

PACKET PICKUP INFO



▶WHEN:

March 7th 2020

▶FROM:

9am-12pm

▶WHERE:

Ivy Fitness Center
6415 Specker Ave.
Bldg. 1925

▶What you should bring:

Bring your receipt to receive your run packet. If you're picking up a friend's race packet please be sure to bring their signed permission slip allowing you to pick it up. Permission slip is at the end of this packet.

Your 5K run packet includes:

Race T-Shirt and the Runners Guide

** Sizes and what's included may vary based on inventory. Reminder to register early, supplies are on a first come first serve basis. **

If you miss packet pickup **March 6th (5am-10pm @ Ivy Fitness Center)** you may pick up your pack at the run tent day of the event.



RACE DAY



▶Race Day Schedule:

9AM- Runners begin arriving

9AM-9:30AM- Same day registration (\$30 CASH ONLY)

10AM- 5K run starts

10:15AM- All runners/walkers must be on course

11:30AM- Race course closes

12pm- End of the event

▶WHERE:

Ivy Fitness Center 6415 Specker Ave. Bldg. 1925

▶What to bring on race day:

Run shirt

Positive Attitude

Camera/Cell phone to document the fun

Appropriate weather attire

▶Water Stations:

Make sure to hydrate! There will be two water stations on the course, one will be your half way point and one will be at the finish line. At both water stations there will be water for your four legged family members as well!

▶Motivate your friends to come!

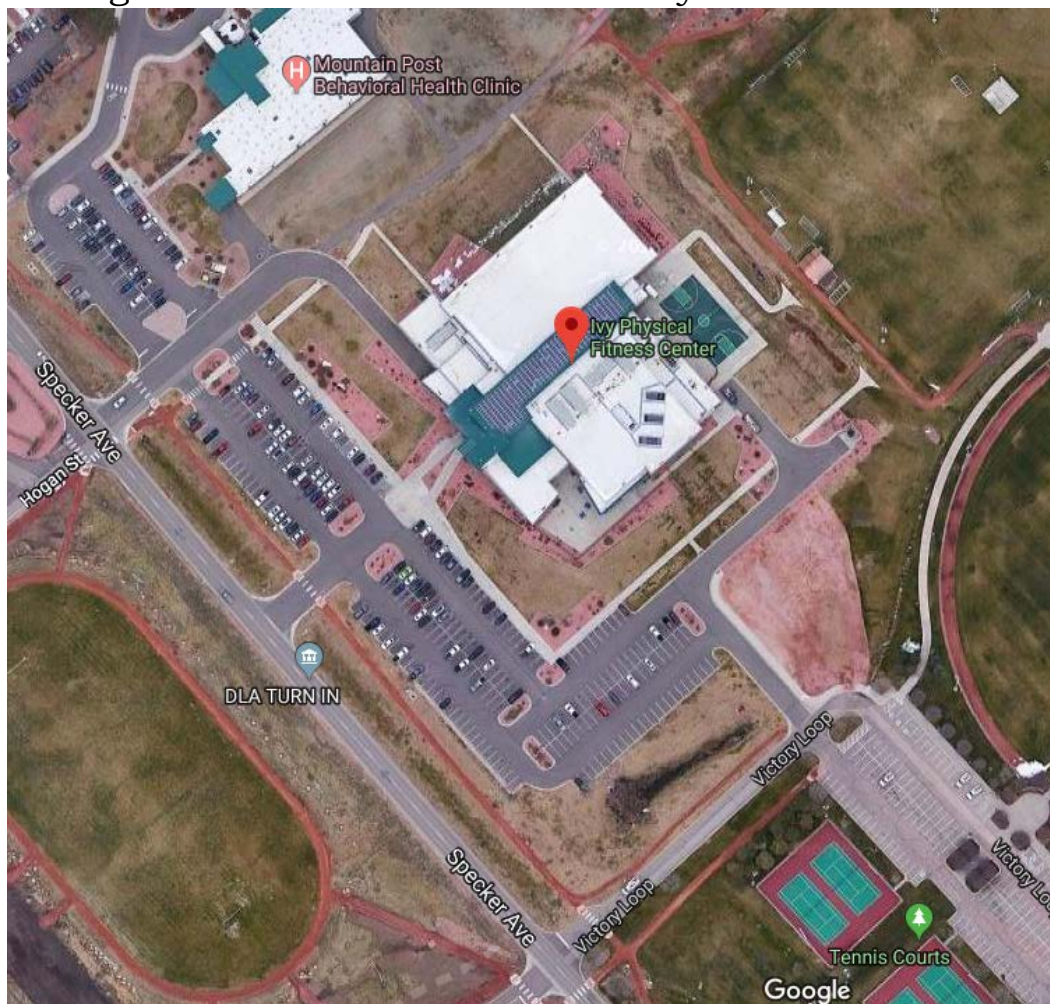
If you have a friend that was not able to sign up before online registration closed, we do have same day registration! Same day registration is \$30 cash only. Registration for same day will be at the run tent from 9am- 9:30am. T-Shirt and medal not guaranteed.

PARKING



► Parking:

All event parking will be at Ivy Fitness Center and surrounding areas. Please be sure to give yourself enough time to get situated and stretch before your run.



FRIENDLY GUIDELINES



▶Arrival:

**We have a few guidelines that will help ensure you have a wonderful time and safely enjoy the event. Please be sure to review before the event! **

5K- Please arrive at least 30 minutes prior to your start time of 10am so that we can be sure to get you running on time.

Same Day Registration- Please arrive 1 hour early to register and pick up your run packet goodies. Keep in mind it is while supplies last and on a first come first serve basis. Arriving an hour before your run start will allow us to be sure to get you running on time.

FRIENDLY GUIDELINES



▶ Kind Reminders:

- NO outside alcohol is allowed at the event.
- Canine companions must be registered with a registered human, leashed, well behaved, and current on vaccines.
- Walkers on the right, runners on the left. (For your safety.)
- Children **MUST** be accompanied by their parents at all times.
- Follow directions provided by security, event staff, medical staff, and volunteers.
- Throw away your own trash; please do not litter!
- Strollers are allowed, but will start after all runners have started.

EVENT CANCELLATION



▶Race Cancellation/Refunds:

A kind reminder that there are no refunds under any circumstances for this event.

This War Dog Memorial 5K is a rain or shine event. The only cause of cancellation would be a Post closure due to inclement weather. Be sure to watch the weather prior to heading out for the fun. Please come prepared for our crazy Colorado weather! We regret to inform you that if the run is canceled due to weather conditions and/or an act of God or if a participant is not able to participate the day of the event, there will be NO REFUNDS. If there is a Post closure and the event is canceled we will be sure to post it on our Carson MWR Facebook page as soon as the decision is made!

PERMISSION SLIP



▶Permission Slip:

Only use this form if you need to give permission to another individual to pick up your run packet. You **MUST** provide them this permission slip in order for them to be allowed to pick up your packet.

Participant Name (please print legibly): _____

Shirt Size (must be same size you registered for): _____

I give my permission for my run packet to be picked up by:

Participant Signature: _____

PROHIBITED ITEMS



FORT CARSON SPECIAL EVENT PROHIBITED ITEM LIST

	Firearms & Ammunition (or items resembling firearms)		Handheld Weapons (Knives, Brass Knuckles, Slingshots, Nunchucks etc.)		Federally illegal Substances; State Regulations DO NOT apply
	Personal Defense Sprays (Pepper Spray or Mace, etc.)		Any Type of Explosives or Items Resembling an Explosive Device		All Club-like and Striking Devices (Persons with Medical Conditions permitted)
	Stun Guns		Laser Pointers (Light Emitting Devices)		Glass Containers
	Tents (without permit, event specific)		Outside Alcoholic Beverages		Combustible Flammable Items
	Drones (toy planes, helicopters, etc.)		Large/Over-sized Umbrellas (Umbrellas that fold to the size of your forearm permitted)		Any Type of Fireworks (Including Sparklers and Pop-its)
	Signs, Banners or Flags		No Outside Food or Drinks (Except Special Baby food/drinks for infants only OK)		Pets (except Service Dogs)
	Artificial Noise Makers	<p>Note: Every person and item on, or with person are subject to search. Confiscated items will not be returned to the patron at any time nor will the patrons be reimbursed.</p>			



BAG POLICY



FORT CARSON SPECIAL EVENT PROHIBITED ITEM LIST

APPROVED ITEMS



NO LARGER THAN
15" H x 22½" L x 9" W
MUST BE MESH OR CLEAR



FANNY PACK



MESH OR CLEAR BACKPACK **ONLY**



CLUTCH WITH
SHOULDER STRAP



CLUTCH WITH
WRIST STRAP



DIAPER BAGS
WITH CHILD

↑ ↑ ↑
BAGS DO NOT HAVE TO BE MESH OR CLEAR

NON-APPROVED BAGS



NON-MESH OR
NON-CLEAR PACK
BACKPACK



CAMERA
CASE



BINOCULARS
CASE



LUGGAGE



COMPUTER
CASE



HARD-SIDED
COOLERS



SOFT-SIDED COOLER



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