

ARMY vs AIRFORCE

MOTIVATION

MONDAY

STEP CHALLENGE



Use your Fitbit or other favorite pedometer to see who can get the most steps!

Share photos of your Monday step report from July–September for chances to win a \$50 e-gift card.

The branch with the highest combined step count at the end of the month will win the traveling trophy!



For more information, visit carson.armymwr.com

Scan this code with your phone to submit your photos!



More Events and Info at carson.armymwr.com



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