25 to 4:20PM at Carson Middle School Room A205.**

For information and schedules of Club Beyond events, contact Will Sanborn at [wsanborn@clubbeyond.org](mailto:wsanborn@clubbeyond.org) or 402-910-1826

CLUB BEYOND IS A RECOGNIZED NON-FEDERAL ENTITY AND IT IS NOT PART OF THE DEPARTMENT OF DEFENSE AND HAS NO GOVERNMENT STATUS.



Keep up to date with local events and deals with the



## PASS IT ON COMMUNITY NEWSLETTER



### Heroes' Legacy Scholarship

College scholarships for children of service members who've died or become seriously injured in the line of duty since 9/11.

Click [HERE](#) For More Information



### Military Spouses

Scholarship funds can be used towards degrees, certifications, licensure, clinical supervision for mental health licensure, CEUs, business expenses and more!

Click [HERE](#) For More Information



### Search for Scholarships

Find even more scholarships available for children and spouses of military (active, reserve, retired) and veterans.

Click [HERE](#) For More Information

Keep up to date with local events and deals with the



**PASS IT ON** COMMUNITY NEWSLETTER

# MILITARY *families* MAGAZINE

Click [HERE](#) for 35+ Scholarships  
for Military Spouses and Military Kids

## Military Family Member Scholarship Opportunities

Click below to learn more!

[Nationwide Surviving Spouse and  
Dependent Children Scholarship Program](#)

[Marine Gunnery Sergeant  
John D. Fry Scholarship](#)

[Fisher House Foundation  
Scholarship Program](#)

[No Angel Left Behind](#)

[Freedom Alliance](#)



Keep up to date with local events and deals with the



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**COMMUNITY NEWSLETTER**



**Better Opportunities  
for Single Soldiers**



**Meet at The Hub  
or call (719) 524-2677  
to get involved.**

**Text  
"FollowCarsonBOSS"  
to 40404 for upcoming  
events and free ticket  
giveaways!**



The Better Opportunities  
for Single Soldiers  
(BOSS) program  
represents the voice of  
the single Soldier. If  
you're a single Soldier,  
the BOSS triad advocates  
for you by advancing  
quality of life issues on  
the installation and in  
the barracks to senior  
leaders on post and  
throughout the Army.  
"Let Your Voice Be  
Heard"



Keep up to date with local events and deals with the



## PASS IT ON COMMUNITY NEWSLETTER



### Fort Carson Education Center On - Post College Schedule SPRING 2022



Subject	Cse #	S.H	Title	Days	Start	End	Room #	Type
<b>COLORADO STATE UNIVERSITY - PUEBLO (CSU-P) 719-586-6930</b>					<b>10 JAN - 06 MAR</b>			
CRIM	203	3	Criminal Justice System	R	1730	2000	205	HY
POLS	270	3	Intro to Homeland Security	T & W	1715	2015	205	C
<b>COLORADO STATE UNIVERSITY - PUEBLO (CSU-P) 719-586-6930</b>					<b>17 JAN - 07 MAY</b>			
AIM	155	4	Automotive Suspension and Brake Systems	T&R	1730	1930	209	C
<b>COLORADO STATE UNIVERSITY - PUEBLO (CSU-P) 719-586-6930</b>					<b>07 MAR - 08 MAY</b>			
CRIM	401	3	Human Trafficking	R	1730	2000	205	HY
MATH	156	3	Intro to Statistics	TBD	TBD	TBD	205	C
<b>EMBRY-RIDDLE AERONAUTICAL UNIVERSITY (ERAU) 719-576-6858</b>					<b>10 JAN - 13 MAR</b>			
ASCI	254	3	Aviation Legislation	W	1830	2150	204	C
ECON	211	3	Macroeconomics	T	1800	2120	201	C
LGMT	420	3	Mgmt. of Production & Operations	M	1800	2120	204	C
OBLD	317	3	Organizational Behavior	T	1800	2120	204	C
SFTY	330	3	Aircraft Accident Investigation	R	1800	2120	204	C
<b>EMBRY-RIDDLE AERONAUTICAL UNIVERSITY (ERAU) 719-576-6858</b>					<b>21 MAR - 22 MAY</b>			
FINE	332	3	Corporate Finance I	TBD	TBD	TBD	TBD	TBD
MATH	112	3	Applied Calculus for Aviation	TBD	TBD	TBD	TBD	TBD
MGMT	201	3	Principles of Management	TBD	TBD	TBD	TBD	TBD
PHYS	102	3	Explorations in Physics	TBD	TBD	TBD	TBD	TBD
SFTY	335	3	Mech. & Struc. Factors in Avia. Safety	TBD	TBD	TBD	TBD	TBD
SFTY	409	3	Aviation Safety	TBD	TBD	TBD	TBD	TBD
<b>PIKES PEAK COMMUNITY COLLEGE (PPCC) 719-502-4200</b>					<b>25 JAN - 20 MAR</b>			
AAA	109	3	Advancing Academic Achievement	W	1730	2005	208	HY
CCR	094	3	Studio 121	T&R	1700	1810	208	C
ENG	121	3	English Composition I:CO1	T&R	1820	1930	208	C
PSY	235	3	Human Growth & Development: SS3	R	1730	2005	308	HY
<b>PIKES PEAK COMMUNITY COLLEGE (PPCC) 719-502-4200</b>					<b>05 FEB - 30 APR</b>			
BUS	115	3	Introduction To Business	S	0830	1015	208	HY
COM	115	3	Public Speaking	S	0830	1015	201	HY
ECO	201	3	Principles of Macroeconomics	S	1030	1215	300	HY
ENG	122	3	English Composition II:CO2	S	1030	1215	308	HY
MAT	121	4	College Algebra:MA1	S	0830	1150	209	HY
<b>PIKES PEAK COMMUNITY COLLEGE (PPCC) 719-502-4200</b>					<b>01 MAR - 16 MAY</b>			
MAT	120	4	Math for Liberal Arts:MA1	T&R	1730	2030	219	C
<b>PIKES PEAK COMMUNITY COLLEGE (PPCC) 719-502-4200</b>					<b>29 MAR - 23 MAY</b>			
AAA	109	3	Advancing Academic Achievement	T	1730	2005	208	HY
LIT	115	3	Introduction to Literature I:AH2	M	1730	2005	208	HY
COM	115	3	Public Speaking	W	1730	2005	208	HY
PSY	102	3	General Psychology II:SS3	R	1730	2005	208	HY

Days: M=Monday, T=Tuesday, W=Wednesday, R=Thursday, F=Friday, S=Saturday, A=Arranged Schedule.

Type: C= Classroom, HY=Hybrid- combines classroom & online learning, EVC=Eagle Vision Classroom-LIVE Instructor webcast in classroom, RE=Remote (synchronous online on scheduled days and times), HF= Hyflex course (hybrid with flexibility)

TBD=To Be Determined

*Schedule is subject to change. Please see a College Representative for more information.*

Keep up to date with local events and deals with the



## PASS IT ON COMMUNITY NEWSLETTER



### Fort Carson Education Center On - Post College Schedule SPRING 2022



Subject	Cse #	S.H	Title	Days	Start	End	Room #	Type
<b>UNIVERSITY OF MARYLAND GLOBAL CAMPUS (UMGC) 719-246- 3952</b>					<b>12 JAN - 08 MAR</b>			
CMIT	202	3	Fund. Of Computer Troubleshooting	R	1800	2100	200	HY
PACE	111M	3	Program & Career Exploration	W	1800	2100	200	HY
CSIA	310	3	Cybersecurity Processes and Tech.	T	1800	2100	200	HY
<b>UNIVERSITY OF MARYLAND GLOBAL CAMPUS (UMGC) 719-246- 3952</b>					<b>16 MAR - 10 MAY</b>			
CMIT	265	3	Fundamentals of Networking	W	1800	2100	200	HY
ECON	201	3	Principles of Macroeconomics	T	1800	2100	200	HY
<b>UNIVERSITY OF COLORADO - COLORADO SPRINGS (UCCS) 719-526-8066</b>					<b>18 JAN - 12 MAY</b>			
CHEM	1401	3	General Chemistry I	T	1730	2030	304	HY
CHEM	1402	1	General Chemistry I LAB	RE	RE	RE	RE	RE
CHEM	1411	3	General Chemistry II	T	1730	2030	304	HY
CHEM	1412	1	General Chemistry II LAB	RE	RE	RE	RE	RE
TCID	2080	3	Business & Administrative Writing	T	1800	1915	305	HY
COUN	4500	3	Wellness, Resilience and Emotional Wellness	T	1700	1935	300	C
GPS	3010	3	Gateway Program Seminar	M	1700	1935	304	C
SOC	2010	3	Sociology of Comic Books	T	1800	2040	308	HY
<b>UNIVERSITY OF COLORADO - COLORADO SPRINGS (UCCS) 719-526-8066</b>					<b>18 JAN - 14 MAR</b>			
COMM	2440	3	Leadership Theory and Practice	T	1700	TBD	218	HY
LEAD	1200	3	Foundations of Adaptive Leadership	TBD	TBD	TBD	TBD	HY
<b>UNIVERSITY OF COLORADO - COLORADO SPRINGS (UCCS) 719-526-8066</b>					<b>15 MAR - 12 MAY</b>			
LEAD	1600	3	Leading Teams and Organizations	TBD	TBA	TBA	TBA	HY

Days: M=Monday, T=Tuesday, W=Wednesday, R=Thursday, F=Friday, S=Saturday, A=Arranged Schedule.

Type: C= Classroom, HY=Hybrid- combines classroom & online learning, EVC=Eagle Vision Classroom-LIVE Instructor webcast in classroom, RE=Remote (synchronous online on scheduled days and times), HF= Hyflex course (hybrid with flexibility)

TBD=To Be Determined

**Schedule is subject to change. Please see a College Representative for more information.**



Keep up to date with local events and deals with the



**PASS IT ON** COMMUNITY NEWSLETTER

**On Fort Carson, you can  
reach out to the Substance  
Use Disorder Clinical Care  
(SUDCC) team for help.  
719 – 526 – 7663 / 4585**

**Contact ASAP at 719 – 526 – 2727  
for Education and Prevention  
support**



The Army Substance Abuse Program's Mission is to sustain readiness and promote a healthy lifestyle in the Fort Carson community by providing education, quality assistance in order to reduce the impact of alcohol and other drug abuse that affects Soldiers, Families, Civilian Employees and Retirees. Their Vision is to reduce the negative impact of substance abuse at Fort Carson by providing quality Services.

[Employee Assistance Program](#)

[Prevention](#)

[Risk Reduction](#)

[Suicide Prevention](#)

[Drug Testing / Collecting](#)

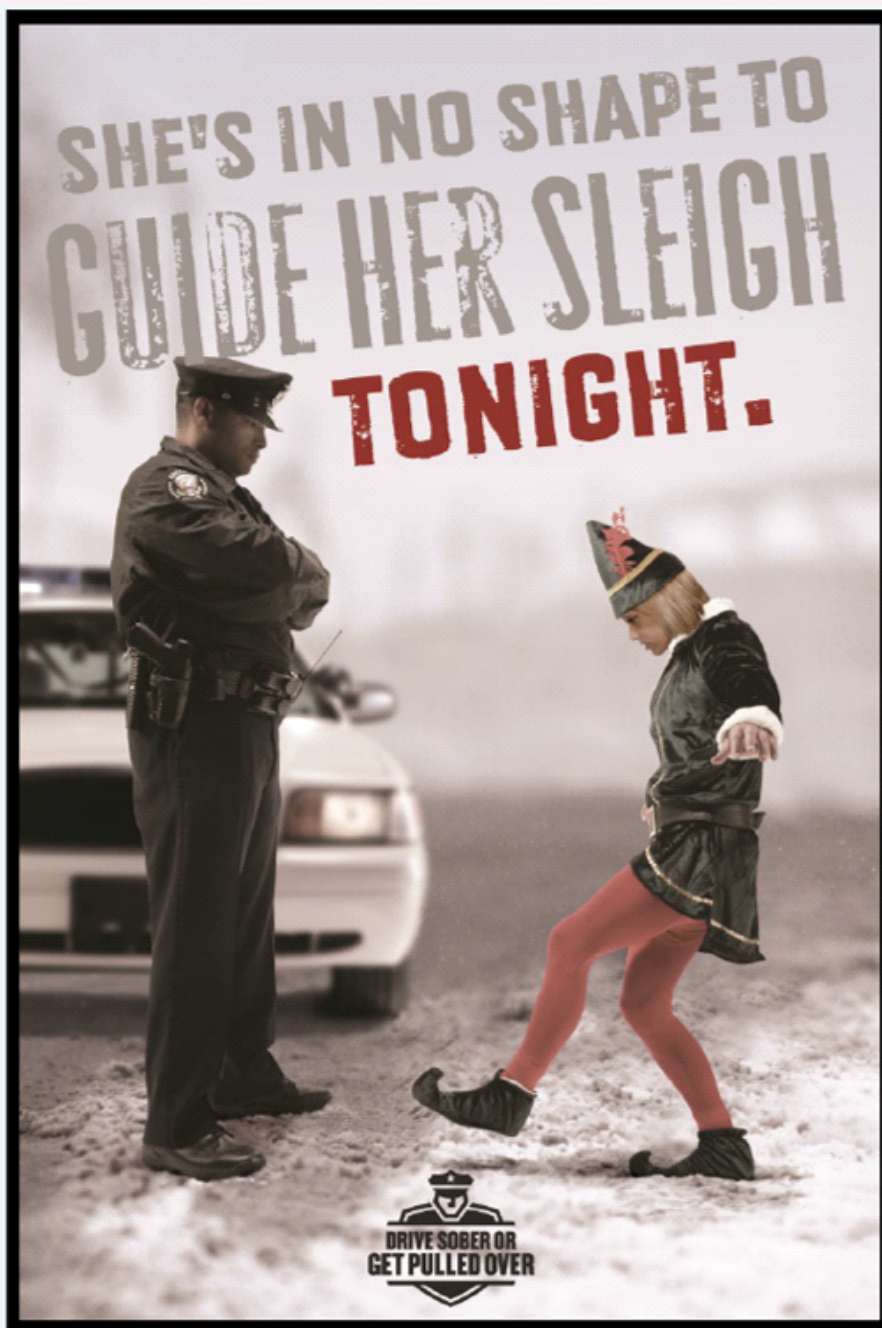
**Military Personnel, DOD Civilians and Retirees:**

Contact ASAP at (719) 526-2727 or by email at

Keep up to date with local events and deals with the



**PASS IT ON** COMMUNITY NEWSLETTER



Each December, people go out for fun, to parties and have drinks with family and friends.

But stop and think for a second about being responsible. December is National Drunk and Drugged Driving Prevention Month and since the holiday season has a higher accident rate than others on average, it is important to echo the message of consciousness of being in a proper state behind the wheel.

According to the National Safety Council, over 40,000 people died in alcohol-related traffic accidents last year.

**So this year, stay safe during the holidays.**

**On Fort Carson, you can reach out to the Substance Use Disorder Clinical Care (SUDCC) team for help.  
719 – 526 – 7663 / 4585**

**Contact ASAP at 719 – 526 – 2727  
for Education and Prevention support**





Keep up to date with local events and deals with the



## PASS IT ON COMMUNITY NEWSLETTER

Dear Cal,

I am not a very assertive person and many times I feel I get used by others. How can I learn to stand up for myself and make others know what I will and won't put up with?

### **"ASK CAL"**

Answering the Fort Carson community's questions about balancing life, work and family.



**(719) 526-2196**

Calvin.N.Lidmark.civ@mail.mil

Learning to become assertive is a matter of practice. With each successful attempt, you will gain more confidence. Practicing alone in front of the mirror so you can view your eye contact, and how your facial features present, is an effective way to start. Recording your voice tone and wording so you can listen back on how you sound is also helpful. Then, asking those you trust to listen to you delivering your assertive statements will allow you to get feedback on how you did. Once you gain the kind of presentation you want to achieve, you'll be ready to try it out.

One recommendation is to acknowledge the other person's view point, then deliver your limitations on what you are prepared to do or not do; agree or not agree to. Also, avoid being defensive, or having to explain. Use a polite, respectful tone but "mean what you say and say what you mean."

For example: "I know that you want me to help you with this task now, but I am busy and won't be able to do so now. Maybe you can ask someone else to help you."

Remember, the Employee Assistance Program  
is available to help with your concerns.

**[Submit Your Question By Clicking HERE](#)**

Keep up to date with local events and deals with the



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## Fort Carson Suicide Prevention Program

### ACE-SI Train-the-Trainer

Learn the skills  
To intervene in  
A suicide situation

- Ask, Care, Escort – Suicide Intervention (ACE-SI) is a two-day, 16 hour course available to SSG and above.
- Content includes communication skills, risk and protective factors, stigma, warning signs, intervention skills,
- And the ACE method of suicide prevention. Contact Ms. Cherll Paxton to get scheduled.

1 ASK	2 CARE	3 ESCORT						
<b>Conversation Tools</b> <b>Open-ended:</b> How are you feeling right now? <b>Affirm:</b> It takes courage to recognize when you need help <b>Reflect:</b> So, you are saying you feel... <b>Summarize:</b> Let's make sure I understand what you're saying... <div style="background-color: #555; color: white; padding: 5px; text-align: center;">Be DIRECT</div> <p>“Are you thinking about killing yourself?”</p> <p>***Asking does NOT increase the risk that someone will kill themselves***</p> <table border="1"> <thead> <tr> <th>Soldier Comment</th> <th>Reflect</th> <th>Open Question</th> </tr> </thead> <tbody> <tr> <td>"I can't go on this way."</td> <td>"You realize it's time to change something."</td> <td>"Where do you think we should begin?"</td> </tr> </tbody> </table>	Soldier Comment	Reflect	Open Question	"I can't go on this way."	"You realize it's time to change something."	"Where do you think we should begin?"	<b>Empathy</b> <b>ADP 6-22</b> 2-23. Army leaders show empathy when they genuinely relate to another person's situation, motives, or feelings. Empathy does not mean sympathy for another, but a realization that leads to a deeper understanding. <div style="background-color: #555; color: white; padding: 5px; text-align: center;">Conveying Empathy</div> <ul style="list-style-type: none"> <li>• Evaluate from another's perspective</li> <li>• Identify &amp; encourage common goals</li> <li>• Recognize emotions</li> <li>• You don't need all the answers</li> <li>• You don't need to provide a fix</li> </ul> <p>“I've been there too, I'm glad you told me.”</p>	<b>Know your resources to escort someone to help</b> <ul style="list-style-type: none"> <li>• Remain calm</li> <li>• Stay with the person</li> <li>• Get assistance</li> <li>• Call ahead</li> <li>• Know what to expect</li> <li>• Offer honest reassurance</li> </ul> <div style="background-color: #555; color: white; padding: 5px; text-align: center;">  It is your duty to escort a Soldier if you believe they may be at risk.                 </div>
Soldier Comment	Reflect	Open Question						
"I can't go on this way."	"You realize it's time to change something."	"Where do you think we should begin?"						
Self-screening tool: <a href="https://screening.mentalhealthscreening.org/Military_NDSD">https://screening.mentalhealthscreening.org/Military_NDSD</a>								

Point of Contact is Ms. Cherll Paxton at [Cherll.Paxton.civ@army.mil](mailto:Cherll.Paxton.civ@army.mil) or 719-526-0401

Projected FY 22 training dates:  
11-13 Jan, 12-14 Apr, 15-17 Jun, 13-15 Sep



**SP2**  
SUICIDE PREVENTION PROGRAM



Keep up to date with local events and deals with the



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## Safe Exchange Location



Child Custody Exchange  
Online Purchase Exchange

The Fort Carson Police/Provost Marshal Division offers an Exchange Zone. The Exchange Zone is for The Fort Carson community to conduct child custody exchanges or exchange items which have been bought or sold online.

The parking areas in front of the building (main entrance) are under 24 hour camera surveillance. If you would like to use an indoor location due to weather or other factors, please speak with the Desk Sergeant inside the main doors.

Fort Carson Police  
7227 Christie Street (BLDG 2700)  
Fort Carson, Co 80913  
Desk Sergeant: (719) 526-6199



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# SWIM COLORADO IVY INDOOR POOL



**January 2 - March 27  
12 week challenge**



Set your sights on swimming in the new year! Challenge yourself to swim a "river" in Colorado at the Ivy Indoor Pool! More info at <http://spr.ly/6189Jvu59>

Choose your "river"

- Crystal River (40 miles)
- Bear River (23 miles)

- Participants receive a t-shirt of the completed river

Open to DoD ID card holders.



Keep up to date with local events and deals with the



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# Tis the Holiday Sale

OUTDOOR RECREATION  
BLDG. 2429  
DECEMBER 17TH, 2021  
1000-2000

Entire Store

# BO GO

Buy one get one 25% off  
of equal or lesser value.



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# INTRAMURAL SPORTS BASKETBALL LEAGUE

REGISTRATION OPENS  
**DECEMBER 1, 2021**



**IVY FITNESS CENTER**

**6:30, 7:30, 8:30 p.m.**

Game times

**8 WEEK SEASON**

**January 4-February 24, 2022**

Teams must register through the Intramural Sports Department. Please contact Lorraine Thorson.

Email roster to:

[lorraine.thorson.naf@mail.mil](mailto:lorraine.thorson.naf@mail.mil)



More Events and Info at  
[carson.armymwr.com](http://carson.armymwr.com)



Find us on Social Media  
CarsonDFMWR



@carsonmwr  
#CarsonMWR



Intramural Sports Office  
Building 2031  
Fort Carson, CO 80913



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**SANTA ON PATROL**

Presented by

**SUNDAY DECEMBER 19TH**  
**AT 11:30 AM SHARP**

*Free Community Event*

**MEADOWS PARK  
COMMUNITY CENTER**  
1943 S. El Paso Ave.  
Colorado Springs, CO 80905



Plenty of new toys for kids  
of all ages

Photos with Santa  
(dress warm, it's outside)

Come meet some officers

Gather on the community  
center sidewalks

Keep up to date with local events and deals with the



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Colorado

# Kids in the Kitchen

Register the kids to join in the fun making holiday sweet treats with USO Colorado! Come for a drive thru supply pick up, then join us on zoom to make them all together!

**\*Dec 21st Pick up \* Dec 22nd Zoom \***

Fort Carson: <https://bit.ly/KidsCarson>

Buckley: <https://bit.ly/KidsBuckley>



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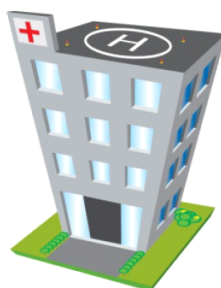


American  
Red Cross

# AMERICAN RED CROSS

## Introduction to Clinical Medical Assistant Training Program

Evans Army Community Hospital  
Fort Carson, Colorado



*Interested in a career as a Medical Assistant?*

Do you have a military I.D. card, a high school diploma/GED equivalent, at least 18 years or older, and are a U.S. citizen?

Applications are available 6 Dec at 0800

At Fort Carson Red Cross Hospital Office, Rm 1011

**Application Deadline is Friday, January 7, at 4:00 PM**

Interviews will be conducted January 11, 8am – 4pm

Class is FULL-TIME, 4 April -10 June, 7:00am-4:30pm

For More Information Call: (719) 526-7144

Keep up to date with local events and deals with the



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# FATHERS OF FREEDOM

**You are not alone. We're here for you.**

Fathers, we're only human and we need each other. We're under all kinds of stress trying to raise kids to reach their full potential. It's a lot of pressure and no one can do it alone.

Circle of Parents® provides a friendly, supportive community led by parents and other caregivers where parents are the experts.

**WHAT:** Join other military fathers in our community to share support, tips and advice or just talk. This is a safe space for sharing the ups and downs of parenting, created for military fathers and led by military fathers.

**WHEN:** Tuesdays at 5:30pm

**WHERE:** Online via Zoom!  
Zoom link: <https://us02web.zoom.us/j/85139958491>



**LEARN MORE:**

Contact Adam at [adamnscombs@gmail.com](mailto:adamnscombs@gmail.com)  
or Adrian Nuñez at [anunez6293@my.pmi.edu](mailto:anunez6293@my.pmi.edu)

Join us on Facebook: <https://www.facebook.com/groups/FathersOfFreedom/>

**Join Us!**  
**Visit [CircleOfParentsCO.org](http://CircleOfParentsCO.org)**



Illuminate Colorado, a statewide 501(c)(3) organization dedicated to strengthening families, organizations and communities to prevent child maltreatment, is the state chapter lead for Circle of Parents®. [www.illuminatecolorado.org](http://www.illuminatecolorado.org)



Keep up to date with local events and deals with the



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FOUNTAIN MUNICIPAL TRANSIT

## Christmas Shopping made easier...

**FREE BUS RIDES EVERY SATURDAY  
IN DECEMBER**



beginning Nov. 27th to Dec. 18th  
Black Friday will be included in this  
Special

**SPONSORED BY  
CITY OF FOUNTAIN**

*Supporting Local Businesses*

Keep up to date with local events and deals with the



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Paid by U.S. Department of Labor funds

**Gain a short-term certification for a quality job.**

**Let us pay for your training!**



Learn more at  
**[ppwfc.org/short-term-certifications](http://ppwfc.org/short-term-certifications)**

The Pikes Peak Workforce Center is an equal opportunity program. Auxiliary aids & services available upon request to individuals with disabilities, at no cost.



My Colorado  
Journey

POWERED BY  
talent**FOUND**



★ Veterans are entitled to priority of service. ★

LEARN MORE BY CLICKING [HERE!](http://ppwfc.org/short-term-certifications)



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Are you an El Paso County resident  
affected by COVID-19?

¿Eres un residente de El Paso County  
afectado por COVID-19?

ASSISTANCE AVAILABLE FOR RENT, MORTGAGE & UTILITIES  
ASISTENCIA DISPONIBLE PARA RENTA, HIPOTECA Y UTILIDADES

**\$21 MILLION AVAILABLE NOW**  
**\$21 MILLONES DISPONIBLES AHORA**

**CALL 2-1-1**  
**MARCA 2-1-1**



Or apply online:

O aplique en nuestra pagina de internet:

[cdola.colorado.gov/rental-mortgage-assistance](https://cdola.colorado.gov/rental-mortgage-assistance)



Keep up to date with local events and deals with the



**PASS IT ON** COMMUNITY NEWSLETTER

## FREE TUITION PRESCHOOL

FOR  
AGES 0-5



VARIETY  
OF CLASS  
TIMES



SAFE  
QUALITY  
PROGRAMS



65  
LOCATIONS



Colorado Preschool Program | Head Start | Early Head Start

**SUCCESS STARTS EARLY**  
**CALL TODAY**  
**ENROLLING YEAR-ROUND**

719-635-1536 | [cpcdheadstart.org](http://cpcdheadstart.org)



If you'd like to  
learn more about  
Colorado  
Preschool  
Program | Head  
Start | Early Head  
Start

[Click HERE!](#)



DID YOU KNOW?

**WE ARE ON  
INSTAGRAM**

Follow us @cpcdhs



Keep up to date with local events and deals with the



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THE JUSTICE CENTER

**WEDNESDAY NIGHTS  
7 PM - 9 PM**

**FREE**

**LEGAL**

**ADVICE**

**CALL (719) 473-6212**

Please note, due to the holidays, this service will be unavailable on the following dates:

Wednesday, December 22 & Wednesday, December 29

Keep up to date with local events and deals with the



**PASS IT ON** COMMUNITY NEWSLETTER



# YARD SALE

EVERY 1ST & 3RD SATURDAY  
MAY THROUGH DECEMBER

~~May 1 & 15~~

~~Sep 4 & 18~~

~~Jun 5 & 19~~

~~Oct 2 & 16~~

~~Jul 3 & 17~~

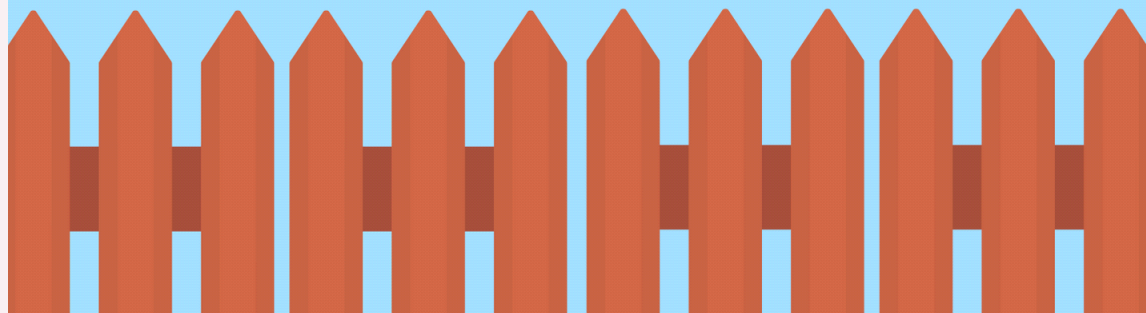
~~Nov 6 & 20~~

~~Aug 7 & 21~~

Dec 4 & 18

You may not post signs to any fixed structure. If you place yard signs in the community they must be removed next day.

-Must follow current Covid-19 guidelines-





Keep up to date with local events and deals with the



## PASS IT ON COMMUNITY NEWSLETTER



**Big Brothers Big Sisters.**  
OF COLORADO

## IGNITE POTENTIAL

Big Brothers Big Sisters of Colorado's professional staff recruit, screen, and train volunteer mentors (Big Brothers and Big Sisters), and match them in one-to-one relationships with young people. We support and oversee the success of each match by communicating regularly with the volunteers, the children, and their families, and by providing activities designed to strengthen the match relationship. We know from research that successful mentoring relationships have a lasting impact on young people and their families, offer positive experiences for volunteers and create stronger, safer, and more successful communities.

In 2020, Big Brothers Big Sisters of Colorado supported 1,397 one-to-one mentoring relationships between children facing adversity and adult volunteer mentors. These mentoring relationships impacted youth by helping them improve their sense of self and sense of future, form positive relationships with peers and family, avoid risky or delinquent behavior, and achieve educational success. We are looking for dedicated adults to join us as mentors, advocates, and donors!

### YOU CAN MAKE A DIFFERENCE THROUGH THE PROVEN POWER OF ONE-TO-ONE MENTORING

#### Community Based

- Activities take place in the community
- 1 year commitment
- In-person meetings 2-4x a month
- Matched based on shared interests
- Flexible scheduling
- Volunteer provides transportation

#### Sports Buddies

- Site-based mentoring
- 6 month commitment
- In-person meetings 1-2x a month (typically Saturdays)
- Participatory and spectator recreational activities
- Volunteer not responsible for transportation

#### mentor2.0

- School-based mentoring
- 2, 3, or 4 year commitment depending on school/mentee
- Online communication 1x a week, flexible scheduling
- In-person meetings 1x a month (evenings at school)
- College and career readiness focus

Learn more at [BigLittleColorado.org](http://BigLittleColorado.org) or email Natalie at [NatalieS@biglittlcolorado.org](mailto:NatalieS@biglittlcolorado.org)

