

# Care Team Bags

(Suggested items to bring in your 'GO' bag to help you be better prepared in the event your Care Team gets activated)

- Kleenex
- Small notepad w/pen
- Name tag
- Roll of toilet paper
- Coloring books w/crayons
- Snacks (for yourself)
- Allergy pills (for yourself if needed, family may have pets)
- Water bottle
- Sweater
- Wet/baby wipes
- Toothbrush
- Cell charger
- Phone numbers of unit leadership, Care Team Coordinator, Battalion Chaplain, MFLC