



18 December 2020

*Our mission at ACS is to prepare and empower our Total Military Family to meet the challenges of military life by providing essential programs, resources, and services that enhance knowledge, life skills, well-being, quality of life, and retention.*

The "Pass It On" is available online at:

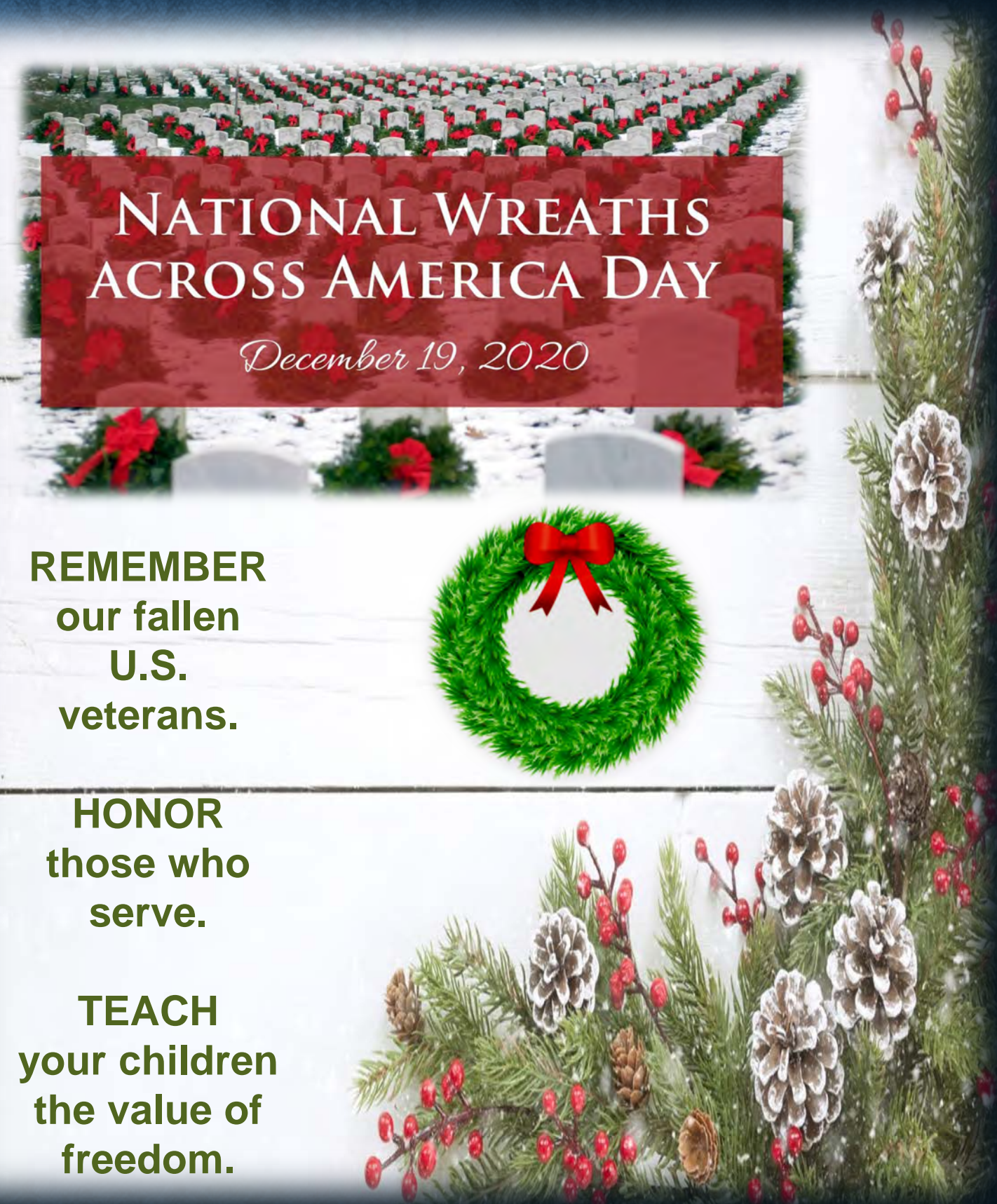
<https://carson.armymwr.com/programs/community-information-newsletter-pass-it>

*No US Army/ Fort Carson endorsement implied.  
Information listed is subject to change.*

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# Community Bulletin

## ID Card Facility Closure

ID Card facility located in building 1039 is closed through Dec. 18; it will resume normal operations, Monday-Friday 8-11:30 a.m. and 12:30-4 p.m., Dec. 21. Mountain Post Soldier Center location, building 1525, has three operational workstations to assist customers; Soldiers should seek ID card support through unit SIs. Dependent ID cards that expire after Jan. 1, 2020, will remain active through June 30, 2021.

## COVID-19 Information

To see the latest information on Fort Carson's measures to prevent the spread of COVID-19 and for frequently asked questions and other information on the pandemic, visit <https://www.carson.army.mil>. To ensure the most current page is viewed, refresh the internet browser by pressing the "Control" and "F5" keys.

## Gate 3 Express Hours Change

Gate 3 Express has temporarily changed its hours of operation. The temporary hours are 5 a.m. to 10 p.m. Monday-Friday and 8 a.m. to 10 p.m. Saturday-Sunday. Updates will be provided as they become available.

## ACFT Alternate Event Training

Effective Dec. 11, Directorate of Family and Morale, Welfare and Recreation will implement procedures for scheduling and conducting Army combat fitness test (ACFT) alternate event testing and training at Ivy Fitness Center. Ivy Fitness Center will have a small number of spin bikes and rowers available for use only by Soldiers on profile for ACFT testing/training purposes. Soldiers on profile will need to check in with fitness center management about using these limited pieces of equipment. COVID-19 mitigations of 12-foot spacing and masks will be required during exercise for both training and testing sessions.

### Procedures:

- All alternate events will take place at Ivy Fitness Center, building 1925 on the center basketball court.
- Alternate events must be scheduled a minimum of 48 hours prior to conducting the event.
- Alternate events must be scheduled with the following points of contact: Sean Gillotte, program manager, Ivy Fitness Center, 526-2151 or [sean.m.gillotte.naf@mail.mil](mailto:sean.m.gillotte.naf@mail.mil). In the event Sean Gillotte is not available, contact Tim Agan, Fitness Program specialist, Ivy Fitness Center, 524-3773 or [timothy.j.agan3.naf@mail.mil](mailto:timothy.j.agan3.naf@mail.mil)
- Requesting POC must provide the following information: Event POC name, event POC phone number, event POC email address, requested event date and time, equipment requesting to be used (spin bike or rower), number of event participants. Preferred method of request is through email; reservation confirmation will be emailed to the requesting POC.
- Requesting POC will check in at Ivy Fitness Center front desk on their reserved date and time. Reserved time blocks will be one hour total. Requesting POC is responsible for conducting the alternate event. Fitness Program Specialist Tim Agan will be available for assistance. Requesting POC is responsible for ensuring all participants and evaluators follow all fitness center SOPs and all current COVID-19 mitigation protocols. Requesting POC will ensure all equipment is cleaned and disinfected and put back in storage location and will inform front desk staff upon completion of event and clean up procedures.



# Community Bulletin

## Gate Closures and Hours

Gates 2, 6, and 19 will be closed Dec 24-25 for Christmas Eve and Christmas; Jan. 1 for New Year's Day; and Jan. 15 for Martin Luther King Jr.'s Birthday. Normal hours of operation for gates 2, 6 and 19 are 5 a.m. to 6 p.m. Monday-Friday.

## Commissary Holiday Hours

The Fort Carson Commissary holiday hours for Dec. 24, Christmas Eve, will be 9 a.m. to 2 p.m. The commissary is closed Dec. 25 and Jan. 1.

## Automatic Shuttle Service Update

During the holiday leave period, the Pilot Project, Mountain Express Automatic Shuttle, will not run Dec. 21-31. Shuttle operations will begin again Jan. 4 from 4-8 p.m. During these next few weeks, people may see the shuttle on the route performing tests and diagnostics. However, it will not be accepting passengers until it returns to service in January.

## Extended Downrange Passes

Fort Carson Range Operations will have new passes for calendar year 2021. Any individual who may be in possession of a current extended pass, is hereby notified that those passes issued in 2020 or prior will no longer be valid. If you have an extended pass, bring your current pass to the Range Operations Safety Office to have the pass exchanged for a new one. Individuals who display the old pass after Jan. 1 will have the pass confiscated and must report to the Range Safety Office to get a new one. If you have any questions, contact the Range Safety Office at 526-6330.

## Pipe Freeze Warning

With winter weather here, temperatures can drop below freezing suddenly. Significant facility damage is possible if appropriate actions are not taken. Facility managers, building occupants and unit leadership are asked to ensure the following:

--Ensure all windows and exterior doors are closed.

--Keep all heating systems on even in unoccupied buildings (do not turn off any units). Set any self-adjustable thermostats to at least 55 degrees (barracks set to 60 degrees).

--Building occupants can call 526-5345, the Directorate of public Works (DPW) operations and maintenance contractor 24/7 service order desk, if their buildings are not heating properly.

--If there are any busted or leaking pipes noticed, call in a service order immediately to the DPW operations and maintenance contractor at 526-5345.

A flyer is provided that facility managers and unit leaders can post in their footprint prior to block leave to prevent pipe freeze. Access the poster by clicking on the attachment at:

[https://installation.carson.army.mil/pao/WEBUPDATES/\\_layouts/listform.aspx?PageType=4&ListId={BE4650E8-BF05-48C6-8B2C-E1545ED38C2D}&ID=106&ContentTypeID=0x01004FB78016C33D6B46B091D4C2CFFD4E73](https://installation.carson.army.mil/pao/WEBUPDATES/_layouts/listform.aspx?PageType=4&ListId={BE4650E8-BF05-48C6-8B2C-E1545ED38C2D}&ID=106&ContentTypeID=0x01004FB78016C33D6B46B091D4C2CFFD4E73).



# Military and Family Life Counseling



Services are expanding to provide continuity of care to our community as we continue to navigate the worldwide impacts of the COVID-19 pandemic. MFLCs will provide temporary telehealth services where face-to-face support is restricted and/or unavailable.

## Support for Adults: Telephonic & video non-medical counseling

If you wish to speak to an MFLC other than your identified MFLC, please call 719-526-4590 for assistance.

To speak to a Child and Youth Behavioral MFLC, please call Parent Central at 719-526-1101.

For more information visit:

<https://carson.armymwr.com/promos/military-family-life-counselors>



**MILITARY ONE SOURCE**  **MILITARY & FAMILY LIFE COUNSELING**

**Video and Telephone Counseling  
Now Available**

**Continue your progress at home so you can keep moving forward**

The military Family Life Counseling program is here for you during the coronavirus disease 2019 pandemic. We now offer telephone and video non-medical Counseling in addition to face-to-face non-medical counseling.

### Who is eligible?

Free and confidential non-medical counseling is available to service members, Department of Defense expeditionary civilians, their families and survivors.

Children and youth behavioral counselors are available to support children and youth up to age 18. They also offer guidance to families, staff, and support personnel.

### What can I expect from non-medical counseling?

You're military and family life counselor can help with:

- managing stress and changes at home due to covid-19
- adjusting to deployment and reintegration
- preparing to move or adjusting after a move
- strengthening relationships
- managing problems at work
- grieving the death of a loved one or colleague.

Schedule an appointment with a military and family life counselor:

719-323-0944	719-250-3854	719-250-9975
719-323-5026	719-250-1529	719-323-4139

Call Military OneSource anytime, 24/7 at 800-342-9647  
or visit [www.MilitaryOneSource.mil](http://www.MilitaryOneSource.mil).





# Army Community Service

## Army Community Service Virtual Lobby Check-In

1. Wait in your car.
2. To check-in for your appointment, call (719) 524-0729.
3. For all other assistance, call (719) 524-1788.



Learn how to better communicate with your partner at this **fun** workshop.

Feb. 5 & 11 • 11 a.m. to 1 p.m

Register: [www.carson.army.mil/acs](http://www.carson.army.mil/acs)  
(719) 524-0912



## Fort Carson HEARTBEAT

*Peer Support for Survivors of Suicide Loss*

**6:15pm the 2nd and 4th Tuesday of each month beginning April 28, 2020**

**Heartbeat Care and Share. A time for Heartbeat families to connect**

**Virtual ZOOM Meeting or call in**

### Contact For More Information

Richard "Singe" Stites    Angelika McShan  
719-598-6576                Cell 719-338-1796  
Cell 719-332-7574        [amcengel@comcast.net](mailto:amcengel@comcast.net)  
[oldsinge@comcast.net](mailto:oldsinge@comcast.net)



### HEARTBEAT Survivors After Suicide, Inc.

[www.heartbeatsurvivorsaftersuicide.org](http://www.heartbeatsurvivorsaftersuicide.org) is a international non-profit organization affiliated with

Suicide Prevention Partnership / Pikes Peak Region  
American Association of Suicidology  
American Foundation for Suicide Prevention  
Suicide Prevention Coalition of Colorado

[www.pikespeaksuicideprevention.org](http://www.pikespeaksuicideprevention.org)  
[www.suicidology.org](http://www.suicidology.org)  
[www.afsp.org](http://www.afsp.org)  
[www.suicidepreventioncolorado.org](http://www.suicidepreventioncolorado.org)



# Army Community Service – Financial Readiness Program

## Foundational Readiness Classes for Your Personal Finances



### 1st and 3rd Friday 0930-1030 Developing a Spending Plan

A lot of times we find ourselves in the situation where we have more month left over than money in the bank. You are not alone! Let's talk about the crucial balance between spending and savings, reasons why you should have a financial plan and the 70-20-10 budgeting guideline. We will discuss the important budgeting concepts that will help you create a workable spending plan so that you can get a jump start on your money management skills as soon as today.

### 1st and 3rd Friday 1100-1200 Take control of your Finances

Did you ever wonder why some people have an excellent credit score while other struggle to qualify for credit? Let's talk about the basics of credit: when you should and should not use credits, how to establish credit, and how to check your credit reports and resolve errors. We'll also discuss debt: The debt-to-income ratio, which helps you figure out the amount of debt you can safely handle, how to manage existing debt, how to recognize the warning signs of debt problems, and what to do if your debt is out of control.

### 2nd and 4th Friday 0930-1030 Thrift Savings Plan

Are you taking advantage of this amazing benefit that is only offered to uniformed Service members and Federal employees? Topics include: A general overview of the Thrift Savings Plan, the difference between the Traditional and Roth TSP, investment funds and options and much more.

### 2nd and 4th Friday 1100-1200 Car Buying

Looking to buy your dream car? Do you know how much car you can afford and still have enough money to purchase gas? Most service members will purchase a new or used car while in the service. They will spend more of their disposable income on automobiles than on virtually anything else except food and shelter. This course is designed to help you save money and hassles on your next car purchase by focusing on:

- 1.The Purchase
- 2.The Financing
- 3.The Trade-In

**Register at [www.carson.army.mil/acs](http://www.carson.army.mil/acs)  
For more information: (719) 524-4601**



To register for upcoming classes,  
visit our calendar at:

<https://carson.armymwr.com/calendar>



Or Call:

719-526-4601



# Army Community Service – Employment Readiness Program

## FORT CARSON EMPLOYMENT READINESS

### TIPS

An Elevator Pitch is selling yourself to someone who doesn't know you. It should be interesting, memorable, and succinct. An Elevator Pitch should highlight what sets you apart from the crowd.

The Elevator Pitch got its name from the fact that a pitch shouldn't last longer than a short elevator ride of 20 to 30 seconds.

### HOW TO WRITE AN ELEVATOR PITCH

- Add a Great Conversation-Starter
- State What You Do & How You Do It
- Emphasize 1-3 Things About Yourself & Your Ambition
- Answer the Question--Why You?
- Write Your Pitch, Edit What You Write; Record It

### HOW TO DELIVER YOUR ELEVATOR PITCH

- Make Sure it Sounds Natural & Feels Natural to You
- Keep It Short & Sweet, No longer Than 30 Seconds
- Make Eye Contact & Be Confident...Even Virtually
- Don't Talk Too Fast

### WHAT TO DO:

Elevator Pitches are useful any time you meet someone new—at a job fair, an interview, a spouse group, a business meeting. Remember to keep your audience in mind and tailor your pitch accordingly. Then, practice...a lot.

For additional info on how to create your pitch and have it job fair ready, contact an ERP Specialist@719.524.3816 or 524.2382



## FORT CARSON EMPLOYMENT READINESS

### 2021 January-March Class & Workshop Schedule

#### JANUARY

5th, 19th	Employment Readiness Orientation
7th	LinkedIn Fundamentals
13th	Write a Winning Resume
20th	Federal Employment for MilSpouses
21st	Career Assessments
26th--1:30-4:30pm	Federal Resume & USAJobs

*Classes are from 1:30-2:30 pm, unless otherwise specified*

#### FEBRUARY

2nd, 16th	Employment Readiness Orientation
4th	LinkedIn Fundamental
10th	Write a Winning Resume
17th	Federal Employment for MilSpouses
18th	Career Assessments
23rd--9:00am-12pm	Federal Resume & USAJobs

*Classes are from 9:30-10:30 am, unless otherwise specified*

#### MARCH

2nd, 16th	Employment Readiness Orientation
4th	LinkedIn Fundamentals
10th	Write a Winning Resume
17th	Federal Employment for MilSpouses
18th	Career Assessments
23rd--1:30-4:30pm	Federal Resume & USAJobs

*Classes are from 1:30-2:30 pm, unless otherwise specified*

Register@[www.carson.armymwr.com/calendar](http://www.carson.armymwr.com/calendar) or call: 719.526.4590

FB@fortcarsonacsemploymentreadinessprogram

LinkedIn@fortcarsonemploymentreadiness









# Employment Opportunities

## Amazon Military Opportunities

Redefining what's possible is never easy.  
Are you up for a challenge?

At Amazon, thousands of veterans and military spouses are driving innovation and raising the bar on customer experience. On a daily basis, they apply knowledge, skills, and leadership abilities in a wide variety of careers while influencing change across the globe.

 facebook.com/amazonmilitary  amazonmilitary  amazonmilitary  Amazon Military Affairs

### Military Status

Veterans, National Guard, Reserve	<a href="https://amazon.jobs/military">amazon.jobs/military</a>
Military Spouses	<a href="https://amazon.jobs">amazon.jobs</a>
Transitioning Service Members	Search "Amazon Military SkillBridge" on <a href="https://amazon.jobs">amazon.jobs</a>
Active Security Clearance	<a href="https://amazon.jobs/AWSClearedVets">amazon.jobs/AWSClearedVets</a>
Student Veterans	<a href="https://amazon.com/university-ops">amazon.com/university-ops</a>

### Amazon Partners and Featured Roles

Mentorship	Veterati: <a href="https://veterati.com/amazon">veterati.com/amazon</a> or American Corporate Partners: <a href="https://acp-usa.org">acp-usa.org</a>
Hiring Our Heroes Corporate Fellowship Program	Transitioning service members and military spouses: <a href="https://hiringourheroes.org/fellowships">hiringourheroes.org/fellowships</a>
DoD SkillBridge	Search "Amazon Military SkillBridge" on <a href="https://amazon.jobs">amazon.jobs</a>
Delivery Service Partners	Start your own business: <a href="https://logistics.amazon.com">logistics.amazon.com</a>
Veteran & Spouse Entrepreneurs	Sell on Amazon: <a href="https://services.amazon.com">services.amazon.com</a>
RING	Search "1062986" for Glendale, "1056478" for Phoenix, "1062984" for Mesa on <a href="https://amazon.jobs">amazon.jobs</a>
Reliability, Maintenance, & Engineering	<a href="https://amazon.avature.net/military">amazon.avature.net/military</a>
Warehouse Associates and Whole Foods Shoppers	Hourly roles, full-time, part-time, and flex schedules: <a href="https://amazon.com/militaryjobs">amazon.com/militaryjobs</a> or text "Military" to 77088

### Additional Resources and Information

Military Affairs Webinars	<a href="https://amazonmilitarywebinarseries.splashthat.com">amazonmilitarywebinarseries.splashthat.com</a>
AWS Educate	<a href="https://aws.amazon.com/education/awseducate/veterans">aws.amazon.com/education/awseducate/veterans</a>

### Cohort-Style Training Programs

Technical Apprenticeship	<a href="https://amazon.jobs/mil-apprentice">amazon.jobs/mil-apprentice</a>
Military Pathways Program	Search "1194531" on <a href="https://amazon.jobs">amazon.jobs</a>
Veteran Business Leader Program	Veterans and Military Spouses: search "935928" on <a href="https://amazon.jobs">amazon.jobs</a> Transitioning Service Members search "1069502" on <a href="https://amazon.jobs">amazon.jobs</a>

## FORT CARSON EMPLOYMENT READINESS



### SEASONAL JOB OPPORTUNITIES

- **Lowe's:** Retail Associates, Stocking & Receiving, Cashiers
- **The Home Depot:** Warehouse Support/Warehouse Associate, Cashier, Store Support, Department Supervisor, Freight/Receiving, Customer Service/Sales, Designer (Kitchen), Lot Associate
- **Kohl's:** Stockroom, Operations Associate, Retail Sales Associate
- **Target (Colorado Springs):** Guest Advocate, General Merchandise Fulfillment, Front of Store Attendant, Food & Beverage
- **Burlington Stores:** Seasonal Receiving Associate, Cashier, Retail Sales Associate
- **AAFES:** Food Service Worker, Customer Experience Associate, Store Associate
- **UPS:** Package Handler (Warehouse), Delivery Driver, Driver Helper, Seasonal Personal Vehicle Package Driver
- **USPS (Colorado):** Mail Handler Assistant, Mail Processing Clerk
- **Party City:** Seasonal Sales Associate
- **Duluth Trading Company:** Retail Sales Associate
- **Michaels:** Seasonal Replenishment Team Member
- **Macy's:** Seasonal Retail
- **Starbuck's:** Baristas--Various Locations

Visit us @ <https://carson.armymwr.com/programs/employment-readiness>  
Follow Us on Facebook at Fort Carson ACS Employment Readiness Program for More Seasonal Opportunities





# Employment Opportunities

**HIRING OUR HEROES**  
U.S. CHAMBER OF COMMERCE FOUNDATION

## CORPORATE FELLOWSHIP PROGRAM

### CONNECTING TRANSITIONING SERVICE MEMBERS TO EXCEPTIONAL PROFESSIONAL OPPORTUNITIES

The Hiring Our Heroes **Corporate Fellowship Program** provides transitioning service members with management training and hands on experience in the civilian workforce to prepare them for a smooth transition to civilian careers



POST FELLOWSHIP  
JOB OFFER RATE

**92%**



COMPLETED  
FELLOWSHIPS

**OVER 2,000**



PARTICIPATING  
COMPANIES

**OVER 200**

### CFP PROGRAM LOCATIONS



[HiringOurHeroes.org/fellowships](http://HiringOurHeroes.org/fellowships)

Nicole Holling | [NHolling@uschamber.com](mailto:NHolling@uschamber.com) | 202.568.1623

**HIRING OUR HEROES**  
U.S. CHAMBER OF COMMERCE FOUNDATION

## CORPORATE FELLOWSHIP PROGRAM

### AM I ELIGIBLE TO APPLY?

- You must be within a year of separation\*
- You must be on active duty for the duration of the 12 week program
- You'll need a bachelor's degree and three years of leadership OR an associates degree and 5 years of leadership experience

\* Your fellowship must begin within 180 days prior to separation.



### THE SCHEDULE

**Monday - Thursday** you work in a mid to senior level professional position, matched to your skills and experience, with a host company in one of our locations.

**Friday** is spent in the classroom and at partner companies, gaining corporate skills and networking. You'll also have the opportunity to take a certification track course through our partner Simplilearn



### UPCOMING PROGRAM DATES

**JAN. 11 - APR. 2, 2021**

*Completed application packets due by October 23, 2020*

**MAY 3 - JUL. 23, 2021**

*Completed application packets due by March 18, 2021*

### OUR SPONSORS



[HiringOurHeroes.org/fellowships](http://HiringOurHeroes.org/fellowships)

Nicole Holling | [NHolling@uschamber.com](mailto:NHolling@uschamber.com) | 202.568.1623



# Employment Opportunities

**ONWARD**  
TO  
**OPPORTUNITY**

IN PARTNERSHIP WITH:  
**VCTP**  
VETERANS CAREER  
TRANSITION PROGRAM

## PLANNING FOR YOUR CAREER AFTER THE MILITARY?

Introducing, a straightforward  
employment program for transitioning  
service members and spouses

### WHAT IS O2O-VCTP?

Onward to Opportunity in partnership with the Veterans Career Transition Program (O2O-VCTP) understands the time to train and place military families in jobs is while you're still serving and not after.

With no-cost training and certification in over 30 top-paying career fields and direct connections to over 500 military-friendly employers, this career transition program utilizes in-person and online learning options to best fit your needs.

During the program, you are also connected to Hire Heroes USA, our national career services partner program that provides free, personalized career coaching and job sourcing.

Please visit [onward2opportunity-vctp.org](http://onward2opportunity-vctp.org) or talk with your installation Program Manager for more information.

### ELIGIBILITY

**Active Duty Service Members**  
(to include active guard and reserve) within 6 months of separation or retirement

**National Guard and Reserve**  
currently serving in a non-active status

**Post 9/11 veteran**  
(retired or separated) with an honorable discharge

**Spouses**  
of any active duty service member, post 9/11 veteran and active duty National Guard or Reserve.

[ONWARD2OPPORTUNITY-VCTP.ORG](http://ONWARD2OPPORTUNITY-VCTP.ORG)

@Onward2OppVCTP

@IVMFSyracuseU

 A program of the Institute for Veterans and Military Families.

## CERTIFICATION TRAINING TRACKS\*



### BUSINESS MANAGEMENT

#### Project Management:

- PMP
- CAPM
- Six Sigma Green Belt

#### Human Resources:

- aPHR
- PHR
- SPHR

#### Customer Service Excellence:

- Call Center Fundamentals



### INFORMATION TECHNOLOGY

#### • CompTIA A+

#### • Security+

#### • Cloud+

#### • Linux+

#### • Server+

#### • Network+

#### • SSCP

#### • CISSP

#### • GIAC

#### • GSEC

#### • GCIA

#### • Certified Ethical Hacker

#### • CCENT

#### • CCNA

#### • ITIL

#### • Java SE7 & SE8

#### • Oracle 11G & 12C



### DIRECT TO EMPLOYMENT

Complete the O2O assessment and if eligible, be fast-tracked to employment support and interview matching from Hire Heroes USA.

\*Courses may vary based on location. Please contact your local installation team.

## TESTIMONIAL

### QUENTIN HAGEWOOD

U.S. Army Veteran, O2O-VCTP Fort Carson Graduate

#### Current Position:

Network Operations Center Technician at CenturyLink

#### Track:

IT (Cisco Certified Network Associate)

"The O2O program offered through the IVMF has provided a fantastic opportunity for me and my wife to obtain highly demanded professional certifications at no cost to us. These certifications give us valuable knowledge as well as make us more marketable in the civilian job market. The courses are challenging and managing your time in order to learn the material and complete the certifications successfully is critical, but well worth it!"



## WHY O2O-VCTP?

- Onward to Your Career Training and access to online learning pathways.
- Direct connections to 500+ national employer partners through Hire Heroes USA
- Networking opportunities and connections
- One FREE industry certification exam
- FREE resume assistance, interviewing technique training and interview matching to employers in your industry
- Non-credit certificate of completion from the IVMF at Syracuse University upon course completion



## FOR ADDITIONAL INFORMATION

### ► INSTALLATION TEAM

JOE ALDAZ, FORT CARSON PROGRAM MANAGER

E [jvaldaz@syrr.edu](mailto:jvaldaz@syrr.edu)

KATRINA LUSK, FORT CARSON PROGRAM COORDINATOR

E [kmlusk@syrr.edu](mailto:kmlusk@syrr.edu)

## INTERESTED EMPLOYERS CONTACT

### ► ANTHONY COSBY

DIRECTOR, EMPLOYER OUTREACH | O2O-VCTP  
INSTITUTE FOR VETERANS AND MILITARY FAMILIES

T 210.844.8154 | E [atcosby@syrr.edu](mailto:atcosby@syrr.edu)

\*O2O-VCTP leverages DoD SkillBridge authority to conduct career skills training on US military installations. The DoD and Service Branches do not endorse any company, sponsor or their products or services.

JPMORGAN CHASE & CO.

SCHULTZ  
FAMILY  
FOUNDATION

accenture  
High performance. Delivered.

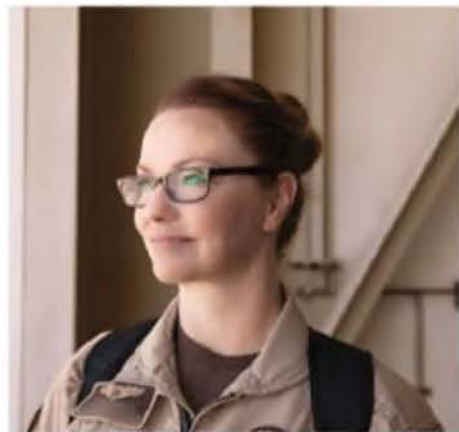
HIRE  
HEROES

BLUE STAR  
FAMILIES

**APPLY NOW ► [ONWARD2OPPORTUNITY-VCTP.ORG](http://ONWARD2OPPORTUNITY-VCTP.ORG)**



# Employment Opportunities



U.S. Customs and  
Border Protection

## ARE YOU READY FOR YOUR NEXT MISSION?

Attend CBP Frontline Career Days to  
learn about opportunities to serve your  
nation on a new frontline.

INFORMATION SESSIONS:

January 13<sup>th</sup>, 2021  
1400 – 1530 EST

SIGN UP AT:

<https://bit.ly/3m1cHyJ>

Virtual Information Session to learn about  
exciting career opportunities with CBP



## ACP Helps Military Spouses Advance Their Careers



ACP is a nationwide non-profit dedicated to assisting veterans and active duty military spouses on their path towards meaningful employment.

**1:1**

### Customized Mentorships

ACP hand-selects a Mentor  
for each spouse Protégé

**12**

### Significant Conversations

Mentors and Protégés connect at  
least once a month for up to a year

**35+**

### Areas of Expertise

Mentors come from many  
professional industries

Whether you are considering a new career, starting a small business or have recently moved locations, ACP has Mentors offering their assistance. Our Mentors are volunteers with years of experience and can help with:

- Career exploration
- Entrepreneurship and small business growth
- Résumé review
- Interview preparation
- Networking
- Career coaching
- Overall professional development

You supported your spouse's career - let us support yours.  
Get started today at [www.acp-usa.org/spouses](http://www.acp-usa.org/spouses)





# Army Community Service – New Parent Support Program

Fort Carson ACS New Parent Support Program presents

## Nourish and Nurture



**2nd Monday of each month  
10:30 a.m.- 11:30 a.m.**

Class designed to assist parents in feeding their infant and children up to age 3 years. Monthly topic will cover a variety of subjects: nursing infants, bottle feeding, first foods, picky eaters, ages and stages of development in feeding, and homemade baby foods.

The monthly topic will be sent upon registration.

Register online: [www.carson.army.mil/acs](http://www.carson.army.mil/acs)

For more information: (719) 526-0461



New Parent Support Program presents

## Single Parenting

*brown bag lunch -n- learn*  
*a resource group for single parents*



Connect with fellow Soldiers and community partners to help you on your journey to survive and thrive as a single parent.

18 Nov & 30 Dec, 2020

27 Jan, 24 Feb, 24 Mar, 28 Apr & 26 May, 2021

Noon-1 P.M. • ACS Annex, bldg. 7492

[www.carson.army.mil/acs](http://www.carson.army.mil/acs) • (719) 524-1899





# Army Community Service – Army Emergency Relief

## AER CAN HELP WITH



FOOD

CLOTHING



UTILITIES

AND MORE!

## EMERGENCY TRAVEL ASSISTANCE FOR ROTC CADETS



Army Emergency Relief has expanded emergency travel assistance to ROTC cadets under contract to serve in the U.S. Army.

For more Information click [HERE](#)

## ARMY EMERGENCY RELIEF

## PCS ASSISTANCE



### ARE YOU ABOUT TO PCS?

AER can help **Active Duty Soldiers, Active Guard and Reserve Soldiers\***, and their **Families**, with **zero-interest loans, grants, or a combination of both.**

\*Title 10 orders for at least 31 consecutive days. Exceptions may apply. Talk to your nearest Military Aid Office.

### AER CAN HELP

AER can help with expenses **before, during, and after a PCS**, such as auto repair, rent deposit, temporary lodging, appliance repair, child care assistance, spouse relicensing, and more.

Assistance for pet-boarding may be offered as an exception.

**Talk to your nearest AER officer to learn more.**



### HOW TO APPLY

3 ways to receive assistance from AER:

1. Talk to your Chain of Command
2. Visit your nearest AER office at **[armyemergencyrelief.org/offices](https://armyemergencyrelief.org/offices)**
3. Call the American Red Cross at 1-877-272-7337



### DETAILS ABOUT PET BOARDING

- AER may provide assistance for pet boarding fees, as an exception, for Soldiers affected by the COVID-19 pre & post PCS 14-day quarantine (Restriction of Movement)
- Pet boarding assistance may be provided for up to 15 days pre and post PCS (30 days total)
- Requests for more than 30 days of pet boarding will be forwarded to HQ AER for consideration
- Soldiers must provide an estimate of the pet boarding costs
- Assistance may be provided as a zero-interest loan, grant, or combination of both

VISIT **[ARMYEMERGENCYRELIEF.ORG](https://armyemergencyrelief.org)** FOR MORE INFORMATION



**AER**



# Army Community Service – Upcoming Classes & Events

Date	Class	Time
<b>December 22<sup>nd</sup></b>	<a href="#">Baby Sign Language Basics</a>	9:00am – 11:00am
	<a href="#">Everyday English for Foreign Born Spouse</a>	9:30am – 11:30am
	<a href="#">Infant Massage &amp; Baby Nurturing</a>	9:30am – 11:00am
	<a href="#">Center on Fathering</a>	1:00pm – 3:00pm
	<a href="#">Heartbeat</a>	6:15pm – 8:00pm
<b>December 23<sup>rd</sup></b>	<a href="#">Budgeting 101</a>	10:00am – 11:00am
	<a href="#">Homebuyer's Workshop</a>	1:00pm – 4:00pm
<b>December 24<sup>th</sup></b>	<a href="#">Toddler Time</a>	9:30am – 11:00am
	<a href="#">Thrift Savings Plan Class</a>	1:00pm – 2:00pm
<b>December 29<sup>th</sup></b>	<a href="#">Everyday English for Foreign Born Spouse</a>	9:30am – 11:30am
	<a href="#">Infant Massage &amp; Baby Nurturing</a>	9:30am – 11:00am
	<a href="#">Center on Fathering</a>	1:00pm – 3:00pm
<b>December 30<sup>th</sup></b>	<a href="#">Sole Parenting Group</a>	12:00pm – 1:00pm

Date	Class	Time
<b>December 31<sup>st</sup></b>	<a href="#">Toddler Time</a>	9:30am – 11:00am
	<a href="#">Thrift Savings Plan Class</a>	1:00pm – 2:00pm
<b>January 4<sup>th</sup></b>	<a href="#">Parents as Teachers</a>	10:30am – 11:30am
<b>January 5<sup>th</sup></b>	<a href="#">Boot Camp For New Dads</a>	9:00am – 12:00pm
	<a href="#">Banking Management</a>	9:30am – 10:30am
	<a href="#">Command Family Readiness Representative (CFRR) Academy</a>	9:30am – 4:00pm
	<a href="#">Everyday English for Foreign Born Spouses</a>	9:30am – 11:30am
	<a href="#">Infant Massage &amp; Baby Nurturing</a>	9:30am – 11:00am
	<a href="#">Employment Readiness Orientation</a>	1:30pm – 2:30pm
	<a href="#">PREP The 3 Keys</a>	1:30pm – 3:30pm

Click class/event name to register and/or learn more



# Guide to Holiday Support Programs – 2020

Date	Program	Location	How to Apply
Meal pick-up begins 16 Nov	CONNECTIONS 4 LIFE Walk through food pantry and select items for a Thanksgiving meal.	6436-U South Highway 85/87 (behind Wendy's) Fountain, CO 80817	Must sign up in person at location listed beginning 5 Nov. Call 719-387-9919 for times.
Meal giveaway Nov 19 3:30 p.m.	MT. CARMEL THANKSGIVING MEAL GIVEAWAY	530 Communication Circle, COS 80903	Eligibility: Active Duty, veteran, or dependent. Call 719-712-7000 for more information or visit the website at <a href="http://www.veteranscenter.org">www.veteranscenter.org</a> .
Apply now - 25 Nov	CHRISTMAS TO GO Each box will contain materials and instructions for 3-4 child friendly craft projects related to the Christmas season.	Pick-up at Soldiers Memorial (name) on or prior to Nov 29.	Visit the 4ID and <a href="https://www.facebook.com/FortCarsonReligiousSupportOffice">Fort Carson Religious Support Office Facebook page</a> for form or email <a href="mailto:Heidi.a.mcallister.civ@mail.mil">Heidi.a.mcallister.civ@mail.mil</a>
TBD	CHRISTMAS UNLIMITED HOLIDAY TOY DISTRIBUTION Provides toys for children ages 1-12.	Christmas Unlimited Distribution Center 2204 E Boulder St. Colorado Springs, CO 80909	Applications available at the ACS Center, Bldg. 1201 early November. Call 719-955-0742 for other locations.
Meal pick-up begins Dec 14.	CONNECTIONS 4 LIFE Walk through food pantry and select items for a Holiday meal.	6436-U South Highway 85/87 (behind Wendy's) Fountain, CO 80817	Must sign up in person at location listed beginning Dec 3.
Apply now!	CHRISTMAS TREE PROJECT Apply for free fully decorated Christmas trees.	4575 Galley Road Colorado Springs, CO, 80915	Visit <a href="http://www.thechristmastreeproject.org/">http://www.thechristmastreeproject.org/</a> and select 'Request a Tree' to apply.
Dec 19	SANTA BOB CHRISTMAS GIVEAWAY Meal kits and gift cards for each child.	TBD	Visit <a href="https://www.santa-bob.org/events.html">https://www.santa-bob.org/events.html</a> for giveaway updates.
TBD	TREES FOR TROOPS A private organization will donate live trees to BMTN for distribution to Active Duty Soldiers.	TBD	CSMs provided vouchers to distribute within their units for pick up. More information to follow.
TBD	SALVATION ARMY CHRISTMAS ASSISTANCE Various support available.	TBD	Call for 303-295-3366 for more information.
Ongoing support available	HELPING HANDS EL PASO COUNTY COMMUNITY RESOURCES List of helping agencies available in El Paso County.	List available 24/7 at: <a href="https://research.ppld.org/HelpingHands">https://research.ppld.org/HelpingHands</a>	Call 211 from your home phone or 955-0742 from your cell phone for resource referrals within El Paso County.

\*\*This list is not inclusive of all off-post (public) holiday support – No US Army / Fort Carson endorsement implied – All information subject to change – Updated 15 October 2020.



# Guide to Holiday Support Programs – 2020

Date	Program	Location	How to Apply
Various deadlines, see website listed	EL PASO COUNTY FREE HOLIDAY ASSISTANCE PROGRAMS Learn how to apply for Angel Tree, free Christmas Tree Project, Toys for Tots, food and gifts. Each El Paso County non-profit will have their own individual application process as well as eligibility criteria.	Various	Visit <a href="https://www.needhelppayingbills.com/html/el_paso_county_colorado_free_holiday_assistance.html">https://www.needhelppayingbills.com/html/el_paso_county_colorado_free_holiday_assistance.html</a> for more information on how to apply for each program.
Register now - 7 Nov <del>Shopping Dec 7-11</del> (Appt only)	MOUNTAIN POST SANTA'S WORKSHOP Provides toys, books and games that parents "shop" and pick out for their children ages 6 months to 12 years. Based on financial need, not rank or income.	5769 Wallace Street, BLDG 1045 (East side of building)	Applications due Nov 7. Applications available at <a href="http://www.mountainpostsantasworkshopco.com">www.mountainpostsantasworkshopco.com</a> Shopping is Dec 7-11 by appointment only Questions - <a href="mailto:coloradoMPSW@gmail.com">coloradoMPSW@gmail.com</a>
1 Nov	DEPARTMENT OF HUMAN SERVICES – LEAP PROGRAM LEAP (Low-income Energy Assistance Program) is a federally funded program that helps eligible hardworking Colorado families	1-866-HEAT-HELP	Applications available Nov 1 at <a href="https://www.colorado.gov/pacific/cdhs/leap#Apply">https://www.colorado.gov/pacific/cdhs/leap#Apply</a>
Register now. <del>Pick up Nov 10</del> 10 a.m. – 4 p.m.	OPERATION HOMEFRONT HOLIDAY MEALS FOR MILITARY Provides gift cards to purchase holiday meals. Open to Post 9/11 wounded, ill or injured service members of any rank, both currently serving and those no longer serving in the military or E1-E6 Active Duty	TBD	Visit <a href="http://my.operationhomefront.org">my.operationhomefront.org</a> to register now. Call 719-649-0091
Register now – Dec 7	SOLDIERS ANGELS ADOPT – A - FAMILY Provides gifts for children and a grocery gift card to help purchase holiday dinner and trimmings. Open to families of deployed service members, families of Post 9/11 wounded, ill and injured service members and veterans, and veteran families enrolled in the HUD/VASH program ONLY.	Families selected will be advised of next steps after selection.	Visit <a href="https://soldiersangels.org/programs/familysupport/adopt-a-family/">https://soldiersangels.org/programs/familysupport/adopt-a-family/</a> to apply.
05 Nov <del>10:00 a.m. – 2 p.m.</del>	WARRIOR'S WAREHOUSE ANNUAL COAT GIVEAWAY One new or gently used coat, hats, gloves and scarves for each FM. Accepting donations now.	William "Bill" Reed Special Live + Center	Self-refer/walk-in

\*This list is not inclusive of all off-post (public) holiday support – No US Army / Fort Carson endorsement implied – All information subject to change – Updated 15 October 2020.



# Hot Links!

[Auto](#)

[Army Community Service](#)

[BOSS](#)

[Child and Youth Services](#)

[Community Events](#)

[Conference & Catering](#)

[Financial](#)

[Fort Carson Mountaineer](#)

[Fort Carson MWR Events](#)

[Fountain Fort Carson School District 8](#)

[Libraries](#)

[Outdoor Recreation](#)

[Peterson AFB MWR](#)

[Pikes Peak Cultural Events](#)

[Schriever AFB MWR](#)

[Social & Dining](#)

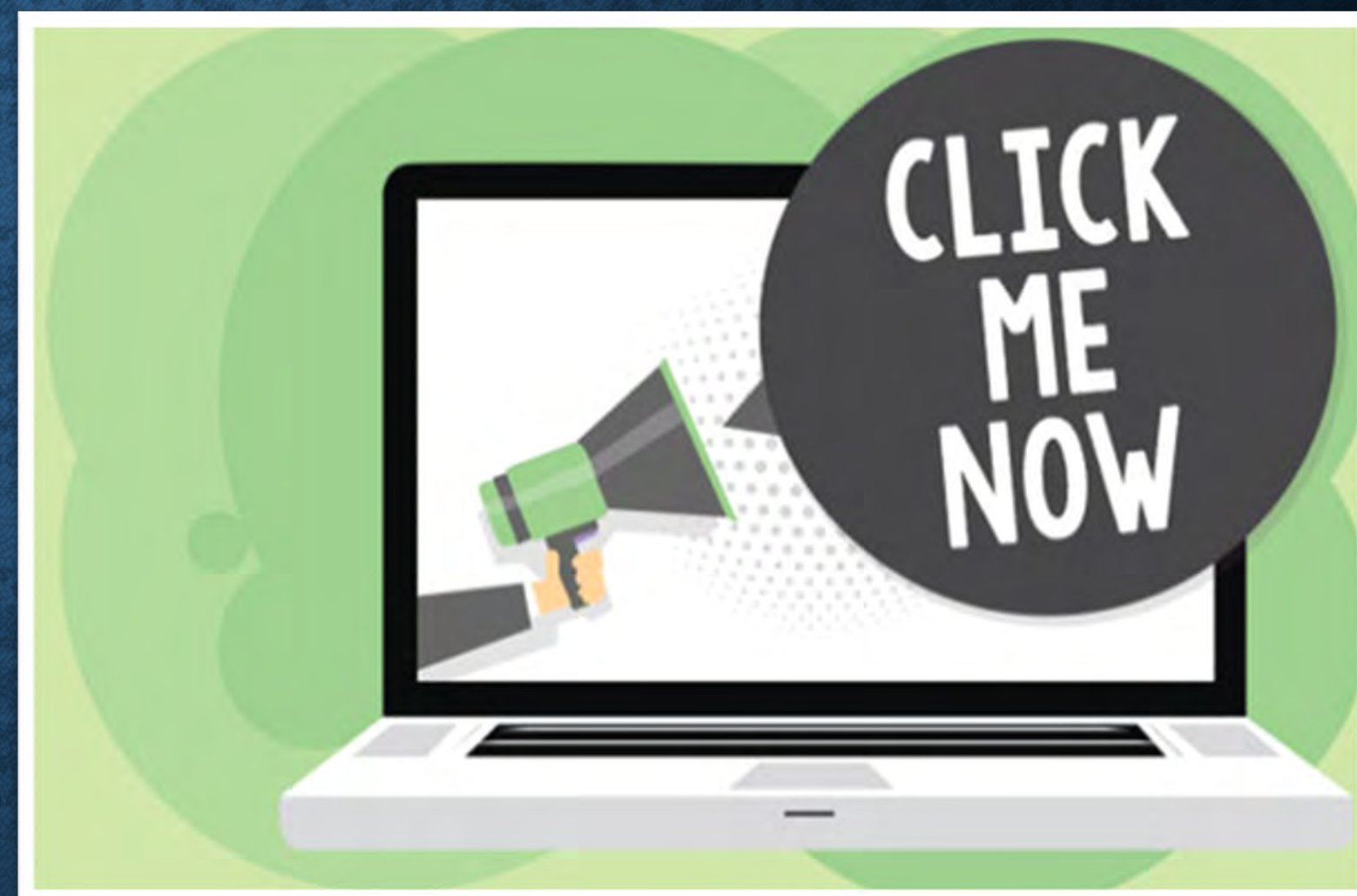
[Specialty Services](#)

[Sports & Fitness](#)

[Tickets](#)

[U.S. Air Force Academy MWR](#)

[USO Events](#)





## Holiday Observances

25 December 2020, Christmas Day

01 January 2021, New Year's Day

18 January 2021, Dr. Martin Luther King, Jr. Day

15 February 2021, Presidents' Day

31 May 2021, Memorial Day

05 July 2021, Independence Day (Observed)

06 September, 2021, Labor Day

## Fiscal Year 2021

## Training Holidays

**24 December 2020, Thursday before Christmas Day**

**31 December 2020, Thursday before New Year's Day**

**15 January 2021, Dr. Friday before Martin Luther King, Jr. Day**

**12 February 2021, Friday before Presidents' Day**

**28 May 2021, Friday before Memorial Day**

**06 July 2021, Tuesday after Independence Day**

**03 September, 2021, Friday before Labor Day**



# Food Resources



## Free Lunch and Breakfast for Students

Every Tuesday from 12 PM to 2 PM:  
Location: Turman Elementary School  
3245 Springnite Dr

Every Wednesday from 12PM to 2PM:  
Location: CPCD Central Office  
2330 Robinson St

Available for any child 1-18  
7 days Breakfast & Lunch w/gallon milk  
Per child

Distributions will be drive up style. Please remain in your car and follow traffic instructions from volunteers!

All are welcome! Please tell family, friends, neighbors, or anyone you know who might be interested!



## MOBILE FOOD PANTRY LIST

AGENCY	DISTRIBUTION TIME
<b>AGAPE FELLOWSHIP CHURCH</b> 611 Broadway Ave., Pueblo, CO, 81004	4 <sup>th</sup> Tuesday 11:00 a.m.
<b>BLANCA/FORT GARLAND COMMUNITY CENTER</b> 17591 Hwy 160, Blanca, CO, 81123	1 <sup>st</sup> Monday 9:00 a.m.
<b>CRESTONE FOOD BANK</b> 108 W. Galena Ave., Crestone, CO, 81131	1 <sup>st</sup> Tuesday 9:00 a.m.
<b>DEERFIELD HILLS COMMUNITY CENTER</b> 7290 Deerfield Hills Rd., Colorado Springs, CO, 80916	4 <sup>th</sup> Friday 11 a.m.
<b>EASTERN PLAINS COMMUNITY PANTRY</b> 701 4 <sup>th</sup> Street, Calhan, CO, 80808	3 <sup>rd</sup> Friday 11:00 a.m.
<b>EASTSIDE ACTION SUPPORT TEAM</b> 1315 E 7 <sup>th</sup> St., Pueblo, CO, 81001	3 <sup>rd</sup> Friday 2:00 p.m.
<b>ECUMENICAL CHURCH OF PUEBLO WEST</b> 434 S. Conquistador Ave., Pueblo, CO, 81007	3 <sup>rd</sup> Friday 3:00 p.m.
<b>LOAVES &amp; FISHES CANON CITY</b> 241 Justice Center Drive, Canon City, CO, 81212	2 <sup>nd</sup> Friday 11 a.m.
<b>LYNN GARDENS BAPTIST CHURCH</b> 3804 W. Pueblo Blvd., Pueblo, CO, 81005	3 <sup>rd</sup> Wednesday 9:30 a.m.
<b>OUR LADY OF THE VALLEY CATHOLIC CHURCH</b> 19617 Hwy 285, La Jara, CO, 81140	1 <sup>st</sup> Monday 10:00 a.m.
<b>PEAK VISTA</b> 350 Lyckman Dr., Fountain, CO, 80817	2 <sup>nd</sup> Friday 9:00 a.m.
<b>PIKES PEAK COMMUNITY COLLEGE - CENTENNIAL</b> 5675 S. Academy Blvd., Colorado Springs, CO, 80906	3 <sup>rd</sup> Monday 11:00 a.m.
<b>PRAISE ASSEMBLY OF GOD</b> 2000 Troy Ave., Pueblo CO 81001	4 <sup>th</sup> Wednesday 11:00 a.m.
<b>PRAISE COMMUNITY CHURCH</b> E. 3 <sup>rd</sup> & E. 4 <sup>th</sup> , Florence, CO, 81226	1 <sup>st</sup> Friday 12:00 p.m.
<b>PUEBLO COMMUNITY COLLEGE</b> 900 W. Orman Ave., Pueblo, CO, 81004	1 <sup>st</sup> Tuesday 11:30 a.m.
<b>UTE MOUNTAIN UTE TRIBE</b> 311 S. Sunset Blvd., Towaoc, CO, 91334	3 <sup>rd</sup> Tuesday 11:00 a.m.
<b>VALLEY COMMUNITY CHURCH</b> 4253 Mercantile, Colorado City, CO, 81019	3 <sup>rd</sup> Tuesday 1:00 p.m.

► For additional food pantry referrals dial 2-1-1 or visit the FindFood link on [www.careandshare.org](http://www.careandshare.org)



# Food Resources

## COMMUNITY MEALS OVER WINTER BREAK

Pick Up Monday - Wednesday

December 21 - 23

December 28 - 30

January 4 - 6

9 - 10 a.m.

### LOCATIONS

On Post:  
All Five Schools

In Fountain:  
Aragon Elementary, Eagleside Elementary,  
Mesa Elementary and FFCHS

Bags on Mondays and Tuesdays will have two  
breakfasts and lunches.  
Bags on Wednesdays will have three breakfasts and  
lunches.

STUDENTS DO NOT NEED TO BE PRESENT WHEN PICKING UP MEALS.  
THIS INSTITUTION IS AN EQUAL OPPORTUNITY EMPLOYER.

FOUNTAIN - FORT CARSON

## FOOD PANTRY

**THURSDAYS  
FROM 3:30-5:30PM**

**WELTE EDUCATION CENTER  
330 LYCKMAN PL.**

**PLEASE REMAIN IN YOUR CAR AND  
PULL UP IN FRONT OF THE  
BASKETBALL COURT**

AVAILABLE TO ANY FFC8 STAFF MEMBER AND FAMILIES WITH AN FFC8 STUDENT



# Fort Carson Religious News & Services

## NURTURE THE LIVING CARE FOR THE WOUNDED AND HONOR THE FALLEN


Fort Carson & 4<sup>th</sup> Infantry Division

Chaplain Hotline  
(719) 387-1574

A Chaplain is available to you  
24 hours a day 7 days a week

Chaplains have complete confidentiality  
and are here to assist you



 [Facebook.com/4IDCarsonRSO](https://www.facebook.com/4IDCarsonRSO)

## Fort Carson Sunday Religious Services

Catholic Mass	Soldier Memorial Chapel	
	0900 In person inside sanctuary	
	1030 Outdoor / Drive in Service	
	Live stream - <a href="https://www.facebook.com/Our-Lady-of-Fort-Carson-622517474897811/">https://www.facebook.com/Our-Lady-of-Fort-Carson-622517474897811/</a>	
ChapelNext	McMahon Theater	1000
	Live stream - <a href="https://www.facebook.com/chapelnextfortcarson/">https://www.facebook.com/chapelnextfortcarson/</a>	
Traditional Protestant	Provider Chapel	1100
	Live stream - <a href="https://www.facebook.com/ProviderChapel/">https://www.facebook.com/ProviderChapel/</a>	
Gospel Service	Prussman Chapel	1100
	Live stream - <a href="https://www.facebook.com/GospelService/">https://www.facebook.com/GospelService/</a>	
Samoan	Veterans Chapel	1100
	Live stream - <a href="https://www.facebook.com/4samoanprotserviceftcarson/">https://www.facebook.com/4samoanprotserviceftcarson/</a>	
Jewish Sunday School	Veterans Chapel	1300
	No Live steam currently	



# Fort Carson Religious News & Services

## HOW TO for the Holidays

The Religious Support Office has put together a "How To" booklet for the holidays.

This can very helpful for a new spouse who is in charge of a holiday meal. For an eCopy, email:

[heidi.a.mcallister.civ@mail.mil](mailto:heidi.a.mcallister.civ@mail.mil)



## Holiday Activities

2020

Fort Carson Religious Support Office  
719-526-5279

### DECEMBER

8	1145 / 1800	Immaculate Conception Mass	SMC	RC
12	0830	Hanging of the Greens	SMC	E
14	1700	Hanukkah Celebration	SMC	J
24	1630 / 2400	Christmas Eve Mass	SMC	RC
24	1600	Christmas Caroling	SMC	RC
24	1700	ChapelNext Christmas Eve Service	McMahon Theater A	
24	1830	Community Christmas Eve Service	SMC	A
24	1830	Christmas Eve Worship (In native language)	VET	S
25	0900 / 1100	Christmas Mass	SMC	RC
31	1830	New Year's Eve Worship (in native language)	VET	S

PRUS = Prussman Chapel  
SMC = Soldiers' Memorial Chapel  
VET = Veteran's Chapel

#### FAITH GROUP

A All Christian faiths  
E All persons  
P Protestant:  
G ~ Gospel  
GP ~ General Protestant  
S ~ Samoan

J Jewish  
RC Roman Catholic



"4ID and Fort Carson Religious  
Support Office"



# Scholarship News

Click [HERE](#) for 35+ Scholarships for Military Spouses and Military Kids

**Military Family Member Scholarship Opportunities,**  
**Click below to learn more!**

- [Nationwide Surviving Spouse and Dependent Children Scholarship Program](#)
- [Marine Gunnery Sergeant John D. Fry Scholarship](#)
- [Fisher House Foundation Scholarship Program](#)
  - [No Angel Left Behind](#)
  - [Freedom Alliance](#)

## YOUTH LEADERS WANTED!

The mission of The Fountain Youth Council is to develop and foster a self-directed group of youth leaders who are educated and informed of the functioning of local government, and that represent and advocate for youth throughout the community.



- Attend City Council or Board/Commission meetings
- Debate current issues
- Leadership coaching/training
- Community service
- Planning and implementation of youth-oriented events
- Visit State Capitol and/or State Representatives
- Learn about government processes and operations
- Meet with the Mayor and/or Councilmembers
- Developing budgets
- Meet once monthly
- Other activities the group deem valuable
- Become elected Chairperson, Vice Chairperson, or Secretary

## Scholarships

- Two, \$1,000 Youth Leadership Scholarships will be awarded annually
- Must be graduating with at least a 3.0 GPA
- Must attend 75% of FYC meetings; and participate in 75% of FYC events and activities
- Scholarships awarded by the City Council prior to the end of the school year

## Requirements

- City of Fountain resident
- Engage with peers, diverse groups, and government legislation
- 14-18 years of age; and public, private, or homeschooled
- Be prepared to fill a one year term
- Meet once monthly
- Participate in trainings, conferences and various discussions

For more information visit  
[www.fountaincolorado.org/youthcouncil](http://www.fountaincolorado.org/youthcouncil); or contact  
Councilperson Duncan at [youthcouncil@fountaincolorado.org](mailto:youthcouncil@fountaincolorado.org)

**LEARN.  
ADVISE.  
GET  
INVOLVED.**



# Tutoring News

## K-12 through College NO-COST TUTORING

+ HOMEWORK HELP AND TEST PREP

1:1 • Online • On-Demand • 24/7 • Anonymous

### 100+ SUBJECTS

#### MATH\*

Elementary Math  
Middle Grades Math  
Basic Math  
Pre-Algebra  
Algebra  
Algebra II  
Geometry  
Trigonometry  
Pre-Calculus  
Calculus  
Statistics  
Discrete Math  
Finite Mathematics  
AP\* and IB\* Subjects

#### SCIENCE\*

Basic Science  
Earth Science  
Biology  
Anatomy & Physiology  
Chemistry  
Physics  
Microbiology  
AP\* and IB\* Subjects

#### ENGLISH

Essay Writing  
Vocabulary  
Grammar  
Literature  
AP\* and IB\* Subjects  
Reading

#### ENGLISH LANGUAGE LEARNERS (ELL)

Reading Help  
English Language Use  
English Writing  
Types of Writing

#### SOCIAL STUDIES\*

Geography  
U.S. History  
European History  
World History  
Civics & Government  
AP\* and IB\* Subjects

#### SOCIAL SCIENCE

Introductory Psychology  
Introductory Sociology  
Research Methods

#### WORLD LANGUAGES: SPANISH, FRENCH, GERMAN, ITALIAN

Grammar  
Writing  
Reading Comprehension

#### BUSINESS

Accounting  
Economics  
Finance  
Business Law  
Principles of Management

#### COMPUTER LITERACY

MS Excel, PowerPoint, & Word  
Programming: Java  
Programming: C++

#### TEST PREP

SAT\*  
ACT\*  
PSAT\*

#### NURSING/ALLIED HEALTH

Medical Surgical  
Pharmacology  
Healthcare/Health Services  
Care Plans  
Pathophysiology  
Medical Terminology  
NCLEX Test Prep

#### STUDENT SUCCESS STUDY SKILLS

Study Techniques  
Choosing a Major  
Managing Knowledge Gaps  
Scholarly Resources  
Using Technology

#### LIFE SKILLS

Organizational Skills  
Motivation & Goals  
Learning Healthy Habits  
Building a Support System

### And More!

Visit [www.tutor.com/military/eligibility](http://www.tutor.com/military/eligibility) for full funding and program eligibility details. The appearance of the U.S. Department of Defense (DoD) visual information does not imply or constitute DoD endorsement. PSAT and SAT is a registered trademark of College Board, which is not affiliated with and does not endorse this product. ACT is a registered trademark of ACT, Inc.



TUTOR.COM for  
U.S. MILITARY FAMILIES  
[www.tutor.com/military](http://www.tutor.com/military)



GO TO [WWW.TUTOR.COM/MILITARY](http://WWW.TUTOR.COM/MILITARY)

## Tutor.com for U.S. Military Families™ Frequently Asked Questions



TUTOR.COM/MILITARY

### What is Tutor.com for U.S. Military Families?

Tutor.com for U.S. Military Families (Tutor.com/military), funded by the U.S. Department of Defense (DoD) and Coast Guard Mutual Assistance (CMGA), is a program that allows eligible students in grades kindergarten through college to connect to a live tutor online at any time (24/7/361) for one-to-one help with homework, studying, test prep and more, at no cost.

### Who is eligible to use Tutor.com/military?

To support DoD-affiliated personnel and their families impacted by COVID-19 disruptions, DoD Military Community and Family Policy (MC&FP) leadership has temporarily expanded eligibility for Tutor.com/military. As of April 2020, all DoD service members, civilian personnel and all dependent family members are eligible. DoD military children in grades K-12, Coast Guard families, and DoDEA students who were eligible to use Tutor.com/military prior to April 2020 will continue to access the program as usual.

Expanded eligibility to address COVID-19 disruptions is currently available through September 30, 2020. Those who are currently eligible to use Tutor.com/military at no cost:

DoD or Coast Guard Affiliation	Dependents			Service Member/ Federal Personnel
	Child (Grades K-12)	Child (College)	Spouse	
Funded by the U.S. Department of Defense (DoD)				
Army, Navy, Air Force, & Marine Corps (Active Duty, Reserve, National Guard, Wounded Warrior & Survivor of KIA)	✓	✓	✓	✓
DoD Civilians	✓	✓	✓	✓
Students attending schools operated and funded by DoDEA	✓	n/a	n/a	n/a
Cadets: DoD Service Academies	n/a	n/a	n/a	✓
Cadets: ROTC & NROTC	✓	✓	✓	✓
Funded by Coast Guard Mutual Assistance (CMGA)				
Coast Guard (Active Duty & Reserve)	✓	✓	✓	✓
Cadets and Cadet Candidates: Coast Guard Academy	n/a	n/a	n/a	✓
Coast Guard Civilians	✓	✓	✓	✓

DoD and Coast Guard military service members, civilian personnel, and dependent family members are all eligible to use Tutor.com/military when the service member is in either active/full-time or part-time/traditional drilling status, wherever they are located.

### Who can we contact with questions?

Email questions about Tutor.com/military to [militarysupport@tutor.com](mailto:militarysupport@tutor.com).

Complete and current program eligibility details are available at [www.tutor.com/military/eligibility](http://www.tutor.com/military/eligibility).

Tutor.com for U.S. Military Families is funded by the Department of Defense (DoD) MWR Library Program and Coast Guard Mutual Assistance (CGMA). Those who fund the program determine eligibility for its use. Long-term availability of the program is not guaranteed. Check student eligibility requirements at [www.tutor.com/military/eligibility](http://www.tutor.com/military/eligibility). Tutor.com for U.S. Military Families is a trademark of Tutor.com, Inc. | 2020\_MIL\_FAQ\_Sheet

Last updated April 23, 2020



# Tutoring News

## How It Works: Tutor.com Classroom

Connecting with expert tutors for on-demand, 1:1 help

The expert tutors at Tutor.com can help you work through a tough homework problem, improve your writing skills, study for a test, review a difficult concept and so much more!

### Get Started

1. Go to: [tutor.com/military](https://www.tutor.com/military).
2. Review eligibility requirements.
3. If eligible, create or sign into your free Tutor.com account.
4. Click on "Connect with a Tutor."

01



### Get the right tutor

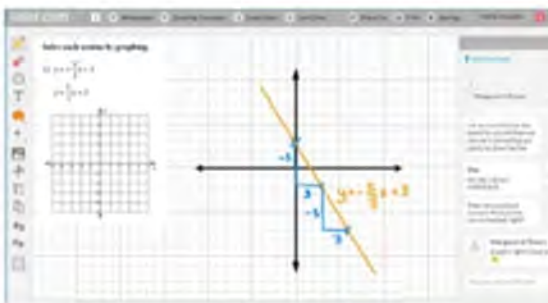
Fill in the quick pre-session questionnaire. Using this information, we will match you with the first available tutor best qualified to assist you.

02

### Communicate

You can use our chat box or an audio connection to either instant message or speak with your tutor once in the online classroom. You and the tutor may also use the interactive whiteboard to share work and ideas. All activity in the classroom is recorded for review and quality control.

03



### Share a file

You can share many types of files with your tutor in the classroom. Upload an essay, your lab report, a PowerPoint presentation and more. You and your tutor will be able to view the file together in the classroom.

04



### Use special tools

05

The classroom includes a graphing calculator, text editor and code editor when working on subject material that may require these special tools. Open these tools using the buttons above the whiteboard.



### Rate & Review Your Session

After each session, be sure to let us know how we did. Complete the survey and share your comments. Then, you'll have the option to play a video of your session, and email or print the chat log and whiteboards.

06

### Submit your paper

07

Our drop-off review service allows you to get expert help from a tutor without having to connect for a real-time session. Drop off your writing assignment and get detailed feedback and explanations within 24 hours. Retrieve your tutor's review under "My Sessions."

### Practice for a test

Use our practice quizzes to assess your level of knowledge and practice for upcoming tests or quizzes in math, science and English. Take a quiz, review your results and connect with a tutor to discuss any missed questions.

08



### Use "My Account"

09

- Review previous sessions and retrieve drop-off reviews from "My Sessions." Be sure to tag your favorite tutors when reviewing your sessions.
- Reconnect with your favorite tutors or see when they are next scheduled from "My Favorite Tutors."
- Access files you have saved or files you have shared with your tutors in session from "My Locker."

My Account

My Sessions  
My Favorite Tutors  
My Locker  
Account Settings  
Sign out

[www.tutor.com/military](https://www.tutor.com/military)

[www.tutor.com/military](https://www.tutor.com/military)

Visit [www.tutor.com/military/eligibility](https://www.tutor.com/military/eligibility) for full funding and program eligibility details. The appearance of the U.S. Department of Defense (DoD) visual information does not imply or constitute DoD endorsement.



TUTOR.COM for  
U.S. MILITARY FAMILIES  
[www.tutor.com/military](https://www.tutor.com/military)





# Fort Carson and the Surrounding Community – Mountain Post Recreation

## RECREATION DIVISION FY 21 EVENT CALENDAR

05 February ..... Cupid Shuffle Run @Ivy FitnessCenter  
1600-1830

13 March..... War Dog Memorial Run @Ivy Fitness Center  
0800-1100

10 April ..... Color Fest & Color Run @TBD  
1000-1400

07 May ..... Taco Trot @Iron Horse Park  
1600-1830

19 June ..... Freedom Rocks @Iron Horse Park  
1400-2200

04 July ..... Colorado Springs Wide Fireworks @TBD  
Time TBD

20-21 August ..... Spartan Race @TA2 & 4  
Time TBD

## FORT CARSON OUTDOOR RECREATION'S WINTER PROGRAMS & EVENTS

January 7th – Climbing Wall Orientation \$25 1830-2030 (location TBD)  
January 8th – Open Climb Night 1830-2000 (location TBD)  
January 10th – Ice Fishing (cost & location TBD)  
January 10th – Ski Tuning Clinic @ ODR (cost TBD)  
January 16th – Ice Climbing at Helen Hunt Falls \$55  
January 17th – WITW Mountain/Fat Tire Bike and Brew Cruise (cost TBD)  
January 21st – Climbing Wall Orientation \$25 1800-1930  
January 22nd - Open Climb Night 1830-2000 (location TBD)  
January 23rd – Frisco Nordic/Tubing day (cost TBD)  
January 13th – WITW Climbing Wall Orientation \$25 1830-2030 (location TBD)

\*Dates, times and prices are subject to change\*

Visit our website or call us for more information:

carson.armymwr.com/719-526-5176

/Follow us on Facebook and Instagram to stay up to date on programs:  
Mountain Post Recreation



### WINTER SCHEDULE IVY POOL 719-526-4093 EFFECTIVE 2 DECEMBER 2020



Active duty has priority MON-FRI from 0900-1600. All other use is on a first come, first serve basis.

Programs	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Active Duty Only Lap Swim</b> Capacity 8 20 max on deck	0500-0800	0500-0900	0500-0800	0500-0900	0500-0800		
<b>Soldier Recovery Unit</b>	0800-0900		0800-0900		0800-0900		
<b>Lap Swim</b> 2 per lane Capacity 8	0900-2100	0900-2100	0900-2100	0900-2100	0900-2100	0600-1930	0600-1930
<b>Main Pool Recreation Swim</b>	CLOSED IN ACCORDANCE WITH COVID 19 GUIDANCE						
<b>Ivy Family Pool</b>	CLOSED IN ACCORDANCE WITH COVID 19 GUIDANCE						
<b>Diving Boards/Slides</b>	CLOSED IN ACCORDANCE WITH COVID 19 GUIDANCE						

DIVING WELL USE IS RESTRICTED TO ORGANIZED MILITARY TRAINING BY RESERVATION ONLY. PLEASE CONTACT THE IVY FRONT DESK FOR MORE INFORMATION.

Ivy Pool Address: 6415 Specker Ave, BLDG 1925

Please visit carson.armymwr.com and like us on facebook at Mountain Post Recreation for information on upcoming events, closures and more!

\*Ivy Pool hours are subject to change on Federal and Training Holidays\*

**NELSON POOL CLOSED UNTIL FURTHER NOTICE DUE TO FACILITY REPAIR**

## SKI AND SNOWBOARD SEASON RENTALS

Starting October 31st at 0800, Outdoor Recreation will be open for season rentals on a first come first serve basis.

Adult Ski or Snowboard Season Rental Package: \$195  
(includes: skis or snowboard, boots, helmet, and poles/bindings)

Junior Ski or Snowboard Season Rental Package: \$165  
(includes: skis or snowboard, boots, helmet and poles/bindings)



# Fort Carson and the Surrounding Community – Army Wellness Center



## December 2020

Classes are free and open to active duty, family members, retirees, and civilians. All classes require pre-registration.

Fort Carson CO  
Bldg #1843  
Prussman Blvd.  
719-526-3887



Mon	Tue	Wed	Thu	Fri
	<b>1.</b> Bari Class 0945-1045	<b>2.</b> Upping Your Metabolism 1415-1515	<b>3.</b> Healthy Sleep Habits 0945-1045	<b>4.</b> Upping Your Metabolism 0945-1045
<b>7.</b> Optim Class 0945-1045	<b>8.</b> Fueling For Health 0945-1045	<b>9.</b> Upping Your Metabolism 1415-1515	<b>10.</b> Stress Management 0945-1045	<b>11.</b> Upping Your Metabolism 0945-1045
<b>14.</b> Upping Your Metabolism 0945-1045	<b>15.</b> Meals in Minutes 0945-1045	<b>16.</b> Optim Class 1415-1515	<b>17.</b> Healthy Sleep Habits 0945-1045	<b>18.</b> Upping Your Metabolism 0945-1045
<b>21.</b> Upping Your Metabolism 0945-1045	<b>22.</b> Fueling For Health 0945-1045	<b>23.</b> Upping Your Metabolism 1415-1515	<b>24.</b> Stress Management 0945-1045	<b>25.</b> 
<b>28.</b> Upping Your Metabolism 0945-1045	<b>29.</b> Meals in Minutes 0945-1045	<b>30.</b> Upping Your Metabolism 1415-1515	<b>31.</b> Healthy Sleep Habits 0945-1045	



### HOLIDAY HUSTLE FITNESS CHALLENGE

### EARN POINTS:

Tracking Nutrition - 10 pts for 5 days of complete tracking (Max 7 Submissions)  
Attending AWC Classes - 2 pts for each class (See Calendar)  
Tracking Steps - 15 pts for 10k a day (Max 10 Submissions)

Completing Workouts - 5 pts for 3 workouts per week (Bonus pts depending on workout)  
New Recipes - 5 pts per recipe (Max 7 Submissions)

Pre & Post Bod Pod - 20 pts each; additional pts for each fat weight lb loss and fat free weight gained  
Mystery Points - Awarded based on AWC Staff Preference



# Fort Carson and the Surrounding Community – Army Education Center

## COVID UPDATE:

**Beginning NOV. 30, 2020 The Fort Carson Education Center will provide in person services on a limited basis and by appointment ONLY for:**

- APT Testing (AFCT, DLPT, DLAB, SIFT)
- TABE testing
- BSEP/GT Prep courses **(CLASSES CANCELLED UNTIL 8 DEC 20)**

To schedule a test please contact the Testing Department by emailing:

[usarmy.carson.imcom.mbx.dlpt-testing@mail.mil](mailto:usarmy.carson.imcom.mbx.dlpt-testing@mail.mil)

**For General Questions, Call our Front Desk at 719-526-2124. NO WALK INS!**

For Counseling Support Services (to include CLEARING),  
email your assigned coun-selor:

### COLLEGE CONTACTS:

(Applications, Academic Advising)

Last Names A-C: BONNIE.M.RIVERA.CIV@MAIL.MIL

PPCC: 719-502-4200 [mvp@ppcc.edu](mailto:mvp@ppcc.edu)

Last Names D-G: AMANDA.E.FLYNN.CTR@MAIL.MIL

UCCS: 719-526-8066 [jyoung6@uccs.edu](mailto:jyoung6@uccs.edu)

Last Names H-K: MICHAEL.K.COYNE.CIV@MAIL.MIL

ERAU: 719-576-6858 [ColoradoSprings@erau.edu](mailto:ColoradoSprings@erau.edu)

Last Names L-P: KATHRYNE.M.JONES.CIV@MAIL.MIL

CSUP: 719-526-2509 [korine.new@csupueblo.edu](mailto:korine.new@csupueblo.edu)

Last Names Q-T: BILLIE.R.ELLIOTT.CTR@MAIL.MIL

UMGC: 719-313-6411 [baseadvisor@umgc.edu](mailto:baseadvisor@umgc.edu)

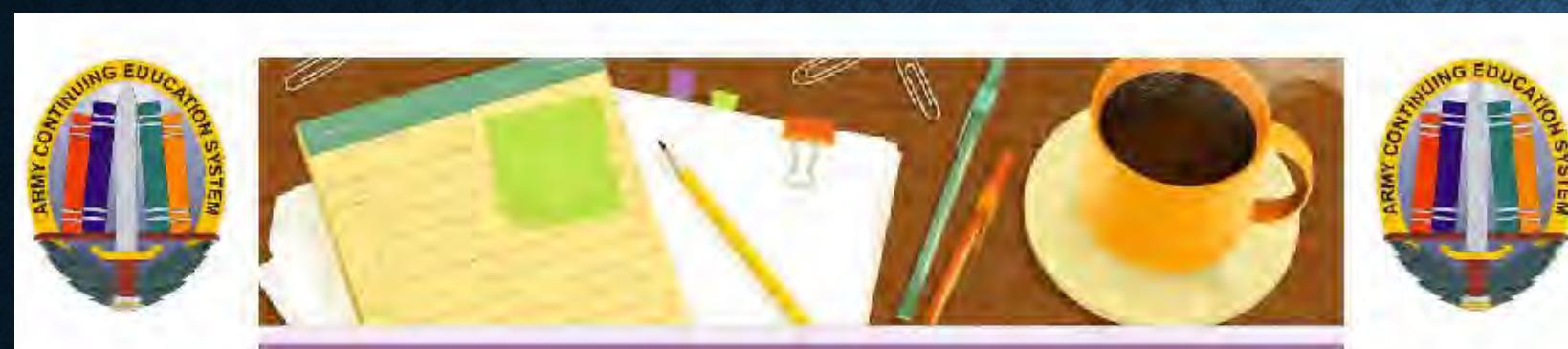
Last Names U-Z: STEVI.L.STEPHENS-MARTIN.CIV@MAIL.MIL

TRIO: 719-526-6818 (Financial Aid Assistance)

**MLF (COMPUTER LAB):**

**CLOSED INDEFINITELY**

**Thank you for your patience  
and understanding!**



Army Continuing Education System (ACES)  
FY21 Needs Assessment Survey



**SHARE YOUR VOICE TO  
IMPROVE ARMY  
EDUCATION!**

Completion of Tri-annual  
Education Center Needs  
Assessment is required for  
AR 621-5 compliance.  
*Completion Time: ~5 minutes  
End of data collection: 29 JAN 2021*

<https://docs.google.com/forms/d/e/1FAIpQLSfbgmzo2sDZ5x2xsfXXHpzyyBro3yfxD3QnyjmtlaGz50yi8w/viewform>



# Fort Carson and the Surrounding Community

## FREE TUITION PRESCHOOL

FOR  
AGES 0-5



VARIETY  
OF CLASS  
TIMES



SAFE  
QUALITY  
PROGRAMS



65  
LOCATIONS



Colorado Preschool Program | Head Start | Early Head Start

SUCCESS STARTS EARLY  
CALL TODAY  
ENROLLING YEAR-ROUND

719-635-1536 | [cpcdheadstart.org](http://cpcdheadstart.org)



### STEP 1

How old is your child?

#### Prenatal Mom to Child Age 3:

For children under 3, CPCD's Early Head Start programs serves prenatal moms, infants and toddlers living in low income situations, experiencing developmental concerns or having identified special needs. Due to the long wait lists of this program, families must qualify with these factors.

#### My child is between 3-5:

CPCD operates both Head Start and the Colorado Preschool Program for 3 to 5 year-olds. With these two programs eligibility needs vary. We encourage families at 300% of poverty and below to apply. Family situations and development concerns will also be factors in the placement process.

### STEP 2

For children 3-5,  
where do you live?

Note: We only serve families in El Paso County and certain school districts. Please [click here](#) to locate your home school and district.

CPCD operates classrooms in Harrison School District 2; Widefield School District 3; Fountain-Ft. Carson School District 8; Colorado Springs School District 11 (IF in home schools Carver, Grant, Twain, Monroe, Queen Palmer and Wilson); Academy School District 20 and Falcon School District 49 (WITH priority to Falcon and Evans home schools).

When in doubt, please call our Enrollment Department. An Enrollment Technician can walk you through the process.

### STEP 3

I think I qualify.  
What is next?

Fill out our online application.

[Enroll Now](#)

NOTE: If you receive an error that you have already filled out the application under ENROLL NOW, please click here and fill out Re-Enrollment Update Paperwork [HERE](#).

If you'd like to learn more about  
Colorado Preschool Program |  
Head Start | Early Head Start

[Click HERE!](#)



DID YOU KNOW?

WE ARE ON  
INSTAGRAM

Follow us @cpcdhs



# Fort Carson and the Surrounding Community

## Security Public Library TRIVIA NIGHT



Join us Fridays  
November 20, 2020  
&  
December 18, 2020  
at 7:00 pm.

Grab your phone, your parents, your kids, and your friends to  
compete once a month in a series of themed trivia events.

Visit [www.securitypubliclibrary.org](http://www.securitypubliclibrary.org) to sign up  
and we'll send you the information on how to join!

Questions? Contact Sarah Anspach at [anspachs@wsd3.org](mailto:anspachs@wsd3.org) or 719.391.3190



### Security Public Library

715 Aspen Drive  
Colorado Springs, Colorado 80911 | 719-391-3191  
[www.securitypubliclibrary.org](http://www.securitypubliclibrary.org)



## STORY TIME



Join us as we live stream a reading of  
your favorite children's stories! Facebook:  
[@usocoloradosprings](https://www.facebook.com/usocoloradosprings)  
Every other Wednesday at 7pm! See you  
then!





# Fort Carson and the Surrounding Community

## Soldiers' Angels ADOPT-A-FAMILY

Soldiers' Angels understands the unique challenges faced by military and veteran families during the holiday season. With deployments, VA medical appointments, or financial difficulties, providing a festive celebration can be difficult. The Soldiers' Angels Adopt-A-Family Program matches military/veteran families\* with individuals, businesses, or organizations that are eager and excited to help the family have a holiday to remember! Working through Soldiers' Angels, they will provide gifts for the children and a grocery gift card to help towards their holiday meal.

To learn more or apply, visit our website:

[www.SoldiersAngels.org/Adopt-A-Family](http://www.SoldiersAngels.org/Adopt-A-Family)



### Contact Us!

Phone: 210-629-0020

Email: [holidaysupport@soldiersangels.org](mailto:holidaysupport@soldiersangels.org)

Website: [www.SoldiersAngels.org](http://www.SoldiersAngels.org)



\*Eligibility for the program is outlined on our website as well as the documents necessary to apply for the program.

## WE ARE HERE TO HELP

COVID-19 crisis support **services are provided at no cost.**

Visit us online at [www.aspenpointe.org/covidresponse](http://www.aspenpointe.org/covidresponse), email [CovidResponse@aspenpointe.org](mailto:CovidResponse@aspenpointe.org) or call (719) 299-2996 to get started today.

## FOR IMMEDIATE HELP

If you or someone you know is in crisis or in need of immediate mental health assistance at anytime, these three options are available:

- Call 844-493-TALK (8255)
- Text TALK to 38255
- Walk-in to AspenPointe's Crisis Center at  
115 S. Parkside Drive, Colorado Springs, CO 80910  
*Open 24 hours, 7 days a week*

## ASPENPOINTE

[aspenpointe.org/covidresponse](http://aspenpointe.org/covidresponse) | (719) 299-2996

