

YOUR MONTHLY NEWS AND UPDATES

Get Ready for Freedom Fest!

Save the date to celebrate Independence Day on July 2, 2021 5—10 PM.



Both active duty Soldiers and all other DoD ID cardholders can participate.

Visit carson.armymwr.com for more information.

Looking for local attractions and/or family-friendly ideas for fun?

Check out the [Mountain Post Living Fort Carson's 'Fun Things to Do'](#) web page.

Check out the [Mountain Post Living](#) Community Events Calendar!

See the [Mountain Post Living calendar](#) for upcoming community and holiday events.



See what's happening on Fort Carson via the [Mountain Post Living](#) calendar at carson.army.mil.



Helping Fort Carson's Military and Family Members
improve their mental and physical health
through a community-based active lifestyle!

FOLLOW [MOUNTAIN POST LIVING](#) ON SOCIAL MEDIA!



[Click here to visit the Mountain Post Living Community Events web page!](#)

Share photos of your healthy living and active lifestyle adventures on social media using:

[#MountainPostLiving](#) Work. Play. Thrive.