Army Community Service Pass It On





MAKE ACS YOUR 1RST CHOICE

Regardless of what stage of life you and or your family are in, Army Community Service helps to make Army life successful. If you are new to the Fort Carson Colorado area, make sure to stop in and pick up a welcome packet, get maps and directions about the local area and meet our professional staff. ACS offers classes on parenting, finances, relationships, volunteerism, exceptional family members, and much more. Our programs and services are designed to improve your quality of life. Calendar of Events

ACS Course Catalog





Community Bulletin



Stack IWR closes for renovations Dec. 8

The Stack Ivy Warrior Restaurant (IWR) will close Dec. 8 for renovations as it is upgraded to a campus-style dining facility.

The renovation is expected to be complete in late spring.

Bus transportation will be available from Stack IWR to the other dining facilities — Wolf and Warfighter IWRs and the La Rochelle Warrior Restaurant — during meal hours throughout the renovation, except for holiday block leave from Dec. 20 to Jan.4.

The following facilities will be open, as noted, during holiday block leave:

Wolf IWR, building 1444 (only fully operational facility)

Dec. 20-21 and Dec. 25-28 — brunch, 9:30 a.m. to 1 p.m.; supper 5-6:30 p.m.

Dec. 22-24 and Dec. 29-31 — breakfast, 7:30-9 a.m.; lunch, 11:30 a.m. to 1 p.m.; dinner, 5-6:30 p.m.

Ivy Kiosk and Café, building 2061

Dec. 20-Dec. 31 - 9 a.m. to 6 p.m., hot bar and Kiosk items available

Warfighter Kiosk, building 9439

Dec. 20-31 — 9 a.m. to 6 p.m.

Complete IWR and Kiosk schedules are available at https://home.army.mil/carson/allservices/ivy-warrior-restaurants.

Recycle raffle contest

The Directorate of Public Works is hosting a recycle raffle contest Dec. 1-15 at the recycle collection center located at the southeast corner of the Exchange off Sheridan Avenue. The contest format is a drawing for a gift card for customers who use the location to recycle items. Entry forms will be provided by the recycle staff and collected Dec. 1-15. The winner will be drawn the week of Dec. 15.

Fort Carson community members (Soldiers, Family members, contractors, civilian employees, and retirees - ID card holders) can bring recyclables from home to compete in the drawing. Recyclables accepted include cardboard, mixed paper (white paper, newspaper, magazines, shredded paper, junk mail, etc.), aluminum, tin, plastic, and glass.

The Exchange recycle location is open Monday-Friday from 8 a.m. to 4 p.m., and Saturday from 8 a.m. to 1 p.m. Customers can leave their contest entry form with the attendant working on site. For more information, email susan.c.galentine.civ@army.mil.

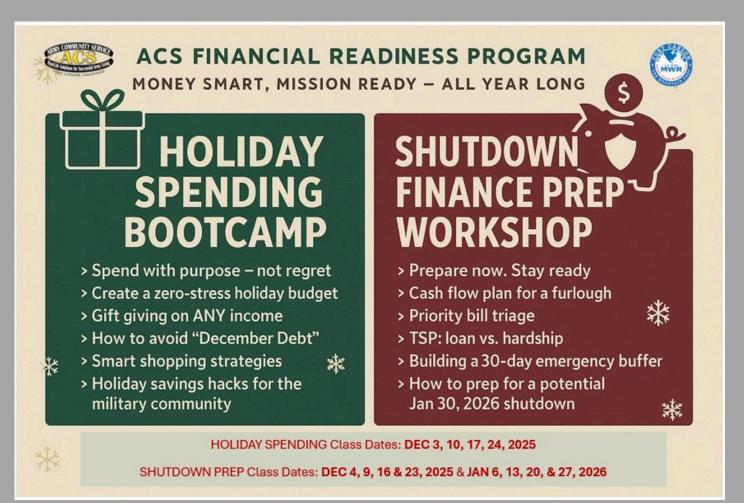
New Visitor Control Center hours

The Visitor Control Center, located near Gate#1, is open daily 5 a.m. to 1 p.m.

Apply for an online pass 24/7 at https://pass.aie.army.mil.

After 1 p.m. visitor passes can be processed at Gate# 3 in the far-right lane, however, delays should be expected.

Fort Carson Pass It On 5



Shutdown Finance Prep Workshop

- Prepare now. Stay Ready!
- Cash flow plan in case of furlough
- Priority bill triage
- TSP: loan vs. hardship
- Building a 30-day emergency buffer

Holiday Spending Class Dates

December 17 December 24

11am - 12 pm

Shutdown PREP Class

Dec 16 Dec 23 Jan 6 2026 Jan 13 Jan 20

Jan 27

Click HERE to register



Join us for Toddler Time!

Interact on topics such as gross motor enhancement through songs and dance, sensory enrichment through arts and crafts, and nurturing the child as well as the parent.

This is open to parents with toddlers 18 months or above text

December 11
December 18
9:30 am - 11 am
No registration is required

Location
ACS Annex
1481 Titus Blvd
Bldg 7492
Fort Carson CO 80913



719-526-0461

SFRG Key Contact Training



Dec 11 10 am - 11:30

> Registration Information

CLICK HERE TO REGISTER!

This course trains Key Contacts on their role and responsibilities as well as how to handle crisis phone calls. Suggested training for all SFRG Leaders and Key Contacts/POC's. Open to anyone wanting to learn more about the SFRG Communication structure. The course includes tips and techniques for executing the role as well as practical exercises and scenarios. This class is being provided as a blended learning opportunity. At registration, attendees will have the choice to identify whether they will be participating either "in-person" or "virtually".

In case of inclement weather: If the installation is on a delay, class will start as scheduled, at 0930. In case of post closure you will receive notification of make-up date.

A fun-filled interactive get together for parents and children. Activities help children improve their social, cognitive and motor skills.

For more information on our New Parent Support Program and Play Groups please call us at 719-526-0461 December 12 December 19 09:30 - 11:30 am

Free Event No registration required Walk Ins are welcomed

Location ACS Annex 1481 Titus Blvd Bldg 7492 Fort Carson CO 80913





Grant Library

Every Thursday includes stories, crafts, songs and learning time.

Open to ages 24 months-5 years old.

All information is subject to change.

December 11

December 18

Jan 8 - 2026

Jan 15

Jan 22

Jan 29

10:30 am - 11:30 am



December 12 December 19

1:30 pm - 3 pm

Grant Library

Come and create through the process of personal expression! Art is a wonderful outlet for expression and can provide great relief for anyone dealing with separation, sadness, anxiety, stress or anger. No prior art experience is needed. Open only to Active Duty Soldiers & Spouses.

All information is subject to change.
text



DECEMBER 13 9 AM - 4 PM

CHEYENNE MOUNTAIN SHOOTING COMPLEX
LADIES (AGES 6 AND UP) SHOOT FREE ALL DAY ON THE SECOND
SATURDAY OF EACH MONTH!

FOR MORE INFORMATION, PLEASE CALL (719) 896-6196.
ALL INFORMATION IS SUBJECT TO CHANGE.

"Empowering Families with Food, Nutrition, Education, and More"

December 15 December 22 December 29 1 pm - 3:30 pm

Registration Information:

Walk-in basis; first come first serve. Check in on the lobby iPad, ACS Center, Bldg. 1526.

If you would like to request a WIC appointment, click <u>here</u>

COLORADO Ó O SI



Are you expecting mom that has questions about parenting infants and local resources?

This FREE class is an opportunity to interact with other expecting moms and develop confidence as a parent. We will discuss parentinfant relationships, common questions about parenting, postpartum issues, and much more.

December 16 January 13 2026 9 am - 12 pm

<u>CLICK HERE TO</u> <u>REGISTER!</u>

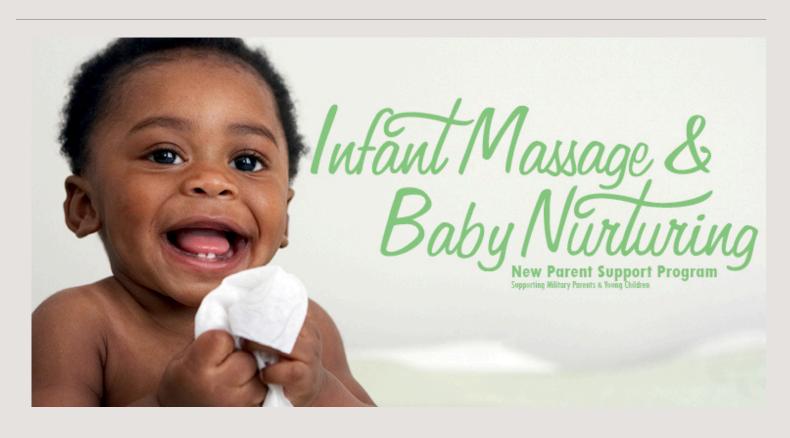
or call our office at 719-526-0461 Pregnant moms and parents with babies are encouraged to attend. Systematic infant massage strokes alleviate colic, create strong bonds, increase the communication between baby and parent and provide a foundation of unconditional love and attachment. Topics pertaining to infant development and health are discussed.

Dec 16 December 23 13

Infant Massage 9:30-10:15 a.m.

Baby Nurturing 10:15-11:00 a.m.

Located at ACS Annex 1481 Titus Blvd Bldg 7492 To register, please call 719-526-0461



Lapsit Storytime

Grant Library



Dec 16 Dec 23 10:30 am - 11am Stories, music, play; maybe make a friend today! Babies 0-24 months and their caregivers can enjoy stories, rhymes, and movement every Tuesday.

All information is subject to change.

December 16 December 30 1pm - 4 pm

Registration Information Walk-in basis, first come first serve. Check in on the lobby iPad, ACS Center, Bldg. 1526. Child support services include:

- Locating parents
- Initiating legal paperwork
- Establishing parentage
- Establishing child support order
- Enforcing child support order

• Modifying a child support order • Helping parents overcome barriers that prevent order compliance

Support order • Helping parents overcome barriers that prevent order compliance

Free service provided by your ACS Community
Information, Referral and Follow-up Program and El Paso
County Child Support Services.

December 16 6pm - 8pm

Auto Skills 7001 Wetzel Ave Bldg. 2427 719-526-2147

Vehicle Heating System Inspection



Dec 17 1 pm - 2 pm

To register, please call 719-526-4590

Join us at the ACS Center, Bldg. 1526.

Our orientation offers you an opportunity to meet other new arrivals, get "insider tips" to become familiar with the area and get any questions you may have answered. It's also a great way to learn about resources on and off Fort Carson.

Not sure where to start? Let Our ACS Specialist Help



Saturday, December 13th 10:00 AM

NOW SHOWING

Zootopia 2

A free movie day for our military family members and children (parent must accompany children) First 50 registrants will get free combo snack pack!

Icon Cinema 1818 Spring Water Pt, Colorado Springs, CO 80921



bit.ly/47PIWpz

PRESENTED BY:



The Steven A. Cohen Military Family Clinic at Red Rock



19 Dec - Youth Center Meow Wolf 30 December - Ice Skating

Please contact Youth Services for more information and registration @ 719-526-8220

WARRIORS WAREHOUSE Toy Giveaway 2025 9 & 10 DECEMBER, 0900–1400 11 DECEMBER 0900-1300 ELF VOLUNTEERS NEEDED

ACTIVE DUTY ONLY

- No applications—First Come First Served. No children allowed for shopping except infants carried, only 1 parent.
- Ages Infant to 17 Years must live in your household and be enrolled in DEERS
- Choose 2 gifts each, Santa items are 1 per family but still get the second toy for that child. WHILE SUPPLIES LAST
- Note: No exchanges
- For children ages 1 to 12, if a family receives gifts from Santa's Workshop, they are ineligible to also receive from Warriors Warehouse, 13-17 can but no Santa item.
- 9 De cember for E5 and below
- 10 & 11 December open to all ranks in need
- Bldg. 1045, 5769 Wallace Street, Fort Carson ww.ftcarson.1045@gmail.com
- POC is Donna Swanson 402-659-8755







Send In A photo of your snow person or Igloo to (719)499-0707 along with your on post address for a chance to win a prize.

PRIZES TO BE ANNOUNCED



For questions regarding Events and Signups, contact jhanlon@bbcgrp.com or (719)499-0707.



Mobile Market Distribution



Care and Share Mobile Market

Get food - at no cost - for you and your family

Where: Abrams Elementary, 600 Chiles Ave, Fort Carson

When: 10:00 am - 11:00

October 4
October 18
November 1
November 15
December 6
December 20

Open to all ranks. Soldiers and Families, single Soldiers, Veterans. No command referral needed.

Get food—at no cost—for you and your family



Thunder Alley Bowling Center

Two hours of FREE bowling and shoe rental! Sign up at the BOSS Lounge, through Discord, or Google forms.

Open to all single Soldiers.

Brocelle Magazine 26

Care and Share Food Bank

When: 0800 - 1130 on Oct 4, Oct 18, Nov 1, Nov 15, Dec 6, Dec 20

Where: Abrams Elementary (600 Chiles Ave, Fort Carson, CO 80902)

Volunteer Opportunities: Sort food, prepare boxes/bags, maintain a clean and welcome environment, perform intake activities, assist by answering questions, load groceries in vehicles.

For more information or to volunteer contact Susanne Watt (Susanne.m.watts2.civ@army.mil) Log hours on VMIS under Fort Carson Operation Good Samaritan (Off Post)







Shopping Week

When: Friday, December 8 – 13; 0830 – 1200 & 1300 - 1700 Where: Mountain Post Santa's Workshop

(5769 Wallace St Bldg 1045, Fort Carson, CO 80913)

Volunteer Opportunities: greeters, personal shoppers (helping parents as they select gifts), stockers and floaters (fill in as needed).

To sign up to volunteer contact:

- Michelle (volunteer coordinator):mpswvolcoordinator@gmail.com
- •Brigett Weekley (parliamentarian): mpswparliamentarian@gmail.com











Primary Categories of AER Assistance

- Rent/Mortgage
- Utilities/Deposits
- · Emergency Travel
- Travel Funds for Relocation (PCS)
- Funeral Expenses
- Vehicle Repair
- Replacement Vehicle
- Rental Vehicle
- · HVAC Repair

- Natural Disaster
- · Cranial Helmets
- · Basic Essential Furniture
- Car Seats
- Repair or Replacement of Major Appliances
- · Minor Home Repairs
- Dental Care for Dependents
- Food
- Clothing

719-526-4783

Contact your local AER Officer about additional categories and exceptions to policy



ARMY EMERGENCY RELIEF

HEALTH & WELLNESS

dental care special-needs medical equipment austere location leave non-medical attendant travel Wounded Warrior gift cards cranial helmets

FAMILY SUPPORT

childcare paternity leave immigration fees

WORKFORCE DEVELOPMENT

spouse relicensing/recertifications Career Skills Program support



CARE DURING A CRISIS

disaster assistance safe travel from domestic violence emergency travel funeral expenses

BASIC NEEDS & HOUSING

appliance repair/replacement PCS moves clothing food minor home repairs housing utilities vehicle repairs

AREAS OF SUPPORT

LEGO CLUB @ Grant Library



Grant Library

You bring the creativity and we'll supply the Legos!

Join us every

Wednesday on a journey of ingenuity, open to all ages. 3:30 pm - 4:30pm





Deploying gifts this year? Remember these deadlines:

USPS Ground Advantage® Service:

Dec. 17

First-Class Mail® Service:

Dec. 17

Priority Mail® Service:

Dec. 18

Priority Mail Express® Service:

Dec. 20

Fort Carson HFARTBEAT

Peer Support for Survivors of Suicide Loss

6:15pm the 2nd Tuesday of each month

Heartbeat Care and Share, a time for Heartbeat families and friends affected by suicide to connect.

Virtual ZOOM Meeting or In-person

6990 Mekong Bldg. 6215 Fort Carson

Contact for more information:

Paul McShan Angelika McShan

202-441-8580 719-338-1796

gsdfriend2@gmail.com paulmcshan@gmail.com



HEARTBEAT Survivors After Suicide, Inc.

www.heartbeatsurvivorsaftersuicide.org is a international non-profit organization affiliated with

Suicide Prevention Partnership / Pikes Peak Region American Association of Suicidology American Foundation for Suicide Prevention Suicide Prevention Coalition of Colorado

www.pikespeaksuicideprevention.org www.suicidology.org www.afsp.org www.suicidepreventioncolorado.org

ACS EFMP Family and Community Support Services Identification of Exceptional Family Members: Often, Soldiers and their Family members are unsure of what conditions qualify for enrollment in the EFMP. Our team can help you determine if a specific condition qualifies for enrollment into the program, and help get you started with the enrollment process and get you connected with the enrollment office at Evans Army Community Hospital.

Information and Referral: Have a question about how the program works? Need to know how to obtain referrals to specialty medical providers for your Family member? Ever wonder if the Americans with Disabilities Act or the Fair Housing Act applies to your situation? Want to know how to get information on the Respite Care Program? We have the answers! And if we can't immediately answer your question, we will find the answer or an appropriate point of contact for you and ensure we get the information to you in a timely manner.

Systems Navigation: Systems Navigation is a Family and community support component of the EFMP that connects Families with special needs to the systems of care they need, both on and off the installation. The EFMP Systems Navigators are knowledgeable about the systems of care used by Families with special needs. The primary role of a Systems Navigator is to navigate Families through the available systems of care by assessing EFM/Family strengths/needs; developing a plan to reach goals; referring to appropriate agencies/organizations; and providing advocacy while teaching and strengthening selfadvocacy skills. EFMP Systems Navigators reach out to Families to offer support services, particularly during transition, and work closely with our EFMP medical counterparts to accept referrals for those Families who have received new and/or complex diagnoses that require multiple support services. Referrals for Systems Navigation services are accepted from a variety of sources and Families can self-refer by contacting the EFMP office.



For more information on the Fort Carson EFMP please call 719-526-4590

EFMP Resources
Here are some helpful resources for EFMP
Families.

- Military OneSouce. Military
 OneSource's <u>EFMP & Me</u> tool allows
 Families to explore the details of EFMP benefits and processes.
- DirectSTEP. <u>DirectSTEP</u> eCourses are available for free to Soldiers and Family Members, Army EFMP staff, and Special Education staff associated with teaching military children.
 DirectSTEP eCourses teach staff, parents, and educators how to handle critical education issues to obtain positive outcomes.
- Respite Care Support. The Army's
 Respite Care Support services provide
 a temporary rest period for Family
 members responsible for regular care
 of persons with disabilities. Care may
 be provided in the EFM respite care
 user's home.