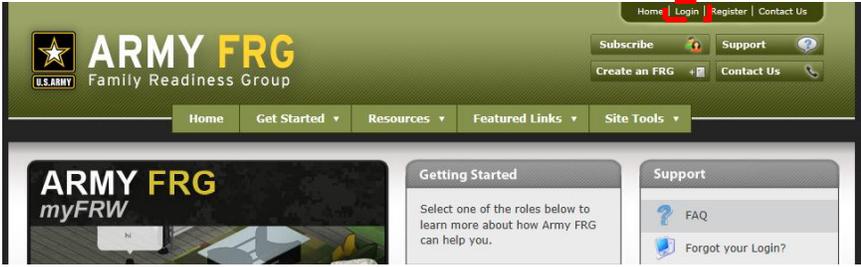
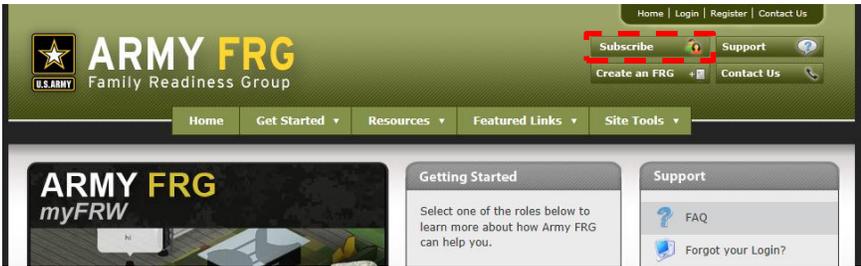


Subscribing as a Sponsor (Service Members or DA Civilians)

Go to the Army FRG site	
Open your web browser and type in the Army FRG address.	www.armyfrg.org
Log in if you have an account	
If you already have an account on Army FRG, you should log in first.	 <p>The screenshot shows the Army FRG website homepage. At the top right, there is a navigation bar with links for Home, Login, Register, and Contact Us. Below these links are buttons for Subscribe, Support, Create an FRG, and Contact Us. The 'Subscribe' button is highlighted with a red box. The main content area features a large banner for 'ARMY FRG myFRW' and two side panels: 'Getting Started' and 'Support'.</p>
Start the subscription process	
Click on the Subscribe button in the top right portion of the screen.	 <p>This screenshot is identical to the previous one, showing the Army FRG website homepage. The 'Subscribe' button in the top right navigation bar is highlighted with a red box, indicating the next step in the subscription process.</p>

Indicate your Unit Sponsor

Access to your Unit's FRG site is restricted to the members of the FRG. You will need to identify yourself as the Sponsor.

Enter your name and the last four digits of your SSN. Then, click **Search**.

Please note, you must match the name and last four exactly. Capitalization is not important, but spelling is.

Step 1: Indicate Your Unit Sponsor

* = required

Please enter your Sponsor's information:

- ▶ **Your Sponsor is a Soldier or DoD Civilian that you personally know in the Unit and represents your connection to the Unit.**
- ▶ **If you are the Sponsor (Soldier or DoD Civilian) in the Unit, then please enter your own personal information below.**

Army FRG is a secure site for Army Soldiers, DoD Civilians and their Families. Access to a Unit's Virtual Family Readiness Group (vFRG) Site will only be granted to users who know a Sponsor personally.

* **Sponsor First Name**

* **Sponsor Last Name**

* **Last four digits of the Sponsor's Social Security Number**
  [Why do we need this?](#)

Find your Unit

A list of sites which have you listed as a Sponsor will appear.

Click **Select Unit** for the Unit you wish to subscribe to.

Step 1: Indicate Your Unit Sponsor

* = required

Please enter your Sponsor's information:

- ▶ **Your Sponsor is a Soldier or DoD Civilian that you personally know in the Unit and represents your connection to the Unit.**
- ▶ **If you are the Sponsor (Soldier or DoD Civilian) in the Unit, then please enter your own personal information below.**

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* **Sponsor First Name**

* **Sponsor Last Name**

* **Last four digits of the Sponsor's Social Security Number**
  [Why do we need this?](#)

Your Sponsor, Terry Travers, is a Member of the following Unit(s). Select a Unit to request access to its vFRG.

1984th United States Army Hospital

9th RRC, Honolulu
Location: Hawaii
UIC: W7UEAA

3d Armored Cavalry Regiment

Fort Hood
Location: Texas
UIC: WAYBAA

Register for Unit access: Logged in

If you are already logged in, you will be immediately subscribed to the site. You will see a summary of your registration. You can go to your site by clicking **Visit Your Unit's vFRG Site**.

Step 3: Success!

Congratulations, you are now signed up with the vFRG (Virtual Family Readiness Group) for the Unit you have indicated.

You can access your Unit's vFRG Site by selecting the button below.

In the future, you can access the Unit's vFRG Site by logging in to Army FRG.

Your Account Information

Terry Travers

Username: terry.travers

Email: terry.t.travers.mil@mail.mil

[Visit Your Unit's vFRG Site](#)

Unit

1984th United States Army Hospital

9th RRC, Honolulu
Location: Hawaii
UIC: W7UEAA

Sponsor

Terry Travers

SSN: 9999

Register for Unit access: Not logged in

If you are not logged in, you will be asked to create an account.

Indicate that you are the Sponsor and enter your Contact Information. Then, create a username and password and fill in the rest of your profile.

When finished, click **Submit**.

Step 2: Register for Unit Access

* = required

Enter Personal Information

* Unit Affiliation

I am the Sponsor (Soldier or DoD Civilian) who is part of this Unit.
 I am a Family Member, friend, or other relation to the Sponsor.

* Your First Name * Your Last Name

Terry Travers

Enter Contact Information

* Your Email

terry.t.travers.mil@mail.mil

* Confirm Email

terry.t.travers.mil@mail.mil

* Your Phone Number Ext.

123-456-7890

Create an Account [? What's This?](#)

* Create Username
4 - 15 characters (No spaces)

terry.travers Available

* Create Password
16 characters (max)

* Confirm Password

Enter Your Location [? What's This?](#)

Address

123 Main

Address cont.

City State

Honolulu Hawaii

* Country

United States

* ZIP Code or Postal Code

96818

Enter Your Demographic Information [? What's This?](#)

* Your Proximity to the nearest Military Installation

0-14 miles
 15-25 miles
 25+ miles

* Military Component You are Affiliated with

Active

* Your Age Range

25 to 34

* Your Relation to the Military

Soldier

[Back](#) [Submit](#)

Unit

1984th United States Army Hospital

9th RRC, Honolulu
Location: Hawaii
UIC: W7UEAA

Sponsor

Terry Travers

SSN: 9999

Go to your site

When you have finished subscribing, you should see a summary of your registration. You can go to your site by clicking **Visit Your Unit's vFRG Site**.

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In the future, you can access the Unit's vFRG Site by logging in to Army FRG.

Your Account Information

Terry Travers

Username: terry.travers

Email: terry.t.travers.mil@mail.mil

[Visit Your Unit's vFRG Site](#)

Unit

1984th United States Army Hospital

9th RRC, Honolulu
Location: Hawaii
UIC: W7UEAA

Sponsor

Terry Travers

SSN: 9999