

Our mission at ACS is to prepare and empower our Total Military Family to meet the challenges of military life by providing essential programs, resources, and services that enhance knowledge, life skills, well-being, quality of life, and retention.



Give us a call at (719) 526-4590 Visit our webpage at: <u>carson.army.mil/ACS</u>

The "Pass It On" is available online at: https://carson.armymwr.com/programs/community-information-newsletter-pass-it



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Army Emergency Relief Applications

AS OF AUGUST 15, 2021, ALL AER APPLICATIONS WILL BE DONE THROUGH THE WEB PORTAL.



To view the application step-by-step instructions, scan the QR code or visit the following link: carson.armymwr.com/AER



If you are requiring AER assistance for EMERGENCY TRAVEL OR FUNERAL COSTS, please view the online AER application instructions and then call the AER office at (719) 526-4783 for further guidance.

If ACS/AER is closed, then please call the American Red Cross at 1-877-272-7337.

To learn
more about
how AER
can help
you,
visit our
Army
Community
Service
Army
Emergency
Relief
webpage

HERE!



### PASS IT ON COMMUNITY NEWSLETTER

### VOLUNTEERS NEEDED!

### AT TURKEY CREEK RANCH

15300 Turkey Creek Lane Fort Carson, CO 80913

Turkey Creek Ranch is owned by Fort Carson and used by the Fort Carson Mounted Color Guard to host events and keep our 23 military working equine. FLEXIBLE DAYS AND TIMES

SINGLE OR GROUP VOLUNTEER OPPORTUNITIES AVAILABLE

SCHEDULE A UNIT VOLUNTEER DAY WITH US

> ENJOY TIME OUTSIDE

BUILD COHESIVE TEAMS AND FAMILIES

### CONTACT:

1LT Anne Maffey at anne.a.maffey.mil@mai I.mil or 717-829-9193

To learn more about the Army Volunteer Corps and volunteer opportunities, visit our webpage **HERE!** 





#### **UPCOMING CLOSURES**

<u>DEERS/ID Cards Closures</u>—The DEERS/ID Cards Office will be closed on the following days: Closed Nov. 19 at 1 p.m. for a Thanksgiving event; closed Nov. 26 (Day after Thanksgiving); closed Dec. 10 at 1 p.m. for a Christmas event; closed Dec. 24 for Christmas Eve. For more information, email michael.e.pierson.civ@mail.mil.

<u>Holiday Gate Closures</u>—Gates 2, 6 and 19 will be closed Nov. 25-26 in observance of Thanksgiving and resume normal hours Nov. 29. Normal business hours for gates 2, 6 and 19 are from 5 a.m. to 6 p.m. Monday-Friday. The Visitor Control Center will remain open for normal business hours, 5 a.m. to 9 p.m., during these holidays.

<u>TAP Closure</u>—The Fort Carson Transition Assistance Program (TAP) will close at noon Dec. 22 for a holiday function. Normal hours will resume Dec. 23. Customers should plan accordingly. For more information, call 719-526-0410.

<u>CAO Closure</u>—The Casualty Assistance Office (CAO) will be closed for normal business at the following times: Nov. 18 beginning at 10 a.m. for a Thanksgiving holiday event and Dec. 17 beginning at 10 a.m. for a Christmas holiday event. For more information, call 719-526-5613/5614

ACS Closure—Army Community Service facilities, to include: ACS Center, ACS Annex, and Survivor Outreach Services, will be closed on Thursday, November 25th and Friday, November 26th, in observation of the Federal Holiday. If you should require emergency assistance during these closures, please contact: AER at American Red Cross toll free (877) 272-7337. Victim Advocacy Program 24/7 Cell Phone (719) 243-7907. SHARP (719) 338-9654. ACS facilities will re-open on Monday, November 29th and will resume regular hours of operation.

#### **IWR Schedule**

- --Evans Army Community Hospital will serve a Thanksgiving meal Nov 18 from 11 a.m. to 2 p.m.
- --James R. Wolf Ivy Warrior Restaurant (IWR), building 1444 near Specker Avenue and Nelson Street, will be open Nov 20-21 for brunch and supper and will resume normal operations Nov 22.
- --Robert C. Stack IWR, building 2330 on Utah Beach Drive near Titus Boulevard and Specker Avenue, will close after lunch Nov 19, will be closed Nov 20-21 and will resume normal operations Nov 22.
- --Warfighter IWR, building 9439 near Wilderness and Warfighter roads, will be closed Nov 20-21 and resume normal operations Nov 22.
- -- The Outpost Kiosk, building 2061, weekday hours are from 9 a.m. to 3 p.m.
- --Hours: Weekend hours are brunch from 9:30 a.m. to 1 p.m. and supper from 5-6:30 p.m.; and week-day hours are breakfast from 7-9 a.m. (Warfighter 7:30-9 a.m.), lunch from 11:30 a.m. to 1 p.m. and dinner from 5:30-7 p.m. (Warfighter 5-6:30 p.m.)



#### **Holiday Card Lane**

Deadline to register for the Holiday Card Lane is Nov. 10. Directorate of Family and Morale, Welfare and Recreation will host the Holiday Card Lane for community members to display their holiday spirit. To register email MWR event coordinator Brandy Foe at brandy.a.foe.naf@mail.mil or call 719-237-9081. Each entry will be judged by the public through social media on its craftsmanship/artistic quality/expressiveness of message; and overall appearance. Awards will be given to the first and second place winners in two different categories: military units/Families and staff offices/agencies/organizations.

#### **Parking Lot Repairs**

The Directorate of Public Works (DPW) will mill and overlay the Mini Mall and north Thunder Alley Bowling Center parking lots and repair sidewalks and curbs Nov. 19 to Jan. 7 (dates are subject to change). Before each parking lot work phase begins, vehicles will need to be moved. Only one phase will be under construction at a time. The contractor will set up barriers for the project. For more information, email the DPW Engineering Division, ryan.j.hershberger.civ@mail.mil.

#### **Turkey Trot**

The Directorate of Family and Morale, Welfare and Recreation will host the Timeless Turkey Trot Prediction Run: A 5K with a twist Nov. 20. During registration, participants will predict their 5K run time, and those who guess closest to their predicted times will win prizes. Food and beverages will be available for purchase, as well as vendors with prize giveaways. The event cost is \$20. The gates will open at 9 a.m., and the run begins at 10 a.m. Register at https://www.eventbrite.com/e/timeless-turkey-trot-prediction-run-tickets-170023377499

#### Holiday 5k and 1-mile runs

The Directorate of Family and Morale, Welfare and Recreation (DFMWR) presents the Jingle Bell Jog 5k and 1-Mile Reindeer Dash Dec. 4 from 9 a.m. to noon at Iron Horse Park. This event will include a variety of food and beverages for purchase, a free candy cane hunt, an ugly sweater contest, prize giveaways, and vendors with holiday merchandise for purchase. Registration is \$5 per person for ages 4 and up. Ages 3 and under are free. Register at https://www.eventbrite.com/e/jingle-bell-jog-5k-1-mile-reindeer-dash-tickets-192310404597. Spectators are encouraged to attend and enjoy the festivities.

#### **Holiday Tree Lighting**

The Annual Holiday Tree Lighting Ceremony takes place Dec. 3 from 5-8 p.m. at Iron Horse Park. Parking lot opens at 4:30 p.m.; ceremony starts at 5:30 p.m. The event includes the tree lighting, Santa photo opportunities, local vendors, food and beverages for purchase.

### PASSIT ON COMMUNITY NEWSLETTER



Nov 23, 2021 9:30 am - 11 am

CLICK HERE
TO REGISTER!

### Infant Massage & Baby Nurturing

Pregnant moms and parents with babies are encouraged to attend.

Systematic infant massage strokes alleviate colic, create strong bonds, increase the communication between baby and parent and provide a foundation of unconditional love and attachment.

Topics pertaining to infant development and health are discussed.

For more information about our lactation specialist, please contact (719) 960-6435.



Nov 24, 2021 1 pm - 4 pm

CLICK HERE
TO REGISTER!

### **Homebuyers Workshop**

Learn all the facts about homebuying.

Topics include:

-choosing a real estate agent -selecting the right house -obtaining the right mortgage -VA Loans

-Understanding the closing process and much more!





Nov 30, 2021 1:30 pm - 4:30 pm

CLICK HERE
TO REGISTER!

### Federal Resume & USAJobs.gov

Searching and applying for federal jobs is different than the civilian job search process. ERP will give you tips and hints on how to make the most of your job search and how to write and tailor your resume to a federal job announcement.



Dec 2, 2021 1 pm - 2 pm

CLICK HERE
TO REGISTER!

### Thrift Savings Plan Class

The TSP class is designed to enhance your knowledge on retirement and planning for the future. Although retirement may seem far for most of you, there is no better time than now to start planning and having your dollars matched.



DATE	CLASS	TIME
November 22nd	Art and Movement	10:30 am - 11:30 am
November 23rd	Infant Massage & Baby Nurturing	9:30 am - 11 am
	Center on Fathering	1 pm - 3 pm
	Domestic Violence Support Group	1 pm - 2 pm
	<u>Heartbeat</u>	6:15 pm - 8 pm
November 24th	Nurturing Ages 0-5	9:30 am - 11:45 am
	Homebuyers Workshop	1 pm - 4 pm
	Volunteer, VMIS and OPOC Training	1:30 pm - 3 pm
	Nurturing Ages 3-12	5:30 pm - 7:45 pm
November 26th	Play Group	10 am - 12 pm
November 30th	Infant Massage & Baby Nurturing	9:30 am - 11 am
	Center on Fathering	1 pm - 3 pm
	Federal Resume and USAJOBS.gov	1:30 pm - 4:30 pm
December 1st	Nurturing Ages 0-5	9:30 am - 11:45 am
	ScreamFree Parenting	1 pm - 3 pm
	Nurturing Ages 3-12	5:30 pm - 7:45 pm
December 2nd	Professional Development Series: LinkedIn Fundamentals	9:30 am - 10:30 am
	Toddler Time	9:30 am - 11 am
	TSP Class (Thrift Savings Plan)	1 pm - 2 pm
	<u>Latino Meet-Up</u>	2 pm - 4 pm
December 3rd	Play Group	10 am - 12 pm
	How to Help a Friend	1 pm - 2 pm
December 7th	Boot Camp For New Dads	9 am - 12 pm
	Auditing SFRG Informal Funds	9:30 am - 11:30 am
	Banking Management	9:30 am - 11 am
	Everyday English for Foreign Born Spouses	9:30 am - 11:30 am
	Infant Massage & Baby Nurturing	9:30 am - 11 am

Click HERE to check out the Fort Carson MWR calendar!



DATE	CLASS	TIME
December 7th	Center on Fathering	1 pm - 3 pm
December 8th	Write a Winning Resume	9:30 am - 10:30 am
	Financial Strength Budgeting 101	10 am - 11 am
December 9th	Toddler Time	9:30 am - 11 am
	Smart Money Talks	11:30 am - 1 pm
December 10th	Play Group	10 am - 12 pm
December 13th	Nourish and Nurture	10:30 am - 11:30 am
December 14th	Cooperative Parenting and Divorce Class	9 am - 1 pm
	Infant Massage & Baby Nurturing	9:30 am - 11 am
	Baby Orientation	10 am - 11:30 am
	Center on Fathering	1 pm - 3 pm
	Domestic Violence Support Group	1 pm - 2 pm
	<u>Heartbeat</u>	6:15 pm - 8 pm
December 15th	Military Spouse Preference & Federal Employment	9:30 am - 10:30 am
December 16th	Toddler Time	9:30 am - 11 am
	<u>Latino Meet-Up</u>	2 pm - 4 pm
December 17th	Play Group	10 am - 12 pm
	Mountain Post Living Welcome for Spouses and Families	10:30 am - 11:30 am
	How to Help a Friend	1 pm - 2 pm
December 20th	Prevention & Relationship Education Program (PREP)	9 am - 11 am
December 21st	Boot Camp for New Moms	9 am - 12 pm
	Everyday English for Foreign Born Spouses	9:30 am - 11:30 am
	Infant Massage & Baby Nurturing	9:30 am - 11 am
	Center on Fathering	1 pm - 3 pm
December 22nd	SFAC Transition and Medical Retirement Brief	10 am - 11 am
	Homebuyers Workshop	1 pm - 4 pm

Click HERE to check out the Fort Carson MWR calendar!





The Exceptional Family Member Program (EFMP) provides comprehensive support to family members with special needs. EFMP takes an all-inclusive approach to coordinate military and civilian community, educational, medical, housing, and personnel services to help Soldiers and their Families with special needs.

### Where can I find EFMP Services?

### **EFMP - For Enrollment/ Updates/ Disenrollment/FMTS**

Evans Army Community Hospital (EACH) 1650 Cochrane Circle, Bldg. 7500 (719) 526-7805

### **EFMP – For Family Support Services**

Army Community Service – ACS Annex 1481 Titus Blvd., Bldg. 7492 (719) 526-0400

An Exceptional Family Member is a Family member with any physical, emotional, developmental, or intellectual disorder that requires special treatment, therapy, education, training, or counseling.

Visit our webpage **HERE!** 



Army Community Service delivers classes and programs designed to help Commanders maintain readiness. Soldiers that have created healthy financial habits, strong relationship skills, and have Family members that are knowledgeable about where to go for resources and community information will be more equipped to face the stresses of deployment and general life in the Army. Army Community Service brings classes, briefs and programs to your unit's footprint to meet the needs of Soldiers and their Family members.

**Army Community Service** 

# Portable Class Delivery

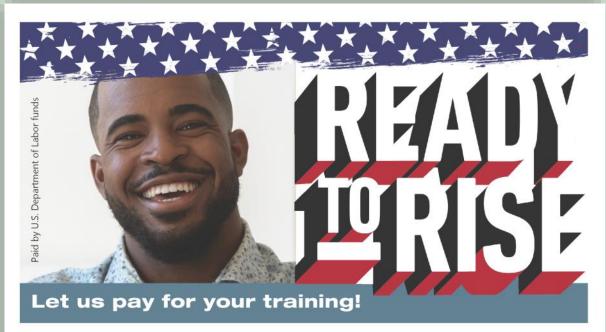


Do you need:

- 1.) examples of ways you can schedule an ACS class or presentation?
- 2.) to learn how to request a class, briefing, or presentation?
- 3.) helpful tips to make your training a success?
- 4.) to view the full portable class schedule and listings?
- 5.) other training ideas for your unit or group, and registration information?

Visit the Portable Class Delivery webpage <u>HERE</u>





Want to change careers--or prepare for your next job?

Gain a short-term certification for a quality job

Learn more at ppwfc.org/short-term-certifications

**Over 250**Training Areas Available



#### Questions?

Contact an Employment Readiness Program Specialist 719.526.0452 or visit: www.carson.armymwr.com Search: Employment

Visit our webpage <u>HERE!</u>



#### FORT CARSON EMPLOYMENT READINESS



#### SEASONAL JOB OPPORTUNITIES

- Lowe's: Retail Associates, Stocking & Receiving, Cashiers
- The Home Depot: Warehouse Support/Warehouse Associate, Cashier, Store Support, Department Supervisor, Freight/Receiving, Customer Service/Sales, Designer (Kitchen), Lot Associate
- Kohl's: Stockroom, Operations Associate , Retail Sales Associate
- Target (Colorado Springs): Guest Advocate, General Merchandise Fulfillment, Front of Store Attendant, Food & Beverage
- Burlington Stores: Seasonal Receiving Associate, Cashier, Retail Sales Associate
- AAFES: Food Service Worker, Customer Experience Associate, Store Associate
- UPS: Package Handler (Warehouse), Delivery Driver, Driver Helper, Seasonal Personal Vehicle Package Driver
- USPS (Colorado): Mail Handler Assistant, Mail Processing Clerk
- Party City: Seasonal Sales Associate
- Duluth Trading Company: Retail Sales Associate
- Michaels: Seasonal Replenishment Team Member
- Bass Pro Shops: Seasonal Cashier & Events Associate
- Starbuck's: Baristas--Various Locations

Visit us@https://carson.armymwr.com/employment Follow Us on Facebook for More Seasonal Opportunities









### FORT CARSON EMPLOYMENT READINESS

October 2021 - March 2022 Resume Class Schedule

#### Military Spouse Preference (MSP) & Federal Employment

Oct 20th--9:30 to 10:30 am Nov 17th--1:30 to 2:30 pm Dec 15th--9:30-10:30am Jan 19th--1:30 to 2:30 pm Feb 16th--9:30 to 10:30 am Mar 16th--1:30 to 2:30 pm

#### 'Write a Winning Resume

Oct 13th--9:30 to 10:30 am Nov 10th--1:30 to 2:30 pm Dec 8th--9:30 to 10:30 am Jan 12th--1:30 to 2:30 pm Feb 9th--9:30 to 10:30 am Mar 9th--1:30 to 2:30 pm

#### \*Federal Resume & USAJobs

Oct 26th--9:00am to 12noon Nov 30th--1:30 to 4:30 pm Dec Class Canceled Jan 25th--1:30 to 4:30 pm Feb 22nd--9:00am to 12 noon Mar 22nd--1:30 to 4:30 pm

ERP resume writing classes are designed to help participants develop a competitive private sector and/or federal resume. For in-person resume reviews, interview prep session or career counseling & assessment, contact an ERP Specialist.

ERP Program Specialists are Certified Federal Career Coaches (CFCC) and Certified Federal Job Search Trainers (CFJST).

\*Federal Resume & USAJobs and Write a Winning Resume will be conducted in class/in person. All class information subject to change.

Register@www.carson.armymwr.com/calendar or call: 719.526.0452 'Like us' on FB and 'Join Us' on LinkedIn@Ft Carson ACS ERP



Visit our webpage <u>HERE!</u>





Did you know our Financial Readiness Program Page has a ton of financial and helpful links like:



- Consumer Awareness
- Army Emergency Relief
- Financial Trainings and Seminars
- Credit Reports





Money Management Matters

We help you reach your financial goals!

Thrift Savings Plan

U.S. Savings Bonds

Office of Financial Readiness

Military OneSource

Office of Servicemember Affairs

Save and Invest

On Your Own:
Money, Future, Life

Mortgage Qualification Example

Visit our webpage <u>HERE!</u>







If you wish to speak to an MFLC other than your identified MFLC, please call 719-526-4590 for assistance.

To speak to a Child and Youth Behavioral MFLC, please call Parent Central Services at 719-526-1101.

Military & Family Life Counseling

Need to talk?
Military & Family Life
Counselors are here to
provide help with the
stress of military life at
no cost.
Call an MFLC at
(719) 526-4590

www.carson.army.mil/acs

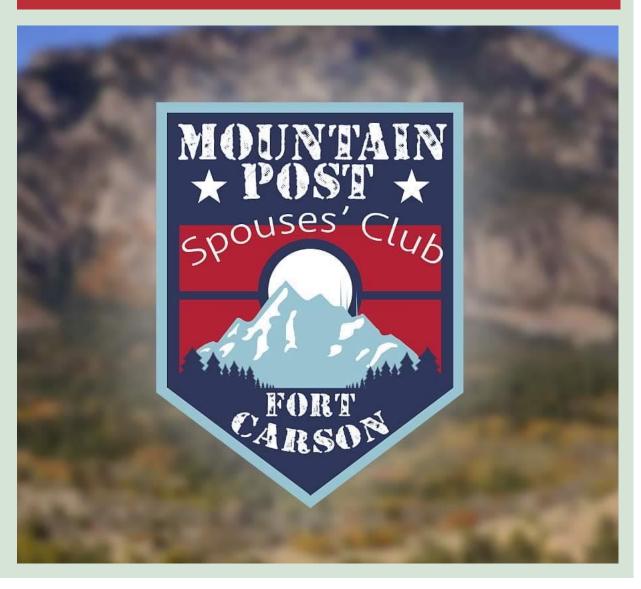
Visit our webpage **HERE!** 



The Mountain Post Spouses' Club is an all ranks spouses group on Fort Carson dedicated to giving back to Soldiers and their families.

Membership is open to all spouses of the Armed Forces, both active and retired.

To learn more, visit: http://www.mpsc.us/ or call (719) 526-5966





Auto Skills Center

**Army Community Service** 



Better Opportunities for Single Soldiers

**Child and Youth Services** 

**Community Events** 

Elkhorn Catering and Conference Center

**Financial** 

Fort Carson Mountaineer

Fort Carson MWR Events

Fountain Fort Carson School District 8

Libraries

**Outdoor Recreation** 

Peterson AFB MWR

Pikes Peak Cultural Events

Schriever AFB MWR

Social & Dining

**Specialty Services** 

Sports & Fitness

Tickets (Leisure Travel Services)

U.S. Air Force Academy MWR

United Service Organizations (USO)

















Weekly Food Pantry Pick-ups Every Tuesday from 2pm - 6pm 3219 S. Academy Blvd. Colorado Springs, CO 80916

Monthly Drive-Thru/Walk-Up
Food Distribution on the 2nd Friday of
every month behind the building.
Line starts at 3:00pm for 4pm
distribution. Ends at 6pm.

Any questions please give us a call at (719) 985-8935



Food Resources

### PASS IT ON COMMUNITY NEWSLETTER





### GET HELP BUYING FOOD FOR YOUR FAMILY

Did you know benefits could be available to you? The Supplemental Nutrition Assistance Program (SNAP) is an on-going monthly food benefit that helps Colorado families to afford healthy food when budgets are tight. SNAP gives you options--you can choose where to shop and what to buy. These benefits are for you!

### SNAP is For You

SNAP is available for all eligible families. You can receive SNAP benefits if you have limited income or high living expenses. If you are an immigrant, receiving SNAP for eligible children (such as US Citizen kids) does not impact public charge. Visit KeepYourBenefits.org for more information about immigration and benefits.

Many Coloradoans use SNAP. There is enough for all who are eligible--it's just waiting for you to use it!





### Fill out a SNAP application

You can apply online for SNAP benefits using the Colorado PEAK website <u>colorado.gov/PEAK</u> or on your smartphone using the MyCOBenefits app. You can download the app from the Apple or Android app store.

If your family qualifies for SNAP, you might also qualify for Pandemic EBT (additional funds for groceries to support children) this year! Learn more at <a href="mailto:colorado.gov/p-ebt">colorado.gov/p-ebt</a>

### **Additional Pandemic Resources**

Food pantries and other programs (like WIC) offer free food, meals, nutrition support, and more. Visit Hunger Free Colorado's COFoodFinder.org to learn more!

Right now, a family of 3 can be eligible to receive up to \$616 per month!

This institution is an equal opportunity provider. This project has been funded at least in part with Federal funds from the U.S. Department of Agriculture. The contents of this publication do not necessarily reflect the view or policies of the U.S. Department of Agriculture, nor does mention of trade names, commercial products, or organizations imply endorsement by the U.S. Government.



### PASS IT ON COMMUNITY NEWSLETTER

### FREE FOOD DISTRIBUTION



### LOCATION:

Sierra High School; 2250 Jet Wing Drive



Every 1st & 3rd Thursday of the month





### TIME:

11:30am until food runs out











Dates and times are subject to change. Visit ppunitedway.org for updated information.







### FREE FOOD DISTRIBUTION

### LOCATION:

Centennial Elementary, 1860 S. Chelton Road

**Every 2nd Saturday of the month** 

Sept 11 **Nov 13** Oct 9 Dec 11

#### TIME:

11:30am until food runs out











Dates and times are subject to change. Visit ppunitedway.org for updated information.

Food Resources





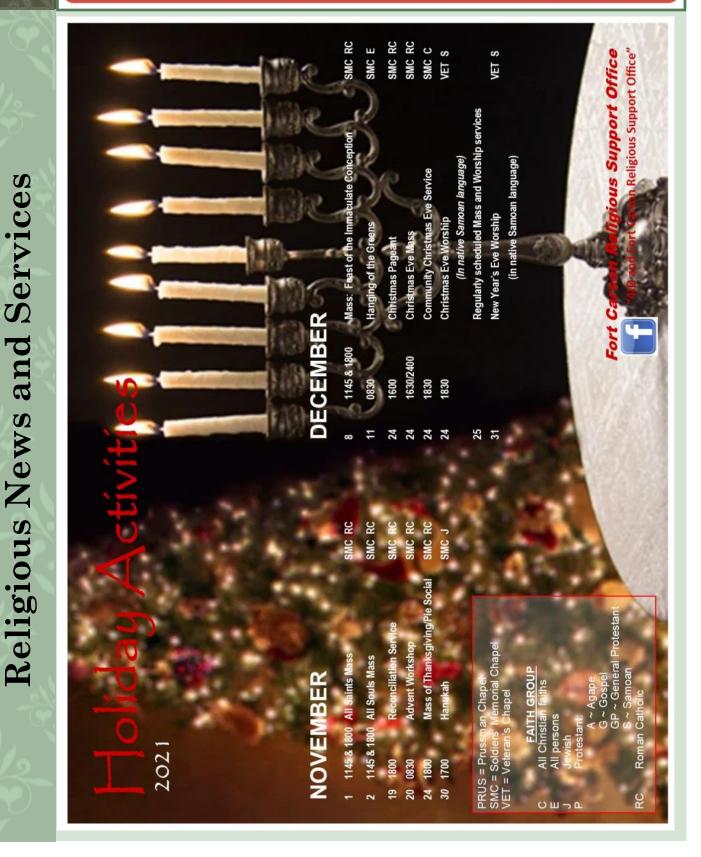
Catholic Charities of Central Colorado has expanded its services to offer monthly shopping in their Marketplace Pantry for a variety of healthy foods to cook at home.

To register or schedule an appointment call 719.866.6288 or email pantry@ccharitiescc.org

Check out their Facebook page at: Catholic Charities of Central Colorado



### PASS IT ON COMMUNITY NEWSLETTER





### **NURTURE THE LIVING CARE FOR THE WOUNDED** AND HONOR THE FALLEN

Fort Carson & 4th Infantry Division

**Chaplain Hotline** (719) 387-1574

A Chaplain is available to you 24 hours a day 7 days a week

Chaplains have complete confidentiality and are here to assist you







### Wednesday Family Night, Fort Carson

@wednesdayfamilynight · Religious Organization

Wednesday Family Night is a Christian-based ministry provided by the chapels of Fort Carson and hosted at Soldiers' Memorial Chapel.

Make sure to check out their new Facebook page as well at Wednesday Family Night, Fort Carson!

Awana Club, Adult Bible Studies, and Fort Carson Youth Group are beginning August 25th to December 1st!

Awana Clubs are a fun, engaging way for children to grow in their knowledge of the Bible and their relationship with God.

The Fort Carson Youth Group is led by military chaplains and is open to any students 7-12th grade!

### SIGN UPS ARE OPEN!

Take a few minutes now if you haven't already by clicking

### HERE!







Dinner

Nursery

Kids Program

Adult Classes



## CLUB BEYOND AT FORT CARSON

### "Where Military Teens Belong"

Club Beyond is an authorized program for middle school students at Fort Carson to experience community and grow in faith. Club combines FUN, FRIENDS, GAMES, COMPETITIONS,

PRIZES, VIDEOS, MUSIC, FOOD ..... AND DID WE

**MENTION FUN?!!** 





Club Beyond meets every other Thursday afternoon from 3:25 to 4:20PM at Carson Middle School Room A205.

For information and schedules of Club Beyond events, contact Will Sanborn at wsanborn@clubbeyond.org or 402-910-1826

CLUB BEYOND IS A RECOGNIZED NON-FEDERAL ENTITY AND IT IS NOT PART OF THE DEPARTMENT OF DEFENSE AND HAS NO GOVERNMENT STATUS.





### **Heroes' Legacy Scholarship**

College scholarships for children of service members who've died or become seriously injured in the line of duty since 9/11.

Click <u>HERE</u> For More Information



### **Military Spouses**

Scholarship funds can be used towards degrees, certifications, licensure, clinical supervision for mental health licensure, CEUs, business expenses and more!

Click HERE For More Information



### Search for Scholarships

Find even more scholarships available for children and spouses of military (active, reserve, retired) and veterans.

Click HERE For More Information

Keep up to date with local events and deals with the PASSIT ON COMMUNITY NEWSLETTER

# MILITARY families MAGAZINE

Click <u>HERE</u> for 35+ Scholarships for Military Spouses and Military Kids

Military Family Member Scholarship
Opportunities

**Click below to learn more!** 

Nationwide Surviving Spouse and Dependent Children Scholarship Program

Marine Gunnery Sergeant John D. Fry Scholarship

Fisher House Foundation Scholarship Program

No Angel Left Behind

Freedom Alliance





Join MWR for the Annual Holiday Tree Lighting Ceremony for free hot cocoa and cookies, music and dance performances, and of course.. photos with Santa!

FOR MORE INFORMATION, CLICK HERE!





FOR MORE INFORMATION, CLICK <u>HERE!</u>





CHILD, YOUTH & SCHOOL SERVICES

### WINTER SPORTS

**SPORTS** 21/22







### REGISTRATION OPEN

NOVEMBER 1-DECEMBER 3

### **SEASON RUNS**

JANUARY 8-MARCH 5

#### TO REGISTER, VISIT:

Parent Central Services at 1518 Prussman Blvd. or webtrac.mwr.army.mil/webtrack/carsonCYS.html

ALL SPORTS OFFERED SUBJECT TO ENROLLMENT NUMBERS AND AVAILABILITY OF COMPETITION.

### **BASKETBALL**

AGES 3-4/5-18 \$25/45

#### CHEERLEADING

AGES 3-4/5-18 \$25/45

### WRESTLING

AGES 6-15 \$45











Carson CYSS Carson DEMWR





FOR MORE INFORMATION, CLICK HERE!







Meet at The Hub or call (719) 524-2677 to get involved.

Text
"FollowCarsonBOSS"
to 40404 for upcoming
events and free ticket
giveaways!



The Better Opportunities
for Single Soldiers
(BOSS) program
represents the voice of
the single Soldier. If
you're a single Soldier,
the BOSS triad advocates
for you by advancing
quality of life issues on
the installation and in
the barracks to senior
leaders on post and
throughout the Army.
"Let Your Voice Be
Heard"





### Fort Carson Education Center On - Post College Schedule SPRING 2022



Subject	Cse #	S.H	Title	Days	Start	End	Room #	Туре
COLORA	DO ST	ATE I	UNIVERSITY - PUEBLO (CSU-P) 719-586-6930			LO JAN	- 06 MA	}
CRIM	203	3	Criminal Justice System	R	1730	2000	205	HY
POLS	270	3	Intro to Homeland Security	T & W	1715	2015	205	С
COLORA	DO ST	ATE I	UNIVERSITY - PUEBLO (CSU-P) 719-586-6930			L7 JAN	- 07 MA	(
AIM	155	4	Automotive Suspension and Brake Systems	T&R	1730	1930	209	С
COLORA	DO ST	ATE I	UNIVERSITY - PUEBLO (CSU-P) 719-586-6930		0	7 MAF	R - 08 MA	Y
CRIM	401	3	Human Trafficking	R	1730	2000	205	HY
MATH	156	3	Intro to Statistics	TBD	TBD	TBD	205	С
EMBRY-	RIDDLE	AER	ONAUTICAL UNIVERSITY (ERAU) 719-576-6858			10 JAN	-13 MAR	
ASCI	254	3	Aviation Legislation	W	1830	2150	204	С
ECON	211	3	Macroeconomics	Т	1800	2120	201	С
LGMT	420	3	Mgmt. of Production & Operations	M	1800	2120	204	С
OBLD	317	3	Organizational Behavior	Т		2120	204	С
SFTY	330	3	Aircraft Accident Investigation	R		2120	204	С
EMBRY-	RIDDLE	AER	ONAUTICAL UNIVERSITY (ERAU) 719-576-6858		2	1 MAF	R - 22 MA	Y
FINE	332	3	Corporate Finance I	TBD	TBD	TBD	TBD	TBD
MATH	112	3	Applied Calculus for Aviation	TBD	TBD	TBD	TBD	TBD
MGMT	201	3	Principles of Management	TBD	TBD	TBD	TBD	TBD
PHYS	102	3	Explorations in Physics	TBD	TBD	TBD	TBD	TBD
SFTY	335	3	Mech. & Struc. Factors in Avia. Safety	TBD	TBD	TBD	TBD	TBD
SFTY	409	3	Aviation Safety	TBD	TBD	TBD	TBD	TBD
PIKES PE	AK CO	MM	UNITY COLLEGE (PPCC) 719-502-4200		- 1	Name and Address of the Owner, where the Owner, which is the Owner, where the Owner, which is the Owner, where the Owner, which is the Owner,	- 20 MAF	}
AAA	109	3	Advancing Academic Achievement	W		2005	208	HY
CCR	094	3	Studio 121	T&R		1810	208	С
ENG	121	3	English Composition I:CO1	T&R		1930	208	С
PSY	235	3	Human Growth & Development: SS3	R		2005	308	HY
T	10.000.000.000	500.00	UNITY COLLEGE (PPCC) 719-502-4200		_	-	- 30 APR	0.000000
BUS	115	3	Introduction To Business	S	-	1015	208	HY
COM	115	3	Public Speaking	S	-	1015	201	HY
ECO	201	3	Principles of Macroeconomics	S	_	1215	300	HY
ENG	122	3	English Composition II:CO2	S		1215	308	HY
MAT	121	4	College Algebra:MA1	S		1150	209	HY
7		10000	UNITY COLLEGE (PPCC) 719-502-4200		_	_	R - 16 MA	
MAT	120	4	Math for Liberal Arts:MA1	T&R		2030	219	С
1	B 10 80 000	MM	UNITY COLLEGE (PPCC) 719-502-4200				R - 23 MA	
AAA	109	3	Advancing Academic Achievement	Т		2005	208	HY
LIT	115	3	Introduction to Literature I:AH2	М		2005	208	HY
сом	115	3	Public Speaking	W		2005	208	HY
PSY	102	3	General Psychology II:SS3	R	1730	2005	208	HY

Days: M=Monday, T=Tuesday, W=Wednesday, R=Thursday, F=Friday, S=Saturday, A=Arranged Schedule.

Type: C= Classroom, HY=Hybrid-combines classroom & online learning, EVC=Eagle Vision Classroom-LIVE Instructor webcast in classroom, RE=Remote (synchronous online on scheduled days and times), HF= Hyflex course (hybrid with flexibility)

TBD=To Be Determined

Schedule is subject to change. Please see a College Representative for more information.





### Fort Carson Education Center On - Post College Schedule SPRING 2022



Subject	Cse #	S.H	Title	Days	Start	End	Room #	Туре
UNIVER	SITY OF	MA	RYLAND GLOBAL CAMPUS (UMGC) 719-246- 395	2	1	L2 JAN	- 08 MAI	ŧ
CMIT	202	3	Fund. Of Computer Troubleshooting	R	1800	2100	200	HY
PACE	111M	3	Program & Career Exploration	W	1800	2100	200	HY
CSIA	310	3	Cybersecurity Processes and Tech.	Т	1800	2100	200	HY
UNIVER	SITY OF	MA	RYLAND GLOBAL CAMPUS (UMGC) 719-246- 395	2	1	6 MAF	R - 10 MA	γ
CMIT	265	3	Fundamentals of Networking	W	1800	2100	200	HY
ECON	201	3	Principles of Macroeconomics	T	1800	2100	200	HY
UNIVER	SITY OF	COL	ORADO - COLORADO SPRINGS (UCCS) 719-526-8	3066		L8 JAN	- 12 MA	(
CHEM	1401	3	General Chemistry I	T	1730	2030	304	HY
CHEM	1402	1	General Chemistry I LAB	RE	RE	RE	RE	RE
CHEM	1411	3	General Chemistry II	T	1730	2030	304	HY
CHEM	1412	1	General Chemistry II LAB	RE	RE	RE	RE	RE
TCID	2080	3	Business & Administrative Writing	Т	1800	1915	305	HY
COUN	4500	3	Wellness, Resilience and Emotional Wellness	T	1700	1935	300	С
GPS	3010	3	Gateway Program Seminar	M	1700	1935	304	С
SOC	2010	3	Sociology of Comic Books	T	1800	2040	308	HY
UNIVER	SITY OF	COL	ORADO - COLORADO SPRINGS (UCCS) 719-526-8	3066		L8 JAN	- 14 MA	1
COMM	2440	3	Leadership Theory and Practice	T	1700	TBD	218	HY
LEAD	1200	3	Foundations of Adaptive Leadership	TBD	TBD	TBD	TBD	HY
UNIVER	SITY OF	COL	ORADO - COLORADO SPRINGS (UCCS) 719-526-8	3066	1	5 MAI	R - 12 MA	Y
LEAD	1600	3	Leading Teams and Organizations	TBD	TBA	TBA	TBA	HY

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TBD=To Be Determined

Schedule is subject to change. Please see a College Representative for more information.



## **Education Week (NOV 15-19)**

American Education Week (AEW) will be celebrated nationwide, Nov. 15-19. Every year, Army Credentialing and Continuing Education Services for Soldiers (ACCESS), Army University and Army Continuing Education System (ACES), join with educators from across the country to celebrate excellence in education by hosting kickoff events and activities. The Army's theme this year is "Army Credentialing and Continuing Education: Spark an Interest, Ignite your Future." The Fort Carson Education Center has planned a series of workshops for Soldiers and Family Members to attend during the lunch hours. Schedule is as follows:

- --TA 101/College 101 Brief (by Education Center staff) Nov. 15 from 11:30 a.m. to 12:30 p.m. in building 1117, room 218. Soldiers will learn the essentials on the benefits available to them to pursue their college education and how to select an institution and a program of study. This briefing is mandatory for all first time tuition assistance (TA) users.
- --Credits for Prior Learning Workshop by Pikes Peak Community College (PPCC), Nov. 15 from 11:30 a.m. to 12:30 p.m. in building 1117, room 208. Credit for Prior Learning refers to college credit by examination (CLEP, DSST) and Joint Service Transcript recommended college credits. This workshop will explain how these credits are evaluated, applied to your specific degree, and show you options toward earning college credits when taking a class doesn't fit into your schedule.
- --ArmyIgnitED Open Lab (by Education Center staff), Nov. 15 from 12:30-1:30 p.m. in building 1117, room 219. Set up your ArmyIgnitED account or receive assistance with an existing account.
- --Time Management Workshop (by UMGC), Nov. 15 from 12:30-1:30 p.m. in building 1117, room 200. This workshop will review the importance of time management and the best time management tips you can implement to increase your overall productivity.
- --FAFSA Financial Aid Presentation (by TRiO office), Nov. 16 from 11:30 a.m. to 12:30 p.m. in building 1117, room 200. Learn how to apply for the Free Application for Federal Student Aid (FAFSA) and how to search for scholarships. Both active-duty members and their spouses are encouraged to attend this session.
- --MyCAA (by PPCC), Nov. 16 from noon to 12:30 p.m. in building 1117, room 208 Learn about this DOD-funded grant for military spouses of active-duty members in the ranks of private to sergeant, warrant officer 1-2, second lieutenant to first lieutenant. Spouses can receive up to \$4,000 in funding toward certificates and associate degrees.
- --Volunteer and VA Work Study Opportunities (by Education Center Staff), Nov. 16 from 12:30-1 p.m. in building 1117, room 218. Find out how you can help your community while gaining employment skills in a fun environment.



## **Education Week (NOV 15-19)**

- --Introduction to Library E-Resources (by Library), Nov. 16 from 1-1:30 p.m. in building 1117, room 219. Did you know that you have digital access to scholarly and research resources, e-books, language learning, CLEP/DSST/AFOQT Test Prep materials to name just a few all available through your library card? The library staff will help you navigate library databases from Academic OneFile to World Book Online.
- --Career Exploration (by Army Community Service), Nov. 17 from 11:30 a.m. to 12:30 p.m. in building 1117, room 219. Discover your interests before setting out on your job search. Let the experts help you determine what career may be a good fit for you.
- --Financial Budgeting 101 (by ACS), Nov. 17 from 12:30-1:30 p.m. in building 1117, room 218. Designed to ensure that each Soldier has a plan to better manage their money to create a sound financial plan for themselves and their Family.
- --Credentialing Assistance Brief (by Education Center staff), Nov. 18 from 11:30 a.m. to 12:30 p.m. in the Counselors' Briefing Room, building 1117. Learn about the credentialing assistance program and how you can apply for these benefits on ArmyIgnitED
- --College Prep workshop (by CSU-P), Nov. 18 from 11:30 a.m. to 12:30 p.m. in building 1117, room 205. This workshop is for anyone who is new to the college experience. A variety of topics will be discussed to address important aspects of going to college for the first time.
- --GI Bill Benefits Brief (by Education Center staff), Nov. 18 from 12:30-1:30 p.m. in building 1117, room 218. Learn about the difference between the Montgomery GI Bill and the Post 9/11 GI Bill and how to transfer your education benefits to a Family member.
- --ArmyIgnitED Open Lab (by Education Center staff), Nov. 18 from 12:30-1:30 p.m. in building 1117, room 219. Set up your ArmyIgnitED account or receive assistance with an existing account.
- --Accreditation and Transfer Workshop (by ERAU), Nov. 19 from 11:30 a.m. to 12:30 p.m. in building 1117, room 201. Learn about national vs. regional accredited schools, how they are different, and how each of them relates to your academic and professional goals.



On Fort Carson, you can reach out to the Substance Use Disorder Clinical Care (SUDCC) team for help. 719 - 526 - 7663 / 4585 for Education and Prevention
support

The Army Substance Abuse Program's Mission is to sustain readiness and promote a healthy lifestyle in the Fort Carson community by providing education, quality assistance in order to reduce the impact of alcohol and other drug abuse that affects Soldiers, Families, Civilian Employees and Retirees. Their Vision is to reduce the negative impact of substance abuse at Fort Carson by providing quality Services.

Employee Assistance Program

**Prevention** 

**Risk Reduction** 

Suicide Prevention

Drug Testing / Collecting

Military Personnel, DOD Civilians and Retirees:

Contact ASAP at (719) 526-2727 or by email at



Dear Cal,

I have a coworker who always seems to be angry at something. It's almost like he enjoys being "outraged" over something he heard on the news or saw on the internet. I'm really tired of listening to him. What can I say to make him understand that I am not as excited about his issues as he is?

The reason why someone may be angry can vary. Sometimes it's stress. Someone's ill health may contribute to their overreaction.

## "ASK CAL"

Answering the Fort Carson community's questions about balancing life, work and family.





(719) 526-2196

Calvin.N.Lidmark.civ@mail.mil

It may be the personality of the individual who take it upon themselves to "set things straight, just for the principle of the matter." At other times may be the accumulative effects of drugs and alcohol abuse. Regardless, your approach should be wise, but harmless.

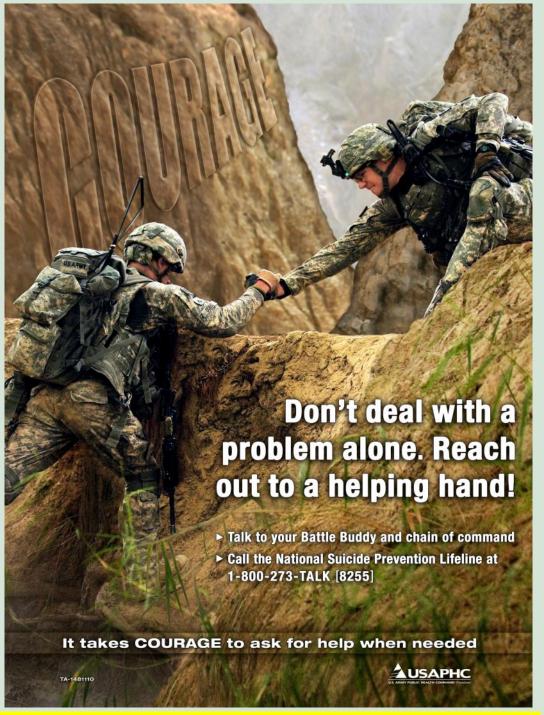
Your safety and the safety of others is important. If this outrage you mention is excessive and appears out-of-control, advise your supervisor and maintain a healthy distance. If less so, try to redirect the conversation to things more positive and/or work related. If persistent, politely tell the person you don't discuss those things at work. Be sure you validate their concern first, then switch the subject or establish clear boundaries from the outset. Communicating you're "not excited" about what is important to them will probably not help much. You can acknowledge their complaints without condoning their attitude.

Bottom line, respond with a positive statement and counter negativity without being insulting or dismissive. You'll be a positive influence in your workplace and model better workplace behaviors.

Remember, the Employee Assistance Program is available to help with your concerns.

**Submit Your Question By Clicking HERE** 





Suicide Prevention Lifeline

Call 1-800-273-8255 or Text 838255 TO GET HELP NOW!





Child Custody Exchange
Online Purchase Exchange

The Fort Carson Police/Provost Marshal Division offers an Exchange Zone. The Exchange Zone is for The Fort Carson community to conduct child custody exchanges or exchange items which have been bought or sold online.

The parking areas in front of the building (main entrance) are under 24 hour camera surveillance. If you would like to use an indoor location due to weather or other factors, please speak with the Desk Sergeant inside the main doors.

Fort Carson Police 7227 Christie Street (BLDG 2700) Fort Carson, Co 80913 Desk Sergeant: (719) 526-6199









# FATHERS OF FREEDOM

You are not alone. We're here for you.

Fathers, we're only human and we need each other. We're under all kinds of stress trying to raise kids to reach their full potential. It's a lot of pressure and no one can do it alone.

Circle of Parents® provides a friendly, supportive community led by parents and other caregivers where parents are the experts.

**WHAT:** Join other military fathers in our community to share support, tips and advice or just talk. This is a safe space for sharing the ups and downs of parenting, created for military fathers and led by military fathers.

WHEN: Tuesdays at 5:30pm

WHERE: Online via Zoom!

Zoom link: https://us02web.zoom.us/j/85139958491

### LEARN MORE:

Contact Adam at adamnscombs@gmail.com or Adrian Nuñez at anunez6293@my.pmi.edu

Join us on Facebook: https://www.facebook.com/groups/FathersOfFreedom/

Join Us! Visit CircleOfParentsCO.org





Colorado Chapter

circle of Parents



# THANKFUL FOR YOU

VETERANS DAY

WWW.GIVEANHOUR.ORG



November 11, 1919, marked the first anniversary of World War I. Armistice Day was observed on this date. Nineteen years later, Veterans Day was observed as a national holiday for the first time. There are a number of ways to honor and say thank you to our veterans who have protected our country.

## HERE'S HOW TO SUPPORT A VET THIS YEAR

EXTEND GRACE, RESERVE SPACE, BE MINDFUL

#### STOP

- Take a moment to reflect on events that took place in 2021.
  - This year marked the 20th anniversary of 9/11.
  - August 30th marked the end of the war and a difficult withdrawal from Afghanistan
  - 13 U.S. Service Members killed in Kabul while conducting a humanitarian evacuation
- These events can trigger many feelings in our service members and their loved ones. Give an Hour's network of licensed mental health professionals can help.

#### LISTEN

- Extend Grace: When in doubt, listen.
- When someone shares what they're going through, they aren't always asking for you to make it better. Sometimes confiding in someone makes us feel a little less desolate.
- You may not understand a veteran's array of emotions, but you can show compassion and a willingness to find a solution when he or she may not have the will or drive to do it alone.

### LOOK

- Reserve Space
  - Many of our veteran's suffer from invisible illnesses as a result of their service. Reserve space for the wealth of emotions they may feel not just on Veterans Day but every day.
- Be Mindful
  - Veterans may suffer from survivor's remorse or guilt. It is not uncommon for a survivor of war casualties to wonder "why me", and it may difficult to celebrate service when the ability to do so came at the cost of a fellow service member's life.

#### SHARE

- Consider "I appreciate you" vs "Thank you for your service".
- · Invite them for coffee or social hour.
- · Pick up the tab.
- · A simple note of appreciation.
- Make a meal for Veteran
- Put out a flag at your home to show support.

Beating the Odds November is Men's Mental Health Month. With all the stigmas and barriers around mental health, it's no surprise that 1-in-10 men experience depression and anxiety. Statistically, men are less likely to prioritize their mental health or seek the care they deserve when suffering from a mental or emotional challenge. Give an Hours', Beating the Odds: Seeking Help & Resiliency webinar focused on the particular challenges that men face.



Attention 7th and 9th graders!

The UCCS
Pre-Collegiate
Development Program
is recruiting new
participants now!

#### What is Pre-Collegiate?

We are a free multi-year program that offers middle school and high school students opportunities to:

- Participate in monthly, afterschool college preparation and professional development workshops led by college students
- Learn about and explore different types of colleges and universities
- · Participate in career exploration activities
- Participate in summer programming where you become college-ready, learn how to apply for and pay for college, get ready for scholarships, learn new skills and make new friends

#### Who Can Apply to Pre-Collegiate?

This is a competitive program for highly motivated students with a minimum 2.5 GPA or higher from Colorado Springs and neighboring counties who meet one or both of the following criteria:

- First-generation students: neither parent has completed a bachelor's degree in the United States.
- Military dependent: parent is active duty or has been active duty in the past 10 years.

## Student Application Deadline: Monday Nov. 29, 2021

How to Apply:

Interested students and families please visit https://pcssc.uccs.edu/ and select the Recruitment tab from the menu bar, email pcdp@uccs.edu, or call 719-255-3239.

uccs

Pre-Collegiate Support and Success Center UNIVERSITY OF COLORADO COLORADO SPRINGS pcdp@uccs.edu (719) 255-3239 facebook.com/PreCollegiate





Will your family be separated by deployment this holiday season? Or are you a veteran in need of additional support to give your family the holiday celebration they deserve?

SOLDIERS' ANGELS Adopt A Family PROGRAM IS HERE TO HELP!

Veteran and military families in need of a helping hand this holiday season can visit

SoldiersAngels.org/Adopt-A-Family
between September 20 – December 6, 2021
to learn more and apply.



The program is open to families of deployed service members, families of Post 9-11 wounded, ill and injured service members and veterans, and veteran families enrolled in the HUD/VASH program.

Families can apply **HERE!** 







Fort Carson Department of Public Health (FCPH)

2021 Community Health Survey

This is your chance to help improve the health of our community



TAKE THE SURVEY BY CLICKING HERE!



# PASSIT ON COMMUNITY NEWSLETTER



**FOUNTAIN MUNICIPAL TRANSIT** 

Christmas Shopping made easier...

FREE BUS RIDES EVERY SATURDAY
IN DECEMBER



beginning Nov. 27th to Dec. 18th Black Friday will be included in this Special

SPONSORED BY CITY OF FOUNTAIN

Supporting Local Businesses



# PASS IT ON COMMUNITY NEWSLETTER



Gain a short-term certification for a quality job.

Let us pay for your training!



Learn more at ppwfc.org/short-term-certifications

The Pikes Peak Workforce Center is an equal opportunity program. Auxiliary aids & services available upon request to individuals with disabilities, at no cost.





My Colorado













## November 2021

Friday, November 19 | 10:00AM
Staying Connected to Education During
Deployment

https://tinyurl.com/RegDeployment21

Password: Deploy21

Tuesday, November 30 | 10:00AM
Kids in the Kitchen
https://tinyurl.com/RegKitchen21

Password: Kitchen21

#### For more information:

Contact the MCEC® team name here <u>Ptop.COSprings@MilitaryChild.org</u> and follow us on Facebook to stay engaged

@MCECColoradoSprings

## December 2021

Thursday, December 2 9:30AM
Raising a Confident Child in an Uncertain
World

https://tinyurl.com/RegConfidentKids21

Password: Confident

Thursday, December 9 9:00AM

Healthy Screen Time Habits
<a href="https://tinyurl.com/RegScreenTime1221">https://tinyurl.com/RegScreenTime1221</a>

Password: ScreenTime

Friday, December 10 10:00AM

Bullyproofing

https://tinyurl.com/RegBullyProof21

Password: Bullyproof

These workshops are powered by:





The MCEC® Parent Support workshops and webinars share practical ideas, proven techniques, and solid resources to support military-connected families. Contact us at <a href="mailto:Parents@MilitaryChild.org">Parents@MilitaryChild.org</a>.





Are you an El Paso County resident affected by COVID-19?

¿Eres un residente de El Paso County afectado por COVID-19?

ASSISTANCE AVAILABLE FOR RENT, MORTGAGE & UTILITIES
ASISTENCIA DISPONIBLE PARA RENTA, HIPOTECA Y UTILIDADES

\$21 MILLION AVAILABLE NOW \$21 MILLONES DISPONIBLES AHORA

# CALL 2-1-1 MARCA 2-1-1

Or apply online:

O aplique en nuestra pagina de internet: cdola.colorado.gov/rental-mortgage-assistance

















If you'd like to
learn more about
Colorado Preschool Program |
Head Start | Early
Head Start

Click HERE!





# PASSIT ON COMMUNITY NEWSLETTER



WEDNESDAY NIGHTS 7 PM - 9 PM

FREE

LEGAL

ADVICE

CALL (719) 473-6212



# PASSIT ON COMMUNITY NEWSLETTER



# YARD SALE

EVERY 1ST & 3RD SATURDAY MAY THROUGH DECEMBER

Hay 1 & 15 Juli 5 & 17 Juli 3 & 17

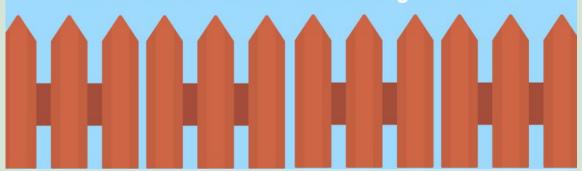
Oct 2 & 16

Nov <del>\*\*</del> & 20

Dec 4 & 18

You may not post signs to any fixed structure. If you place yard signs in the community they must be removed next day.

-Must follow current Covid-19 guidelines-



Fort Carson and the Surrounding Community





Big Brothers Big Sisters.

# IGNITE POTENTIAL

Big Brothers Big Sisters of Colorado's professional staff recruit, screen, and train volunteer mentors (Big Brothers and Big Sisters), and match them in one-to-one relationships with young people. We support and oversee the success of each match by communicating regularly with the volunteers, the children, and their families, and by providing activities designed to strengthen the match relationship. We know from research that successful mentoring relationships have a lasting impact on young people and their families, offer positive experiences for volunteers and create stronger, safer, and more successful communities.

In 2020, Big Brothers Big Sisters of Colorado supported 1,397 one-to-one mentoring relationships between children facing adversity and adult volunteer mentors. These mentoring relationships impacted youth by helping them improve their sense of self and sense of future, form positive relationships with peers and family, avoid risky or delinquent behavior, and achieve educational success. We are looking for dedicated adults to join us as mentors, advocates, and donors!

# YOU CAN MAKE A DIFFERENCE THROUGH THE PROVEN POWER OF ONE-TO-ONE MENTORING

#### Community Based

- Activities take place in the community
- 1 year commitment
- In-person meetings 2-4x a month
- Matched based on shared interests
- Flexible scheduling
- · Volunteer provides transportation

#### Sports Buddies

- · Site-based mentoring
- 6 month commitment
- In-person meetings 1-2x a month (typically Saturdays)
- Participatory and spectator recreational activities
- Volunteer not responsible for transportation

#### mentor2.0

- School-based mentoring
- 2,3, or 4 year commitment depending on school/mentee
- Online communication 1x a week, flexible scheduling
- In-person meetings 1x a month (evenings at school)
- College and career readiness focus

Learn more at BigLittleColorado.org or email Natalie at NatalieS@biglittlecolorado.org



# PASS IT ON COMMUNITY NEWSLETTER

Fort Carson and the Surrounding Community

# MILLITARY & ETERAN XOMENI'S GROWP SUPPORT IN SHARING AND INTEGRATING EXPERIENCES, **SELF-GROWTH, & COMMUNITY Fridays** 1230-1330 FEMALE-IDENTIFYING

ANY BRANCH, ANY ERA, ANY STATUS

Contact Tegan (303) 525-7660 to join or get more information







12:00 PM (noon)

1st Tuesday of each month
(Zoom call)
for Teller, Fremont & Park County Veterans

The Veteran Support Group is designed to allow veterans the opportunity to share ideas and thoughts in common goal barriers in collaboration and support of each other. Topics can range from PTSD to everyday living in a civilian community. Our peer support group will focus on helping veterans and their families manage the stresses they share. Group interaction encourages vets of all ages and eras to learn to access policies they may find useful in easing transitions.

Please contact Brock Ernst for more information, to RSVP for Zoom and/or to request accessibility accommodations at 719-660-0528 or <a href="mailto:bernst@the-ic.org">bernst@the-ic.org</a>.

Main Office: 729 South Tejon St. Colorado Springs, CO 80903 | theindependencecenter.org 719-471-8181 | Video Phone for the Deaf 719-358-2513





2021 SCHEDULE

# **FREE LEGAL SELF-HELP CLINIC**

FOR PARTIES WITHOUT AN ATTORNEY Generously hosted by your FOUNTAIN LIBRARY and **VOUR PIKES PEAK LIBRARY DISTRICT** 

## FIRST MONDAY OF EVERY MONTH

MONDAY OF EVERY

3:30 PM - 5:00 PM

Fountain Library, Pikes Peak library

230 S Main St, Found

January

Januar Fountain Library, Pikes Peak library District

December 6, 2021

Volunteer attorneys will assist each clinic patron individually To be added to the sign-up sheet, please call (719) 531-6333 ext 6058

A FREE legal clinic for parties who have no attorney. As a COVID work-around, instead of clinic patrons coming in-person to your local public library (which has limited access), the volunteer attorney will call the clinic patron's telephone directly, using the phone number provided to your library staff. Volunteer attorneys will answer questions, help fill out forms, and explain the process and procedure for civil legal issues, including family law, civil litigation, property law, probate law, collections, appeals, landlord-tenant law, veteran's benefits, and civil protection orders.

The volunteer attorneys do not represent you just because they help you at this clinic. This clinic is information only, and is no substitute for legal representation. You have the right to retain an attorney of your choice at any time, and are advised to do so.

If possible, patrons are encouraged to have their desktop, laptop, or tablet available during the call. www.checkerboard.co for one-click access to all forms, statutes, videos, instructions & flowcharts