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04 January 2021

Our mission at ACS is to prepare and empower our Total Military Family to meet the challenges of military life by providing essential programs, resources, and services that enhance knowledge, life skills, well-being, quality of life, and retention.

The "Pass It On" is available online at:
<https://carson.armymwr.com/programs/community-information-newsletter-pass-it>
No US Army/ Fort Carson endorsement implied.



New Year, New Opportunities!

Let's Take a Fresh Look at Army Community Service!

What IS ACS? At ACS, you'll find all kinds of programs and services that combine fun with self-improvement.

All Army Community Service (ACS) programs support Soldiers, civilian employees and families in maintaining readiness by coordinating and delivering comprehensive, responsive services that promote self-reliance, resiliency and stability.

Each program maximizes technology and resources, adapts to unique installation requirements, and measures service effectiveness.

Check Out Our Webpage! <https://carson.armymwr.com/programs/army-community-service>

New Year, New Opportunities!

Look at what ACS has to offer!



ARMY VOLUNTEER CORPS

- Assistance finding volunteer opportunities on and off Fort Carson
 - Special Volunteer events including: Make A Difference Day and National Volunteer Week
- Stay for a Day- Short Term Volunteer opportunities
- Volunteer Management Information System (VMIS) Support and Training
- Volunteer Recognition: Volunteer of the Quarter and Annual Volunteer Award Recognition

EXCEPTIONAL FAMILY MEMBER PROGRAM

- Community Information, Support and Resources for EFM Families
 - EFMP Special Events and Activities
- Individualized Education Program (IEP) Support
- Relocation Assistance for EFM Families - Incoming and Outgoing
- Special Needs Accommodation Process (SNAP)
- Special Needs Stabilization and Compassionate Reassignment
 - Systems Navigation Services

New Year, New Opportunities!

Look at what ACS has to offer!



EMPLOYMENT READINESS PROGRAM

- Assistance with Resumes, Building a Portfolio and Interviews
 - Career Fair Preparation
 - Education Scholarships Information
- Federal Employment and USAJobs Workshops
- Professional Development Workshops & Career Assessments

FAMILY ADVOCACY PROGRAM

- Parenting classes for parents of children from infants to teens
- Prevention & Relationship Enhancement Program (PREP)
 - Relationship Classes
 - Resilience Classes

New Year, New Opportunities!

Look at what ACS has to offer!



FAMILY ENRICHMENT PROGRAM

- Army Family Action Plan (AFAP) Program
- Army Family Team Building (AFTB) Training and Readiness Program
- ACS Volunteer Briefer, Facilitator, and Instructor Training
- Educating our Community about Fort Carson and Military Life

FINANCIAL READINESS PROGRAM

- Army Emergency Relief (AER)
- Banking Management and Finance Classes
- Budget, Credit, Debt and Investment Counseling
- Assistance for Soldiers through Community Partners
- Consumer Protection and Mediation
- Thrift Savings Plan
- Food Assistance Program Screening
- Free Access to CARFAX Reports
- Free Access to Consumer Reports
- Providing information on LEAP (Low-Income Energy Assistance Program)
- Understanding your Military Retirement

New Year, New Opportunities!

Look at what ACS has to offer!



MOBILIZATION & DEPLOYMENT READINESS PROGRAM

- CARE Team Training
- Emergency Family Assistance Center (EFAC)
- Soldier & Family Readiness Group (SFRG) Support and Training
- OPSEC Training for Military Families
- Pre and Post Deployment Training / Rear Detachment Training
- Reintegration / Reunion Training for Soldiers and Families
- Unit Service Coordinator (USC) Program

NEW PARENT SUPPORT PROGRAM

- Home Visits with New Parent Support Program
- Nurturing Parenting Programs for Infants to Teenagers
- Play Groups for infants to 5 years of age

New Year, New Opportunities!

Look at what ACS has to offer!



MULTICULTURAL SUPPORT - RELOCATION READINESS PROGRAM & RELOCATION ASSISTANCE

- Multicultural Support: Everyday English
 - Cultural Meet-Ups
 - Installation Packets
- Nursing Suite at ACS Center
- Permanent Change of Station Trip Planning
 - Waiting Families Program
- Mountain Post Living Welcome for Spouses and Families

SOLDIER & FAMILY ASSISTANCE CENTER

- Transition assistance to Soldiers and their Families that are assigned to the Soldier Recovery Unit (SRU) or in the Integrated Disability Evaluation System (IDES)
 - **SFAC Partner Agencies Include:**
 - Army Wounded Warrior Program
- Colorado Department of Labor & Employment
 - Education to Employment Initiative
 - Operation Warfighter
- Transition Assistance Program Counselor
- U.S. Department of Veterans Affairs – Health
 - Wounded Warrior Project

New Year, New Opportunities!

Look at what ACS has to offer!



SURVIVOR OUTREACH SERVICES

- Benefits Counseling
- Families of the Fallen Social Activities
- Financial Counseling
- Job Search and Education Assistance
- Support and Outreach
- Information & Referral
- Survivor Support Groups
- Post Access Sponsorship
- Bereavement Referral and Support
- Peer-to-Peer Support

VICTIM ADVOCACY PROGRAM

- Supporting Leadership Response to Domestic Violence
- Support Groups for Domestic Violence
- Victim Advocacy Program and Training

Community Bulletin

Fire Extinguisher Shop Closure

The Fire Extinguisher Shop will be closed Dec. 23. It will reopen Jan. 6 at 1 p.m. in building 3669.

Holiday Gate Closures

Gates 2, 6 and 19 will be closed Friday, Jan 15, and Monday, Jan 18 for Dr. Martin Luther King Day and training holiday. Normal hours of operation for gates 2, 6 and 19 are 5 a.m. to 6 p.m. Monday-Friday.

DMV Closure

The Department of Motor Vehicles (DMV) in building 1525 on Fort Carson will remain closed until Feb. 1

COVID-19 Information

To see the latest information on Fort Carson's measures to prevent the spread of COVID-19 and for frequently asked questions and other information on the pandemic, visit <https://www.carson.army.mil>. To ensure the most current page is viewed, refresh the internet browser by pressing the "Control" and "F5" keys.

Free School Meals

Fountain-Fort Carson School District Eight offers free meals Mondays-Wednesdays during the winter break. Meal pickup is 9-10 a.m. on Dec. 21-23, Dec. 28-30 and Jan. 4-6 at any of the five schools on post or off post at Aragon, Eagleside or Mesa elementary schools or Fountain-Fort Carson High School. Bags on Mondays and Tuesdays will have two breakfasts and lunches; bags on Wednesdays will have three breakfasts and lunches. Children do not need to be present for meal pickup. Any students under the age of 18 are eligible for the free meals, regardless of which school they attend.

Extended Downrange Passes

Fort Carson Range Operations will have new passes for calendar year 2021. Any individual who may be in possession of a current extended pass, is hereby notified that those passes issued in 2020 or prior will no longer be valid. If you have an extended pass, bring your current pass to the Range Operations Safety Office to have the pass exchanged for a new one. Individuals who display the old pass after Jan. 1 will have the pass confiscated and must report to the Range Safety Office to get a new one. If you have any questions, contact the Range Safety Office at 526-6330.

Military and Family Life Counseling

Military Family Life Counseling

Services are expanding to provide continuity of care to our community as we continue to navigate the worldwide impacts of the COVID-19 pandemic. MFLCs will provide temporary telehealth services where face-to-face support is restricted and/or unavailable.

Support for Adults: Telephonic & video non-medical counseling

If you wish to speak to an MFLC other than your identified MFLC, please call 719-526-4590 for assistance.

To speak to a Child and Youth Behavioral MFLC, please call Parent Central at 719-526-1101.

For more information visit:

<https://carson.armymwr.com/promos/military-family-life-counselors>



Video and Telephone Counseling Now Available

Continue your progress at home so you can keep moving forward

The military Family Life Counseling program is here for you during the coronavirus disease 2019 pandemic. We now offer telephone and video non-medical Counseling in addition to face-to-face non-medical counseling.

Who is eligible?

Free and confidential non-medical counseling is available to service members, Department of Defense expeditionary civilians, their families and survivors.

Children and youth behavioral counselors are available to support children and youth up to age 18. They also offer guidance to families, staff, and support personnel.

What can I expect from non-medical counseling?

You're military and family life counselor can help with:

- managing stress and changes at home due to covid-19
- adjusting to deployment and reintegration
- preparing to move or adjusting after a move
- strengthening relationships
- managing problems at work
- grieving the death of a loved one or colleague.

Schedule an appointment with a military and family life counselor:

719-323-0944	719-250-3854	719-250-9975
719-323-5026	719-250-1529	719-323-4139

Call Military OneSource anytime, 24/7 at 800-342-9647
or visit www.MilitaryOneSource.mil.



Army Community Service

Army Community Service Virtual Lobby Check-In

1. Wait in your car.
2. To check-in for your appointment, call (719) 524-0729.
3. For all other assistance, call (719) 524-1788.



Learn how to better communicate with your partner at this **fun** workshop.

Feb. 5 & 11 • 11 a.m. to 1 p.m

Register: www.carson.army.mil/acs
(719) 524-0912



Fort Carson HEARTBEAT

Peer Support for Survivors of Suicide Loss

6:15pm the 2nd and 4th Tuesday of each month beginning April 28, 2020

Heartbeat Care and Share. A time for Heartbeat families to connect

Virtual ZOOM Meeting or call in

Contact For More Information

Richard "Singe" Stites Angelika McShan
719-598-6576 Cell 719-338-1796
Cell 719-332-7574 amcengel@comcast.net
oldsinge@comcast.net



HEARTBEAT Survivors After Suicide, Inc.

www.heartbeatsurvivorsaftersuicide.org is a international non-profit organization affiliated with

Suicide Prevention Partnership / Pikes Peak Region
American Association of Suicidology
American Foundation for Suicide Prevention
Suicide Prevention Coalition of Colorado

www.pikespeaksuicideprevention.org
www.suicidology.org
www.afsp.org
www.suicidepreventioncolorado.org

Army Community Service – Financial Readiness Program

Foundational Readiness Classes for Your Personal Finances



1st and 3rd Friday 0930-1030 Developing a Spending Plan

A lot of times we find ourselves in the situation where we have more month left over than money in the bank. You are not alone! Let's talk about the crucial balance between spending and savings, reasons why you should have a financial plan and the 70-20-10 budgeting guideline. We will discuss the important budgeting concepts that will help you create a workable spending plan so that you can get a jump start on your money management skills as soon as today.

1st and 3rd Friday 1100-1200 Take control of your Finances

Did you ever wonder why some people have an excellent credit score while other struggle to qualify for credit? Let's talk about the basics of credit: when you should and should not use credits, how to establish credit, and how to check your credit reports and resolve errors. We'll also discuss debt: The debt-to-income ratio, which helps you figure out the amount of debt you can safely handle, how to manage existing debt, how to recognize the warning signs of debt problems, and what to do if your debt is out of control.

2nd and 4th Friday 0930-1030 Thrift Savings Plan

Are you taking advantage of this amazing benefit that is only offered to uniformed Service members and Federal employees? Topics include: A general overview of the Thrift Savings Plan, the difference between the Traditional and Roth TSP, investment funds and options and much more.

2nd and 4th Friday 1100-1200 Car Buying

Looking to buy your dream car? Do you know how much car you can afford and still have enough money to purchase gas? Most service members will purchase a new or used car while in the service. They will spend more of their disposable income on automobiles than on virtually anything else except food and shelter. This course is designed to help you save money and hassles on your next car purchase by focusing on:
1. The Purchase 2. The Financing 3. The Trade-In

**Register at www.carson.army.mil/acs
For more information: (719) 524-4601**



To register for upcoming classes,
visit our calendar at:

<https://carson.armymwr.com/calendar>



Or Call:

719-524-4601

Army Community Service – Employment Readiness Program

Fort Carson Employment Readiness Program

New Year. Fresh Start.

Stay tuned for more details on
ERP's upcoming **Drive-Thru Pop-Up** event.

We have a **FREE** gift for you!

'Like Us' on FB@fortcarsonacsemploymentreadiness

'Find Us' on LinkedIn@fortcarsonacsemploymentreadinessprogram



Are you re-evaluating and re-vamping your 2021 job search and employment goals? Ask us how we can help. Circle January 14 on your calendar and stay tuned for details on the ERP's Drive-Thru Pop-Up event.

Visit our Facebook page to stay updated! Search us at:

“Fort Carson ACS Employment Readiness Program”

FORT CARSON EMPLOYMENT READINESS

2021 January-March Class & Workshop Schedule

JANUARY

5th, 19th	Employment Readiness Orientation
7th	LinkedIn Fundamentals
13th	Write a Winning Resume
20th	You're a Priority: Federal Employment for MilSpouses
21st	Career Assessments
26th--1:30-4:30pm	Federal Resume & USAJobs

Classes are from 1:30-2:30 pm, unless otherwise specified

FEBRUARY

2nd, 16th	Employment Readiness Orientation
4th	LinkedIn Fundamentals
10th	Write a Winning Resume
17th	You're a Priority: Federal Employment for MilSpouses
18th	Career Assessments
23rd--9:00am-12pm	Federal Resume & USAJobs

Classes are from 9:30-10:30 am, unless otherwise specified

MARCH

2nd, 16th	Employment Readiness Orientation
4th	LinkedIn Fundamentals
10th	Write a Winning Resume
17th	You're a Priority: Federal Employment for MilSpouses
18th	Career Assessments
23rd--1:30-4:30pm	Federal Resume & USAJobs

Classes are from 1:30-2:30 pm, unless otherwise specified

Register@www.carson.armymwr.com/calendar or call: 719.526.4590

FB@fortcarsonacsemploymentreadinessprogram

LinkedIn@fortcarsonemploymentreadiness



Employment Opportunities

HIRING OUR HEROES
U.S. CHAMBER OF COMMERCE FOUNDATION

CORPORATE FELLOWSHIP PROGRAM

CONNECTING TRANSITIONING SERVICE MEMBERS TO EXCEPTIONAL PROFESSIONAL OPPORTUNITIES

The Hiring Our Heroes Corporate Fellowship Program provides transitioning service members with management training and hands on experience in the civilian workforce to prepare them for a smooth transition to civilian careers



POST FELLOWSHIP
JOB OFFER RATE

92%



COMPLETED
FELLOWSHIPS

OVER 2,000



PARTICIPATING
COMPANIES

OVER 200

CFP PROGRAM LOCATIONS



HiringOurHeroes.org/fellowships

Nicole Holling | NHolling@uschamber.com | 202.568.1623

HIRING OUR HEROES
U.S. CHAMBER OF COMMERCE FOUNDATION

CORPORATE FELLOWSHIP PROGRAM

AM I ELIGIBLE TO APPLY?

- You must be within a year of separation*
- You must be on active duty for the duration of the 12 week program
- You'll need a bachelor's degree and three years of leadership OR an associates degree and 5 years of leadership experience

* Your fellowship must begin within 180 days prior to separation.



THE SCHEDULE

Monday - Thursday you work in a mid to senior level professional position, matched to your skills and experience, with a host company in one of our locations.

Friday is spent in the classroom and at partner companies, gaining corporate skills and networking. You'll also have the opportunity to take a certification track course through our partner Simplilearn



UPCOMING PROGRAM DATES

JAN. 11 - APR. 2, 2021

Completed application packets due by October 23, 2020

MAY 3 - JUL. 23, 2021

Completed application packets due by March 18, 2021

OUR SPONSORS



simplilearn

military

CUSHMAN & WAKEFIELD



verizon

Hilton

SCHULTZ FAMILY FOUNDATION

LOCKHEED MARTIN

CARmax

FedEx



HiringOurHeroes.org/fellowships

Nicole Holling | NHolling@uschamber.com | 202.568.1623

Employment Opportunities

ONWARD
TO
OPPORTUNITY

IN PARTNERSHIP WITH:
VCTP
VETERANS CAREER
TRANSITION PROGRAM

PLANNING FOR YOUR CAREER AFTER THE MILITARY?

Introducing, a straightforward
employment program for transitioning
service members and spouses

WHAT IS O2O-VCTP?

Onward to Opportunity in partnership with the Veterans Career Transition Program (O2O-VCTP) understands the time to train and place military families in jobs is while you're still serving and not after.

With no-cost training and certification in over 30 top-paying career fields and direct connections to over 500 military-friendly employers, this career transition program utilizes in-person and online learning options to best fit your needs.

During the program, you are also connected to Hire Heroes USA, our national career services partner program that provides free, personalized career coaching and job sourcing.

Please visit onward2opportunity-vctp.org or talk with your installation Program Manager for more information.

ELIGIBILITY

Active Duty Service Members
(to include active guard and reserve) within 6 months of separation or retirement

National Guard and Reserve
currently serving in a non-active status

Post 9/11 veteran
(retired or separated) with an honorable discharge

Spouses
of any active duty service member, post 9/11 veteran and active duty National Guard or Reserve.

ONWARD2OPPORTUNITY-VCTP.ORG

@Onward2oppVCTP

@IVMFSyracuseU

IVMF A program of the Institute for Veterans and Military Families.

JPMORGAN CHASE & CO.

SCHULTZ
FAMILY
FOUNDATION

accenture
High performance. Delivered.

HIRE
HEROES

BLUE STAR
FAMILIES

ONWARD
TO
OPPORTUNITY

IN PARTNERSHIP WITH:
VCTP
VETERANS CAREER
TRANSITION PROGRAM

CERTIFICATION TRAINING TRACKS*



BUSINESS MANAGEMENT

Project Management:

- PMP
- CAPM
- Six Sigma Green Belt

Human Resources:

- aPHR
- PHR
- SPHR

Customer Service Excellence:

- Call Center Fundamentals



INFORMATION TECHNOLOGY

• CompTIA A+

- Security+
- Cloud+
- Linux+
- Server+
- Network+
- SSCP
- CISSP
- GIAC
- GSEC

• GCIA

- Certified Ethical Hacker
- CCENT
- CCNA
- ITIL

- Java SE7 & SE8
- Oracle 11G & 12C



DIRECT TO EMPLOYMENT

Complete the O2O assessment and if eligible, be fast-tracked to employment support and interview matching from Hire Heroes USA.

*Courses may vary based on location. Please contact your local installation team.

TESTIMONIAL

QUENTIN HAGEWOOD

U.S. Army Veteran, O2O-VCTP Fort Carson Graduate

Current Position:

Network Operations Center Technician at CenturyLink

Track:

IT (Cisco Certified Network Associate)

"The O2O program offered through the IVMF has provided a fantastic opportunity for me and my wife to obtain highly demanded professional certifications at no cost to us. These certifications give us valuable knowledge as well as make us more marketable in the civilian job market. The courses are challenging and managing your time in order to learn the material and complete the certifications successfully is critical, but well worth it!"



WHY O2O-VCTP?

- Onward to Your Career Training and access to online learning pathways.
- Direct connections to 500+ national employer partners through Hire Heroes USA
- Networking opportunities and connections
- One FREE industry certification exam
- FREE resume assistance, interviewing technique training and interview matching to employers in your industry
- Non-credit certificate of completion from the IVMF at Syracuse University upon course completion



FOR ADDITIONAL INFORMATION

► INSTALLATION TEAM

JOE ALDAZ, FORT CARSON PROGRAM MANAGER

E jvaldaz@syr.edu

KATRINA LUSK, FORT CARSON PROGRAM COORDINATOR

E kmlusk@syr.edu

INTERESTED EMPLOYERS CONTACT

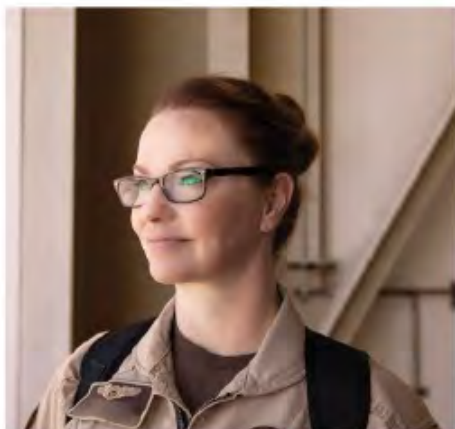
► ANTHONY COSBY

DIRECTOR, EMPLOYER OUTREACH | O2O-VCTP
INSTITUTE FOR VETERANS AND MILITARY FAMILIES
T 210.844.8154 | E atcosby@syr.edu

*O2O-VCTP leverages DoD SkillBridge authority to conduct career skills training on US military installations. The DoD and Service Branches do not endorse any company, sponsor or their products or services.

APPLY NOW ► ONWARD2OPPORTUNITY-VCTP.ORG

Employment Opportunities



U.S. Customs and
Border Protection

ARE YOU READY FOR YOUR NEXT MISSION?

Attend CBP Frontline Career Days to
learn about opportunities to serve your
nation on a new frontline.

INFORMATION SESSIONS:

January 13th, 2021
1400 – 1530 EST

SIGN UP AT:

<https://bit.ly/3mlcHyJ>

Virtual Information Session to learn about
exciting career opportunities with CBP



ACP Helps Military Spouses Advance Their Careers



ACP is a nationwide non-profit dedicated to assisting veterans and active duty military spouses on their path towards meaningful employment.

1:1

Customized Mentorships

ACP hand-selects a Mentor
for each spouse Protégé

12

Significant Conversations

Mentors and Protégés connect at
least once a month for up to a year

35+

Areas of Expertise

Mentors come from many
professional industries

Whether you are considering a new career, starting a small business or have recently moved locations, ACP has Mentors offering their assistance. Our Mentors are volunteers with years of experience and can help with:

- Career exploration
- Entrepreneurship and small business growth
- Résumé review
- Interview preparation
- Networking
- Career coaching
- Overall professional development

You supported your spouse's career - let us support yours.
Get started today at www.acp-usa.org/spouses



Army Community Service – New Parent Support Program

Fort Carson ACS New Parent Support Program presents

Nourish and Nurture



**2nd Monday of each month
10:30 a.m.- 11:30 a.m.**

Class designed to assist parents in feeding their infant and children up to age 3 years. Monthly topic will cover a variety of subjects: nursing infants, bottle feeding, first foods, picky eaters, ages and stages of development in feeding, and homemade baby foods.

The monthly topic will be sent upon registration.

Register online: www.carson.army.mil/acs

For more information: (719) 526-0461



New Parent Support Program presents

Safe Parenting

brown bag lunch - n- learn
a resource group for single parents



Connect with fellow Soldiers and community partners to help you on your journey to survive and thrive as a single parent.

18 Nov & 30 Dec, 2020

27 Jan, 24 Feb, 24 Mar, 28 Apr & 26 May, 2021

Noon-1 P.M. • ACS Annex, bldg. 7492

www.carson.army.mil/acs • (719) 524-1899



Army Community Service – Army Emergency Relief

AER CAN HELP WITH



FOOD

CLOTHING



UTILITIES

AND MORE!

EMERGENCY TRAVEL ASSISTANCE FOR ROTC CADETS



U.S. ARMY PHOTO

Army Emergency Relief has expanded emergency travel assistance to ROTC cadets under contract to serve in the U.S. Army.

For more Information click [HERE](#)

ARMY EMERGENCY RELIEF

PCS ASSISTANCE



ARE YOU ABOUT TO PCS?

AER can help **Active Duty Soldiers, Active Guard and Reserve Soldiers***, and their **Families**, with **zero-interest loans, grants, or a combination of both.**

*Title 10 orders for at least 31 consecutive days. Exceptions may apply. Talk to your nearest Military Aid Office.

AER CAN HELP

AER can help with expenses **before, during, and after a PCS**, such as auto repair, rent deposit, temporary lodging, appliance repair, child care assistance, spouse relicensing, and more.

Assistance for pet-boarding may be offered as an exception.

Talk to your nearest AER officer to learn more.



HOW TO APPLY

3 ways to receive assistance from AER:

1. Talk to your Chain of Command
2. Visit your nearest AER office at **armyemergencyrelief.org/offices**
3. Call the American Red Cross at 1-877-272-7337



DETAILS ABOUT PET BOARDING

- AER may provide assistance for pet boarding fees, as an exception, for Soldiers affected by the COVID-19 pre & post PCS 14-day quarantine (Restriction of Movement)
- Pet boarding assistance may be provided for up to 15 days pre and post PCS (30 days total)
- Requests for more than 30 days of pet boarding will be forwarded to HQ AER for consideration
- Soldiers must provide an estimate of the pet boarding costs
- Assistance may be provided as a zero-interest loan, grant, or combination of both

VISIT **[ARMYEMERGENCYRELIEF.ORG](https://armyemergencyrelief.org)** FOR MORE INFORMATION



AER

Army Community Service – Upcoming Classes & Events

Date	Class	Time
January 5 th	Boot Camp For New Dads	9:00am – 12:00pm
	Banking Management	9:30am – 10:30am
	Command Family Readiness Representative (CFRR) Academy	9:30am – 4:00pm
	Everyday English for Foreign Born Spouses	9:30am – 11:30am
	Infant Massage & Baby Nurturing	9:30am – 11:00am
	Employment Readiness Orientation	1:30pm – 2:30pm
	PREP The 3 Keys	1:30pm – 3:30pm
January 7 th	Toddler Time	9:30am – 11:00am
	Thrift Savings Plan Class	1:00pm – 2:00pm
	Professional Development Series: LinkedIn Fundamentals	1:30pm – 2:30pm
	Latino Meet-Up	2:00pm – 4:00pm
January 8 th	Foundational Readiness Classes for Your Personal Finances	9:30am – 10:30am
	Play Group	10:00am – 12:00pm
	Foundational Readiness Classes for Your Personal Finances	11:00am – 12:00pm
January 11 th	Nourish and Nurture	10:30am – 11:30am
January 12 th	Everyday English for Foreign Born Spouses	9:30am – 11:30am
	Infant Massage & Baby Nurturing	9:30am – 11:00am
	Baby Orientation	10:00am – 11:30am
	Nurturing Families Through Play	10:30am – 12:30pm

Date	Class	Time
January 12 th	SFRG Fund Custodian Training	11:00am – 12:30pm
	Cooperative Parenting and Divorce Class	12:00pm – 1:00pm
	Auditing SFRG Informal Funds	1:00pm – 3:00pm
	PREP Personality	1:30pm – 3:30pm
	Heartbeat	6:15pm – 8:00pm
January 13 th	Nurturing	9:30am – 11:45am
	Budgeting 101	10:00am – 11:00am
	Soldier & Family Readiness Group Key Contact Training	10:00am – 11:30am
	Write a Winning Resume	1:30pm – 2:30pm
	Nurturing	5:30pm – 7:45pm
January 14 th	Toddler Time	9:30am – 11:00am
	New Year, Fresh Start: Drive-Thru Pop-Up Event	12:00pm – 1:30pm
	Launching Hope	1:00pm – 3:00pm
	Thrift Savings Plan Class	1:00pm – 2:00pm
January 15 th	Foundational Readiness Classes for Your Personal Finances	9:30am – 10:30am
	Play Group	10:00am – 12:00pm
	Mountain Post Living Welcome for Spouses and Families	10:30am – 11:30am
	Foundational Readiness Classes for Your Personal Finances	11:00am – 12:00pm
	How to Help a Friend	1:00pm – 2:00pm

Click class/event name to register and/or learn more

Hot Links!

[Auto](#)
[Army Community Service](#)
[BOSS](#)
[Child and Youth Services](#)
[Community Events](#)
[Conference & Catering](#)
[Financial](#)
[Fort Carson Mountaineer](#)
[Fort Carson MWR Events](#)
[Fountain Fort Carson School District 8](#)
[Libraries](#)
[Outdoor Recreation](#)
[Peterson AFB MWR](#)
[Pikes Peak Cultural Events](#)
[Schriever AFB MWR](#)
[Social & Dining](#)
[Specialty Services](#)
[Sports & Fitness](#)
[Tickets](#)
[U.S. Air Force Academy MWR](#)
[USO Events](#)

2021 Upcoming Holidays and Training Holidays

Holiday Observances

18 January 2021, Dr. Martin Luther King, Jr. Day

15 February 2021, Presidents' Day

31 May 2021, Memorial Day

05 July 2021, Independence Day
(Observed)

06 September, 2021, Labor Day

Training Holidays

15 January 2021, Dr. Friday
before Martin Luther King, Jr.
Day

12 February 2021, Friday
before Presidents' Day

28 May 2021, Friday before
Memorial Day

06 July 2021, Tuesday after
Independence Day

03 September, 2021, Friday
before Labor Day

Food Resources



Free Lunch and Breakfast for Students

Every Tuesday from 12 PM to 2 PM:
Location: Turman Elementary School
3245 Springnite Dr

Every Wednesday from 12PM to 2PM:
Location: CPCD Central Office
2330 Robinson St

Available for any child 1-18
7 days Breakfast & Lunch w/gallon milk
Per child

Distributions will be drive up style. Please remain in your car and follow traffic instructions from volunteers!

All are welcome! Please tell family, friends, neighbors, or anyone you know who might be interested!



MOBILE FOOD PANTRY LIST

AGENCY	DISTRIBUTION TIME
AGAPE FELLOWSHIP CHURCH 611 Broadway Ave., Pueblo, CO, 81004	4 th Tuesday 11:00 a.m.
BLANCA/FORT GARLAND COMMUNITY CENTER 17591 Hwy 160, Blanca, CO, 81123	1 st Monday 9:00 a.m.
CRESTONE FOOD BANK 108 W. Galena Ave., Crestone, CO, 81131	1 st Tuesday 9:00 a.m.
DEERFIELD HILLS COMMUNITY CENTER 7290 Deerfield Hills Rd., Colorado Springs, CO, 80916	4 th Friday 11 a.m.
EASTERN PLAINS COMMUNITY PANTRY 701 4 th Street, Calhan, CO, 80808	3 rd Friday 11:00 a.m.
EASTSIDE ACTION SUPPORT TEAM 1315 E 7 th St., Pueblo, CO, 81001	3 rd Friday 2:00 p.m.
ECUMENICAL CHURCH OF PUEBLO WEST 434 S. Conquistador Ave., Pueblo, CO, 81007	3 rd Friday 3:00 p.m.
LOAVES & FISHES CANON CITY 241 Justice Center Drive, Canon City, CO, 81212	2 nd Friday 11 a.m.
LYNN GARDENS BAPTIST CHURCH 3804 W. Pueblo Blvd., Pueblo, CO, 81005	3 rd Wednesday 9:30 a.m.
OUR LADY OF THE VALLEY CATHOLIC CHURCH 19617 Hwy 285, La Jara, CO, 81140	1 st Monday 10:00 a.m.
PEAK VISTA 350 Lyckman Dr., Fountain, CO, 80817	2 nd Friday 9:00 a.m.
PIKES PEAK COMMUNITY COLLEGE - CENTENNIAL 5675 S. Academy Blvd., Colorado Springs, CO, 80906	3 rd Monday 11:00 a.m.
PRAISE ASSEMBLY OF GOD 2000 Troy Ave., Pueblo CO 81001	4 th Wednesday 11:00 a.m.
PRAISE COMMUNITY CHURCH E. 3 rd & E. 4 th , Florence, CO, 81226	1 st Friday 12:00 p.m.
PUEBLO COMMUNITY COLLEGE 900 W. Orman Ave., Pueblo, CO, 81004	1 st Tuesday 11:30 a.m.
UTE MOUNTAIN UTE TRIBE 311 S. Sunset Blvd., Towaoc, CO, 91334	3 rd Tuesday 11:00 a.m.
VALLEY COMMUNITY CHURCH 4253 Mercantile, Colorado City, CO, 81019	3 rd Tuesday 1:00 p.m.

► For additional food pantry referrals dial 2-1-1 or visit the FindFood link on www.careandshare.org

Food Resources

COMMUNITY MEALS OVER WINTER BREAK

Pick Up Monday - Wednesday

December 21 - 23

December 28 - 30

January 4 - 6

9 - 10 a.m.

LOCATIONS

On Post:

All Five Schools

In Fountain:

Aragon Elementary, Eagleside Elementary,
Mesa Elementary and FFCHS

Bags on Mondays and Tuesdays will have two
breakfasts and lunches.

Bags on Wednesdays will have three breakfasts and
lunches.

STUDENTS DO NOT NEED TO BE PRESENT WHEN PICKING UP MEALS.
THIS INSTITUTION IS AN EQUAL OPPORTUNITY EMPLOYER.

FOUNTAIN - FORT CARSON

FOOD PANTRY

**THURSDAYS
FROM 3:30-5:30PM**

**WELTE EDUCATION CENTER
330 LYCKMAN PL.**

**PLEASE REMAIN IN YOUR CAR AND
PULL UP IN FRONT OF THE
BASKETBALL COURT**

AVAILABLE TO ANY FFC8 STAFF MEMBER AND FAMILIES WITH AN FFC8 STUDENT

Fort Carson Religious News & Services

NURTURE THE LIVING CARE FOR THE WOUNDED AND HONOR THE FALLEN


Fort Carson & 4th Infantry Division

Chaplain Hotline
(719) 387-1574

A Chaplain is available to you
24 hours a day 7 days a week

Chaplains have complete confidentiality
and are here to assist you



 [Facebook.com/4IDCarsonRSO](https://www.facebook.com/4IDCarsonRSO)

Fort Carson Sunday Religious Services

Catholic Mass	Soldier Memorial Chapel	
	0900 In person inside sanctuary	
	1030 Outdoor / Drive in Service	
	Live stream - https://www.facebook.com/Our-Lady-of-Fort-Carson-622517474897811/	
ChapelNext	McMahon Theater	1000
	Live stream - https://www.facebook.com/chapelnextfortcarson/	
Traditional Protestant	Provider Chapel	1100
	Live stream - https://www.facebook.com/ProviderChapel/	
Gospel Service	Prussman Chapel	1100
	Live stream - https://www.facebook.com/GospelService/	
Samoan	Veterans Chapel	1100
	Live stream - https://www.facebook.com/4samoanprotserviceftcarson/	
Jewish Sunday School	Veterans Chapel	1300
	No Live steam currently	

Scholarship News

Click [HERE](#) for 35+ Scholarships for Military Spouses and Military Kids

Military Family Member Scholarship Opportunities,
Click below to learn more!

- [Nationwide Surviving Spouse and Dependent Children Scholarship Program](#)
- [Marine Gunnery Sergeant John D. Fry Scholarship](#)
- [Fisher House Foundation Scholarship Program](#)
 - [No Angel Left Behind](#)
 - [Freedom Alliance](#)

YOUTH LEADERS WANTED!

The mission of The Fountain Youth Council is to develop and foster a self-directed group of youth leaders who are educated and informed of the functioning of local government, and that represent and advocate for youth throughout the community.



- Attend City Council or Board/Commission meetings
- Debate current issues
- Leadership coaching/training
- Community service
- Planning and implementation of youth-oriented events
- Visit State Capital and/or State Representatives
- Learn about government processes and operations
- Meet with the Mayor and/or Councilmembers
- Developing budgets
- Meet once monthly
- Other activities the group deem valuable
- Become elected Chairperson, Vice Chairperson, or Secretary

Scholarships

- Two, \$1,000 Youth Leadership Scholarships will be awarded annually
- Must be graduating with at least a 3.0 GPA
- Must attend 75% of FYC meetings; and participate in 75% of FYC events and activities
- Scholarships awarded by the City Council prior to the end of the school year

Requirements

- City of Fountain resident
- Engage with peers, diverse groups, and government legislation
- 14-18 years of age; and public, private, or homeschooled
- Be prepared to fill a one year term
- Meet once monthly
- Participate in trainings, conferences and various discussions

For more information visit
www.fountaincolorado.org/youthcouncil; or contact
Councilperson Duncan at youthcouncil@fountaincolorado.org

**LEARN.
ADVISE.
GET
INVOLVED.**

Tutoring News

K-12 through College NO-COST TUTORING

+ HOMEWORK HELP AND TEST PREP

1:1 • Online • On-Demand • 24/7 • Anonymous

100+ SUBJECTS

MATH*

Elementary Math
Middle Grades Math
Basic Math
Pre-Algebra
Algebra
Algebra II
Geometry
Trigonometry
Pre-Calculus
Calculus
Statistics
Discrete Math
Finite Mathematics
AP® and IB® Subjects

SCIENCE*

Basic Science
Earth Science
Biology
Anatomy & Physiology
Chemistry
Physics
Microbiology
AP® and IB® Subjects

ENGLISH

Essay Writing
Vocabulary
Grammar
Literature
AP® and IB® Subjects
Reading

ENGLISH LANGUAGE LEARNERS (ELL)

Reading Help
English Language Use
English Writing
Types of Writing

SOCIAL STUDIES*

Geography
U.S. History
European History
World History
Civics & Government
AP® and IB® Subjects

SOCIAL SCIENCE

Introductory Psychology
Introductory Sociology
Research Methods

WORLD LANGUAGES: SPANISH, FRENCH, GERMAN, ITALIAN

Grammar
Writing
Reading Comprehension

BUSINESS

Accounting
Economics
Finance
Business Law
Principles of Management

COMPUTER LITERACY

MS Excel, PowerPoint, & Word
Programming: Java
Programming: C++

TEST PREP

SAT®
ACT®
PSAT®

NURSING/ALLIED HEALTH

Medical Surgical
Pharmacology
Healthcare/Health Services
Care Plans
Pathophysiology
Medical Terminology
NCLEX Test Prep

STUDENT SUCCESS STUDY SKILLS

Study Techniques
Choosing a Major
Managing Knowledge Gaps
Scholarly Resources
Using Technology

LIFE SKILLS

Organizational Skills
Motivation & Goals
Learning Healthy Habits
Building a Support System

And More!



TUTOR.COM for
U.S. MILITARY FAMILIES
www.tutor.com/military



Visit www.tutor.com/military/eligibility for full funding and program eligibility details. The appearance of the U.S. Department of Defense (DoD) visual information does not imply or constitute DoD endorsement. PSAT and SAT is a registered trademark of College Board, which is not affiliated with and does not endorse this product. ACT is a registered trademark of ACT, Inc.

GO TO WWW.TUTOR.COM/MILITARY

Tutor.com for U.S. Military Families™ Frequently Asked Questions



TUTOR.COM/MILITARY

What is Tutor.com for U.S. Military Families?

Tutor.com for U.S. Military Families (Tutor.com/military), funded by the U.S. Department of Defense (DoD) and Coast Guard Mutual Assistance (CMGA), is a program that allows eligible students in grades kindergarten through college to connect to a live tutor online at any time (24/7/361) for one-to-one help with homework, studying, test prep and more, at no cost.

Who is eligible to use Tutor.com/military?

To support DoD-affiliated personnel and their families impacted by COVID-19 disruptions, DoD Military Community and Family Policy (MC&FP) leadership has temporarily expanded eligibility for Tutor.com/military. As of April 2020, all DoD service members, civilian personnel and all dependent family members are eligible. DoD military children in grades K-12, Coast Guard families, and DoDEA students who were eligible to use Tutor.com/military prior to April 2020 will continue to access the program as usual.

Expanded eligibility to address COVID-19 disruptions is currently available through September 30, 2020. Those who are currently eligible to use Tutor.com/military at no cost:

DoD or Coast Guard Affiliation	Dependents			Service Member/ Federal Personnel
	Child (Grades K-12)	Child (College)	Spouse	
Funded by the U.S. Department of Defense (DoD)				
Army, Navy, Air Force, & Marine Corps (Active Duty, Reserve, National Guard, Wounded Warrior & Survivor of KIA)	✓	✓	✓	✓
DoD Civilians	✓	✓	✓	✓
Students attending schools operated and funded by DoDEA	✓	n/a	n/a	n/a
Cadets: DoD Service Academies	n/a	n/a	n/a	✓
Cadets: ROTC & NROTC	✓	✓	✓	✓
Funded by Coast Guard Mutual Assistance (CMGA)				
Coast Guard (Active Duty & Reserve)	✓	✓	✓	✓
Cadets and Cadet Candidates: Coast Guard Academy	n/a	n/a	n/a	✓
Coast Guard Civilians	✓	✓	✓	✓

DoD and Coast Guard military service members, civilian personnel, and dependent family members are all eligible to use Tutor.com/military when the service member is in either active/full-time or part-time/traditional drilling status, wherever they are located.

Who can we contact with questions?

Email questions about Tutor.com/military to militarysupport@tutor.com.

Complete and current program eligibility details are available at www.tutor.com/military/eligibility.

Tutor.com for U.S. Military Families is funded by the Department of Defense (DoD) MWR Library Program and Coast Guard Mutual Assistance (CMGA). Those who fund the program determine eligibility for its use. Long-term availability of the program is not guaranteed. Check student eligibility requirements at www.tutor.com/military/eligibility. Tutor.com for U.S. Military Families is a trademark of Tutor.com, Inc. (2020_MIL_FAQ_Sheet)

Last updated April 23, 2020

Tutoring News

How It Works: Tutor.com Classroom

Connecting with expert tutors for on-demand, 1:1 help

The expert tutors at Tutor.com can help you work through a tough homework problem, improve your writing skills, study for a test, review a difficult concept and so much more!

Get Started

1. Go to: [tutor.com/military](https://www.tutor.com/military).
2. Review eligibility requirements.
3. If eligible, create or sign into your free Tutor.com account.
4. Click on "Connect with a Tutor."

01

Get the right tutor

Fill in the quick pre-session questionnaire. Using this information, we will match you with the first available tutor best qualified to assist you.

What do you need help with today?
Please take a moment to review our resources.

Topic: Math Subject: Calculus

Enter your question:
Find help with calculus.

Additional Info:

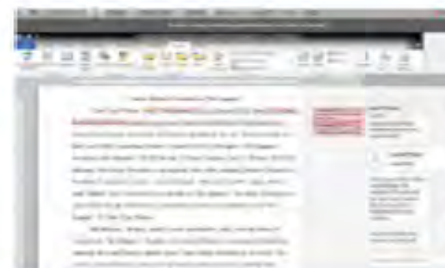
Communicate

You can use our chat box or an audio connection to either instant message or speak with your tutor once in the online classroom. You and the tutor may also use the interactive whiteboard to share work and ideas. All activity in the classroom is recorded for review and quality control.

03

Share a file

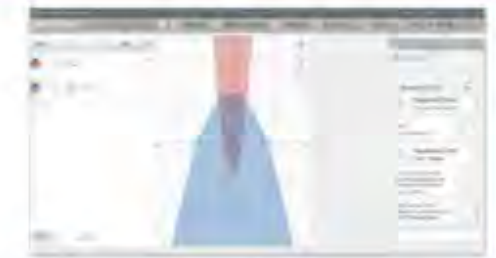
You can share many types of files with your tutor in the classroom. Upload an essay, your lab report, a PowerPoint presentation and more. You and your tutor will be able to view the file together in the classroom.



Use special tools

05

The classroom includes a graphing calculator, text editor and code editor when working on subject material that may require these special tools. Open these tools using the buttons above the whiteboard.



Rate & Review Your Session

After each session, be sure to let us know how we did. Complete the survey and share your comments. Then, you'll have the option to play a video of your session, and email or print the chat log and whiteboards.

06

Submit your paper

Our drop-off review service allows you to get expert help from a tutor without having to connect for a real-time session. Drop off your writing assignment and get detailed feedback and explanations within 24 hours. Retrieve your tutor's review under "My Sessions."

Submit your document for 12-hour review

Upload your document (PDF, DOC, DOCX, TXT, PPT, PPTX, XLS, XLSX, RTF, EPS, AI, PSD, INDD, EPS, PDF, etc.)

Drop-off your document (PDF, DOC, DOCX, TXT, PPT, PPTX, XLS, XLSX, RTF, EPS, AI, PSD, INDD, EPS, PDF, etc.)

Drop-off your document (PDF, DOC, DOCX, TXT, PPT, PPTX, XLS, XLSX, RTF, EPS, AI, PSD, INDD, EPS, PDF, etc.)

Drop-off your document (PDF, DOC, DOCX, TXT, PPT, PPTX, XLS, XLSX, RTF, EPS, AI, PSD, INDD, EPS, PDF, etc.)

07

Practice for a test

Use our practice quizzes to assess your level of knowledge and practice for upcoming tests or quizzes in math, science and English. Take a quiz, review your results and connect with a tutor to discuss any missed questions.

08

Use "My Account"

09

- Review previous sessions and retrieve drop-off reviews from "My Sessions." Be sure to tag your favorite tutors when reviewing your sessions.
- Reconnect with your favorite tutors or see when they are next scheduled from "My Favorite Tutors."
- Access files you have saved or files you have shared with your tutors in session from "My Locker."

My Account

My Sessions
My Favorite Tutors
My Locker
Account Settings
Sign out

www.tutor.com/military

www.tutor.com/military

Visit www.tutor.com/military/eligibility for full funding and program eligibility details. The appearance of the U.S. Department of Defense (DoD) visual information does not imply or constitute DoD endorsement.



TUTOR.COM for
U.S. MILITARY FAMILIES
www.tutor.com/military



Fort Carson and the Surrounding Community – Mountain Post Recreation

RECREATION DIVISION FY 21 EVENT CALENDAR

05 February Cupid Shuffle Run @Ivy FitnessCenter
1600-1830

13 March..... War Dog Memorial Run @Ivy Fitness Center
0800-1100

10 April Color Fest & Color Run @TBD
1000-1400

07 May Taco Trot @Iron Horse Park
1600-1830

19 June Freedom Rocks @Iron Horse Park
1400-2200

04 July Colorado Springs Wide Fireworks @TBD
Time TBD

20-21 August Spartan Race @TA2 & 4
Time TBD

FORT CARSON OUTDOOR RECREATION'S WINTER PROGRAMS & EVENTS

January 7th – Climbing Wall Orientation \$25 1830-2030 (location TBD)
January 8th – Open Climb Night 1830-2000 (location TBD)
January 10th – Ice Fishing (cost & location TBD)
January 10th – Ski Tuning Clinic @ ODR (cost TBD)
January 16th – Ice Climbing at Helen Hunt Falls \$55
January 17th – WITW Mountain/Fat Tire Bike and Brew Cruise (cost TBD)
January 21st – Climbing Wall Orientation \$25 1800-1930
January 22nd – Open Climb Night 1830-2000 (location TBD)
January 23rd – Frisco Nordic/Tubing day (cost TBD)
January 13th – WITW Climbing Wall Orientation \$25 1830-2030 (location TBD)

Dates, times and prices are subject to change

Visit our website or call us for more information:

carson.armymwr.com/719-526-5176

/Follow us on Facebook and Instagram to stay up to date on programs:
Mountain Post Recreation



WINTER SCHEDULE IVY POOL 719-526-4093 EFFECTIVE 2 DECEMBER 2020



Active duty has priority MON-FRI from 0900-1600. All other use is on a first come, first serve basis.

Programs	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Active Duty Only Lap Swim Capacity 8 20 max on deck	0500-0800	0500-0900	0500-0800	0500-0900	0500-0800		
Soldier Recovery Unit	0800-0900		0800-0900		0800-0900		
Lap Swim 2 per lane Capacity 8	0900-2100	0900-2100	0900-2100	0900-2100	0900-2100	0600-1930	0600-1930
Main Pool Recreation Swim	CLOSED IN ACCORDANCE WITH COVID 19 GUIDANCE						
Ivy Family Pool	CLOSED IN ACCORDANCE WITH COVID 19 GUIDANCE						
Diving Boards/Slides	CLOSED IN ACCORDANCE WITH COVID 19 GUIDANCE						

DIVING WELL USE IS RESTRICTED TO ORGANIZED MILITARY TRAINING BY RESERVATION ONLY. PLEASE CONTACT THE IVY FRONT DESK FOR MORE INFORMATION.

Ivy Pool Address: 6415 Specker Ave, BLDG 1925

Please visit carson.armymwr.com and like us on facebook at Mountain Post Recreation for information on upcoming events, closures and more!

Ivy Pool hours are subject to change on Federal and Training Holidays

NELSON POOL CLOSED UNTIL FURTHER NOTICE DUE TO FACILITY REPAIR

SKI AND SNOWBOARD SEASON RENTALS

Starting October 31st at 0800, Outdoor Recreation will be open for season rentals on a first come first serve basis.

Adult Ski or Snowboard Season Rental Package: \$195
(includes: skis or snowboard, boots, helmet, and poles/bindings)

Junior Ski or Snowboard Season Rental Package: \$165
(includes: skis or snowboard, boots, helmet and poles/bindings)

Fort Carson and the Surrounding Community – Army Education Center

COVID UPDATE:

Beginning NOV. 30, 2020 The Fort Carson Education Center will provide in person services on a limited basis and by appointment **ONLY** for:

- APT Testing (AFCT, DLPT, DLAB, SIFT)
- TABE testing
- BSEP/GT Prep courses (**CLASSES CANCELLED UNTIL 8 DEC 20**)

To schedule a test please contact the Testing Department by emailing:

usarmy.carson.imcom.mbx.dlpt-testing@mail.mil

For General Questions, Call our Front Desk at 719-526-2124. NO WALK INS!

For Counseling Support Services (to include CLEARING),
email your assigned coun-selor:

COLLEGE CONTACTS:

(Applications, Academic Advising)

Last Names A-C: BONNIE.M.RIVERA.CIV@MAIL.MIL

PPCC: 719-502-4200 mvp@ppcc.edu

Last Names D-G: AMANDA.E.FLYNN.CTR@MAIL.MIL

UCCS: 719-526-8066 jyoung6@uccs.edu

Last Names H-K: MICHAEL.K.COYNE.CIV@MAIL.MIL

ERAU: 719-576-6858 ColoradoSprings@erau.edu

Last Names L-P: KATHRYNE.M.JONES.CIV@MAIL.MIL

CSUP: 719-526-2509 korine.new@csupueblo.edu

Last Names Q-T: BILLIE.R.ELLIOTT.CTR@MAIL.MIL

UMGC: 719-313-6411 baseadvisor@umgc.edu

Last Names U-Z: STEVI.L.STEPHENS-MARTIN.CIV@MAIL.MIL

TRIO: 719-526-6818 (Financial Aid Assistance)

MLF (COMPUTER LAB):

CLOSED INDEFINITELY

Thank you for your patience
and understanding!



Army Continuing Education System (ACES)
FY21 Needs Assessment Survey



SHARE YOUR VOICE TO
IMPROVE ARMY
EDUCATION!

Completion of Tri-annual
Education Center Needs
Assessment is required for
AR 621-5 compliance.
Completion Time: ~5 minutes
End of data collection: 29 JAN 2021

<https://docs.google.com/forms/d/e/1FAIpQLSfbgmzo2sDZ5x2xsfXXHpzyyBro3yfxD3QnyjmtlaGz50yi8w/viewform>

Fort Carson and the Surrounding Community

FREE TUITION PRESCHOOL

FOR
AGES 0-5



VARIETY
OF CLASS
TIMES



SAFE
QUALITY
PROGRAMS



65
LOCATIONS



Colorado Preschool Program | Head Start | Early Head Start

SUCCESS STARTS EARLY
CALL TODAY
ENROLLING YEAR-ROUND

719-635-1536 | cpcdheadstart.org



STEP 1

How old is your child?

Prenatal Mom to Child Age 3:

For children under 3, CPCD's Early Head Start programs serves prenatal moms, infants and toddlers living in low income situations, experiencing developmental concerns or having identified special needs. Due to the long wait lists of this program, families must qualify with these factors.

My child is between 3-5:

CPCD operates both Head Start and the Colorado Preschool Program for 3 to 5 year-olds. With these two programs eligibility needs vary. We encourage families at 300% of poverty and below to apply. Family situations and development concerns will also be factors in the placement process.

STEP 2

For children 3-5,
where do you live?

Note: We only serve families in El Paso County and certain school districts. Please [click here](#) to locate your home school and district.

CPCD operates classrooms in Harrison School District 2; Widefield School District 3; Fountain-Ft. Carson School District 8; Colorado Springs School District 11 (IF in home schools Carver, Grant, Twain, Monroe, Queen Palmer and Wilson); Academy School District 20 and Falcon School District 49 (WITH priority to Falcon and Evans home schools).

When in doubt, please call our Enrollment Department. An Enrollment Technician can walk you through the process.

STEP 3

I think I qualify.
What is next?

Fill out our online application.

[Enroll Now](#)

NOTE: If you receive an error that you have already filled out the application under ENROLL NOW, please click here and fill out Re-Enrollment Update Paperwork [HERE](#).

If you'd like to learn more
about
Colorado Preschool Program |
Head Start | Early Head Start

[Click HERE!](#)



DID YOU KNOW?

**WE ARE ON
INSTAGRAM**


Follow us @cpcdhs

Fort Carson and the Surrounding Community



STORY TIME

Join us as we live stream a reading of your favorite children's stories! Facebook: @usocoloradosprings
Every other Wednesday at 7pm! See you then!



WE ARE HERE TO HELP

COVID-19 crisis support **services are provided at no cost.**
Visit us online at www.aspenpointe.org/covidresponse,
email CovidResponse@aspenpointe.org or call
(719) 299-2996 to get started today.

FOR IMMEDIATE HELP

If you or someone you know is in crisis or in need of immediate mental health assistance at anytime, these three options are available:

- Call 844-493-TALK (8255)
- Text TALK to 38255
- Walk-in to AspenPointe's Crisis Center at
115 S. Parkside Drive, Colorado Springs, CO 80910
Open 24 hours, 7 days a week

ASPENPOINTE

aspenpointe.org/covidresponse | (719) 299-2996

Fort Carson and the Surrounding Community



VIRTUAL COFFEE CONNECTIONS

Join us and other military spouses in the community to connect over coffee, have meaningful conversations, and make new friends!

January 8th, 2021 at 10am

Register at: <http://bit.ly/USOCoffeeJan2021>

This month we're excited to have spouses of US Space Force Leaders joining us to share their experience and insights.

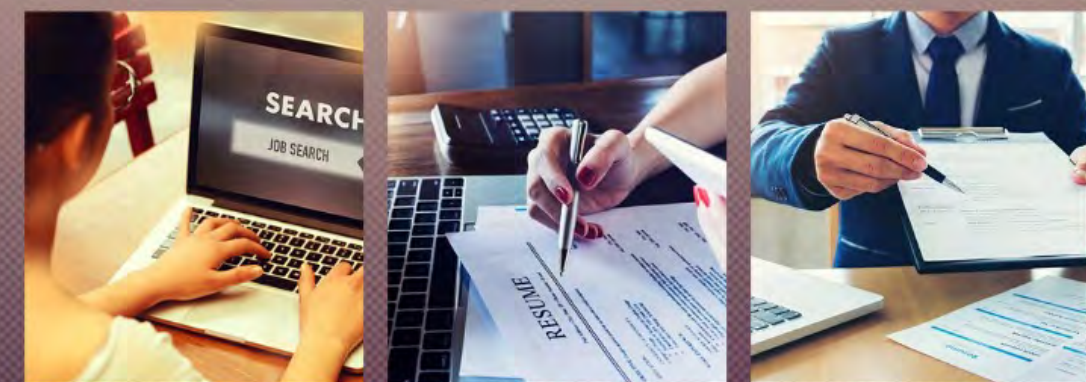


MT CARMEL VETERANS CENTER TRANSITION & EMPLOYMENT WILL HOST A

LUNCH & LEARN INTERVIEW WORKSHOP

ALL JOB SEEKERS ARE WELCOME!

JAN 6, 1-2PM MST | VIRTUAL WORKSHOP



Interview Prep, Common Interview Questions, and Interview Dos and Don'ts.
Career Services staff will be available to answer your questions about interviewing!

Our guest speaker, Jamie DeForest, has over 13-years' experience in Career Services and Training and Development. She is a Certified Professional Resume Writer with experience helping people with difficult backgrounds find and maintain meaningful employment. Jamie enjoys helping others learn, grow, and meet their career goals. She has a BA in Communications from Colorado Mesa University and a MS in Organizational Leadership, Project Management, and Strategic Business Management from Regis University.

REGISTER: (719) 772-7000 OR FRONTDESK@MTCARMELCENTER.ORG
WWW.VETERANSCENTER.ORG

Fort Carson and the Surrounding Community

Did you know? **LENA START**

★ Talk builds babies' brains! ★

Parents and caregivers of children aged 0-3:

FREE LENA Start classes can help you make a difference in your baby's life **just through** early talk and interaction!

LENA Start families receive:

- ★ **Incentives** for joining
- ★ **FREE** tote, educational tools, and 10 books
- ★ **A Talk Pedometer** and personalized statistics

Class Dates: Pick from three different days/times:

- Tuesdays from Jan. 5 - Mar. 9, 2021 from noon - 1 p.m.
- Wednesdays from Jan. 6 - March 10, 2021 from 6:30 - 7:30 p.m.
- Fridays from Feb. 5 - Apr. 9, 2021 from noon - 1 p.m.

For more information, contact Milissa Fellers at

MFellers@ppld.org



LENA
Building brains through early talk

Seven Convenient Area TreeCycle Locations

OPEN TWO WEEKENDS

January 2 & 3 and January 9 & 10
9:00 AM to 4:30 PM

Baptist Road Trailhead (Baptist Rd. & Old Denver Hwy.)
Falcon Trailhead (SW of Woodmen Rd. & McLaughlin Rd.)
Cottonwood Creek Park (Dublin Blvd. & Montarbor Dr.)
UC Health Park (Barnes Rd. & Tutt Blvd.)
Rock Ledge Ranch (Gateway Rd. & 30th St.)
Memorial Park (Pikes Peak Ave. & Union Blvd.)

EXTENDED HOURS AT ROCKY TOP RESOURCES

1755 E. Las Vegas St.

December 28-30, 2020 and January 4-30, 2021

7:30 AM-5:00 PM Weekdays & 8:00 AM-4:00 PM Saturdays (Closed Sundays)

Please Remove All Decorations from Trees BEFORE Drop-Off
FREE TREE MULCH

When Available - Call for Details

Loading Equipment Available at Rocky Top Resources Only

Learn More At TreeCycleCOS.org
or elpasoco.com (719) 520-7878

DONATE ONLINE AT
givebutter.com/tree

**ALL DONATIONS BENEFIT
COMMUNITY YOUTH PROGRAMS!**



Supported By:



The Gazette
gazette.com

This
Community-Minded
Tree Seller

Fort Carson and the Surrounding Community



2021 SCHEDULE

FREE LEGAL SELF-HELP CLINIC

FOR PARTIES WITHOUT AN ATTORNEY
Generously hosted by your FOUNTAIN LIBRARY and
your PIKES PEAK LIBRARY DISTRICT

FIRST MONDAY OF EVERY MONTH

3:30 PM – 5:00 PM

Fountain Library, Pikes Peak library District
230 S Main St, Fountain, CO 80817

FREE CLINIC IS OPEN
TO ALL AREA RESIDENTS!!

January 4, 2021

February 1, 2021

March 1, 2021

April 5, 2021

May 3, 2021

June 7, 2021

No July Clinic (July 4th Holiday)

August 2, 2021

No September Clinic (Labor Day)

October 4, 2021

November 1, 2021

December 6, 2021

Volunteer attorneys will assist each clinic patron individually

To be added to the sign-up sheet,
please call (719) 531- 6333 ext 6058

A **FREE** legal clinic for parties who have no attorney. As a COVID work-around, instead of clinic patrons coming in-person to your local public library (*which has limited access*), the volunteer attorney will call the clinic patron's telephone directly, using the phone number provided to your library staff. Volunteer attorneys will answer questions, help fill out forms, and explain the process and procedure for civil legal issues, including family law, civil litigation, property law, probate law, collections, appeals, landlord-tenant law, veteran's benefits, and civil protection orders.

The volunteer attorneys do not represent you just because they help you at this clinic. This clinic is information only, and is no substitute for legal representation. You have the right to retain an attorney of your choice at any time, and are advised to do so.

If possible, patrons are encouraged to have their desktop, laptop, or tablet available during the call.

www.checkerboard.co for one-click access to all forms, statutes, videos, instructions & flowcharts



HOURS OF OPERATION

Tuesdays & Thursdays

10:00 a.m. - 4:00 p.m.

Due to the COVID-19 Pandemic Leisure Travel
Services remains Temporarily Closed

Mondays, Wednesdays, & Fridays

We can continue to be reached at 719-526-5366 by leaving a
voice message as we check voicemails throughout the day
to return calls, as well as messaging us via LTS Facebook

Page or email

fortcarsonleisuretravelsvcs@gmail.com.

See you soon!

Fort Carson and the Surrounding Community

— Enrolled in TRICARE Prime? —

WANT TO CHANGE YOUR PRIMARY CARE MANAGER (PCM)?

You see your PCM for all routine, non-emergency, and urgent health care. If your PCM can't provide your care, you'll get a referral to see a specialist.



You can change your PCM at any time.

YOUR REQUEST:

- Must comply with guidelines at the local military hospital or clinic.
 - May take up to 6 days to confirm.
- If you're an active duty service member, your PCM will be assigned.

3 WAYS TO CHANGE YOUR PCM:



Call

- **East:** Humana Military (1-800-444-5445)
- **West:** Health Net (1-844-866-9378)



Online

Login to the MilConnect website and click the "**Change Primary Care Manager**" button to take action.



Mail

Send a TRICARE Prime Enrollment, Disenrollment and PCM Change Form to your regional contractor with the new PCM's name and address. **You only need to complete the part of the form related to your PCM change.**

The change is effective when your regional contractor processes the PCM change. You may request a letter with your new PCM's name and telephone number.

If you're an active duty service member, you can request to change your PCM at any time, however, your PCM will be assigned.

For more information and related forms, visit: www.tricare.mil/ChangePCM

