

Keep up to date with local events and deals with the



PASS IT ON COMMUNITY NEWSLETTER

Our mission at ACS is to prepare and empower our Total Military Family to meet the challenges of military life by providing essential programs, resources, and services that enhance knowledge, life skills, well-being, quality of life, and retention.



Give us a call at (719) 526-4590

Visit our webpage at: carson.army.mil/ACS

The "Pass It On" is available online at:

<https://carson.armymwr.com/programs/community-information-newsletter-pass-it>

No US Army/ Fort Carson endorsement implied.

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Army Emergency Relief

AER

AER offers Assistance for Spouse Relicensing and Recertification fees after a PCS



As part of the PCS assistance category, AER helps Soldiers and Army Families with expenses before, during and after a move – which includes relicensing and recertification each time Spouses relocate with their service member.

VISIT THE FORT CARSON AER WEBPAGE TO LEARN MORE!
[HTTPS://CARSON.ARMYMWR.COM/AER](https://carson.armymwr.com/AER)


Army Emergency Relief

AER allocates

\$1+ MILLION
IN GRANTS

To Soldiers and Families affected by **natural disasters and emergencies**

AER



VISIT THE FORT CARSON AER WEBPAGE TO LEARN MORE!
[HTTPS://CARSON.ARMYMWR.COM/AER](https://carson.armymwr.com/AER)

To learn more about how AER can help you, visit our Army Community Service Army Emergency Relief webpage

[HERE!](https://carson.armymwr.com/AER)

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Army Volunteer Corps Program Manager

Welcome!
Celsa Day

We are excited to welcome Celsie Day as the new ACS Army Volunteer Corps Program Manager! Celsie has been with ACS for seven years, serving as the ACS Volunteer Coordinator and an Employment Readiness Program Specialist. She is excited to enhance the partnerships between the programs and showcase the true value of volunteering.

Interested in joining the Army Volunteer Corps?

Reach out to Celsie at (719) 526-1082

To learn more about the Army Volunteer Corps and volunteer opportunities, visit the AVC webpage [HERE!](#)

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DFMWR Trips

Directorate of Family and Morale, Welfare and Recreation's Outdoor Recreation offers the following upcoming trips.

- Jan. 6 Climbing Wall Orientation, \$25, 6-8 p.m.
- Jan. 8 Get on the Bus to Monarch, \$100 for gear, lift ticket and transportation, 6 a.m. to 6 p.m.

Charter Oak Ranch Road construction near Gate 19

Beginning January 3rd, the Colorado Department of Transportation will begin work on Charter Oak Ranch Road between Santa Fe Avenue and Fort Carson Gate 19. Motorists should expect to see intermittent single lane closures Monday-Friday from 9 a.m. to 5 p.m.

Flaggers will be available to assist motorists as needed. These lane closures will continue intermittently through spring.

IMPROVEMENTS

- Roadway Improvements: The road will be rebuilt and widened in the westbound direction from the intersection with Santa Fe Avenue to Gate 19. A roundabout will replace the four-way stop sign intersection with Santa Fe Avenue. Curb and gutter, and a sidewalk will also be added along with improving an inadequate curve radius for this stretch. Turn lanes would be added for enhancing access to businesses and Fort Carson.
- Drainage Improvements: This will entail the replacement of existing features with new pipes, inlets and water quality/detention features along various locations of the Charter Oak Ranch Road segment where roadway improvements are planned.
- Structural Improvements: To accommodate the realignment and widening, retaining walls will be constructed to retain the associated embankments that will be constructed.
- Safety Benefits: Improve infrastructure and enhance connectivity and efficiency for Charter Oak Ranch Road, the entry point to Fort Carson's Gate 19 from the I-25 corridor.

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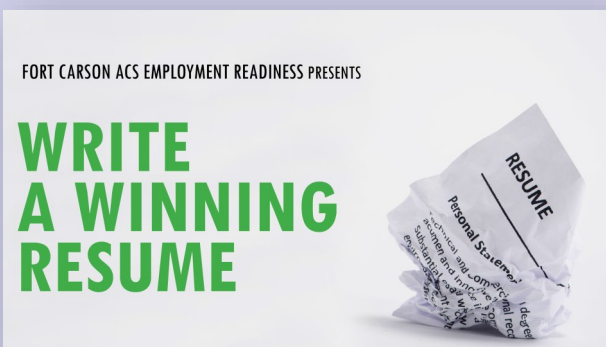


Financial Strength Budgeting 101

Learn how to create your budget, meet your financial goals and save for emergencies. Designed to ensure that each Soldier has a plan to better manage their money to create a sound financial plan for themselves and their Family.

Jan. 12, 2022
10:00 am - 11:00 am

[CLICK HERE
TO REGISTER!](#)



Write a Winning Resume

Having trouble getting calls from your resume? This course will show you how to tailor your resume to fit a specific job posting and examine current resume trends. Learn how to spruce up your civilian resume and write your way to a winning resume.

Jan. 12, 2022
1:30 pm - 2:30 pm

[CLICK HERE
TO REGISTER!](#)

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Jan. 13, 2022
9:30 am - 11:00 am

[CLICK HERE
TO REGISTER!](#)

Toddler Time

Every Thursday
9:30- 11 a.m.

Focuses on gross motor enhancement through song and dance; sensory enrichment through arts and crafts; as well as nurturing the child and the parent. For ages 18 months old and up.

For more information:
(719) 960-6435



Jan. 18 & 19, 2022
9:30 am - 4:30 pm

[CLICK HERE
TO REGISTER!](#)

Command Family Readiness Representative (CFRR) Academy

The two day Command Family Readiness Representative (CFRR) course is designed to prepare Soldiers who are appointed as CFRRs to assist with the operational, logistical, and administrative aspects of the SFRG.

The course contains all of the required CFRR Certification courses in one: CFRR, Rear Detachment, VMIS, CARE Team, Informal Fund Custodian and Social Media OPSEC.

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DATE	CLASS	TIME
January 7th	Domestic Violence Prevention Training	10 am - 11 am
	Play Group	10 am - 12 pm
January 11th	Cooperative Parenting and Divorce Class	9 am - 1 pm
	Infant Massage & Baby Nurturing	9:30 am - 11 am
	Baby Orientation	10 am - 11:30 am
	SFRG Informal Funds Custodian Training	10 am - 11:30 am
	Center on Fathering	1 pm - 3 pm
	SFRG Key Contact Training	1 pm - 2:30 pm
	Heartbeat	6:15 pm - 8 pm
January 12th	Nurturing Infants to 5 years (12 Week Classes)	9:30 am - 11:45 am
	Financial Strength Budgeting 101	10 am - 11 am
	Write a Winning Resume	1:30 pm - 2:30 pm
	Nurturing 3 to 12 Years (12 Week Classes)	5:30 pm - 7:45 pm
January 13th	Toddler Time	9:30 am - 11 am
	LinkedIn Fundamentals	1:30 pm - 2:30 pm
January 14th	Play Group	10 am - 12 pm
January 18th	Boot Camp for New Moms	9 am - 12 pm
	Command Family Readiness Representative (CFRR) Academy	9:30 am - 4:30 pm
	Everyday English for Foreign Born Spouses	9:30 am - 11:30 am
	Infant Massage & Baby Nurturing	9:30 am - 11 am
	Center on Fathering	1 pm - 3 pm
January 19th	Command Family Readiness Representative (CFRR) Academy	9:30 am - 4:30 pm
	Nurturing Infants to 5 years (12 Week Classes)	9:30 am - 11:45 am
	Military Spouse Preference & Federal Employment	1:30 pm - 2:30 pm
	Nurturing 3 to 12 Years (12 Week Classes)	5:30 pm - 7:45 pm

Click [HERE](#) to check out the Fort Carson MWR calendar!

Keep up to date with local events and deals with the



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DATE	CLASS	TIME
January 20th	Auditing SFRG Informal Funds	9:30 am - 11:30 am
	Toddler Time	9:30 am - 11 am
	Career Exploration & Assessments	1:30 pm - 2:30 pm
	Latino Meet-Up	2 pm - 4 pm
January 21st	Play Group	10 am - 12 pm
	Mountain Post Living Welcome for Spouses and Families	10:30 am - 11:30 am
January 25th	Infant Massage & Baby Nurturing	9:30 am - 11 am
	Sole Parenting Group	12 pm - 1 pm
	Center on Fathering	1 pm - 3 pm
	Federal Resume and USAJOBS.gov	1:30 pm - 4:30 pm
	Heartbeat	6:15 pm - 8 pm
January 26th	AFTB Military Knowledge	9 am - 2:30 pm
	Nurturing Infants to 5 years (12 Week Classes)	9:30 am - 11:45 am
	SFAC Transition and Medical Retirement Brief	10 am - 11 am
	Homebuyers Workshop	1 pm - 4 pm
	Volunteer, VMIS and OPOC Training	1:30 pm - 3 pm
	Nurturing 3 to 12 Years (12 Week Classes)	5:30 pm - 7:45 pm
January 27th	Toddler Time	9:30 am - 11 am
January 28th	Play Group	10 am - 12 pm
February 1st	Boot Camp For New Dads	9 am - 12 pm
	CARE Team Training	9 am - 12 pm
	Banking Management	9:30 am - 11 am
	Infant Massage & Baby Nurturing	9:30 am - 11 am
	Center on Fathering	1 pm - 3 pm

Click [HERE](#) to check out the Fort Carson MWR calendar!

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**WE KNOW THE SYSTEM.
WE CAN HELP.**

The Exceptional Family Member Program (EFMP) provides comprehensive support to family members with special needs. EFMP takes an all-inclusive approach to coordinate military and civilian community, educational, medical, housing, and personnel services to help Soldiers and their Families with special needs.

Where can I find EFMP Services?

EFMP - For Enrollment/ Updates/ Disenrollment/FMTS

Evans Army Community Hospital (EACH)
1650 Cochrane Circle, Bldg. 7500
(719) 526-7805

EFMP – For Family Support Services

Army Community Service – ACS Annex
1481 Titus Blvd., Bldg. 7492
(719) 526-0400

An Exceptional Family Member is a Family member with any physical, emotional, developmental, or intellectual disorder that requires special treatment, therapy, education, training, or counseling.

Visit the EFMP webpage [HERE!](#)

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Army Community Service delivers classes and programs designed to help Commanders maintain readiness. Soldiers that have created healthy financial habits, strong relationship skills, and have Family members that are knowledgeable about where to go for resources and community information will be more equipped to face the stresses of deployment and general life in the Army. Army Community Service brings classes, briefs and programs to your unit's footprint to meet the needs of Soldiers and their Family members.

Army Community Service

Portable Class Delivery



**Classes on *your time*, in a location of *your choice*,
customized to *your needs*.**

Do you need:

- 1.) examples of ways you can schedule an ACS class or presentation?
- 2.) to learn how to request a class, briefing, or presentation?
- 3.) helpful tips to make your training a success?
- 4.) to view the full portable class schedule and listings?
- 5.) other training ideas for your unit or group, and registration information?

Visit the Portable Class Delivery webpage [HERE](#)

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READY TO RISE

Let us pay for your training!

Want to change careers--prepare for your next job?

Gain a short-term certification for a quality job



Learn more at
ppwfc.org/short-term-certifications

**Over 250
Training Areas Available**



Questions?

Contact an Employment Readiness Program Specialist at Army Community Service. Visit: www.carson.armymwr.com or 719.526.0452. Search: Employment

Visit the ERP webpage [HERE!](#)

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FORT CARSON **EMPLOYMENT READINESS**

October 2021 - March 2022 Resume Class Schedule

Military Spouse Preference (MSP) & Federal Employment

Oct 20th--9:30 to 10:30 am
Nov 17th--1:30 to 2:30 pm
Dec 15th--9:30-10:30am
Jan 19th--1:30 to 2:30 pm
Feb 16th--9:30 to 10:30 am
Mar 16th--1:30 to 2:30 pm

***Write a Winning Resume**

Oct 13th--9:30 to 10:30 am
Nov 10th--1:30 to 2:30 pm
Dec 8th--9:30 to 10:30 am
Jan 12th--1:30 to 2:30 pm
Feb 9th--9:30 to 10:30 am
Mar 9th--1:30 to 2:30 pm

***Federal Resume & USAJobs**

Oct 26th--9:00am to 12noon
Nov 30th--1:30 to 4:30 pm
Dec Class Canceled
Jan 25th--1:30 to 4:30 pm
Feb 22nd--9:00am to 12 noon
Mar 22nd--1:30 to 4:30 pm

JOIN US

Join us at
Fort Carson
for a variety of
classes and
workshops.

ERP resume writing classes are designed to help participants develop a competitive private sector and/or federal resume. For in-person resume reviews, interview prep session or career counseling & assessment, contact an ERP Specialist.

ERP Program Specialists are Certified Federal Career Coaches (CFCC) and Certified Federal Job Search Trainers (CFJST).

*Federal Resume & USAJobs and Write a Winning Resume will be conducted in class/in person. All class information subject to change.

Register@www.carson.armymwr.com/calendar or call: 719.526.0452

'Like us' on FB and 'Join Us' on LinkedIn@Ft Carson ACS ERP



Visit the ERP webpage [HERE!](#)

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Did you know our Financial Readiness Program Page has a ton of financial and helpful links like:

[Thrift Savings Plan](#)

[U.S. Savings Bonds](#)

[Office of Financial Readiness](#)

[Military OneSource](#)

[Office of Servicemember Affairs](#)

[Save and Invest](#)

[On Your Own:
Money, Future, Life](#)

[Mortgage Qualification Example](#)



Visit the FRP webpage [HERE!](#)

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**MILITARY
ONE SOURCE**



**MILITARY & FAMILY
LIFE COUNSELING**

NEED TO TALK?

Military & Family Life Counselors (MFLCs) can assist you!

Video and Telephone Counseling Available

If you wish to speak to an MFLC other than your identified MFLC, please call 719-526-4590 for assistance.

To speak to a Child and Youth Behavioral MFLC, please call Parent Central Services at 719-526-1101.

Military & Family Life Counseling

**Need to talk?
Military & Family Life
Counselors are here to
provide help with the
stress of military life at
no cost.
Call an MFLC at
(719) 526-4590**

www.carson.army.mil/acs

Visit the MFLC webpage [HERE!](#)

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The Mountain Post Spouses' Club is an all ranks spouses group on Fort Carson dedicated to giving back to Soldiers and their families.

Membership is open to all spouses of the Armed Forces, both active and retired.

To learn more, visit: <http://www.mpsc.us/> or call (719) 526-5966



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[Auto Skills Center](#)

[Army Community Service](#)

[Better Opportunities for Single Soldiers](#)

[Child and Youth Services](#)

[Community Events](#)

[Elkhorn Catering and Conference Center](#)

[Financial](#)

[Fort Carson Mountaineer](#)

[Fort Carson MWR Events](#)

[Fountain Fort Carson School District 8](#)

[Libraries](#)

[Outdoor Recreation](#)

[Peterson AFB MWR](#)

[Pikes Peak Cultural Events](#)

[Schriever AFB MWR](#)

[Social & Dining](#)

[Specialty Services](#)

[Sports & Fitness](#)

[Tickets \(Leisure Travel Services\)](#)

[U.S. Air Force Academy MWR](#)

[United Service Organizations \(USO\)](#)



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Weekly Food Pantry Pick-ups
Every Tuesday from 2pm - 6pm
3219 S. Academy Blvd. Colorado Springs, CO 80916



Monthly Drive-Thru/Walk-Up
Food Distribution on the 2nd Friday of
every month behind the building.
Line starts at 3:00pm for 4pm
distribution. Ends at 6pm.

Any questions please give us a call at (719) 985-8935

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2022 DATES:

1st and 3rd
Thursdays:
1/6, 1/20, 2/3,
2/17, 3/3, 3/17



TIME:

11:00 am
until food
runs out

LOCATION: Sierra High School, 2250 Jet Wing Drive

Dates and times are subject to change. Visit ppunitedway.org for updates.

LIVE UNITED

**United
Way**



Pikes Peak United Way

**MAKE
CHANGE
HAPPEN**

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A Hot Meal Every Day At the Marian House



Catholic
Charities
of Central Colorado



The Marian House Kitchen provides a balanced, nutritious, hot meal at no cost, 365 days a year. All are welcome to join each day from 10:30 am - 1:00 pm.

While you are visiting, check out the many other programs and services they have available, including their Marketplace Pantry, SET Clinic, and Hanifen Employment Center.

To learn more go to CCharitiesCC.org

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Monday, Wednesday, Friday 1 - 5 pm

MARIAN HOUSE MARKETPLACE

**NEW
HOURS**

PROVIDING HELP AND CREATING HOPE

 **Catholic
Charities**
of Central Colorado
MARIAN HOUSE MARKETPLACE

Catholic Charities of Central Colorado has expanded its services to offer monthly shopping in their Marketplace Pantry for a variety of healthy foods to cook at home.

To register or schedule an appointment call 719.866.6288 or email pantry@ccharitiescc.org

Check out their Facebook page at:
Catholic Charities of Central Colorado

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NURTURE THE LIVING CARE FOR THE WOUNDED AND HONOR THE FALLEN

Fort Carson & 4th Infantry Division

**Chaplain Hotline
(719) 387-1574**

**A Chaplain is available to you
24 hours a day 7 days a week**

**Chaplains have complete confidentiality
and are here to assist you**



U.S. ARMY CHAPLAIN CORPS
CARING FOR THE SOUL OF THE ARMY



Facebook.com/4IDCarsonRSO

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Fort Carson Religious Services

Saturday

Agape (Contemporary)	Soldier Memorial Chapel	1800
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Sunday

Catholic Mass	Soldier Memorial Chapel	0900 and 1100
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Traditional Protestant	Healer Chapel (Evans Hospital)	0900
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Traditional Protestant	Provider Chapel	1100
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Gospel Service	Prussman Chapel	1000
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Samoan	Veterans Chapel	1100
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Tuesday

Jewish Studies	Veterans Chapel	1200
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Wednesday

Wednesday Family Night	Soldier's Memorial Chapel	1700
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Monday - Friday

Daily Catholic Mass	Soldier Memorial Chapel	1145
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Friday

Islamic Prayers	Provider Chapel	1315
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**U.S Army
Fort Carson**



Islamic Service

Jum'ah / Friday prayer

صلاة الجمعة

Time at 1315

**Location: Provider Chapel
1364 Barkeley Ave, Fort Carson, CO 80902**

Facebook: Fort Carson Muslims
<https://www.facebook.com/profile.php?id=100075677972627>

**For any question:
Chaplain (CPT) Porter
(304)840-4200**

**Distinctive Religious Group Leader (DRGL)
SPC KHODEIR Mohamed (951)497-8727**

Joshua.l.porter20@army.mil

Usa.ca@yahoo.com



Protestant Women of the Chapel

**WOULD LIKE TO INVITE
YOU TO OUR OPEN HOUSE!**

**PLEASE COME JOIN US AT
SOLDIER MEMORIAL CHAPEL
ON TUESDAY MORNING OF
JAN 11TH 2022 AT 9-
10:30AM TO LOOK THROUGH
STUDIES, MEET
FACILITATORS AND SIGN UP
FOR OUR SPRING SEMESTER**

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Wednesday Family Night, Fort Carson

@wednesdayfamilynight · Religious Organization

Wednesday Family Night is a Christian-based ministry provided by the chapels of Fort Carson and hosted at Soldiers' Memorial Chapel.

Make sure to check out their new Facebook page as well at Wednesday Family Night, Fort Carson!

Awana Club, Adult Bible Studies, and Fort Carson Youth Group are beginning August 25th to December 1st!

Awana Clubs are a fun, engaging way for children to grow in their knowledge of the Bible and their relationship with God.

The Fort Carson Youth Group is led by military chaplains and is open to any students 7-12th grade!

SIGN UPS ARE OPEN!

Take a few minutes now if you haven't already by clicking

[HERE!](#)



Dinner



Nursery



Kids Program



Adult Classes

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CLUB BEYOND AT FORT CARSON

“Where Military Teens Belong”

Club Beyond is an authorized program for middle school students at Fort Carson to experience community and grow in faith. Club combines **FUN, FRIENDS, GAMES, COMPETITIONS, PRIZES, VIDEOS, MUSIC, FOOD** AND DID WE MENTION **FUN?!!**



Club Beyond meets every other Thursday afternoon from 3:25 to 4:20PM at Carson Middle School Room A205.

For information and schedules of Club Beyond events, contact Will Sanborn at wsanborn@clubbeyond.org or 402-910-1826

CLUB BEYOND IS A RECOGNIZED NON-FEDERAL ENTITY AND IT IS NOT PART OF THE DEPARTMENT OF DEFENSE AND HAS NO GOVERNMENT STATUS.

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Heroes' Legacy Scholarship

College scholarships for children of service members who've died or become seriously injured in the line of duty since 9/11.

Click [HERE](#) For More Information



Military Spouses

Scholarship funds can be used towards degrees, certifications, licensure, clinical supervision for mental health licensure, CEUs, business expenses and more!

Click [HERE](#) For More Information



Search for Scholarships

Find even more scholarships available for children and spouses of military (active, reserve, retired) and veterans.

Click [HERE](#) For More Information

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MILITARY *families* MAGAZINE

Click [HERE](#) for 35+ Scholarships
for Military Spouses and Military Kids

Military Family Member Scholarship Opportunities

Click below to learn more!

[Nationwide Surviving Spouse and
Dependent Children Scholarship Program](#)

[Marine Gunnery Sergeant
John D. Fry Scholarship](#)

[Fisher House Foundation
Scholarship Program](#)

[No Angel Left Behind](#)

[Freedom Alliance](#)

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**COMMUNITY
NEWSLETTER**



**Better Opportunities
for Single Soldiers**



**Meet at The Hub
or call (719) 524-2677
to get involved.**

Text

**"FollowCarsonBOSS"
to 40404 for upcoming
events and free ticket
giveaways!**



**The Better Opportunities
for Single Soldiers
(BOSS) program
represents the voice of
the single Soldier. If
you're a single Soldier,
the BOSS triad advocates
for you by advancing
quality of life issues on
the installation and in
the barracks to senior
leaders on post and
throughout the Army.
"Let Your Voice Be
Heard"**

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FORT CARSON EDUCATION CENTER

BRIEFING SCHEDULE



Building 1117, Check-In at Front Desk
Call 719-526-2124 for Information

ARMY IGNITED/ TA ACCOUNT ASSISTANCE

Mondays 1000-1100

This is a group setting.

Counselor available for ArmyIgnited
assistance.

CREDENTIALING ASSISTANCE (CA)

101

Wednesdays 1000-1100 - In person briefing

GI BILL

Tuesdays 1130-1230 - In person briefing
Family Members welcome to attend

TUITION ASSISTANCE (TA)

College 101*

Wednesdays 1400-1500 - In person briefing

08/09/21 AM

**This briefing is mandatory for Soldiers who have never used TA before*

Do you have questions about your education benefits or need assistance with Army Ignited? Attending a briefing and/or the workshop is often the first step in receiving assistance from a counselor.

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**On Fort Carson, you can
reach out to the Substance
Use Disorder Clinical Care
(\$UDCC) team for help.
719 – 526 – 7663 / 4585**

**Contact ASAP at 719 – 526 – 2727
for Education and Prevention
support**



The Army Substance Abuse Program's Mission is to sustain readiness and promote a healthy lifestyle in the Fort Carson community by providing education, quality assistance in order to reduce the impact of alcohol and other drug abuse that affects Soldiers, Families, Civilian Employees and Retirees. Their Vision is to reduce the negative impact of substance abuse at Fort Carson by providing quality Services.

[Employee Assistance Program](#)

[Prevention](#)

[Risk Reduction](#)

[Suicide Prevention](#)

[Drug Testing / Collecting](#)

Military Personnel, DOD Civilians and Retirees:

Contact ASAP at (719) 526-2727 or by email at
usarmy.carson.imcom-central.mbx.dhr-asap@mail.mil

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**DRINKING
LESS IS
ONE OF
THE MOST
EFFECTIVE
FORMS OF
SELF-CARE.
IT'S ALSO
ONE OF THE
CHEAPEST.**

**OWN YOUR
LIMITS**

ownyourlimits.org/check-your-drinking

**OWN YOUR
LIMITS**

SERVE HONORABLY. DRINK RESPONSIBLY.

Contact Us: dha.ncr.comm.mbx.drink-responsibly@mail.mil



**On Fort Carson, you can
reach out to the Substance
Use Disorder Clinical Care
(SUDCC) team for help.
719 – 526 – 7663 / 4585**

**Contact ASAP at 719 – 526 – 2727
for Education and Prevention
support**



ASAP
ARMY SUBSTANCE
ABUSE PROGRAM

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Employee Assistance Program

The Fort Carson Employee Assistance Program is a free service available to Department of Army Civilian Employees, active duty-spouse and family members, and retired military and eligible family members. The program offers short-term screening, intervention and referral services, crisis intervention, worksite intervention, consultation services, a wide variety of trainings, and reintegration assistance.

Professional Services

- The EAP is a professional service that provides assistance with adult living problems, counseling, resource identification, referral, and follow-up services.
- The EAP assists employees, supervisors, and managers with issues related to productivity, morale, motivation, communication, conflict, and mediation.
- The EAP provides consultation services, prevention education and training, worksite interventions and assists with such issues as grief and loss, the drugfree workplace, workplace violence, and suicide.
- The EAP is the point-of-contact for Hospital's Impaired Health-Care Personnel Program and assists with screening, referral to treatment, and return to duty. The EAP provides continuing education and training to health care providers. The program offers CME, CNE, for continuing education.

Resources

[Drug-Free Workplace Brochure](#)
[Employee Assistance Program Brochure](#)

[Suicide Prevention and Intervention Protocols Brochure](#)

[Working Remotely](#)

For more information

Call (719) 526-2727 (Please leave a voicemail for a return call if necessary)
or email usarmy.carson.imcomcentral.mbx.dhr-asap@mail.mil

[Submit Your Question By Clicking HERE](#)

Keep up to date with local events and deals with the



PASS IT ON COMMUNITY NEWSLETTER



Fort Carson Army Suicide Prevention Program

You Are Not Alone

If you or someone you know needs help, please contact the National Suicide Prevention Lifeline.

Call **1-800-273-TALK (8255)** and press 1 for the Military Crisis Line.

TEXT: 838255

CHAT NOW



I NEED TO TALK TO SOMEONE NOW



I WANT TO HELP SOMEONE



I WANT TO BUILD RESILIENCE



I AM HAVING THOUGHTS OF SUICIDE

To learn more, visit the Army Resilience Suicide Prevention webpage [HERE](#)

Keep up to date with local events and deals with the



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Safe Exchange Location



Child Custody Exchange
Online Purchase Exchange

The Fort Carson Police/Provost Marshal Division offers an Exchange Zone. The Exchange Zone is for The Fort Carson community to conduct child custody exchanges or exchange items which have been bought or sold online.

The parking areas in front of the building (main entrance) are under 24 hour camera surveillance. If you would like to use an indoor location due to weather or other factors, please speak with the Desk Sergeant inside the main doors.

Fort Carson Police
7227 Christie Street (BLDG 2700)
Fort Carson, Co 80913
Desk Sergeant: (719) 526-6199



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Have you experienced sexual harassment, sexual assault, or gender discrimination in the Army? From U.S. Army Resilience Directorate, visit: www.dodsurveys.mil

All survey responses are confidential to the extent permitted by law. OPA has obtained a Certificate of Confidentiality to protect the identity of survey respondents from subpoenas or other efforts to compel the release of the data.

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SWIM COLORADO IVY INDOOR POOL



January 2 - March 27
12 week challenge



Set your sights on swimming in the new year! Challenge yourself to swim a "river" in Colorado at the Ivy Indoor Pool! More info at <http://spr.ly/6189Jvu59>

Choose your "river"

- Crystal River (40 miles)
- Bear River (23 miles)

- Participants receive a t-shirt of the completed river

Open to DoD ID card holders.

Keep up to date with local events and deals with the



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JANUARY GRANT LIBRARY EVENTS

Lapsit Story Time Tuesdays | 1030

Stories, music, play; maybe make a friend today! Babies 0-24 months and their caregivers can enjoy stories, rhymes, and movement.

RTAP - Resiliency Through Art Program Tuesdays | 1200 - 1400

No prior art experience is needed or required. Please call 719-526-2350/2842 for registration.

LEGO Club Wednesdays | 1430 - 1600

Strengthen creativity and engineering skills while having fun! Build whatever you can imagine, the library will provide the Lego blocks. All ages welcome.

Preschool Story Time Thursdays | 1030

Story time for children and their parents, featuring stories and crafts.

Crafternoons For Adults Thursday, January 6 | 1300

Let's get crafty! Join fellow crafters and learn the craft of book folding bird house. Open to all adults

Spanish / English Coffee & Conversation Friday, January 7 | 1000

For English speakers learning Spanish, and Spanish speakers learning English, join us at Grant Library. Practice speaking a language that you know or are learning, converse in a friendly atmosphere, meet new people, and enjoy coffee, refreshments, crafts & conversation!

Saturday Story Party - Winter Saturday, January 8 | 1030

The weather outside is frightful, so bundle up for some cozy stories, crafts, and activities! All ages welcome.

Anime Club Saturday, January 8 | 1300 - 1500

Calling all otaku! Hang out, watch anime, read & draw manga, talk about your favorites, and have snacks. Cosplay is always welcome.

Adult Book Club Saturday, January 15 | 1300

Grant Library Book Club is meeting up to snack, pick out our next book, and chat! Come meet some new friends! The book club is open to all adults.

Homeschool Hangout Tuesday, January 18 | 1500

Homeschooling families, connect with other families, play games, and enjoy activities!

Maker Space Meetup Saturday, January 29 | 1030 - 1230

Calling all tinkers, makers, designers, and engineers! Explore our STEM educational kits, like Snap Circuits, Kibo Robotics, K'Nex, LEGO. Keva Structures, and more.



Keep up to date with local events and deals with the



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CROSSFIT FIRST FRIDAY

Waller Fitness Center

January 7

5:30-7:30 p.m.



2 WORKOUTS (\$6)

Prizes for best female and male
RX & Scaled

Workouts are an honor system

FREE drinks and light refreshments



Visit **CARSON.ARMYMWR.COM** for more information



More Events and Info at
MWRFortCarson.com



Waller-Fitness-Center
CarsonDFMWR



@carsonmwr
#CarsonMWR



Waller Fitness Center
6946 Magrath Ave., Building 2357
Fort Carson, CO 80913

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Birthday Books

We want to celebrate your little readers special day with a new book!

Have you signed up for Birthday Books yet? This is a fun new program for kids 0-12! Parents can bring them to the library any time during their birth month to pick up their book!

To sign up, fill out the form on our website located under What's Happening. We will do the rest and let you know when you can bring your child by for their gift!



Security Public Library

715 Aspen Drive
Colorado Springs, Colorado 80911 | 719-391-3191
www.securitypubliclibrary.org

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TODAY'S MISSION: LOVE YOUR JOB

*At Fountain-Fort Carson School District 8, we are on a mission. We have a diverse team with different strengths, skills and roles. But each of us arrives each day knowing that we are part of one powerful purpose: **Working together to support kids and families, where they are today.***

You help kids. We help you.

Regardless of position or title, you can help our students learn, grow and thrive. And we keep good people by treating our employees as professionals — and caring for them as people.

- Insurance and benefits
- Resources for physical and mental wellbeing
- Paid training
- Family-friendly culture
- Committed to safety in every school

Our team members are more than a number, an assignment or a timesheet. They are people with talents, interests and relationships — the fabric of our school system. And together, we make a difference.

Who we are.

We are a public school district developing world-class learners in the Fountain and Fort Carson communities. Our schools are home to Colorado's most diverse learning community, including military families and children. We are committed to meeting the needs of each student, and we are known as a trusted partner to families who have children with special needs.

YEAR-ROUND OPENINGS

All year long, we need great people. Bus drivers, food service workers, paraprofessionals, custodians, substitutes — each of these roles is mission critical.

TEACHER OPENINGS

In addition to hiring licensed teachers from March to July, we also fill open teaching positions throughout the school year.

Apply Today:

Learn more and submit your application at

ffc8.org/careers



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MCEC® Parent Support Virtual Workshops



Please join us for these FREE workshops:

January 2022

Friday, January 7 | 10:00AM

Responsibility and Your Military Child

<https://tinyurl.com/Responsibility22>

Password: Responsible

Friday, January 21 | 10:00AM

Creating Strong Families

<https://tinyurl.com/REGStrongFamily22>

Password: StrongFamilies22

Thursday, January 27 | 9:00AM

Helping Your Teen Develop Independency Skills

<https://tinyurl.com/REGTeenID22>

Password: TeenID22

February 2022

Friday, February 18 | 10:00AM

Test Taking Strategies for Middle and High School Students

<https://tinyurl.com/REGMSHSTest> Password:

TestTaking

Thursday, February 24 | 9:00AM

Test Taking Strategies for Elementary School Students

<https://tinyurl.com/REGESTest22>

Password: Test22

For more information:

Contact the MCEC® team name here

Ptop.COSprings@MilitaryChild.org

and follow us on Facebook to stay engaged

[@MCECColoradoSprings](https://www.facebook.com/MCECColoradoSprings)

These workshops are powered by:



**WOUNDED WARRIOR
PROJECT®**



MCEC®
Parent Support

The MCEC® Parent Support workshops and webinars share practical ideas, proven techniques, and solid resources to support military-connected families. Contact us at Parents@MilitaryChild.org.

Keep up to date with local events and deals with the



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MCEC® Parent Programs Workshop



Helping Your Teen Develop Independency Skills

Tuesday, January 25, 2022 1:00 PM MST

Workshop Details

Join us:

6248 W Pine Loop
Classroom #126
US Air Force Academy, CO 80840

Please RSVP to Megan Garland
(719) 337-6790 or (719) 333-8295
megan.garland.2@us.af.mil

Contact the MCEC® Colorado Springs MPAC
at ptop.cosprings@militarychild.org
and follow us on Facebook to stay engaged
[@MCECColoradoSprings](https://www.facebook.com/MCECColoradoSprings)

This workshop is powered by:



**WOUNDED WARRIOR
PROJECT®**

Becoming independent is part of every child's journey to adulthood. This workshop explores what independency means for parents and teenagers. We will focus on different strategies to help teenagers including practical, life and social skills they can use now and beyond.

Please join us for this FREE workshop!



MCEC®
Parent Support

The MCEC® Parent Support workshops and webinars share practical ideas, proven techniques, and solid resources to support military-connected families. Contact us at Parents@MilitaryChild.org.

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MCEC® Parent Programs Workshop



Creating Strong Families

Wednesday, January 19, 2022 1:00 PM MST

Workshop Details

Airman & Family Readiness Center

135 Dover Street
Bldg. 350, Suite 1203
Colorado Springs, CO 80914

Please RSVP to Victoria Henderson

(719) 556-6141 or (719) 556-7832

victoria.henderson.1@spaceforce.mil

Contact the MCEC® Colorado Springs MPAC

at ptop.cosprings@militarychild.org

and follow us on Facebook to stay engaged

[@MCECColoradoSprings](https://www.facebook.com/MCECColoradoSprings)

This workshop is powered by:



**WOUNDED WARRIOR
PROJECT®**



Creating Strong Families

In this workshop, we will explore qualities that make military families strong. This workshop will examine daily habits that build lasting connections with children. We will also share strategies for building, fostering and strengthening enduring family bonds.

Please join us for this **FREE** workshop!



MCEC®
Parent Support

The MCEC® Parent Support workshops and webinars share practical ideas, proven techniques, and solid resources to support military-connected families. Contact us at Parents@MilitaryChild.org.

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Widefield Parks & Recreation
and Security Public Library are proud to host

Friends Night Out

(Formerly Women's Night Out)

Thursday, January 27
6 - 8 pm

Held at French Elementary
5225 Alturas Drive, Colorado Springs, CO 80911

Join us for an evening of
relaxation and pampering!

Make & Take Crafts ~ Essential Oils
Fitness ~ Trivia ~ Chair Massages
Refreshments ~ Blind Date with a Book
and More!

Please note: this night is for adults 18 years & up

Masks Required

The first 75 in the door get a goody bag!

Grab your friends and get out of the
house for a little FREE fun!

Check website for up to date info.



ParksAndRec.wsd3.org ~ 719.391.3515
securitypubliclibrary.org ~ 719.391.3191



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FATHERS OF FREEDOM

You are not alone. We're here for you.

Fathers, we're only human and we need each other. We're under all kinds of stress trying to raise kids to reach their full potential. It's a lot of pressure and no one can do it alone.

Circle of Parents® provides a friendly, supportive community led by parents and other caregivers where parents are the experts.

WHAT: Join other military fathers in our community to share support, tips and advice or just talk. This is a safe space for sharing the ups and downs of parenting, created for military fathers and led by military fathers.

WHEN: Tuesdays at 5:30pm

WHERE: Online via Zoom!
Zoom link: <https://us02web.zoom.us/j/85139958491>



LEARN MORE:

Contact Adam at adamnscombs@gmail.com
or Adrian Nuñez at anunez6293@my.pmi.edu

Join us on Facebook: <https://www.facebook.com/groups/FathersOfFreedom/>

Join Us!
Visit CircleOfParentsCO.org



Illuminate Colorado, a statewide 501(c)(3) organization dedicated to strengthening families, organizations and communities to prevent child maltreatment, is the state chapter lead for Circle of Parents®. www.illuminatecolorado.org

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Gain a short-term certification for a quality job.

Let us pay for your training!



Learn more at
ppwfc.org/short-term-certifications

The Pikes Peak Workforce Center is an equal opportunity program. Auxiliary aids & services available upon request to individuals with disabilities, at no cost.



My Colorado
Journey

POWERED BY
talent**FOUND**



★ Veterans are entitled to priority of service. ★

LEARN MORE BY CLICKING [HERE!](http://ppwfc.org/short-term-certifications)

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Are you an El Paso County resident
affected by COVID-19?

¿Eres un residente de El Paso County
afectado por COVID-19?

ASSISTANCE AVAILABLE FOR RENT, MORTGAGE & UTILITIES
ASISTENCIA DISPONIBLE PARA RENTA, HIPOTECA Y UTILIDADES

\$21 MILLION AVAILABLE NOW
\$21 MILLONES DISPONIBLES AHORA

CALL 2-1-1
MARCA 2-1-1



Or apply online:

O aplique en nuestra pagina de internet:

cdola.colorado.gov/rental-mortgage-assistance



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FREE TUITION PRESCHOOL

FOR
AGES 0-5



VARIETY
OF CLASS
TIMES



SAFE
QUALITY
PROGRAMS



65
LOCATIONS



Colorado Preschool Program | Head Start | Early Head Start

SUCCESS STARTS EARLY
CALL TODAY
ENROLLING YEAR-ROUND

719-635-1536 | cpcdheadstart.org



If you'd like to
learn more about
Colorado
Preschool
Program | Head
Start | Early Head
Start

[Click HERE!](#)



DID YOU KNOW?

**WE ARE ON
INSTAGRAM**

Follow us @cpcdhs

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THE JUSTICE CENTER

**WEDNESDAY NIGHTS
7 PM - 9 PM**

FREE

LEGAL

ADVICE

CALL (719) 473-6212

Please note, due to the holidays, this service will be unavailable on the following dates:

Wednesday, December 22 & Wednesday, December 29

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Big Brothers Big Sisters.
OF COLORADO

IGNITE POTENTIAL

Big Brothers Big Sisters of Colorado's professional staff recruit, screen, and train volunteer mentors (Big Brothers and Big Sisters), and match them in one-to-one relationships with young people. We support and oversee the success of each match by communicating regularly with the volunteers, the children, and their families, and by providing activities designed to strengthen the match relationship. We know from research that successful mentoring relationships have a lasting impact on young people and their families, offer positive experiences for volunteers and create stronger, safer, and more successful communities.

In 2020, Big Brothers Big Sisters of Colorado supported 1,397 one-to-one mentoring relationships between children facing adversity and adult volunteer mentors. These mentoring relationships impacted youth by helping them improve their sense of self and sense of future, form positive relationships with peers and family, avoid risky or delinquent behavior, and achieve educational success. We are looking for dedicated adults to join us as mentors, advocates, and donors!

YOU CAN MAKE A DIFFERENCE THROUGH THE PROVEN POWER OF ONE-TO-ONE MENTORING

Community Based

- Activities take place in the community
- 1 year commitment
- In-person meetings 2-4x a month
- Matched based on shared interests
- Flexible scheduling
- Volunteer provides transportation

Sports Buddies

- Site-based mentoring
- 6 month commitment
- In-person meetings 1-2x a month (typically Saturdays)
- Participatory and spectator recreational activities
- Volunteer not responsible for transportation

mentor2.0

- School-based mentoring
- 2, 3, or 4 year commitment depending on school/mentee
- Online communication 1x a week, flexible scheduling
- In-person meetings 1x a month (evenings at school)
- College and career readiness focus

Learn more at BigLittleColorado.org or email Natalie at NatalieS@biglittlcolorado.org

