



17 September 2020

Our mission at ACS is to prepare and empower our Total Military Family to meet the challenges of military life by providing essential programs, resources, and services that enhance knowledge, life skills, well-being, quality of life, and retention.

The “Pass It On” is available online at: <https://carson.armymwr.com/programs/pass-it-on>

No US Army/ Fort Carson endorsement implied.
Information listed is subject to change.



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September Observances, Holidays and Special Events

Suicide Prevention Month
National Hispanic Heritage Month
National Preparedness Month

Now- 15 Oct: Warriors Warehouse Coat Drive collections

18 Sept: [Mountain Post Living Welcome for Spouses and Families](#)

29 Sept: [Bark Against Violence Virtual 5K Bag Pick Up](#)

COMMUNITY BULLETIN

COVID-19 INFORMATION

Fort Carson COVID-19 updates

For guidance and details regarding recent updates, consult the COVID-19 Frequently Asked Questions at <https://www.carson.army.mil/assets/docs/covid/covid19-faqs.pdf?fbclid=IwAR38eZZNOM2CaMJx8MoZrTzetOBlgVF7hVmhkwnUfza5kfi7hjgyYAnycG4>; refresh the internet browser by pressing the "Control" and "F5" keys.

COMMUNITY INFORMATION EXCHANGE

Learn about Holiday Helping Resources during the Community Information Exchange (CIE) held October 21 at 10 a.m. via Facebook Live at <https://www.facebook.com/USArmyFortCarson/>. Briefers include representatives from various organizations.

WARRIORS WAREHOUSE ANNUAL COAT GIVEAWAY

It is that time of year again! COAT DRIVE TIME! Drop off any new, gently used, clean, zippers and buttons working coat of any size or sex to the Warriors Warehouse thru 15 Oct and every coat you donate your name will go into a drawing for prizes. Some of the items are Ninja Foodi, Ninja coffee pot, Ninja Foodi Oven, Margarita maker, other brands of kitchen items. Will post entire list next week. We are Open Monday 9-11, Tuesday thru Thursday 9-1. The actual Giveaway is scheduled for 5 Nov 2020 hours will be announced at a later date as it will depend on Covid19. Please help us make this a success for our families in need. We also can use New scarves, hats and gloves. Any questions please call Donna 402-659-8755.

BANANA BELT HOT WATER OUTAGE

Occupants in 105 facilities along the "Banana Belt" area will be without hot water Sept.19 from approximately 9 a.m. to 9 p.m. as part of boiler replacement work at Fort Carson's Central Heat Plant, building 1860. Cold water will still be available in the facilities.

The Directorate of Public Works (DPW) boiler replacement project will affect hot water supplied to barracks and fitness center facilities in the 1000, 1100, 1300, 1600, 1800, 1900, 2000, 2100, 2200, 2300, 2400, 2500 and 2700 blocks of the "Banana Belt." Hot water will also be impacted in buildings 813 and 8030. Buildings affected may still have some hot water available in the system for several hours during the work. For more information, contact the DPW Engineering Division by email to mark.r.hunsicker.civ@mail.mil.

RSO/OIC TRAINING UPDATE

Fort Carson's Directorate of Plans, Training, Mobilization and Security, Range Operations, is continuing the Range Safety Officer (RSO)/Officer in Charge (OIC) Course at McMahon Auditorium. Maximum capacity due to COVID-19 is 100 people. Attendance will be on a first-come basis. Doors will open at noon and close once capacity is met. Class will start at 1 p.m. or when maximum capacity is met. The current schedule of classes for September and October is as follows: Sept. 22 and 24; and Oct. 1, 6, 13, 15 and 22. These additional classes are being offered to facilitate the OIC/RSO requirements for training on Fort Carson and Piñon Canyon. Questions can be directed to the Range Operations Safety Office at 525-6330

IVY WARRIOR RESTAURANT UPDATE

The Ivy Warrior Restaurants, LaRochelle Dining Facility and the Outpost Kiosk have begun dine-in service with limited seating.

Per the Fort Carson Department of Public Health, the following COVID restrictions are in place:

- Stack: 102 diners, 2 per table spaced 6 feet apart
- Wolf: 128 diners, 2 per table or 1 per booth spaced 6 feet apart.
- Warfighter: 100 diners, 1 per table spaced 6 feet apart
- LaRochelle: 48 diners, 2 per table spaced 6 feet apart

Weekday hours are:

- Stack: Breakfast from 7-9 a.m. and lunch from 11:30 a.m. to 1 p.m. No dinner service until Sept. 29, from 5:30 -7 p.m.
- Wolf: Breakfast from 7-9 a.m., lunch from 11:30 a.m. to 1 p.m. and dinner from 5:30 -7 p.m.
- Warfighter: Breakfast from 7:30-9 a.m., lunch from 11:30 a.m. to 1 p.m. and dinner from 5 -6:30 p.m. Closed weekends and federal/training holidays.
- LaRochelle: Breakfast from 7-9 a.m. and lunch from 11:30 a.m. to 1 p.m. The facility is closed Sept. 18-21.
- The Outpost Kiosk, located in building 2061, is open 8 a.m. to 7 p.m. weekdays and 9:30 a.m. to 6 p.m. on weekends. Additionally, the IWRs are no longer operating seven days a week — Stack and Wolf IWRs will operate on a rotational schedule for weekends and federal and training holidays. Wolf IWR is open this weekend, serving brunch from 9:30 a.m. to 1 p.m. and supper from 5-6:30 p.m.

LAW SCHOOL

The Judge Advocate General (JAG) Corps is looking for officers and NCOs with sound judgment, proven scholastic achievement, demonstrated leadership and a desire to serve the greatest clients in the world. The Office of The Staff Judge Advocate (OSJA) is now accepting application for the Army's funded legal education program. Under the program, the Army sends up to 25 active-duty commissioned officers and NCOs to law school each year at government expense, which is new this year. Those selected at this year's board will attend law school in the fall of 2021 and will remain on active duty. Interested officers should review Army MILPER Message 20-135 and Chapter 10, AR 27-1 (revisions pending) to determine eligibility. The program is open to regular Army captains, lieutenants, sergeants first class, staff sergeants and sergeants. Commissioned officer applicants must have at least two, but not more than six years of active federal service at the time legal training begins. NCO applicants must have at least four but not more than eight years of total active federal service at the time legal training begins. Eligibility is governed by statute (10 U.S.C. 2004) and is non-waivable. Eligible officers and NCOs interested in applying should immediately register for the earliest offering of the Law School Admission Test (LSAT) as the application must be submitted through your chain of command no later than Nov. 1. Other application information can be found in Army MILPER Message 20-135. For questions about the program, contact Capt. Stephen M. Fellows at stephen.m.fellows.mil@mail.mil or Capt. John R. Williams at john.r.williams443.mil@mail.mil. Interested officers are invited to attend an information session Sept. 16 at noon in room 211 at the Fort Carson OSJA, building 6222, 1633 Mekong Street.

COMMUNITY UPDATES

Check out events from the Mountaineer - [Beyond the Gate](#)

All on post MWR events can be found at:
<https://carson.armymwr.com/calendar>

All USO events can be found at:
<https://coloradosprings.uso.org/events>

Find Pikes Peak cultural events at: <http://www.peakradar.com/>

Community Events and Fun Opportunities:
<https://coloradosprings.gov/>

Peterson AFB MWR <https://www.21fss.com/>

Schriever AFB MWR <http://www.schriever.af.mil/Services/>

U.S. Air Force Academy MWR <http://www.usafasupport.com/>

Fountain Fort Carson School District 8 <https://www.ffc8.org>

ACS is Moving!



Starting 21 SEP 2020 the below ACS Programs will be moving to **BLDG 1201.**



- ACS ADMIN AND OPS
- ARMY VOLUNTEER CORPS (AVC)
- COMMUNITY INFORMATION & REFERRAL PROGRAM (I & R)
- EMPLOYMENT READINESS PROGRAM (ERP)
- FAMILY ENRICHMENT PROGRAM (FEP)
- FINANCIAL READINESS PROGRAM (FRP)
- MOBILIZATION & DEPLOYMENT READINESS PROGRAM (MOB DEP)
- RELOCATION READINESS PROGRAM (RELO)
- SOLDIER & FAMILY ASSISTANCE CENTER (SFAC)

Please call 719-526-4590 to contact us during our transition and to make appointments.



FORT CARSON MAKE A DIFFERENCE DAY

Volunteer &
Make a Difference

Saturday, Oct. 24
8 a.m. - noon

- Select and register for the project you want to participate in. Due to COVID -19, volunteers will go directly to the project area at 8 a.m. Directions to the project sites will be emailed to participants.
- Supplies and some tools will be provided; please bring additional tools as needed.
- Work boots, sturdy shoes, work gloves and face-coverings are required.
- Families with children 14 years and under are welcome, however, parents/guardians must be responsible for monitoring their children. Children 15 and older can register independently.

PICK A PROJECT AND MAKE A DIFFERENCE

Iron Horse Park/Sports Complex and Dog Park: a makeover and overall beautification of the Fort Carson Iron Horse Park. This includes general cleaning raking and maintenance of the grounds of Iron Horse Park, Sports Complex and Dog Park. Participants to bring their own rakes and gas powered blowers.

Fort Carson Storm Water Drains: General cleaning/maintenance of storm water ditches to include clearing of debris of water drainages. Participants must bring work gloves.

Fort Carson Military Housing: General cleaning and maintenance of the Fort Carson Military Housing community. This includes a makeover and beautification of the picnic areas, playgrounds, and common areas as well as painting/repairing fences and landscape maintenance.

Fort Carson Northside Reservoir Amenities: Removal/repair of picnic tables, benches and grills. Vegetation trimming and removal for beautification at Northside Reservoir along Route 4.

Fountain Fort Carson District 8 (on post Schools): General beautification, cleaning and maintenance of the on post Fountain-Fort Carson School District schools. This includes a makeover and beautification of the parks/playgrounds/ common areas as well as painting and landscape maintenance, if needed.

Mandatory Online Registration: www.carson.army.mil/acs Search: Make a Difference Day

For more information: call 719-526-1082/719-425-5009

* COVID-19 Physical distancing, face mask and other protocols will be followed.





The Moneymoon

*Discover how finance and romance
shape your relationship!*

For more information:
www.carson.army.mil/acs
Call (719)526-4590

Over and over, studies have shown that money becomes a recurring conflict for couples and a reason for divorce. Money can have a deeper meaning than just the balance (sometimes negative) in our checking accounts. Money can be a representation for a set of values, beliefs, or expectations one spouse may have. Discover your connection between money and your Spouse through "The Moneymoon" workshop.

- Learn how Savers and Spenders can live together.
- Gain a healthy respect for what money can and can't do.
- Understand how your upbringing, culture, and gender influence how you and your spouse approach a relationship.
- Learn to solve problems together.
- Discover practical ways to get what you both want.
- Develop a vision for a prosperous and loving future together.



Upcoming ACS Classes

****click class name to register****

DATE	CLASS	TIME
17 September	Toddler Time	9:30 a.m. – 11 a.m.
	Center on Fathering	1 p.m. – 3 p.m.
	TSP Class	1 p.m. – 2 p.m.
	Career Assessments	1:30 p.m. – 2:30 p.m.
	Latino Meet-Up	2 p.m. – 4 p.m.
18 September	Play Group	10 a.m. – 12 p.m.
	Mountain Post Living Welcome for Spouses and Families	10:30 a.m. - 11:30 a.m.
	5 Love Languages	11 a.m. – 1 p.m.
21 September	Citizenship Class	1 p.m. – 4 p.m.
22 September	Tough Topics for Parents & Caregivers	9 a.m. – 10:30 a.m.
	Everyday English	9:30 a.m. – 11:30 a.m.
	Infant Massage and Baby Nurturing	9:30 a.m. – 11 a.m.
	PREP: Anger, Stress and the Speaker	11 a.m. – 1 p.m.
	Center on Fathering	1 p.m. – 3 p.m.
	Federal Resume & USAJobs.gov	1:30 p.m. – 4:30 p.m.
	Immigration 101	2 p.m. – 4 p.m.
	Heartbeat	6:15 p.m. – 8 p.m.
23 September	Budgeting 101	10 a.m. – 11 a.m.
	SFRG Fund Custodian Training	11 a.m. – 12:30 p.m.
	Homebuyers Workshop	1 p.m. – 4 p.m.
	SFRG Key Contact Training	1 p.m. – 2:30 p.m.
24 September	Toddler Time	9:30 a.m. – 11 a.m.
	Center on Fathering	1 p.m. – 3 p.m.
	TSP Class	1 p.m. – 2 p.m.
	SFRG Virtual Chat	1:30 p.m. – 2:30 p.m.
25 September	Play Group	10 a.m. – 12 p.m.
29 September	Bark Against Violence 5k Virtual Run/Walk Swag Bag Pick-Up	8 a.m. – 10 a.m. & 12 p.m. – 2 p.m.
	Everyday English	9:30 a.m. – 11:30 a.m.
	Infant Massage and Baby Nurturing	9:30 a.m. – 11 a.m.
	PREP It's a Little Things	11 a.m. – 1 p.m.
	Center on Fathering	1 p.m. – 3 p.m.
	Immigration 101	2 p.m. – 4 p.m.
30 September	Launching Hope	11 a.m. – 1 p.m.
	Volunteer, VMIS & OPOC Training	1:30 p.m. – 3 p.m.
1 October – 30 October	Bark Against Violence 5K Virtual Run Walk	Post your photos to our FB event page!
1 October	LinkedIn Fundamentals	9:30 a.m. – 10:30 a.m.
	Toddler Time	9:30 a.m. – 11 a.m.
	Center on Fathering	1 p.m. – 3 p.m.
	TSP Class	1 p.m. – 2 p.m.
2 October	Play Group	10 a.m. – 12 p.m.

7TH ANNUAL DOMESTIC VIOLENCE AWARENESS MONTH 5k VIRTUAL RUN/WALK

BARK AGAINST VIOLENCE

OCT. 1- 30, 2020

October is the National Domestic Violence Awareness Month. Fort Carson Army Community Service (ACS) is honoring the victims and survivors with this Virtual 5k Run/Walk.

Grab your Swag Bag on Sept 29, 8-10 and 12-2pm in the front of ACS, Bldg 1526.

Show your support for the families and pets that have suffered by participating in the Virtual 5K Walk/Run. Post pictures of you and your pets under the Facebook Event at the ACS Facebook Page.

Often ignored, pets play a significant role in domestic violence:

- Up to 75% of domestic violence victims' report that their partners threatened or killed family pets.
- The Humane Society of the United States (HSUS) estimates that nearly 1,000,000 animals a year are abused or killed in connection with domestic violence.
- A survey of the 50 largest U.S. shelters for battered women found that 85% of women and 63% of children entering shelters discussed incidents of pet abuse in their family.

REGISTER: WWW.CARSON.ARMY.MIL/ACS



Family Advocacy Program

Class Schedule

September- December 2020

Current Programing:

Center on Fathering Tuesdays or Thursdays • 1300-1500 (Aug 25 and 27 begins the 15 week classes)

Nurturing Sep 9 through Dec 2

Nurturing through Play Sep 8 through Nov 10

Play group Fridays • 1000- 1200 **Toddler Time** Thursdays • 0930- 1100

Infant Massage & Baby Nurturing Tuesdays • 0930- 1100

New Programing:

Launching Hope Sep 9, 16 & 30 • 1100-1300

PREP Sep 8, 15, 22 & 29 • 1100-1300

5 Love Language Sep 18 • 1100-1300

NPSP Baby Orientation 2nd Tuesday • 10-1130

NPSP Tough Topics Sep 22 • 0900-1030

Scream free Marriage Oct 15, 22 & 29 • Thursdays

5 Love Languages Oct 27 • 1100-1300

PREP Nov 4, 11 & 18 • 1300-1500

Got Your Back (PREP for singles) Nov 5, 12 & 19 • 1300-1500

Keeping Your relationship happy during the Holidays Dec 8 or 15 • 0930-1130



For more information:
www.carson.army.mil/acs
 Call (719) 526-0461



Soldier & Family Readiness Group Workshops

October / November 2020

All classes are provided at no cost!

- Go to the ACS website
- Click on the calendar
- Find the class/date, click for details
- Register for the selected class



CARE Team
Training
 Oct 15

Command Family
Readiness
Representative
(CFRR) Academy
 Nov 16

SFRG Leader
Training
 Oct 19

SFRG Key Contact
Training
 Oct 20, Nov 19

SFRG Virtual Chat
 Oct 14, Oct 29,
 Nov 20

SFRG Funds
Custodian Training
 Oct 20, Nov 19

SFRG
Resource Day
 Nov 3

Auditing SFRG
Informal Funds
 Nov 5



To register visit: www.carson.army.mil/acs/calendar



SOCIAL SECURITY

Payroll Tax Withholding Deferral

Effective September 2020, DoD will temporarily defer your 6.2% OASDI tax withholding if your wages, subject to OASDI*, are less than \$4,000 in any given pay period.

CIVILIAN EMPLOYEE

DEFERRAL TIMEFRAME

SEP 2020

OCT 2020

NOV 2020

DEC 2020

COLLECTION TIMEFRAME

JAN 2021

FEB 2021

MAR 2021

APR 2021

BACKGROUND

In order to provide relief during the COVID-19 pandemic, a Presidential Memorandum was issued on August 8, 2020 and guidance followed by Internal Revenue Service on August 28, 2020, to temporarily defer employees' 6.2% Social Security (Old Age, Survivors, and Disability Insurance) or "OASDI" tax withholdings.

KEY FACTS

- This change is effective **September through the end of the 2020 calendar year** and only applies to your OASDI tax withholding.
- You are **not eligible to opt-out of the deferral** if your OASDI wages fall within the stated limits. The deferral will happen automatically.
- Per current IRS guidance, **collection of the deferred taxes will be taken from your wages between January 1 and April 30, 2021.**
- The OASDI deduction is found on your LES under the deductions tab/section.
- If you separate in 2020 before the Social Security tax can be collected in 2021, you are still responsible for the Social Security tax repayment.

ADDITIONAL RESOURCES

If you have questions on the temporary deferral of the 6.2% OASDI withholding:

- Visit the IRS page: <https://www.irs.gov/newsroom/guidance-issued-to-implement-presidential-memorandum-deferring-certain-employee-social-security-tax-withholding>
- As more information becomes available, it will be posted on: <https://www.dfas.mil/taxes/Social-Security-Deferral>
- For more information on financial readiness:
 - Consult with an Employee Assistance Program financial counselor or seek assistance from a private financial advisor.

* Wages subject to OASDI: Gross wages less Federal Employees Health Benefits (FEHB), Dental, Vision, and Health Flexible Spending Accounts (HSA/FSA).

Additional information on the collection process will be provided in the future.



SOCIAL SECURITY

Payroll Tax Withholding Deferral

Effective for the September mid-month pay, DoD will temporarily defer the withholding of your 6.2% Social Security tax if your monthly rate of basic pay is less than \$8,666.66.

MILITARY MEMBER

DEFERRAL TIMEFRAME

SEP 2020

OCT 2020

NOV 2020

DEC 2020

COLLECTION TIMEFRAME

JAN 2021

FEB 2021

MAR 2021

APR 2021

BACKGROUND

In order to provide relief during the COVID-19 pandemic, a Presidential Memorandum was issued on August 8, 2020 and guidance followed by Internal Revenue Service on August 28, 2020, to temporarily defer military members' 6.2% Social Security (Old Age, Survivors, and Disability Insurance) or "OASDI" tax withholdings.

KEY FACTS

- For Army, Air Force and Navy military members, the Social Security tax is labeled as "FICA-SOC SECURITY" on the Leave and Earnings Statement (LES).
- For the Marine Corps military members, the Social Security tax is labeled as "Social Security" on the LES.
- This change is effective **through the end of the 2020 calendar year** and only applies to your Social Security tax withholding.
- You are **not eligible to opt-out of the deferral** if your basic pay falls within the stated wage limits. The deferral will happen automatically.
- Per current IRS guidance, **collection of the deferred taxes will be taken from your wages between January 1 and April 30, 2021.**
- If you separate in 2020 before the Social Security tax can be collected in 2021, you are still responsible for the Social Security tax repayment.

ADDITIONAL RESOURCES

If you have questions on the temporary deferral of the 6.2% OASDI withholding:

- Visit the IRS page: <https://www.irs.gov/newsroom/guidance-issued-to-implement-presidential-memorandum-deferring-certain-employee-social-security-tax-withholding>
- As more information becomes available, it will be posted on: <https://www.dfas.mil/taxes/Social-Security-Deferral>
- For more information on financial readiness:
 - Visit <https://finred.usalearning.gov>
 - Visit your installation-based Military and Family Support Center and speak with a personal financial manager or counselor, or contact Military One-Source at <https://www.militaryonesource.mil>

Additional information on the collection process will be provided in the future.

Personal Financial Counselors are **here to support** you virtually.

- ✓ Are you off a military installation, but still desire financial support?
- ✓ Would speaking to a professional, virtually, give you peace of mind?
- ✓ Are you ready to boost your monetary might?



Did you know Personal Financial Counselors (PFCs) can provide no-cost support services virtually?

PFCs offer a wide range of training and workshops on topics such as money management, budgeting and developing spending plans, debt and credit card management, consumer rights and obligations, homebuying, retirement and estate planning, taxes and more.

PFCs can provide face to face counseling and/or deliver presentation to service members and their families using telephonic or electronic modes like the Zoom platform.

PFCs are:

- Professionals with experience and specialized training
- They hold a minimum of a bachelor degree
- They hold National certifications for financial counseling and education



Follow the Office of Financial Readiness

- <https://www.facebook.com/DoDFINRED>
- <https://www.twitter.com/DoDFINRED>
- <https://www.instagram.com/DoDFINRED>
- <https://www.youtube.com/DoDFINRED>
- www.FINRED.USALEARNING.GOV
- <https://www.medium.com/@DoDFINRED>

Local Contact Information

Silke Bone, AFC®
ACS - Fort Carson
6303 Wetzel Ave, Building 1526
Personal Financial Counselor (PFC)
Cell Phone: 719.246.0644
Email: pfc.carson.usa@zaiders.com

Video and Telephone Counseling Now Available

Continue your progress at home so you can keep moving forward

The military Family Life Counseling program is here for you during the coronavirus disease 2019 pandemic. We now offer telephone and video non-medical Counseling in addition to face-to-face non-medical counseling.

Who is eligible?

Free and confidential non-medical counseling is available to service members, Department of Defense expeditionary civilians, their families and survivors.

Children and youth behavioral counselors are available to support children and youth up to age 18. They also offer guidance to families, staff, and support personnel.

What can I expect from non-medical counseling?

You're military and family life counselor can help with:

- managing stress and changes at home due to covid-19
- adjusting to deployment and reintegration
- preparing to move or adjusting after a move
- strengthening relationships
- managing problems at work
- grieving the death of a loved one or colleague.

Schedule an appointment with a military and family life counselor:

719-323-0944	719-250-3854	719-250-9975
719-323-5026	719-250-1529	719-323-4139

Call Military OneSource anytime, 24/7 at 800-342-9647
or visit www.MilitaryOneSource.mil.



Military & Family Life Counselor (MFLC) services are expanding to provide continuity of care to our community as we continue to navigate the worldwide impacts of the COVID-19 pandemic. MFLCs will provide temporary telehealth services where face-to-face support is restricted and/or unavailable.

Support for Adults:

Telephonic and video non-medical counseling
If you wish to speak to an MFLC other than your identified MFLC, please call 719-526-4590 for assistance.

To speak to a CYB MFLC, please call Parent Central at 719-526-1101.

For more information visit:
<https://carson.armymwr.com/promos/military-family-life-counselors>



ACS Suicide Prevention Resource List

Organization	Contact
Army Substance Abuse Program	719-526-2727
Army Community Service	719-526-4590
Army Wellness Center	719-526-3887
Fort Carson R2 Performance Center	719-526-0828
Military Family Life Counselors (MFLC)	719-338-7216
Fort Carson Behavioral Health	719-526-7155
Equal Employment Opportunity (EEO)	719-526-5818/4413/9673
Financial Readiness	719-526-4590
Family Advocacy	719-526-4590
Sexual Harassment Assault Response Program	719-338-9654
Exceptional Family Member Program	719-526-4590

Organization	Contact
Suicide Prevention	719-526-0401
BOSS	719-338-0493
Soldier For Life- Transition Assistance Program	719-526-1001
Fort Carson Family Life Center	719-526-0261
Heartbeat	719-229-9657
Safe2tell Colorado	1-877-542-7233
Survivor Outreach Services	719-526-2069
Fort Carson Chaplain's	719-526-5279 719-526-3400 (off-duty emergencies)
Give an Hour	giveanhour.org
Pikes Peak Suicide Prevention	719-573-7447

24/7 Hotlines

Military OneSource	1-800-342-9647
National Suicide Prevention	1-800-273-8255
Military/Veterans Crisis Line	1-800-273-8255 press 1 Text 838255 www.veteranscrisisline.net
Colorado Crisis Services	1-844-493-8255 coloradocrisiservices.org
Domestic Violence Hotline	719-243-7907
DOD Safe Hotline	1-877-995-5247

If it's an emergency call **911**



No US Army/Fort Carson endorsement implied.
Information listed is subject to change.
Updated 14 August 2020



Sidewalk Sale

SEPTEMBER 19TH 10AM - 2PM
OUTDOOR RECREATION BLDG 2429

Join us for our Fall sale where retail items will be 10-25% off. Merchandise like Black Diamond Headlamps, D2B light jackets, Smartwool & FITS socks and CO branded gear.

Small summer rental equipment will be on sale; such as camping tents, sleeping bags, chairs and so much more.

Food truck & raffle will be at the sale.
Please make sure to bring your face mask and social distance.

all sales final



STAND UP PADDLE BOARDING

Lake Pueblo State Park

September 26th

0900-1300

\$20



BOOK CLUB

Sep 19 2020, 1 pm - 2 pm

A book club for adults on the patio of the Grant Library.

Social distancing guidelines will be enforced.

All information is subject to change.

For more information visit:

<https://carson.armymwr.com/calendar/event/book-club-grant-library/4659362/52925>

Fort Carson Halloween Decoration Contest

It's your time to shine and show us what you got for a Halloween lights and decorations contest! To enter is simple!

- Take a photo or a video of your festive decorations and send it to halloween@carsonmwr.com with the email subject "Fort Carson 2020 Halloween Decorations Contest".
- Photos/Videos must be submitted between October 1–23.
- Voting will be based on liking or loving the Facebook video post. 1 point for like and 2 points for love.
- Voting will be conducted October 23–29.
- Those with the most points, win!
- Winners will be announced on October 30 at 2 p.m.

Prizes

1st: \$250 e-gift card

2nd: \$100 e-gift card

3rd: \$50 e-gift card

- Videos must be less than 2 minutes in duration.
- Photos and videos are subject to content review before they are posted.

If you would like to be a part of Fort Carson's Halloween Decorations tour please include your address with your submission. (This includes off post homes). MWR will put out a list of homes that would like to participate and let people drive by and enjoy the sights.

All information is subject to change. Visit: <https://carson.armymwr.com/calendar/event/halloween-decoration-contest/4659358/52921>

CHEYENNE MOUNTAIN SHOOTING COMPLEX

ANNIE GET YOUR GUN

LADIES SHOOT
FREE

2ND SATURDAY
ALL YEAR, ALL DAY LONG!



Questions? Call 896-6196

CHEYENNE MOUNTAIN SHOOTING COMPLEX
OPEN TO THE PUBLIC



More Events and Info at
carson.armymwr.com



Cheyenne Mountain
Shooting Complex
@CarsonDFMWR



@carsonmwr
#CarsonMWR



Cheyenne Mountain
Shooting Complex
7790 Route 1
Fort Carson, CO 80912



Fort Carson MWR is hiring

A Child and Youth Program Assistant



\$13.14 /HR
STARTING PAY

- Promotion potential in as little as six months up to \$14.44.
- Paid training opportunities.
- Some positions offer medical, dental, and/or life insurance.
- Access to the golf course, bowling center, shooting range, gyms, daycare center, and outdoor recreation.

- Plan activities for children and youth.
- Create an environment that promotes positive relationships for children.
- Provide guidance and support through daily interactions.

**APPLY ONLINE AT
USAJOBS.GOV**

Keyword: NAF, location: Fort Carson

Candidates must be 18 years or older,
and possess GED or high school diploma.



More Events and Info at
carson.armymwr.com



Find us on Social Media
@CarsonDFMWR



@carsonmwr
#CarsonMWR





CHILD, YOUTH & SCHOOL SERVICES

FITNESS BOOTCAMP

SPORTS
2020



REGISTRATION OPEN

AUGUST 26–SEPTEMBER 29

SEASON RUNS

SEPTEMBER 8–OCTOBER 1

TUESDAYS AND THURSDAYS, 5:30 PM
PERSHING FIELD



SCAN TO REGISTER:

Or, call 719-526-4425

Must be registered with CYS.

Physical fitness and cardio can be fun!

- Instructor led group exercises and drills.
- Participants will be properly spaced out to ensure social distancing measures.

Participants must bring their own bottle of water and dress appropriately for physical fitness activities.

All information is subject to change.



More events and info at
carson.armymwr.com



Carson CYS
[CarsonCYS](https://www.facebook.com/CarsonCYS)



@carsonMWR
[@carsonMWR](https://twitter.com/carsonMWR)



Youth Sports at the Youth Center
1101 West St., Bldg. 3030

FORT CARSON OUTDOOR RECREATION'S FALL PROGRAMS & EVENTS

September 5th.....	Free guided hike at Garden of the Gods
September 12th-13th.....	Women in the Wilderness Backpacking Trip
September 19th.....	Sidewalk Sale
September 19th.....	Free guided hike at Mount Muscoco trail
September 26th.....	Mountain Biking
September 26th.....	Stand up Paddle Boarding at Lake Pueblo State Park
October 1st.....	Outdoor Recreation begins ski tuning services
October 3rd.....	Free guided hike at Red Rocks Open Space
October 9th-10th.....	Women in the Wilderness Camping
October 17th.....	Free guided hike to St. Mary's Falls
October 17th.....	Sandboarding / sledding at Great Sand Dunes National Park
October 23rd.....	Women in the Wilderness hatchet throwing
October 24th.....	Outdoor Recreation begins season ski and snowboard rentals.
October 24th.....	Mountain biking
October 31st.....	Women in the Wilderness free guided hike at section 16 trail
November 7th.....	Women in the Wilderness sandboarding/sledding at Great Sand Dunes National Park
November 13th & 14th.....	VIP Night and Ski Expo

Visit our website for more information: carson.armymwr.com
or call us at 719-526-5176

Follow us on Facebook and Instagram:
Mountain Post Recreation

Dates and programs subject to change



UPCOMING YOUTH SPORTS. Get in the game!

FUN RUN AT THE YOUTH CENTER:

Waves starting at 9:00 on Saturday, September 26.

Participate in a fun run along the trail behind the Youth Center. Event will start at 9am and runner will be released in waves scheduled for 0900, 0930 and 10am.

Waves will be no more than 20 runners each. Runners are encouraged to arrive no later than 10 minutes prior to their scheduled wave. The run is designed to be a family friendly fun run – no race timing at the event. Doors open at 0830, all runners must be off of the course by 1200. All social distancing standards will be enforced.

Registration Open Sep 10 - Sep 24 online @

<https://webtrac.mwr.army.mil/webtrac103/wbwsc/Carsoncymys.wsc/wbsplash.html?wbp=1>

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Registration Open Sep 10 - Sep 24 online @

<https://webtrac.mwr.army.mil/webtrac103/wbwsc/Carsoncymys.wsc/wbsplash.html?wbp=1>

SOCCER CLINIC AT PERSHING FIELD:

10:00 on Saturday, October 3.

Participants will arrive at Pershing field and the clinic will begin at 10:00am.

Participants will be properly spaced out using cones to ensure social distancing measures and will follow along with an instructor conducting soccer drills and exercises. We ask that each participant bring their own water bottle, and also dressed for physical fitness activities. Event will last 60 mins. Upon leaving the activity we will ask for the participants will leave in orderly fashion.

Registration Open Sept 21 – Oct 1 online @

<https://webtrac.mwr.army.mil/webtrac103/wbwsc/Carsoncymys.wsc/wbsplash.html?wbp=1>

SPORTS ON THE GO AT NEIGHBORHOOD PARKS:

5:30 on Wednesdays at various Fort Carson Community Parks starting October 7

Youth sports will be bringing a variety of sports and fitness activities to community parks. Watch for information on where they'll be each week and you can sign up the day of.

Registration at the park on the day of the event.





USAG INSTALLATION SERVICES



Sports and Recreation		Army Community Services	
Ivy Pool	Mon-Fri 9 a.m.-7 p.m., Sat-Sun 10 a.m.-6 p.m., 12 person maximum. Main pool Mon-Fri 1-5 p.m., Sat-Sun 10 a.m.-6 p.m. Lap swim Mon-Fri 5-9 a.m. active duty, 9 a.m.-1 p.m. and 5-9 p.m. and Sat-Sun 6 a.m.-8 p.m.	Army Community Service	By appointment only. Mon, Tue, Thu, Fri 8 a.m.-4:30 p.m.; Wed 9 a.m.-4:30 p.m. Call 719-526-4590
Nelson Pool	Early bird Mon-Fri 5-6 a.m.; active-duty Mon, Wed and Fri 6-8 a.m.; Tues and Thu 6-9 a.m. open lap swim, Mon-Fri 9 a.m. to 1 p.m.	Army Volunteer Corps	Appointment only. In person and virtual appointments Mon-Fri 8 a.m.-4:30 p.m.; Telephonic support and virtual classes being offered. 719-526-1082
Ellis Outdoor Pool	Closed	AER / Financial Readiness	Appointment only. In person and virtual appointments available Mon, Tue, Thu, Fri 8 a.m.-4 p.m.; Wed 9 a.m.-4 p.m. Virtual classes being offered. 719-526-4783
Thunder Alley Bowling and Strike Zone Snack Bar	Tue-Thu 11 a.m.-9 p.m., Fri-Sat 11 a.m.-9:30 p.m., Sun 1-8 p.m.	Donation Management	Telephonic support: Rhea Rollman Work: 719-526-8558 or cell: 719-244-1245; in-person by appointment only
Golf Course	Daily 7 a.m.-dusk. Mulligan's grill Mon-Fri 9 a.m.-4 p.m., Sat-Sun 8 a.m.-4 p.m.	Employment Readiness	Appointment only. In person and virtual appointments available. Virtual classes being offered. 719-524-3816
Leisure Travel Services	Open for customers Tue and Thu 10 a.m.-4 p.m.; telework Mon, Wed, Fri 9 a.m.-5 p.m.	EFMP	Appointment only. In person and virtual appointments available. Virtual classes being offered. 719-526-0400
Auto Skills Center	Wed-Fri 12-6 p.m., Sat 9 a.m.-3 p.m. for active duty only	Family Advocacy Program	Offering FAP and Nurturing Center virtual prevention classes. 719-526-0445
Outdoor Recreation Complex	Mon-Fri noon-6 p.m.; Wed noon-2 p.m.; Sat 8 a.m.-2 p.m.; Sun 8 a.m.-noon	Family Enrichment Program	Appointment only. In person and virtual appointments available. Virtual classes being offered. 719-526-0458
Fitness Centers		Information & Referral	Telephonic support: 719-526-4590 option 5; In person and virtual appointments available. Mon, Tue, Thu, Fri 8 a.m.-4:30 p.m.; Wed 9 a.m.-4:30 p.m.
Ivy	Mon-Fri 5 a.m.-10 p.m. — 6 a.m.-4 p.m. active duty priority and authorized DOD ID card holders on space available basis; Sat-Sun 6 a.m.-8 p.m. — authorized DOD ID card holders first-come/first-served	Military & Family Life Counseling	MFLCs will provide virtual services where face-to-face support is restricted and/or unavailable. Mon, Tue, Thu, Fri 8 a.m.-4:30 p.m.; Wed 9 a.m.-4:30 p.m. 719-526-4590
McKibben	Mon-Fri 6 a.m.-8 p.m. — 6 a.m.-4 p.m. active duty priority and authorized DOD ID card holders on space available basis; Sat-Sun 0600-1400 — authorized DOD ID card holders first-come/first-served	Mobilization & Deployment Readiness	All services available virtually, or in-person by appointment. All classes offered virtually. Custom classes for units available by request. De-Mobilization offering available telephonically. Office: 719-526-0458
Waller	Open around the clock from 6 a.m. Monday to 6 a.m. Saturday; and also noon to 8 p.m. Saturday-Sunday. Active-duty priority Monday-Friday from 6 a.m. to 4 p.m. and authorized DOD ID card holders on a space-available basis. Saturday and Sunday, first-come, first-served for DOD ID card holders from noon to 8 p.m.	New Parent Support Program	Offering virtual prevention classes. Home visits are being offered virtually. 719-524-1899
Garcia	Mon-Fri 6 a.m.-8 p.m. — 6 a.m.-4 p.m. active duty priority and authorized DOD ID card holders on space available basis; Sat 6 a.m.-2 p.m. — authorized DOD ID card holders first-come/first-served	Outreach	Telephonic support: Fiona Mosley Work: 719-526-0423 Cell: 719-313-0893; https://carson.armymwr.com/programs/pass-it-on
		Relocation Readiness Program	Appointment only. In person and virtual appointments available. Virtual classes being offered. 719-526-1053
		Soldier and Family Assistance Center	Mon, Tue, Thu, Fri 7:30 a.m.-4 p.m.; Wed 9 a.m.-4 p.m. Virtual briefings: Medical Separation and Medical Retirement. 719-526-1053
		Survivor Outreach Services	Appointment only. In person appointments Available Mon-Fri 8 a.m.-4 p.m. 719-526-0442
		Victim Advocacy Program	24/7 Fort Carson Victim Advocacy Crisis Line: 719-243-7907 or https://carson.armymwr.com/programs/victim-advocacy-program



USAG INSTALLATION SERVICES



DHR		Child and Youth Services	
ID Cards (DEERS)	Mon-Fri 8-11:30 a.m., 12:30-4 p.m., limiting the number of customers in facility. ID cards that expired after Jan. 1, 2020, remain valid through Sept. 30.	Parent Central Registration	Appointment only 719-526-1101 or 719-526-8220
Mountain Post Soldier Center	SRP is fully operational. Contact Randy Hart at randy.hart4.civ@mail.mil to schedule your requirements. Retirement packets are virtually submitted to a centralized e-mail: usarmy.carson.imcom.central-mbx.dhr.mpd-transitions@mail.mil . SBP/retirement pay start submitted virtually to the RSO at carolyn.d.hilb.civ@mail.mil	CDC / SAC	Accepting enrollments for new Families; apply through MilitaryChildCare.com .
PCS Orders	Soldiers can coordinate with MPD to pick up clearing papers 30 days prior to departure date. Soldiers will need a copy of PCS orders and an approved leave form. Soldiers can clear all areas except for final out.	Youth Center	Reservations required, 719-526-2680. Mon-Fri noon-7 p.m. until school year begins; Mon-Fri 3-7 p.m. once school starts. Summer camp Mon-Fri 5:45 a.m.-noon; call 719-526-1101
ASAP	Drug testing - contact Bill Lana at william.w.lana.civ@mail.mil for support of unit 10 percent. Rehabilitation (RO), Probable Cause (PO) and Competence for Duty (CO) urinalysis test turn-ins. Operational Tuesday 8 a.m. to noon for in-processing of new DA civilians. Risk Reduction, Prevention, Employee Assistance and Suicide Prevention available 7 a.m. to 4 p.m.	Shopping and Food Services	
Casualty Assistance	Mon-Fri 7:30 a.m.-4:30 p.m. at 719-526-5613/14. After duty hours and weekends available at 719-338-8187	Main Exchange	9 a.m.-6 p.m. daily; beginning Sept. 19, 9 a.m.-7 p.m.
SFL-TAP	In-person SFL-TAP classes resumed. Class sizes limited to 40 percent of the normal capacity with 20 students per classroom. The Computer Lab remains closed. The VA, Mt. Carmel, USO Pathfinder, Troops to Teachers, PPWFC and DVOP remain in a virtual status. Individualized initial counselings, pre-separation briefings, follow-on counselings and CAPSTONE appointments are available in-person and virtually. UA Veterans in Piping, HBI, SMART Heroes, Textron Systems Aerosonde Unmanned Aircraft and ABF Freight resumed in-person training. MSSA, SecureSET, VLGMF and O2O continue in a virtual status.	Exchange Dining	Dine-In services open with social distancing enforced
Finance	Mon-Fri 7:30 a.m.-4 p.m. for all in- and out-processing and SRP support.	Commissary	Mon-Fri 9 a.m.-8 p.m.; Sat 8 a.m.-8 p.m.; Sun 8 a.m.-6 p.m.
DMV	By appointment only — www.epcdmvs.com	Express	Gate 3 - Mon-Fri 5 a.m.-11 p.m.; Sat 6 a.m.-11 p.m.; Sun 7 a.m.-11 p.m.; Gate 4 - Mon-Thu 5 a.m.-9 p.m.; Fri 5 a.m.-11 p.m.; Sat 8 a.m.-11 p.m.; Sun 8 a.m.-9 p.m.; Wilderness - Mon-Fri 5 a.m.-7 p.m.; Gate 20 - Mon-Fri 5 a.m.-9 p.m.; Sat-Sun 7 a.m.-9 p.m.
		Class VI	Mon-Wed 9 a.m.-8 p.m.; Thu-Sat 9 a.m.-9 p.m.; Sun 10 a.m.-5 p.m.
		Barber Shops	Main Exchange: Mon-Sat 8 a.m.-5 p.m.; Sun 10 a.m.-5 p.m.; Mini Mall Mon-Fri 7 a.m.-5:30 p.m.; Sat 8 a.m.-5 p.m.; Sun 10 a.m.-4 p.m.; Wilderness Mon-Fri 7:30 a.m.-1 p.m.
		UPS Store	Mon, Wed, Thu, Fri 8 a.m.-5:30 p.m.; Tue 7 a.m.-5:30 p.m.; Sat 10 a.m.-3 p.m.
		Alterations	Mon-Fri 9 a.m.-6 p.m.; Sat 10 a.m.-4 p.m.
		Dry Cleaners	Mon-Fri 9 a.m.-4 p.m.; Sat 11 a.m.-3 p.m.
		Furniture Store	Mon-Fri 10 a.m.-6 p.m.; Sat 10 a.m.-5 p.m.; Sun 10 a.m.-4 p.m.
		Clothing and Sales	Mon-Fri 7:30 a.m.-6 p.m.; Sat 10 a.m. to 5 p.m.
		Religious Support	
		Religious Support Office	Indoor services at 50% capacity, capped at 100 personnel with 6 feet of social distancing. Livestreaming will continue.

Because of the COVID-19 pandemic, reducing the spread of respiratory illnesses, like flu, this fall and winter is more important than ever.

Annual influenza vaccination is recommended for all persons aged 6 months and older who do not have contraindications.

BEST WAY to prevent the Flu is to get your Flu Shot.



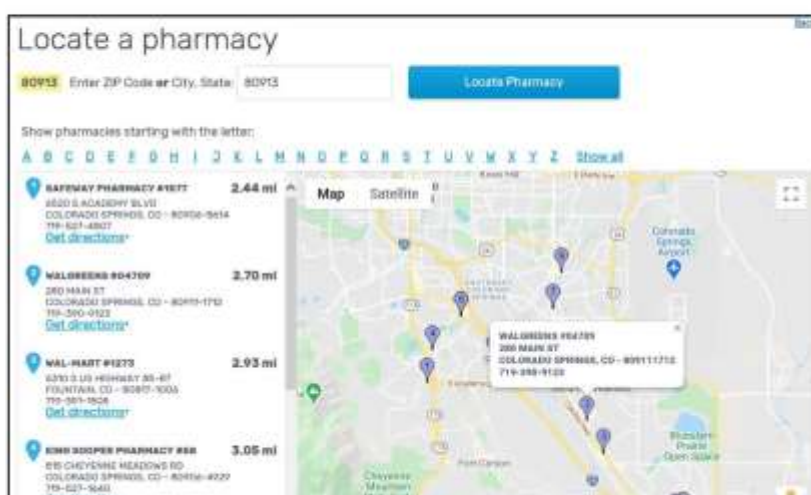
UNCLASSIFIED//FOUO

Currently, we have flu vaccines available for ages 6-35 months.

Retail Pharmacies off-post have flu vaccines available. For more information please visit: <https://Tricare.mil/flu> or call: 1-877-363-1303

Call ahead to make sure flu vaccines are available.

**Flu Information Line:
719-526-6422**



IVY AND PEDIATRICS CLINIC

HAVE FLU VACCINE AVAILABLE

- **ONLY FOR INFANTS/TODDLERS** (this vaccine is age limited)
- **AGES: STARTING AT 6 MONTHS TO 35 MONTHS ONLY**



CALL TO BOOK

SCHEULE YOUR CHILD'S APPOINT FOR THEIR FLU VACCINE!!

Patient Access to Line – 719-524-2273 or 719-526-2273 (0630-1630hr)

NO WALKINS ACCEPTED

If no appt is available, PAS will contact clinic and parent will be called by clinic to schedule day/time for this vaccination.

OUR GOAL FOR SCHEDULING YOUR VACCINATION APPOINTMENTS:

- PROVIDE QUICK PROMPT ACCESS TO FLU VACCINATION
- MAINTAIN SOCIAL DISTANCING NEEDS

Evans Army Community Hospital: "Care with Honor"

Location/Minimum Age for Flu Vaccine in Network

<https://tricare.mil/HealthWellness/Preventive/FluResources>

Local, large chain pharmacies (may vary by location, call ahead):

- Safeway Pharmacy: **6 months and up**
- King Sooper's Little Clinic: **6 months and up**
- Walgreens Pharmacy: **4 years and up**
- King Sooper's Pharmacy: **7 years and up** (flu shot clinic every Wed 0700-0900)
- Walmart Pharmacy: **8 years and up**
- Costco (Nevada & Barnes locations): **3 years & up**, walk-in & online appt (via app only)
- Sam's Club Pharmacy (1850 E. Woodmen & 4385 Venetucci): **8 years and up**, walk-ins

Medicine Shoppe: Varies based on location

- Medicine Shoppe (2431 N. Union BLVD, Ph:630-3154) : **4 years old and up**
- Medicine Shoppe (2306 N. Wahsatch Ave #B, Ph:471-3600): **4 years old and up**
- Medicine Shoppe Pharmacy (3159 Colorado Ave, Ph:719-475-9030): **4 years old and up**
- Medicine Shoppe off Medical Center Point: does **NOT** administer the flu vaccine

*Non-exhaustive list. Other in-network resources can be found at
<https://tricare.mil/HealthWellness/Preventive/FluResources>

El Paso County Public Health of Colorado Springs (1675 Garden of the Gods Rd #2044, Colorado Springs, CO 80907): will give flu vaccine to children aged **6 months old and up**, can bill Tricare, call for appointment: 719-578-3294 (limited services: Wednesdays only in Sept 2020), beginning October Tuesdays/Thursdays appointments only (Limited appointments)

***** **Target & CVS Pharmacies: DO NOT accept Tricare** *****

Evans Army Community Hospital: "Care with Honor"

Mountain Post Spouses' Club



Philanthropy

Friends. Fun.



SIDEWALK SALE

Sept 19th, 10-2pm

5769 Bldg. 1045, Wallace St, Fort
Carson, CO 80913



Operation Deploy Your Dress Fort
Carson provides 1 piece of free
formal wear for all DOD card
holders. Our grand reopening is
coming soon!



Please check out our
website at www.mpsc.us
for all of our sub club
gatherings, luncheons and
volunteer opportunities.



www.mpsc.us

MPSC is a non-profit organization that
provides grants and scholarships to
Fort Carson and the greater Colorado
community! We are also a club that
provides support to our members in the
way of mentorship, friendship and fun!



FORT CARSON EDUCATION CENTER

UCCS Veteran and Military Affairs
University of Colorado Colorado Springs



Sign up here

Free

COLLEGE PREP WORKSHOP

Four-weeks / Eight Sessions

Lunch or evening classes available...



Military & College Life

Understand what it takes to successfully adapt to a college lifestyle



Academic Planning

Customize your academic plan to fit your interests beyond the military



Key to Success

Essential study habits, time management, and effective writing

Take control of your college future today!

Lunch Sessions

Option 1

Course Times:

Mon & Wed

11:45 am - 12:35 pm

Workshop Dates

October 5 - 30, 2020

Register at:

ftcarson@uccs.edu or



Evening Sessions

Option 2

Course Times:

Tues & Thurs

5:00 pm - 5:50 pm

Workshop Topics...

MILITARY AND COLLEGE LIFE

Understanding the Changes

Culture
Student Veteran Differences
Trends
Leadership

College + Community Resources
Visiting Campus
Student Veteran Office
Campus Activities

All classes held at the Fort Carson Education Center

ACADEMIC PLANNING

Academic Advisors / Counselors

Choose a Major
Select & Register for Classes
College Planning
Dropping Classes

Know your Professor / School

Develop Relationships
School's Rank & Accreditation
Build Relationships with Classmates
Online Classes

BECOMING A LEARNER

Learning Styles

Critical Thinking
Know Yourself and How You Learn
Memory Skills
Multi-Tasking

Communication

The Writing Process
Writing Skills
Public Speaking
Slide Presentations

EXAMS

Planning

Test Anxiety
Preparation
Strategies
Healthy Living

Studying

Note Taking
Studying
Campus Resources
Tutoring Services

KEYS TO SUCCESS

You, the College Student

Time Management
Goal Setting
Team Work
Goal Setting

Attitude
Diversity
Self Esteem
Self Efficacy

PAYING FOR COLLEGE

Your Money

Military Benefits
Scholarships
Grants
Budgeting

Work Study Programs
Completing FAFSA
Federally Funded Loans
Campus Finance Office

POST ACADEMIC

Your Career

Career Center
Networking
Mentors
Resume Building
Internships

Researching Career Interests
Leveraging Military Experience
Dress for Success
Organizational Culture
Career Fairs

Master Program Choices

D doctoral Programs

Course Completion Certificate Provided

UCCS Veteran and Military Affairs
University of Colorado Colorado Springs





Call for an appointment 502-4200 (Social Distancing protocols required)
Located in the Fort Carson Army Education Center, Bldg. 1012, Suite 244

PPCC is a proud member of the following organizations offering scholarships for our active duty, veteran, and military family member students.

1. **Colorado Advisory Council on Military Education (CO-ACME):** Awards annual scholarships (\$500 each) to deserving U.S. Military Service Members, Veterans, and their family members who are pursuing a higher education degree. Applicants must be currently attending or committed to attend during the 2020-2021 academic year. Two students from PPCC won awards last year. For more information, visit the CO-ACME website at <https://www.co-acme.org/scholarship>. To apply: Click on the [APPLICATION](#).
2. **National Association of Institutions for Military Education Services (NAIMES):** NAIMES is an organization comprised of institutional members dedicated to the delivery of quality postsecondary education programs to the military community. NAIMES' scholarship application will open on September 15th and remain open until December 15th. Please check the NAIMES' scholarship website to apply: <http://naimes.org/ssa/>.
3. **The Council of College and Military Educators (CCME):** Offers 15 - \$1000 scholarships each year to United States Service members (active duty/veterans) and spouses of Service members who are working towards the completion of higher education degrees. The application will open by the end of September, 2020. You can find more information about this scholarship at: <https://www.ccmeonline.org/>

We offer inhouse scholarships as well!

PPCC's Scholarship Program: PPCC awards approximately 60 scholarships a year totaling more than \$1.2 million dollars. Application for PPCC scholarships open in December. PPCC usually holds scholarship prep seminars to help make students best prepared for these opportunities. To find out more information and how to apply for these scholarships, visit: <https://www.ppcc.edu/financial-aid-office/ways-pay/scholarships>

**NEED A LITTLE
EXTRA HELP THIS HOLIDAY
SEASON?**

MOUNTAIN POST SANTA'S WORKSHOP

**2020 APPLICATIONS
NOW AVAILABLE**

**Visit
www.mountainpostsantasworkshopco.com to
apply!**

**APPLICATIONS OPEN UNTIL NOVEMBER 7TH
2020**



Fort Carson Sunday Religious Services

Catholic Mass

Soldier Memorial Chapel

0900 In person inside sanctuary

1030 Outdoor / Drive in Service

Live stream - <https://www.facebook.com/Our-Lady-of-Fort-Carson-622517474897811/>

ChapelNext

McMahon Theater

1000

Live stream - <https://www.facebook.com/chapelnexftcarson/>

Traditional Protestant

Provider Chapel

1100

Live stream - <https://www.facebook.com/ProviderChapel/>

Gospel Service

Prussman Chapel

1100

Live stream - <https://www.facebook.com/GospelService/>

Samoan

Veterans Chapel

1100

Live stream - <https://www.facebook.com/4samoanprotserviceftcarson/>

Jewish Sunday School

Veterans Chapel

1300

No Live steam currently



tomorrow

Virtual Sunday School– STAY CONNECTED - "A Fellowship that unites under the banner that Prussman is a place where Everybody is Somebody and Christ is All. We will bless the Lord at all times."

Please see the link below and go and sign on.

When: Every Sunday Morning until we are back to normal

Where: The comfort of your Home

Time: 9:30am – 10:00am

Join Zoom Meeting

<https://us02web.zoom.us/j/163185479?pwd=UEl1ZjN6Nk9UM2h0dUJBV2xOMzd4dz09>

Meeting ID: 163 185 479

Password: 003284

20-21 SCHOOL MEALS PROGRAM

FOR FFC8 REMOTE AND VIRTUAL LEARNERS



Monday - Friday*
9 - 9:30 a.m.

- Meal service for FFC8 K-12 students only.
- Breakfast and lunch available daily.
- Be prepared to provide student name and ID # (or have student ID card).
- Pick up at any FFC8 school, for all FFC8 students in a family, no matter which school attending.
- Access meals at external cafeteria doors.
- Meal price based on student status of Free, Reduced or Full Pay, Please limit cash payment and pay online at <https://www.mymealtime.com>

*Meals will not be provided on previously scheduled school out days.

This institution is an equal opportunity provider.

CURBSIDE GRAB & GO MEAL SERVICE

Monday - Friday

Lunch time Drive up Meal Service

"Grab & Go"

(usually at the front of the building)

for students who are **not** in attendance at school.

WHAT WILL CURBSIDE GRAB & GO LOOK LIKE?

The curbside "Grab & Go" service is a sack meal that will include student favorites. Entrées will be sent **cold** for food safety; however, cooking instructions will be provided when appropriate. Breakfast sack meals may be picked up at the same time as lunch. Parents and Guardians are permitted to pick up meals for their students, as the USDA requirement for students to obtain the meal has been waived.

IMPORTANT THINGS TO REMEMBER

- Meal service is for District 11 K-12th grade students only
- Student name is **REQUIRED** to obtain a meal
- All student meals may be picked up at one school location even if different D11 schools involved
- Meal price is based on student status of Free, Reduced, and Full Pay
- K-12th grade Reduced status students receive free breakfast and lunch
- **NO CASH** at Grab & Go Sites-Place money on student's account via [MySchoolBucks](https://www.myschoolbucks.com) - www.d11.org

LOCATIONS:

- | | | |
|------------|----------------|--------------|
| • Adams | • King | • Rudy |
| • Audubon | • Madison | • Russell |
| • Bristol | • Mann | • Sabin |
| • Columbia | • Mcauliffe | • Swigert |
| • Coronado | • Midland | • Taylor |
| • Doherty | • Mitchell | • Trailblaze |
| • Edison | • Monroe | • Twain |
| • Grant | • North | • West |
| • Henry | • Palmer | • Wilson |
| • Holmes | • Queen Palmer | |
| • Jenkins | • Rogers | |
| • Keller | • Roosevelt | |



MOBILE FOOD PANTRY DISTRIBUTION

FREE PRODUCE, BREAD, AND OTHER BONUS TEFAP FOODS

4th Thursday at 9 a.m.
The Independence Center
729 S. Tejon St.
Colorado Springs, CO 80903

This distribution is for all neighbors in need. TEFAP eligible guests qualify for meals that can be received in addition to weekly TEFAP products.

Produce will be distributed on first come, first served basis.

www.myschoolbucks.com 719.535.1347



FREE FOOD GIVEAWAY

11:00 AM

Until food runs out

Fridays

Sept 18 ~ Oct 2 & 16

Nov 6 & 20 ~ Dec 4 & 18

In collaboration with Care & Share Food Bank for Southern CO and Colorado Springs Food Rescue, Mt. Carmel is providing a drive-thru food distribution 1st and 3rd Friday.



530 Communication Circle
Off 8th Street on West Side

*Food selection may vary

**Walk-ups Welcome
No Registration Needed
Everyone is Invited**



You can start CPCD's preschool program from home NOW!

CPCD is enrolling for FFCD8 preschool classrooms. Classes are available now with online learning and activities for children ages 3 to 5 and their families. We hope to begin in-person classes September 15. Visit www.cpcdheadstart.org or call 719-635-1536.

SIGN UP TO BE NOTIFIED
WHEN NOMINATIONS OPEN.

The nomination period for our 2021 Military Child of the Year Awards will open this coming week. Sign up to be notified when the nomination form is live

https://operationhomefront.formstack.com/forms/military_child_of_the_year_interest_form



Who Will Be the Next
**Military Child
of the Year®?**

WWW.MILITARYCHILDOFTHEYEAR.ORG



¡Puede comenzar el programa preescolar de CPCD desde casa AHORA!

CPCD está inscribiendo en los salones de clases preescolares de FFCD8. Las clases están disponibles ahora con aprendizaje y actividades en línea para niños de 3 a 5 años de edad y sus familias. Esperamos comenzar las clases en persona el 15 de septiembre. Visite www.cpcdheadstart.org o llame al 719-635-1536.

Grow it Green
Thursday, September 17 at 6pm

Presented by:



Fall Gardening

Community Garden at Talbott Park | 401 Dean Drive, Colorado Springs, CO 80911

Join us for this fall Grow it Green class to learn what to plant as temperatures cool down to keep your yards and gardens alive with color. Info on fall annual flowers, trees, and shrubs that provide beautiful fall color will be given along with discussions on attractive natural color combinations.

There will also be a brief introduction to the new Parks and Recreation Director, Eric Hulen, along with a presentation of the future of Talbott Community Garden.

FREE Community Event

**** Please pre-reserve your spot at <https://signup.com/go/PSGBNpX> ****

Social distanced seating will be set up at Talbott Park outside of the Community Garden.

Timberline Landscaping offers a full range of services – landscape design, construction, and maintenance. Their team has been creating and maintaining award-winning landscapes since 1982.



Widefield Parks & Recreation

705 Aspen Drive, Colorado Springs, CO 80911

719.391.3515 ~ ParksAndRec.wsd3.org



FREE Movie on the Field

Join us for a safe night of social distancing during our Family Movie on the Field at Widefield Parks & Recreation!

September 18

"Secret Life of Pets 2"

at Widefield Parks & Rec RED Field, 705 Aspen Drive

We will have the big screen on the infield of Red viewable for all spectators in the outfield.

Participant groups will have designated spaces that are appropriately distanced apart and are encouraged to remain in their area for the duration of the show. Capacity limitations set by El Paso County will be followed.



Gates open at 6:15pm

Movie starts at dusk



A special thanks to our Family Movie Night platinum level sponsor:



WIDEFIELD PARKS & RECREATION

ParksAndRec.wsd3.org ~ (719)391-3515

705 Aspen Drive, 80911



Intro to Canning Water Bath Canning

Learn how to safely can high acid foods in this online workshop. The boiling water canning method can be used to preserve fruit, salsa, pickles, tomatoes, jams, jellies and more.

Virtual Demonstration Class
Thursday, September 24
@ 6 - 7:15pm

Pre-register for this FREE virtual class at

<https://www.eventbrite.com/e/widefield-parks-and-rec-introduction-to-canning-water-bath-canning-tickets-117548026311>



Brought to you by Colorado State University Extension - El Paso County and Widefield Parks and Recreation.



Widefield Parks & Recreation
[ParksAndRec.wsd3.org](https://www.parksandrec.wsd3.org)
719-391-3515



A 501(c)3 nonprofit organization

Join us for a
VIRTUAL
LIVE event this year!
No registration fee required

Proceeds benefit Zach's Place
An SKSF program for children with disabilities
serving families in the Pikes Peak Region

9th Annual
NIGHT OF COMEDY
10-10-20
Saturday | 6:00pm - 7:30pm



LIVE



LIVE STREAMING

Produced & streamed **LIVE** by Graham River Productions

- Sit back & relax from home & tune-in to SKSF Facebook or YouTube LIVE
- Bid on amazing silent auction packages
- Enjoy a special "THIS IS ME" performance by Zach's Place kids
- Debut the new Zach's Place promotional video
- View an EXCLUSIVE comedy act by Comedian Steve Mazan



Featuring Comedian
STEVE MAZAN

SKSFcolorado.org

THANKS TO OUR SPONSORS



A CIA Leavitt Insurance

Proctor & Ketchum Health Services

Fountain Valley Teen Advisory Board Interest Meeting

Games!
Gift Cards!
Community!



Online on September 24
6:30 - 7:15 pm

Register <https://tinyurl.com/y2dmhfw3>

★ ★ ★ PROJECT ★ ★ ★

Welcome Home Troops

RESILIENCE TRAINING FOR OPTIMUM PERFORMANCE



- ✓ Better Sleep Quality Improved
- ✓ Mental Clarity
- ✓ Stress Relief
- ✓ Deep Mental Relaxation
- ✓ Optimal Performance

The Power Breath Meditation Workshop provides breath-based tools that decrease the stress, anxiety and sleep problems that many veterans experience. Course participants notice an improvement in relationships and an enhanced sense of mental clarity and well-being.

The PWHT Workshop is offered free of cost to veterans, active duty military members and their immediate family.

The Online Power Breath Meditation workshop is offered in two parts. Part 1 is Sept 29-Oct 1, 5:30 - 8:00 pm MDT, and Part 2 is Oct 6-8, 5:30 - 8:00 pm MDT. **Requirements:** Preregistration, computer or tablet, and internet access for all sessions. Please register at: <http://tiny.cc/upj6jz> or email jim.warner@pwht.org

"I never thought I would be this relaxed or this happy, says Tom Voss, I never thought this was possible"
Newsweek



A Stanford University study published in the Journal of Traumatic Stress found "There were signs of reductions in anxiety and [post-traumatic stress disorder] immediately after the one-week program. Those improvements were seen both one month and one year later, indicating the improvement may be permanent."

"Thank you for giving me a life worth living."
Travis Leanna, USMC, Veteran, Operation Iraqi Freedom

The Power Breath Meditation Workshop is being offered in partnership with:



Special Weekly Event:

FREE Online Introduction to breathing and meditation, open to Veterans and their friends and family, every Tuesday evening at 6:30 P/M. Join at this link: <https://tinyurl.com/cvax6wvx>



VIRTUAL

Tuesday, 29 September 2020

CO & WY MilSpouses Resiliency Workshop

All branches and statuses welcome!

**Registration is only \$19.00 for sessions,
books, gifts, resiliency tools, and more...**

Scholarships for Spouses of E-3/below and O-2/below

**More info and registration at
<https://MilSpouseStrong.square.site/>**

Topics include:

- **Connecting despite COVID**
- **Tools to Combat Stress**
- **Breakout Sessions:**
Employment, Entrepreneurship, New MilSpouses, Non-Profits, Volunteering, Marriage, Faith, Homeschooling (whether you want to or not) Family, Finances, ...and a session for Male Spouses



The Women & Children
Military Family Clinic
at University of Colorado
Anschutz Medical Campus

Mental Health First Aid

Mental Health First Aid (MHFA) is an 8 hour course where you learn risk factors and warning signs for mental health and addiction concerns, strategies for how to help someone in both crisis and non-crisis situations, and where to turn for help.

MHFA takes the fear and hesitation out of starting conversations about mental health and substance use problems by improving understanding and providing an action plan that teaches people to safely and responsibly identify and address a potential mental illness or substance use disorder.

Click the links below to register for one of our upcoming courses:

September 30, 2020 9am-5pm MST (Zoom)

[Click here to register](#)

October 30, 2020 9am-5pm MST (Zoom)

[Click here to register](#)

November 19, 2020: 9am-5 pm MST (Zoom)

[Click here to register](#)



**Registration Cost: \$0
Material Fee: Waived**

Questions?

Contact us at info.cohenclinic@cuanschutz.edu

UPLIFTING AMERICA'S VETERANS WITH A

BEACON OF HOPE

NATIONAL CONTEST AWARDING
DESERVING VETERANS WITH A NEW ROOF

HELP VETERANS FACING ADVERSITY. NOW IT'S UP TO US!

Do you know a United States veteran who needs a new roof?
We are giving away three roofs to deserving candidates.

NOMINATE A VETERAN IN NEED!



TELL US WHY

Provide a brief explanation
of why the nominee
is a deserving candidate



TAKE 4 PHOTOS

Submit three photos of the home
and one photo of the Veteran
you are nominating



SUBMIT YOUR NOMINATION

Submit your application between
August 17, 2020 - September 24, 2020

Submit your nomination today

go.becn.com/BeaconOfHope

No purchase necessary to enter or win. Nominees must be a veteran who is 18 years of age or older and resident of one of the fifty (50) U.S. states or the District of Columbia. Other terms and conditions apply. For complete contest rules and eligibility criteria, please visit go.becn.com/beaconofhoperule.

BECN.COM



BEACON

The Congressional Military Family Caucus (MFC) is excited to announce the 2020 Virtual Summit. We will focus on the impacts of COVID-19 on our nation's military families.

The summit will feature opening remarks from Congresswoman Cathy McMorris Rodgers, Congressman Sanford Bishop, and Col. Cassius Bentley of Fairchild Airforce Base. U.S. Secretary of Defense Mark Esper will also be joining as this year's keynote speaker. Click the link below to register for the event!

<https://ushr.zoomgov.com/meeting/register/vJlscu6vpz0iG3dSynSC1cIDJ-vQrWQpb4Q>

2020 VIRTUAL Military Family Caucus SUMMIT

Military Families in the Time of COVID

October 9, 2020

SCHEDULE

9:30 - 10:00am PDT

Opening Remarks:

Rep. Cathy McMorris Rodgers

Rep. Sanford Bishop

Col. Cassius Bentley

10:00 - 10:30am

Secretary of Defense Mark Esper

10:30 - 11:00am

Education

11:00 - 11:30am

Special Education

11:30 - 12:00pm

Exceptional Family Member Program

12:00 - 12:30pm

Permanent Change of Station

12:30 - 1:00pm

Childcare

1:00 - 1:30pm

Healthcare

1:30 - 2:00pm

Housing

2:00 - 2:30pm

Spouse Employment/Licensing

2:30 - 3:00pm

Military Retirement/Transitioning/Separation

3:00pm

Closing remarks

CONGRESSIONAL

MFC

Visit the ACS Employment Readiness Program
at
<https://carson.armymwr.com/programs/employment-readiness>

FORT CARSON EMPLOYMENT READINESS PROGRAM OCTOBER 2020 Prepare for your next job with our virtual classes

OCT 13, 20, 27

Employment
Readiness
Orientation
9:30-10:30AM

OCT 14

Write a Winning
Resume
9:30-10:30AM

OCT 21

You're a Priority:
Federal Employment
for Military Spouses
9:30-10:30AM

OCT 27

Federal Resumes
and USAJobs
9:00AM-12Noon

Registration is Simple & Classes are Provided at No Cost:

- Go to our website & click on *Calendar* at the top of the page
- Find the class date on the calendar, click on it, then select the class for details
- Register for the selected class(es)
- Registrants will receive login info via email allowing you to join the virtual class.

One-on-one appointments available for resume reviews or career related inquiries



Visit us: www.carson.army.mil/acs Search: Employment Readiness

FORT CARSON EMPLOYMENT READINESS PROGRAM OCTOBER 2020 Professional Development Series

OCTOBER 1

LinkedIn Fundamentals

9:30-10:30AM

Do you have a professional profile on LinkedIn? Do you have a strong brand? Learn how to build your professional brand by understanding it's many features.

OCTOBER 15

Career Assessments

9:30-10:30AM

Discover your interests, likes and dislikes before setting out on your job search. ERP experts can help you determine what career/job is a good fit for you.

Registration is Simple & Classes are Provided at No Cost:

- Go to our website & click on *calendar* at the top of the page
- Find the class date on the calendar, click on it for details
- Register for the selected class(es)

Registrants will receive login info via email allowing you to join the virtual class.



Visit Us: www.carson.army.mil/acs
Search: Employment Readiness



09

2020

SEPTEMBER



PIKES PEAK
WORKFORCE CENTER
A proud partner of the AmericanJobCenter network

OCTOBER

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY					
30	31	1	2	3	4	5					
6	CLOSED Labor Day	7	8	9	10 Webinar: Great answers to 6 common interview questions 10-11 AM	11	12				
13	Webinar: Résumé: tailor, tone down, & ats* 11 AM-Noon	14	Webinar: LinkedIn 10-11:30 AM LayOff Webinar: 11 AM-Noon EDG Employer Info Session 1-2 PM	15	Webinar: Résumé: Accomplishments, Gaps, & Military 2-3 PM	16	Webinar: Résumé: Formats, Formatting, & Cover Letters 10-11 AM	17	Webinar: Navigating Connecting Colorado 9:30-10:30 AM	18	19
20	T-ROC Hiring Event 9 AM-Noon	21	In-Person Workshop: LinkedIn: How to ... 9:30-11 AM T-ROC Hiring Event 12:30-3 PM	22	Webinar: Résumé: Accomplishments, Gaps, & Military 2-3 PM	23	In-Person Workshop: Microsoft Word Basics 9-11 AM D11 Hiring Event 9 AM-2 PM	24	25	26	
27	Comcor Hiring Event 9 AM-Noon Webinar: Branding & Networking 2-3 PM	28	29	TRE Resource Exchange Hiring Event 12:30-3 PM	30	1	2	3			



Since 1994 Troops to Teachers has assisted over 25,000 eligible make the transition from the front lines to the front of the classroom. Our state grant offices provide participants with counseling and assistance regarding state license requirements, routes to licensure, and employment referrals. You may also be eligible for financial assistance in the form of a \$5K stipend to reimburse costs to become licensed or a \$10K bonus to teach in a "high needs" school.



COLORADO
Department of Education



CO Educator Licensing 101

WHO: Transitioning Service Members, Veterans, Family Members, and anyone interested in pursuing a career in K-12 education

WHAT: Information Virtual Seminar

WHEN: Thursday, September 24, 2020, 6:00 pm – 7:30 pm (MST)

WHERE: <https://us02web.zoom.us/j/82069157632>

Learn about the requirements to become a teacher including various licensure pathways, the Colorado K-12 landscape, and overview of the highest need areas for educators.





BOOTS to BUSINESS
with the U.S. Small Business Administration

Interested in starting a Veteran – owned small business? Sign up for **Boots to Business ONLINE**, an entrepreneurship training program for Service members and their spouses.



UTAVBOC

For more information contact:
utavboc@uta.edu
(817) 272-6789

Join the online meeting

8:30AM-11:30AM CST

Central Standard Time

<https://join.freeconferencecall.com/boots>

Online meeting ID: boots

Dial-in number (US): (605) 313-6230

Access code: 495095#

International dial-in numbers

<https://fccdl.in/i/boots>

ONLINE

September 1-2

September 15-16

September 22-23

September 29-30

To register for an ONLINE class go to:
<https://sbavets.force.com>

(Select 828 Fort Hood Online or Redboot Fort Worth Online)

Note: There are no live courses offered at this time. Please

IGNORE ALL ONSITE COURSE CONFIRMATION MESSAGES. The

confirmation messages are system generated and do not

apply to the ONLINE course.

Are you curious why so many Veterans are becoming software developers?



Join an interactive webinar with USO Pathfinder Colorado Springs and Turing School of Software & Design to learn more about coding and see if a future career in software development will be the right fit for you.

We'll cover:

- Why Veterans are successful in the tech industry
- What is coding and how to learn how to code
- Information about our alumni currently working in tech (like how their first salaries average \$75,000+)
- How to take the first step and try coding out for free with Turing School

Webinar Details

- Tuesday, September 22 from 11:00-12:00 *mountain standard time*
- Register for free for the Zoom information:
<https://www.eventbrite.com/e/software-development-with-uso-pathfinder-turing-school-tickets-118655382443>

Questions?

- We are here to help! If you have you have questions about the webinar or Turing School, contact anna@turing.io or visit our website to learn more about our program at <https://turing.io/>

Hi! My name is Amy Holt and I am the Technical Programs Instructor at Turing School, which means that I teach people interested in learning how to code the fundamentals of programming. Before becoming a software developer, I was an elementary school teacher. I transitioned into coding because I love creative problem solving and wanted a more challenging career with a better work/life balance. Most people don't think they have what it takes to learn how to code or become a software engineer and I love proving them wrong! Join me for this webinar to take the first step into considering a career in software development and make sure to bring your questions!



PLANNING FOR YOUR CAREER AFTER THE MILITARY?

AN EMPLOYMENT PROGRAM FOR TRANSITIONING SERVICE MEMBERS AND SPOUSES

WHAT IS ONWARD TO OPPORTUNITY?

Onward to Opportunity understands the time to train and place military families in jobs is while you're still serving and not after.

With no-cost training and certification in over 40 top-paying career fields and direct connections to military-friendly employers through our national partner Hire Heroes USA, this career transition program utilizes in-person and online learning options to best fit your needs.

Please visit ivmf.syracuse.edu/onward-to-opportunity for program details and information on eligibility requirements.

ivmf.syracuse.edu/onward-to-opportunity

[f](#) [t](#) [in](#) [v](#) [m](#) [f](#) [s](#) [y](#) [r](#) [e](#) [d](#) [u](#) [o](#) [n](#) [w](#) [a](#) [r](#) [d](#) [t](#) [o](#) [o](#) [p](#) [p](#) [o](#) [r](#) [t](#) [u](#) [n](#) [i](#) [t](#) [y](#)

WHY ONWARD TO OPPORTUNITY?

- ▶ Onward to Your Career Training and access to online learning pathways
- ▶ Direct connections to 800+ national employer partners through Hire Heroes USA
- ▶ Networking opportunities and connections
- ▶ One FREE industry certification exam
- ▶ FREE resume assistance, interviewing technique training and matching to employers in your industry
- ▶ Non-credit certificate of completion from the IVMF at Syracuse University upon course completion
- ▶ IVMF Alumni Services Support

NATIONAL PARTNERS



JPMORGAN CHASE & CO.



accenture
High performance. Delivered.



ONWARD TO OPPORTUNITY



INSTITUTE FOR
VETERANS AND
MILITARY FAMILIES

Syracuse University | JPMorgan Chase & Co., Founding Partner

CERTIFICATION TRAINING TRACKS*



PROJECT MANAGEMENT

- PMP
- Six Sigma Green Belt
- CAPM
- Agile Certified Practitioner (PMI-ACP)

HUMAN RESOURCES

- aPHR
- PHR
- SPHR



INFORMATION TECHNOLOGY

- Google IT Support Professional
- AWS Cloud Practitioner Essentials
- Dell Boomi
- CompTIA A+
- CompTIA Security+
- CompTIA Cloud+
- CompTIA Linux+
- CompTIA Server+
- CompTIA Network+
- SSCP
- CCSP
- CCNA
- ITIL
- SAS Base Programmer

▶ FUTURE EXPANSION OF RELEVANT AND IN-DEMAND TRAINING TRACKS BASED ON INDUSTRY NEEDS AND EMPLOYABILITY

*Courses may vary based on location. Please contact your local installation team.

Andres Lalinde

U.S. Army Veteran, O20 Fort Carson Graduate
Senior Program Manager, AS Solution



"Having been away from the military for 13 years one of the biggest draws for me was reconnecting with the sense of community and camaraderie that I had with the military."

FOR ADDITIONAL INFORMATION

FORT CARSON & BUCKLEY AFB

▶ **KATRINA LUSK**
PROGRAM COORDINATOR | O20
INSTITUTE FOR VETERANS AND
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[E klusk@syrr.edu](mailto:klusk@syrr.edu)

▶ **JOE ALDIZ**
PROGRAM MANAGER | O20
INSTITUTE FOR VETERANS AND
MILITARY FAMILIES
[E jaldiz@syrr.edu](mailto:jaldiz@syrr.edu)



LOCAL PARTNERS



INTERESTED EMPLOYERS CONTACT

▶ **MICHAEL SCHOENECK**
NATIONAL PROGRAM DIRECTOR | O20
INSTITUTE FOR VETERANS AND MILITARY FAMILIES
T 315.727.0548
[E meschoen@syrr.edu](mailto:m.schoeneck@syrr.edu)

*2020 leverages 2020 DoD and VA HRVillage authority to conduct career skills training on U.S. military installations. The DoD and Service Branches do not endorse any company, sponsor or their products or services.

APPLY NOW ▶ ONWARD2OPPORTUNITY.ORG



My Career Advancement Account Helping Spouses Reach Career Goals

The My Career Advancement Account Scholarship is a workforce development program that provides up to \$4,000 of tuition assistance to eligible military spouses. The scholarship assists military spouses in pursuing licenses, certifications or associate degrees necessary to gain employment in an occupation or career field. Spouses may use their My Career Advancement Account Scholarship funds at any academic institution approved for participation in the scholarship.

Fast Facts

The My Career Advancement Account Scholarship provides a maximum tuition benefit of \$4,000 with an annual fiscal year cap of \$2,000 to assist eligible military spouses who need professional credentials to meet their career goals. Annual cap waivers are available for licensure and certificate programs if there is an upfront tuition cost that exceeds \$2,000, up to the maximum education benefit of \$4,000.

Who is eligible for the My Career Advancement Account Scholarship?

Spouses of service members on active duty in pay grades E-1 to E-5, W-1 to W-2 and O-1 to O-2 who have successfully completed high school and have the ability to request tuition assistance while their military sponsor is on Title 10 military orders are eligible. Spouses married to members of the National Guard and reserves in these same pay grades are eligible.

Those who are *not* eligible include the following:

- Spouses who are married but legally separated, or under court order or statute of any state or U.S. territory, from a member of the armed forces on Title 10 orders
- Spouses whose National Guard or reserves military sponsor is in a warning orders or alert, post-deployment, demobilization or transition status

The My Career Advancement Account Scholarship will NOT pay for the following:

- Tuition for courses and examinations not included in the spouse's Education and Training Plan and courses already started or completed by the spouse
- Reimbursements of any kind
- Books, supplies, equipment, uniforms, computers and electronic devices of any kind
- Student activities, events and entertainment
- Prepayment or deposits for future courses, unless costs are part of a block of study

For more information, visit <https://mycaa.militaryonesource.mil/mycaa>.

1

The My Career Advancement Account Scholarship will NOT pay for the following continued...

- School or college level entrance examinations, comprehensive exams and related preparatory courses
- Courses, tests or fees normally paid by an employer as part of a job training program
- Fees of any kind, including but not limited to registration fees, technology fees, parking fees, etc.
- Nonacademic credit or ungraded courses, including courses taken on an audit basis or as an internship, practicum, apprenticeship or clinical supervision; also, nonacademic credit or ungraded orientation programs
- Courses taken more than one time, unless the My Career Advancement Account Scholarship has received a full refund from the school
- Academic credit by examination
- General studies, liberal arts and interdisciplinary associate degrees that do not have a concentration
- Personal enrichment courses, excluding academic credit or graded electives in the spouse's Education and Training Plan
- Transportation, lodging, child care and medical services
- Course extensions, except for approved hardship waivers
- Study-abroad programs, excluding programs of study offered by participating My Career Advancement Account Scholarship schools on overseas military installations
- Private licenses. For example, a private pilot's license would not be covered because it is for recreational use, but a commercial pilot's license would be covered because it would be used for an occupation.
- High school completion programs, including online high school completion programs
- Continuing education credits to maintain a standing in a professional organization

The My Career Advancement Account Scholarship program is part of the Department of Defense Spouse Education and Career Opportunities program that offers comprehensive coaching, information, tools and resources to support military spouse career exploration, education, training and licensing, employment readiness and career connections.

How to establish an account with the My Career Advancement Account Scholarship

Spouses can visit the My Career Advancement Account Scholarship website at <https://mycaa.militaryonesource.mil/mycaa> and provide the required Spouse Profile information. All scholarship participants are required to use DS Logon to access their accounts. Military spouses enrolled in the Defense Enrollment Eligibility Reporting System, or DEERS, are eligible for a DS Logon account. For information about creating a DS Logon premium account, access the 'How do I use DS Logon to create and access My Career Advancement Account?' guide on the 'Resources' page: <https://mycaa.militaryonesource.mil/mycaaresources>

What about schools and organizations?

Schools interested in participating in the My Career Advancement Account Scholarship program can call 334-517-6160 option 2 for assistance or visit the 'For Institutions' resource page on the My Career Advancement Account Scholarship website at <https://mycaa.militaryonesource.mil/mycaa/school-resources/for-institutions> for program eligibility and participation information.

Where to get additional information or assistance

 **Contact a SECO career coach by calling Military OneSource at 800-342-9647**

Spouses with an established account with My Career Advancement Account Scholarship may use the Message Box feature to receive information and assistance quickly.

 **Coaches are available**
Monday through Friday
7 a.m. to 10 p.m. ET
Saturday
10 a.m. to 5 p.m. ET