

JOINING COMMUNITY FORCES



ANNOUNCEMENTS AND REMINDERS

Veterans in suicidal crisis can go to any VA or non-VA health care facility for free emergency health care.

[Click Here](#) to learn more about this important resource available to Veterans.

IN THIS ISSUE

HIGHLIGHTED RESOURCES

If you would like to be a highlighted resource, please email us your information!

EVENTS

If you would like us to feature your event, please email it to us. Preferably 1-2 weeks before the event date.

CONNECT WITH US



Like and follow our Facebook page!
facebook.com/coloradoJCF



Check out our Website
www.coloradojcf.org



Colorado National Guard Family Program
www.co.ng.mil/family

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CONG FAMILY PROGRAM

JOINING COMMUNITY FORCES

TAKING ACTION TO SERVE AMERICA'S MILITARY FAMILIES



EVENTS AND RESOURCES



Move Through the Darkness CHALLENGE

What	Why	Ways to Register
<p>A zero cost, no barrier challenge for individuals or teams to commit to walking, running or exercising through the winter.</p>	<p>To directly impact and reduce depression, anxiety and lack of physical activity that happens during our colder and darker months, impacting over 1000 people this year.</p>	<p>Create a team of 2-6 participants or individual registration. Scan the QR code or visit our website to register yourself or team.</p>

www.movethrough.org
 email mandy@windsorgives.org

A CHALLENGE TO CHANGE YOUR LIFE

Take charge of your mental, emotional and physical health this winter by participating in the Move Through Darkness Challenge. It's a zero cost challenge, empowering people to walk, run or exercise to help decrease depression we see in the winter.

For more information, click the link in the title.

Join Us in Colorado

"PRIOR TO PROJECT SANCTUARY, I WASN'T SURE WE WERE GOING TO MAKE IT. THIS RETREAT ALLOWED US TO GET BACK TO BASICS AND REMEMBER WHY WE FELL IN LOVE WITH EACH OTHER.

THIS HAS BEEN SO HEALING AND JUST GOOD FOR MY SOUL. MY HUSBAND AND I HAVEN'T BEEN THIS IN TUNE WITH EACH OTHER IN A WHILE. THANK YOU TO EVERYONE INVOLVED IN THIS PROCESS. I CANNOT EXPRESS MY GRATITUDE AND APPRECIATION IN WORDS FOR WHAT THESE LAST FEW DAYS HAS DONE FOR ME. SPIRITUALLY, MENTALLY, PHYSICALLY AND EMOTIONALLY."

— 2023 COUPLES RETREAT PARTICIPANT

GRANBY, CO | JANUARY 26-21, 2024 | COUPLES ONLY

www.projectsanctuary.us

FREE RETREATS WITH PROJECT SANCTUARY

Project Sanctuary is hosting eight, free, therapeutic retreats in eight states across the country!

For more information, click the flyer or the link in the title.

HOMEFRONT PROGRAM

FOR MILITARY FAMILY MEMBERS WHO ARE SUPPORTING A LOVED ONE WITH A MENTAL HEALTH CONDITION OR SUBSTANCE USE CONCERN.

Tuesdays starting January 30, 6-8:30 p.m.
HYBRID class in Southeast Colorado Springs*
*Exact location/Zoom link provided upon registration

NAMI Homefront is a free, 6-session educational program taught by family members who support loved ones with mental health conditions within a military family.

- Confidential & safe
- Peer led conversations around mental health in the military
- Become a part of a supportive and connected community
- Participate in-person or virtually!

Learn to care for yourself and support your family member with compassion

Understand current research, treatments and evidence-based therapies

Navigate challenges that impact and affect the entire family

Manage a crisis, solve problems and communicate effectively

REGISTRATION REQUIRED

To register or find out more information:
namicoloradosprings.org • 719-473-8477 • AngelaSweeten@namicos.org



NAMI is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. If you have questions about Homefront or NAMI, please contact our office at 719-473-8477 or email AngelaSweeten@namicos.org.



SCAN ME

NAMI HOMEFRONT EDUCATIONAL PROGRAM

NAMI Homefront is a free, 6-session educational program taught by family members who support loved ones with mental health conditions within a military family. Classes will begin January 30th, and registration is required!

For more information, click the flyer or the link in the title.

METRO VETERANS NETWORK

DENVER, CO

The Metro Veterans Network is a multi-disciplinary alliance of Veterans and trusted Veteran resource providers, serving the Denver Veteran community by building strategic partnerships to efficiently deliver assistance via information, resources, and referrals.

Join our monthly zoom meetings

3rd Thursday of each month
 11am-12:30pm

Scan QR code or use this link
<https://rb.gy/rf7mje>

MetroVeteransNetwork@gmail.com

METRO VETERANS NETWORK MEETING

Join the Metro Veterans Network at their monthly meetings that help build strategic partnerships. The first meeting will be held December 21st.

For more information, click the link in title.

Shadow Boxing Free Fitness Event!

WHO: ANY AND ALL BUCKLEY MEMBERS FOR OPPORTUNITY TO TRY OUT A BOXING FITNESS CLASS - FREE!

WHAT: A FREE BOXING CLASS FROM RUMBLE SOUTHLANDS. BRING A TOWEL, SOME WATER, AND YOUR FRIENDS!

WHEN: FRIDAY, 15 DECEMBER 23! SIGN IN IS 1430-1500, CLASS STARTS AT 1500 FOLLOWED BY A GIVE-AWAY FOR ANYONE WHO'S ATTENDED!

WHERE IT'S AT: BUCKLEY FITNESS CENTER

WHY ATTEND: TRY OUT A FITNESS CLASS FOR FREE, BE PRESENT FOR GIFT GIVE-AWAYS, START YOUR WEEKEND OUT RIGHT!

460 PSS and Buckley's BFF BRING YOU A FREE RUMBLE BOXING CLASS

FREE BOXING CLASS AT BUCKLEY

Rumble Boxing is hosting an opportunity for all Buckley members to try out a boxing fitness class for free! The class will take place on December 15th at 1500 in the Buckley Fitness Center.

For more information, click the link in title or the flyer.

Military spouses:

Get up to **\$4,000** to help you reach your career goals with a MyCAA Scholarship.



Make SECO career coaches and advisors your first stop.

No hassle, no selling, nothing but good guidance to get you going. Contact us for a free consultation to get you started on the right path!



Get started here:

<https://mycaa.militaryonesource.mil/mycaa/>

Discover if the My Career Advancement Account Scholarship from the Defense Department can help you meet your career goals — with funding for licensure, certification, national testing or an associate degree.





HIRING EVENT SCHEDULE 2024

BY CITY

ATLANTA, GA
Feb 8 • Jun 6 • Sep 12 • Dec 5

BALTIMORE, MD
May 16

BOSTON, MA
Apr 4 • Sep 12

CAMP PENDLETON, CA
Feb 15 • Aug 15 • Dec 5

CENTRAL REGION
Apr 23 • Jul 30 • Dec 10

CHARLOTTE, NC
Apr 11 • Sep 5

CHICAGO, IL
Apr 18 • Oct 17

COLORADO SPRINGS, CO
Oct 10

DALLAS, TX
Feb 1 • Apr 11 • Aug 22 • Nov 21

DENVER, CO
Apr 25 • Aug 1

EASTERN REGION
Feb 13 • Jun 18 • Oct 1

**EGLIN AFB /
HURLBURT FIELD AREA, FL**
May 30 • Nov 21

FORT MOORE, GA
Apr 3 • Jul 10 • Oct 23

FORT BLISS, TX
Mar 14 • Sep 26

FORT CARSON, CO
Jun 27

FORT CAVAZOS, TX
May 1 • Sep 18

FORT LIBERTY, NC
Feb 1 • May 9 • Aug 15 • Nov 14

FORT RILEY, KS
Feb 29

GREATER CINCINNATI AREA, OH
Sep 26

GREATER SEATTLE AREA, WA
Sep 5

GREATER WASHINGTON DC AREA
Mar 14 • Jun 27 • Oct 17

HAMPTON, VA
Jan 18 • Jun 13

HILL AFB AREA, UT
Aug 8

HOUSTON, TX
Mar 7 • Jun 6 • Dec 5

INDIANAPOLIS, IN
Aug 29

JACKSONVILLE, FL
Mar 28 • Nov 14

JOINT BASE LEWIS McCHORD, WA
Mar 28 • Jun 27 • Oct 17

JOINT BASE SAN ANTONIO, TX
Apr 25 • Oct 24

KANSAS CITY, MO
Jul 18

MILITARY SPOUSE
May 7

NASHVILLE, TN
Sep 19

NATIONAL
Mar 19 • May 21 • Aug 27 • Nov 26

NATIONAL GOVERNMENT AGENCY
Jun 4 • Nov 19

NAVAL BASE KITSAP AREA, WA
May 23 • Oct 31

NAVAL STATION NORFOLK, VA
Apr 18 • Jul 25 • Oct 31

ORLANDO, FL
Dec 12

PHILADELPHIA, PA
Aug 1

PHOENIX, AZ
Feb 22 • May 30 • Sep 19

PITTSBURGH, PA
Mar 28

RALEIGH, NC
Jan 18 • Jul 18

SAN ANTONIO, TX
Jan 25 • Jul 25

SAN DIEGO, CA
Mar 6 • Oct 9

SCOTT AFB AREA, IL
Feb 15

ST. LOUIS, MO
Jun 13

TAMPA, FL
Jan 18 • Jul 11 • Oct 10

TRANSITIONING ARMY & SPOUSE
Feb 6 • Aug 6

WESTERN REGION
Jan 23 • Jul 9 • Oct 22

**WRIGHT PATTERSON
AFB AREA, OH**
May 16 • Nov 7

VIRTUAL HIRING EVENTS | MILITARY BASE
DATES SUBJECT TO CHANGE.

HIRING EVENT STATS

2,800+
exhibitors
attended

37,000+
veterans and military spouse
accessible registrants

6,700+
job offers
expected



REGISTER NOW!

DATA BASED ON IN-PERSON AND VIRTUAL HIRING EVENTS FROM JAN-JUN 2023.



HIRING EVENT SCHEDULE 2024

BY MONTH

JANUARY

- 18 Hampton, VA
- 18 Raleigh, NC
- 18 Tampa, FL
- 23 Western Region
- 25 San Antonio, TX

FEBRUARY

- 1 Dallas, TX
- 1 Fort Liberty, NC
- 6 Transitioning Army & Spouse
- 8 Atlanta, GA
- 13 Eastern Region
- 15 Camp Pendleton, CA
- 15 Scott AFB Area, IL
- 22 Phoenix, AZ
- 29 Fort Riley, KS

MARCH

- 6 San Diego, CA
- 7 Houston, TX
- 14 Fort Bliss, TX
- 14 Greater Washington DC Area
- 19 National
- 28 Jacksonville, FL
- 28 Joint Base Lewis McChord, WA
- 28 Pittsburgh, PA

APRIL

- 3 Fort Moore, GA
- 4 Boston, MA
- 11 Charlotte, NC
- 11 Dallas, TX
- 18 Chicago, IL
- 18 Naval Station Norfolk, VA
- 23 Central Region
- 25 Denver, CO
- 25 Joint Base San Antonio, TX

MAY

- 1 Fort Cavazos Area, TX
- 7 Military Spouse
- 9 Fort Liberty, NC
- 16 Baltimore, MD
- 16 Wright Patterson AFB Area, OH
- 21 National
- 23 Naval Base Kitsap Area, WA
- 30 Eglin AFB /Hurlburt Field Area, FL
- 30 Phoenix, AZ

JUNE

- 4 National Government Agency
- 6 Atlanta, GA
- 6 Houston, TX
- 13 Hampton, VA
- 13 St. Louis, MO
- 18 Eastern Region
- 27 Fort Carson, CO
- 27 Joint Base Lewis McChord, WA
- 27 Greater Washington DC Area

JULY

- 9 Western Region
- 10 Fort Moore, GA
- 11 Tampa, FL
- 18 Kansas City, MO
- 18 Raleigh, NC
- 25 Naval Station Norfolk, VA
- 25 San Antonio, TX
- 30 Central Region

AUGUST

- 1 Denver, CO
- 1 Philadelphia, PA
- 6 Transitioning Army & Spouse
- 8 Hill AFB Area, UT
- 15 Camp Pendleton, CA
- 15 Fort Liberty, NC
- 22 Dallas, TX
- 27 National
- 29 Indianapolis, IN

SEPTEMBER

- 5 Charlotte, NC
- 5 Greater Seattle, WA
- 12 Atlanta, GA
- 12 Boston, MA
- 18 Fort Cavazos, TX
- 19 Nashville, TN
- 19 Phoenix, AZ
- 26 Fort Bliss, TX
- 26 Greater Cincinnati Area, OH

OCTOBER

- 1 Eastern Region
- 9 San Diego, CA
- 10 Colorado Springs, CO
- 10 Tampa, FL
- 17 Chicago, IL
- 17 Greater Washington DC Area
- 17 Joint Base Lewis McChord, WA
- 22 Western Region
- 23 Fort Moore, GA
- 24 Joint Base San Antonio, TX
- 31 Naval Base Kitsap Area, WA
- 31 Naval Station Norfolk, VA

NOVEMBER

- 7 Wright Patterson AFB Area, OH
- 14 Fort Liberty, NC
- 14 Jacksonville, FL
- 19 National Government Agency
- 21 Dallas, TX
- 21 Eglin AFB / Hurlburt Field Area, FL
- 26 National

DECEMBER

- 5 Camp Pendleton, CA
- 5 Atlanta, GA
- 5 Houston, TX
- 10 Central Region
- 12 Orlando, FL

VIRTUAL HIRING EVENTS | MILITARY BASE
DATES SUBJECT TO CHANGE.

HIRING EVENT STATS

2,800+ exhibitors attended

37,000+ veterans and military spouse accessible registrants

6,700+ job offers expected



REGISTER NOW!

DATA BASED ON IN-PERSON AND VIRTUAL HIRING EVENTS FROM JAN-JUN 2023.

PROFESSIONAL DEVELOPMENT WEBINARS

CIVILIAN & FEDERAL RESUME | ADVANCED EMPLOYMENT WORKSHOP

★ VETERANS ★ MILITARY SPOUSES ★ TRANSITIONING SERVICE MEMBERS ★ NATIONAL GUARD ★ RESERVES



RecruitMilitary delivers a holistic approach to the job search and provides the tools for a successful transition into civilian employment.

Our interactive **LIVE WEBINARS** prepare you take charge of your employment journey and are offered at no-cost to military community members and their dependents.

CIVILIAN & FEDERAL RESUME webinars connect you with a subject matter expert that answers your questions, while providing resources and best practices to get your resume noticed!

ADVANCED EMPLOYMENT WORKSHOP supports your job search journey by providing tips to be employment ready and make the right impression with your next employer! Topics include Skills Development, Interview Techniques, Salary Negotiations and Dress for Success.

ELEVATE YOUR EMPLOYABILITY!

Register today!

RecruitMilitary.com/resumewebinars

