

ADVENTURE PROGRAMS & EDUCATION

For **DATES, TIMES** and **PRICES**, follow us on social media and visit
CARSON.ARMYMWR.COM

WATER ADVENTURES

Whitewater Rafting

June 2-Aug. 18 (Saturdays)

Price varies - see website for details.

Our guides steer you through the rapids of Big Horn Sheep Canyon on the Arkansas River. No experience is necessary! (Must be aged 8+, able to swim, & weigh at least 60 lbs.)

Stand Up Paddle Board (SUP)

June 12-Aug. 21 (every other Tuesday)

\$45

Learn the essentials of SUP, the fastest growing water sport since its origination in the Hawaiian islands. No experience necessary!



CLIMBING ADVENTURES

Climbing Wall Orientation

Every other Thursday

\$20

This introductory climbing class is a prerequisite for other climbing programs. Must be aged 14+. Pre-registration required.
(Required for use of the indoor climbing walls on Fort Carson.)

Lead Climbing Clinic

Every other Thursday

\$25

Covers lead climbing, belay techniques and climbing communication. Recommended prerequisite for other climbing programs.

Morning in the Garden

Multiple dates - see website for details.

\$45

Ascend the formations in the Garden of the Gods and see Colorado's majestic mountains. Class meets at Garden of the Gods Visitor Center.
*(Prerequisite: **Climbing Wall Orientation**)*

CUSTOM TRIP OPTIONS

- Local Brew Tours
- Alternative PT Programs
- Warrior Adventure Quest Programs

See website for details.



Fort Carson Outdoor
Recreation Complex
CarsonDFMWR



fortcarsonODR



Adventure Programs & Education
7093 Specker Ave., Bldg. 2429
(719) 526-5176



OUTDOOR RECREATION COMPLEX

For more info, follow us on social media and visit
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WARRIOR ADVENTURE QUEST

A reintegration program to help Soldiers respond to stress and excitement following a major training or deployment. Use adventure-based activities to help promote positive adrenaline responses, improve morale and communication, and develop trust and teamwork.

ELIGIBILITY REQUIREMENTS

- Conducted at a platoon level; available only for soldiers and their platoons
- Must be executed within the first 120 days of returning from a major training or deployment
 - Must be conducted during a duty day
 - No drinking prior or during the activity
 - Mandatory completion of post activity survey
- New eligibility to WAQ: if a unit has not been on a WAQ trip within two years
 - Each platoon is allowed one WAQ Program per RESET cycle

Stage 1: Schedule a WAQ trip

To schedule your trip, contact Erin Johnson at erin.a.johnson36.naf@mail.mil or call (719) 526-2186

Stage 2: Leader Training

Platoon leaders will learn the importance and goals of the WAQ program and how to facilitate a Leader-Led After Action Debrief (L-LAAD). Training is held every Thursday at 1 p.m. in the Outdoor Recreation Complex.

Stage 3: Solider Brief

Platoon leaders describe the details of the WAQ program to all participating soldiers, explaining the trip they are scheduled for as well as the goals of WAQ.

Stage 4: Your High Adventure WAQ Program

Ski and snowboard trips, rock climbing, paintball, mountaineering, whitewater rafting, and inflatable kayaking trips are offered seasonally.

Stage 5: The L-LAAD

A basic debrief the day's high adventure program, held immediately after the activity and facilitated by the L-LAAD trained leaders.



Warrior Adventure Quest Training
Inside the Outdoor Recreation Complex
7093 Specker Ave., Bldg. 2429

Erin Johnson
erin.a.johnson36.naf@mail.mil
(719) 526-2186



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EQUIPMENT CHECKOUT CENTER

Browse our vast selection of rental items to fit your every outdoor or special event need at extremely reasonable rates, including professional ski & snowboard fittings!

- Single-day, weekend & weeklong rentals
- Ski/snowboard gear (seasonal)
- RV storage
- Roasters, grills, dunk tanks, trailers
- Party/event and entertainment equipment
- Miscellaneous sports equipment



Visit CARSON.ARMYMWR.COM to view the full price list and rental items available. All rental prices, items and availability are subject to change.

RV STORAGE FACILITIES

A safe and secure location for privately owned vehicles, recreational vehicles, travel trailers, and utility trailers of all kinds. Spaces are available at a nominal fee to authorized patrons. Monthly storage rates are based on the size of the space.

MOUNTAIN POST OUTFITTERS

Brand new name-brand gear for outdoor adventure activities!

- Helmets, hats, sunglasses, goggles
- Gloves, mittens, scarves, socks
- Apparel, backpacks, hydration packs, water bottles
- Harnesses & belay devices
- Hiking boots

Merchandise offered tax-free and below MSRP for all eligible MWR patrons with military ID (Active Duty, military dependents, retired military, reservists, DOD civilian personnel & contractors).



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