

Keep up to date with local events and deals with the



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ARMY FAMILY

IS AN UNSTOPPABLE FORCE

11 August 2025

No Fort Carson/ Army Endorsement Implied

Our mission at ACS is to prepare and empower our Total Military Family to meet the challenges of military life by providing essential programs, resources, and services that enhance knowledge, life skills, well-being, quality of life, and retention.



Army Community Services
6303 Wetzel Avenue, Building 1526
Fort Carson CO 80913
719-526-4590
719-243-7907 224/7 DV Hotline

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Community Events Bulletin

Fort Carson on My Army Post App

Download the free app today on the Apple Store and Google Play for facility hours, phone numbers, locations with driving directions, emergency alerts and more.

Once downloaded, select Fort Carson as your installation and you are ready to start taking advantage of the new app. **NOTE:** Fort Carson is no longer updating the Digital Garrison App.

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DATE	CLASS
18 Aug	Navigating the USIS Website; 12pm—12:30 pm
11 Aug 18 Aug 25 Aug	WIC Walk Ins, 1pm—3:30 pm
26 Aug	Introduction to Entrepreneurship: Building Your Business from the Ground Up, 8am to 4pm
19 Aug	Boot Camp for New Moms, 9am—1200
12 Aug	Cooperative Parenting and Divorce Class 0900—1300
12 Aug 19 Aug	Infant Massage & Baby Nurturing, 9:30 to 11am
12 Aug 19 Aug	Sponsorship Training, 9:30—10:30 am
12 Aug 19 Aug	Child Support Walk Ins, 1pm—4pm
14 Aug	Navigating USAJOBS, 9:30 am—10:30 am
13 Aug 20 Aug	IDES and SRU Soldiers: SFAC Transition and Medical Retirement Brief, 10am—12:30 pm
20 Aug	SFRG Informal Funds Custodian Training, 10am—11:30am
13 Aug 20 Aug	Disabling Sickness or Condition: Financial Touchpoint/Milestone Training, 11am—12pm
13 Aug 20 Aug 27 Aug	Mountain Post Welcome for Spouses and Families, 1pm—2pm
15 Aug 22 Aug	Play Group, 10am—12pm
26 Aug	Baby Sign Language, 9am—10:30am

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DATE	CLASS
20 Aug	Blended Family Parenting, 12pm—1:30pm
27 Aug	New Volunteer Orientation, VMIS and OPOC Training, 1:30pm—3pm
14 Aug 21 Aug	Toddler Time, 9:30am—11am
12 Aug	Healthy Environments 10:00—11:30
12 Aug	Heartbeat 6:15 pm—8pm
13 Aug	Understanding Your Credit Score 10am—11am
13 Aug	Sole Parenting Information & Support Group 12:00 pm –1:30pm

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Navigating the USCIS Website

Learn to utilize online tools to assist with immigration & naturalization

11 Aug

18 Aug

25 Aug

01 Sept

12pm—12:30pm

Provide Service Members and their Families with the knowledge and skills to effectively navigate the USCIS website, access accurate immigration information and utilize online tools to assist with their immigration/naturalization process.

Cost

Free service provided by your ACS Relocation Readiness Program.

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11 Aug
18 Aug
25 Aug
01 Sept

1pm—3pm

Empowering Families with Food, Nutrition, Education and More

WIC is the nation's most successful public health nutrition program. We provide healthy food, nutrition education, breastfeeding guidance, and community support to income-eligible pregnant women, moms of infants, and children up to 5 years old.

Did you know? Colorado WIC offers:

- HEALTHY FOOD + NUTRITION TIPS
- A COMMUNITY OF SUPPORT
- REFERRALS

Cost Free service provided by your ACS Community Information, Referral and Follow-up Program and the El Paso County Public Health.

Registration Information Walk-in basis; first come first serve. Check in on the lobby iPad, ACS Center, Bldg. 1526. [If you would like to request a WIC appointment, click here.](#)

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18 Aug; 9 am - 12 pm

Class is offered every 3rd Tuesday of the month.

Are you expecting mom that has questions about parenting infants and local resources?

This class is an opportunity to interact with other expecting moms and develop confidence as a parent. We will discuss parent-infant relationships, common questions about parenting, postpartum issues, and much more.

Cost Free

Registration Information

[CLICK HERE TO REGISTER!](#)

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**COMMUNITY
NEWSLETTER**



This class is located
at the ACS Annes|
Family Nurturing
Center located at

1481 Titus Blvd
Bldg. 7492
Fort Carson
719-526-0461

**12 Aug
19 Aug
26 Aug**

Infant Massage 9:30-10:15 a.m.

Baby Nurturing 10:15-11:00 a.m.

Pregnant moms and parents with babies are encouraged to attend.

Systematic infant massage strokes alleviate colic, create strong bonds, increase the communication between baby and parent and provide a foundation of unconditional love and attachment. Topics pertaining to infant development and health are discussed.

For more information about our lactation specialist, please contact (719) 960-6435.

Cost FREE!

Registration Information [CLICK HERE TO REGISTER!](#)

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12 Aug

19 Aug

26 Aug

9:30 am—10:30 am

Connecting Soldiers & Families with Resources

This is the installation specific Army Community Service (ACS) Relocation Readiness Program Sponsorship Training. Participants learn about Fort Carson and local community resources.

Cost

Free class provided by ACS Relocation Readiness Program.

Registration Information [Click here to register](#)

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12 Aug

19 Aug

26 Aug

1 pm—4 pm

Helping Parents and Caretakers Provide for their Families
Child support services include:

- Locating parents
- Initiating legal paperwork
- Establishing parentage
- Establishing child support order
- Enforcing child support order
- Modifying a child support order

Helping parents overcome barriers that prevent order compliance
Cost

Free service provided by your ACS Community Information, Referral and Follow-up Program and El Paso County Child Support Services.

Registration Information

Walk-in basis, first come first serve. Check in on the lobby iPad, ACS
Center, Bldg. 1526.

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20 Aug
10 am—11:30 am

Learn about the responsibilities of the Fund Custodian and the Army regulations for managing Soldier & Family Readiness Group (SFRG) Informal Fund accounts and fundraising.

This class is being provided as a blended learning opportunity. At registration, attendees will have the choice to identify whether they will be participating either “in-person” or “virtually”.

Registration Information [CLICK HERE TO REGISTER!](#)

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Mountain Post

WELCOME

FOR
SPOUSES &
FAMILIES

NEWCOMERS ORIENTATION

13 Aug
20 Aug
27 Aug
1 pm—2 pm

Join us at the ACS Center, Bldg. 1526. Our orientation offers you an opportunity to meet other new arrivals, get “insider tips” to become familiar with the area and get any questions you may have answered. It's also a great way to learn about resources on and off Fort Carson.

Registration Information [Click here to register](#)

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15 Aug
22 Aug
29 Aug

10 am—12 pm

A fun-filled interactive get together for parents and children. Activities help children improve their social, cognitive and motor skills.

Registration Information [CLICK HERE TO REGISTER!](#)
Walk-Ins Welcome!

Located at the ACS Annex | Family Nurturing Center

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26 Aug
9 am—10:30 am

Babies are happiest when they can communicate with the people who love them the most, their families. Signing is a tool that can be the key into your baby's thoughts and the springboard for future language development.

Registration Information [CLICK HERE TO REGISTER!](#)

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✦ BLENDED FAMILY PARENTING COURSE ✦

Come learn more about what you bring as a parent, meet other parents, and build a support system. You can complete one or all six modules.



20 Aug

03 Sept

This class meets every other Wednesday from 1200-1330.

Come learn more about what you bring as a parent, meet other parents, and build a support system. You can complete one or all six modules. Come join us at any time!

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14 Aug

21 Aug

28 Aug

9:30 am - 11 am

Participants interact on topics such as gross motor enhancement through songs and dance, sensory enrichment through arts and crafts, and nurturing the child as well as the parent. Open to parents with toddlers 18 months or above. No registration required, Walk-ins welcome.

Registration Information Walk-Ins Welcome!

Located at the ACS Annex | Family Nurturing Center
1481 Titus Blvd., Bldg. 7492
Questions? Call us at: (719) 526-0461

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PLEASE JOIN US FOR YOUR



MOVIE
Night

SATURDAY, 16 AUGUST
DINNER 7:30 PM • MOVIE 8:00 PM
HOTDOGS, CHIPS AND DRINKS
BRING BLANKETS AND LAWN CHAIRS

FREE EVENT

PRUSSMAN CHAPEL BUILDING 1850

Prussman Chapel Dinner and Movie Family Night



Movie - Thunderbolts

**Right in our Parking lot.
Dinner will be served.
Come on out and
Fellowship with us**

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Featuring special guest readers for every week of the Summer Reading Program! Every Thursday includes stories, crafts, songs and learning time. Open to ages 0-5 years old.

For more information on Grant Library please visit their website at

[Grant Library](#)

All information is subject to change.

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15 Aug and 19 Sept

4 pm - 6 pm

Outdoor Recreation

Happy Hour for you & your furry friend! Bring your pup to

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COACHES NEEDED! YOUTH SPORTS

**FITNESS COACHES,
CHILD, YOUTH AND SCHOOL SERVICES**



Youth Coaches

Youth coaches are eligible for a discount on youth sports registration fees

Active - Duty

Active -duty youth coaches can earn promotion points.

Time Spent

Time spent as a youth coach counts as volunteer hours and can be added to your resume



UNITED STATES ARMY
CHILD & YOUTH SERVICES

Make the difference

A youth coach makes a difference in the lives of children in the community.

Rewards

Being a youth coach is rewarding and something to be proud of.



More Events and Info at
carson.armymwr.com



Find us on Soc
@CarsonDFMWR



@carsonmwr
#CarsonMWR



Youth Sports @ Youth Center
6181 Ware St., Bldg. 5950
Fort Carson, CO 80913

(719) 526-4425

"Lead in Modernizing and Innovating to be the Army's premier installation to work, live, train, and thrive!"

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Fort Carson HEARTBEAT

Peer Support for Survivors of Suicide Loss

6:15pm the 2nd Tuesday of each month

Heartbeat Care and Share, a time for Heartbeat families and friends affected by suicide to connect.

Virtual ZOOM Meeting or In-person

6990 Mekong Bldg. 6215 Fort Carson

Contact for more information:

Angelika McShan

719-338-1796

gsdfriend2@gmail.com

Paul McShan

202-441-8580

paulmcshan@gmail.com



HEARTBEAT Survivors After Suicide, Inc.

www.heartbeatsurvivorsaftersuicide.org is a international non-profit organization affiliated with

Suicide Prevention Partnership / Pikes Peak Region

American Association of Suicidology

American Foundation for Suicide Prevention

Suicide Prevention Coalition of Colorado

www.pikespeaksuicideprevention.org

www.suicidology.org

www.afsp.org

www.suicidepreventioncolorado.org

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FFC8 FOOD PANTRY

Through a combined effort with Care and Share, the district is able to provide families in need with fresh produce, canned goods, and other items. All FFC8 students, staff and families are welcome!

WHERE AND WHEN

Fountain YMCA

326 West Alabama, Fountain

(Across the street from FMS, use east entrance)

Wednesdays, 4 - 6 p.m.



School pantry days of operation follow the school calendar.

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MOUNTAIN POST SPOUSES' CLUB

SUPER SIGN UP

Membership Drive

#FindYourPeople

Friday, August 22, 2025

10am - 2pm

Mountain Post Thrift Shop

(5769 Wallace St Bldg 1045, Fort Carson, CO 80913)

Mountain Post Thrift Shop special Friday shopping hours!

Vendors available for shopping!



www.mpssc.us



MountainPostSpouses'Club



MountainPost_Spouses Club



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Fathering For Life Course

September 3 - December 17

Wednesdays from 1530-1700
ACS Annex; BLDG 7492

15-week class will encourage father-child relationships, cultivate bonding, attachment, communications and build family resiliency

Contact Christian Nunez for more information
719-725-4216 or christian.p.nunez.civ@army.mil



FIND MORE INFORMATION ON OUR WEBSITE

Carson.ArmyMWR.com/ACS



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COLORADO SPRINGS

CORE

An after-school program for your teen—AND YOU!

Colorado Youth Outdoors is the only place where parents and teens can spend quality time together while shooting a bow, taking down targets, or casting a line!

HAVE FUN WHILE BUILDING YOUR RELATIONSHIP WITH YOUR TEEN

REGISTER

6th–12th
Grade



coloradoyo.org
/programs/colosprings/

We are committed to making our programs accessible to all families. Scholarships are available.

coloradoyo.org/programs/colosprings/

LOCATION

Most classes are taught at
Colorado Parks and Wildlife
4255 Sinton Road
Colorado Springs, CO 80907



CYO teaches fly tying, spin and fly fishing, survival/orienteering skills, small bore, trap shooting and archery.

We teach CORE in the spring, summer and fall; each session is one night a week for 12 weeks. Classes are taught on Wednesday and Thursday evenings. See class specifics on our website.

While you're learning and honing skills, we build in discussions and activities around relationships using our PACD model: **Participate. Appreciate. Communicate. Dedicate.**

After discovering dedicated time together at Colorado Youth Outdoors, we proudly connect you with other trusted outdoor organizations in the Pikes Peak Region to continue your exploration and adventures. Your journey into the outdoors is just beginning—let us help you take the next step!

You'll find it's time well spent!

Where **RELATIONSHIPS** Grow



421 N. Tejon St. Colorado Springs, CO 80903
(719) 398-5855 | www.coloradoyo.org

