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Our mission at ACS is to prepare and empower our Total Military Family to meet the challenges of military life by providing essential programs, resources, and services that enhance knowledge, life skills, well-being, quality of life, and retention.

The "Pass It On" is available online at: https://carson.armymwr.com/programs/community-information-newsletter-pass-it No US Army/ Fort Carson endorsement implied.

Army Community Service Virtual Lobby Check-In

your appointment, call (719) 524-0729. call (719) 524-1788.

1. Wait in your car. 2. To check-in for 3. For all other assistance,

twitter 🏏

17 February 2021

Our Twitter account is back up and running. Give us a follow @FortCarsonACS

Community Bulletin

COVID-19 Information

To see the latest information on Fort Carson's measures to prevent the spread of COVID-19 and for frequently asked questions and other information on the pandemic, visit <u>https://www.carson.army.mil</u>. To ensure the most current page is viewed, refresh the internet browser by pressing the "Control" and "F5" keys.

Used Auto Sales

The Used Auto Sales Lot located in the Exchange parking lot is not authorized to have long-term unregistered vehicles. Long Term parking for the intent of used auto sales can only be authorized through Directorate of Family and Morale, Welfare and Recreation Auto Skills Center. Anyone in violation of an unregistered vehicle or long-term parking permit will be ticketed and has 72 hours from the time of that ticket before the vehicle will be towed. Auto Skills Center contact information: 7001 Wetzel Ave., building 2427, Fort Carson, Colorado 80913. Call 526-2147 for more information. Long-term storage of vehicles is available through Outdoor Recreation https://carson.armymwr.com/programs/outdoor-recreation.

War Dog Memorial 5k Run/Walk on March 13

The first in-person run/walk for 2021. This event honors K9 veterans and their handlers. It will consist of a 5k fun run/walk with snacks provided after the race. Participants will run in waves to promote social distancing. The first wave of the 5K run/walk will begin at 8 a.m. The last wave will start at 10:30 a.m. Registration is \$15 and can be done at <u>https://www.eventbrite.com/preview?eid=136620641015/</u>. For more information, visit <u>https://carson.armymwr.com/calendar/event/wardog-memorial-5k/4902344/54762</u>

Ivy Division Culture and Brand Survey

The 4th Infantry Division is looking for your insights on how we can strengthen the Ivy Division Culture and Brand. Your responses to the survey questions will directly drive improvements throughout the division. This survey is anonymous and non-attributional. The division appreciates your support and candor. To participate in the survey, visit <u>https://www.surveymonkey.com/r/DVJX7BV</u>

AER Training Rescheduled

Due to facility maintenance issues the Army Emergency Relief training for campaign keyworker and campaign coordinators scheduled for Feb. 17 at 9:30 a.m. and 1 p.m. has been rescheduled. The trainings will be conducted on Feb. 23 and 24 at 9:30 a.m. and 1 p.m. at Army Community Service, building 1201. For more information, contact Fred Lewis at 526-4783.

Community Bulletin

Army Military Pay Office

--Central Processing: S-1s intake is in-person at the customer service desk in building 1220 from 9:30 a.m. to noon and 1-3 p.m. Monday-Wednesday and Friday from 9:30 a.m. to noon and 1-2 p.m. Closed Thursday. There is no longer a schedule by brigades for S1s. Statement of charges, duty status changes will go through the S1 for processing. Debt Management- If you receive a debt letter, reply to the e-mail you received from the Debt Management section.

--Permanent Change of Station/Travel: PCS clearing customers can be seen in building 1525, Column D, from 9 a.m. to noon and 1-3 p.m. Monday-Wednesday and Friday, and Thursday from 1-3 p.m. Information on submitting PCS Travel Supplemental packets can found at https://www.carson.army.mil/organizations/ampo.html. New in-processing Soldiers should report to building 1456 to sign in to post and schedule a Finance Brief.

--Separations: Separating Soldiers can clear at building 1525 cubical D from 7:30 a.m. to 2 p.m. on a walk-in basis (Closed Thursday morning)

> --Contact AMPO at https://www.carson.army.mil/contact.html

With winter weather here, temperatures can drop below freezing suddenly, as is anticipated the next several days. Significant facility damage is possible if appropriate actions are not taken. Facility managers, building occupants and unit leadership are asked to ensure the following:

--Ensure all windows and exterior doors are closed.

--Keep all heating systems on even in unoccupied buildings (do not turn off any units). Set any self-adjustable thermostats to at least 55 degrees (barracks set to 60 degrees).

--Building occupants can call 526-5345, the Directorate of Public Works (DPW) operations and maintenance contractor 24/7 service order desk, if their buildings are not heating properly.

--If there are any busted or leaking pipes noticed, call in a service order immediately to the DPW operations and maintenance contractor at 526-5345.

Maneuver Damage Training Update for March

The Fort Carson Maneuver Damage Control Officer (MDCO) Class will take place March 17 from 9-11 a.m. at McMahon Auditorium, building 1517. Maximum capacity is limited due to COVID-19 safety guidelines. Attendance will be on a first-come, first-served basis. For more information, call Rick Doom at 526-6374.

Pipe Freeze Warning

Army Community Service – Class Highlights



The Victim Advocacy Program presents

HOW TO HELP

A FRIEND

Sign up for the next 'How to Help a Friend' Class

February 19th or March 5th from 1:00pm to 2:00pm

This class will explore the ways a person becomes trapped in an abusive relationship by examining: the cycle of violence model and barriers to "just leaving", the signs of domestic violence, physical signs and subtle signs, ways to broach the subject, ways to safely connect a person to help using on post and off post resources, and Ft. Carson resources and off-post agencies and Army policy on abuse to include restricted, unrestricted and third party reporting.

Registration Links Below

Click Here to Register for Feb 19th

Click Here to Register for Mar 5th

Sign up for the next 'Mountain Post Living Welcome for **Spouses and Families'**

February 19th or March 19th from 10:30am to 11:30am

Welcome to Fort Carson. You are invited to our Mountain Post Living Welcome for Spouses and Families. You'll meet other new spouses, get "insider tips" from spouses familiar with the area and have an opportunity to ask questions about your new home.

Registration Links Below

Click Here to Register for Feb 19th

Click Here to Register for Mar 19th

'Love Styles' teaches participants how they and their partners receive and show love and how to safely communicate what makes them feel loved.

Sign up for the next **'PREP' Love Styles & Road Mapping** Class

February 24th from 11:00am to 1:00pm

With 'Road Mapping', participants examine the important milestones in their life and how these milestones have shaped who they are in their relationships, and how to safely share this information with their partner to better understand, empathize and relate to each other.

Registration Link Below

Click Here to Register for Feb 24th

Army Community Service – Class Highlights

Center on Fathering

New Parent Support Program





Sign up for the next 'Center on Fathering' Class

February 23rd or March 2nd from 1:00pm to 3:00pm

These classes will encourage father-child relationships, cultivate bonding, attachment, communication and build family resiliency.

Registration Links Below

Click Here to Register for Feb 23rd

Click Here to Register for Mar 2nd

Sign up for the next 'Financial Strength Budgeting 101' Class

February 24th or March 10th from 10:00am to 11:00am

If you are experiencing living paycheck to paycheck and find it difficult to manage your money or are in need of a security clearance for your job, please consider attending the virtual basic budgeting class.

Registration Links Below

Click Here to Register for Feb 24th

Click Here to Register for Mar 10th

An opportunity for Soldiers to network with fellow single parents, attain resources, ask questions in a supportive environment, and build a community with this group. Each session will have a speaker and a topic of discussion relevant to single parents in the military.



Sign up for the next 'Sole Parenting' Class

February 24th or March 24th from 12:00pm to 1:00pm

Registration Links Below

Click Here to Register for Feb 24th

Click Here to Register for Mar 24th

Army Community Service – Upcoming Classes & Events

Date	Class	Time	Date	Class	Time
February 18 th	Toddler Time	9:30 am - 11 am	February 24 th	Volunteer, VMIS and OPOC Training	1:30 pm - 3 pm
	vFRG Administrator Training	9:30 am - 11:30 am		Nurturing Ages 3-12	5:30 pm - 7:45 pm
	Employer Spotlight Q&A with Goodwill Colorado	1 pm - 2 pm	February 25 th	Toddler Time	9:30 am - 11 am
	TSP Class	1 pm - 2 pm		Command Family Readiness Representative (CFRR)	9:30 am - 4:30 pm
	Latino Meet-Up	2 pm - 4 pm		Academy	
February 19 th	Foundational Readiness Classes for Your Personal	9:30 am - 10:30 am	February 26 th	Play Group	10 am - 12 pm
	Finances: Developing a Spending Plan Play Group	10 am - 12 pm		Foundational Readiness Classes for Your Personal Finances	11 am - 12 pm
	Mountain Post Living Welcome for Spouses and	10:30 am - 11:30 am	March 1 st	Parents as Teachers	10:30 am - 11:30 am
	<u>Families</u>		March 2 nd	Boot Camp For New Dads	9 am - 12 pm
	Foundational Readiness Classes for Your Personal Finances: Take Control of Your Finances	11 am - 12 pm		Banking Management	9:30 am - 10:30 am
	How to Help a Friend	1 pm - 2 pm		Everyday English for Foreign Born Spouses	9:30 am - 11:30 am
February 22 nd	Art and Movement	10:30 am - 11:30 am		Infant Massage & Baby Nurturing	9:30 am - 11 am
February 23 rd	Baby Sign Language Basics	9 am - 11 am		Nurturing Families Through Play	10:30 am - 12:30 pm
	Federal Resume and USAJobs.gov	9 am - 12 pm		Center on Fathering	1 pm - 3 pm
	Infant Massage & Baby Nurturing	9:30 am - 11 am		Employment Readiness Orientation	1:30 pm - 2:30 pm
	SFRG Fund Custodian Training	10 am - 11:30 am	March 3 rd	Nurturing Ages 0-5	9:30 am - 11:45 am
	Nurturing Families Through Play	10:30 am - 12:30 pm		German Meet-Up	10 am - 12 pm
	Center on Fathering	1 pm - 3 pm		Nurturing Ages 3-12	5:30 pm - 7:45 pm
	Soldier & Family Readiness Group (SFRG) Key	1 pm - 2:30 pm	March 4 th	Toddler Time	9:30 am - 11 am
	<u>Contact Train</u>	1 pm 2.00 pm		TSP Class	1 pm - 2 pm
	Heartbeat	6:15 pm - 8 pm		Professional Development Series: LinkedIn Fundamentals	1:30 pm - 2:30 pm
February 24 th	<u>Command Family Readiness Representative</u> (CFRR) Academy	9:30 am - 4:30 pm		Latino Meet-Up	2 pm - 4 pm
	Nurturing Ages 0-5	9:30 am - 11:45 am	March 5 th	Foundational Readiness Classes for Your Personal Finances: Developing a Spending Plan	9:30 am - 10:30 am
	Financial Strength Budgeting 101	10 am - 11 am		Play Group	10 am - 12 pm
	PREP Love Styles & Road Mapping	11 am - 1 pm		Foundational Readiness Classes for Your Personal	11 am - 12 pm
	Sole Parenting Group	12 pm - 1 pm		Finances: Take Control of Your Finances	
	Homebuyers Workshop	1 pm - 4 pm		How to Help a Friend	1 pm - 2 pm

Click class/event name to register and/or learn more

Army Community Service – Army Emergency Relief



1 March to 15 May

ER is your tool in times of need. Talk to your chain of command or local AER officer if you need help.

Stand with your squad and make a small monthly gift to the Army's own charity. For more information, call (719) 526-4783 Click here to donate today Army Emergency Relief Campaign - Army Emergency Relief is a non-profit organization that provides financial assistance in an unforeseen emergency situation to Active Duty Soldiers, Family Members, Retirees, Retiree's Family Members, Widows and Widowers. The assistance is provided as a loan, grant or a combination of both.

Applications may be submitted on line. For information, please contact Army more Emergency Relief at (719)526-4783 or visit: https://carson.armymwr.com/programs/armyemergency-relief-aer

Who is Eligible?

- Active duty Soldiers, single or married, and their Family members.
- Army National Guard and Army Reserve Soldiers on continuous active duty for more than 30 days and their Family members (Title 10, USC).
- Soldiers retired from active duty for longevity or physical disability, and their Family members.
- Army National Guard and Army Reserve Soldiers who retired at age 60, and their Family members.
 - Surviving spouses and children of Soldiers who died while on active duty or after they retired.



CATEGORIES OF ASSISTANCE

All assistance requests are unique and considered on an individual basis.

- Emergency Travel
- Natural Disaster (preparation & evacuation)
- Mortgage, Rent, Initial Deposit
- Temporary Lodging
- Food
- Healthcare (not covered by Tricare)
- Vehicle Costs
- Utilities

- Funeral Expenses
- Basic Essential Furniture
- Appliance Costs
- Cranial Helmets
- PCS Travel
- Child Car Seats
 - Dental Care (for dependents)
 - Home Repair
 - Non-Medical Attendant Travel

- Invitational Travel Order
- Clothing
- Immigration & Passport Fees (for dependents)
- Special Needs Medical Equipment
- Spouse Relicensing / Recertification
- Child Care (Army Fee Assistance reg.)

Army Community Service – Exceptional Family Member Program



The Exceptional Family Member Program (EFMP) -What is it?

The EFMP is a Department of the Army program designed to assist military personnel agencies in making assignments for the Soldier, accompanied by Family members as often as possible, based on the documented medical and special education needs of the Soldier's Exceptional Family Member (EFM). When possible, Soldiers are assigned to duty locations where the medical and special education needs of their EFM can be met. It is important to understand that this is dependent upon a valid personnel requirement for the Soldier's grade, specialty, and eligibility for the tour. All Soldiers are still eligible for worldwide and unaccompanied assignments.

WE KNOW THE SYSTEM WE CAN HELP.

EXCEPTIONAL FAMILY MEMBER PROGRAM

Please direct your inquiries to the appropriate EFMP Office:

Evans Army Community Hospital (EACH) EFMP Office – Ivy Clinic

1650 Cochrane Circle., Building 7500 Fort Carson, CO 80913-4604 (719) 526-7805 usarmy.carson.medcom-each.list.efmp@mail.mil

EFMP Office at Evans Army Community Hospital can assist you with the following:

- > Questions/concerns regarding EFMP enrollment (initial enrollment, updating, dis-enrollment, issues with enrollments).
- Family Member Travel Screening (FMTS) conducted when a Soldier desires to have Family members accompany him/her to an overseas duty location (to include Alaska and Hawaii).

To learn more, visit our EFMP webpage HERE.



Army Community Services (ACS) **EFMP Office – ACS Annex**

1481 Titus Blvd., Building 7492 Fort Carson, CO 80913-4604 (719) 526-0400 usarmy.carson.imcom-fmwrc.list.dfmwr-w-acsexceptional-fam-mbr@mail.mil

EFMP Office at Army Community Services can assist you with the following:

- Family support to help you find and navigate services
- Connection to resources, both military and local community
- > Understanding what programs/services are offered, how to determine eligibility and how to apply for benefits and entitlements
- Information regarding early intervention, local educational support services and for families with special needs
- Provide your family with non-clinical case management, including individualized family services plans, to help establish and meet goals

Army Community Service – Employment Readiness Program

Fort Carson Employment Readiness Program

Meet the Team



Fiona Mosley

Fiona has been an Army Spouse for 15 years, the ocean is her most favorite destination, and one of her favorite hobbies is ... axe throwing.

FB@fortcarsonacsemploymentreadiness

www.carson.armymwr.com/programs/employment-readiness

LinkedIn@fortcarsonacsemploymentreadinessprogram



Lindsey Meek

Lindsey has been an Army Spouse for 11 years, she has a MS in Counseling Psychology, and she is mother to one very active little boy.



Celsie Day

Celsie's Soldier is retired after 26 years, 11 months & 3 days of service, her favorite duty station is Hawaii, and she tries to quit coffee every week.



FORT CARSON EMPLOYMENT READINESS Write a Winning Resume Workshop

Learn how to:

- showcase your experience
- highlight your professional accomplishments.
- write an effective resume

To Register, visit: www.carson.armymwr.com/calendar LinkedIn@fortcarsonacsemploymentreadinessprogram FB@fortcarsonacsemploymentreadiness



FORT CARSON EMPLOYMENT READINESS

2021 January-March Class & Workshop Schedule

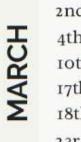
5th, 19th	E
7th	L
13th	W
20th	Y
21St	С
26th1:30-4:30pm	F
Classes are from 1:	30-23

ANUARY

FEBRUARY

2nd, 16th	
4th	
ıoth	
17th	
18th	
23rd9:00am-12pm	

Classes are from 9:30-10:30 am, unless otherwise specified



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7th	1
8th	(
3rd1:30-4:30pm	1

Classes are from 1:30-2:30 pm, unless otherwise specified

Register@www.carson.armymwr.com/calendar or call: 719.526.4590 FB@fortcarsonacsemploymentreadinessprogram LinkedIn@fortcarsonemploymentreadiness

Employment Readiness Orientation LinkedIn Fundamentals Vrite a Winning Resume You're a Priority: Federal Employment for MilSpouses Career Assessments Federal Resume & USAJobs

2:30 pm, unless otherwise specified

Employment Readiness Orientation LinkedIn Fundamentals Write a Winning Resume You're a Priority: Federal Employment for MilSpouses Career Assessments Federal Resume & USAJobs

- **Employment Readiness Orientation**
- LinkedIn Fundamentals
- Write a Winning Resume
- You're a Priority: Federal Employment for MilSpouses
- Career Assessments
- Federal Resume & USAJobs







COMMUNITY NOTICE Critical Hiring Need!

Fort Carson Commissary

Are you a US citizen? Are you 18 years old and above? Have at least one year of general work experience? Need a temporary job? Available to start NOW?

If you answered yes to all of the above, please bring your resume and 2 forms of ID to the commissary, and ask for the Store Director.



- Plan activities for children and youth.
- Create an environment that promotes positive relationships for children.
- Provide guidance and support through daily interactions.



\$13.24/HR

STARTING PAY



Paid training opportunities.

Some positions offer medical, dental, and/or life insurance.

 Access to the golf course, bowling center, shooting range, gyms, daycare center, and outdoor recreation.

APPLY ONLINE AT USAJOBS.GOV

Keyword: NAF, location: Fort Carson

Candidates must be 18 years or older, and possess GED or high school diploma.

@ carsonmwr # Carson MWR



Excellent Benefits!

NOW H R NG CLASS

- · Hourly pay with overtime
- Shift differentials
- Paid orientation period
- Continuous dispatch pay
- Sunday premium pay
- Paid federal holidays
- Local daily per diem pay
- Home two nights a week or more

Tax-Free Shopping

Military service may count towards retirement and leave accrual rate

Veterans Incentives

- Privileges at military exchanges
- **Benefits Package:** Pension

Accrue up to 13 sick / 26 vacation

Assigned trucks and bid routes

Medical and Dental Benefits

Available Immediately

Supplemental Life Insurance

Driver referral program

days annually

401K

Supplemental Personal and Dependent

Tuition reimbursement

Department of Defense

We require a clean driving record, two years of experience, and doubles endorsement.

Immediate opportunities available in Dayton, Ohio; Newport News, VA; Waco, TX; Columbus, GA; Tacoma, WA; Riverside, CA; and other locations.

Visit: www.applymyexchange.com





WE'RE HIRING FOOD SERVICE WORKERS! U.S. Air Force Academy - Subway (Hiring Bonuses available) Fort Carson - Burger King, Starbucks & Charley's Starting at \$13.00/hr!

Did you know that 85% of our Associates are military affiliated?

www.applymyexchange.com







PLANNING FOR YOUR CAREER AFTER THE MILITARY?

Introducing, a straightforward ployment program for transitioning service members and spouses

WHAT IS O2O-VCTP? Q≣)

Onward to Opportunity in partnership with the Veterans Career Transition Program (020-VCTP) understands the time to train and place military families in jobs is while you're still serving and not after.

With no-cost training and certification in over 30 toppaying career fields and direct connections to over 500 military-friendly employers, this career transition program utilizes in-person and online learning options to best fit your needs.

During the program, you are also connected to Hire Heroes USA, our national career services partner program that provides free, personalized career coaching and job sourcing.

Please visit onward2opportunity-vctp.org or talk with your installation Program Manager for more information.

ELIGIBILITY

Active Duty Service Members (to include active guard and reserve) within 6 months of separation or retirement

National Guard and Reserve currently serving in a non-active status

Post 9/11 veteran (retired or separated) with an honorable discharge

Spouses

of any active duty service member, post 9/11 veteran and active duty National Guard or Reserve.

ONWARD20PPORTUNITY-VCTP.ORG @Onward2OppVCTP @IVMFSyracuseU

VINE A program of the Institute for Veterans and Military Families.







CERTIFICATION TRAINING TRACKS*

INESS GEMENT	Project Management: • PMP • CAPM • Six Sigma Green Belt Human Resources: • aPHR • PHR • SPHR Customer Service Excelle • Call Center Fundament		
MATION ROLOGY	CompTIA A+ Security+ Cloud+ Linux+ Server+ Network+ SSCP CISSP GIAC GSEC	• GCIH • Certifi Ethica • CCEN • CCNA • ITIL • Java S & SES • Oracle & 120	
	Complete the (



BUS MANAG

> *Courses may vary based on location. Please contact your local installation team.

Heroes USA.

TESTIMONIAL

OUENTIN HAGEWOOD

U.S. Army Veteran, 020-VCTP Fort Carson Graduate

Current Position:

Network Operations Center Technician at CenturyLink Track:

IT (Cisco Certified Network Associate)

"The O2O program offered through the IVMF has provided a fantastic opportunity for me and my wife to obtain highly demanded professional certifications at no cost to us. These certifications give us valuable knowledge as well as make us more marketable in the civilian job market. The courses are challenging and managing your time in order to learn the material and complete the certifications successfully is critical, but well worth it!"

APPLY NOW ► ONWARD2OPPORTUNITY-VCTP.ORG

JPMORGAN CHASE & CO.



accenture

EMPLOYMENT

INFOR TECHN

ONWARD OPPORTUNITY



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ment icked to employment support and interview matching from Hire

WHY O2O-VCTP?

- Onward to Your Career Training and access to online learning pathways.
- Direct connections to 500+ national employer partners through Hire Heroes USA
- Networking opportunities and connections
- One FREE industry certification exam
- FREE resume assistance, interviewing technique training and interview matching to employers in your industry
- Non-credit certificate of completion from the IVMF at Syracuse University upon course completion

FOR ADDITIONAL INFORMATION

INSTALLATION TEAM

JOE ALDAZ, FORT CARSON PROGRAM MANAGER E jvaldaz@syr.edu KATRINA LUSK, FORT CARSON PROGRAM COORDINATOR E kmlusk@syr.edu

INTERESTED EMPLOYERS CONTACT

ANTHONY COSBY

DIRECTOR, EMPLOYER OUTREACH | 020-VCTP INSTITUTE FOR VETERANS AND MILITARY FAMILIES T 210.844.8154 | E atcosby@syr.edu

*020-VCTP leverages DoD SKillBridge authority to conduct career skills training on US military installations. The DoD and Service Branches do not endorse any company, sponsor or their products or services.





Military and Family Life Counseling

Military and Family Life Counseling

Services have expanded to provide continuity of care to our community as we continue to navigate the worldwide impacts of the COVID-19 pandemic. MFLCs will provide temporary telehealth services where face-to-face support is restricted and/or unavailable.

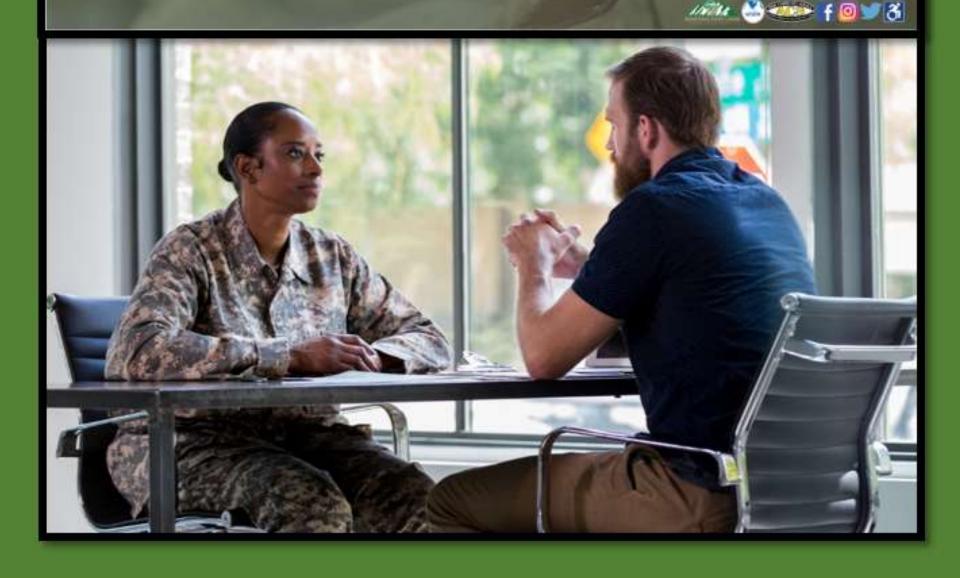
If you wish to speak to an MFLC other than your identified MFLC, please call 719-526-4590 for assistance.

To speak to a Child and Youth Behavioral MFLC, please call Parent Central Services at 719-526-1101.

For more information visit:

https://carson.armymwr.com/promo s/military-family-life-counselors

& Family Counseling





www.carson.army.mil/acs

Mountain Post Spouses' Club



The Mountain Post Spouses' Club is an all ranks spouses group on Fort Carson dedicated to giving back to Soldiers and their families. Membership is open to all spouses of the Armed Forces, both active and retired.



Applications Open!

PROCEDURE

- · Go to www.mpsc.us
- Click on either Community Grants or Scholarship Tab
- Complete application
- All applications must be post marked by March 15th, 2021
- Awardees will be notified by April 30th, 2021

Now accepting applications for community welfare grants, SFRG grants.

As well as scholarship applications in the areas of:

- High School Senior
- Spouse Undergraduate
- Dependent Undergraduate
- Advanced Degree (Dependent or Spouse)
- Certifications (Dependent or Spouse)



Scan me

Applications are being accepted for grants and scholarships. Throughout the year, the MPSC raises money for the grants and scholarships, so be sure to apply! Applications must be postmarked no later than March 15.

Visit <u>www.MPSC.us</u> and click on the Community Grants or Scholarship tabs.







www.mpsc.us

Mountain Post Spouses' Club

Supporting Soldiers, Spouses and Dependents - Since 1960 -

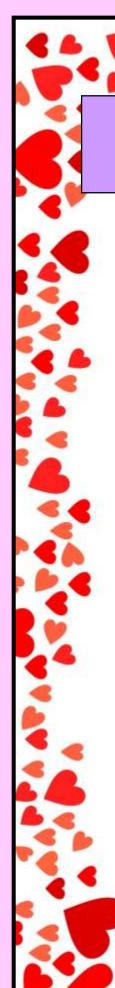
15

Hot Links!



Auto Skills Center **Army Community Service** Better Opportunities for Single Soldiers (BOSS) **Child and Youth Services Community Events Elkhorn Catering and Conference Center Financial** Fort Carson Mountaineer Fort Carson MWR Events **Fountain Fort Carson School District 8** Libraries **Outdoor Recreation** Peterson AFB MWR **Pikes Peak Cultural Events** Schriever AFB MWR **Social & Dining Specialty Services Sports & Fitness Tickets (Leisure Travel Services)** U.S. Air Force Academy MWR **United Service Organizations (USO)**

2021 Upcoming Holidays and Training/DONSA Days



Holiday Observances

31 May 2021, Memorial Day

05 July 2021, Independence Day (Observed)

06 September, 2021, Labor Day

11 October, 2021, Columbus Day

11 November, 2021, Veterans Day

25 November, 2021, Thanksgiving Day

24 December, 2021, Christmas Day **Observed**



22-26 March 2021, Colorado Springs **Schools Spring Break**

28 May 2021, Friday before Memorial Day

> 06 July 2021, Tuesday after **Independence** Day

03 September, 2021, Friday before Labor Day

Training & DONSA Days

2-5 April 2021, Spring DONSA



Food Resources

edicated to Excellence erry Creek Schnole

REMOTE MEAL PICK-UP

Meal Distribution Sites

Starting November 30th

High Schools:

Cherokee Trail

Cherry Creek

Grandview

Smoky Hill

Elementary Schools: Altitude Antelope Ridge Arrowhead **Buffalo Trail** Canyon Creek Cherry Creek Academy Cimarron Coyote Hills Dakota Valley Eastridge Highline Holly Ridge Homestead Indian Ridge Independence Meadowpoint Mission Viejo Peakview Red Hawk Ridge Rolling Hills Sagebrush Summit Sunrise Timberline Village East

Need a Special Diet? Call 720-886-7173

Middle Schools: Campus

Falcon Creek Horizon Liberty Prairie Sky Vista Thunder Ridge West

Pick-up Times.

9:00 - 11:00 AM 12:00 - 2:00 PM

Pick-up Days: Monday

Wednesday & Friday

Late Pick-ups: 3:00 - 5:00 PM at Cherry Creek High

Grandview High & Smoky Hill High

Please visit the Food and Nutrition Services Website for more information: cherrycreekschools.org. under Programs and Services

> Please visit family.titank12.com for menus 'Menus are subject to change'

This Institution is an equal opportunity provider





AGENCY

BLANCA/FORT GARLAND COMMUNITY CEN 17591 Hwy 160, Blanca, CO, 81123

CRESTONE FOOD BANK 108 W. Galena Ave., Crestone, CO, 81131

DEERFIELD HILLS COMMUNITY CENTER 7290 Deerfield Hills Rd., Colorado Springs, CO, 80916

EASTSIDE ACTION SUPPORT TEAM 1315 E 7th St., Pueblo, CO, 81001

PEAK VISTA 350 Lyckman Dr., Fountain, CO, 80817

PRAISE COMMUNITY CHURCH E. 3rd & E. 4th, Florence, CO, 81226

UTE MOUNTAIN UTE TRIBE 311 S. Sunset Blvd., Towaoc, CO, 91334



For additional food pantry referrals dial 2-1-1 or visit the FindFood link on www.careandshare.org

MOBILE FOOD PANTRY LIST

DISTRIBUTION TIME

TI	2	

1st Monday

1st Tuesday 9:00 a.m.

9:00 a.m.

4th Friday 11 a.m.

3rd Friday 2:00 p.m.

2nd Friday 9:00 a.m.

1st Friday 12:00 p.m.

3rd Tuesday 11:00 a.m.

Food Resources

CARE CENTER

at Pikes Peak Christian Church Our Food Pantry is Open Mon & Wed 10-12 / 1-4pm

Friday 9-12pm

4955 Bradly Rd Colorado Spring CO 80911 Rgonzalez@yes2God.org (719) 392-8855

Rent and Utility assisance Available Monday and Wednesday by appointment only Restrictions may apply 719-392-8855





Catholic Charities of Central Colorado **Opens Food Pantry at the Marian House Campus!**

Donate

FOOD DONATIONS can be dropped at 14 W. Bijou St., 8 a.m. - 2 p.m., Monday through Saturday. For large food donations, please call 719-866-6288

CASH

- ONLINE at
- CCharitiesCC.org BY MAIL to 228 N. Cascade Ave., Colorado Springs, CO 80903
- CALL 719.866.6422

Volunteer

Call Doug Rouse at 719-866-6286

Questions

Call Rob Stinson at 719-866-6288

One Stop Service at the Marian House Campus





Hot Meals

Groceries

Marian House Marketplace

14 W. Bijou, Colorado Springs, CO 80903

Marian House **Narketplace**

Catholic Charities is expanding services to offer fresh and shelf-stable, healthy foods for families and individuals in crisis in downtown Colorado Springs. Now, people can not only engage in job search and improve employment skills, access healthcare, receive case management, and enjoy a hot, nutritious meal, they can "shop" at the new Marketplace for a variety of healthy food to cook at home. These combined services, all located at the Marian House Campus, help families move toward a higher level of stability.

Participants Must Enroll Prior To Shopping

Call 719-866-6288 or Email Pantry@CCharitiesCC.org Hours of operation: M, W, F 1:30 pm-3:00 pm

What's Available? Fresh fruit and vegetables Dairy and meat Cereal and grains

How Often Can I Shop? Food allotments are once per month per family

Participants must have their own transportation and refrigeration, and must have an income under \$4,367 per month for a family of four.





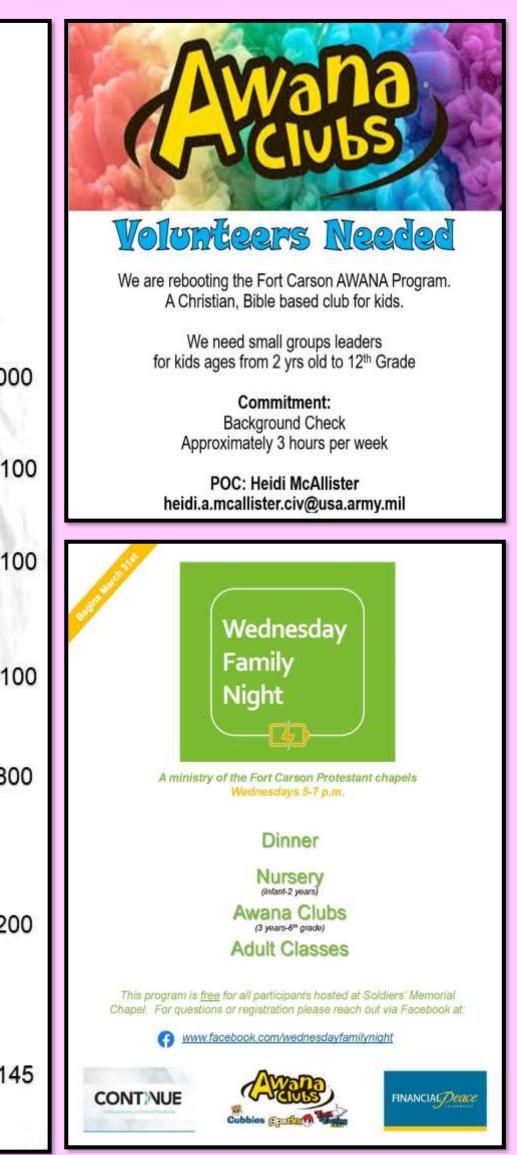


Medical

Note: Families receive case management / life coaching at Family Connections at the Helen Hunt Campus

Fort Carson Religious News & Services

NURTURE THE LIVING CARE FOR THE WOUNDED AND HONOR THE FALLEN Fort Carson & 4 th Infantry Division	F	Fort Carson Religious Services	
Chaplain Hotline (719) 387-1574 A Chaplain is available to you 24 hours a day 7 days a week	Catholic Mass Live stream - <u>https://v</u>	<u>Sunday</u> Soldier Memorial Chapel 0900 and 1030 www.facebook.com/Our-Lady-of-Fort-Carson-622517474897	7811/
Chaplains have complete confidentiality and are here to assist you	ChapelNext Live streat	McMahon Theater am - https://www.facebook.com/chapeInextfortcarson/	10
U.S. ARMY CHAPLAIN CORPS CARING FOR THE SOUL OF THE ARMY	Traditional Protestan Live st	t Provider Chapel tream - <u>https://www.facebook.com/ProviderChapel/</u>	1
Facebook.com/4IDCarsonRSO	Gospel Service Live s	Prussman Chapel tream - https://www.facebook.com/GospelService/	11
CHAPEL NEXT BIT DOCUMENTS Church	Samoan Live stream -	Veterans Chapel https://www.facebook.com/4samoanprotserviceftcarson/	11
FOR FOR	Liturgical Service	Soldier Memorial Chapel No Live Stream Currently	18
CHILDREN'S CHURCH BASIC DETAILS - SUNDAY'S OG45-1115	Jewish Studies	<u>Tuesdav</u> Veterans Chapel No Live Stream Currently	12
 FAMILY LIFE CENTER GOSPEL DRIVEN TEACHING LEARN ABOUT JESUS MASKS REQUIRED TD REQUIRED FOR PICKUP CALL US: (816) 890-8386 BLDG 1659, FORT CARSON, CO 80913 	Catholic Mass	<u>Tuesdav / Thursdav</u> Soldier Memorial Chapel	11



Scholarship News and Information



Click <u>HERE</u> for 35+ Scholarships for Military Spouses and Military Kids

Military Family Member Scholarship Opportunities, Click below to learn more!

> Nationwide Surviving Spouse and **Dependent Children Scholarship Program**

- Marine Gunnery Sergeant John D. Fry Scholarship ullet
 - **Fisher House Foundation Scholarship Program** •
 - No Angel Left Behind
 - **Freedom Alliance**







Heroes' Legacy Scholarship

College scholarships for children of service members who've died or become seriously injured in the line of duty since 9/11.

Click HERE For More Information

Military Spouses

Scholarship funds can be used towards degrees, certifications, licensure, clinical supervision for mental health licensure, CEUs, business expenses and more!

Click HERE For More Information



Find even more scholarships available for children and spouses of military (active, reserve, retired) and veterans.

Click HERE For More Information

Tutoring News

K-12 through College **NO-COST TUTORING**

+ HOMEWORK HELP AND TEST PREP

1:1 • Online • On-Demand • 24/7 • Anonymous

How It Works: Tutor.com Classroom

Connecting with expert tutors for on-demand, 1:1 help

The expert tutors at Tutor.com can help you work through a tough homework problem, improve your writing skills, study for a test, review a difficult concept and so much more!



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Get Started

- 1. Go to: tutor.com/military. 2. Review eligibility requirements.
- 3.If eligible, create or sign into your free Tutor.com account. 4. Click on "Connect with a Tutor."

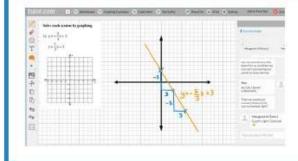
Get the right tutor

Fill in the quick pre-session questionnaire. Using this information, we will match you with the first available tutor best qualified to assist you.

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Communicate

You can use our chat box or an audio connection to either instant message or speak with your tutor once in the online classroom. You and the tutor may also use the interactive whiteboard to share work and ideas. All activity in the classroom is recorded for review and quality control.

Share a file

You can share many types of files with your tutor in the classroom. Upload an essay, your lab report, a PowerPoint presentation and more. You and your tutor will be able to view the file together in the classroom,

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Use special tools

The classroom includes a graphing calculator, text editor and code editor when working on subject material that may require these special tools. Open these tools using the buttons above the whiteboard.

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Submit your paper

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09

Our drop-off review service allows you to get expert help from a tutor without having to connect for a real-time session. Drop off your writing assignment and get detailed feedback and explanations within 24 hours. Retrieve your tutor's review under "My Sessions."

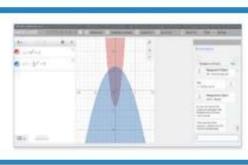
Use "My Account"

- reviewing your sessions.
- Reconnect with your favorite tutors or see when they are next scheduled from "My Favorite Tutors."
- Access files you have saved or files you have shared with your tutors in session from "My Locker."

www.tutor.com/military

Visit www.tutor.com/military/eligibility for full funding and program eligibility details. The appearance of the U.S. Department of Defense (DoD) visual information does not imply or constitute DoD endorsement.

www.tutor.com/military



& Review Your Session

session, be sure to let us know how we did. the survey and share your comments. Then, the option to play a video of your session, and email or print the chat log and whiteboards.



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Practice for a test

Use our practice guizzes to assess your level of knowledge and practice for upcoming tests or guizzes in math, science and English. Take a guiz, review your results and connect with a tutor to discuss any missed questions.



- Review previous sessions and retrieve drop-off reviews from "My Sessions." Be sure to tag your favorite tutors when
- My Account
- My Sessions **My Favorite Tutors**
- My Locker
- Account Settings
- Sign out









Mountain Post Recreation

GROUP EXERCISE SCHEDULE

ALL classes are \$3 each Credit card Preferred for payment and 45-55 minutes long. Monthly passes are available for \$45 each. Holiday weekend Please refer to the MWR Website



TIME	E	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
05	500		Indoor Cycle		Indoor Cycle			
06	615		PT Cycle* Waller		PT Cycle* Waller			
06	30	PT Cycle* IVY	PT TRX* IVY	PT Cycle* IVY	PT TRX* IVY			
			Tactical Training*IVY		Tactical Training*IVY			
08	800	SRU PT*	SRU PT*	SRU PT*	SRU PT*	SRU PT*		
09	00		Family Fitness		Family Fitness			
10	00	9 9	TRX Training		TRX Training			
12	215						Cycle&CoreWaller 1st & 3rd Saturday	
13	30	() (Behavioral Health Yoga*	9			
ti						Please note:		
17	'00				Total body HITT	Credit card is the ONLY payment option Masks MUST BE WORN during class.		
17	'15	Cycle&CoreWaller		Cycle&CoreWaller		10 people max in each class.		
17	30	Taekwondo		Taekwondo	2 2	Make sure you practice social distancing Please make sure to sanitize all equipment		
18	30				Xtreme Hip Hop Step	used in class	S	

13 Marc 10 April

07 May

19 June

04 July

20-21 A



Classes are BACK!! Starting February 1, 2021. Please note location of class.



FY21EVENT CALENDAR

/ar Dog Memorial Run @lvy Fitness Center 0800-1100
olor Fest & Color Run @TBD 1000-1400
aco Trot @Iron Horse Park 1600-1830
Freedom Rocks @Iron Horse Park 1400-2200
Colorado Springs Wide Fireworks @TBD Fime TBD
 partan Race @TA 2 & 4 lime TBD



Fort Carson Army Education Center



Fort Carson Education Center

SERVICES AND CONTACTS ~UPDATED 13 JAN 2021

COUNSELING SERVICES: FRONT DESK-719-526-2124

(TA, Credentialing, Clearing, Memos, Holds, General Guidance)

APPOINTMENTS ONLY-NO WALK-IN SERVICES

For Appointments call: 719-526-1291 (M-F 0900-1500)

or email your assigned counselor:

Last Names A-C: BILLIE R.ELLIOTT.CTR@MAIL.MIL Last Names D-G: AMANDA.E.FLYNN.CTR@MAIL.MIL Last Names H-K: MICHAEL K.COYNE.CIV@MAIL.MIL Last Names L-P: KATHRYNE.M.JONES.CIV@MAIL MIL Last Names Q-T: BILLIE R.ELLIOTT.CTR@MAIL.MIL Last Names U-Z: STEVIL.STEPHENS-MARTIN.CIV@MAIL.MII To schedule a tailored virtual education brief for your unit, email: CEARA.E.TAPIN.CIV@MAIL.MIL

COLLEGE CONTACTS:

(Applications, Academic Advising) PPCC: 719-502-4200 mvp@ppcc.edu UCCS: 719-526-8066 jyoung6@uccs.edu ERAU: 719-576-6858 ColoradoSprings@erau.edu CSUP: 719-526-2509 korine.new@csupueblo.edu UMGC: 719-313-6411 baseadvisor@umgc.edu TRIO: 719-526-6818 (Financial Aid assistance)

Udemy



(AFCT, DLPT, DLAB, SIFT, TABE)

Email the testing office for scheduling and 4187 submission-NO WALK-INS.

Email: USARMY.CARSON.IMCOM.MBX.DLPT-TESTING@MAIL.MIL

blank 4187s located on our Facebook page: https://www.facebook.com/FortCarsonArmyED/

BSEP/GT PREP

Call 719-526-2124 for more information. TABE required for new students. Prior TABE scores valid for 1 year. Virtual BSEP can be completed at: www.nelnetsolutions.com/dantes. Email your assigned counselor (to the left) for BSEP scheduling. Class capacity is limited, you will be placed on a waitlist.

MLF (COMPUTER LAB):

OPEN with limited capacity, you may be asked to wait in your vehicle.

EDUCATION CENTER RESOURSES & UPDATES:



play/play/2527417

https://www.facebook.com/ FortCarsonArmyED/



FRONT DESK: 719-526-2124

Udemy is now offering FREE access to more than 10,000 courses to Air Force and Army employees. Anyone with a mail.mil can register using their government email to access. Link to register with mail.mil is: https://digitalu.udemy.com/









Soldiers who have any questions about this information should contact the Fort Carson Education Center at: 719-526-2124



Important Dates:

- 12 February 2021: GoArmyEd Deactivates. Soldiers will NOT be able to request TA or have any access to their TA data.
- 25 February 2021: ArmylgnitED will be temporarily offline. Soldiers will NOT be able to request CA or have any access to their CA data.
- 8 March 2021: ArmylgnitED reactivates and TA and CA program services resume. Soldiers will be able to access all their TA and CA records and request future TA/CA funding in ArmylgnitED.

TA Request Info:

- Soldiers may continue to submit TA requests in GoArmyEd until 1159 EST on 11 February 2021.
- All pending TA requests that have not been approved by a counselor before 12 February 2021 will be transferred to ArmylgnitED.
- Pending TA requests that have a class start date on/before 8 March 2021 will not be approved.

CA Requests Info:

Soldiers wishing to utilize CA from 9 March - 21 April 2021 must submit their CA request by 1159 CST on 24 February 2021.

Creating Your Account:

- Soldiers wishing to use TA or CA at any point in the future will be required to have an ArmylgnitED account to request TA and/or CA funding.
- Soldiers can create an ArmylgnitED account by going to www.armyignited.com and selecting "Get Started"



We strongly encourage Soldier's to create their ArmylgnitED account by 24 February if you are wanting to use TA or CA.





Aspen Teen Club

Location:

Widefield Parks & Rec - AP Room 705 Aspen Drive, 80911

Dates:

Mondays - Thursdays, February 1 - May 14 (NO club on February 15 & March 22 - 25)

Times:

Daily from 2 - 3:30pm



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FREE! Snacks & Drinks Games & Books Chromebooks & Wi-Fi **Crafts & Coloring Sports Equipment**

Proudly Sponsored By:

Sign up for the days you want to come at: https://signup.com/go/xJwdUUK



Widefield Parks & Recreation securitypubliclibrary.org | 719-391-3196 ParksAndRec.wsd3.org | 719-391-3515

MOUNTAIN POST SANTA'S WORKSHOP

Did you utilize MPSW in 2020?

Would you mind sharing how receiving toys from Santa's effected your holiday season?

Please send your comments to Mpsws.publicity@gmail.com

> All comments will remain anonymous.



Last year was pretty intense, so lets share the good!

ENTER FOR A **CHANCE TO WIN** \$100 Exchange e-giftcard

Download the DIGITAL GARRISON app, connect with your Army community, and be entered to win a \$100 Exchange e-giftcard!

PIC

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Follow these 3 Easy Steps

- 1. Download the Digital Garrison App & create profile
- 2. Link your shopmyexchange.com account on the app
- 3. Enter online at shopmyexchange.com/sweepstakes



VALID THROUGH: DECEMBER 16, 2020 - FEBRUARY 10, 2021

CLUB BEYOND AT FORT CARSON

"Where Military Teens Belong"



In addition to regular Club meetings on post, we have occasional other events like bowling, putt putt golf, camps and more.

Any and every middle school student is welcome to come!

Club Beyond follows all current COVID guidelines and restrictions.

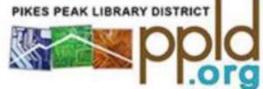
For information on the schedule of meetings and events, contact Will Sanborn at wsanborn@clubbeyond.org or 402-910-1826.

> CLUB BEYOND IS A RECOGNIZED NON-FEDERAL ENTITY AND IT IS NOT PART OF THE DEPARTMENT OF DEFENSE AND HAS NO GOVERNMENTAL STATUS.



Club Beyond is an authorized program for middle school students at Fort Carson to experience community and grow in faith. Club combines FUN, FRIENDS, GAMES, COMPETITIONS, PRIZES, VIDEOS, MUSIC, FOOD AND DID WE MENTION FUN?!!

APPROVED BY THE GARRISON CHAPLAIN



2021 SCHEDULE

FREE **LEGAL SELF-HELP CLINIC**

FOR PARTIES WITHOUT AN ATTORNEY Generously hosted by your FOUNTAIN LIBRARY and your PIKES PEAK LIBRARY DISTRICT

INTONDAY OF EVERY SOPERATION 3:30 PM – 5:00 PM Fountain Library, Pikes Peak library 230 S Main St, Fount January FIRST MONDAY OF EVERY MONTH

Fountain Library, Pikes Peak library District

February 1, 2021 March 1, 2021 April 5, 2021 May 3, 2021 June 7, 2021

No July Clinic (July 4th Holiday) August 2, 2021 No September Clinic (Labor Day) October 4, 2021 November 1, 2021 December 6, 2021

Volunteer attorneys will assist each clinic patron individually To be added to the sign-up sheet, please call (719) 531- 6333 ext 6058

A FREE legal clinic for parties who have no attorney. As a COVID work-around, instead of clinic patrons coming in-person to your local public library (which has limited access), the volunteer attorney will call the clinic patron's telephone directly, using the phone number provided to your library staff. Volunteer attorneys will answer questions, help fill out forms, and explain the process and procedure for civil legal issues, including family law, civil litigation, property law, probate law, collections, appeals, landlord-tenant law, veteran's benefits, and civil protection orders.

The volunteer attorneys do not represent you just because they help you at this clinic. This clinic is information only, and is no substitute for legal representation. You have the right to retain an attorney of your choice at any time, and are advised to do so.

If possible, patrons are encouraged to have their desktop, laptop, or tablet available during the call. www.checkerboard.co for one-click access to all forms, statutes, videos, instructions & flowcharts



WE ARE HERE TO HELP

COVID-19 crisis support services are provided at no cost. Visit us online at www.aspenpointe.org/covidresponse, email CovidResponse@aspenpointe.org or call (719) 299-2996 to get started today.

FOR IMMEDIATE HELP

If you or someone you know is in crisis or in need of immediate mental health assistance at anytime, these three options are available:

- Call 844-493-TALK (8255)
- Text TALK to 38255
- Walk-in to AspenPointe's Crisis Center at Open 24 hours, 7 days a week



115 S. Parkside Drive, Colorado Springs, CO 80910

_ENA

> FREE LENA Start classes can help you make a difference in your baby's life just through early talk and interaction!

LENA Start families receive:

- ***** Incentives for joining
- ★ FREE tote, educational tools, and 10 books
- * A Talk Pedometer and personalized statistics

Class Dates: Pick from three different days/times:

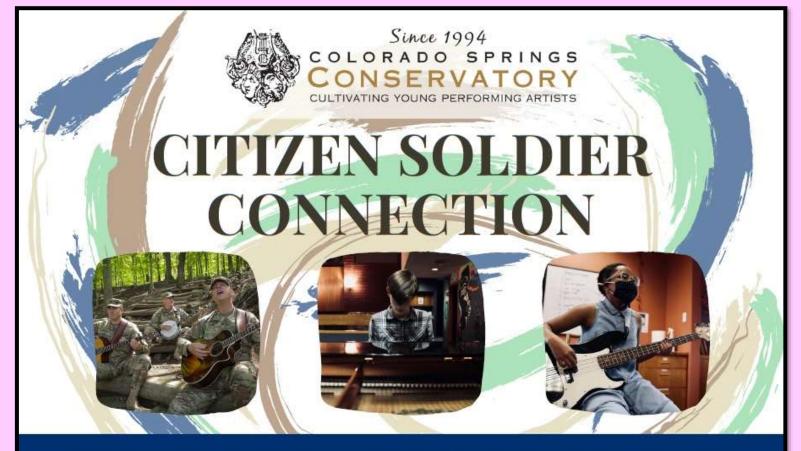
- Tuesdays from Jan. 5 Mar. 9, 2021 from noon 1 p.m.
- Wednesdays from Jan. 6 March 10, 2021 from 6:30 7:30 p.m.
- Fridays from Feb. 5 Apr. 9, 2021 from noon 1 p.m.

For more information, contact Milissa Fellers at

MFellers@ppld.org







CITIZEN SOLDIER CONNECTION IS PARTNERING WITH THE COLORADO SPRINGS CONSERVATORY TO OFFER FREE MUSIC CLASSES FOR THE MILITARY!

THANKS TO OUR FRIENDS AT CITIZEN SOLDIER CONNECTION, COLORADO SPRINGS CONSERVATORY IS VERY PLEASED TO OFFER A PACKAGE OF FOUR PRIVATE/SEMI PRIVATE HALF HOUR MUSIC LESSONS TO SOLDIERS AND THEIR FAMILIES. LESSONS ARE AVAILABLE IN VOICE, PIANO, GUITAR, DRUMS, VIOLIN, RECORDING ARTS AND OTHER INSTRUMENTS.

THE SPRING SEMESTER BEGINS JANUARY 18 AND RUNS THROUGH MAY 1 AND CLASSES MAY BE IN PERSON AT THE CONSERVATORY OR ON-LINE (EXCEPT FOR RECORDING ARTS). CONTACT COLORADO SPRINGS CONSERVATORY TODAY AND BEGIN THE NEW YEAR WITH A GIFT OF MUSIC FROM CITIZEN SOLIDER CONNECTION.

> THIS PROGRAM IS AVAILABLE FOR ACTIVE DUTY MILITARY, VETERANS, THEIR SPOUSES AND CHILDREN OVER 12.

FOR FURTHER INFORMATION AND REGISTRATION PLEASE CONTACT EMILY NELSON: ENELSON@CSCONSERVATORY.ORG

COLORADO SPRINGS CONSERVATORY 415 SOUTH SAHWATCH ST.COLORADO SPRINGS CO 80903

719-577-4556 | CSCONSERVATORY.ORG