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| **Logo  Description automatically generated Community Resource Guide – Government Shutdown**  **OCT 2025** | | | |
| For official Fort Carson updates please visit: <https://home.army.mil/carson/> | | | |
| **GENERAL RESOURCE ASSISTANCE** | | | |
| 211 | <https://www.211colorado.org/> or dial 211 or (866)760-6489 toll free | 2-1-1 is a confidential and multilingual service connecting people to vital resources across the state. No matter where you live in Colorado, you can find information about resources in your local community. |
| **ADVOCACY** | | | |
| Colorado Child Abuse and Neglect Hotline | 1-844-CO-4-Kids (1-844-264-5437) | For individuals to use statewide to report suspected child abuse and neglect. |
| Fort Carson 24/7 Victim Advocacy Hotline | Call or text: (719) 243-7907 | Victims of domestic violence and sexual abuse have round-the-clock access to services, including emergency assistance, information, referrals, and ongoing support in accessing medical, behavioral health, legal, and law enforcement services on and off garrisons. |
| Safe Helpline | (877) 995-5247  <https://www.safehelpline.org/> | DoD Safe Helpline is the sole secure, confidential, and anonymous crisis support service specially designed for members of the Department of Defense community affected by sexual assault. |
| TESSA 24/7 Domestic Violence Hotline | 719-633-3819  <https://www.tessacs.org/> | TESSA offers confidential support and services for victims of domestic violence and sexual assault and their children. Safe Line, Safehouse, Victim Advocacy, Youth & Children's Program, and Counseling |
| **EMPLOYMENT/CAREER SERVICES** | | | |
| Pikes Peak Workforce Center | (719) 667-3700 <https://ppwfc.org> | Career transitions, guidance, development, education and training. Hiring event and job fair information. |
| **FINANCIAL** | | | |
| Your Financial and Banking Institutions | Your Banking, Loan, and Mortgage accounts | Many banking and financial institutions provide a great deal of assistance during furloughs by providing no-interest loans, bridge loans, mortgage and other late fee forgiveness, etc. Check your institution for offerings. |
| Army Emergency Relief | (719) 526-4783  <https://carson.armymwr.com/AER> | Provide grants, interest-free loans and scholarships to promote readiness and help relieve financial distress of Soldiers and their Families. **Online application.** |
| American Red Cross | <https://www.redcross.org/get-help/military-families/financial-assistance.html> | Assistance can include funds for emergency travel, burial of a loved one, emergency food and shelter, etc. Aid Societies, such as Army Emergency Relief can be accessed after hours through the Red Cross. |
| Operation Homefront | 1-877-264-3968 <https://operationhomefront.org/cfa-eligibility/> | Provides short-term financial help for military families who are experiencing financial hardship. To find out if you qualify, please review their eligibility criteria. |
| Banking Institutions | [USAA Government Shutdown Program](https://www.usaa.com/inet/wc/ent-gov-shutdown-assistance-landing-mkt)  <https://www.navyfederal.org/about/government-shutdown.html> | Some banking institutions have already announced emergency furlough relief. Those that have  announced assistance as of 29SEP2025 are listed  here. This may be in the form of no interest loans,  payment skips, no penalty late fees, deferred  payments, loan modifications, etc. Make sure you  visit your banking institution to see what service  offerings are available. |
| **FOOD & NUTRITION** | | | |
| Care and Share | <https://careandshare.org/findfood/> | Individuals and families looking for permanent locations that provide a traditional food pantry shopping experience. Some may also provide outdoor walk-up or drive-up options. This is the best option if you are looking to consistent access to food along with other services. |
| **MENTAL HEALTH** | | | |
| Military Family Life Counselors (MFLC) | 719-323-0944  <https://carson.armymwr.com/programs/military-and-family-life-counselors-mflc> | Free confidential counseling to Service Members and immediate Family members. On-post/off-post, short-term, problem-solving support from Master’s or Doctorate-level licensed counselors. Individual, couples, families and groups. |
| 988 Suicide & Crisis Lifeline | Call or Text 988 <https://988lifeline.org/> | The 988 Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States. |
| Colorado Crisis Services | 1-844-493-8255 | Free, confidential, professional, 24/7 support |
| Military OneSource | 1-800-342-9647 | Free, non-medical counseling, 24/7 |
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| PLEASE VISIT THE RESOURCE GUIDES LISTED BELOW FOR MORE INFORMATION ABOUT SERVICES AVAILABLE IN THE COMMUNITY.  Family Success Center - <https://www.ppunitedway.org/family-success-center/>  Association of the United States Army - <https://www.ausa.org/military-families>  Pikes Peak Library Community Resources - <https://research.ppld.org/HelpingHands>  Military OneSource - <https://www.militaryonesource.mil/>  Pikes Peak United Way - <https://www.ppunitedway.org/>  Silver Key Senior Services - <https://www.silverkey.org/> | | | |
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| *No US Army/ Fort Carson endorsement implied. Information listed is subject to change.  This resource guide is not indicative of all resources available.* | | | |